

Department of Counselling Psychology
Loyola College of Social Sciences

Opinion regarding Curriculum of MSc Counselling Psychology

“ 1.Yes,this syllabus is most relevant to todays world. , 2.Yes of course ,it actually cover topics in areas specified . 3.Yes,due to this current scenario it provide opportunities for skill enhancement. , 4.Yes,it provide guidance for professional growth and development. , 5.Due to this pandemic situation not as much reference are available, but getting information are useful and accessible.”

Varsha B M, Msc counselling psychology

“The syllabus is relevant to todays world. Syllabus is skill oriented which gives opportunity for those who wish to enhance their skills and also provides guidance for professional growth and development. Syllabus covers almost all topic adequately and go through the areas which are specified. 90 percentage of references are accessible and useful to get an idea regarding each topic.”

Biji Baker – Msc counselling psychology Student

“The syllabus need to be revised incorporating relevant and applied areas of psychology that fosters and interdisciplinary research frame work” The syllabus seems Better with respect to many other courses in psychology offer under the university.” **Dr Jaseer – Former HoD, dpet of Psychology University of Kerala**

“ The syllabus revision should happen at the earliest even thought is enriched with applied contents and offers professional training. Courses like, experimental psychology,, cognitive psychology should be included.” **Dr Shylaja Professor Dept of Psychology , University of Kerala**

“Counselling psychology syllabus is framed by the psychology board of studies in such a way that its equivalent to other mainstream PG degree programmes.” The syllabus is mostly applied, that enables training n counselling psychology” **Dr Immanuel Thomas – former HoD Dept of Psychology , University of Kerala**

“ Its better to update the syllabus including the course structure based on OBE framework to facilitate more application features for the programmes, more field work, and practicum training need to be included. At present the syllabus is good when compared to many other similar programmes” **Dr Raju –Former HoD Department of Psychology University of Kerala**

Syllabus Review

by

Dr Pramod S K and Dr. Leena S.T.,

*Faculty , Department of Counselling Psychology,
Loyola College of Social Sciences, Trivandrum*

Since there are students from other disciplinary back ground are also given admission for the course, as per the university norms very **basic to in-depth contents of psychology covering almost all the major and relevant areas of behaviour is included** in the syllabus.

***The core papers in Psychology included**

The paper CP 211 Foundations of psychology covers the major psychological contents related to **Attention and perception, learning and memory, Cognition and language, emotion and motivation, Biological basis of Human behaviour** including contents form **neuropsychology**

Paper CP 213 covers **developmental psychology, personality**, theories of personality, **intelligence, Social psychology** – attribution, attitude, prejudice, etc...

***Educational psychology – Child development, Learning disability; organizational psychology, Psychopathology(abnormal Psychology), is given greater emphasis**

*** Practical orientation (experiential learning and training is provided too for these papers) during the 3rd and 4th semester.**

*** Since the major focus of the course is Counselling psychology – all semesters include core counselling psychology papers. Counselling in community, educational, organizational, hospital, family settings and the paper counselling and legislations are very core papers that gives more advanced and practical ordination in applied psychology.**

Along with that Practicum is covered in all semesters to prepare students to professionally work as psychologists specialized in the area of counselling. So each semester includes practicum hours for training and developing the students with practicum 1 - self-

awareness, self-esteem, social awareness, practicum 2 - counselling skills, practicum 3 - action research(364 hours) includes psychological testing in the field too, and practicum 4 - case conceptualization.

*** Paper Cp 233 covers the major psychotherapies and its approaches – psycho-analytic, Behaviour therapy, CBT, REBT, EMDR, Eclectic therapies etc... in which class room and well as field demonstrations and training is provided.**

***In-depth focus is given to research in psychology**

Paper 214 includes elements from advanced **research methodology** and students are given training in SPSS and Qualitative analysis. Students are given training in preparing research proposal making, Journal clubs to enhance research aptitude.

The dissertation produced by students by the end of this course is a vital research output.

*** Emphasis on experimental psychology, psychological testing, practical**

PaperCP224 – Psychometry deals with psychological test development – test construction and test administrations with adequate demonstrations and training – reliability, validity, types. Student are encouraged to develop psychological tests and to learn Administering different types of psychological tests – Attitude, aptitude, intelligence, personality, Projective techniques, and given adequate information regarding computer assisted testing – reaction time, span of attention

Paper CP 225Practical includes:

1. ColouredProgressiveMatrices
2. StandardProgressiveMatrices
3. Wechsler Adult Performance IntelligenceScale
4. AptitudeTest
5. Vocational InterestInventory
6. Eysenck's PersonalityQuestionnaire
7. 16PF
8. Sentence CompletionTest
9. Beck DepressionInventory
10. State Trait AnxietyInventory
11. Adjustmentinventories(Emotionaladjustment/Socialadjustment/EmotionalMaturity,etc.)
12. Self-concept
13. EmotionalIntelligence
14. Value scales (Like Study ofValues)

As well as other relevant and widely applied psychological test materials...and students have to submit the record with at least minimum of 10 test administration results for ESA

***The elements from experimental psychology is taught like classical psychophysics. Students are motivated to come out with new experiments in psychology**

*** Rather than providing the traditional approach of theoretical orientation(lectures) at the PG level, the Course and its syllabus incorporates very effective and applied contents of psychology, that can be equip a student for professional practice as a psychologist who is specialized in counselling psychology. Field visits, block placements are also provided effectively.**

***The teachers are from the psychology discipline and give a very good resource output (both fundamental and applied) in the field of psychology.**

REQUEST LETTER

From

Aardra Madhusoodanan
Alumna of Department of Counselling Psychology
Loyola College of Social Sciences, Trivandrum

To

The Department of Counselling Psychology
Loyola College of Social Sciences, Thiruvananthapuram

Subject – Request letter for revising the current ‘Academic Syllabus’ holding by ‘Department of Counselling Psychology Loyola College of Social Sciences Thiruvananthapuram.

Respected Sir/Madam

With reference to the above subject matter, I would like to express my concern & allude the request for revising the current ‘Academic Syllabus holding by the Department of Counselling Psychology, Loyola College of Social Sciences Thiruvananthapuram.

Please consider the below mentioned reasons for the revision of current ‘Academic Syllabus of the course ‘Master of Science in Counselling Psychology’ carrying out by Loyola College of Social Sciences, Thiruvananthapuram.

Due to the scarcity of content in the syllabus, for so many graduates are facing the problem of not getting equivalency in their career path & qualifying exams are becoming a huge hurdle for them to overcome.

Looking forward for the productive response as soon as possible.

Thankfully

Aardra Madhusoodanan (Aluma, Department of counselling Psychology, Loyola College of Social Sciences, Thiruvananthapuram.)



Date: 25/08/2021

Place: Thiruvananthapuram

REQUEST LETTER

From

Girinath G. S
Alumnus of Department of Counselling Psychology
Loyola College of Social Sciences, Thiruvananthapuram.

To

The Department of Counselling Psychology
Loyola College of Social Sciences, Thiruvananthapuram.

Subject – Request letter for revising the current ‘Academic Syllabus’ holding by ‘Department of Counselling Psychology Loyola College of Social Sciences Thiruvananthapuram.

Respected Sir/Madam

With reference to the above subject matter, I would like to express my concern & allude the request for revising the current ‘Academic Syllabus holding by the Department of Counselling Psychology, Loyola College of Social Sciences Thiruvananthapuram.

Please consider the below mentioned reasons for the revision of current ‘Academic Syllabus of the course ‘Master of Science in Counselling Psychology’ carrying out by Loyola College of Social Sciences, Thiruvananthapuram.

Current Syllabus lacks theoretical framework of Neuro-Psychology & it should give more importance to the ‘Psychotherapeutic’ intervention & strategies along with Counselling approaches.

The current syllabus covers only few attributes of psychology in the form of inventories only. It would be better to increase the number of attributes of psychology rather than just inventories.

Looking forward for the productive response as soon as possible.

Thankfully

Girinath G. S (Alumnus, Department of counselling Psychology, Loyola College of Social Sciences, Thiruvananthapuram)

Thiruvananthapuram

25/08/2021

Alumni report on Curriculum

Mr Gokul is an Alumni of the department and he is an employee at Karuna sai

26 August 2021

Dear sir,

I am Gokul PG completed counselling psychology (2018-2020) from Loyola college of Social Science, Sreekaryam Trivandrum.

Lately we faced an issue regarding the equivalency of our course along with other psychology courses provided by the University.

As an alumini I wanted to strongly recommend for the syllabus revision of counselling psychology course. Now our course solely focus only on counselling arena . I earnestly plead the authority to include various other sub topics and make the syllabus more enriched and comprehensive.

09:36