

**Department of Counselling Psychology**  
**Loyola College of Social Sciences**

**FEEDBACK ON CURRICULUM**

**Opinion regarding Curriculum of MSc Counselling Psychology**

“ 1.Yes,this syllabus is most relevant to todays world. , 2.Yes of course ,it actually cover topics in areas specified . 3.Yes,due to this current scenario it provide opportunities for skill enhancement. , 4.Yes,it provide guidance for professional growth and development. , 5.Due to this pandemic situation not as much reference are available, but getting information are useful and accessible.”

**Varsha B M, Msc counselling psychology**

“The syllabus is relevant to todays world. Syllabus is skill oriented which gives opportunity for those who wish to enhance their skills and also provides guidance for professional growth and development. Syllabus covers almost all topic adequately and go through the areas which are specified. 90 percentage of references are accessible and useful to get an idea regarding each topic.”

**Biji Baker – Msc counselling psychology Student**

“The syllabus need to be revised incorporating relevant and applied areas of psychology that fosters and interdisciplinary research frame work” The syllabus seems Better with respect to many other courses in psychology offer under the university.” **Dr Jaseer – Former HoD, dpet of Psychology University of Kerala**

“ The syllabus revision should happen at the earliest even thought is enriched with applied contents and offers professional training. Courses like, experimental psychology,, cognitive psychology should be included.” **Dr Shylaja Professor Dept of Psychology , University of Kerala**

“Counselling psychology syllabus is framed by the psychology board of studies in such a way that its equivalent to other mainstream PG degree programmes.” The syllabus is mostly applied, that enables training n counselling psychology” **Dr Immanuel Thomas – former HoD Dept of Psychology , University of Kerala**

“ Its better to update the syllabus including the course structure based on OBE framework to facilitate more application features for the programmes, more field work, and practicum training need to be included. At present the syllabus is good when compared to many other similar programmes” **Dr Raju –Former HoD Department of Psychology University of Kerala**

## **Syllabus Review**

**by**

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Since there are students from other disciplinary back ground are also given admission for the course, as per the university norms very **basic to in-depth contents of psychology covering almost all the major and relevant areas of behaviour is included** in the syllabus.

### **\*The core papers in Psychology included**

The paper CP 211 Foundations of psychology covers the major psychological contents related to **Attention and perception, learning and memory, Cognition and language, emotion and motivation, Biological basis of Human behaviour** including contents form **neuropsychology**

Paper CP 213 covers **developmental psychology, personality**, theories of personality, **intelligence, Social psychology** – attribution, attitude, prejudice, etc...

**\*Educational psychology – Child development, Learning disability; organizational psychology, Psychopathology(abnormal Psychology), is given greater emphasis**

**\* Practical orientation (experiential learning and training is provided too for these papers) during the 3<sup>rd</sup> and 4<sup>th</sup> semester.**

**\* Since the major focus of the course is Counselling psychology – all semesters include core counselling psychology papers. Counselling in community, educational, organizational, hospital, family settings and the paper counselling and legislations are very core papers that gives more advanced and practical ordination in applied psychology.**

**Along with that Practicum is covered in all semesters to prepare students to professionally work as psychologists specialized in the area of counselling. So each semester includes practicum hours for training and developing the students with practicum 1 - self-**

**awareness, self-esteem, social awareness, practicum 2 - counselling skills, practicum 3 - action research(364 hours) includes psychological testing in the field too, and practicum 4 - case conceptualization.**

**\* Paper Cp 233 covers the major psychotherapies and its approaches – psycho-analytic, Behaviour therapy, CBT, REBT, EMDR, Eclectic therapies etc... in which class room and well as field demonstrations and training is provided.**

**\*In-depth focus is given to research in psychology**

Paper 214 includes elements from advanced **research methodology** and students are given training in SPSS and Qualitative analysis. Students are given training in preparing research proposal making, Journal clubs to enhance research aptitude.

The dissertation produced by students by the end of this course is a vital research output.

**\* Emphasis on experimental psychology, psychological testing, practical**

**PaperCP224 – Psychometry deals with psychological test development – test construction and test administrations with adequate demonstrations and training – reliability, validity, types. Student are encouraged to develop psychological tests and to learn Administering different types of psychological tests – Attitude, aptitude, intelligence, personality, Projective techniques, and given adequate information regarding computer assisted testing – reaction time, span of attention**

**Paper CP 225Practical includes:**

1. ColouredProgressiveMatrices
2. StandardProgressiveMatrices
3. Wechsler Adult Performance IntelligenceScale
4. AptitudeTest
5. Vocational InterestInventory
6. Eysenck's PersonalityQuestionnaire
7. 16PF
8. Sentence CompletionTest
9. Beck DepressionInventory
10. State Trait AnxietyInventory
11. Adjustmentinventories(Emotionaladjustment/Socialadjustment/EmotionalMaturity,etc.)
12. Self-concept
13. EmotionalIntelligence
14. Value scales (Like Study ofValues)

**As well as other relevant and widely applied psychological test materials...and students have to submit the record with at least minimum of 10 test administration results for ESA**

**\*The elements from experimental psychology is taught like classical psychophysics. Students are motivated to come out with new experiments in psychology**

**\* Rather than providing the traditional approach of theoretical orientation(lectures) at the PG level, the Course and its syllabus incorporates very effective and applied contents of psychology, that can be equip a student for professional practice as a psychologist who is specialized in counselling psychology. Field visits, block placements are also provided effectively.**

**\*The teachers are from the psychology discipline and give a very good resource output (both fundamental and applied) in the field of psychology.**