

LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



CRITERIA 1: CURRICULAR ASPECTS

1.2. ACADEMIC FLEXIBILITY

CERTIFICATE PROGRAMS- STREET THEATRE

STREET THEATRE 2017-18

MSW 2017-19 BATCH Report with Photos

MAHRM & M.Sc. Counselling Psychology 2017-19 Report & Photos

M.A. Sociology 2017-19 Batch Report with Photos

Participants List

STREET THEATRE 2018-19

MSW 2018-20 BATCH Report with Photos

**MAHRM, M.Sc. Counselling Psychology and M.A. Sociology 2018-20
Batch Report with Photos**

Participants List

STREET THEATRE 2019-20

MSW 2019-21 BATCH Report with Photos

**MAHRM, M.Sc. Counselling Psychology and M.A. Sociology 2019-21
Batch Report with Photos**

Participants List



AVANT GARDE

Street Theatre Workshop

From

Oct 28- Nov 10, 2017

At Sutter Hall

Lead by

Sr. Clare & Team

STREET THEATRE WORKSHOP 2017-18

Street theatre is a tool for mass communication and a form of theatrical performance and presentation in outdoor public spaces without a specific paying audience. These spaces can be anywhere, including shopping centers, car parks, recreational reserves, college or university campus and street corners. On the premise that making people think about a social issue or an evil is more important than finding or giving solutions, the street theatre movement is gaining momentum among social science students.

Schools, colleges and non-Governmental organizations are transforming street theatre into an effective tool to reach out to the grassroots and also to the urban poor. Street theatre Certificate course would provide ample opportunities to understand group dynamics, experiment with self and grow as a team. The course will give space to cultivate the art of social problem identification and developing a solution based on it.

The Certificate course on street theatre for the 2017-18 Academic year was conducted on the following dates.

S.N.	Date	Participants	No. of Participants
1.	28th October – 1st November	MSW Juniors (2017-19 batch)	23
2.	3rd November – 6th November	MAHRM & M.Sc. Juniors (2017-19 batch)	21
3.	7th November – 10th November	MA Juniors (2017-19 batch)	18
		TOTAL	62

AVANT GARDE

CERTIFICATE COURSE ON STREET THEATRE

(28.10.2017-01.11.2017)

FIRST YEAR MSW (2017-2019 BATCH)

Department of Social Work

LOYOLA COLLEGE OF SOCIAL SCIENCES

Introduction

The certificate course on Street Theatre was conducted as a workshop of 5 days from 28th October 2017 to 01st November 2017. It is envisaged as a college level programme in 3 slots. First slot was for MSW students for 5 days.

Objectives of the Course:

The learner should be able to:

- Build an understanding and working knowledge of various techniques used within the theatrical process.
- Work in collaboration with others by enhancing mutual trust and respect towards one another.
- Understand group dynamics and learn to work as a team
- Equip the learner to use the knowledge in street theatre to sensitise people on social issues and to reach out to the masses.

DAY-1 : 28.10.2017

The five day street theatre workshop, 'Avant Garde' (meaning new and experimental ideas and methods in art, music or literature), began with a prayer led by Brilliant Maria Anto. Anju Anna Geevarghese did the comparing for the day.

Ms. Francina P. X, the Staff Coordinator of the programme gave a brief introduction of the programme, which was followed by welcome speech by Dr. Sonny Jose, head of the department of Social Work. He said that the workshop is a wonderful platform for the students to realize their potentials and come out of their cocoons. Dr. Saji P Jacob, the Principal, addressed the gathering. He inaugurated the session by informing the participants, how the sessions would help them in forming a team. Sr. Clare Therese ICM and Mr. Santhosh George provided us with a brief introduction to the workshop. It was followed by a felicitation speech by our vice-principal, Dr. Sabu P Thomas. Ms. Anjali T M proposed the vote of thanks.

The students were divided into five groups which they later named as Arcadians, Oysters, Magnum Opus, Pratheeksha and Dream Weavers. Each group was assigned with various tasks – documentation, logistics, recreation, song preparation and value preparation; which they were to take up on rotation.

The workshop began with a song “Kaatte vaa... kadale vaa” led by Mr Santhosh. It helped the students in being comfortable and active.

The first activity was discussing about the dreams of the students i.e. dreams for themselves, for Kerala and for the world. For this activity the

students were asked to interact with a classmate who they were not too familiar with and to narrate that friend's dream to the group. This activity really helped the students in understanding the area of work each one is interested in. St Clare reviewed the dreams of the students and commented that all the students are compassionate at heart and it is amazing to dream for the betterment of the society. She suggested the students to read the book 'The Secret' by Rhonda Byrne.

The second activity was called 'Name Ball'. The game was about passing five balls, each ball being added on progressively, with finally all balls were passed simultaneously, while the students stood in a circle. Each ball was thrown in a different manner. Each ball was passed around the circle after calling out the name of the person to whom the ball was to be passed.

The first ball which was thrown was looked at as the literate or the upper class. They are the ones who receive all the opportunities in the society. The second ball which was bounced was looked at as the upper-middle class. The third ball which was rolled was looked at as the class just above the poverty line. The fourth ball which was passed alternatively around the circle was looked at as the class of people who alternated between BPL and APL levels.

The fifth ball which was passed behind the backs of the group members was looked at as the non-visible working class or the labourers. They are the voiceless population who hold this world together and our focus should be on this section of the society. This activity helped the students in improving their listening and observation skills. It also taught a valuable lesson that opportunities are not equally divided among the sections of society and we should always try out best at promoting

equity. Sr Clare said that we should make people “members” and not “numbers”. The session was ended by carrying out a sequential clap.

After lunch, an important exercise ‘Group Mirroring’ was carried out. Each one of the students were assigned numbers and when their number was called out, they had to act out anything, gestures, voices or expressions and others had to do what exactly they were doing. This was a fun activity which helped the students in losing their inhibitions and come out from their shells.

After a period of relaxation and tea break, the students sang a wonderful song “Paadaam onnaai paadaam” written by Mr. Santhosh.

The next activity was ‘Trust Fall’ where the students were given the opportunity to surrender their whole selves to the group members and trust in them. Through this exercise the importance of trust in street play as well as the society was shown. Another sequential clap called the “rain clap” was carried after the activity.

The last activity of the day was ‘Statue Making’. This activity was conducted to bring out the creativity within the students. The activity was divided into two – individual task and group task.

After each activity an evaluation and reflection session was conducted. In this evaluation, the resource person also helped the group to reflect on the values they have tried to understand from the activities.

Then the group dispersed for dinner and also prepared for the assigned tasks of the day. One group was assigned the duty of making a short

report of the day and present it, one group about the values learned on that day, one group to conduct cultural activity. Fr. Sabu taught some folk songs (*Nadanpattukal*). After dinner, there was one hour cultural programme and small evaluation of the day.

DAY-2: 29.10.2017

At 7.30am the students gathered in Sutter Hall to engage in the theatre exercise. This involved mainly some yoga techniques too. The students felt refreshed after this. The students learnt a new pattern of clap and dispersed for breakfast.

Mr. Santhosh taught the students a new song. Jenin Koshy Abraham and Najma T R were assigned to learn the song taught the previous day and led the group then and in the coming days. Neethu M Krishna and Archana Louis were assigned to add new lines for the song.

Then the 'Fox and Rabbit' game was conducted and a short period was given for relaxation. The students formed a circle and were asked to say their names. The students learned that our names should be said with clarity and it should be available to others. Then the students had evaluation of the 'Fox and Rabbit' game. During this the students learnt that speed, attention, vigilance and alertness are important for us. The students also connected the game to the society, i.e. the dominant caste or class are oppressing the downward caste or classes. This dominant force can be media, technology, actors of globalization etc.

After the tea break, a mirroring exercise like the one done on the previous day was carried out in pairs. Then an orientation on child rights was given by the District Child Protection Unit. The main issues for our

focus suggested by the team were drug abuse, lack of access to higher education, abuse of technology, unhygienic environment (socially and healthy), low awareness about traffic rules and system (leading to traffic violations), child marriage and child abuse.

Then the students were taught to form perfect circles and semi circles, and were divided into groups and a space exercise was conducted. The students were asked to form different shapes while being in their groups. The students came back to the larger circle and individual space exercise was done.

The students dispersed for lunch break. After the break the students stood in a semi circle and practiced songs that were taught earlier.

Later, Fr. Joye James S.J gave a talk on child rights and shared his experience on child-related issues. He explained the survival, development, protective and participatory rights of children. To him the main problems faced by children today are lack of proper parenting and abuses. There are a good number of students with dyslexia, He also explained about all the recent child related laws and effects. Sajin M proposed the vote of thanks.

Then the students had tea and a reflection on the mirroring game was done. The learning that evolved was that self-confidence is very important. Then the students played the 'Yes' game. The students learnt about listening and co-ordination of body movement and also overcoming the fear of failure.

Trust game was continued after this. Through this activity the students learnt to overcome their fear to an extent and to believe in themselves. For the next activity the students were divided into two groups, each group was given two topics to perform for the group statue activity. The

students learnt co-ordination and discipline through this activity. Creativity, leadership qualities, co-operation and the importance of each member in a team was also learnt from this. The session ended with doing a new clap introduced by Brilliant Maria Anto.

Then the group dispersed for dinner and also prepared for the assigned tasks of the day. One group was assigned the duty of making a short report of the day and present it, one group about the values learned on that day, one group to conduct cultural activity. Fr. Sabu continued teaching some folk songs (*Nadanpattukal*).

After dinner, there was one hour cultural programme and small evaluation of the day. The group disbursed after making a small night prayer by Ms. Francina, the staff coordinator and also a song by the group.

DAY-3: 30.10.2017

The workshop started at 7.00am with an exercise session for the whole body. It was followed with a voice exercise in which the students were asked to scream at the top of their voice “Thankayya, is the food ready”. The students dispersed for breakfast with a new clap using their body parts.

The workshop reassembled by 9.00am with a practice of the song “Paadunnu njangal innu aarku vendi”. Mr Santhosh gave an input about the way in which the students should stand, maintaining their energy level, being positive, on how to sing a song and producing the impact on

a crowd. The students were also taught about singing in street, sitting arrangements and the way in reciting a song.

Then the students moved to the observation exercise and leg exercise, in which the students learned the important pressure points on our legs and how important body movement is for acting. The students were given different scenes and asked to use the space for doing the scenes.

Later the students were given an exercise mirroring. The session ended with inputs on how to improve the performance. Another sequential clap was carried out by using another part of the body and the students dispersed for tea break. After, the tea break, the team Pratheeksha taught the song which they composed to the students. Then the session on trust exercise was carried out whereby a student lied down and was lifted with the co-ordination of six students. This was done to build trust and strength in team work. Then the students moved to sound exercise which was done to make them loud and confident. The students dispersed for lunch by doing a new clap taught by Mr Santhosh George.

After lunch the group Pratheeksha rehearsed their song with the students. Then an activity called ‘Gibberish’ was carried out where the students were asked to speak in gibberish in pairs and their partner had to translate that into a meaningful phrase. It helps in theatre to act out the various alien characters the students will have to play. It also encouraged in developing the creativity within the students. Tips were given on expressing proper behaviour in public by knowing oneself and the surrounding one is in.

The next game was ‘Rhythm movement’ where the stress was on the usage of legs for movement. Then the 7-up game was conducted, followed by the game called ‘Killer’. The game reflected on the

importance of observation and eye contact while performing a street play. The session was followed by reflections on the activity.

A lesson was later given in which inputs were given on how to use the present opportunities provided to the students. A narration about child rights, sexual harassment and other social issues was also provided. The team had a discussion with representatives from DCPU and they discussed about child rights theme, and a street play they want to do as part of child rights week observation in Trivandrum district. These discussions gave them more clear ideas about the child rights theme. Later the students were divided into two groups and given themes on child abuse to be acted out in a street theatre form.

Then the group dispersed for dinner and also prepared for the assigned tasks of the day. One group was assigned the duty of making a short report of the day and present it, one group about the values learned on that day, one group to conduct cultural activity. After dinner, there was one hour cultural programme and small evaluation of the day. The group disbursed after making a small night prayer by Ms. Francina, the staff coordinator and also a song by the group.

DAY-4: 31.10.2017

At 7:30 am, the students gathered in Sutter hall for the workshop. The day started by the routine exercise for the body. It was followed by a visualizing activity led by Santhosh sir. The students were also asked to reflect their experiences about the same. The students learnt a new pattern of clap and dispersed for breakfast.

The next session began at 9am. Anjali T M led the song “Shabthamuyarthi paadam” which was composed by the group Magnum Opus on the previous day. It was followed by a brainstorming exercise based on the street play that the students played on the previous day. Mr Santhosh discussed the root causes and the consequences of the issues that the street play dealt with using the problem tree analysis method.

After that the students were divided into four groups. Each group was given different topics to discuss. The topics given were orphans, child labour, rape and child prostitution. The students were provided with ten minutes for discussion and were asked to present the root causes and consequences of each topic.

There was a common discussion where Sr. Clare remarked that social work students have to be other- centric and not selfish. Before the tea break the students learned a new pattern of clap.

After the tea break Anjali T M recited the song “Shabthamuyarthi paadam” and then the students sang the song together. Then Mr Santhosh narrated the script of his street play “good touch and bad touch”. He taught this street play to one group of students. He also taught the students the various techniques and expressions of street play.

By 1:00pm the two groups dispersed for lunch. From 2:30pm to 4:00pm, the students had a class on ‘Social entrepreneurship’ conducted by Kerala Startup Mission. After the class, the two groups continued with their drama practice. In this team members have made the scripts and songs for the street play. The facilitators helped them in fine tuning. Later, the students had dinner and the two groups presented their respective dramas.

DAY-5: 01.11.2017

The workshop began by 8:30am after breakfast. Sr Clare began the day by discussing about the importance of time management. Students who were assigned with the tasks of leading the various songs were asked to sing them and the rest of the students were asked to sit in a circle and repeat back the songs. Mr Santhosh said that songs should be sung using actions so that it will have more impact on the audience.

After singing all the songs, a class on ‘Slow Motion’ was provided where the students were taught about walking in slow motion for dramatic performance. The students were divided into two groups and asked to stand face to face with a member of the other group. The groups were asked to perform roles such as mother-daughter meeting after the daughter gets lost in a crowd, principal-student where the principal is going to suspend the student and the student is begging not to, student-civil officer where the student is being awarded for best performance by the civil officer and two intimate friends meeting after a long time only to realize that one is slowly eaten by cancer. This was a very emotional experience for all the students and many of them broke into tears. Each student was able to take the role given to them into their hearts and turn themselves into that character. St Clare appreciated all the students for bringing out genuine expressions.

After this the two drama groups were asked to rehearse their respective dramas. The two dramas were named as “Anaadha Baalyangal” (Orphaned Childhood) and “Njangalude Shareeram, Njangalude Avakasham” (Our Body, Our Right).

After lunch, a closing ceremony of the five day workshop was conducted. Brilliant Maria Anto did the comparing for the event. She

welcomed our vice-principal, Dr Sabu P Thomas, faculties of the Social Work department, Fr Saji S J and Mrs. Jasmine Sarah Alexander, Mr Joby A P, Co-ordinator of Childline Trivandrum, Sr Clare Theres, Mr. Santhosh and all the students. The students sang the song “Kaatte Vaa... Kadale Vaa” which was led by Mathewskutty Sunny and Brilliant Maria Anto.

After the song, the two dramas were presented. Reviews and criticisms of the drama were asked and the evaluation of the audience members duly noted.

After the evaluation, the students were asked to present their reviews on the five day programme. The students thanked Sr. Clare and Mr. Santhosh for providing such an entertaining and educative time for the students. The students also thanked the faculty of Social Work department, and the coordinator Ms. Francina P. X in her absence for providing the opportunity for this learning. Sr. Clare and Mr Santhosh wished the best for the students. The students were emotional and happy for the amazing five day experience.

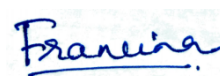
Outcome of the Course:

- The group got understanding and working knowledge of various techniques used within the theatrical process.
- The workshop helped in Self-discovery, overcoming fears and Skill Development
- Able to inculcate certain values in life
- Developed confidence to work in collaboration with others as they have developed mutual trust and respect towards one another.
- Understood group dynamics and learn to work as a team

- Group was able to design two street theatres and could stage it with confidence
- The group has developed itself as a TEAM

The word theatre comes from the Greeks. It means the seeing place. It is the place people come to see the truth about life and the social situation. The theatre is a spiritual and social X-ray of its time. The theatre was created to tell people the truth about life and the social situation.

~STELLA ADLER



Dr. Francina P. X

Faculty in-charge – Certificate Course (Street Theatre)

Dept. of Social Work, LCSS

AVANT GARDE

CERTIFICATE COURSE ON STREET THEATRE

(28.10.2017-01.11.2017)

GALLERY



Inauguration



Inauguration



Discussions at group level



Discussion with team DCPU for street play on child rights



Value Presentation – Team Oyster

MAHRM and M.Sc. Counselling Psychology 2017-19 Batch

REPORT ON STREET THEATRE CERTIFICATE COURSE 2017-18

Objectives of the Course:

The learner should be able to:

- ✓ Build an understanding and working knowledge of various techniques used within the theatrical process.
- ✓ Work in collaboration with others by enhancing mutual trust and respect towards one another.
- ✓ Understand group dynamics and learn to work as a team
- ✓ Equip the learner to use the knowledge in street theatre to sensitize people on social issues and to reach out to the masses.

Resource Persons

Sr.Claire and Mr.Shiva

Participating Batches

1. MAHRM 2017-19 Batch
2. M.Sc Counseling Psychology 2017-19 Batch

Date:- 3rd November to 6th November 2017

Procedure

The workshop was titled 'Avante Garde' and was aimed at the all-round holistic development of an individual into a real human being. The students were divided into five and each group was assigned a task for the day. The task assigned to each group rotated each day. Each day started with a yoga session at 6am in the morning and came to an end at about 9:30 pm in the night. The workshop was well planned taking up a step by step building strategy through games. After each game the group sat together for reflections on the session. The different values and qualities embedded in the game were analyzed. The games helped in overcoming the inhibitions of the individuals in expressing themselves.

Game sessions were also carried out for developing leadership skills, sound modulation and confidence in both body and mind of the individual. Each person was given many chances to

lead the group, like the game in which each person has to run in between the members making sounds of different frequency helped in learning stress management, developing leadership, confidence and sound modulation. Stilling technique was developed through its different stages by different games in which first each person and then a group has form different stills. The concept of space and the proper use of the space were conveyed by the coordinators. The idea of effective use of body for creating various forms for making effective Street plays were pointed out

Students were later divided into two and were asked to perform street plays on the topics 'Child Rights' and 'Adolescence'. The plays were prepared under the supervision of one of the coordinators, which was a wonderful experience.

Each day started with singing a 'Nadanpattu' (folk songs) which the group learned in between the sessions. At the end of each session after reflections on the session before dispersal a person has to create a new pattern of clapping for the group. The group activities like reporting, making the theme song, presentation of values and cultural programs helped in increasing creativity, confidence and group feeling for each member. The vibrant and exiting street theatre workshop came to an end on 6th November. In the concluding session, which started at 2pm the participants presented their respective street plays prepared under the guidance of the coordinators. It was followed by experience sharing by each member of the group. The session was headed by Fr. Sabu P. Thomas, Vice Principal of Loyola College of Social Sciences. The five days hectic, interesting and vibrant journey came to an end with cutting a cake and sharing it. This in turn is a mark of the level of the 'we feeling' that developed in the minds and hearts of the participants.

This session was very helpful while creating street plays when the students attended NSS camp at Pulluvila.

MAHRM and M.Sc. Counselling Psychology 2017-19 Batch
Street Theatre 2017 Photo Gallery





M.A. SOCIOLOGY 2017-19 BATCH

STREET THEATRE CERTIFICATE COURSE 2017-18

Programme Name	Street Theatre Certificate Course	Organizer	Department of Sociology
Date	7-10 Nov, 2017	Time	10-7 PM
Venue	Sutter Hall and College Premises Loyola College of Social Sciences Trivandrum	Faculty in-charge	Dr. Saji P Jacob Department of Sociology

Programme Objectives	To acquire skills in street theatre performance To develop confidence and group integration To be aware of issues related to child rights
Resource Person (s)	Sr. Claire and Mr. Shiva
Participants	M.A. Sociology 2017-19 batch
Programme Activities	<ul style="list-style-type: none">) Responsibility Group Division) Warming Up and Ball Game for Self-Introduction) Dreams sharing) Social stratification awareness) Group Mirroring, Statue-making, Trust exercises, Clap patterns) Folk Song Technique- Voice exercises) Street Theatre techniques- Rhythm movement, Movements on Stage, Acting etc.) Child Rights Orientation) Games, Yoga and Exercises) Evaluation and Sharing Sessions
Programme Outcomes	<ul style="list-style-type: none">) Group Cohesion) Self-confidence) Street Theatre Skills) Folk Song Skills
Supporting Documents	Photos and Participant List

M.A. SOCIOLOGY 2017-19 BATCH STREET THEATRE PHOTOS





CERTIFICATE COURSE IN STREET THEATRE 2017
LIST OF PARTICIPANTS

MSW 2017-19 Batch

1. ABHILASH K SEBASTIAN
2. ANCY LAL
3. ANJALI T M
4. ANJU ANNA GEEVARGHEESE
5. ANNIE BOSE
6. ARCHANA LOUIS
7. ASHIELY S JAMES
8. BINCY BABU
9. BRILLIANT MARIA ANTO
10. CHRISTANSIA DAS
11. ELNA JOSEPH
12. GOUTHAAMI R.S.
13. JENIN KOSHY ABRAHAM
14. MATHEWSKUTTY SUNNY
15. MEENU ROSE EBI
16. NAJIMA T R
17. P J NANDITHA
18. SAJIN M
19. SANDRA GEORGE
20. SHILPA RAJ
21. SRUTHI V
22. SUNITHAKUMARI M S
23. TREESA VARGHESE

M.SC. COUNSELLING PSYCHOLOGY 2017-19 BATCH

1. AARDRA MADHUSOODANAN
2. ANAGHA SURESH
3. ANANTHAMADHAVAN T D
4. ASWATHY CHANDRAN
5. GREESHMA K
6. NILA S
7. PRISMA C G
8. RESHMA M S

MAHRM 2017-19 BATCH

1. ADITHYA S
2. ASHNA RAJU
3. ARYADEV K.
4. CHINNU MARIA MICHAEL
5. MERIN JACOB
6. NANMA MANOJ
7. NIKITHA JOHN
8. NIKITHA M UGIN
9. P V PARVATHY
10. RAMESH S
11. SOORAJ M R
12. SRUTHI S
13. UNNI S

MA SOCIOLOGY 2017-19 BATCH

1. ALLEN JOSE
2. ARUNIMA S
3. CHRISTBEN D F
4. CHRISTOPHER M
5. JAHNAVI NAIR
6. MANJU V
7. PRIYA JAYAN
8. RESHMA RAVEENDRAN
9. SAJAN M S
10. SARATH K P
11. SEFI SAIF
12. SIDHARTHLAL
13. SREEJITH K P
14. SUJIN DAS
15. SURESH BABU R
16. SURYA S S
17. TIBIYA T
18. VISMAYA S B

STREET THEATRE 2018-19

The Certificate course on street theatre for the 2018-19 Academic year was conducted three times this year on the following dates.

Venue: Sutter Hall

Instructors: Sr. Claire and Mr. Shiva

S.No	Date	Participants	No. of participants
1.	29 th October – 2 nd November	MSW Juniors (2018-20 batch)	25
2.	3 rd November – 6 th November	MA Juniors (2018-20 batch)	19
3.	7 th November – 10 th November	MAHRM & M.Sc. Juniors (2018-20 batch)	21
		TOTAL	65

LOYOLA COLLEGE OF SOCIAL SCIENCES

REPORT OF CERTIFICATE COURSE ON STREET THEATRE

(2018 October 29- 2018 November 2)

FIRST YEAR MSW (2018-2020 BATCH)

Department of Social Work

Masks Are Down - (MAD)

Introduction

The certificate course on Street Theatre was conducted as a workshop of 5 days from 29th October 2018 to 2nd November 2018. It is envisaged as a college level programme in a workshop mode.

Objectives of the Course:

The learner should be able to:

- Build an understanding and working knowledge of various techniques used within the theatrical process.
- Work in collaboration with others by enhancing mutual trust and respect towards one another.
- Understand group dynamics and learn to work as a team
- Equip the learner to use the knowledge in street theatre to sensitise people on social issues and to reach out to the masses.

DAY 1, October 29 2018

The five-day street theatre for I MSW students (2018-2020 batches) began at 09:00 am on 29th October 2018 with an official inauguration function. Dr. Sonny Jose Head of the department of Social Work welcomed everyone to the function. Dr. Saji P Jacob, Principal of Loyola College inaugurated the function. Ms. Francina P. X, the Coordinator of the programme, felicitated the

gathering. Ms. Francina P. X also divided the participants into five groups. Each assigned the duties of documentation, presenting values, cleaning and tea, making song and cultural events.

Trainers Mr. Sivashanta kumar and Ms. Sagaya Selvy began the training straight away.

The first activity of the day, name ball consisted of standing in a circle, calling a person's name and passing three balls around simultaneously. If anyone failed to catch the ball, the person who threw the ball would go out of the game. This activity, the trainers specified was aimed at identifying each other for their identity and not generally addressing them as one among the group. They explained the purpose of each ball and what it symbolize.

The second activity, which was to imitate the randomly chosen leader in the group, was meant to identify and improve leadership skills. The 2-level trust game when an individual was to fall forward, backward and sideways into the outstretched hands of his/her six teammates.

The second level of the activity conducted in the afternoon involved one individual falling freely from the top of a table to the bed formed by the hands of six of his/her classmates. The purpose of the activity was to develop trust among the teammates and was fulfilled to an extent.

Mirror game was another highlight of the day, which too was a two-step process. At the first step, the trainers showed actions that the participants had to imitate. At the second stage, the participants came forward in pairs and did the same activity of mirroring the actions and expressions of the other.

Other activities included standing in a circle holding hands and turning out without breaking the chain, standing in a pair and answering the questions directed at the pair- going out of the game if the pattern went wrong.

At 06:30 pm, the group dispersed to prepare for cultural events. The cultural events began at 08:30 pm, and the different groups performed their song, value presentation, and entertainments. Fr. Roy SJ taught naadan pattu, a new experience for many of the participants. The day ended at 09:45 pm after evaluation.

DAY 2, 30 October 2018.

The second day of the street theatre workshop started at 06:00 am with the practice of Yoga. The group engaged in about 17 asanas, led by the trainer Mr. Sivashanta kumar.

The group dispersed at 07:00 am to return at 09:00 am for the first session of the day. The first activity was learning a series of rhythmic steps to be done in two groups. During the second activity the whole class stood in a line, one behind the other, and were asked to walk around the room in the line; the only rule was to not break the line at any point. The person at the front was to lead the group in the path he/she chose, and this person was changed every time the trainer announced.

The next activity was an extension of the trust exercises of the previous day. Six trainees were asked to form a bed with their hands and a seventh one was asked to run and jump into that bed, trusting both in oneself and them. Yet another activity was to stand in a circle and create a path for oneself within the confines of that circle. Later, the group as a whole was asked to follow their own path, blindfolded. If anyone collided with another, both had to stop in their tracks. This was done thrice. An extension of this activity was done in the afternoon, when had to stop on colliding with someone, and take the posture of any social character. This too was done thrice, and showcased a variety of characters like policeman, dancer, singer, driver, loading worker, teacher and so on. All the participants shared that it was not an easy thing to do. Observation, they pointed out is an important factor in acting.

At 11:20 the group had a tea break. In the next session at 11:30 am stressed the importance of communication, the trainees were divide into pairs; one person had to speak a new language developed on the spot, and the other had to translate it into Malayalam. The roles were reversed after some time. This required synchronization and cooperation between both parties. The group was again divided into pairs; they had to create an act around any relevant topic- both of the performers could use only a code word instead of conversations. The trainers enacted a play in the same model so that the trainees get a picture of it. The trainees presented social issues like acid attack, child abuse, domestic violence etc.

Lunch break at 01:15 pm ended at 02:30 when the second part of the path game was executed. Later, the whole group was divided into two. The trainers started up a tune in each group, which

the person sitting next has to replicate and continue; this continues throughout the group. After some time, the trainers withdrew and the participants created their own tunes, continuing the rhythm created. This, the trainers emphasised, is a required skill for the theatre, as it requires the creation of a variety of songs and tunes.

Hereafter, the group was again divided into two, and taught the act of slow motion. This was a different experience for everyone, as it required mind taking control of the body. Managing the body movements, and the facial expressions at the same time proved difficult but the team put in their best effort, bringing in new ideas and techniques.

After tea, at 04:30 pm, the whole group was divided into four. Each group was given a particular word to repeat in a particular tune, which altogether created the sound of a train, under the pretense of which the team had to run around the hall adjusting their speed according to the trainer's instructions. The trainers then explained the importance of space- physical, visual and voice space in theatre. The group was again divided into two to enact three different situations, putting into practice the techniques learnt till date like slow motion and the use of space.

the group dispersed for cultural events practice at 06:15 pm, and returned at 08:15 pm. The different teams presented their report, song, values and entertainment events beautifully. The naadan pattu session was welcomed with cheers. The day wound up at 10:00 pm after the evaluation by trainees and trainers.

DAY 3, 31 October 2018

The third day began with theatre exercises for the whole body followed by *yogasanas*. Trainer Ms. Sagaya Selvi began the next session with a Tamil *naadan paattu* about women empowerment.

Later, Siva sir demonstrated creating a sculpture with a person, and each participant had to do the same using different ideas. Many interesting sculptures including a pregnant woman, loading worker, *Shakunthala*, crying child etc were created. The next session, after tea break was to create a group sculpture on any relevant social issue. Issues like *jellikkett* issue, caste discrimination, gender discrimination, drug abuse etc. were presented.

After lunch from 12:50 am to 01:30 pm, the next session discussed about human sets and their relevance in street theatre. The trainers also demonstrated the same by creating a police station and a court. At 02:25 pm Ms. Sulekha from Maintenance Tribunal department arrived for a session on Senior Citizens Protection Act. She explained the main clauses of the Act and elaborated how the procedures of the tribunal work. The aim of the street plays to be created, she stressed, was to do away with the misconceptions related with the Act and to make the ignorant aware.

After the doubt clearing and tea break, the participants were again divided into two groups, to prepare human sets on premises like RC church, funeral, textiles and railway station. After correcting the mistakes in sets, trainers explained and demonstrated how to lift and carry a body which they had missed out in the previous day's activities.

After tea break, the trainer introduced a particular plot which the participants had to carry forward by introducing newer characters. Shiva sir pointed out the mistakes and improvements to be made. At 06:00 pm, the day's activities came to an end, and the class started preparing for the events of the evening.

At 08:30 pm, the cultural evening commenced as usual, with value-presentation, song, cultural evening and report. The *naadan pattu*, as on every day, gave a new life to the participants. The program came to an end at 10:00 pm after evaluation session.

DAY 4, 1 November 2018

The fourth day, as usual began with Yoga practice from 06:00 am to 07:00 am. After the morning break, the first session commenced at 09:00 am. The group was required to have a group discussion on Old Age. The whole group was divided into two and two group discussions held. Based on these discussions, these groups were asked to prepare two separate street plays. One hour preparation time was given, after which both groups presented. The trainers commented on and corrected both plays.

Shiva sir introduced the theme for the final street play to be presented, outlining the whole story, after which the group dispersed for lunch. After lunch the group got together at Loyola Hall at LES. Here, the trainers started the preparations for the play. As the practice wasn't moving forward as expected, the group was divided into two and instructed to prepare the same play separately. After an hour, both groups returned and presented their plays. The trainers gave corrections and instructed the group to perform further. The cultural event was cancelled and the time allotted to practice.

After supper, the practice continued further. Fr. Roy, Fr. Sabu and Fr. Saji arrived just after 08:30 pm, and thus the naadan pattu session commenced. After this, the street play of the first group was performed on which the teachers and trainers commented and challenged them to do better.

DAY 5, 2 November 2018

The day was wholly devoted to practice from 6am onwards. Both groups put in their best efforts, performed in front of the trainers and corrected themselves according to the trainers' instructions.

The first group performed their act at 02:00 pm in front of the alumni (1978-18 batch who were celebrating their get together). The practice continued till 03:00 pm when the overall evaluation was done by students, teachers and trainers. The program officially ended at 03:30 pm.

Learning

The five-day street theatre was a learning ground for many things, both professional and personal.

Professional Learning

- Group Dynamics- The process of getting together as a group and working together for a common goal helped the social work trainees to get an idea of how to build group dynamics. The different activities were done in different groups, which ensured that everyone gets to know and work with everyone else. This helped the team members to get to know everyone more closely and intimately. The assignment of different activities to different groups brought out cooperation and teamwork, which helped strengthen the bonds between individuals.

The development of trust between team mates due to the trust activities played a huge role in transforming the relationships of many.

Working in a group also helped them to understand the techniques of smooth functioning of a group. The possible conflicts that could have surfaced were resolved due to the rapport that had earlier been created through these activities.

- Breaking Barriers- Many individuals, who were afraid of standing in front of a group and speaking up found enough courage to do so. Others who had not yet found their space in the group could do that too within the course of these five days.
- Discovering Talents- The workshop was a place of self discovery for many. Many talents that the individuals were not aware that they possessed, came out during these days. The group too had a chance to witness the surfacing of many talents of their classmates that they had not been previously aware of.
- Lessons of being a better social worker- As both the trainers were practicing social workers, they imparted a part of their experiences in the training, thereby giving the group an insight into the work they are about to go into.
- Senior Citizens Protection Act- The session on the act was very informative and eye-opening, as most in the group were not aware of the act and its particulars.

Personal Learning

- Breaking Barriers- The five days of being together helped the social work trainee to break her inhibitions and interact with the group more freely. She was able to overcome, to an extent, her fear of acting in front of an audience and learnt to express

herself more freely.

- Realizing limitations and possibilities- The social work trainee realized her strengths and limitations more clearly during the course of these days. In regard with theatre, she found that she was not very good at coming up with a theme and developing it, but was good at building up a script and executing it. Being particular about the minor details, she realized that she would do good in the role of director than as an actor.
- Working in a Group- She had had the experience of working in a group as a team member and a leader, but this experience of working in a group with multiple leaders impacted her to a great extent. She realized that there were times when one has to step back and let the other's ideas prevail, and other times when you have to identify the need to step in and intervene. This was maybe the most important learning that the workshop imparted in her.

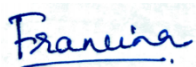
EVALUATION

- The repeated division of the class into different groups for different activities proved to be very fruitful, as everyone was able to get to know everyone else in class.
- The trust exercises helped many to overcome their fears and let go.
- The mirroring exercise helped to bring out the acting capabilities of many in the group.
- The *naadan pattu* sessions were very helpful, as they had the twin purposes of education and entertainment. They also proved helpful in preparing for the theatre, by giving model songs and by bringing out the voices of many.
- The creation of sculptures, single and group, helped to bring out the creativity of many. The group sculptures in particular, brought to the forefront lots of burning issues in the society, revealing the social awareness and concern of many in the group.
- The trust exercise had helped many overcome their limits, but as the trainers did not give enough time, many could not complete this process.
- The trainers claimed to be open to feedbacks, but their comments on the later days showed that they had some dissatisfaction with the feedback that the group had given. They were also not receptive of the suggestions given regarding the script and performance.

- The purposes of many activities were not clear, and were not explained. Many activities, which the trainers had told will benefit in theatre performance could not be adapted to the purpose.
- They taught only very few theatre techniques, like human sets and some attention seeking techniques. The rest of the techniques, the students had to teach themselves for the purpose of performance.

Outcome of the Course:

- The group got understanding and working knowledge of various techniques used within the theatrical process.
- The workshop helped in Self-discovery, overcoming fears and Skill Development
- Able to inculcate certain values in life
- Developed confidence to work in collaboration with others as they have developed mutual trust and respect towards one another.
- Understood group dynamics and learn to work as a team
- Group was able to design two street theatres and could stage it.



Dr. Francina P. X

Faculty in-charge – Certificate Course (Street Theatre)

Dept. of Social Work, LCSS

LOYOLA COLLEGE OF SOCIAL SCIENCES

PHOTOS - CERTIFICATE COURSE ON STREET THEATRE

(2018 October 29- 2018 November 2)

FIRST YEAR MSW (2018-2020 BATCH)

Department of Social Work

Masks Are Down - (MAD)

GALLERY



Trust Building Exercises



Group level – skit presentation



Group level – skit presentation



One minute drama



REPORT ON STREET THEATRE CERTIFICATE COURSE 2018-19

M.A. SOCIOLOGY 2018-20 BATCH

M.Sc. COUNSELLING PSYCHOLOGY 2018-20 BATCH

MAHRM 2018-20 BATCH

Objectives of the Course:

The learner should be able to:

- ✓ Build an understanding and working knowledge of various techniques used within the theatrical process.
- ✓ Work in collaboration with others by enhancing mutual trust and respect towards one another.
- ✓ Understand group dynamics and learn to work as a team
- ✓ Equip the learner to use the knowledge in street theatre to sensitize people on social issues and to reach out to the masses.

Resource Persons

Sr. Claire and Mr. Shiva

Participating Batches

Group 1	7 th November- 10 th November 2018	MAHRM 2018-20 Batch and M.Sc. Counseling Psychology 2018-20
Group 2	3 November- 6 November, 2018	M.A. Sociology Batch 2018-20

Procedure

The workshop was titled 'Masks are Down' and was aimed at the all-round holistic development of an individual into a real human being.

Day 1 Activities

1. Name ball
2. Imitation

3. Trust exercise
4. Mirror Game
5. Follow the pattern
6. Cultural Programme

Day 2 Activities

1. Yoga
2. Rhythmic Steps
3. Trust exercise – version 2
4. Finding your path
5. Importance of communication
6. Path Game
7. Slow Motion
8. Word Repetition
9. Cultural Programme

Day 3 Activities

1. Theatre exercise
2. Yogasanams
3. Human Sets
4. Plot Development
5. Cultural Programme

Day 4 Activities

1. Yoga sessions
2. Street Play Rehearsals

Day 5 Activities

1. Rehearsal
2. Final Performance

STREET THEATRE 2018 Photo Gallery

MAHRM and M.Sc. Counselling Psychology 2018-20 Batch



M.A. Sociology 2018-20 Batch



CERTIFICATE COURSE IN STREET THEATRE 2018-19

LIST OF PARTICIPANTS

MSW 2018-20 BATCH

1. AKSHAY KISHORE
2. ALEENA BABU
3. ANJU CERIN MATHEW
4. ANNA GEORGE K
5. ASHLY G S
6. ASHWINI PRASAD
7. ASWATHY PONNACHAN
8. ATHIRA WILSON
9. BUSHRA S
10. DENCY MARY REJI
11. DONA MARIA KURIAKOSE
12. GAYATHRI P NAIR
13. JITHIN RODRIGUES
14. MARIA TERES SEBASTIAN
15. MEENU MARIYAM LAL
16. MEERA JOHN
17. NIBIN MATHEWS
18. PRINCE JACOB
19. RAMEEZ M SYDEE1. K
20. RIYA K ANIYAN
21. ROSE MARIA SIJU
22. SANDRA JOHNSON
23. SILPA KARTHIK
24. TISON THOMAS
25. VINEETH BENEDICT L

MA SOCIOLOGY 2018-20 BATCH

1. AISWARYA SUBAIR
2. ANURAJ N
3. ARUN JOSEPH J
4. ASWATHY G
5. AYSWARYA SUNIL
6. DINU MOL VARKEY
7. JENCY LAWRENCE
8. JIMA ROSE M
9. LEKSHMI SURESH S U
10. MAHARSHLAL HASHBAS A

11. MAREENA SIBY
12. NABIN K S
13. NIKHITA NAIR
14. NIRANJANA MOHAN
15. NOUREEN.A
16. PRIYA VARGHESE
17. REMYA A.S. NAIR
18. RESHMA S. S.
19. SALU S. S.
20. SARIGA S R
21. ARJUN

M.SC. COUNSELLING PSYCHOLOGY 2018-20 BATCH

1. ALEENA BIJU VARGHESE
2. ANJU CARMEL O S
3. GOKUL P G
4. HARITHA RAJ S
5. LINITHA T L
6. SARANYA MOHAN
7. SNEHA ANNA MANOJ

MAHRM 2018-20 BATCH

1. ANANDU K BAIJU
2. CHRISTINA JOSE
3. DAYA US NAIR
4. HARIKRISHNAN R S
5. JOY S. S.
6. MEBIN JAMES
7. MERIN SUNNY
8. NEENU SUSAN GEORGE
9. RAHUL A
10. SANU WILSON
11. SHILPA SAJEEV
12. SUREMYA S L

STREET THEATRE 2019-20

The Certificate course on street theatre for the 2019-20 Academic year was conducted 3 times on the following dates.

Venue: LES Hall

S.N.	Date	Participants	No. of participants
1.	22 nd August – 25 th August	MAHRM (2019-21 batch)	20
2.	28 th August – 1st September	MSW Juniors (2019-21 batch)	26
3.	September 3 rd – 6 th September	MA Juniors & MSc. Juniors (2019-21 batch)	28
		TOTAL	74

CERTIFICATE COURSE ON STREET THEATRE

(28.08.2019-01.09.2019)

FIRST YEAR MSW (2019-2021 BATCH)

Department of Social Work

LOYOLA COLLEGE OF SOCIAL SCIENCES

Introduction

The certificate course on Street Theatre was conducted as a workshop of 5 days from 28th August 2019 to 01st September 2019. It is envisaged as a college level programme in 3 slots.

Objectives of the Course:

The learner should be able to:

- Build an understanding and working knowledge of various techniques used within the theatrical process.
- Work in collaboration with others by enhancing mutual trust and respect towards one another.
- Understand group dynamics and learn to work as a team
- Equip the learner to use the knowledge in street theatre to sensitise people on social issues and to reach out to the masses.

Resource Persons: Sr. Clare Therese and Mr. Sivashantakumar

Day 1: 28/08/2019 Wednesday

The inaugural function of the street theatre workshop started at 9:30 and Dr. Francina P. Xavier, faculty, Dept. of Social work and Course Coordinator of the programme introduced the resource persons and welcomed all to the 5 days' workshop. Dr. Saji P. Jacob, principal gave the inaugural address and Sr. Clare Therese, chief resource gave a brief introduction about the "Street Theatre". She said that street play can be used for personal as well as social change. It is a tool for transforming society and individuals. Ms. Vandana Suresh (faculty social work department) felicitated the function and Ms. Grace M. Leghu proposed the vote of thanks. Mr. Shivashanthakumar (Co- trainer) gave a small introduction to the programme and he explained the schedule of the workshop.

The next session started at 9:45 am by “Name Ball game”: four different balls were passed in four different ways, the ball passed hand to hand (interaction between the dominant people), bouncing (represents middle class) who suffer ups and downs), rolling (the working class who sell their labor and earn money) and secret passing (the unnoticed groups and exploited women). Later students were divided into five groups (cleaning group, documentation group, lyrics group and entertainment group). Outcome of the game were discussed later. Children expressed their feeling like happiness, excitement, curiosity fear etc...Meanwhile Thayamma explained the four philosophies of street theatre: Equality, Unity, Cooperation and Democracy. She explained about discrimination, the Brahmin attitude, the stereotype etc. The session ended up by 10:20 am with a creative clap.

The second session of the day began by 10:45 am with the “Mirror Game”, where students were asked to imitate and reflect Shiva Anna, right from his expression to his voice modulation. The students had to various role ranging from animal to babies. Later the students gathered around reflecting own experiences, students shared their thoughts. Most of them felt relaxed, free and happy. The mirror game helped students experience many emotions within a short period of time and had the opportunity to express themselves without being self – conscious. The objective of the session was to bring students forward to remove inhibitions, shyness and to create confidence. The reflection of the game was that most of us are mirroring others when we adore them and forget ourselves. Social situations, authority, money etc. attracts us and we try to copy others while we forget our uniqueness. After the game we have given the time to relax, while students lay down for about 10 minutes.

The second game of the session was “YES game” where we have to call out each other’s names and move towards their positions if they answer ‘yes’. But the common tendency was to move forward before the calls are answered. Students have to concentrate and create a mind – body control. The skill needed for the game was concentration and focus. The reflection of the session was to think critically rather than just following the existing patterns and to understand the importance of saying “no” or “yes” at the right time. The session helped us to develop analytical skills and find the truth. After the session we gathered around to clap in a creative way and later dispersed for lunch and preparation for group presentation.

After lunch time 2:30 to 4:00 clock we had a game named “FOX and RABBIT”. The rest of the students from the group two by two hold their hand to build the house for the rabbit. The fox had to catch the rabbit and the rabbit can find shelter in the houses. Each time when the rabbit find shelter in the house and turn one side, one of the individual from the house will change to a rabbit and one who was the rabbit join the other member to make the house. After the game, we gathered around to interpret the game. The rabbit in the game represent the common people. If the common people get united then they can win over the dominant people (fox). The students understood about the importance of considering others and not to be selfish from the game.

In the first day of the street theatre trainers tried to improve the creativity of the students, make them learn multitasking capacity, improved their knowledge and their memory capacity after the game they gave more instruction about ourselves and spare time for relaxation.

The instructors connected every game to our real life experience. Importance of unity in youth was very well explained with the examples of jallikettu and silent valley cut project. These instructions gave the students inspiration and energy.

At 4.45pm a creativity game was conducted where all students asked to represent various other objects with a broom. Many interesting concepts like a guitar, cricket bat, a comb etc. were represented using the broom. The game stimulated creative ability to think out of the box, spontaneity, multipurposing visual expression and divergent thinking. Out of this students learned the importance of maximum utilization of available resources and confidence to use our creativity and skills to the best.

By 5 pm students started playing the first theatre exercise “level 1: trust game” where one person will fall over four people who stands in four direction around him. The falling person will close his eyes and will freely fall to each people standing in each direction one at a time and the persons standing around him will hold him. The game demand high trust in team.

Before leaving dinner the group dispersed by a different clap and rejoined after the break at 8.45pm.

The entertainment group cherished the group with energetic dance. The group was mesmerized by Kumari. Kesiyaamol’s performance, which was spot composition of songs when she sung

which was self-composed the reaction was wonder. She told that it was her first stage which gave her changing opportunity to develop her skills. At the end the feedback of the day was given by Grace, Sreelakhmi, Sahal and Neethu.

The group dispersed to their room after a silent holding each other's hand and a small prayer by Dr. Francina P. X.

DAY – 2: 29/08/2019 Thursday

The second day of the most awaited street theatre workshop started with a yoga session at 6.15 a.m. The group guided to do sixteen types of yogasanas, mediation and shavasana. The session was conducted to refresh the minds, body and soul and it was a great success. The program winded up at 7:30 am with an evaluation process. The group was dispersed for breakfast.

The next session started at 9:05 am, the name of the session was “the Group Mirroring with Leadership”. The group was numbered from 1 to 26. Taking the lessons and instructions from the previous day's mirroring game, conducted by Shiva Anna. Each individual was selected to come forward randomly to lead the group and make it active by doing creative things. In between the instructions were given whenever the students make mistakes; like using the dialogues more frequently than actions. Every individual performed out their own spontaneous creativity. The game ended at 10:25 am and relaxation time given. After that the members gathered in a circle for experience sharing and evaluation. This aimed to overcome fear, laziness and shyness in the students. The students were able to get a leadership role and the use of effective theatre space and also to maintain their energy level and voice modulation throughout the game.

Shiva Anna added that mirroring was towards our society and societal roles may be shifting but people mirror others. It gave a clear idea about who are the real leader and the capacity to lead them. Mirroring is a usual phenomenon but we had to understand the real meaning; in order to understand who we are in the society we lives. Thayamma quoted that “we should have funny faces along with happy emotions and expressions to attract others”. She also added about the

body flexibility, communication through body and mind. Exploring the capabilities of body and mind to do things in an unusual way.

The next session started at 10:40 am. As a part of street theatre formation we were taught to form proper circles with proper group. We were made to stand in circle and asked to stand like a statue using our own individual ideas. After that the group members were provided with various themes like farmer, a police officer, boys in a rural area playing different games etc. and we should use these themes with creative ideas and came to end at 11:00 am. After that evaluation took place and the group gave their feedback. Shiva Anna quoted that “A theater is a show what happens in life, what are the changes and what to be changed”. The outcome was to remove stage fear, shyness and thus enter into a state of being in which positions give us power and responsibility. The evaluation was ended up with a variety of clap at 11:20 am for a fifteen minutes tea break.

We started the next session with “UNARTHUPATTU” initiated by Sr. Jesantha and Kumari Sini. This helped to nourish the students for the next session “TRUST BUILDING” exercise at 11:40 am.

The instructor called 7 volunteers and gave them proper instruction. One among them has to lay down and rest was made to lift the person to different level of heights. The person laid on the floor has to be stiff and straight for the equal distribution of body weight which will help us in theatre programs.

Shiva has written a book on “The third – Theatre” in 2015- 16. He said that physical and mental trust can be extended from classroom to the outside life which also included about the mind power and that has the ability to heal you. The session came to an end by 12:30 pm leaving for lunch.

The next session started at 1:40 pm where we have to create new sounds and walk around the group. This helped the students to speak in loud voice in different creative new languages. The main purpose was to produce different sounds and have a check on voice frequency and rhythm. The session ended at 2:25 pm with a creative clap.

The next session started at 2:30 pm with ‘Unarthupattu’ lead by the former team. From 2:30 to 3:00 pm a game conducted named “Zip Zap Zoom” and “Bidi Bidi Boom”. It was a multitasking

game helped the students to improve listening skills. The game was a very risky one because of the increasing level of difficulty one after the other. Later they explained about the playback theatre where they had to sometimes play without practice. Here audience shared their real life experience from which they played their role. For this the actors provided with information about the real life situations.

At 3:15 pm the group was divided into two pairs to form different statues based on social issues. In the initial stage without planning pairs had to form the statue and later with planning; after pairs has changed. This exercise helped to think out of the box and quick decisions which enhanced flexibility, creativity and brain storming. The session came to an end with a creative clap at 4:15 pm.

The students gathered at 4:30 pm for Unarthupattu by Kumari Sini. At 4:35 pm the next trust Exercise started. Seven volunteers were called for the activity. Among one of them made to stand on the table with his hand holding straight upward. The rest using their hands stretched in a pattern to catch him when he falls. The same continued for all other six and the rest of the students undergone through this game. The evaluation made it clear that the trust level and confidence among the students were increased. Trainers quoted that “the transformation should also be passed to the society and community”. Here the session came to an end by ‘rain’ clap. The experience shared by our own instructors helped the students to gain more insights about the theatre formation.

DAY – 3: 30/08/2019 Friday

As usual the session started with yoga at 6:15am. In order to improve concentration an activity using stool was done, closing the eyes and predicting the position of the stool and to reach there to sit which came to end at 8:00 am.

The next session begun with a game named “Enganayaeund” where we have to reply happy then move to left or if it is boring then move to right simultaneously, which improved alertness and quick response. This game taught the students few seconds is enough to distract due to lack of our alertness. At 10:00 am students discussed about various topics for street play. At 10:15 am

different “Sculptures” were made individually as well as in pair which cleared that all have talent to create new ideas. Expression through face is one of the ways to convey our feelings to others. But it is difficult due to misinterpretations of the conveyed idea. The session ended at 11:00 am for tea break.

After the tea break, all the students were instructed to use theatre space effectively by holding objects. The group must be able to identify the distance that should maintain through voice modulation and conscious about the space. At 12:30 pm the discussion about theatre space came to an end. Then the whole group was divided into pairs of two and practiced the same. The sessions disperse for lunch break at 1:00 pm.

At 2:30 pm gather together to sing the folk song that sung last day. After that game named “cook word play” was started. For this group of two members were formed where they cook new words in new language for using among them. Through this game students concluded that language is not a barrier for communication and also the expression, emotion and also the frequency and modulation of the same word to convey feelings and meanings and importance of time management. The activity end for short break.

At 4:30 pm, four members from DON-BOSCO society visited us. They put a suggestion for selecting the topic. The topic was “Girl Child Abuse”. Meanwhile they shared various rigorous experience handle by them. Traumatic situations faced by the victims were explained which helped the students to visualize and internalize the theme. There was no cultural programme, as the college was celebrating its college day. All the students and resource persons joined for college day celebration till 9 p.m. in Sutter Hall.

DAY – 4: 31/08/2019 Saturday

The day started with yoga at 6:15 am which also includes the vocal training and body movement for street play. The end of yoga session was with breathing exercise.

At 9:10 am, a discussion for the street play was conducted along with the theme for the same. The discussion includes how to integrate the different issues into street play and who are the target groups.

Later we moved to “Rhythm and Step” exercise where by everyone has to move accordingly to the rhythm and step in a diagonal phase which continued one after the another which developed creativity , spontaneity and coordination to complete our targets. The instructor evaluated each rhythm and steps and commented that everyone should be aware about the situation to make rhythm. Also she included that we should break stereotyping to express creativity and spontaneity.

The second exercise was “walking in slow motion” in which the students has to walk with complete feelings expressed on their face. After the exercise trainers noted that some students has to come out of the comfort zone and to express and get into the character. The group dispersed for tea break at 11:00 am.

After the re-gathering the whole students were grouped into two and made to make situations like police station, railway station, agriculture farm, court and a king’s chair using human statues. The major conclusions we drowned are importance of visualization, concerning the space etc...Shiva Anna commented that through observation we can register even minute details of life.

The groups were divided into two for street play practice. While addressing the problem we may take into the fact that children are being abused physically, mentally and sexually and these two groups were asked to perform their street play at 3:30 pm. During our play we understood that even though we have the same theme we acted differently. The instructors evaluated the two plays and commented that while playing, it’s important to keep inner circles and space. They also commented the gaps should be filled with lyrical music and there should not be any director only team coordination is needed. The session dispersed for tea break at 4:30 pm.

At 5:05 pm the two groups were addressed with two different tasks. The first one was to address the child abuse case under the supervision of Thayamma. The other task was to modify the previous street play and it was guided by Shiva Anna. Both the group went for street play creation and later group was dispersed at 7:00 pm for dinner.

Then the group was gathered back at 8:45 pm for entertainment and other programs. The value group performed a skit and the whole day feedback was collected. Then the group dispersed to rooms after a silent prayer.

DAY – 5: 01/09/2019 Sunday

The last day of the street theatre workshop started with the usual yoga practice at 6:15 a.m. Many of the students reflected that yoga for these four days were helpful for them to increase their concentration and mental peace and calmness. The yoga practice came to an end by 7:15 am.

The next session started with a photo session. The programme for the day started with Thayamma explaining “IWPG- International Women Peace Group” which is a wing of ‘HWPL – Heavenly culture, World Peace restoration Of Life’ and which is supported by IPYG- International Peace Youth Group. She also gave a wonderful motivational speech about the founder of HWPL- Man Hee Lee who was 87 years old who only has an educational qualification of secondary school. During the 17th HWPL World Peace Summit took place in South Africa where two lakh people attended. In the summit there were 10 million signatures collected among 50,000 signatures were collected by Thayamma; with an agenda to make DPCW- Declaration of Peace and Cessation of War as a law with a legal binding. Thayamma was awarded for the ‘Best Volunteer in collecting the signatures’.

Shiva Anna wrote and recited a poem which was dedicated for the street play named ‘kunjumol’ in Tamil which was translated to English by Thayamma. The song was meaningful and rhythmic which pictures the agony, fear and struggle that a girl child goes through in her life.

After the tea break at 11:30 am students had practice sessions for the street theatre play from 10:20 to 11:10 am. There were two groups and two plays and the themes were “child abuse” and “child protection”. The group’s presentations were from 11:30 to 12:00 pm members from the opposite group and the instructors evaluated the group’s performance and gave suggestions. Shiva Anna after evaluation gave certain modifications to the play. He talked about the social issues and suicides related to girls in the present scenario. From 12:20 pm till the lunch break the practice session of the play continued.

The lunch break was from 1:05 pm to 1:45 pm and soon after the break, there was a “honey comb” game which gave us lessons on negative influences around and the importance of

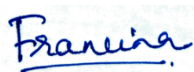
togetherness and “ we feeling” among the students. The game motivated the students to overcome the challenges breaking stereotypes and to create positive influences. From 2”30 pm evaluation of the whole 5 day workshop has done. Students were made to write about their experience and outcomes.

Dr. Sonny Jose (HOD, dept. of social work) came to workshop by 3:00 pm. Ms. Sheethal Mariam John welcomed everyone to the final official function and invited Thayamma (Sr. Clare) to share the experience with the group. Kumari. Kesiyamol sung her self-composed song dedicated to the theme of the street play. After that every students shared their experience. Vote of thanks was proposed by Ms. Kesiyamol Mathew. Shiva Anna and Ms. Vandana Suresh (Faculty, Dept. of social work) also had given their experience. After the interaction session, the plays were staged. Dr. Sonny Jose commented on the play how good it was and how better it could be. He added his suggestions and congratulated the students for their performance within a limited time and practice. The Five days street theatre workshop came to an end after an evaluation, and everyone hugged each other before leaving.

The experiences, care, trust and each value were carried by each of the students and the workshop dispersed with lot of happiness and satisfaction.

Outcome of the Course:

- The group got understanding and working knowledge of various techniques used within the theatrical process.
- Developed confidence to work in collaboration with others as they have developed mutual trust and respect towards one another.
- Understood group dynamics and learn to work as a team
- Group was able to design two street theatres and could stage it.



Dr. Francina P. X
Faculty in-charge – Certificate Course (Street Theatre)
Dept. of Social Work, LCSS

CERTIFICATE COURSE ON STREET THEATRE
(28.08.2019-01.09.2019)
FIRST YEAR MSW (2019-2021 BATCH)
Department of Social Work
LOYOLA COLLEGE OF SOCIAL SCIENCES

PHOTO GALLERY



With Resource Persons – Sr. Clare & Mr. Shivasantha Kumar





My Creativity using broom....



How to use the space-techniques



Group Mirroring Exercise – Following the leader



Here we are With the street play

MAHRM, M.A. Sociology and M.Sc. Counselling Psychology
2019-21 Batches
REPORT ON STREET THEATRE CERTIFICATE COURSE 2019-20

Objectives of the Course:

The learner should be able to:

- ✓ Build an understanding and working knowledge of various techniques used within the theatrical process.
- ✓ Work in collaboration with others by enhancing mutual trust and respect towards one another.
- ✓ Understand group dynamics and learn to work as a team
- ✓ Equip the learner to use the knowledge in street theatre to sensitize people on social issues and to reach out to the masses.

Resource Persons

Sr.Claire and Mr.Shiva

Participating Batches

Group 1	Aug 22-25, 2019	MAHRM 2019-21
Group 2	September 3-6, 2019	MA Sociology 2019-21 Batch and M.Sc. Counseling Psychology 2019-21 Batch

Procedure

The workshop was titled 'Masks are Down' and was aimed at the all-round holistic development of an individual into a real human being.

Day 1 Activities

1. Name ball
2. Mirror Game
3. Yes game
4. Fox and rabbit

5. Creativity Exercise
6. Trust game
7. Cultural Programme

Day 2 Activities

1. Yoga
2. Group mirroring with leadership
3. Circle formation
4. Trust building
5. Body lifting
6. Zip Zap Zoom
7. Trust Exercise

Day 3 Activities

1. Yoga
2. How are You?
3. Sculpture
4. Cook word play
5. Experience sharing

Day 4 Activities

1. Yoga sessions
2. Discussion regarding street theatre
3. Rhythm and step
4. Slow Motion
5. Street play Rehearsal
6. Cultural Programme

Day 5 Activities

1. Yoga
2. Theoretical sessions

3. Street play Rehearsal
4. Honey comb
5. Final Performance

The last day concluded with street theatre performances by sub-groups and evaluation by the resource persons.

Street Theatre Certificate Photo Gallery

M.A. Sociology and M.Sc. Counselling Psychology 2019-21- Combined Program







MAHRM 2019-21 PHOTOS



STREET THEATRE PARTICIPANT LIST 2019-20

MSW 2019-21 BATCH

- 1 AMRITHA VS
- 2 ANANTHU B L
- 3 ANGEL BABU
- 4 ANN MARY SAJI JACOB
- 5 ANNA ALIAS
- 6 ARSHA M G
- 7 ARYA GHOSH A
- 8 ASWANI VIKRAMAN
- 9 DIVYA P
- 10 FEBA K R
- 11 GRACE M LEGHU
- 12 JAYASREE M
- 13 JESINTHA JOSEPH
- 14 JOMES T JAMES
- 15 KESIYAMOL MATHEW
- 16 MOHAMMED SAHAL M I
- 17 NEHA JOSEPH
- 18 PRIYA V NINAN
- 19 RAEYA STANLY
- 20 REEJA THOMAS
- 21 SANGHAMITHRA P
- 22 SHEETHAL MARIAM JOHN
- 23 SINIDAS C P
- 24 SOSHY J SOMAN
- 25 SREELEKSHMI V S
- 26 VARSHA K M

M.SC. COUNSELLING PSYCHOLOGY 2019-21 BATCH

1. AISWARYA JAYAN.R
2. ANAZ NARAYAN
3. ARATHY S V
4. ARATHY B. KUMAR
5. ASUMTHA MARY ANTONY
6. JEEVA VARGHESE
7. KAVYA B K
8. MEHNA NAWAS
9. ROHIT RAJ
10. SHILPA V
11. SULEKHA D
- 12 WINCY BIBI S V

MA SOCIOLOGY 2019-21 BATCH

1. AADHIL K U
2. AJAYA GHOSH S
3. ANJALI P S
4. ANJIMA M S
5. ANUGRAHA ANEESH
6. APARNA AM
7. ARCHANA A B
8. JITHU JOHNCY
9. KAVITHA K
10. MEGHA ELSA JOHN
11. NITHYA GEORGE
12. PRAJITHA C
13. RESMI J
14. AKHILA LAKSHMAN
15. AKSHAYA.T
16. KRISHNA ANIL

MAHRM 2019-21 BATCH

1. AGNES RIYA JOSEPH
2. AJAY SANKAR K.U.
3. AKHILA J
4. ALEENA MATHEW
5. ANOOP SUINL S
6. ANSU JACOB
7. ANU ANNA KURIAN
8. ARUNIMA MADHUSUDHANAN
9. BIBIN N.C
10. FATHIMA ANSAR
11. GREESHMA JOHNSON
12. HARIKRISHNAN.G
13. NIBITHA A
14. RAYSMOL. K. R
15. RIZWANA SHEIKH A
16. S SHREYAS VISWADEV
17. SAHLA QUATHOON
18. SHABNA FATHIMA
19. SOUMYA M V
20. SUFINA SIYAD