LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



CRITERION 7- Institutional Values and Best Practices

7.2 Best Practices

1. PIMER APPROACH

ARTS AND SPORTS DAY REPORTS

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SPORTS DAY 2020-21

Based on the discussions held on 25th March 2021, all students were informed to assemble at the college campus by 2:00 pm for the March past and inauguration of the Sports Day. The Sports Day inaugural function was scheduled to be held at the Open stage. The Chief Guest invited for the Sports Day function was Mr. Jairaj J who is a syndicate member of University of Kerala & Assistant Professor in Physical Education Department, Government College, Attingal. The Sports Day Events started with the March Past performed by the four groups - Double Barrel, Minnalpada, Killadis and Samrat. The Presidential address was given by Principal Dr. Saji P Jacob and it was followed by the inauguration by Mr. Jairaj J. After the inaugural function, Sports secretary Mr. Ajay Ghosh carried out the pledge and it was followed by the Torch Relay in which all the four group leaders accompanied him. The Felicitation address was given by Planning Forum Coordinator Mr. Rohit Raj. The function concluded with the vote of thanks by Sports secretary Ajay Ghosh. By 3:00 pm the Sports events had begun.





The sports events were decided to conduct in two forms, on the first day sports events were decided to conduct and the next day was reserved for athletics. The sports events include dodge ball, shoot out (girls), volley ball (boys), cricket (boys), throw ball (girls) and badminton mixed doubles. Athletic events include 400 m race (boys & girls), shot put (boys & girls), javelin throw (boys & girls), 200 m race (boys & girls), discus throw (boys & girls), 100 m race (boys & girls), 4*100 m relay (boys & girls), long jump (boys & girls), high jump (boys & girls). The athletic events were conducted on 27th March 2021 from 8:00 am to 12:00 pm. Along with these events other sports events like chess and carroms, badminton boys were also conducted on the same day. As per the rules the team which loses one event will go for the next game before the conclusion of the first event. On the first day sports events starting with dodge ball till cricket were decided to be held. But due to bad light only one cricket match was held in the ground and the rest of the matches including the finals were postponed to the next day. In the meantime the badminton mixed doubles match was held in the Sutter Hall.



When coming to the points and scoring for the sports events, for the individual events, the group which secures the first place will get 5 points, the group which comes second will get 3 points and the group which comes third will get 1 point. For the group events, the group which secures the first place will get 10 points, the group which comes second will get 6 points and the group which comes third will get 2 points each along with the team finishing fourth. The events started with the March Past. As the result goes, Double Barrel secured first position for the March Past, Samrat securing second position and the third place was secured by Killadis and Minnalpada. For Dodge ball, the first position was secured by Samrat, Double Barrel secured the second position and third place was shared by Killadis and Minnalpada. For Shoot out, the first position was secured by Double Barrel, Minnalpada secured the second position and third place was shared by Killadis and Samrat. For Volleyball, the first position was secured by Samrat, Minnalpada secured the second position and third place was shared by Killadis and Double Barrel. For Throw ball, the first position was secured by Minnalpada, Double Barrel secured the second position and third place was shared by Killadis and Samrat. For Badminton Mixed Doubles, the first position was secured by Samrat, Minnalpada secured the second position and third place was shared by Double Barrel and Killadis. For Badminton

Boys, the first position was secured by Samrat, Double Barrel secured the second position and Minnalpada and Killadis secured the third place.

Regarding the athletic events, in 400 m (Boys), first place was secured by Alan (Samrat) followed by Ansun (DB) and in third place Sahal (Killadis). In 400 m (Girls), Feba (Killadis) secured first place followed by Parvathy (Minnalpada) and in third place Divya (DB). In 200 m (Boys) Alan (Samrat) secured first place followed by Ansun (DB) and in third place Augustine (Samrat). For 200 m (Girls) Feba (Killadis) secured first place followed by Sreethu (Samrat) and in third place Joshni (Samrat). For 100 m (Boys) Alan (Samrat) secured first place followed by Sahal (Killadis) and in third place Ansun (DB). In 100 m (Girls) Sreethu (Samrat) secured first place followed by Parvathy and in third place Sreelakshmi (Killadis). For shotput (Girls) Angel (Minnalpada) secured first place followed by Sreethu (Samrat) and in third place Anasha (DB) and Marcos (Samrat). For shotput (Boys) Arun (Samrat) secured first place followed by Amal dev (Minnalpada) and Jomes (Samrat). For Discus throw (Boys) Jomes (Samrat) secured first place followed by Arun (Samrat) and in third place Sam (DB) and Sunit (Killadis). For Discus throw (Girls) Areeba (Samrat) secured first place followed by Angel Maria (Samrat) and in third place Angel Babu (Minnalpada). For Javelin throw (Boys) Arun (Samrat) secured first place followed by Ananthu (DB) and in third place Sam (DB). For Javelin throw (Girls) Areeba (Samrat) secured the first place followed by Angel (Minnalpada) and in third place Aleena (Killadis). For Long Jump (Boys) Libin (Samrat) secured first place followed by Srihari (Minnalpada) and in third place Sam (DB). For Long Jump (Girls) Akshaya T (DB) secured the first place followed by Parvathy and in third place Feba (Killadis). For High Jump (Boys) Ansun (DB) secured first place followed by Srihari (Minnalpada) and in third place Sahal (Killadis). For High Jump (Girls) Sreethu (Samrat) secured first place followed by Rejitha (DB) and in third place Feba (Killadis). For 4*100 m relay (Girls) Minnalpada secured first place followed by Samrat and in third place Double Barrel. For 4*100 m relay (Boys) Samrat secured first place followed by Killadis and in third place Double Barrel.

Individual Champions

- 1, Girls Sreethu Sreenivas
- 2. Boys Alen Berchman

Image Gallery





















Loyola College of Social Sciences

Sreekaryam, Trivandrum

Annual Sports Day Report-2020

SPORTIVO 2020

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SPORTIVO 2020 PREFACE

The National Sports Day is celebrated on the 29th of August, on the birth anniversary of the hockey player Major Dhyan Chand Singh, who won gold medals for India in the Olympics of 1928.

The Olympics are an international sports event, and winning medals here is considered to be of the highest honour in the sporting world. The first Olympic Games began was held in Athens and then continuing in different nations every four-years. There was then the addition of the Summer and Winter Olympics along with the Paralympic Games, World Games, etc. The Games are broadcast worldwide on live television and nowadays in social media, all these shows the importance sports is having globally.

Sports brings discipline in life and improves thinking ability. Student life filled with deadlines of submissions, studies and schedules gets a chance to reduce the stress of their minds by being part of sport event. Sports instils plenty of values in the player, taking into consideration Loyola College of Social Sciences, is always in the front for bringing in values in the students to cruise through life with honesty and responsibility of self and others. Sports meets held in the college for all these years are also examples of the same allowing students to be agile and fit by increasing the concentration in academics and the willingness to perform better in any field.

The annual Sports Meet SPORTIVA 2020, was organized at Loyola College of Social Sciences, campus on 15-02-2020 at 08:00am. The event commenced with a prayer song by the College Choir with the blessing of Almighty God, the dignitaries and the gathering was welcomed by Mr Jithin Rodregous, the College Union Chairman followed by the Presidential Address by Dr. Saji P Jacob, the College Principal of Loyola College of Social Sciences. The Event was honoured by the presence of the chief guest Mr Sebastian retired commander Indian Navy, who inaugurated the function by sharing the Deepashika (lamp) and also encouraged the students and shared a few words with the participants that arouse their spirits for a great event. The event also had motivational speeches by the Vice Principal, Fr Dr Sabu P Thomas, and Staff Sports Co-ordinator Fr Saji S J. The vote of thanks for the inauguration event was delivered by the Sports Secretary Mr Harikrishnan R S.

The inauguration was followed by a magnificent sports event, filled with the feeling of success, and also companionship at downfalls.

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SPORTIVO 2020 PRINCIPAL'S MESSAGE

Its a pleasure to announce the date of an energetic event coming up in the campus. The annual sports meet "SPORTIVO 2020", will be conducted in the college campus on 15-02-2021. As you all have witnessed the flag hosting for the "SPORTIVO 2020" event was on 12-05-2021.

Loyola College of Social Sciences, promotes each an every Loyolite to be active in both academics as well as extracurricular activities. In the two years of Post-Graduation there may be hidden talents that have been covered by the busy and strict schedule of student life, here in the past years we have seen many sports events become spaces for the students to find their forgotten vigour and there is also a sense of brotherhood and oneness that takes place during each sports event.

I here-by wish a great sports extravaganza to each and everyone one of you, try to explore more and remember to be a good sports person. After all its a day to be competitively together.

> Dr Saji P Jacob Principal Loyola College of Social Science

Annual sports day - SPORTIVO 2020

Inauguration

Good after noon one and all sportive 2020, the college annual sports meet. The commencement is marked by the flag hoisting ceremony. The flag that is hoisted today 12/02/2020 will remain as the sports flag of the college in the year 2020 in this sense this simple ceremony today has a historical significance too,

Let us participate in this meet with true sportsmanship so that it brings glory to the institution and sports.

- I invite Dr Saji P Jacob, college principal to welcome the gathering.
- I invite Fr Sunny Kunnapallil S.J Rector & Manager LCSS to address the sports meet "SPORTIVO 2020".
- I invite Dr Angelo Mathews, Advisor, College Union for
- Flag hoisted by four team in college and College Union Chairman.
- I invite Fr. Saji S.J, Staff Sports Co-ordinator, who is my constant inspiration and support in organising "SPORTIVO 2020", to propose vote of thanks.

Dear friends,

The ceremony has come to an end and we will immediately start the event "SPORTIVO 2020", in the Badminton Court with our first event Badminton singles (boys), team members and players are requested to get ready for the event by 3pm.

Loyola College of Social Sciences "Sportivo 2020"

Sports day

Event schedule 15/02/2020, 8:00 am onwards.

- payer song : Anjima & Kavitha
- Welcome speech : Mr Jithin rodregous (union chairman)
- Presidential address : Dr Saji p Jacob (principal)
- Inauguration : Mr Sebastian (Rtd commander Indian Navy)
- Deepashikha (lamp lighting)

Speech by other dignitaries

- Fr Dr Sabu P Thomas (vice principal)
- Fr Saji SJ (staff sports coordinator)
- Vote of thanks : Mr Harikrishnan R S (sports secretary)

SPORTIVO 2020 General Rules

- 1. For athletic items only three entries are permissible for each team.
- 2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.
- 3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.
- 4. Individual champions are decided on the basis of the participation in the individual items conducted on the sports day.
- 5. Reporting time for each game event shall be 10 minutes prior to the scheduled time team who does not report at the reporting time shall be disqualified and the opposing team will get the walk over.
- 6. For athletics, team captains shall ensure that their team members report 10 minutes prior to the scheduled time of the event falling which the respective participants stall not be permitted to participate in that event.
- 7. The decision of the referees will be final.
- 8. Complaints, if any should be tendered to the sports secretary by the team leaders the grievances committee consisting of sports secretary by the team leaders the grievances committee consisting of sports secretary, sports staff coordinator college union chairman & vice chair person will look into the compliant and their decision shall be final.
- 9. The compliant shall be registered within half an hour of the declaration of the results.

Dr Saji P Jacob principal Fr Saji S.J Sports staff co-ordinator

SPORTIVO 2020 EVENT SCHEDULES

12/02/2020 morning 8:00 – 9:00. Reporting time 7:45AM

Badminton

Badminton single (boy)	TEAM 1 X TEAM 2	
Badminton single (boy)	TEAM 3 X TEAM 4	
FINAL		
Badminton single (girl)	TEAM 1 X TEAM 2	
Badminton single (girl)	TEAM 3 X TEAM 4	
FINAL		

Dodge ball (afternoon)

TEAM 1 X TEAM 2	TEAM 3 X TEAM 4	
FINAL		

13/02/2020 morning 8:00 – 9:00. Reporting time 7:45AM

Badminton

Badminton doubles	TEAM 1 X TEAM 2	
Badminton doubles	TEAM 3 X TEAM 4	
FINALS		

CRICKET(BOYS) (AFTERNOON)

TEAM 1 X TEAM 2 TEAM 3 X TEAM 4 FINALS

14/02/2020 morning 8:00 – 9:00. Reporting time 7:45AM

CRICKET(Girls)

TEAM 1 X TEAM 2 TEAM 3 X TEAM 4 FINALS

THROW BALL(AFTERNOON)

TEAM 1 X TEAM 2TEAM 3 X TEAM 4FINALS

VOLLEY BALL

TEAM 1 X TEAM 4 TEAM 2 X TEAM 3 FINAL

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SPORTIVO 2020 ATHLETICS

15/02/2020, 9:00 AM Onwards

- 100 M race (Boys)
- 200 M race (Boys)
- 800 M race (Boys)
- 100 M race (Girls)
- 200 M race (Girls)
- 400 M race (Girls)
- Short put Girls
- Short put Boys
- Discus Throw (Girls)
- Discus Throw (Boys)
- Javelin Throw (Girls)
- Javelin Throw (Boys)
- Relay (Girls)
- Relay (Boys)
- Long Jump (Girls)
- Long Jump (Boys)
- High Jump (Girls)
- High Jump (Boys)

SPORTIVO 2020 WINNERS

BADMINTON (Boys)

1ST Team PADAKKUTHIRA 2ND Team TEEPATTIKOLLIZ 3RD Team KOKKACHI

BADMINTON (Girls)

1ST Team KOKKACHI
2ND Team PADAKKUTHIRA
3RD Team GODHA

DODGE BALL

1ST Team KOKKACHI
2ND Team GODHA
3RD Team TEEPATTIKOLLIZ

CRICKET(BOYS)

1ST Team PADAKKUTHIRA 2ND Team KOKKACHI

3RD Team GODHA

 $\begin{array}{l} \text{CRICKET(GIRLS)} \\ 1^{\text{ST}} \text{ Team TEEPATTIKOLLIZ} \\ 2^{\text{ND}} \text{ Team KOKKACHI} \\ 3^{\text{RD}} \text{ Team GODHA} \end{array}$

VOLLEY BALL

1ST Team GODHA 2ND Team TEEPATTIKOLLIZ 3RD Team PADAKKUTHIRA THROW BALL

1ST Team KOKKACHI
2ND Team GODHA
3RD Team TEEPATTIKOLLIZ

INDIVIDUAL SPORTS CHAMPIONS



MARIA TERES SEBASTIAN



SAHAL IQUBAL

	Event	Gold	Silver	Bronze
1. 100	0 M Boys	Nibin	Sahal	Vineeth
2. 100	0 M Girls	Rizwana	Feba	Angel
3. 200	O M Boys	Nibin	Sahal	Arjun
4. 200	0 M Girls	Rizwana	Feba	Prajitha
5. 400	0 M Girls	Maria	Angel	Prajitha
6. 800	O M Boys	Sahal	Vineeth	Prince
7. She	ot Put Girls	Angel	Anaz	Bushra
8. Sho	ot Put Boys	Tisson	Prince	Mebin
9. Dis	scuss Throw (G)	Maria	Rose	Anu
10.	Discuss Throw (B)	Mebin	Prince	Nibin
11.	Javelin Throw (G)	Maria,	Aishwarya	Amritha
		Bushra,		
		Angel		
12.	Javelin Throw (G)	Prince	Sanu	Bibin
13.	Long Jump (B)	Sahal	Arjun	Vineeth
14.	Long Jump (G)	Feba	Akshaya	Amritha
15.	High Jump (G)	Feba	Maria,	Ansu
			Amritha	
16.	High Jump (B)	Sahal	Sumith	Vineeth
17.	4 x 100 Relay (B)	'Godha'	'Theepattikolli'	'Kokachi'
18.	4 x 100 Relay (G)	Theepattikolli'	'Kokachi'	'Padakuthira'

Annual Athletic Meet Medal winners List 2019-20

IMAGE GALLERY





















No.















LOYOLA COLLEGE OF SOCIAL SCIENCES SREEKARYAM, TRIVANDRUM

ANNUAL SPORTS DAY REPORT-2019

ESPIRIT 2019



It is not the will to win that matters- everyone has that, it is the will to prepare to win that matters.

Paul Bryant

Loyola College of Social Sciences has always held on to its aim of achieving excellence through engaged learning. Loyola is known as a college with a difference and rightly so, here, the focus is on the all-round development of every student. Loyola believes is academic progress along with physical fitness. Sports and extracurricular activities form a core of a student's life in Loyola. Loyola conducts its sports meet every year with the entire college being divided into four teams, who fight to be called the champions.

On 23rd of March 2019, Loyola College hosted its Annual Sports meet, Espirit, a day filled with excitement and cheers. The chief guest for the day was the famous Olympian – Kalayathumkuzhi Mathews Beenamol. The day started off with the lighting of the torch and the students entered into the spirit of the occasion with major sports events. The sports events were conducted in two sets - team events and athletics. Some of the major events throughout the sport celebration included badminton, football, cricket, high jump, long jump, chess, javelin throw etc.

On 25th March the annual sports meet was concluded and the winners for each event was announced.

GENERAL RULES

1. For athletic items only three entries are permissible for each team.

2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.

3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.

4. Individual champions are decided on the basis of the participation in the individual items conducted on the sports day.

5. Reporting time for each game event shall be 10 minutes prior to the scheduled time team who does not report at the reporting time shall be disqualified and the opposing team will get the walk over.

6. For athletics, team captains shall ensure that their team members report 10 minutes prior to the scheduled time of the event falling which the respective participants stall not be permitted to participate in that event.

7. The decision of the referees will be final.

8. Complaints, if any should be tendered to the sports secretary by the team leaders the grievances committee consisting of sports secretary by the team leaders the grievances committee consisting of sports secretary, sports staff coordinator college union chairman & vice chairperson will look into the compliant and their decision shall be final.

9. The compliant shall be registered within half an hour of the declaration of the results.

Dr Saji P Jacob

FrSaji S.J

Principal

Sports staff co-ordinator

LIST OF EVENTS

Sl.No	Game	Participants
1	Badminton	4 Teams
2	Dodge ball	4 Teams
3	Cricket	4 Teams
4	Volley ball	4 Teams

ATHLETICS

Sl.No.	List of events	Participant list
1	100 M race (Boys)	Alen Jose, Akshay Kishore, Nibin Mathews, Sajan MS,
		Christopher M, Prince Jacob
2	200 M race (Boys)	Sarath KP, Rameez M Sydeek, Sreejith KP, Abhilash K
		Sebastian, Tison Thomas, Jenin Koshy Abraham,
3	800 M race (Boys	Mathewskutty sunny, Sajin M, Unni S, Sumith CS,
		Ramesh S, Ananthamadhavan, Vineeth Benedict L
4	100 M race (Girls)	Arunima, Manju V, Surya S, Aleena Babu, Dency Mary

		Reji, Jency Lawrence, PriyaVargheses
5	200 M race (Girls)	AncyLal, AnjuCerin Mathew, Annie Bose, BincyBabu,
		Athira Wilson, Brilliant Maria Anto
6	400 M race (Girls)	Meenu Rose Ebi, Rose Maria Siju, DinuMolVarkey,
		Najima TR, Jima Rose, Sandra George, Sruthi V
7	Short put Girls	AshnaRaju, Priya Varghese, ShilaSajeev, Chinnu Maria
		Michael, Nanma Manoj, Merin Jacob
8	Short put Boys	Arun Joseph, Anandu K Baiju, Nibin Mathews,
		Christopher M, Tison Thomas
9	Discus Throw (Girls)	Divya T, Prisma CG,Lincy Jacob,Aswathi A,
		AardraMadhusoodanan, Sruthi S Kumar
10	Discus Throw (Boys)	Harikrishnan RS, Sanu Wilson, Sooraj MR, Alen Jose,
		Prince Jacob, Nibin Mathews
11	Javelin Throw (Girls)	Priya Varghese, ShilaSajeev,Lincy Jacob,Chinnu Maria
		Michael, Nanma Manoj
12	Javelin Throw (Boys)	ArunSabu John, Gokul PG, Sajin M,Anandu K
		Baiju,Unni S, Sumith CS
13	Relay (Girls)	Meenu Rose Ebi, Annie Bose, BincyBabu, Rose Maria
		Siju, DinuMolVarkey, Athira Wilson Najima TR, Jima
		Rose, Sandra George, Sruthi V, ShilaSajeev, Lincy
		Jacob, Nanma Manoj, Dency Mary Reji, Jency Lawrence,
		Manju V
14	Relay (Boys)	Alen Jose, Rameez M Sydeek, ArunSabu John, Akshay
		Kishore, Nibin Mathews, Sajan MS, Christopher M,
		Prince Jacob, Tison Thomas, Ananthamadhavan, Vineeth
		Benedict L,Gokul PG, Sajin M,Unni S,Anandu K
		Baiju,Abhilash K Sebastian
15	Long Jump (Girls)	AncyLal, , Annie Bose, BincyBabu, Athira Wilson,
		Brilliant Maria Anto, Manju V, PriyaVargheses
16	Long Jump (Boys)	Rameez M Sydeek, Gokul PG, Sreejith KP, ArunSabu
		John, Abhilash K Sebastian, Tison Thomas, Jenin Koshy
		Abraham
17	High Jump (Girls)	Arunima, , AnjuCerin Mathew, Surya S, Aleena Babu,

		Dency Mary Reji, Jency Lawrence, Saranya Mohan
18	High Jump (Boys)	Tison Thomas, Ananthamadhavan, Vineeth Benedict L,
		Abhilash K Sebastian, Mathewskutty Sunny

PHOTO GALLERY





Report

<u>Ignite – 2018</u>



The college annual sports events had a around a week-long celebration, spanning for 4 days, from 17 January 2018 to 20 January 2018. On 17 thmorning, at 9:30 am, the union flag consisting the logos of arts, sports and literary items were hoisted, and thus the sports events were inaugurated. The name of the 2018 sports was "Ignite" with a tag line "lets ignite the tracks". The name "Ignite" implied, that we all have flames within, the flame which drives us , which motivates us , which inspires us. The idea of the sports events was to convert the flame into a torch by enhancing the individual and group capabilities of the students. Thus it meant to be a platform for every student, to participate and discover themselves. The sports events were conducted in two sets, one that of team games like football, cricket dodge ball etc and another one which only consisted of athletics. There were four team, a) Winners Pothmukk b) TammarPathar c) Punyalans d) Papans. 17 of January was the first day of the sports events , where the games like dodge ball, football andcricket for both boys and girls , and carroms were played. The games were arranged in such a way that , no team had to play two games a day, and they could take proper rest. On the second day , chess and throwball

were added to the list. The events also consisted of Badminton and volleyball, whose final results were announced on that day itself. On 19 th, the last day of games events, the finals of events like football and cricket were organized and after all the games Winners Pothmuk emerged at the top of the table and Tamar Pathar at the second position.

The last day of the sports events consisted of athletics. It was inaugurated by Dr.Saji P Jacob , The Principal of Loyola College. The torch was lit and handed over to the sports secretary and the captains of all the four teams and the secretary had run a lap around the ground. The events both running, jumping events and throwing events, spanning from 100 m dash to 4*100 M relay and Shotput to Javelin throw. Every event was conducted for both and girls . By noon running and throwing events came to an end and in the afternoon the jumping events like long jump and high jump were conducted. After the athletics , the positions of the teams in the points table didn't change as Winners held on to the top of the table. The individual champion among boys was Mr.SujinDas and among girls Ms.Treesa Varghese. Sports events organized by the college union 2017-18 came to an end by 20 th evening.

GENERAL RULES

1. For athletic items only three entries are permissible for each team.

2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.

3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.

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7. The decision of the referees will be final.

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Dr Saji P Jacob

FrSaji S.J

PrincipalSports staff co-ordinator

LIST OF EVENTS

Sl.No	Game	Participants
1	Badminton	4 Teams
2	Dodgeball	4 Teams
3	Cricket	4 Teams
4	Volley ball	4 Teams

ATHLETICS

Sl.No.	List of events	Participant list	
1	100 M race (Boys)	Jibin K Jose, Sooraj MR, Ekalavyan VP, Arjun TV,	
		Aloysius Antony, Ananthamadhavan TD, Sujin Das	
2	200 M race (Boys)	Sujin Das, JishnuVinayan, Vishnu B.R, Abhilash K	
		Sebastian, Jenin Koshy, Unni S	
3	800 M race (Boys	Surjith V, Christben, Sajan MS, Sarath KP, Sujin Das,	
		Suresh Babu.	
4	100 M race (Girls)	Treesa Varghese, Surya S, Annie Bose, ElnaJospeh,	
		Gouthaami RS, Sruthi V	
5	200 M race (Girls)	Treesa Varghese, Athira S, Soniya Jain Jacob, Annie	
		Bose, Achsah George, Athira KO,	

6	400 M race (Girls)	Parvathy S, Remya Ramesh, Manju V, Surya S, Brilliant
		Maria Anto, ElnaJospeh, TreesaVargheese
7	Short put Girls	SunithaKumari MS, Chinnu Maria, NikithaUgin,
		ShikhaPavithran, Annie Bose
8	Short put Boys	Sajin M, Mathewskutty Sunny, Nounith Noble,
		AravindLal, Surjith V, JishnuVinayan,
9	Discus Throw (Girls)	Annie bose, Reshma MS, Prisma CG, AmalaJoshy,
		Snumol Catherine Scaria, Devika BS
10	Discus Throw (Boys)	Ramesh S, Sreejith KP, SidharthLal, Sarath KP, Jibin K
		Jose, Aloysius Antony
11	Javelin Throw (Girls)	DynaScaria, Sanila VS, MinuHarikumar, Treesa
		Varghese, BincyBabu, Neethu Sharon
12	Javelin Throw (Boys)	Surjith V, Abhilash K Sebastian, Unni S, Sarath KP,
		Ramesh S
13	Relay (Girls)	DynaScaria, Sanumol Catherine Scaria, ShikhaPavithran,
		Annie Bose, Sanila VS, MinuHarikumar, Treesa
		Varghese, BincyBabu, Neethu Sharon, Vandana Suresh,
		Balalekshmi SB, Anjali TM, Chinnu Maria,
		NikithaUgin, Parvathy S, Remya Ramesh
14	Relay (Boys)	Surjith V, Ramesh S, Abhilash K Sebastian, Unni S,
		Sarath KP, Sreejith KP, SidharthLal, Jibin K Jose,
		Aloysius Antony, Sajin M, Mathewskutty Sunny,
		Nounith Noble, AravindLal, Surjith V, JishnuVinayan,
		Sujin Das
15	Long Jump (Girls)	DynaScaria, MinuHarikumar, Treesa Varghese, Neethu
		Sharon, Vandana Suresh, Anjali TM
16	Long Jump (Boys)	Surjith V, Unni S, Sarath KP, Sreejith KP, Mathewskutty
		Sunny, AravindLal, Surjith V, JishnuVinayan
17	High Jump (Girls)	ShikhaPavithran, TreesaVargheese, Ann Mary George,
		Remya Ramesh, Annie Bbose
18	High Jump (Boys)	Surjith V, Abhilash K Sebastian, Unni S, Sarath KP,
		Sajin M, AravindLal, Surjith V, JishnuVinayan

Image Gallery







LOYOLA COLLEGE OF SOCIAL SCIENCES SREEKARYAM, TRIVANDRUM

ANNUAL SPORTS DAY REPORT-2017

SPORTECH



Sports teaches you character, it teaches you to play by rules. It teaches you to know what it feels like to win and lose. It teaches you about life.

-Billie Jean King

Loyola College of Social Sciences is a higher education institution that promotes holistic development of the students. Along with the prime focus of academic excellence the college also considers physical activities as an integral part of the total education system. The students are encouraged to engage in various sports activities throughout the academic year. The annual sports day provides the students a platform to celebrate their talents and to come



together for a common purpose.

On 18th of January 2017, the students were divided into four groups as part of the sports and arts competitions. With much enthusiasm the students began their preparation for the much awaited events. On 14 February 2017, the union flag consisting the logos of arts, sports and literary items were hoisted in the college portico by the Principal, Dr. Jose Boban.

The annual sports meet for year 2017 – SPORTECH- was officially inaugurated by the Chief Guest Brigadier Shaji of NCC Peroorkada. The sports events were conducted in two sets team events such as football, cricket dodge ball etc. and athletics. Team events were the major highlights of the first day beginning with dodge ball and throw ball. The major events throughout the sport celebration included football, cricket, high jump, long jump, chess, javelin throw etc. The events were planned and executed in such a way that all the students had the opportunity to participate. The last day of the sports events, 22 February, consisted mainly of athletics events. The students displayed impressive performances and made optimum utilisation of the opportunities received. It was a day filled with sportsmanship and enthusiasm and surely an experience they would cherish.



GENERAL RULES

1. For athletic items only three entries are permissible for each team.

2. An individual shall participate in a minimum of four individual items listed for the sports day, however no restrictions for group event.

3. There should be minimum of four participants for every event, in the absence of which, that event will stand cancelled.

4. Individual champions are decided on the basis of the participation in the individual items conducted on the sports day.

5. Reporting time for each game event shall be 10 minutes prior to the scheduled time team who does not report at the reporting time shall be disqualified and the opposing team will get the walk over.

6. For athletics, team captains shall ensure that their team members report 10 minutes prior to the scheduled time of the event falling which the respective participants stall not be permitted to participate in that event.

7. The decision of the referees will be final.

8. Complaints, if any should be tendered to the sports secretary by the team leaders the grievances committee consisting of sports secretary by the team leaders the grievances committee consisting of sports secretary, sports staff coordinator college union chairman & vice chairperson will look into the compliant and their decision shall be final.

9. The compliant shall be registered within half an hour of the declaration of the results.

Dr Saji P Jacob

FrSaji S.J

Principal

Sports staff co-ordinator

LIST OF EVENTS

Sl.No	Game	Participants
1	Badminton	4 Teams
2	Dodgeball	4 Teams
3	Cricket	4 Teams
4	Volley ball	4 Teams

ATHLETICS

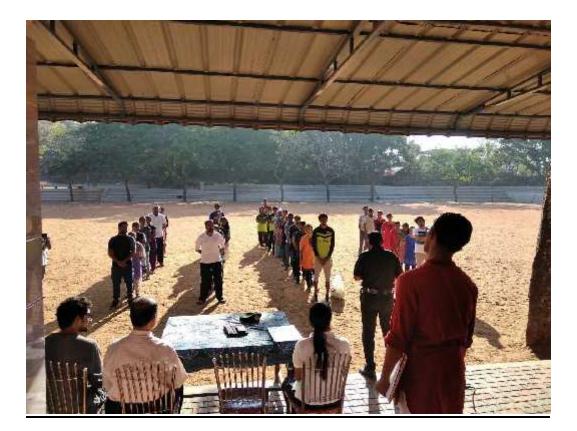
Sl.No.	List of events	Participant list	
1	100 M race (Boys)	AdilHakkim, JishnuVinayan, Vishnu B.R,Jibin K Jose,	
		Athul Danish, Nounith Noble	
2	200 M race (Boys)	Shine Augustine, Nitheesh S, Aloysius Antony, Jibin K	
		Jose AkhilSurendran, Josekutty Kurian, Girinath GS	
3	800 M race (Boys	Kannan G.S, Gireesh Kumar, Athul K Wilson, Fredinent	
		Anson, SainMthews,	
4	100 M race (Girls)	Anu Jaya Mathew, ShikhaPavithran, Leema Martin,	
		Achsah George, Athira KO,Preetha K	
5	200 M race (Girls)	Ragin Mary Toms, Minu Prakash, Venishya Ivan,	
		Parvathy S, Remya Ramesh, Shikha Pavithran	

6	400 M race (Girls)	Divya A, Lavanya V, Sreeja PV, VrindaVijayan,	
		Sanumol Catherine Scaria, AmalaJoshy, DynaScaria	
7	Short put Girls	Suchitra S, Chinchu K Bhavani, Terese Mary Chacko,	
8	Short put Boys	Arun Kumar, Vishnu Prasad,Ekalavyan VP,Jibin K Jose, Geo Michael	
9	Discus Throw (Girls)	Balalekshmi SB, DynaScaria, Merlin Jose, Jiji SS,ShikaPavithran, Soniya Jain Jacob	
10	Discus Throw (Boys)	KashyapNair,AravindLal,AnandhakrishnanKM,JishnuVinayan,Surjith V,Akhil Jose	
11	Javelin Throw (Girls)	Jasna K, Akshaya Krishnan, Ann Roy Kovoor, Soniya Jain Jacob, Arya A, Neethu L	
12	Javelin Throw (Boys)	Deepak S, Georgin V George, AdilHakkim, Surjith V, JishnuVinayan, Kannan GS	
13	Relay (Girls)	 Preetha K, Krishnendu BS, Archana U, Vandana Suresh, Revathy Raj, Neethu Sharon, Unnikrishnan, Sheeba R, Cinupriya Joy, Kajal S Rhaman, Ann Mary George, Kavya Kumar K,Akshaya Krishnan, Ann Roy Kovoor, Soniya Jain Jacob, Michelle Ann Jason, 	
14	Relay (Boys)	AdilHakkim, Krishnajith RG, Shine Augustine, Surjith V, JishnuVinayan, Vishnu B.R,Jibin K Jose, Athul Danish, Nounith Noble, Deepak S, AravindLal, Akhil Jose, Girinath GS, Vishnu Prasad, Geo Michael, Kannan GS	
15	Long Jump (Girls)	Cinupriya Joy, Kajal S Rhaman, Ann Mary George, Kavya Kumar K, Sheeba R, Preetha K	
16	Long Jump (Boys)	Krishnajith RG, Surjith V, Shine Augustine, Vishnu BR, Atul Danish, Kashyap Nair, Girinath GS	
17	High Jump (Girls)	Michelle Ann Jason, Minu Prakash, ShikhaPavithran	
18	High Jump (Boys)	Surjith V, Nitheesh S, Aloysius Antony, Athul K Wilson, Ekalavyan VP	

IMAGE GALLERY







LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



CRITERION 7- Institutional Values and Best Practices

7.2 Best Practices

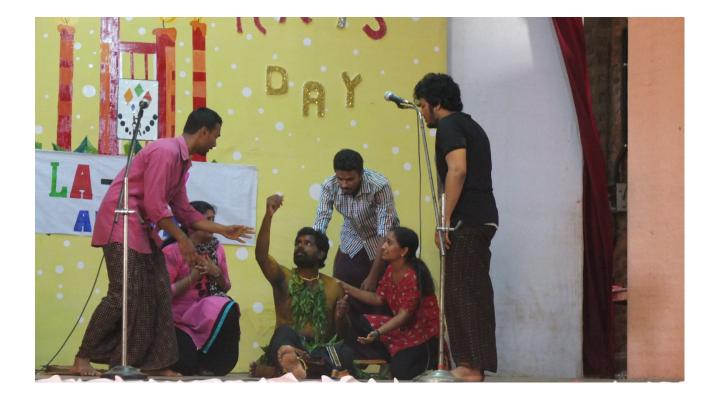
7.2-1 PIMER APPROACH

Documents	Page Number
ARTS DAY REPORT 2016-17	1
ARTS DAY REPORT 2017-18	8
ARTS DAY REPORT 2018-19	15
ARTS DAY REPORT 2019-20	22
ARTS DAY REPORT 2020-21	30

Arts Day Reports 2016-21

LOYOLA COLLEGE OF SOCIAL SCIENCES SREEKARYAM, TRIVANDRUM

ANNUAL ARTS DAY REPORT 2016-2017



"Art is the emotions flowing in a river of imagination". Art is a form of human expression and it has the power to transform, to illuminate, to educate inspire and motivate a person. The Annual arts day for the year 2017 was held on 7 March 2017. Keeping in mind the PIMER – Planning, Implementation, Monitoring, Evaluation and Reporting – approach the preparation for the much waited day began by the February first week. On the 22nd of February the arts day logo was released and the planning committee events began by 1st March. The events were conducted before and after class hours and during lunch break. Some of the events included- poster making, cartoon making, clay modelling, rangoli making etc.

On 7 March arts day was officially inaugurated in the Sutter Hall at 9:30am. There were total four teams competing for the championship. The events were organised at various venues across the campus. Events such as Light Music, Elocution, Group song, Folk song, Duet song English, Malayalam and Hindi recitation were conducted in the JM Hall and the events such as Fancy dress, Folk dance, Group dance, Mono act, Skit Mimicry, Mime Tableau, Kadhaprasangam and Thiruvathira were conducted in the Sutter Hall. There were both group events and individual events. The programme was concluded by 5 in the evening after the declaration of the winners.

RULES FOR THE PARTICIPANTS OF ARTS DAY

- Each person can participate in a maximum number of three individual items and two group items.
- There can be a maximum of two entries for individual competitions from a group, whereas group entries shall be restricted to only ONE except Duet song competition and there should be a total minimum of THREE entries from at least 2 groups for an item of competition to be conducted.
- For all the **individual items**, the points for the various positions shall be as follows:
 - Position 1: 5 Points
 - Position 2: 3 Points
 - Position 3: 2 Points

• Participation :1 point

- For the **group items** the points for the different positions shall be as follows:
 - Position 1: 10 Points
 - Position 2 : 6 Points

Position 3 : 2 Points

- Participation:1 Points
- The team should enter the stage before 2 minutes after the starting bell, or else the entry will be cancelled.
- Participation in individual items, which are conducted on the Arts Day, only will be considered for the award of *Kalathilakam* and *Kalaprathibha*.
- Any appeals in writing should be directed through the team leaders to the grievance committee comprising of Arts Club advisor, Arts club Secretary. The decisions of the committee would be final. Grievance if any should be registered within half an hour of the declaration of the results.

LIST OF EVENTS AND PARTICIPANTS

Sl.No	Event	Participants
<u>1.</u>	Skit	4 Teams
<u>2.</u>	Group Dance	4 Teams
<u>3.</u>	Folk song	4 Teams
<u>4.</u>	Tableau	4 Teams
<u>5.</u>	Group song	4 Teams
<u>6.</u>	Thiruvathira	4 Teams
<u>7.</u>	Mime	4 Teams

INDIVIDUAL EVENTS

Sl.No	Event	Participants
1.	Light Music (Male)	Ferdinent Anson, Geo Michael, Kashyap Nair,
		Nounith Noble, Shine Augustine, Kannan GS
2.	Light Music (Female)	Anithamol Babu, Subhadra PS, Vani VR, Shine
		Michaelina, Catherine, Athira KO, Neethu Sharon,
		Narayani GS
3.	Elocution (Malyalam)	Naviya Antonu, Revathy Raj, Kiran C
		Thengamam, Amala joshy, Sruthi Suresh, Dyna
		Scaria, Gilda Mani
4.	Elocution (English)	Soumya John, Vandana Suresh, Aravind Lal, Ann
		Roy Kovoor, Krishnendu BS, Aloysius Antony,
		Jibin K Jose, Leema Martin
5.	Recitation (Hindi)	Vandana Suresh, SreeJyotish H, Saumya John,
		Aravind Lal, Aloysius Antony
6.	Recitation (Malyalam)	Balalekshmi SB, Kajal S Rahaman, Navya Antony,
		Revathy Raj, Reshma Thomas, Neethu
		Unnikrishnan, Vishnu BR, Nounith Noble
7.	Recitation (English)	Girinath GS, Syam Kumar, Akhil Jose, Arjun TV
		Cinupriya Joy, Ragin Mary Toms, Terese Mary
		Chacko
8.	Mono act	Soniya Jain Jacob, Neha suresh, Sruthi Suresh,
		Febina S Kumar, Kavya Kumar, Athira S, Aswathy
		AL

9.	Fancy dress	Vani VR, Vandana Suresh, Jishnu Vijayan, Vishnu
		BR, Sheeba R, Sain Mathews, Akhil Surendran,
		Adil Hakkim
10.	Kadhaprasangam	Krishnendu, Chinchu K Bhavani, Sanumol
		Catherine Scaria, Dyna Scaria, Ann Mary George,
		Deepak S, Shikha Pavithran, Cinupriya
11.	Duet song	Narayani GS, Geo Michael, Kashyap Nair, Vani
		VR, Shine Augustine, Deepti, Antony Sebastian,
		Ancy B Kairali, Nounith Noble, Gilda Mani
12.	Folk Dance	Sanumol Catherine Scaria, Krishnendu BS,
		Venishya Ivan, Ekalavyan VP, Aravind Lal, Jishnu
		Vijayan, Vishnu Prasad, Athul Danish,

PHOTO GALLERY











LOYOLA COLLEGE OF SOCIAL SCIENCES SREEKARYAM, TRIVANDRUM

ANNUAL ARTS DAY REPORT 2017-2018



On 17 November 2017 the captains for the sports and arts teams were selected after which the all the students were divided into four groups. A soon as the groups were decided the students began their preparation for one of the most awaited event of Loyola. Annual arts day for the year 2018 was celebrated at Loyola on 18 January 2018. The programme was officially inaugurated by Dr Saji P Jacob, Principal Loyola College of Social Sciences in the Sutter Hall at 9:30 am. The function began with a prayer by the college choir and concluded by 10:30 followed by the main events. The events were organised at various venues across the campus. Events such as Light Music, Elocution, Group song, Folk song, Duet song English, Malayalam and Hindi recitation were conducted in the JM Hall and the events such as Fancy dress, Folk dance, Group dance, Mono act, Skit Mimicry, Mime Tableau, Kadhaprasangam and Thiruvathira were conducted in the Sutter Hall. The results for all the events – group and individual was announced by 5 pm thus concluding the arts day on a high note.

RULES FOR THE PARTICIPANTS OF ARTS DAY

- Each person can participate in a maximum number of three individual items and two group items.
- There can be a maximum of two entries for individual competitions from a group, whereas group entries shall be restricted to only ONE except Duet song competition and there should be a total minimum of THREE entries from at least 2 groups for an item of competition to be conducted.
- For all the individual items, the points for the various positions shall be as follows:
 - Position 1: 5 Points
 - Position 2: 3 Points
 - Position 3: 2 Points
 - Participation :1 point
- For the group items the points for the different positions shall be as follows:

- Position 1: 10 Points
- Position 2 : 6 Points

Position 3 : 2 Points

- Participation:1 Points
- The team should enter the stage before 2 minutes after the starting bell, or else the entry will be cancelled.
- Participation in individual items, which are conducted on the Arts Day, only will be considered for the award of *Kalathilakam* and *Kalaprathibha*.
- Any appeals in writing should be directed through the team leaders to the grievance committee comprising of Arts Club advisor, Arts club Secretary. The decisions of the committee would be final. Grievance if any should be registered within half an hour of the declaration of the results.

LIST OF EVENTS AND PARTICIPANTS

Sl.No	Event	Participants
<u>1.</u>	Group song	4 Teams
<u>2.</u>	Group Dance	4 Teams
<u>3.</u>	Folk song	4 Teams
<u>4.</u>	Mime	4 Teams
<u>5.</u>	Skit	4 Teams
<u>6.</u>	Thiruvathira	4 Teams
<u>7.</u>	Tableau	4 Teams

GROUP EVENTS

INDIVIDUAL EVENTS

Sl.No	Event	Participants
1.	Light Music (Male)	Jibin K Jose, Geo Michael, Kashyap Nair, Nounith
		Noble, Mathewskutty Sunny, Alen Jose, Christben
2.	Light Music (Female)	Subhadra PS, Vani VR, Narayani GS, Aardhra
		Madhusoodanan, PV Parvathy, Catherine, Archana
		Louis
3.	Elocution (Malyalam)	Balalekshmi SB, Gilda Mani, Dyna Scaria, Febina
		S Kumar, Suresh Babu, Abhilash K Sebastian,
		Reshma Raveendran, Arunima S
4.	Elocution (English)	Aloysius Antony, Aravind Lal, Ramesh S, Sooraj
		MR, Sanumol Catherine Scaria Archana Louis,
		Christansia Das, Anju Anna Ggeevargheese
5.	Recitation (Hindi)	Aloysius Antony, Saumya John, Vandana Suresh,
		Aravind Lal, Unni S
6.	Recitation (Malyalam)	Balalekshmi SB, Dyna Scaria, , Sarath KP, Sajan
		MS, Krishnajith RG, Surjith V, Athira KO, Neethu
		L
7.	Recitation (English)	Meenu Rose Ebi, Ashiely S James, Soniya Jain
		Jacob, Venishya Ivan, Sreejith KP,
		Ananthapadmanabhan J, Vishnu BR
8.	Mono act	Minu Harikumar, Vrinda Vijayan, Febina S Kumar,
		Neethu Sharon, Neethu L, Vishnu BR, Jibin K
		Jose, Ann Mary George, Gouthaami RS

9.	Fancy dress	Jishnu Vijayan, Vishnu BR, Vandana Suresh,
		Amala Joshy, Anithamol Babu, Devika BS,
		Nounith Noble, Ramesh S, Parvathy
10.	Kadhaprasangam	Minu Harikumar, Treesa Varghese, Najima, Sandra
		George, Gouthaami RS, Chinnu Maria
11.	Duet song	Siddharth Lal, Chinnu Maria, Catherine, Subhadra
		PS, Vani VR, Kashyap Nair, Geo Michael,
		Narayani GS, Brilliant Maria Anto, Nounith Noble
12.	Folk Dance	Ekalavyan VP, Soniya Jain Jacob, Archana Louis,
		Sanumol Catherine Scaria, Venishya Ivan, Blessy,
		Durga, Aardhra Madhusoodhanan

IMAGE GALLERY













LOYOLA COLLEGE OF SOCIAL SCIENCES SREEKARYAM, TRIVANDRUM

ANNUAL SPORTS DAY REPORT 2018-2019



KALADIKSHA

Every year arts day is celebrated at Loyola with utmost enthusiasm. On this day the students are given a chance to showcase their creative ambition and drive. It is believed that arts provide an essential means of gaining perspective and as an institution Loyola strives to instil in the students a sense of independence and to grow as individuals with transcendence. Every year the students are divided into four teams and this year's teams were – Kumbalangi Stars, Kosarakolllikal, Kalinga and Poothumbi.

KALADIKSHA – Annual arts day for the year 2019 was celebrated at Loyola on 18th March 2019. The programme was officially inaugurated in the Sutter Hall at 9:30 am. The function began with a prayer by the college choir. The events were organised at various venues across the campus. Events such as Light Music, Elocution, Group song, Folk song, Duet song English, Malayalam and Hindi recitation were conducted in the JM Hall and the events such as Fancy dress, Folk dance, Group dance, Mono act, Skit Mimicry, Mime Tableau, Kadhaprasangam and Thiruvathira were conducted in the Sutter Hall. The entire days programme ended by 5:30 PM after the announcement of the final results.

RULES FOR THE PARTICIPANTS OF ARTS DAY

- Each person can participate in a maximum number of three individual items and two group items.
- There can be a maximum of two entries for individual competitions from a group, whereas group entries shall be restricted to only ONE except Duet song competition and there should be a total minimum of THREE entries from at least 2 groups for an item of competition to be conducted.
- For all the individual items, the points for the various positions shall be as follows:
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 - Position 3: 2 Points
 - Participation :1 point

- For the **group items** the points for the different positions shall be as follows:
 - Position 1: 10 Points
 - Position 2 : 6 Points

Position 3 : 2 Points

- Participation:1 Points
- The team should enter the stage before 2 minutes after the starting bell, or else the entry will be cancelled.
- Participation in individual items, which are conducted on the Arts Day, only will be considered for the award of *Kalathilakam* and *Kalaprathibha*.
- Any appeals in writing should be directed through the team leaders to the grievance committee comprising of Arts Club advisor, Arts club Secretary. The decisions of the committee would be final. Grievance if any should be registered within half an hour of the declaration of the results.

LIST OF EVENTS AND PARTICIPANTS

Sl.No	Event	Participants
<u>1.</u>	Group song	4 Teams
<u>2.</u>	Group Dance	4 Teams
<u>3.</u>	Folk song	4 Teams
<u>4.</u>	Mime	4 Teams
<u>5.</u>	Skit	4 Teams
<u>6.</u>	Thiruvathira	4 Teams
<u>7.</u>	Tableau	4 Teams

GROUP EVENTS

INDIVIDUAL EVENTS

Sl.No	Event	Participants
1.	Light Music (Male)	Arun Joseph, Rahul A, Sajin M, Ramesh S,Jenin Koshy, Abraham, Gokul PG
2.	Light Music (Female)	Adithya S, Sruthi V, Chinnu Maria Michel, BincyBabu, Serina, Aardhra Madhusoodanan,Christansia Das
3.	Elocution (Malyalam)	Ashiely, Mareena Siby, Vineeth Benedict,VSArjun, Dency Mary Reji Aardhra Madhusoodanan,Tison Thomas, Abhilash K Sebastian
4.	Elocution (English)	Sandra Johnson, Rameez M Sydeek, Jophy,Ashiely S James, Ashwini Prasad, Prince Jacob,Maria Terese
5.	Recitation (Hindi)	Dinu Mol Varkey, Rameez M Sydeek, Ashiely SJames, Archana Louis, Anju Cerine Babu
6.	Recitation (Malyalam)	MariaTerese,AnjuAnnaGheevargheese,MathewsuttySunny,NajimaTR,GreeshmaK,AswathyGGGGG
7.	Recitation (English)	Treesa Varghese, Sanu Wilson, Bincy Babu, Maria Terese, Anju Anna Gheevargheese, Nabin KS,
8.	Mono act	Merin Jacob, Aishwarya Sunil, Tison Thomas, Nibin Mathews, Riya K Aniyan, Aleena Babu, Unni S, Ananthamadhavan TD
9.	Fancy dress	Brilliant Maria Anto, Nibin Mathews, AishwaryaSunil, Archana Louis, Reshma Raveendran,Abhilash K Sebastian, Sidharth Lal, Meenu RoseEbi,
10.	Kadhaprasangam	Meenu Mariam, Maria Terese, Jenin Koshy Abraham, Suresh Babu, Sarath KP, Ancy Lal, Priya Jayan, Reshma SS

11.	Duet song	Sooraj MR, Annie Bose, Chinnu Maria Michel,
		Aardhra Madhusoodhanan, Alan, Brilliant Maria
		Anto, Gokul PG, Sandra Johnson, , Greeshma K,
		Christben,
12.	Folk Dance	Aishwarya Sunil, Daya Nair, Merin Jacob, Nabin
		KS, VS Arjun, Arunima S, Riya K Aniyan

IMAGE GALLERY













LOYOLA COLLEGE OF SOCIAL SCIENCES SREEKARYAM, TRIVANDRUM

ANNUAL ARTS DAY REPORT 2019-2020

SARGAKELI



As proclaimed by 40th session of UNESCO's General conference in 2019, Arts day is a celebration that promotes development, diffusion and enjoyment of art. Art nurtures creativity, innovation and cultural diversity for all people across the globe and plays an important role in sharing knowledge and encouraging curiosity and dialogue. Loyola College of Social Sciences has always acknowledged the importance of arts in a person's life and the annual arts day provides the students a platform to showcase their artistic abilities.

The annual sport day, SARGAKELI, for the year 2020 was held on 4th March 2020 at different venues across the college campus. The official inaugural function began at 10:00 am. The chief guest of the function was Fr. Sunny Kunnappallil S.J, Rector and Manager, Loyola College of Social Sciences. The function began with a prayer by the college choir. The formal inaugural was followed by the cultural programs. The cultural programs were conducted in two different venues. Events such as English, Malayalam and Hindi recitation, Light Music, Elocution, Group song, Folk song and Duet song were conducted in the JM Hall and the events like Group dance, Mono act, Skit Mimicry, Mime, Fancy dress, Folk dance Tableau, Kadhaprasangam and Thiruvathira were conducted in Sutter Hall. There were both individual items as well as group items.

RULES FOR THE PARTICIPANTS OF ARTS DAY

- Each person can participate in a maximum number of three individual items and two group items.
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 - Position 3: 2 Points

• Participation :1 point

- For the **group items** the points for the different positions shall be as follows:
 - Position 1: 10 Points
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Position 3 : 2 Points

- Participation:1 Points
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- Participation in individual items, which are conducted on the Arts Day, only will be considered for the award of *Kalathilakam* and *Kalaprathibha*.
- Any appeals in writing should be directed through the team leaders to the grievance committee comprising of Arts Club advisor, Arts club Secretary. The decisions of the committee would be final. Grievance if any should be registered within half an hour of the declaration of the results.

LIST OF EVENTS AND PARTICIPANTS

Sl.No	Event	Participants
<u>1.</u>	Group song	4 Teams
<u>2.</u>	Group Dance	4 Teams
<u>3.</u>	Folk song	4 Teams
<u>4.</u>	Skit	4 Teams
<u>5.</u>	Mime	4 Teams
<u>6.</u>	Tableau,	4 Teams
<u>7.</u>	Thiruvathira	4 Teams

INDIVIDUAL EVENTS

Sl.No	Event	Participants		
1.	Elocution (Malayalam)	Mehna Nawas, Wincy Bibi, Divya P, Varsha KM,		
		Suremya SL, Tison Thomas, Vineeth Benedict,		
		Ananthu BL		
2.	Elocution (Hindi)	Dinu Mol Varkey, Shilpa Sajeev, Akshay Kishore,		
		Aadhil KU		
3.	Elocution (English)	Nithya George, Fatima Ansar, Abhirami JS,		
		Aswathy G, Ashwini Prasad, Jayaprakash		
		Narayanan, Nabin KS, VS Arjun		
4.	Recitation (English)	Nibin Mathews, Aleena Babu, VS Arjun, Adarsh		
		Raj, Priya Varghese, Sandra Johnson, Neenu Susan		
		George,		
5.	Recitation (Malayalam)	Sandra Johnson, Aswathy G, Dinu Mol Varkey,		
		Jithu Johncy, Anoop Sunil, Bibin NC, Harikrishnan		
		G, Akshay Kishore, Nibin Mathews, Gokul PG		
6.	Recitation (Hindi)	Maria Terese, Donia Maria, Riya K Aniyan,		
		Aparna AM, Kavitha K, VS Arjun, Anandu K		
		Baiju, Sahal Iqbal		
7.	Light Music	Akshaya T, Aparna AM, Asumtha Mary, Sulekha		
		D, Aswathy G, Jithu Johncy, VS Arjun, Anandu K		
		Baiju, Harikrishnan RS, Sumth CS, Sanghamithra		
8.	Duet song	Anoop Sunil, Bibin NC, Anandu K Baiju,		
		Harikrishnan RS, Wincy Bibi, Divya P,		
		Sanghamithra, Amritha VS, Sheethal Mariam,		
		Akshay Kishore		

9.	Mono act	Megha TG, Arya Gosh, Priya V Ninan, Raeya
		Stanley, Dinu Mol Varkey, Anoop Sunil, Rahul A Sanu Wilson, Joy SS
10.	Fancy dress	Narthana B, Angel Babu, Anaz Narayan, Gayatri AL, Gokul PG, Sandra Johnson, Harikrishnan RS, Joy SS, Tison Thomas
11.	Kadhaprasangam	Jesintha Joseph, Jeeva Varghese, Sufina Siyad, Mareena Siby, Jomes T James, Priya Varghese, Sumth CS, Prince Jacob
12.	Folk Dance	Dency Mary Reji, Riya K Aniyan, Feba KR, Arathy SV

The day ended with the announcement of the results.

IMAGE GALLERY









REPORT OF ARTS DAY 2020-21

The Annual Arts Day was held at Sutter Hall on the auspicious day of 29th March 2021. The official inaugural function had begun at 10:00 am. The chief guest of the function was acclaimed film actress Arthana Binu who was also an alumni of Loyola College of Social Sciences. The function began with a prayer by the college choir. It was followed by the welcome speech of Dr.Nisha Jolly Nelson, Arts Club Advisor, HOD Dept of Sociology. After the welcome speech, Principal Dr. Saji P Jacob gave the Presidential Address.The Arts Day function was inaugurated by film actress Arthana Binu by lighting the lamp. The felicitation address was given by Vice Principal Dr. Sabu P Thomas. The introduction of judges was done by Dr. Angelo Mathew, Arts Club Advisor, Asst. Professor, HRM Department. It was followed by vote of thanks which was delivered by Ms. Anna Elias, Arts Club Secretary.



The formal inaugural function got concluded by 10:30 am and it was followed by cultural programs. The cultural programs were planned to be conducted in two venues. Light music, English and Malayalam recitation, Elocution, Group song, Folk

song and Duet song were conducted in JM Hall whereas Monoact, Mimicry, Group dance, Mime, Fancy dress, Tableu and Thiruvathira were conducted in Sutter Hall.Programs such as light music and mimicry were conducted before the inauguration.There were both individual items as well as group items.



As per the rules of the Arts Day Celebrations, each person can participate in a maximum of three individual items and two group items. There can be a maximum of two entries for individual competitions from a group, whereas group entries shall be restricted to only one except for duet song. There should be a minimum of three entries from at least two groups for an item of competition. For individual items, the points for various positions are, first place – five points, second place – three points and third place – two points. For group items, the points for various positions are, first place – six points and third place – two points. The team should enter the stage before two minutes after the starting bell, or else the entry will be cancelled. Participation in individual items, which are conducted on Arts Day, only will be considered for the award of Kalathilakam and Kalaprathibha.All

individual and group items were conducted as per the time schedule. Finally the Arts Day Celebrations were concluded at 3:00 pm.

Regarding the points and score card of the participants for the Arts Day Celebrations, Group 1 Double Barrel received a score of 62, Group 2 Minnalpada received a score of 56, Group 3 Killadis received a score of 77 and Group 4 Samrat received a score of 70. For the Sports Day Celebrations, Group 1 Double Barrel received a score of 97, Group 2 Minnalpada received a score of 88, Group 3 Killadis received a score of 52 and Group 4 Samrat received a score of 157. The grand total scores of the four groups were 159, 144, 129 and 227. Group 4 Samrat emerged as the highest scorer in the Arts and Sports Day Celebrations. Second place was bagged by Double Barrel and the Golden Jubilee College Union Ever Rolling Cricket Trophy was awarded to Minnalpada.

Rules for the participants of Arts Day

- Each person can participate in a maximum number of Threeindividual items and Twogroup items.
- There can be a maximum of Twoentries for individual competitions from a group, whereas group entries shall be restricted to onlyONEexcept Duet song competitionThere should be atotal minimum of THREE entriesfromat least 2 groups for an item of competition to be conducted.
- For all the **individual items**, the points for the various positions shall be as follows:
 - Position 1: 5 Points
 - Position 2: 3 Points
 - Position 3: 2Points
 - Participation :1 point
- For the group items the points for the different positions shall be as follows:
 - Position 1: 10 Points
 - Position 2 : 6 Points Position3 : 2 Points
 - Participation:1 Points
- The team should enter the stage before 2 minutes after the starting bell, or else the entry will be cancelled.
- Participation in individual items, which are conducted on the Arts Day,only will be considered for the award of *Kalathilakam*and*Kalaprathibha*.

 Any appeals in writing should be directed through the team leaders to the grievance committee comprisingof Arts Club advisor, Arts club Secretary. The decisions of the committee would be final. Grievance if anyshould be registered within half an hour of the declaration of the results.

Sl. No	Events	No. of participants	Max. Time (mint)	Rules
1	Light music female	1	5	No karaoke allowed Film songs will not be considered
2	Light music male	1	5	No karaoke allowed Film songs will not be considered
3	Elocution Malayalam	1	4	Topic will be given on the spot
4	Elocution English	1	4	Topic will be given on the spot
5	Recitation Malayalam	1	5	
6	Recitation English	1	5	
7	Mimicry	1	5	
8	Mono act	1	5	
9	Duet song	2	5	Instruments are not allowed Participants can sing with or with out karaoke
10	Group song		6	
11	Group dance	5-7	6	Any Indian folk or semi classical
12	Thiruvathira	(6+2)(8+2)	6	No instruments can be allowed, except kuzhithalam.
13	Mime	5-7	6	Make up is only allowed in face
14	Folk song	5-7	6	
15	Tableau	5-7	2	Background music are not allowed

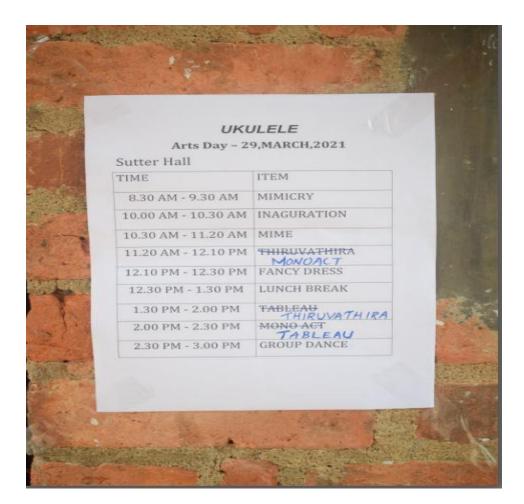


Image Gallery







