

# LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



## CRITERION 5- STUDENT SUPPORT AND PROGRESSION

### 5.3 STUDENT PARTICIPATION AND ACTIVITIES

#### 5.3.3 Average number of sports and cultural events/competitions in which students of the Institution participated during last five years

##### Sports Day Reports 2016-21

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## SPORTS DAY 2020-21

Based on the discussions held on 25<sup>th</sup> March 2021, all students were informed to assemble at the college campus by 2:00 pm for the March past and inauguration of the Sports Day. The Sports Day inaugural function was scheduled to be held at the Open stage. The Chief Guest invited for the Sports Day function was Mr. Jairaj J who is a syndicate member of University of Kerala & Assistant Professor in Physical Education Department, Government College, Attingal. The Sports Day Events started with the March Past performed by the four groups - Double Barrel, Minnalpada, Killadis and Samrat. The Presidential address was given by Principal Dr. Saji P Jacob and it was followed by the inauguration by Mr. Jairaj J. After the inaugural function, Sports secretary Mr. Ajay Ghosh carried out the pledge and it was followed by the Torch Relay in which all the four group leaders accompanied him. The Felicitation address was given by Planning Forum Coordinator Mr. Rohit Raj. The function concluded with the vote of thanks by Sports secretary Ajay Ghosh. By 3:00 pm the Sports events had begun.





The sports events were decided to conduct in two forms, on the first day sports events were decided to conduct and the next day was reserved for athletics. The sports events include dodge ball, shoot out (girls), volley ball (boys), cricket (boys), throw ball (girls) and badminton mixed doubles. Athletic events include 400 m race (boys & girls), shot put (boys & girls), javelin throw (boys & girls), 200 m race (boys & girls), discus throw (boys & girls), 100 m race (boys & girls), 4\*100 m relay (boys & girls), long jump (boys & girls), high jump (boys & girls). The athletic events were conducted on 27<sup>th</sup> March 2021 from 8:00 am to 12:00 pm. Along with these events other sports events like chess and carroms, badminton boys were also conducted on the same day. As per the rules the team which loses one event will go for the next game before the conclusion of the first event. On the first day sports events starting with dodge ball till cricket were decided to be held. But due to bad light only one cricket match was held in the ground and the rest of the matches including the finals were postponed to the next day. In the meantime the badminton mixed doubles match was held in the Sutter Hall.



When coming to the points and scoring for the sports events, for the individual events, the group which secures the first place will get 5 points, the group which comes second will get 3 points and the group which comes third will get 1 point. For the group events, the group which secures the first place will get 10 points, the group which comes second will get 6 points and the group which comes third will get 2 points each along with the team finishing fourth. The events started with the March Past. As the result goes, Double Barrel secured first position for the March Past, Samrat securing second position and the third place was secured by Killadis and Minnalpada. For Dodge ball, the first position was secured by Samrat, Double Barrel secured the second position and third place was shared by Killadis and Minnalpada. For Shoot out, the first position was secured by Double Barrel, Minnalpada secured the second position and third place was shared by Killadis and Samrat. For Volleyball, the first position was secured by Samrat, Minnalpada secured the second position and third place was shared by Killadis and Double Barrel. For Throw ball, the first position was secured by Minnalpada, Double Barrel secured the second position and third place was shared by Killadis and Samrat. For Badminton Mixed Doubles, the first position was secured by Samrat, Minnalpada secured the second position and third place was shared by Double Barrel and Killadis. For Badminton

Boys, the first position was secured by Samrat, Double Barrel secured the second position and Minnalpada and Killadis secured the third place.

Regarding the athletic events, in 400 m (Boys), first place was secured by Alan (Samrat) followed by Ansun (DB) and in third place Sahal (Killadis). In 400 m (Girls), Feba (Killadis) secured first place followed by Parvathy (Minnalpada) and in third place Divya (DB). In 200 m (Boys) Alan (Samrat) secured first place followed by Ansun (DB) and in third place Augustine (Samrat). For 200 m (Girls) Feba (Killadis) secured first place followed by Sreethu (Samrat) and in third place Joshni (Samrat). For 100 m (Boys) Alan (Samrat) secured first place followed by Sahal (Killadis) and in third place Ansun (DB). In 100 m (Girls) Sreethu (Samrat) secured first place followed by Parvathy and in third place Sreelakshmi (Killadis). For shotput (Girls) Angel (Minnalpada) secured first place followed by Sreethu (Samrat) and in third place Anasha (DB) and Marcos (Samrat). For shotput (Boys) Arun (Samrat) secured first place followed by Amal dev (Minnalpada) and Jomes (Samrat). For Discus throw (Boys) Jomes (Samrat) secured first place followed by Arun (Samrat) and in third place Sam (DB) and Sunit (Killadis). For Discus throw (Girls) Areeba (Samrat) secured first place followed by Angel Maria (Samrat) and in third place Angel Babu (Minnalpada). For Javelin throw (Boys) Arun (Samrat) secured first place followed by Ananthu (DB) and in third place Sam (DB). For Javelin throw (Girls) Areeba (Samrat) secured the first place followed by Angel (Minnalpada) and in third place Aleena (Killadis). For Long Jump (Boys) Libin (Samrat) secured first place followed by Srihari (Minnalpada) and in third place Sam (DB). For Long Jump (Girls) Akshaya T (DB) secured the first place followed by Parvathy and in third place Feba (Killadis). For High Jump (Boys) Ansun (DB) secured first place followed by Srihari (Minnalpada) and in third place Sahal (Killadis). For High Jump (Girls) Sreethu (Samrat) secured first place followed by Rejitha (DB) and in third place Feba (Killadis). For 4\*100 m relay (Girls) Minnalpada secured first place followed by Samrat and in third place Double Barrel. For 4\*100 m relay (Boys) Samrat secured first place followed by Killadis and in third place Double Barrel.

### **Individual Champions**

1, Girls – Sreethu Sreenivas

2. Boys – Alen Berchman

Image Gallery

















Loyola College of Social Sciences

Sreekaryam, Trivandrum

Annual Sports Day Report-2020

**SPORTIVO 2020**

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# SPORTIVO 2020

## PREFACE

The National Sports Day is celebrated on the 29th of August, on the birth anniversary of the hockey player Major Dhyan Chand Singh, who won gold medals for India in the Olympics of 1928.

The Olympics are an international sports event, and winning medals here is considered to be of the highest honour in the sporting world. The first Olympic Games began was held in Athens and then continuing in different nations every four-years. There was then the addition of the Summer and Winter Olympics along with the Paralympic Games, World Games, etc. The Games are broadcast worldwide on live television and nowadays in social media, all these shows the importance sports is having globally.

Sports brings discipline in life and improves thinking ability. Student life filled with deadlines of submissions, studies and schedules gets a chance to reduce the stress of their minds by being part of sport event. Sports instils plenty of values in the player, taking into consideration Loyola College of Social Sciences, is always in the front for bringing in values in the students to cruise through life with honesty and responsibility of self and others. Sports meets held in the college for all these years are also examples of the same allowing students to be agile and fit by increasing the concentration in academics and the willingness to perform better in any field.

The annual Sports Meet SPORTIVA 2020, was organized at Loyola College of Social Sciences, campus on 15-02-2020 at 08:00am. The event commenced with a prayer song by the College Choir with the blessing of Almighty God, the dignitaries and the

gathering was welcomed by Mr Jithin Rodregous, the College Union Chairman followed by the Presidential Address by Dr. Saji P Jacob, the College Principal of Loyola College of Social Sciences. The Event was honoured by the presence of the chief guest Mr Sebastian retired commander Indian Navy, who inaugurated the function by sharing the Deepashika (lamp) and also encouraged the students and shared a few words with the participants that arouse their spirits for a great event. The event also had motivational speeches by the Vice Principal, Fr Dr Sabu P Thomas, and Staff Sports Co-ordinator Fr Saji S J. The vote of thanks for the inauguration event was delivered by the Sports Secretary Mr Harikrishnan R S.

The inauguration was followed by a magnificent sports event, filled with the feeling of success, and also companionship at downfalls.



# SPORTIVO 2020

## PRINCIPAL'S MESSAGE

Its a pleasure to announce the date of an energetic event coming up in the campus. The annual sports meet “SPORTIVO 2020”, will be conducted in the college campus on 15-02-2021. As you all have witnessed the flag hosting for the “SPORTIVO 2020” event was on 12-05-2021.

Loyola College of Social Sciences, promotes each an every Loyolite to be active in both academics as well as extracurricular activities. In the two years of Post-Graduation there may be hidden talents that have been covered by the busy and strict schedule of student life, here in the past years we have seen many sports events become spaces for the students to find their forgotten vigour and there is also a sense of brotherhood and oneness that takes place during each sports event.

I here-by wish a great sports extravaganza to each and everyone one of you, try to explore more and remember to be a good sports person. After all its a day to be competitively together.

Dr Saji P Jacob  
Principal  
Loyola College of Social Science

# Annual sports day - SPORTIVO 2020

## Inauguration

Good afternoon one and all sportive 2020, the college annual sports meet. The commencement is marked by the flag hoisting ceremony. The flag that is hoisted today 12/02/2020 will remain as the sports flag of the college in the year 2020 in this sense this simple ceremony today has a historical significance too,

Let us participate in this meet with true sportsmanship so that it brings glory to the institution and sports.

- I invite Dr Saji P Jacob, college principal to welcome the gathering.
- I invite Fr Sunny Kunnappallil S.J Rector & Manager LCSS to address the sports meet “SPORTIVO 2020”.
- I invite Dr Angelo Mathews, Advisor, College Union for
- Flag hoisted by four team in college and College Union Chairman.
- I invite Fr. Saji S.J, Staff Sports Co-ordinator, who is my constant inspiration and support in organising “SPORTIVO 2020”, to propose vote of thanks.

Dear friends,

The ceremony has come to an end and we will immediately start the event “SPORTIVO 2020”, in the Badminton Court with our first event Badminton singles (boys), team members and players are requested to get ready for the event by 3pm.

## Loyola College of Social Sciences “Sportivo 2020”

### Sports day

#### Event schedule

15/02/2020, 8:00 am onwards.

- payer song : Anjima & Kavitha
- Welcome speech : Mr Jithin rodregous (union chairman)
- Presidential address : Dr Saji p Jacob (principal)
- Inauguration : Mr Sebastian (Rtd commander Indian Navy)
- Deepashikha (lamp lighting)

#### Speech by other dignitaries

- Fr Dr Sabu P Thomas (vice principal)
- Fr Saji SJ (staff sports coordinator)
- Vote of thanks : Mr Harikrishnan R S (sports secretary)

# SPORTIVO 2020

## General Rules

1. For athletic items only three entries are permissible for each team.
2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.
3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.
4. Individual champions are decided on the basis of the participation in the individual items conducted on the sports day.
5. Reporting time for each game event shall be 10 minutes prior to the scheduled time team who does not report at the reporting time shall be disqualified and the opposing team will get the walk over.
6. For athletics, team captains shall ensure that their team members report 10 minutes prior to the scheduled time of the event falling which the respective participants shall not be permitted to participate in that event.
7. The decision of the referees will be final.
8. Complaints, if any should be tendered to the sports secretary by the team leaders the grievances committee consisting of sports secretary by the team leaders the grievances committee consisting of sports secretary, sports staff coordinator college union chairman & vice chair person will look into the complaint and their decision shall be final.
9. The complaint shall be registered within half an hour of the declaration of the results.

Dr Saji P Jacob  
principal

Fr Saji S.J  
Sports staff co-ordinator

# SPORTIVO 2020

## EVENT SCHEDULES

12/02/2020 morning 8:00 – 9:00.

Reporting time 7:45AM

### Badminton

Badminton single (boy)	TEAM 1 X TEAM 2
Badminton single (boy)	TEAM 3 X TEAM 4
FINAL	
Badminton single (girl)	TEAM 1 X TEAM 2
Badminton single (girl)	TEAM 3 X TEAM 4
FINAL	

### Dodge ball (afternoon)

TEAM 1 X TEAM 2	TEAM 3 X TEAM 4
FINAL	

13/02/2020 morning 8:00 – 9:00.

Reporting time 7:45AM

### Badminton

Badminton doubles	TEAM 1 X TEAM 2
Badminton doubles	TEAM 3 X TEAM 4
FINALS	

## CRICKET(BOYS) (AFTERNOON)

TEAM 1 X TEAM 2	TEAM 3 X TEAM 4
FINALS	

14/02/2020 morning 8:00 – 9:00.

Reporting time 7:45AM

## CRICKET(Girls)

TEAM 1 X TEAM 2	TEAM 3 X TEAM 4
FINALS	

## THROW BALL(AFTERNOON)

TEAM 1 X TEAM 2	TEAM 3 X TEAM 4
FINALS	

## VOLLEY BALL

TEAM 1 X TEAM 4	TEAM 2 X TEAM 3
FINAL	

# SPORTIVO 2020

## ATHLETICS

15/02/2020, 9:00 AM Onwards

- 100 M race (Boys)
- 200 M race (Boys)
- 800 M race (Boys)
- 100 M race (Girls)
- 200 M race (Girls)
- 400 M race (Girls)
- Short put Girls
- Short put Boys
- Discus Throw (Girls)
- Discus Throw (Boys)
- Javelin Throw (Girls)
- Javelin Throw (Boys)
- Relay (Girls)
- Relay (Boys)
- Long Jump (Girls)
- Long Jump (Boys)
- High Jump (Girls)
- High Jump (Boys)

# SPORTIVO 2020 WINNERS

## BADMINTON (Boys)

- 1<sup>ST</sup> Team PADAKKUTHIRA
- 2<sup>ND</sup> Team TEEPATTIKOLLIZ
- 3<sup>RD</sup> Team KOKKACHI

## BADMINTON (Girls)

- 1<sup>ST</sup> Team KOKKACHI
- 2<sup>ND</sup> Team PADAKKUTHIRA
- 3<sup>RD</sup> Team GODHA

## DODGE BALL

- 1<sup>ST</sup> Team KOKKACHI
- 2<sup>ND</sup> Team GODHA
- 3<sup>RD</sup> Team TEEPATTIKOLLIZ

## CRICKET(BOYS)

- 1<sup>ST</sup> Team PADAKKUTHIRA
- 2<sup>ND</sup> Team KOKKACHI



3<sup>RD</sup> Team GODHA

## CRICKET(GIRLS)

1<sup>ST</sup> Team TEEPATTIKOLLIZ

2<sup>ND</sup> Team KOKKACHI

3<sup>RD</sup> Team GODHA

## VOLLEY BALL

1<sup>ST</sup> Team GODHA

2<sup>ND</sup> Team TEEPATTIKOLLIZ

3<sup>RD</sup> Team PADAKKUTHIRA

## THROW BALL

1<sup>ST</sup> Team KOKKACHI

2<sup>ND</sup> Team GODHA

3<sup>RD</sup> Team TEEPATTIKOLLIZ

## INDIVIDUAL SPORTS CHAMPIONS



MARIA TERES SEBASTIAN

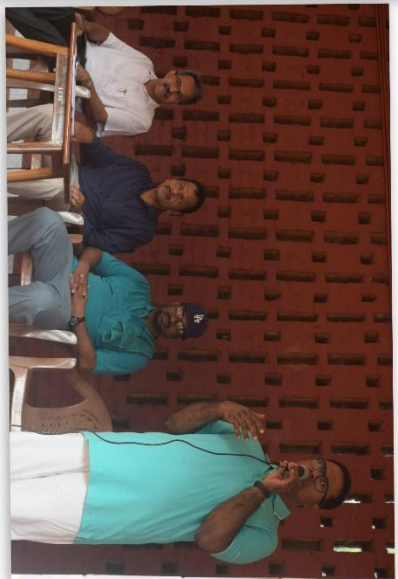
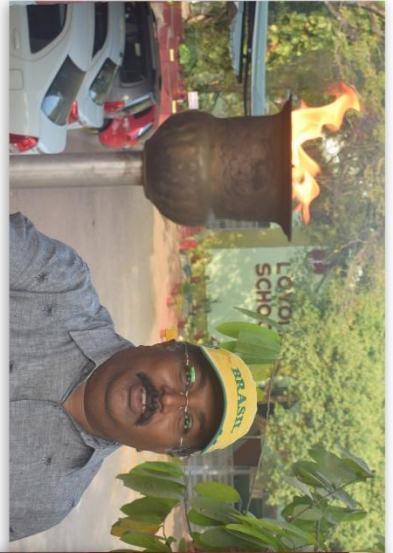


SAHAL IQUBAL

## **Annual Athletic Meet Medal winners List 2019-20**

<b>Event</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>
1. 100 M Boys	Nibin	Sahal	Vineeth
2. 100 M Girls	Rizwana	Feba	Angel
3. 200 M Boys	Nibin	Sahal	Arjun
4. 200 M Girls	Rizwana	Feba	Prajitha
5. 400 M Girls	Maria	Angel	Prajitha
6. 800 M Boys	Sahal	Vineeth	Prince
7. Shot Put Girls	Angel	Anaz	Bushra
8. Shot Put Boys	Tisson	Prince	Mebin
9. Discuss Throw (G)	Maria	Rose	Anu
10. Discuss Throw (B)	Mebin	Prince	Nibin
11. Javelin Throw (G)	Maria, Bushra, Angel	Aishwarya	Amritha
12. Javelin Throw (B)	Prince	Sanu	Bibin
13. Long Jump (B)	Sahal	Arjun	Vineeth
14. Long Jump (G)	Feba	Akshaya	Amritha
15. High Jump (G)	Feba	Maria, Amritha	Ansu
16. High Jump (B)	Sahal	Sumith	Vineeth
17. 4 x 100 Relay (B)	'Godha'	'Theepattikolli'	'Kokachi'
18. 4 x 100 Relay (G)	Theepattikolli'	'Kokachi'	'Padakuthira'

# IMAGE GALLERY







**LOYOLA COLLEGE OF SOCIAL SCIENCES**  
**SREEKARYAM, TRIVANDRUM**

**ANNUAL SPORTS DAY REPORT-2019**

**ESPIRIT 2019**



*It is not the will to win that matters- everyone has that, it is the will to prepare to win that matters.*

Paul Bryant

Loyola College of Social Sciences has always held on to its aim of achieving excellence through engaged learning. Loyola is known as a college with a difference and rightly so, here, the focus is on the all-round development of every student. Loyola believes in academic progress along with physical fitness. Sports and extracurricular activities form a core of a student's life in Loyola. Loyola conducts its sports meet every year with the entire college being divided into four teams, who fight to be called the champions.

On 23<sup>rd</sup> of March 2019, Loyola College hosted its Annual Sports meet, Espirit, a day filled with excitement and cheers. The chief guest for the day was the famous Olympian – Kalayathumkuzhi Mathews Beenamol. The day started off with the lighting of the torch and the students entered into the spirit of the occasion with major sports events. The sports events were conducted in two sets - team events and athletics. Some of the major events throughout the sport celebration included badminton, football, cricket, high jump, long jump, chess, javelin throw etc.

On 25<sup>th</sup> March the annual sports meet was concluded and the winners for each event was announced.

### **GENERAL RULES**

1. For athletic items only three entries are permissible for each team.
2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.
3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.
4. Individual champions are decided on the basis of the participation in the individual items conducted on the sports day.
5. Reporting time for each game event shall be 10 minutes prior to the scheduled time team who does not report at the reporting time shall be disqualified and the opposing team will get the walk over.



6. For athletics, team captains shall ensure that their team members report 10 minutes prior to the scheduled time of the event falling which the respective participants shall not be permitted to participate in that event.

7. The decision of the referees will be final.

8. Complaints, if any should be tendered to the sports secretary by the team leaders the grievance committee consisting of sports secretary by the team leaders the grievance committee consisting of sports secretary, sports staff coordinator college union chairman & vice chairperson will look into the complaint and their decision shall be final.

9. The complaint shall be registered within half an hour of the declaration of the results.

Dr Saji P Jacob

FrSaji S.J

Principal

Sports staff co-ordinator

### **LIST OF EVENTS**

<b>Sl.No</b>	<b>Game</b>	<b>Participants</b>
1	Badminton	4 Teams
2	Dodge ball	4 Teams
3	Cricket	4 Teams
4	Volley ball	4 Teams

### **ATHLETICS**

<b>Sl.No.</b>	<b>List of events</b>	<b>Participant list</b>
1	100 M race (Boys)	Alen Jose, Akshay Kishore, Nibin Mathews, Sajan MS, Christopher M, Prince Jacob
2	200 M race (Boys)	Sarath KP, Rameez M Sydeek, Sreejith KP, Abhilash K Sebastian, Tison Thomas, Jenin Koshy Abraham,
3	800 M race (Boys)	Mathewskutty sunny, Sajin M, Unni S, Sumith CS, Ramesh S, Ananthamadhavan, Vineeth Benedict L
4	100 M race (Girls)	Arunima, Manju V, Surya S, Aleena Babu, Dency Mary

		Reji, Jency Lawrence, PriyaVargheses
5	200 M race (Girls)	AncyLal, AnjuCerin Mathew, Annie Bose, BincyBabu, Athira Wilson, Brilliant Maria Anto
6	400 M race (Girls)	Meenu Rose Ebi, Rose Maria Siju, DinuMolVarkey, Najima TR, Jima Rose, Sandra George, Sruthi V
7	Short put Girls	AshnaRaju, Priya Varghese, ShilaSajeev, Chinnu Maria Michael, Nanma Manoj, Merin Jacob
8	Short put Boys	Arun Joseph, Anandu K Baiju, Nibin Mathews, Christopher M, Tison Thomas
9	Discus Throw (Girls)	Divya T, Prisma CG, Lincy Jacob, Aswathi A, AardraMadhusoodanan, Sruthi S Kumar
10	Discus Throw (Boys)	Harikrishnan RS, Sanu Wilson, Sooraj MR, Alen Jose, Prince Jacob, Nibin Mathews
11	Javelin Throw (Girls)	Priya Varghese, ShilaSajeev, Lincy Jacob, Chinnu Maria Michael, Nanma Manoj
12	Javelin Throw (Boys)	ArunSabu John, Gokul PG, Sajin M, Anandu K Baiju, Unni S, Sumith CS
13	Relay (Girls)	Meenu Rose Ebi, Annie Bose, BincyBabu, Rose Maria Siju, DinuMolVarkey, Athira Wilson Najima TR, Jima Rose, Sandra George, Sruthi V, ShilaSajeev, Lincy Jacob, Nanma Manoj, Dency Mary Reji, Jency Lawrence, Manju V
14	Relay (Boys)	Alen Jose, Rameez M Sydeek, ArunSabu John, Akshay Kishore, Nibin Mathews, Sajan MS, Christopher M, Prince Jacob, Tison Thomas, Ananthamadhavan, Vineeth Benedict L, Gokul PG, Sajin M, Unni S, Anandu K Baiju, Abhilash K Sebastian
15	Long Jump (Girls)	AncyLal, , Annie Bose, BincyBabu, Athira Wilson, Brilliant Maria Anto, Manju V, PriyaVargheses
16	Long Jump (Boys)	Rameez M Sydeek, Gokul PG, Sreejith KP, ArunSabu John, Abhilash K Sebastian, Tison Thomas, Jenin Koshy Abraham
17	High Jump (Girls)	Arunima, , AnjuCerin Mathew, Surya S, Aleena Babu,

		Dency Mary Reji, Jency Lawrence, Saranya Mohan
18	High Jump (Boys)	Tison Thomas, Ananthamadhavan, Vineeth Benedict L, Abhilash K Sebastian, Mathewskutty Sunny

### **PHOTO GALLERY**





## Report

### Ignite – 2018



The college annual sports events had a around a week-long celebration, spanning for 4 days, from 17 January 2018 to 20 January 2018. On 17 thmorning, at 9:30 am, the union flag consisting the logos of arts, sports and literary items were hoisted, and thus the sports events were inaugurated. The name of the 2018 sports was “Ignite” with a tag line “lets ignite the tracks”. The name “Ignite” implied, that we all have flames within, the flame which drives us , which motivates us , which inspires us. The idea of the sports events was to convert the flame into a torch by enhancing the individual and group capabilities of the students. Thus it meant to be a platform for every student, to participate and discover themselves. The sports events were conducted in two sets, one that of team games like football, cricket dodge ball etc and another one which only consisted of athletics. There were four team, a) Winners Pothmukk b) TammarPathar c) Punyalans d) Papans. 17 of January was the first day of the sports events , where the games like dodge ball, football andcricket for both boys and girls , and carroms were played. The games were arranged in such a way that , no team had to play two games a day, and they could take proper rest. On the second day , chess and throwball

were added to the list. The events also consisted of Badminton and volleyball, whose final results were announced on that day itself. On 19<sup>th</sup>, the last day of games events, the finals of events like football and cricket were organized and after all the games Winners Pothmuk emerged at the top of the table and Tamar Pathar at the second position.

The last day of the sports events consisted of athletics. It was inaugurated by Dr.Saji P Jacob, The Principal of Loyola College. The torch was lit and handed over to the sports secretary and the captains of all the four teams and the secretary had run a lap around the ground. The events both running, jumping events and throwing events, spanning from 100 m dash to 4\*100 M relay and Shotput to Javelin throw. Every event was conducted for both boys and girls. By noon running and throwing events came to an end and in the afternoon the jumping events like long jump and high jump were conducted. After the athletics, the positions of the teams in the points table didn't change as Winners held on to the top of the table. The individual champion among boys was Mr.SujinDas and among girls Ms.Treesa Varghese. Sports events organized by the college union 2017-18 came to an end by 20<sup>th</sup> evening.

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Dr Saji P Jacob

FrSaji S.J

Principal Sports staff co-ordinator

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1	Badminton	4 Teams
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3	Cricket	4 Teams
4	Volley ball	4 Teams

### **ATHLETICS**

<b>Sl.No.</b>	<b>List of events</b>	<b>Participant list</b>
1	100 M race (Boys)	Jibin K Jose, Sooraj MR, Ekalavyan VP, Arjun TV, Aloysius Antony, Ananthamadhavan TD, Sujin Das
2	200 M race (Boys)	Sujin Das, Jishnu Vinayan, Vishnu B.R, Abhilash K Sebastian, Jenin Koshy, Unni S
3	800 M race (Boys)	Surjith V, Christben, Sajan MS, Sarath KP, Sujin Das, Suresh Babu.
4	100 M race (Girls)	Treesa Varghese, Surya S, Annie Bose, Elna Joseph, Gouthami RS, Sruthi V
5	200 M race (Girls)	Treesa Varghese, Athira S, Soniya Jain Jacob, Annie Bose, Achsa George, Athira KO,

6	400 M race (Girls)	Parvathy S, Remya Ramesh, Manju V, Surya S, Brilliant Maria Anto, ElnaJosph, TreesaVargheese
7	Short put Girls	SunithaKumari MS, Chinnu Maria, NikithaUgin, ShikhaPavithran, Annie Bose
8	Short put Boys	Sajin M, Mathewskutty Sunny, Nounith Noble, AravindLal, Surjith V, JishnuVinayan,
9	Discus Throw (Girls)	Annie bose, Reshma MS, Prisma CG, AmalaJoshy, Snumol Catherine Scaria, Devika BS
10	Discus Throw (Boys)	Ramesh S, Sreejith KP, SidharthLal, Sarath KP, Jibin K Jose, Aloysius Antony
11	Javelin Throw (Girls)	DynaScaria, Sanila VS, MinuHarikumar, Treesa Varghese, BincyBabu, Neethu Sharon
12	Javelin Throw (Boys)	Surjith V, Abhilash K Sebastian, Unni S, Sarath KP, Ramesh S
13	Relay (Girls)	DynaScaria, Sanumol Catherine Scaria, ShikhaPavithran, Annie Bose, Sanila VS, MinuHarikumar, Treesa Varghese, BincyBabu, Neethu Sharon, Vandana Suresh, Balalekshmi SB, Anjali TM, Chinnu Maria, NikithaUgin, Parvathy S, Remya Ramesh
14	Relay (Boys)	Surjith V, Ramesh S, Abhilash K Sebastian, Unni S, Sarath KP, Sreejith KP, SidharthLal, Jibin K Jose, Aloysius Antony, Sajin M, Mathewskutty Sunny, Nounith Noble, AravindLal, Surjith V, JishnuVinayan, Sujin Das
15	Long Jump (Girls)	DynaScaria, MinuHarikumar, Treesa Varghese, Neethu Sharon, Vandana Suresh, Anjali TM
16	Long Jump (Boys)	Surjith V, Unni S, Sarath KP, Sreejith KP, Mathewskutty Sunny, AravindLal, Surjith V, JishnuVinayan
17	High Jump (Girls)	ShikhaPavithran, TreesaVargheese, Ann Mary George, Remya Ramesh, Annie Bbose
18	High Jump (Boys)	Surjith V, Abhilash K Sebastian, Unni S, Sarath KP, Sajin M, AravindLal, Surjith V, JishnuVinayan



Image Gallery





**LOYOLA COLLEGE OF SOCIAL SCIENCES**  
**SREEKARYAM, TRIVANDRUM**

**ANNUAL SPORTS DAY REPORT-2017**

**SPORTECH**



*Sports teaches you character, it teaches you to play by rules. It teaches you to know what it feels like to win and lose. It teaches you about life.*

-Billie Jean King

Loyola College of Social Sciences is a higher education institution that promotes holistic development of the students. Along with the prime focus of academic excellence the college also considers physical activities as an integral part of the total education system. The students are encouraged to engage in various sports activities throughout the academic year. The annual sports day provides the students a platform to celebrate their talents and to come together for a common purpose.



On 18<sup>th</sup> of January 2017, the students were divided into four groups as part of the sports and arts competitions. With much enthusiasm the students began their preparation for the much awaited events. On 14 February 2017, the union flag consisting the logos of arts, sports and literary items were hoisted in the college portico by the Principal, Dr. Jose Boban.

The annual sports meet for year 2017 – SPORTECH- was officially inaugurated by the Chief Guest Brigadier Shaji of NCC Peroorkada. The sports events were conducted in two sets - team events such as football, cricket dodge ball etc. and athletics. Team events were the major highlights of the first day beginning with dodge ball and throw ball. The major events throughout the sport celebration included football, cricket, high jump, long jump, chess, javelin throw etc. The events were planned and executed in such a way that all the students had the opportunity to participate. The last day of the sports events, 22 February, consisted mainly of athletics events. The students displayed impressive performances and made optimum utilisation of the opportunities received. It was a day filled with sportsmanship and enthusiasm and surely an experience they would cherish.



### **GENERAL RULES**

1. For athletic items only three entries are permissible for each team.
2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.
3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.
4. Individual champions are decided on the basis of the participation in the individual items conducted on the sports day.
5. Reporting time for each game event shall be 10 minutes prior to the scheduled time team who does not report at the reporting time shall be disqualified and the opposing team will get the walk over.
6. For athletics, team captains shall ensure that their team members report 10 minutes prior to the scheduled time of the event falling which the respective participants shall not be permitted to participate in that event.

7. The decision of the referees will be final.

8. Complaints, if any should be tendered to the sports secretary by the team leaders the grievances committee consisting of sports secretary by the team leaders the grievances committee consisting of sports secretary, sports staff coordinator college union chairman & vice chairperson will look into the compliant and their decision shall be final.

9. The compliant shall be registered within half an hour of the declaration of the results.

Dr Saji P Jacob

FrSaji S.J

Principal

Sports staff co-ordinator

### **LIST OF EVENTS**

<b>Sl.No</b>	<b>Game</b>	<b>Participants</b>
1	Badminton	4 Teams
2	Dodgeball	4 Teams
3	Cricket	4 Teams
4	Volley ball	4 Teams

### **ATHLETICS**

<b>Sl.No.</b>	<b>List of events</b>	<b>Participant list</b>
1	100 M race (Boys)	AdilHakkim, JishnuVinayan, Vishnu B.R,Jibin K Jose, Athul Danish,Nounith Noble
2	200 M race (Boys)	Shine Augustine, Nitheesh S, Aloysius Antony,Jibin K Jose AkhilSurendran, Josekutty Kurian, Girinath GS
3	800 M race (Boys)	Kannan G.S, Gireesh Kumar, Athul K Wilson, Fredinent Anson, SainMthews,
4	100 M race (Girls)	Anu Jaya Mathew, ShikhaPavithran, Leema Martin, Achsah George, Athira KO,Preetha K
5	200 M race (Girls)	Ragin Mary Toms, Minu Prakash, Venishya Ivan, Parvathy S, Remya Ramesh,ShikhaPavithran

6	400 M race (Girls)	Divya A, Lavanya V, Sreeja PV, VrindaVijayan, Sanumol Catherine Scaria, AmalaJoshy, DynaScaria
7	Short put Girls	Suchitra S, Chinchu K Bhavani, Terese Mary Chacko,
8	Short put Boys	Arun Kumar, Vishnu Prasad, Ekalavyan VP, Jibin K Jose, Geo Michael
9	Discus Throw (Girls)	Balalekshmi SB, DynaScaria, Merlin Jose, Jiji SS, ShikaPavithran, Soniya Jain Jacob
10	Discus Throw (Boys)	Kashyap Nair, AravindLal, Anandhakrishnan KM, JishnuVinayan, Surjith V, Akhil Jose
11	Javelin Throw (Girls)	Jasna K, Akshaya Krishnan, Ann Roy Kovoov, Soniya Jain Jacob, Arya A, Neethu L
12	Javelin Throw (Boys)	Deepak S, Georgin V George, AdilHakkim, Surjith V, JishnuVinayan, Kannan GS
13	Relay (Girls)	Preetha K, Krishnendu BS, Archana U, Vandana Suresh, Revathy Raj, Neethu Sharon, Unnikrishnan, Sheeba R, Cinupriya Joy, Kajal S Rhaman, Ann Mary George, Kavya Kumar K, Akshaya Krishnan, Ann Roy Kovoov, Soniya Jain Jacob, Michelle Ann Jason,
14	Relay (Boys)	AdilHakkim, Krishnajith RG, Shine Augustine, Surjith V, JishnuVinayan, Vishnu B.R., Jibin K Jose, Athul Danish, Nounith Noble, Deepak S, AravindLal, Akhil Jose, Girinath GS, Vishnu Prasad, Geo Michael, Kannan GS
15	Long Jump (Girls)	Cinupriya Joy, Kajal S Rhaman, Ann Mary George, Kavya Kumar K, Sheeba R, Preetha K
16	Long Jump (Boys)	Krishnajith RG, Surjith V, Shine Augustine, Vishnu BR, Atul Danish, Kashyap Nair, Girinath GS
17	High Jump (Girls)	Michelle Ann Jason, Minu Prakash, ShikhaPavithran
18	High Jump (Boys)	Surjith V, Nitheesh S, Aloysius Antony, Athul K Wilson, Ekalavyan VP

**IMAGE GALLERY**





