LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



CRITERIA 7: Institutional Values and Best Practices

7.1.9- Sensitization of Students and Employees of the Institution to the Constitutional Obligations: Values, Rights, Duties and Responsibilities of Citizens

7.1.9-2 NSS Programmes 2016-21

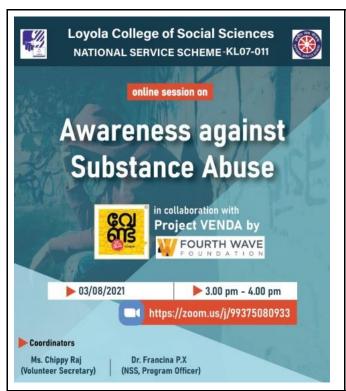
Total Number of Reports: 7

Sl.No	Name of the Programme	Reports
1.	Student Empowerment Programme by "Project	Reports Attached
	Venda" Fourth Wave Foundation Conducted By	
	NSS	
2.	"Punarjani" Organ Donation Awareness	Reports Attached
	Campaign	
3.	"Punarjani" Organ Donation Day Observation	Reports Attached
4.	Awareness On Spinal Muscular Atrophy	Reports Attached
5.	Awareness Session On HIV/AIDS	Reports Attached
6.	Spandanam- Adolescents Gathering	Reports Attached
7.	Half Day Seminar On The Proposed Attirapalli	Reports Attached
	Hydro-Electric Project	

1. REPORT			
Programme Name	Student Empowerment Programme by "Project Venda" Fourth Wave Foundation conducted by NSS	Organizer	NSS
Date	03/08/2021	Time	3:00 pm to 4:00 pm
Venue	Zoom Platform : 99375080933 Passcode: No	Faculty In- Charge	Dr. Francina P.X, Department of Social Work

Programme Objectives	 To create awareness among the participants about drug abuse and addiction To introduce the participants to the Project Venda by Fourth Wave foundation To encourage participants to say no to drug abuse and also motivate them to start-up initiatives to prevent the same 	
Resource Person	Mr. Anandhu Shivan, Ms. Dyna Davis, Mr. Jijin S and Ms. Deepthy Jyothi (Catalysts of Project Venda)	
Participants	54	
Programme Activities	 A student empowerment programme on "Project Venda" by the Fourth Wave Foundation in association with the NSS team of Loyola College of Social Sciences was conducted in the Zoom platform. Ms. Krishnendu sang the NSS anthem and Mr Arafath Mohammed A gave the welcome speech. Rev. Fr. Sunny Kunnapallil SJ, Rector and Manager, Loyola College of Social Sciences inaugurated the session. He mentioned how the biggest profit-making business in this world was alms and amenities and second, to that comes the drugs. Millions of people are trapped in this vicious cycle of drug abuse. He also mentioned how the entire social system would get affected by the individual's drug consumption. Mr. Anathu Shivan spoke about project Venda which is an awareness programme aimed at youth and teenagers 	

because they are prone to get diverted towards a wrong path and often pointing at drug addiction. He talked about how relevant it is to ensure the participation of youth in the elimination of drug abuse in our society. Ms. Dyna Davis introduced the logo of Project Venda to the participants. Wherein the yellow background with chatboxes showing friends and families saying no signifies that one should assertively say no to all factors forcing or tempting us to abuse drugs. She also talked about the brain processes that are involved in drug abuse and how it badly affects the brain. Mr. Jijin S spoke about tobacco use and how it is the most commonly used gateway drug in the world. He further added how film and social media often portrays drug abuse with a heroic shadow in it oftentimes causing the younger generation to model such unlikely behaviours. Ms. Deepthy Jyothi mentioned how online ad video game addiction is as much critical as that of drug addiction. Online platforms can also be a place for cyber-bullying and body shaming. She spoke about how it is important to say no to all such factors contributing to addiction and also start-up initiatives to prevent and help others who are having a hard time saying no or lacks awareness about the seriousness of drug abuse and addiction. **Programme Outcomes** The participants were able to get insights into the issue of drug menace and the various factors contributing to it They were also able to understand the importance to say "no" assertively to all tempting factors that might lead to drug abuse or addiction. Moreover, they could also gain valuable insights on the importance of youth participation in this endeavor towards eliminating drug abuse. The participants were also able to familiarize themselves with the Project Vneda by the Fourth Wave Foundation **Supporting Documents** Flyers, photos and participants list

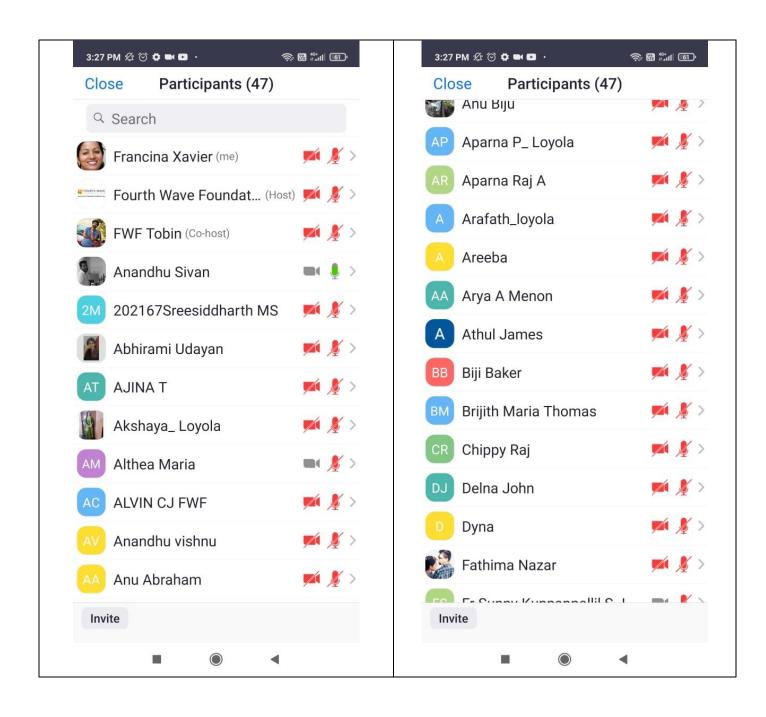


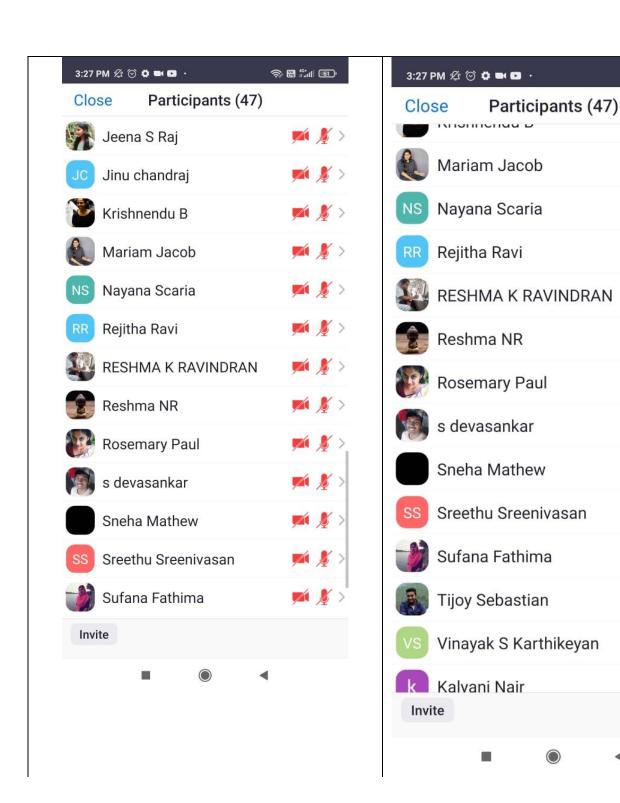


Francina

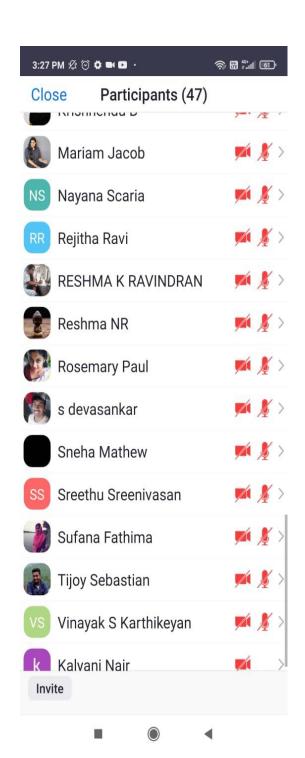
Dr. Francina P. X Programme Officer - NSS Dept. of Social Work, LCSS

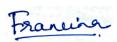
Participants List





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Dr. Francina P. X Programme Officer - NSS Dept. of Social Work, LCSS

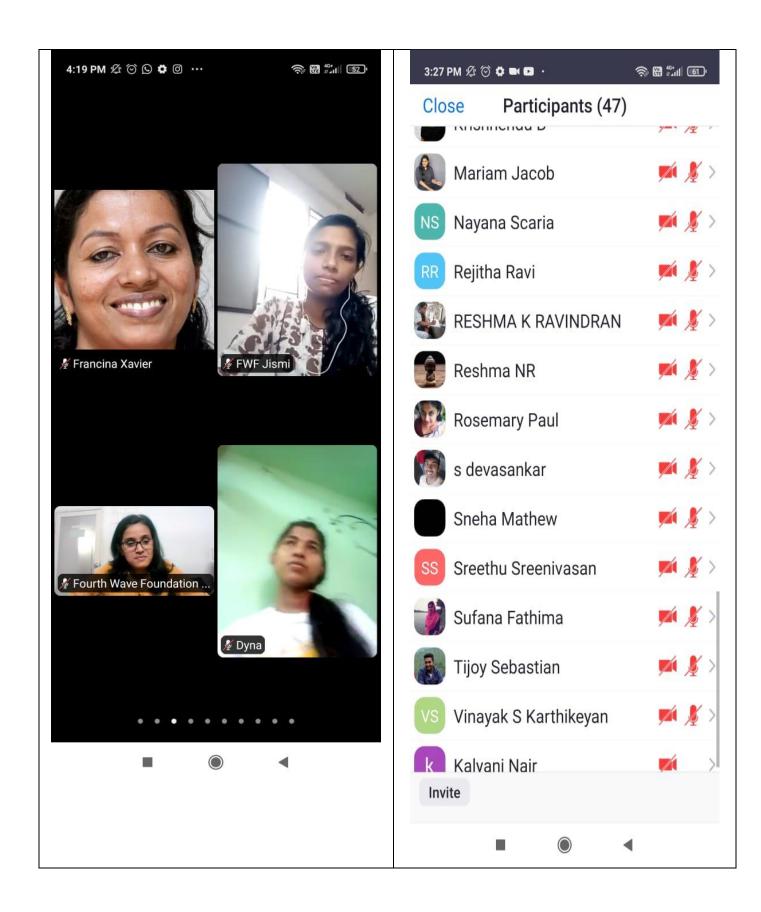
Gallery











2. REPORT			
Programme Name	"Punarjani" Organ Donation Awarness Campaign	Organizer	NSS
Date	8 th August 2021 onwards		
Venue	Through Whatsapp groups and other social media	Faculty In- Charge	Dr. Francina P.X

Programme Objectives	 To create awareness on the topic of Organ Donation Day 2021. To enable general public about the importance of organ donation and also to clarify frequently asked questions about organ donation. To encourage participants to have a positive attitude towards organ donation and to also promote the same 	
Programme Activities	A poster series was designed and circulated in whatsapp groups and other social media about organ donation.	
Programme Outcomes	 The importance of organ donation was communicated A clear understanding about various myths and taboos revolving around organ donation 	

Posters designed are given below:





Punarjani



Why should I become an Organ Donor?

EACH YEAR, THOUSANDS OF PEOPLE DIE WHILE WAITING FOR A TRANSPLANT, BECAUSE NO SUITABLE DONOR CAN BE FOUND FOR THEM. THE NEED FOR ORGAN DONORS HAS NEVER BEEN GREATER. BEING AN ORGAN DONOR IS A GENEROUS AND WORTHWHILE DECISION THAT CAN BE A LIFESAVER.





Punarjani



Who all can donate organs?

ALL PEOPLE CAN BE CONSIDERED AS BEING POTENTIAL ORGAN AND TISSUE DONORS AFTER DEATH. HOWEVER, THE PRESENCE OF ACTIVE CANCER, ACTIVE HIV, ACTIVE INFECTION (FOR EXAMPLE, SEPSIS), OR INTRAVENOUS (IV) DRUG USE WOULD ABSOLUTELY RULE OUT DONATION.





Punarjani



How does Organ Donation help patients with organ failure?

FOR ORGAN RECIPIENTS, A TRANSPLANT OFTEN MEANS A SECOND CHANCE AT LIFE. VITAL ORGANS SUCH AS THE HEART, PANCREAS, LIVER, KIDNEYS, AND LUNGS CAN BE TRANSPLANTED TO THOSE WHOSE ORGANS ARE FAILING. IT ALLOWS MANY RECIPIENTS TO RETURN TO A NORMAL LIFESTYLE. FOR OTHERS, A CORNEA OR TISSUE TRANSPLANT MEANS THE ABILITY TO SEE AGAIN OR THE RECOVERY OF MOBILITY AND FREEDOM FROM PAIN.



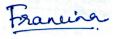


Punarjani



What Organs/Tissues Can Be Donated?

CURRENTLY, THE FOLLOWING ORGANS CAN BE DONATED AND TRANSPLANTED:
HEART, LIVER, KIDNEYS, LUNGS, PANCREAS.
TISSUES THAT CAN BE DONATED ARE: CORNEA, SKIN, HEART VALVES, BONES, TENDONS



3. REPORT			
Programme Name	"Punarjani" Organ Donation Day Observation	Organizer	NSS
Date	12/08/2021	Time	3:00 pm to 4:00 pm
Venue	Google meet: Google MeetLink: https://meet.google.com/u dq-xoit-qed	Faculty In- Charge	Dr. Francina P.X

Programme Objectives Resource Person	 To create awareness on the topic of Organ Donation Day 2021. To enable participants to understand the importance of organ donation. To encourage participants to have a positive attitude towards organ donation and to also promote the same Rev. Fr. Davis Chiramel (Kidney Federation of India)
Participants	102
Programme Activities	 The session started with NSS Geetham by Ms. Aparna Padmakumar. The session was emceed by Ms. Nisha S. Dr. Saji P Jacob, Principal welcomed the chief guest and others to the programme. Rev. Fr. Davis Chiramel conducted a very insightful session on the topic of organ donation. He spoke about the organ donation system n Singapore. But this can be hard to implement in our country since it might require a complicated system. Fr Davis further spoke about how we should all do good when we live and die. He further emphasized the happiness that we get while giving and that organ donation can be the happiness of many even after we die. He also cleared out the various myths that le around organ donation and how it is preventing many from organ donation. It is after death that the organs of a donor is taken and not solely with cardiac arrest. He explained how we have a very short

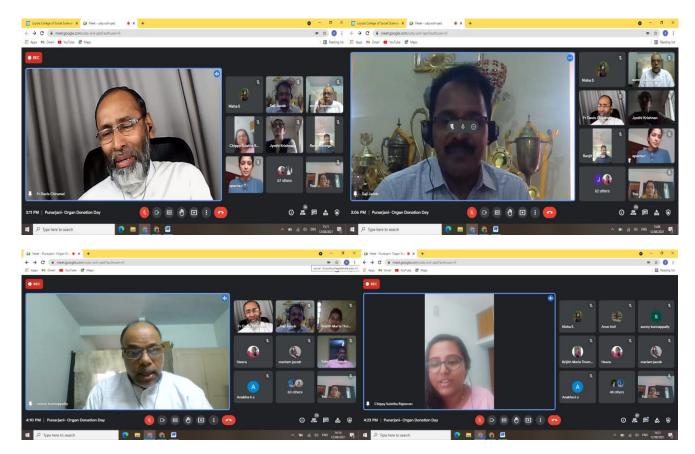
	life and everything attached to us might become mere oblivion. But through organ donation, we are remembered through the lives of many. It becomes a beautiful remembrance • Fr. Davis also clarified the questions put forth by the participants and Rev Fr Sunny Kunnapallil SJ, Rector and Manager expressed his gratitude to Fr. Davis on behalf of the college. Fr. Sunny also felicitated the volunteers who have registered in Mruthasanjeevani portal, their consent for organ donation. • Mr. Arun Anil proceeded with the directions for donor card registering as part of the Mrithasanjeevni portal and the session concluded with Ms Chippy Raj delivering the vote of thanks.
Programme Outcomes	 The participants were able to inculcate the importance of organ donation. They were also able to clear out the various myths and taboos revolving around organ donation Moreover, Fr. Davis through his thought-provoking words have familiarised and inspired many to promote organ donation The participants were also able to clarify their doubts and queries regarding the topic.
Supporting Documents	Posters, photographs, attendance list and feed back form

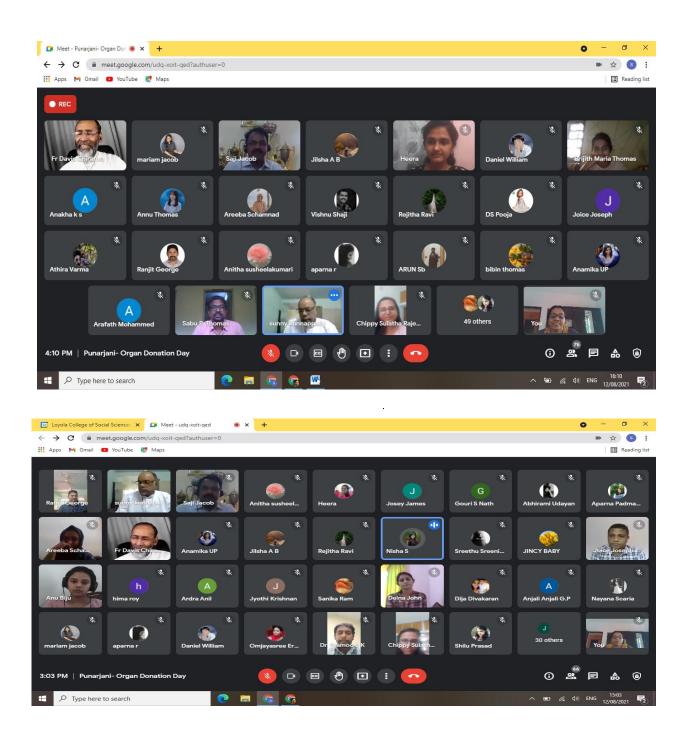
Francia

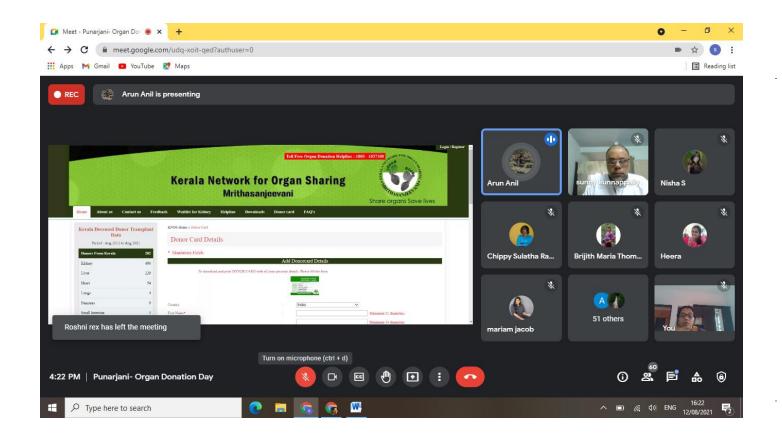
Dr. Francina P. X Programme Officer - NSS Dept. of Social Work, LCSS

Supporting Documents









4. Awareness on Spinal Muscular Atrophy

NSS Unit of Loyola College of Social Science had conducted an Awareness program on Spinal Muscular Atrophy. There is already a campaign going on Under Mind (Mobility in Dystrophy) to bring awareness regarding Spinal Muscular Atrophy. MIND Trust in association with Prajaahita starts the "Spinal Muscular Atrophy (SMA) Awareness Campaign" from August 1 throughout the month till 31st.

NSS Volunteers has already been a part of the program. In order to bring more awareness and plan activities in order to support the people who suffer from Spinal Muscular Atrophy, the NSS Unit had conducted an awareness program regarding Spinal Muscular Atrophy. The program is blessed with the presence of Krishna Kumar, vice president Mind (Youth Icon winner 2018), Ashla rani, Trustee Pallium India (Youth Icon of 2017), Ms Veena Venugopal, The first Indian wheel chair Anchor, Shameera – P, Assistant Professor in Chemistry, NSS program officer, MAMO College, Mukkam and Mr. Aboobacker Sidique community organizer of Pallium India.

Program schedule

Thursday August 27, 2020 at 3 PM

Duration: 1 1/2 Hour

Timing: 3:00 PM - 4:30 PM

Welcome Speech – Shilpa (NSS Volunteer)

Introductory Remarks -Dr. Anitha. S Nair (NSS Program Officer)

Speakers

Mr. Krishna Kumar – Vice president Mind

Ms. Veena Venugopal – India's first wheelchair Anchor

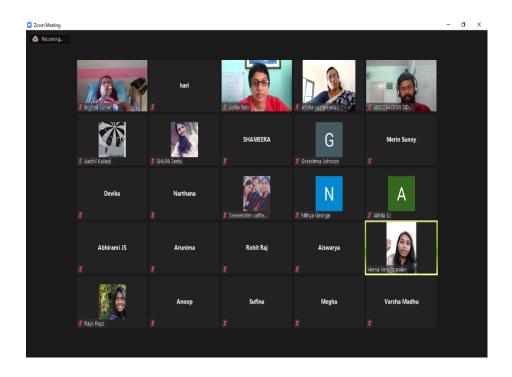
Ms. Ashla Rani - Trustee Pallium India

Ms. Shameera P - Asst. professor, MAMO College

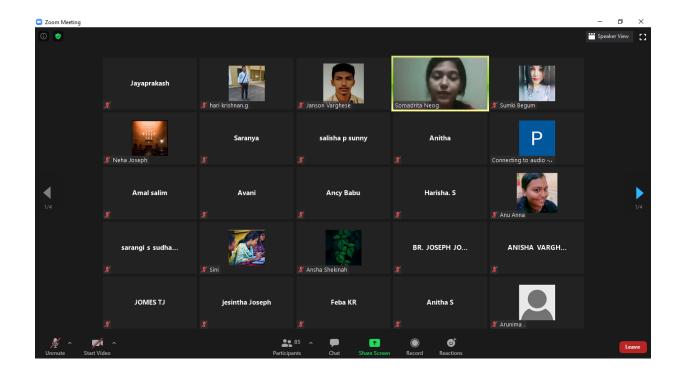
Mr. Aboobacker Siddique – Community Organizer Pallium India

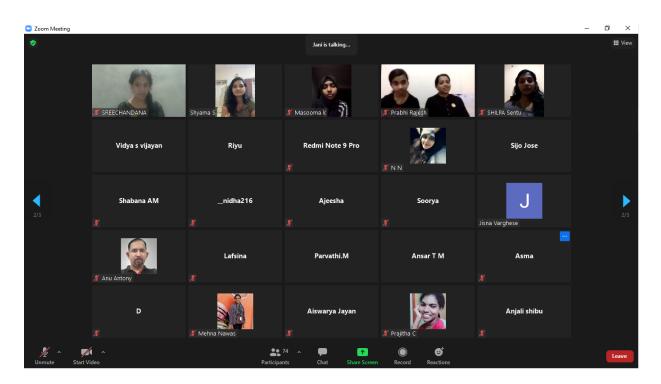
Vote of Thanks – Greeshma Johnson (NSS Volunteer)

GALLERY



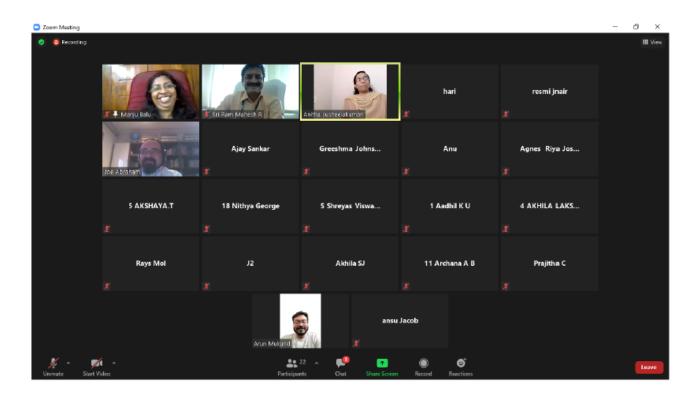






5. Awareness session on HIV/AIDS

An awareness session on HIV/ AIDS was organized by NSS Unit of Loyola College of Social Sciences. The session was taken by Ms. Balamanju MS, Project officer, Kerala Aids Control Society. The session took place through online platform –zoom on December 2 2020. Around 22 NSS volunteers participated for the session. The resource person spoke about the general idea of HIV and how society misinterprets it in the contemporary world. She also clarified the major misunderstandings related to AIDS that exist in our society. After the official presentation students clarified their doubts with regard to the topic for the day. It was a one hour session.



6. Spandanam - Adolescents Gathering

The NSS volunteers along with SALT organised an Adolescent Meet on 23rd July 2016. More than 450 adolescents from Pothencode block panchayath participated in this meet. Rev. Fr. Joye James presided the meeting.

Mr A Hemachandran IPS, the DGP and Director, State Intelligence Bureau, inaugurated the session with an inspiring speech. He spoke about the importance of having higher education and the need to study in reputed institutions. He advised children to engage in co-curricular activities. He also spoke about the effect of cybercrimes and substance abuse on the growing children which nurture them as completely irresponsible citizens in the society. The session was on an interactive one and the children were also attentive. He congratulated each and every one who initiated and involved in the programme. After the inaugural address, he lighted the lamp and inaugurated the function formally.

Mrs. Legina K. H, *CDPO* of Pothencode block Panchayath was also present in the meeting. She was really happy to see children from her block. Dr. Jose Boban K felicitated the gathering. Fr. Saji SJ also felicitated the gathering. This was followed by personality development class for children by Mr. Jobi A. P, Coordinator Childline, Trivandrum.

Afternoon there was a cultural extravaganza by the adolescents of different panchayats. This included dances, group songs, solos, skits etc. all the adolescents performed well.







7. Half Day seminar on the Proposed Attirapalli Hydro-Electric Project



As part of the 'sustainable Living Initiative' Unit organized a session in the college to facilitate the volunteers to gain deeper knowledge about various aspects of the Proposed hydroelectric project in Attirapalli.

On 23rd June 2016 Prof. R.V.G Menon an Environmentalist and an expert from the domain of science and technology was invited as the chief speaker of the day. The special session was scheduled in the Sutter Hall which started at **9.30 am** with a prayer. All the volunteers and teachers of the college gathered in the Sutter Hall for the session. Prof. Menon started his lecture with a comment that we become **concerned about something only when there is a controversy**, and as result, we fail to look into or analyse any issue in depth. Then he gave a general outline about the proposed project. Proposed project is located in Chalakudy river basin which is 1700 sq m deep originating at Neliyambatti in Thrissur District, Kerala. The project has a declared aim of 98% utilization of discharges and spills from existing upstream reservoirs which is expected to generate 163 MW of power to meet the deficit during the peak hours from 6 pm to 10 pm. As it is located at the downstream of Sholayar and Peringalkuthu projects it can utilise the tail water. The proposed dam is envisaged to be 23 m in height and 311 m in length. Water from this is diverted through an

underground water conductor system to a power house located on the left bank of Kannankakuzythodu.

Then Prof. Menon traced the **timeline of the project** proposal over the years. He said that Athirapally project has been in debate for more than 15 years which was first proposed 1979. The project first got environmental clearance in 1998, which was suspended in 2001. The environment ministry issued a second environment clearance in 2005This was quashed by the high court for procedural violations. The project was given a third environmental clearance in 2007 that was dependent on the feedback from a committee visiting the site. Then he spoke in detail about the **ecological damages** anticipated if the 23-metre high dam is sanctioned. It is expected to submerge 104 hectares of forest land and another 138.6 hector of forest in the catchment area. He pointed out that a stretch of 28.5 hectares of dense forest will be lost which comes under the submergence area .This is in turn a huge loss for

the forest stretch of the state which is reducing day by day. This may reduce or dry up the water-flow of Athirapally waterfall which may have strong impact on ecology and tourism in this area. Prof. Menon also spoke about the biodiversity loss of the area. The area is home to many species like tiger, Asiatic elephant, Great Indian Hornbill, Malabar Giant Squirrel, Gaur, Lion Tailed Macaque, Nilgiri Langur, and rarest and highly endangered Cochin Forest Cane turtle (Heosemyssilvatica) etc. The elephant corridor between the Parambikulam Sanctuary and the Pooyamkutty forests will also be affected as large area will be submerged. Proposed project surely affects the flow of the river creating a huge loss of fishes and their ecosystem. He cited that the annual report of the National Bureau of Fish Genetic Resources, Lucknow has recogonized Chalakudy River to have the richest diversity of aquatic ecology among the rivers in the country with many endemic species. Then he spoke about the **impact of the project on the social life**. The reduced river flow will have impact on more than 5 lakhs people from different panchayats and municipalities depending on the river for drinking, irrigation and livelihood purposes. The scenic beauty of the place attracts more than 6 lakhs people every year. The reduced water flow will severely affect the tourism industry and the economy based on that in the area. The primitive tribes like Malayas, Malasars, Mannans and Kadars live in the project area out of which the most effected is the Kadar tribe. There are more than 160 Kadar families across

nine settlements in the Vazhachal, which is classified as a Particularly Vulnerable Tribal Group under the Forest Rights Act. Two of 400 meters from Dam site

Prof Menon concluded his lecture by stating that the "Social, economic and ecological expenditure for the project is more than what we gain". Then the floor was opened to questions and clarifications. After the discussion as a token of our love and gratitude a memento was gifted to the chief guest by Dr. Jose Boban K, Principal of the college. The half-day session on Attirapalli Project came to an end with vote of thanks by Ms Abhila Babu. The Special lecture on Proposed Attirapalli project was indeed very informative and an eye-opening one. The resource person systematically analyzed the issue, contextualized it and placed his arguments. This made the process of grasping easy and thus helped in gaining great clarity on what the proposed project is and how it may affect the state of Kerala and the social life.