

LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



CRITERIA 3 - Research, Innovations and Extension

3.4 – Extension Activities

3.4.1 Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and Impact thereof during the last five years.

Detailed Reports of The Flagship Extension Activities

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Department of Counselling Psychology

Programme Name	Inauguration of Samagram Wellness Centre at Poonthura, Thiruvananthapuram	Organizer	Department of Counselling Psychology, Loyola College of Social Sciences(Sreekaryam), Loyola Extension Services (Sreekaryam), Mental Health Action Trust (MHAT, Calicut), Canossian Convent (Poonthura)
Date	November 30, 2021	Time	3.30 pm – 6.00 pm
Venue	Canossa English Medium Nursery school, Poonthura	Faculty in charge	Ms. Jesline Maria Mamen, Dr. Ammu Lukose & Dr. Pramod S.K.
Programme Objectives	<p>To develop students:</p> <ul style="list-style-type: none"> • Understanding on how to initiate community engagement for the purpose of setting up a mental health centre in the community. • How to engage in the community for need assessment. • By interacting with community members, to gain counseling skills. • Collaborative and interpersonal skills by working together with the MHAT team and the Canosian sisters. 		
Resource person	Dr. Manoj Kumar (Psychiatrist, Clinical Director, MHAT)		
Participants	<ul style="list-style-type: none"> • Manager and Rector, Loyola College of Social Sciences • Principal, Loyola College of Social Sciences • Director, Loyola Extension Services • All faculties and students from the Department of Counselling Psychology • Vicar, St. Thomas Church, Poonthura • Natives of Poonthura • Canossian sisters and Lay Canossian members 		

Programme activities	<p>The Inauguration of "Samagram Wellness Centre", a collaborative project of Mental Health Action Trust (MHAT) Calicut, Canossian Convent, Poonthura, Loyola Extension Services (LES), and the Department of Counselling Psychology, Loyola College of Social Sciences, Trivandrum, was held at Canossa English Medium Nursery School, Poonthura, on November 30, 2021, at 3:30 pm. This programme aimed to inaugurate a wellness center at Poonthura, providing wellness and supportive counselling facilities to the natives of Poonthura. Poonthura is a coastal area where about 17,000 people reside. The program started with a welcome speech given by Sr. Janet Augustine, Facilitator, Networking & Partnership of the Samagram Project. It was followed by the presidential address of Canossian convent superior, Sr. Anu Variamattom. Both of them provided an overview of the work done by Canossian sisters in the Poonthura community. The chief guest, Dr. T. Manoj Kumar, inaugurated the program. After which, Fr. Sunny Kunnappallil, Rector and Manager of Loyola College of Social Sciences, delivered the inaugural speech. In the felicitation speech given by Fr. Edison (Vicar, St. Thomas Church, Poonthura), he explained the problems that exist in the Poonthura community and emphasized the need for psychological support for the wellbeing of this community. The Director of Loyola Extension Services, Fr. Ranjit George, gave a talk on the vision of the program. Ms. Jesline Maria M. Mamen (HOD, Dept. of Counselling Psychology, Loyola College of Social Sciences) extended the psychology department's wholehearted support to the vision of the wellness centre. Dr. Manoj, the Clinical Director of MHAT, pointed out in his awareness talk how the wellness centre is planning to work in the Poonthura community and how it will help to tackle the community members' problems, as well as the importance of such a wellness centre in Poonthura. After his awareness talk, a discussion was carried out during which some of the residents of Poonthura and the Lay Canossian Members addressed their concerns and doubts. Dr. T. Manoj Kumar and his team, along with Fr. Ranjit, cleared all their doubts and also gave an idea about how Counselling Psychology students can take part in this project.</p>
Programme Outcomes	<ul style="list-style-type: none"> ● Samagram Wellness Centre has started working in the Poonthura community from 01 December 2021. ● Department has also initiated collaboration discussions for bridge program and clinical training for the students with MHAT. ● Department has also initiated discussions on possible community engagement along with the Canossian sisters with regard to non-clinical mental health counselling like adolescent counselling, career counselling, student counselling etc.


Supporting documents	Brochure, Participants List, Photos of the Inauguration of the Samagram Wellness Centre Programme at Poonthura
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Participant's list- https://drive.google.com/drive/folders/1FjiQv9pL-Lx_AQcykyuUDsGctrvc7fjL?usp=sharing

Inauguration of

Samagram Wellness Centre

 November 30, 2021

 3.30 pm

 Poonthura

Programme Schedule

Prayer :	Aarsha Debi Joy
Welcome Speech:	Sr. Janet Augustine
Presidential Address:	Sr. Anu Variamattam (Superior, Concession Convent)
Lighting the lamp:	Dr. T Manoj Kumar (Clinical Director, MHAT)
Inaugural Address:	Fr. Sunny Kunnappallil, S.J (Rector and Manager, Loyola College)
Felicitation:	Fr. Edison (Vicar, St Thomas Church, Poonthura)
Special Address:	Dr. Saji P Jacob (Principal, Loyola College of Social Sciences)
Program Vision:	Fr. Ranjith George S.J (Director, Loyola Extension Service)
Felicitation:	Ms. Maya (Ward-Counselor) Ms. Jesline Maria Mamen (HOD) (Dept of Counselling Psychology, Loyola College)
Vote of Thanks:	Ms. Shalee Varghese (President, Lay Concessionaries, Poonthura)
Awareness Talk:	Dr. T Manoj Kumar (Clinical Director, MHAT)

Loyola Extension Service

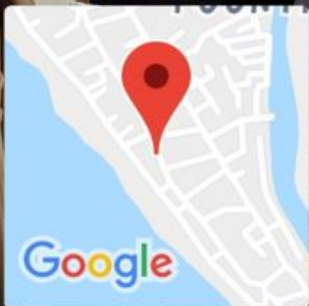
Mental Health Action Trust (MHAT), Calicut

Loyola College of Social Sciences

Concession Convent, Poonthura



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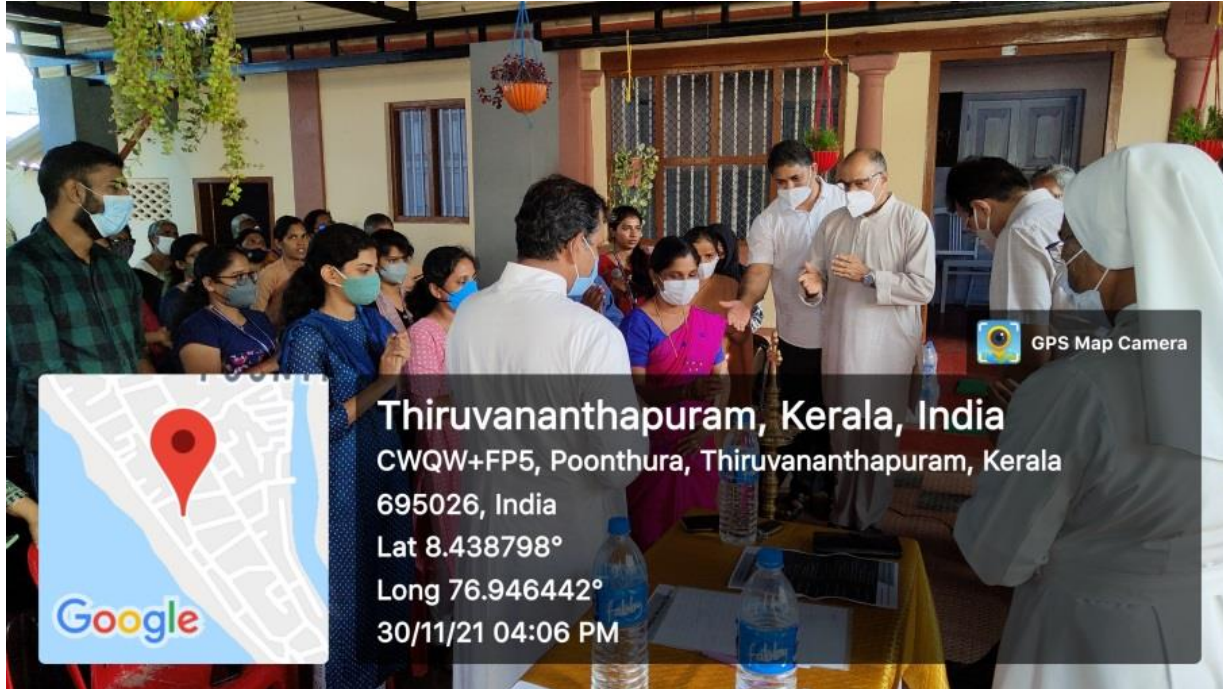
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GPS Map Camera



Thiruvananthapuram, KL, India
Poonthura, Thiruvananthapuram



Thiruvananthapuram, Kerala, India

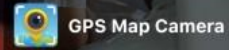
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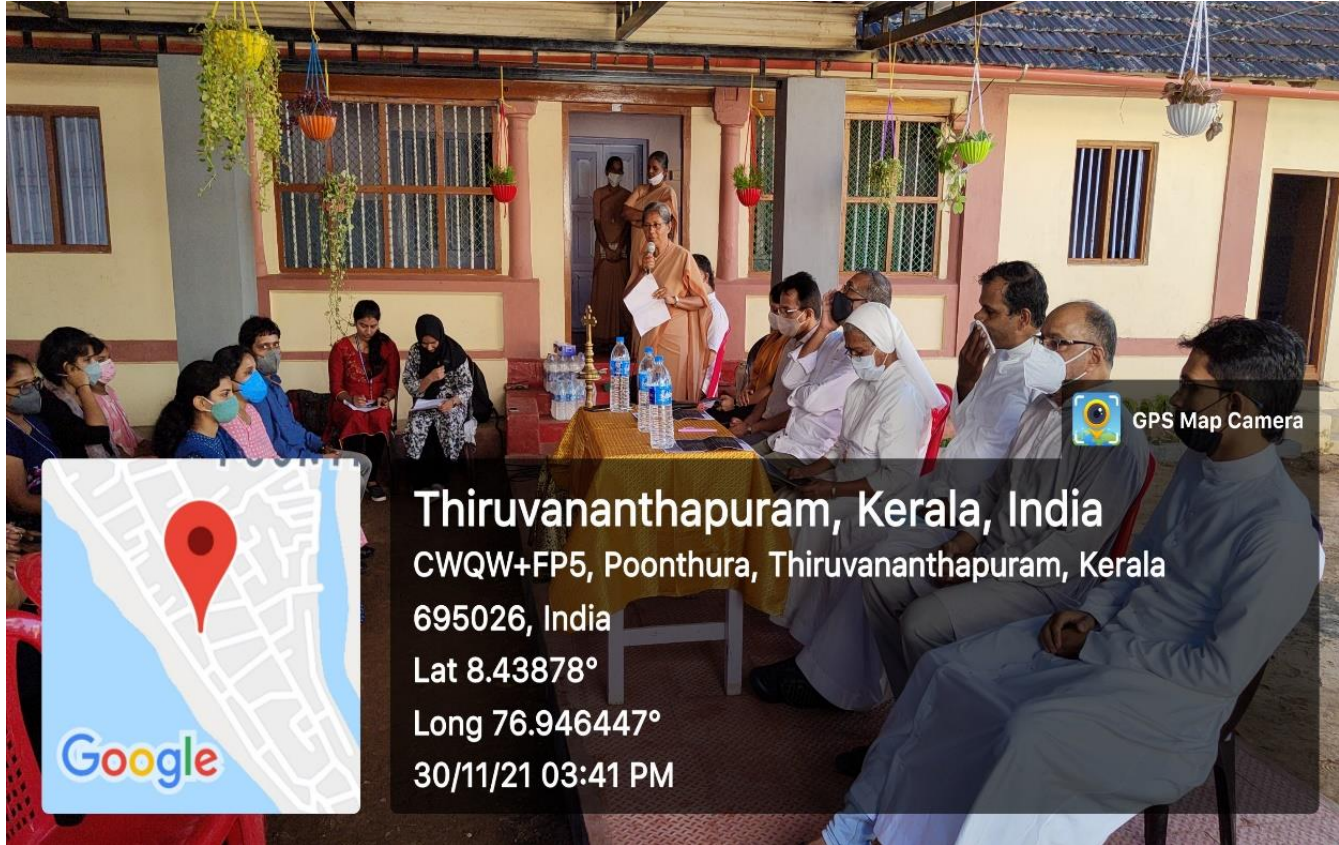
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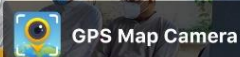


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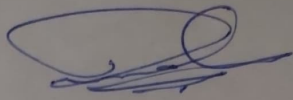
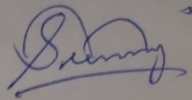
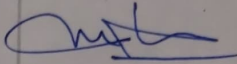
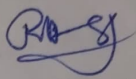
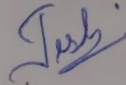

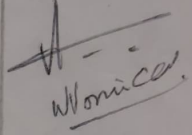




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INAUGURATION OF SAMAGRAM WELLNESS CENTRE

Sl no	NAME	DESIGNATION	SIGNATURE
1.	Dr. Pramod, S.K	Assistant Professor LCSS	
2.	Fr. Sunny SJ	Rector and manager, Loyola College	
3.	Dr. Saji P Jacob	Principal, LCSS	
4.	Fr. Ranjith George	Director, LES	
5.	Ms. Jesline Maria	HOD, Dept. of C.P, LCSS	
6.	Dr. Ammu Lukose	Assistant Professor, LCSS	
7.	Ms. NIKKI VERONKA	Guest lecturer, LCSS	

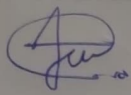
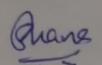
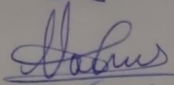
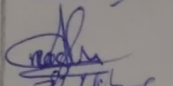
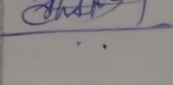
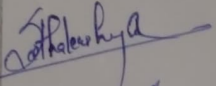
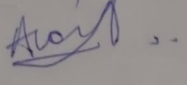
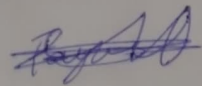
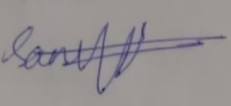
INAUGURATION OF SAMAGRAM WELLNESS CENTRE

2024 Year

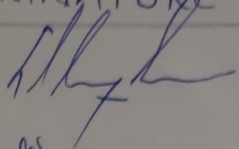
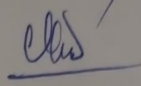
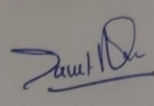
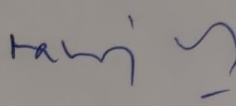
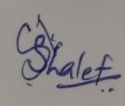
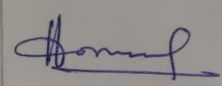
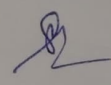
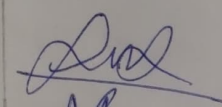
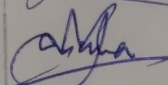
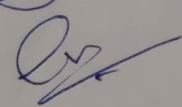
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1	Anu Abraham	Student	<u>Anu Abraham</u>
2	Sneelakshmi	Student	<u>Sneelakshmi</u>
3	Anchu A-S	Student	<u>Anchu</u>
4	Varsha B.M	"	<u>Varsha</u>
5	Anaka Rajendran	"	<u>Anaka</u>
6	Sanika	"	<u>Sanika</u>
7	Fayiza	"	<u>Fayiza</u>
8	Anvari	"	<u>Anvari</u>
9	Asna	"	<u>Asna</u>
10	Agra	"	<u>Agra</u>
11	Jaya	"	<u>Jaya</u>
12	Jithila	"	<u>Jithila</u>
13	Vaishnavi	"	<u>Vaishnavi</u>
14	Aleena	"	<u>Aleena</u>
15	Ammu	"	<u>Ammu</u>
16	Aleeba	"	<u>Aleeba</u>
17	Nisha	"	<u>Nisha</u>
18	Biji	"	<u>Biji</u>

INAUGURATION OF SAMAGRAM WELLNESS CENTRE

1st year

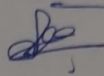


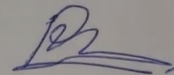


Sl no.	NAME	DESIGNATION	SIGNATURE
1.	Jacob Mathew	student	
2.	Shahana . M . K	"	
3.	Noopura - S	Student	
4.	Anagha . B . Murukan	"	
5.	Sharon Ann Mathew	"	
6.	Geetha Ireshmy . V . S	"	
7.	Avani . V . S	"	
8.	Fayiza	"	
9.	Sanika	"	

INAUGURATION OF SAMAGRAM WELLNESS CENTRE

Sl. No	NAME	DESIGNATION	SIGNATURE
	Fr. Edison	Vicar, St. Thomas Church	
	Sr. Anu	Superior, Canossian Cmt	
	Sr. Janet	Facilitator	
	Dr. T. Manoj Kumar	Clinical Director, MHAT	
	Ms. Maya	Ward Counsellor	
	Ms. Shalee Varghese	President, Lay Canossian	
	Sr. Agnes Joseph	Teacher	
	Sr. Bobby Sebastian	"	
	Sona K N	MHAT, Calicut	
	Dr. Jasmine	MHAT, Calicut	
	P. S. Geydiger	Social worker 9496848220	

INAUGURATION OF SAMAGRAM WELLNESS CENTRE

Day concessions

Sl No	NAME	DESIGNATION	SIGNATURE
1.	Omana	Community Members	Omana
2.	Juliana Antony		Juliana
3	sugantha pushpan		
4	Delphine		Del
5	Freeda P		Freeda
6	Leena		Leena
7	Jaya		Jaya
8	Shalini		
9	Sara Rogers		
10	sugantha pushpan		
11	Jeeba		Jeeba
12	Nirmala		Nirmala
13	Debbie		Debbie
14	MARY D		
15.	Srinivas		

Loyola College of Social Sciences
Department of Disaster Management
River flood mapping extension programme in
Pathanamthitta district

Partner agency: District Disaster Management Authority, Pathanamthitta, Kerala

The department of Disaster Management of Loyola College of Social Sciences, has been engaging in regular fieldwork at vulnerable locations as a part of curricular and societal commitments. From 10th to 17th November 2021, the department collaborated with the Pathanamthitta district administration by undertaking a flagship flood mapping survey programme of the River Pamba. This novel initiative was aimed at a community-based flood vulnerability assessment investigation of the three major rivers in Pathanamthitta district namely, Pamba, Manimala and Achenkovil.

On 10th of November all the MSWDM students along with a faculty representative reached Pathanamthitta Collectorate. The flood mapping programme started with an orientation by the officials of District Collector volunteers (DC Volunteers) and the District Disaster Management Authority (DDMA). The district collector Dr. Divya S Iyer IAS and Additional District Magistrate Mr. Alex P Thomas interacted with the student interns. The proposed flood action plan of Pathanamthitta, the basic geography of the district, the tributaries and distributaries of major rivers, the dams and their significance, the sampling sites etc. were covered in detail in this orientation programme.



Fig:1 MSWDM students and other members of the flood mapping survey team with Pathanamthitta Dist Collector and other officials

From the second day onwards, students were divided into five groups for the river survey with a datasheet. On an average every team covered five sampling locations along the Pamba, Achenkovil and Manimala rivers. The travel arrangements were made by the DC volunteers through the district administration. A group visit was arranged to Pamba Thriveni to get a holistic understanding of the course of all the rivers. The experts from DDMA and DC volunteers explained the working of automated weather station and community based early warning dissemination in the ground scenarios. The student volunteers were assigned sampling locations in and around the Pathanamthitta district and they completed the task within the time frame. 26 vulnerable sites of Pamba river, 15 locations of Achenkovil river and 22 places of Manimala river covered for the flood survey programme.



Fig: 2 Geotagged photographs of the field survey

After the field survey, the students interns and DC volunteers worked together and compiled the activity report into a final document for submission to the District Collector. The major observations and recommendations of this initiative are the following-

Observations

- Flood plain encroachments were observed at several locations and this will increase flood vulnerability
- Even though the district has an effective mechanism for early warning dissemination, community based early warning system should be strengthened
- Several respondents said that government compensation was not in accordance with the losses incurred as flood surveys were taken only when the situation was returning to normal.
- Discontinuity of the riparian vegetation was observed along the three rivers and this was adding to the vulnerability

- Bamboos especially yellow bamboos (*bambusa vulgaris*) creates blockages under bridges and this causes diversion of flood water. This blockage is hard to remove and may cause structural instability of the bridges.
- Drainage facility is inappropriate in several towns in the study area, which can aggravate the flood situation
- Flood adaptive construction practices such as structural elevation was not observed in the study area.
- The geographical peculiarities of Pathanamthitta have a significant role in the incidence of flooding. From the cross-section analysis, it is clear that the district has a highly undulatory terrain and uneven slope especially in the Ranni region.
- We observed a dumping of plastic and other non-degradable wastes into water bodies at several locations
- Community awareness regarding natural calamities was observed to be inadequate in several locations. Residents nearby Manimala and Achencovil rivers still thinks the flooding was due to failure in dam operations.

Recommendations

- Community based early warning system at grass root level needs to be strengthened
- Periodical removal of debris, old structures and delta formation from the major canals so that the flood water have a clear channel to flow
- Panchayath level river monitoring committee to be formed.
- Room for the river programme should be implemented properly with the support of all the line departments
- A detailed resource inventory of all the emergency resources and their contact details needs to be maintained in all Panchayaths and its timely updation needs to be ensured.
- Accurate flood level markings of the previous year's events should be done at least in every one kilometre
- Detailed river survey for marking flood plain along the three rivers.
- Seasonal flood mock drills can be organized with the support of fire and rescue department
- Government should implement building codes for all constructions in the flood plain area and also promote flood adaptive building designs such as structural elevation.

- Removal of water hyacinths and deposited wastes from the water bodies to be regularly undertaken for the free flow of water
- Scientific and comprehensive studies to be conducted before initiating developmental projects near flood plains
- Community shelters need to be identified prior to the flood season and also logistical arrangements should be in place.
- Strengthen the riparian vegetation with suitable native species through social forestry or community biodiversity programmes. The thirteenth working committee of the local self-government departments can be utilized for this purpose.

By offering a pioneering academic discipline (MSW in Disaster Management), the department of Disaster Management looks forward to establishing strategic partnerships with emergency management institutions at various levels. The 7-day internship at District Administration Pathanamthitta turned out to be a fruitful one for MSWDM students who interned with DC Volunteers. The collaboration with DDMA is of great value because of its key position in the entire disaster management process. The MSW Disaster Management department will further explore such flagship collaborations.

Participants List

1. Abhirami S
2. Akshara Sobhanan
3. Aparna.R
4. Arun Anil
5. Ashin P.J
6. Bilbilal P Saji
7. Brijith Maria Thomas
8. Delna John
9. Ebin Thomas Babu
10. Fathima N

11. Gopika Rajendran
12. Hima S H
13. Jilsha A B
14. Nayana Scaria
15. Neleena Scaria
16. Nitya Nibu
17. Prijin S Kumar
18. Roshan John Netto
19. Sam Santhosh Mathew
20. Shilu S Ajai
21. Shyma. A
22. Sneha Mathew

Disaster Intervention Programmes During Flood and Covid

Extension activity by the three departments during the COVID pandemic- 2021

During the 2nd lockdown, 2021 when students were in their respective hometown the three departments namely Social Work, Disaster Management and Counselling Psychology collaborated with NSS Unit of Loyola College, Kerala State Mental Health Authority and District Mental Health Program (DMHP) for providing psycho-social intervention for the COVID affected patients. This initiative was conceived as a two-step process: (1) webinar by Kerala State Mental Health Authority on Psycho social Care Protocol and Strategy, (2) tele-counselling to provide psycho-social support for the patients under quarantine or in isolation due to the covid-19 disease. Students and faculty in-charges of all the three departments actively participated in the extension activity.

(1) Webinar by Kerala State Mental Health Authority on Psycho social Care Protocol and Strategy

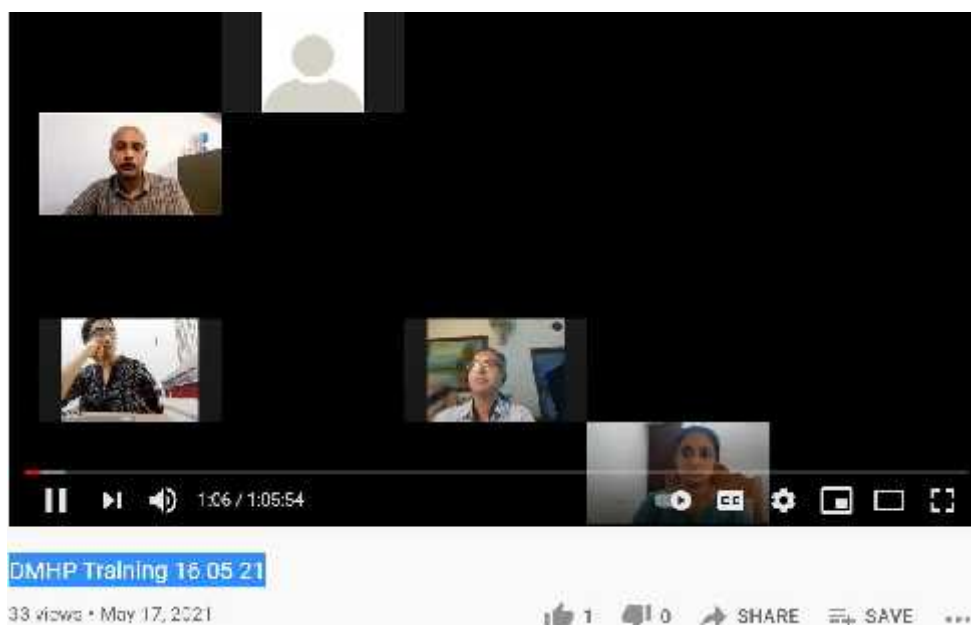
Theme:	“Psycho-social Care Interventions” organized by Kerala State Mental Health Authority and DMHP-Thiruvananthapuram
Date: 16 May 2021	Time: 10.00 am-12.00 pm
Resource person:	Dr. Kiran P.S., Secretary-Kerala Mental Health and Dr .Unnikrishnan Nair, Head, DMHP-Trivandrum
Zoomlink	https://esh-se.zoom.us/j/66151137914
Participants	75 students from MSW, MSW-DM and MSc. Counselling Psychology, Loyola College, Trivandrum
Faculty coordinator	Dr. Sonny Jose, Head, Department of Social Work
Faculty-in charges	Dr. Jyothi, Dr. Pramod, Dr. Francina and Dr. Ammu
Youtube link	https://youtu.be/CMYKSEujflc
Outcome	<ul style="list-style-type: none">) Orientation on psycho social care protocol and strategy was given.) Districts except Thrissur was declared open for support care.) Timeslots was specified from 2-8pm to accommodate class) WhatsApp Group was created.) Booster training was assured.

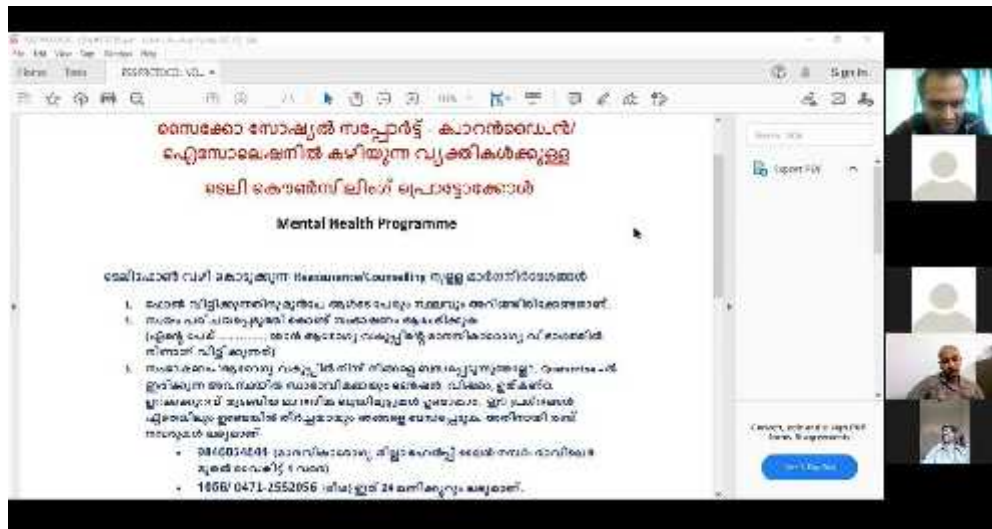
75 students from MSW, MSW-DM and MSc. Counselling Psychology attended the webinar. Dr. Kiran and DMHP Trivandrum Team lead by Dr. Unnikrishnan oriented the students on Psycho social Care for COVID-19 on 17 May 2021. Dr. Nirmal, Mr. Hari Vijay, Ms. Sreeveena and Remya from DMHP were also present during the webinar.

Dr.Kiran welcomed them into a historical initiative that clocked 8.5 million calls, perhaps clocking the entire number of calls to NIMHANS in one day. Reassurance calls to attend to

those in quarantine. Follow-up on 20th day after recovery. With escalation in cases in May the focus turned to COVID positive and receives almost 50000 calls. Providing support to health workers as well as public supported on two Hotline numbers associated with ‘Ottakkalla Oppam Und’. There are innumerable genuine calls. He warned the students that sometimes the data is not available he contacts and hence it takes great caution to introduce oneself to the contact; he for warned that the responses might be reactive to passive. They need to also anticipate persons who are VIPs.

Eventually, Dr. Unnikrishnan oriented the students on how to deal based on a Psychosocial Care Protocol. He listed a host of instructions – 1. Confirming the details as per list provided; 2.introducing the counsellor/ support worker as part of Health Services; 3.Reconfirming with them specific checklist to assess sleep disturbances, somatic illness, breathlessness, if there is any complaints asking them to call either Mental Health Authorities two numbers between 9-4 pm and always 1056 and 104 to DISHA. If any symptoms cited then note the number and intimate the data consolidation team and assure of call back. The basic strategy is allowing them to ventilate and then only reassure those that they will be followed up by higher authorities.





(2) Tele-counselling to provide psycho-social support for the patients under quarantine or in isolation due to the covid-19 disease.

After the preparation webinar, students who volunteered for the tele-counselling got integrated with the DMHP work which is part of the Government's Ottakalla oppemundu" program. This program aims to provide psycho-social support amongst the patients under quarantine or in isolation due to Covid-19 disease via tele-counselling. The various duties undertaken by the students included:

- ❖ To undertake tele-counselling to provide psycho-social support for the patients in quarantine or in isolation due to the covid-19 disease.
- ❖ To report the cases of patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.
- ❖ To report the cases of patients suffering due to social problems such as lack of access to medicine and food.
- ❖ To share the Government help line numbers with these patients.
- ❖ To follow up with the patients who have completed their quarantine to provide psycho-social care.

Department wise consolidation of tele-counselling undertaken

1. Department of Social Work

Sl.No.	Particulars	Number of calls
1.	No. of student volunteers for tele-counselling:	28
2.	Number of days completed as on 20-08-2021	41 days
3.	Number of Covid positive patients contacted	14961

4.	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	4744
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2. Department of Disaster Management

Sl.No.	Particulars	Number of calls
J	No. of student volunteers for tele-counselling:	2
J	Number of days completed as on 21-09-2021	200 days
J	Number of Covid positive patients contacted	1159
J	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	755

3. Department of Counselling Psychology

Sl.No.	Particulars	Number of calls
J	No. of student volunteers for tele-counselling:	12
J	Number of days completed as on 20-08-2021	30 days
J	Number of Covid positive patients contacted	2140
J	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	200

Outcome:

- J Students got trained on the basic psycho-social support for the patients in quarantine or in isolation due to the covid-19 disease
- J Students learned to integrate themselves and work with an outside governmental agency
- J Students learned responsible reporting to DMHP supervisors
- J At college level this extension activity could show-case interdepartmental coordination and extension of student services to governmental organization DMHP when COVID pandemic was at its peak and uncertainty had hit everyone's mental health.

Participant list:

1. Webinar by Kerala State Mental Health Authority on Psychosocial Care Protocol and Strategy

Sl. No	Course	Year	Name
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1.	MSc Counselling Psychology	2 nd	Arathy. S. V
2.	MSc Counselling Psychology	2 nd	Aiswarya Jayan. R
3.	MSc Counselling Psychology	2 nd	Arathy. B. Kumar
4.	MSc Counselling Psychology	2 nd	Narthana. B. Suresh
5.	MSc Counselling Psychology	2 nd	Kavya. B. K
6.	MSc Counselling Psychology	2 nd	Sulekha. D
7.	MSc Counselling Psychology	2 nd	Wincy Bibi
8.	MSc Counselling Psychology	2 nd	Anaz Narayan
9.	MSc Counselling Psychology	2 nd	Megha T. G
10.	MSc Counselling Psychology	2 nd	Devika
11.	MSc Counselling Psychology	2 nd	Shilpa
12.	MSc Counselling Psychology	2 nd	Mehana
13.	MSc Counselling Psychology	2 nd	Abhirami
14.	MSc Counselling Psychology	2 nd	Jeeva varghese
15.	MSc Counselling Psychology	2 nd	Asumptha
16.	MSc Counselling Psychology	1 st	Anju S M
17.	MSc Counselling Psychology	1 st	Varsha B M
18.	MSc Counselling Psychology	1 st	AyshaAreeba
19.	MSc Counselling Psychology	1 st	Anakha Rajendran
20.	MSc Counselling Psychology	1 st	D.s pooja
21.	MSc Counselling Psychology	1 st	Anu Abraham
22.	MSc Counselling Psychology	1 st	Ajina.T
23.	MSc Counselling Psychology	1 st	Sreelekshmi. P. S
24.	MSc Counselling Psychology	1 st	Sanika
25.	MSc Counselling Psychology	1 st	Agra
26.	MSc Counselling Psychology	1 st	Avani
27.	MSc Counselling Psychology	1 st	Jithila

28.	MSc Counselling Psychology	1 st	FayizaFyzee
29.	MSc Counselling Psychology	1 st	Aleena Andrews
30.	MSc Counselling Psychology	1 st	Nisha S
31.	MSc Counselling Psychology	1 st	Vaishnavi.s
32.	MSc Counselling Psychology	1 st	Omjayasree
33.	MSc Counselling Psychology	1 st	Biji
34.	MSW in Disaster Management	1 st	Sneha Mathew
35.	MSW in Disaster Management	1 st	Gopika Rajendran
36.	MSW in Disaster Management	1 st	Akshara Sobhanan
37.	MSW in Disaster Management	1 st	Shyma A
38.	MSW in Disaster Management	1 st	Arun Anil
39.	MSW in Disaster Management	1 st	Fathima N
40.	MSW in Disaster Management	1	Abhirami S
41.	MSW in Disaster Management	1 st	Aparna R
42.	MSW in Disaster Management	1 st	Delna John
43.	MSW in Disaster Management	1 st	Brijith Maria Thomas
44.	MSW in Disaster Management	1 st	Nayana Scaria
45.	MSW in Disaster Management	1 st	Sam Sathosh Mathew
46.	MSW in Disaster Management	1 st	Bilbilal P Saji
47.	MSW in Disaster Management	1 st	NeleenaScaria
48.	MSW	1 st	Aarya Mathew
49.	MSW	1 st	Alan Berchmans
50.	MSW	1 st	Alby PJ
51.	MSW	1 st	Aliyath Sumayya K Y
52.	MSW	1 st	Angel Mariya Dominic
53.	MSW	1 st	Ann Rose Mathew
54.	MSW	1 st	Annu Thomas
55.	MSW	1 st	Anu Biju
56.	MSW	1 st	Aparna Raj A
57.	MSW	1 st	Athira Varma S
58.	MSW	1 st	Bibin Y Thomas
59.	MSW	1 st	Devika Prasad
60.	MSW	1 st	Gouri S. Nath

61.	MSW	1 st	Heerakrishna R
62.	MSW	1 st	Hima Roy
63.	MSW	1 st	Jeena S Raj
64.	MSW	1 st	Jincy Baby
65.	MSW	1 st	JisnaJ S
66.	MSW	1 st	Josey James
67.	MSW	1 st	Joshni Jose
68.	MSW	1 st	Jumy George
69.	MSW	1 st	K Anakha Soman
70.	MSW	1 st	Jibin Varghese
71.	MSW	1 st	Rejitha Ravi
72.	MSW	1	Rosemary Paul
73.	MSW	1 st	Sreehari A K
74.	MSW	1 st	Sreelekshmi J S
75.	MSW	1 st	Vinayak S Karthikeyan

2. Tele-counselling to provide psycho-social support

Sl. No	Course	Year	Name
1.	MSc Counselling Psychology	2 nd	Arathy. S. V
2.	MSc Counselling Psychology	2 nd	AiswaryaJayan. R
3.	MSc Counselling Psychology	2 nd	Arathy. B. Kumar
4.	MSc Counselling Psychology	2 nd	Narthana. B. Suresh
5.	MSc Counselling Psychology	2 nd	Kavya. B. K
6.	MSc Counselling Psychology	2 nd	Sulekha. D
7.	MSc Counselling Psychology	1 st	Varsha B.M
8.	MSc Counselling Psychology	1 st	Anju S.M
9.	MSc Counselling Psychology	1 st	Anakha Rajendran
10.	MSc Counselling Psychology	1 st	Nisha S
11.	MSc Counselling Psychology	1 st	Ajina .T
12.	MSc Counselling Psychology	1 st	Sreelekshmi. P. S
13.	MSW in Disaster Management	1 st	Akshara Sobhanan
14.	MSW in Disaster Management	1st	Abhirami S
15.	MSW	1 st	Aarya Mathew
16.	MSW	1 st	Alan Berchmans
17.	MSW	1 st	Alby PJ

18.	MSW	1 st	AliyathSumayya K Y
19.	MSW	1 st	Angel Mariya Dominic
20.	MSW	1 st	Ann Rose Mathew
21.	MSW	1 st	Annu Thomas
22.	MSW	1 st	Anu Biju
23.	MSW	1 st	Aparna Raj A
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32.	MSW	1 st	Jisna J S
33.	MSW	1 st	Josey James
34.	MSW	1 st	Joshni Jose
35.	MSW	1 st	Jumy George
36.	MSW	1 st	K Anakha Soman
37.	MSW	1 st	Jibin Varghese
38.	MSW	1 st	Rejitha Ravi
39.	MSW	1	Rosemary Paul
40.	MSW	1 st	Sreehari A K
41.	MSW	1 st	Sreelekshmi J S
42.	MSW	1 st	Vinayak S Karthikeyan

Covid Relief Activities 2020-21

2021

NSS unit of Loyola College of Social Sciences along with the department of Social work and Disaster management initiated Covid Relief activities in the pandemic period. Given the limitations imposed by the college the Department limited its activities primarily to coordinating the on-line services throughout May to August 2021. The two engagements were primarily the KCBC and DHMP Helplines for remote counselling. The primary activities engaged with were follow-up of Covid positive as well as those who had been quarantined by the Government Department. The following were the list of students engaged.

List of Students willing to engage with KCBC Psychosocial Care Services Initiative
Department of Social Work, Loyola College of Social Sciences (14 May 2021)

Name	Email-address	Mob	Remarks	
			Online	Field
1. Josey James	sebastianmancherikalam@gmail.com	9495060795		
2. Angel Mariya Dominic	angelmariyadominic@gmail.com	7902698006		
3. Jincy Baby	jincybabysh33@gmail.com	9446903900		
4. Libin Varghese	libinmanackalethu@gmail.com	7510340156		
5. Aliyath Sumayya KY	sumisumayya224@gmail.com	9745333669		
6. Alby PJ	sriothe89@gmail.com	8075367847		
7. Juny George	jumygeorge01@gmail.com	7025947114	☒	
8. Bibin Y Thomas	bibin9447@gmail.com	8281251486		
9. K Anakha Soman	anakhaks1999@gmail.com	9778087657		
10. Anu Biju	anubij96@gmail.com	8589040034		
11. Sreehari A K	sreehariak4599@gmail.com	9562987149		
12. Aarya Mathew	lathaaarya@gmail.com	9495074121		☒
13. Annu Thomas	annmaria93999@gmail.com	9497375828		☒
14. Rejitha Ravi	rejithathankam19@gmail.com	9497108753		☒
15. Heerakrishna R	krishnaheera1998@gmail.com	8281964639		☒
16. Joshni Jose	joshnijose1999@gmail.com	7034634248		☒
17. Gouri S Nath	gourikailas1998@gmail.com	8921871363		☒
18. Hima Roy	himaroy2000@gmail.com	8086852575		☒
19. Athira Varma	athira.varma@gmail.com	8943714688		☒
20. Sree Lekshmi J S	sreelekshmi0819@gmail.com	8848082856 8547170819		☒
21. Jeena S Raj	jeenasharon05@gmail.com	7593074736		☒
22. Ann Rose Mathew	annrosemathew30@gmail.com	9188649097		☒
23. Devika Prasad	devikaprasadpzm@gmail.com	9567919583		☒
24. Apama Raj A.	apamarajasha@gmail.com	9685939101		☒
25. Jisna J.S.	jisnajsajan@gmail.com	9496679462		☒

P.S.:

1. This engagement would be besides their online classes from 8.30am-1.30pm (Mon-Sat)
2. 10 among them indicated in **red**, are specific regarding engagement exclusively on-line / exclusively offline (for range issues)
3. In the eventuality of a need arising, we may shift some to work with the Government, with prior information regarding the same

Student Details

Many of the students limited their work to their own domiciles; for instance those in Idukki did tremendous work- Libin continued to mobilise kits for the elderly and the infirm, recruited volunteers to gather kits and educational kits in tribal hamlet; Vinayak assisted the FHC in vaccine campaign; Angel did group work with children in the community; Sreelekshmi joined QSSS in Kollam to support their field work; Gouri supported her PHC in the vaccine campaign in Ooruttambalam, etc. Those who supported DMHP clocked anywhere between 425 to 670 calls for follow-up as well as Psychosocial Care Support.

District	Student Names
Kasargod	1. Neleena Scaria
Idukki	2. Angel Mariya Dominic 3. Libin Varghese 4. Vinayak S Karthikeyan
Wayanad	5. Ashin P J 6. Nayana Scaria 7. Delna John
Thrissur	8. Thrissur
Ernakulam	9. Bilbilal P Saji 10. Sreehari A K
Kottayam	11. Brijith Maria Thomas 12. Ebin Thomas Babu
Alappuzha	13. Aparna R 14. Sam Santhosh Mathew 15. Sneha Mathew
Pathanamthitta	16. Arun Anil
Kollam	17. Roshan John Netto 18. Fathima N 19. Gopika Rajendran 20. Shyma A 21. Sreelekshmi JS
Trivandrum	22. Abhirami S 23. Akshara Sobhanan 24. Hima S H 25. Nitya Nibu 26. Shilu S Ajai 27. Prijin S Kumar 28. Aarya Mathew 29. Alan Berchmans 30. Alby PJ 31. Aliyath Sumayya K Y 32. Ann Rose Mathew 33. Annu Thomas 34. Anu Biju 35. Aparna Raj A 36. Athira Varma S 37. Bibin Y Thomas 38. Devika Prasad 39. Gouri S. Nath 40. Heerakrishna R 41. Hima Roy 42. Jeena S Raj 43. Jincy Baby 44. Jisna J S 45. Josey James 46. Joshni Jose

	47. Jummy George 48. K Anakha Soman 49. Rejitha Ravi 50. Rosemary Paul
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As on 28 September, the department launches the *Onnayi Munnottu* Campaign to support the children of coastal Pozhiyoor, Porzhikkara Ward. The students of MSW offered to give them

Life Skills Education, Mentoring as well as Psychosocial Support.

കാര്യപരിപാടികൾ

സ്ഥാഗതം : ശ്രീ. അജിത് പൊഴിയൂർ, ആരോഗ്യ വിദ്യാഭ്യാസ സ്റ്റാൻഡിങ് കമ്മിറ്റി ചെയർമാൻ

അധ്യക്ഷൻ : ഡോ. റവ: സാബു പി തോമസ് (വൈസ് പ്രിൻസിപ്പൽ, L ലയോള കോളേജ് ഓഫ് സോഷ്യൽ സയൻസ്, തിരുവനന്തപുരം)

ഉദ്ഘാടനം : ശ്രീ. കെ ആൻസലൻ (എം എൽ എ)

ആശംസകൾ:

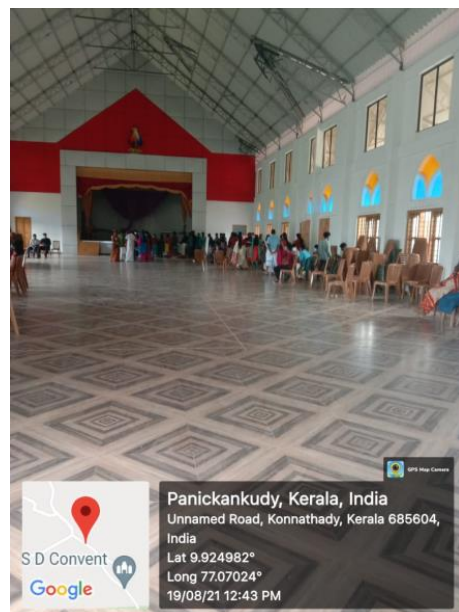
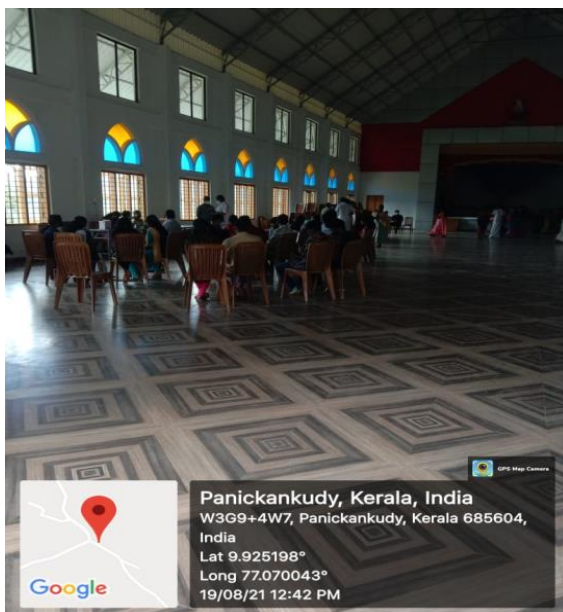
- ശ്രീമതി. സുര്യ (ജില്ലാ പഞ്ചായത്ത് അംഗം)
- ശ്രീമതി. സോണിയ ആന്റണി(ബ്ലോക്ക് പഞ്ചായത്ത് അംഗം).
- ഡോ. സോണി ജോസ് (സോഷ്യൽ വർക്ക് വിഭാഗം മേധാവി, ലയോള കോളേജ് ഓഫ് സോഷ്യൽ സയൻസ് തിരുവനന്തപുരം).
- ഡോ. ഫ്രാൻസിസ് പി എക്സ് (അധ്യാപക പ്രതിനിധി, സാൾട്ട് & എൻഎസ്എസ്)

നന്ദി : ഹീമ (വിദ്യാർത്ഥി പ്രതിനിധി, സാമൂഹ്യ പ്രവർത്തന വിഭാഗം)

Covid Related Activities Done by NSS and Department of Social Work

During the pandemic period, due to lock down all our students were in their home town. Though there were restrictions, many of our students tried to volunteer in the Covid Related Activities of the local Self Government in their respective localities. The major activities engaged are the following:

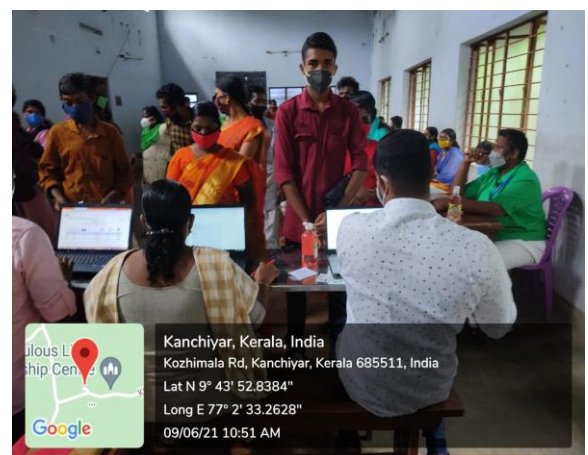
- 1. Engagement with Konnathady Grama Panchayath, Idukki:** Ms. Angel Maria Dominic has been working with 6th ward of Konnathady Grama Panchayat, Idukki District, Kerala focusing on covid related activities at community level. She has worked in the areas of
 - Formation of Jagratha samithi and area assignment to rapid response team
 - Collection of quarantine details of the ward
 - Formation of Emergency response team
 - Format preparation for updation of covid vaccination
 - Data collection of all members of that particular ward for vaccination
 - Covid situation analysis among aged people through google forms and telephone
 - Data updation of members
 - Covid vaccine registration





2. Engagement with Kanchiyar Grama Panchayath, Idukki: Libin Varghese working as a volunteer at various Covid 19 related activities at Kanchiyar Panchayat Idukki. The major activities included the following:

- a. Volunteer as Spot registration and vaccination for tribes of Kozhimala:** This was done on 8th June 2021. 385 tribes got registered and vaccinated on this day. The details were collected as per the requirements of the site. The procedure of the vaccination was first they wanted to register their details on spot vaccination site meanwhile people were being verified by the volunteers. After vaccination there had 30 minutes observation. The whole people were gathered with the help of ward members. There was a duty doctor, 6 nurses, 4 ward members, 2 technicians, an Anganawadi teacher, 4 ASHA workers and a social work trainee.

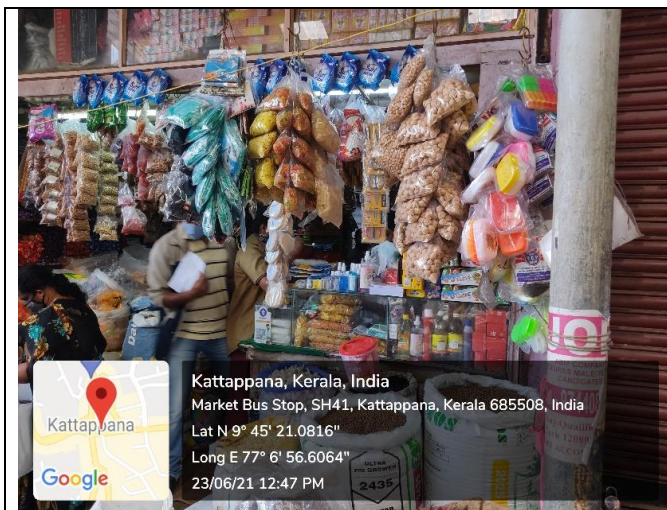


Volunteer- Spot registration for vaccination

- b. Registration of Senior Citizens in Ayyapankovil and Kanchiyar Panchayath:** A google form was used to collect information from around 50 senior citizens, who live alone without the help of their children, were selected for this programme. The trainee helped them to register for covid vaccination.



- c. Distribution of Food Kits for senior citizens of Ayyapankovil and Kanchiyar Panchayath:** On 23rd June 2021, social work trainee bought the food kit materials and medicines for the senior citizens . On 24th June 2021, with the help of volunteers the trainee packed the food kits for the distribution. Finally on 26th June 2021, they distributed the food kit along with medicines to the senior citizens.

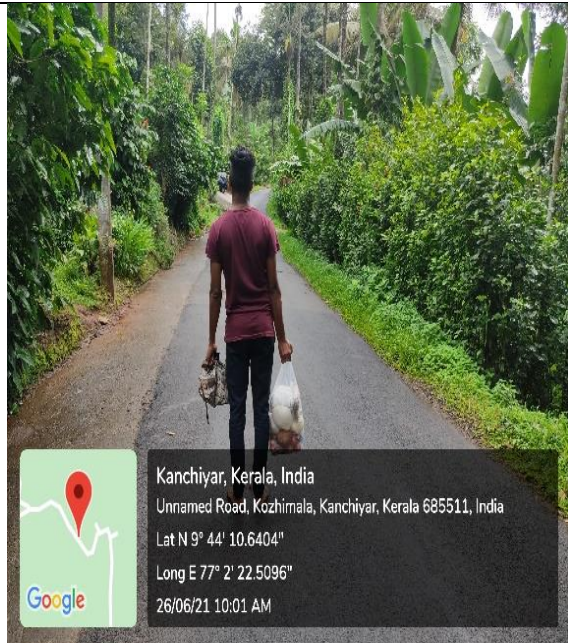


Buying, Packing of food kits





Packing of food materials



Distribution of food kits



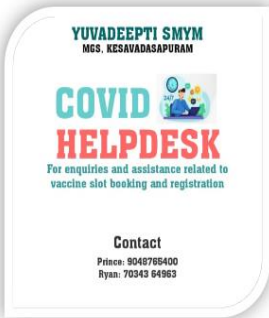
d. Facilitation of distribution of Free Study Guide (Labour India) to economically backward students of Idukki districts: On 30th may 2021, Libin sent an email to Labour India a request to provide support by providing Labour India Guide to 10,000 disadvantaged students in Idukki district. Labour India Publications Limited is **an educational publisher** based in Marangattupally, Kottayam, Kerala, India. It publishes educational monthly journals in three languages, for students of pre-primary level to Plus Two level and entrance exams. Labour India team accepted this request. He distributed the form to collect details from students who would need Labour India. He collected filled in forms through youth volunteers of Idukki district and reached these forms to Labour India office in Marangattupally. After receiving these forms, Labour India team supplied the books to the eligible students.



Kanchiyar, Kerala, India
Kozhimala Rd, Kanchiyar, Kerala 685511, India
Lat N 9° 44' 9.5496"
Long E 77° 2' 23.6904"
12/07/21 11:20 AM

Distribution of Study materials

3. **Covid Related interventions done at Thiruvananthapuram coastal areas:** Josey James was able to animate a group of youth and laity from his parish and was able to do considerable work in relation to Covid Pandemic. The details are given below:

<p>a. Distribution of Study Materials to Economically backward students: Due to Covid pandemic all the school going children have online classes.</p> <ul style="list-style-type: none"> • They distributed study materials distributed for 200 students at St. Mary's School, Pattom on 15/06/2021. • In this activity he was able to mobilise 20,000books, 1000pens, 1000 pencils, 200scales to the students those who coming from coastal area. 	 <p>Study Materials distributed to students from Coastal areas studying in St. Mary's high school.</p>
 	<p>b. Medical kit: Medical kit is provided to around 50 poor families at Kesavadasapuram ward on 27/06/2021.</p> <p>In this medical kit pulse oximeter, 10-glose, 2-bottle sanitizer, 10-mask, termometer, vaporizer with the help of family Apostolate changanacherry</p>
<p>c. COVID 19 help desk - Helped old people for slot registration to take Covid vaccine started on 15/06/2021. Through this activity the trainee co-ordinated for enquiries and</p>	

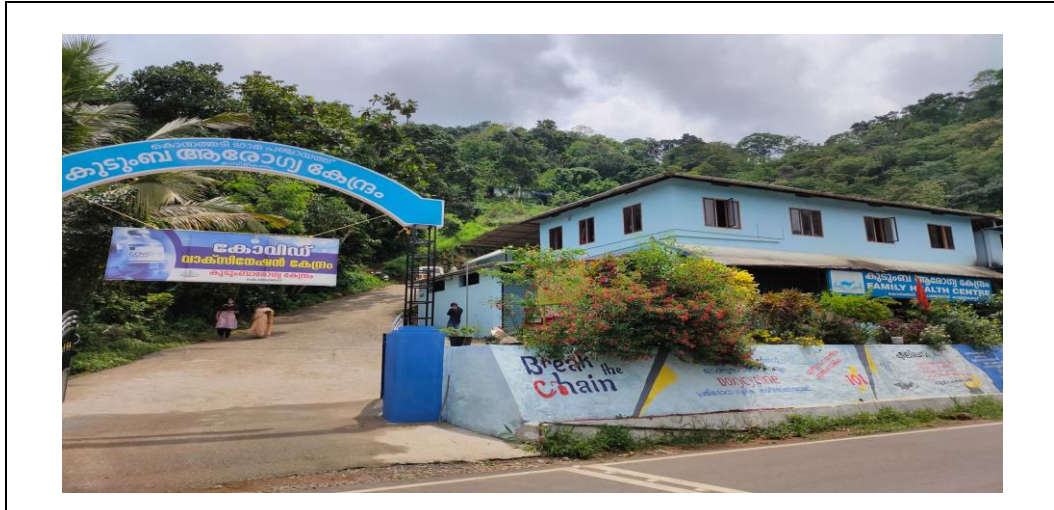
assistance related to vaccine slot booking and registration.	
<p>d. Dress distribution in Sadhana Mental Rehabilitation Centre, Monvila on 28/06/2021.</p> <p>The trainee collected money from people and bought dresses like 1200 Lungi, 800 T-Shirts, 800 Bermudas for the mentally challenged residents of the Manvila Sadhana centre.</p>	
	<p>e. Distribution of SMART Phones to Economically backward students:</p> <p>Phone, sim and net recharge for one year to the students for the online classes</p> <p>f. Tele-counselling from 20/05/2021</p> <p>for the old people who are living alone in Kesavadasapuram ward, Thiruvananthapuram. The trainee talked with old age people who are living alone in their houses. People shared their tension, anxiety and problems related to their children who are abroad. Total calls 50.</p>

- 4. Community Kitchen of Udayamperoor Grama Panchayath (Ernakulam district): Mr. Sreehari A K,** worked as a volunteer in the Community Kitchen of Udayamperoor Grama Panchayath (Ernakulam district) for 15 days from 07/06/2021 to 21/06/2021. The community kitchen was opened in JBS LP School Udayamperoor. The major activities included participation in consolidating the list for the food supply (Those who are Covid

positive and home quarantined); Cleaning activities related to community kitchen; effective waste management in the community kitchen; food supply in the 15 ward of Udayamperoor Grama Panchayath and arrangement of sponsorship for the community kitchen. .



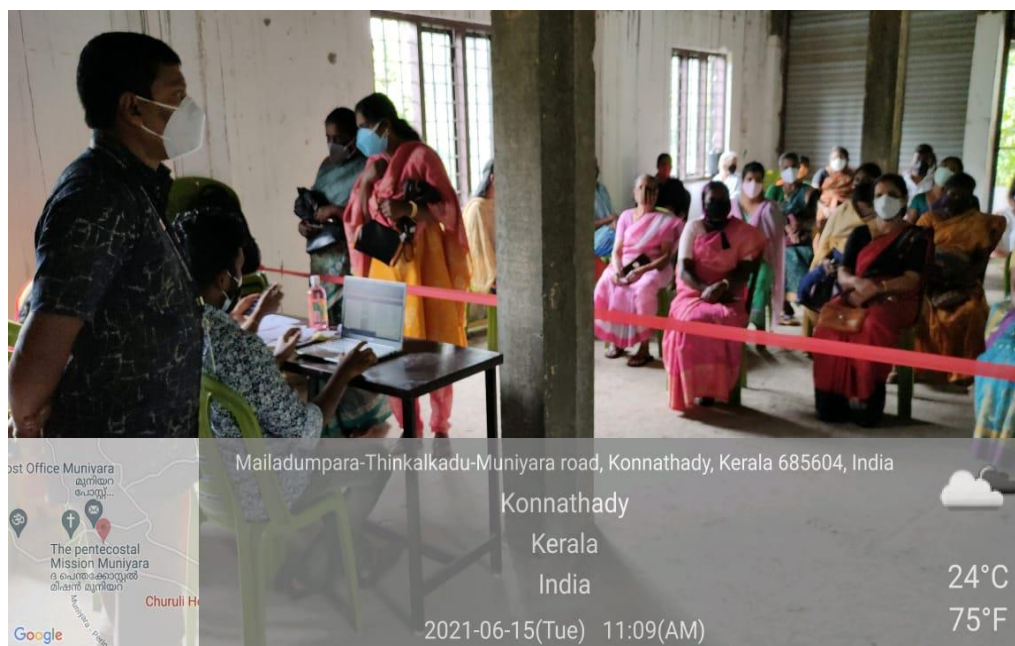
5. Voluntary Service at Family Health Centre (FHC) Konnathady



The Social work trainee got an opportunity to do voluntary service at Family Health Centre (FHC) Konnathady during the 2nd wave of the covid 19 pandemic. The trainee started his service from 3rd May 2021 and ended it by 30th June 2021. During those days the trainee was able to do different services for the people.

- a. **Work in relation to Rapid Response Team:** The First duty assigned for the trainee was to handle the Covid19 Jagratha account of Medical Officer (M.O) FHC Konnathady. The major works of Jagratha portal are; Daily compilation of new list of covid positive patients of Konnathady Panchayath; contacting them to enquire about location of their residence and transfer their profile to the jagratha accounts of the respective health staffs who are in charge of monitoring them. It's calling "RRT Mapping" (Rapid Response Team Mapping). He also assisted redirecting details of people living in other Panchayath, who by mistake come to their panchayath account. For this too he had to call patients, collect their details and transfer them to the account of their respective PHC's or FHC's.

- b. He also assisted in the work related to daily release of Covid positive patients who completed 17 days of quarantine from FHC Konnathady's Jagratha account. This is done by giving negative remarks and also release them from the quarantine completed list. He also done death marking of the positive patients. Also maintained a list of positive patients, who are referred to Hospitals and CFLTCs. Also assisted in downloading covid negative certificates from the jagratha portal.
- c. **Covid test duty:** Registering people for RTPCR test at "LAB Diagnosis Management System" account" of FHC Konnathady. Antigen test result entry, , verification and approval at "labsys account", giving the printouts of the test results to people as per their request, helping the health staff in doing spot registration for RT PCR test, writing down the details of the people who registered for RT PCR test on a name slip and pasting it to the bottles given to them for collecting their swab for the test were the main activities done in this regard.
- d. **Covid vaccination duty;** Here Vinayak has helped the people to mainly to register themselves for vaccination and also helped with spot registration of the people who came for vaccination. He also assisted in verification and confirmation works.



Pic: Covid Vaccination Duty at Family Health Centre, Konnathady

- e. **Covid vaccine observation room duty:** Where the trainee wrote down the details of the people who came for vaccination in the Hospital register, gave a slip to the people about the name of the vaccine taken, date of the first dose taken and date for the second dose and also gave four paracetamol tablets.



Covid Vaccine Observation Room Duty

- f. **Covid vaccine registration camp at Muniyara Anganvadi:** This was done along with his classmate Angel. The trainees did vaccine registration to the economically backward elderly in the locality. The camp was conducted as per the request of the ASHA workers of that area. Besides this, he has extended his Taking printouts of the office documents as per the requests of the Health staffs. He has also helped in the data entry works of the field staffs as and when required.



6. Ms. Aliyath Sumayya K Y started Covid related Community field work in 8th ward of Edavilangu panchayath from 12/07/2021. She visited the Domiciliary care centre and interacted with staff and RRT member.



Conclusion

Even in the midst of Covid Pandemic all the students of the department were actively involved in the Covid related interventions in their own area. While most of them engaged in the extension activities related to DMHP, seven of them were able to associate with the local self-government and work as volunteers. They stopped the work temporarily as the university exams begin on 2nd September 2021.

Francina

Dr. Francina P. X
Faculty in-charge – I & II sem. (Extension Activities)
Dept. of Social Work, LCSS

Participant list

1. Aarya Mathew
2. Alan Berchmans
3. Alby P J
4. Aliyath Sumayya K Y
5. Angel Mariya Dominic
6. Ann Rose Mathew
7. Annu Thomas
8. Anu Biju
9. Aparna Raj A
10. Athira Varma S
11. Bibin Y. Thomas
12. Devika Prasad
13. Gouri S Nath
14. Heerakrishna R
15. Hima Roy
16. Jeena S Raj
17. Jincy Baby
18. Jisna J S
19. Josey James
20. Joshni Jose
21. Jummy George
22. K Anakha Soman
23. Libin Varghese
24. Rejitha Ravi
25. Rosemary Paul
26. Sree Lekshmi J. S
27. Sreehari A K
28. Vinayak S Karthikeyan

Loyola Social Work Disaster Management Activities 2018

Introduction

Loyola Social Works engagement with disaster management was spontaneous and head-on. The department was driven by the students. Their daringness pull me into the vortex and over the years we have been able to pioneer various activities in the most needed of times. The below given is a description of Loyola Social Work's and NSS engagement with disaster management.

2018

Context

The 3rd Kerala Social Work Congress was held at Loyola 7-9 August. Post the 3rd KSWC the students responded spontaneously trying to mobilise materials. The college mobilised money from their end - personal funds, management funds as well as public. This was used to mobilise materials stated above. There was tremendous the support of alumni and SALT (AKSSA) mostly from batch of 2017-2019. The entire activities could be listed under various **Phases-I-VI** listed below:

Phase-I Collection of Relief Materials

The first was a spontaneous response on 15 August. Students were in the streets and neighbourhoods requesting support by way of money and materials. There was an understanding at the outset that old materials (likely to be dumped) be avoided. The materials procured included: – fresh cloths (use cloths being ruled out), rice and pulses, non-perishable bakery eats (biscuits rusk), water bottles, sanitary napkins, soap- bathing and washing, emergency medicines – Dettol, paracetamol, chlorophenaramine maleate, disinfectants, etc. The materials collected were trucked or taken by personal vehicles to the Govt. SMV Higher Secondary School, the first major collection centre.

This phase continued in a transient mode all through to September 5 and beyond when our social work trainee volunteers and alumni mobilised materials from all over. There was almost 3 containers of relief materials despatched from Qatar, Kuwait and Bahrain and another two from Haryana and Punjab mobilised with the estimated worth of Rs. 86lac. We also mobilised medicines especially.



Phase-II Taking up voluntary work at Collection centers.

Social Work Students along with NSS volunteers voluntarily worked at Collection Centers. The first group on delivering the materials were amazed to see the enthusiasm of youth working spontaneously evolving systems. Placards were waved at city buses showing urgent requirements. Vehicles with supplies were met at the gate and directed to offloading teams where the materials were systematically recorded, dismantled and taken for sorting, all in the matter of 3-4 minutes allowing the vehicle to leave and the next loads to come on.

The trainees were invited by the Volunteers to join the Collection Center and assist in the collection, sorting and despatch operations. These were the various Collection Points, the Loyola Social Work trainees and others from the college manned in the next few days:

1. Trivandrum Social Service Society, Archbishop's House, Vellayambalam, Thiruvananthapuram, Kerala 695003
2. Government Engineering College, Barton Hill, Kunnukuzhy, Thiruvananthapuram, Kerala 695035
3. Trivandrum Corporation Office, Opposite LMS Compound, PMG, Thiruvananthapuram, Kerala 695033
4. SMV Govt Model Higher Secondary School, Overbridge, Santhi Nagar, Thampanoor, Thiruvananthapuram, Kerala 695001





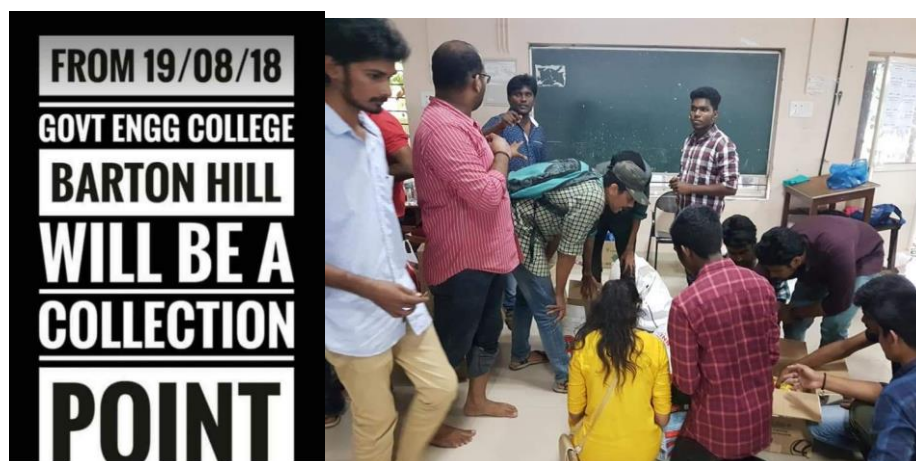
TSSS



Govt. Engineering College, Barton Hill Phase-1: Collection of relief materials and

Our alumni and associates remained active under the leadership of Kannan GS, at Barton Hill Collection Point working side by side with friends - Parvathi Chitran, Shine Augustine, Ragin Mary Toms, Anjith, Arjun, Rallou Wienberg (West Germany, Kanthari), AG Sarath (Rajaji Nagar), Govind S L (Cinematographer)...

Sorting





Packing and despatching



Despatch Transport



Phase-III – Training of Volunteers in PFA and Psycho-social Care (16-17 August)

Loyola Social Work and NSS volunteers had a visiting team of Psychologists from University of Barcelona, Spain as part of a collaboration to do study on 'Violence against Children'. The members volunteered to organise an International Symposium of Disaster Psychosocial Care in collaboration with Grevia, Barcelona University Spain (17 August 2017). Volunteers from Social Work and Counselling Psychology participated in the three hour workshop.



Loyola Social Work in association with Street Heroes on India and Olga Martin organised a Workshop on "Psychosocial Care during Disasters" by Team GREVIA of Barcelona University, Espaniola preparing volunteers for field intervention and trauma counselling during #KeralaFloods18. The trainees included students from Department of Counselling and Social Work. The content discussed included psychological first aid (PFA), active listening and "dos and don'ts".



Besides the department also collaborated in follow-up by supporting "Psychosocial Support Care for Trauma of children and families affected by the Kerala Floods 2018 in collaboration with TITHE, an NGO based in UK.

Phase-IV Recruiting Volunteers- MSW students and NSS Collaborating with Department of Women and Child Development (GoK) and BluePoint (18-21 August)



Recruiting and listing 5000+ volunteers in 5 days 7am to 11.30pm...good response



War-room - work on-site at BluePoint



Shailaja Teacher ✓ @shail... · 3h ▾

Not alone, in this together: 1107 mental health workers are providing psycho-social support to individuals in isolation or quarantine across districts. [#Covid19](#) [#covidkerala](#)

16 192 1,085

Six volunteers from MSW-2019 batch volunteered to compile a list of social science graduates – mostly from the disciplines of Sociology, Social Work and Psychology. The group volunteered to call individually and recruit members as volunteers for Psychosocial Care. By day 5 they had clocked enough calls, saturated and compiled a list of almost 5600 willing volunteers. What surprised them was the willingness of the

candidates attend to calls even as late as 11pm and comply with the urgent calls. From this a list of 1400 was finalised (100 per district). The list was supplied through the WCD to the various district HQs. By the 7th day training programs in collaboration with NIMHANS was organised in various district HQs.

Our students also attended the training programs as organisers and participants at Pathanamthitta HQ, Alappuzha HQ and joined various C

Phase-V Working in Camps

The group eventually instructed the recruits and referred them for training at the various District HQs under the guidance of NIMHANS.

The group of trainees began their work area wise basing themselves from the Chengannur Taluk Hosptial. They worked in the surrounding areas of Chengannur especially Pandanad and Budhanoor. The team eventually spread their wings to Alappuzha AC Road where they hired a house and operated from the new found base reducing substantially the need for travel. There



Evaluation of Fieldwork – Pandanad & Budhanoor - at Dist. HQ Training Centre at Chengannur District Hospital

were review meetings with BluePoint and supervision from the Directorate of Child Welfare Volunteer Team. The latter was reportedly sometimes problematic given their lack of experience but the need to control the team.

Subsequent to coordinating the training programs, the Team Loyola left their coordinating positions to man various Camps. The group of students of Semester-1 under the leadership of Dr.Sonny worked in Camps in the flood ravaged areas of Pathanamthitta (Chengannur, Budhanoor, Pandanad, etc.), Alappuzha (AC Road, Kayamkulam, Kanichakulangara and Kainakary) and Ernakulam (Kuttampuzha) from 16 August to 5 September 2018.

The team from Loyola Trivandrum was instrumental in the Kerala Floods in that they stayed their grounds in various camps all over the above mentioned regions in spite of the hostile and unpredictable emerging scenarios, undertaking site visits, collecting data for WCD, reaching relief supplies and essential medicines, besides engaging the camp residents and especially children by way of social group work in recreational groups and supporting the community kitchens. Besides the Scholars supported the activities and mobilized materials worth Rs.89 lac from benevolent persons in Qatar, Kuwait and even Punjab & Haryana. The group also mobilized potable drinking water and 5000 doxycycline tabs sourced from the representatives of IMA- Kottayam through Dr.Thomas P. George.





Locating and Follow-up

Shilpa Raj, Nisha Saju and some IT-professionals based in Kochi, Kollam and Nagercoil continued to watch the news on various channels reporting live. They documented on Excel a database of persons, locations and mobile numbers and started compiling geo-positioning in collaboration with IT professionals in Technopark. The list was made on googledocs permitting intimating the Disaster War Room follow-up about locations. The followup was a model for DISHA.

Pandanad & Budhanoor Action Research - 30 September 2018

NSS and Department of Social Work of Loyola College of Social Sciences initiated an action research as part of flood relief activity. Subsequent to the outreach at Kainakary, some of the group members pursued to visit the most affected areas in suburban Chengannur: Budhanoor and Pandanad. The team members visited various households, sourced water from their wells for testing as well as administered the interview guide with children and mothers of infants.





Phase- VI UNICEF-directed Intervention Kainakary Action Research Intervention 29 August

As a next phase Dr. Sonny Jose proposed a site visit and intervention at Kainakary one of the worst affected areas. Team Loyola eventually associated with the Department of Social Work, Assumption College headed by Sr. Shalini CMC and their senior students, to undertake an intervention based evaluation study (action research) in Kainakary, being unique as the most-affected area during the Kerala Floods 2018. The axis was strategic as we got entry through the CMC Congregation run Holy Family Girls High School, Kainakary, which was selected as the venue, besides the St. Mary's Church auditorium where the Sunday School gathered.

As part of data collection the joint teams conducted extensive and in-depth interactions was done utilizing various PRA Tools as projective techniques to help them overcome their trauma. They were asked to 'play' with paint to generate Rorschach Inkblots and asked to talk about it. After discussions [they](#) were asked to paint/draw on their aspirations for the year ahead.

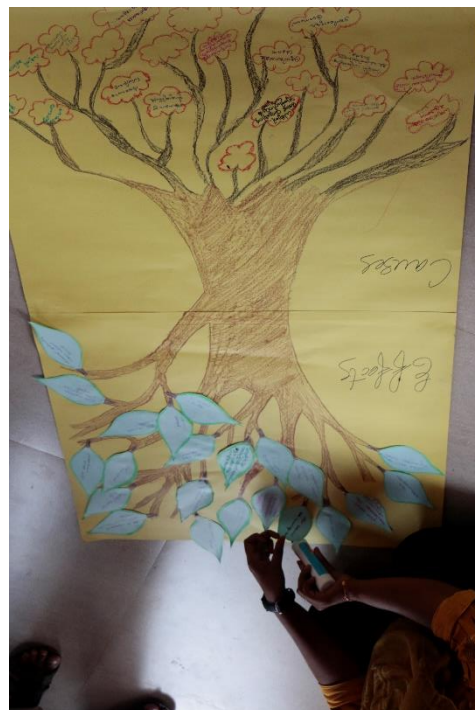


KAPS was represented by Benoy Kattayil Vice President KAPS and Adv. Jaison Abraham who visited the site. The Team worked as per plans developed on an initial survey by Sonny and Salini. The activity brought out pictorially the students' stress and perhaps relieved them of their internal pain.

interaction with children and adolescent groups at Holy Family School, Kainakary

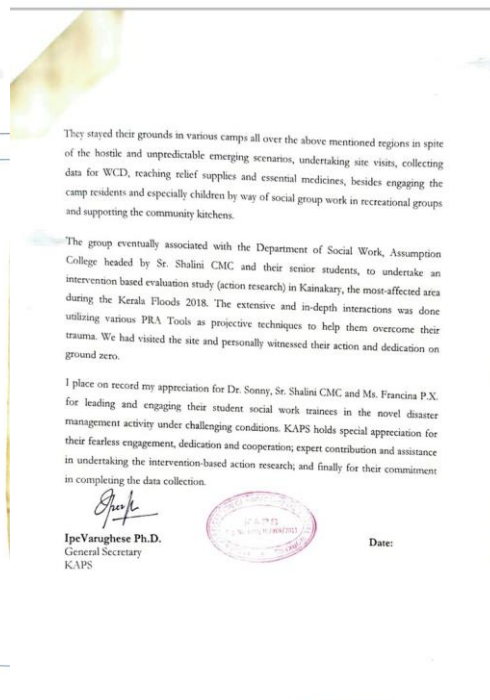
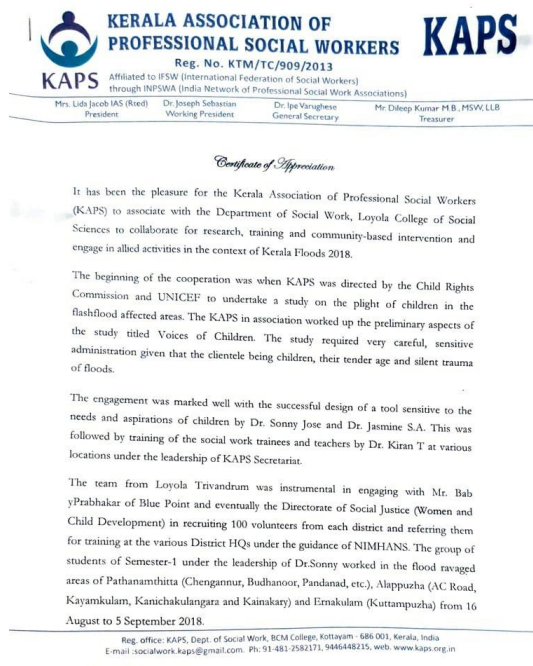








Citations



Participant list

1. Abhilash K Sebastian
2. Ancy Lal
3. Anjali T. M.
4. Anju Anna Geevargheese
5. Annie Bose
6. Archana Louis
7. Ashiely S James
8. Bincy Babu
9. Brilliant Maria Anto
10. Christansia Das
11. Elna Joseph
12. Gouthaami R S
13. Jenin Koshy Abraham
14. Mathewskutty Sunny
15. Meenu Rose Ebi
16. Najima T R
17. P J Nanditha
18. Sajin M.
19. Sandra George
20. Sruthi V.
21. Sunithakumari M. S.
22. Treesa Varghese

PRAVASI MASDOOR SWASTHEY SHIVIR

(Free Health Awareness and Medical Camp for Migrant Labourers)

Migrant labourers form an important part of Kerala economic structure especially that of the construction sector. They form a significant part of the labour force in the state. Department of Sociology along with NSS unit in collaboration with Indian Social Institute (ISI) Bangalore, and Loyola Old Boys Association (LOBA) organized a free health awareness and medical camp for the migrant labourers in the locality on 27th November 2016. It was an offshoot of the conclusions generated from the minor research project done by the students of the department of Sociology. With this in mind the Department of Sociology took up the initiative of organizing a free health awareness and medical camp for the migrant labourers.

The groundwork was started 2 weeks before the programme. The student coordinators of LASIE –KSS Loyola Unit and along with the students met contractors to gather information about the migrant workers. Later a group of both boys and girls had visited around 30 settlements of migrant workers in Sreekariyam and Cheruvaikal in Thiruvananthapuram. Students visited their settlement on Sundays and kept contact with them through mobile phone. Students also provided the notice in Hindi to all the main shops at Cheruvakal and Sreekariyam.

On 27th November 2016 as per the schedule, the programme commenced by registration at 8.15 AM. 8 doctors who are specialized in surgery, orthopedic, oral and multifacial surgery, personal hygiene and general medicine, came from government medical college Thiruvananthapuram and govt. Dental College and so on. Two eminent resource persons took classes on oral cancer and personal hygiene before the commencement of the check up. It started by 9.50am itself. The doctor discussed mainly on deleterious habits and oral cancer and also explained about what the causes which lead to oral cancer are and how we can prevent it. He used Hindi as the medium of communication. It was more or less an interactive session. By 10.48 am the second session was started. This session was on the personal hygiene. The session dealt with general health and personal hygiene. The migrant workers were aware about some of the diseases like malaria, dengue etc... But most of them

were unaware about transmitted diseases. Both sessions were in Hindi. After the refreshment, by 11.05 am the medical check-up was started. There were 5 counters and one general counter. There was a physician in the general counter here after first examination directed the labourers to counters. The labourers were led to each counter by calling their names by the doctors. There were two counters for lab service and blood test set by DDRC SRL. Translators were provided for doctors in their counters, the counters were occupied by doctors who were specialized in general medicine, orthopedic, and oral and multi facial surgery. There were special arrangements for body check-up.

Doctors referred some of the workers for further treatment to government medical college. Two health inspectors from Pangappara health department near Sreekariyam also visited this medical camp. 65 migrant workers had participated in this programme and a total of 25 students participated in the conduct of the same.



Participant list

- 1 AKHIL SURENDRAN
- 2 AKSHAYA KRISHNAN
- 3 ANJU T
- 4 ARCHANA K
- 5 ARUN KUMAR P.B.
- 6 AYYAR POOJA SHASHIKANT
- 7 CHINCHU K. BHAVANI
- 8 DHANYA RAJ
- 9 DIVYA A
- 10 GAYATHRI NAIR
- 11 JASNA. K.
- 12 JIJI S.S.
- 13 JINU BABU
- 14 KRISHNENDU J J
- 15 LAVANYA V
- 16 MALOOTTY L
- 17 MERLIN JOSE
- 18 PRIYA R. KUMAR
- 19 RESHMA HELAN
- 20 SHILPA MARIA.S
- 21 SHINE MICHAELINA JOSE

- 22 SNEHALATHA P
- 23 SREEJITH.S
- 24 Terese
- 25 Vishnu Prasad V P
- 26 VYSALI.M

FLOOD RELIEF REPORT

Date: 11-09-2018 to 14-09-2018

Place: Ayroor Panchayat, Thrissur Dist, Kerala. and Loyola Colony, Mudrapadam, Kalamassery Municipality, Ernakulam Dist.

Participants: Dr. Angelo Mathew and 13 IInd semester HRM Students(NSS Volunteers)

Major Activities Done:

- On the initial day student volunteers and the accompanying faculty had to undergo 4 hours of trauma counselling training at the ICT academy, Kalamassery, Kochi.

The modules include (1) Fundamentals of Counselling (2) Methods of Diagnosis and procedure of trauma in human beings (3) Initiating trauma counselling and guidance (4) Practical orientation on psycho-social counselling and how to interact with the flood victims.

- Sessions were handled by Rev Fr. Wilson and Rev.Fr. Ephrem Thomas SJ
- Second day team had interacted with many (around 200) flood affected families attended the medical camp organised under the supervision of the local parish inaugurated by Shri. Roji John the MLA of the locality. It had targeted families suffering from various ailments post flood. There were three medical practitioners (Two Allopathic physicians and a homeopathic physician) in addition to 5 nurses and two pharmacists were present. Certain medicines were supplied for free to the patients.
- The team could build rapport with most of families/members who were severely affected by the flood.
- The volunteers were able to detect symptoms of distress and depression and provided primary counselling for the people who were in need of immediate care.

- Third day the team was divided into Four sub teams and were deputed for a field visit cum interaction to the designated flood affected geographic area. The student volunteers divided themselves and conducted house visits in the major affected wards of Ayroor panchayat and gathered data pertaining to mental trauma in particular.

Activities in Detail:

The students were divided into two groups in which one group was assigned to take up the psycho-social counselling programme at Loyola Colony, Mudrapadam and the rest of them were given Ayroor Panchayat for the same. The student volunteers meticulously worked in the field and could conduct around 50 house visits and were able to successfully render psycho-social counselling interventions to the flood affected victims effectively. The students were also able to identify the vulnerable and affected families and who are in need of both financial and psychological aid. Based on the survey conducted, more details about the household respondents, major losses incurred, major symptoms of psycho social trauma found, member profile, and immediate necessities to be provided if any? Etc was found. Survey helped to prepare a detailed report about the programme as well as the details of the beneficiaries who are in need of immediate financial and psychological care and could refer them to further psychological interventions.

Major Observations:

- A positive attitude was shown by most of the families who were affected with the flood, though it may take longer years to regain and normalise life.
- Small number of families found to be hopeless and not shown any positive outlook to continue their lives mainly due to the poor state income and infrastructure.
- Few people reported that they have fear of being affected again. Fear and trauma was detected and reported among children those who were severely affected.

- Lack of unity was found among some of the people after the calamity especially in helping each other with resources sharing.
- With the help of emphatic listening the students were able to make the flood victims ventilate their problems.
- Many deserving cases were identified who are in need of financial and psychological support. The students were also able to provide some therapeutic interventions among the flood affected people.
- In some cases, people felt hopeless and there was loss of spirituality or faith due to the flood.
- The people of Ayroor was very welcoming and showing acceptance towards the student volunteers. Where the people of Mudrapadam had difference in approach possible due to city life and culture of the colony or the place.
- Students observed that few families were not able to cop up with the situation and still they continue in a state of trauma.
- Students realised that even though financial assistance is needed more emphasis should be given to psychological aspects of the affected people.
- It was also seen the emphatic listening shown by the student volunteers was very useful in ventilating and open-up the agonies and

Area of operation	households covered	number of cases found financially vulnerable	number of cases found psychologically vulnerable
➤ Ayroor	➤ 84	➤ 16	➤ 35
➤ Mudrapadam	➤ 31	➤ 12	➤ 9

The learning and take away for students which we shared during the evaluation

-) Understood how empathy may be practiced
-) Learned to listen to people in distress
-) Understood the basics of counselling
-) Have learned to initiate and carry out social survey in a disaster setting in a formal way.
-) Could reflect on ways to stay contented amidst adversities.





Participants List

1. Adithya S
2. AshnaRaju
3. Bushra N B
4. Chinnu Maria Michael
5. Merin Jacob
6. Nanma Manoj
7. Nikhita John
8. Nikhita M Ujin
9. Parvathy
10. Ramesh S
11. Sooraj MR
12. Unni