

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



CRITERIA 7: Institutional Values and Best Practices

7.3 Institutional Distinctiveness

Engaged Competence Enhancement (ECE)

**Detailed Reports of the Extension Activities for
the Year 2020-21**

Total Number of Reports: 12

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**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



NSS Camp Report 2020-21

NSS CAMP 2021

DHWANI

February 15th to February 21st

About NSS

National Service Scheme is under the Ministry of Youth Affairs & Sports Government of India, popularly known as NSS was launched in Mahatma Gandhi's birth centenary year 1969, in 37 universities involving 40,000 students. The primary focus of NSS is the development of personality of students through community service. Today, NSS has more than 3.2 million student volunteers on its roll spread over 298 universities and 42 (+2) senior secondary councils and directorate of vocational education all over the country. From its inception, more than 3.75 cores students from universities, colleges and institutions of higher learning have benefited from the NSS activities as student volunteers.

The scheme now extends to all the states and universities in the country and covers +2 levels also in many states. Students, teachers, guardians, government, universities and college/schools and the people in general now realize the need and significance of NSS. It has aroused among the student youth an awareness of the realities of life, a better understanding and appreciations of the problems of the people. NSS is, thus, a concrete attempt in making campus relevant to the needs of the community.

Community service entered university and +2 levels students has covered several aspects like adoption of villages for intensive development work carrying out the medico-social surveys, setting up of medical centers, programmers of the mass immunization, sanitation drivers, adult education programmes for the weaker sections of the community, blood donation, helping patients in hospitals, helping residents off orphanages and physically handicapped etc. NSS volunteers did commendable relief work during natural calamities / emergencies such as cyclones, flood, famine, earthquakes etc. from time to time all over the world.

The NSS students have also done useful work in organizing companions for the eradication of social evils, and popularization of the nationally accepted objectives like nationalism, democracy, secularism, social harmony and development of scientist temper.

OBJECTIVES OF NSS

The main objectives of National Service Scheme (NSS) are;

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving
4. Develop among them a sense of social and civic responsibility
5. Utilize their knowledge in finding practical solutions to individuals and community problems.
6. Develop competence required for group living and sharing of responsibilities
7. Gain skills in mobilizing community participation
8. Acquire leadership qualities and democratic attitudes
9. Develop capacity to meet emergencies and natural disasters and practice national integration and social harmony

NSS & LOYOLA

Loyola College of Social Sciences was founded by the Society of Jesus (Jesuits) in 1963, the college offers courses in MA (Sociology, Social Work & Human Resource Management) & MSc. Counselling Psychology. The college is affiliated to the University of Kerala and is a recognized research Centre of the University. The Centre prepares the students for Ph.D. in Sociology, Social Work and Management studies and also takes up sponsored research projects. A full-fledged extension services, Loyola Extension Services (LES) is a unique feature of the college. The LES acts as a social lab of the college. The LES acts as the social lab of the college.

True to the Jesuit tradition of MAGIS (excellence) and the commitment to faith and justice, Loyola strives to reach the benefits of higher education to the people, especially the marginalized. In reaching this goal, we are guided by the Ignatius vision of life and its application in Jesuit education. NSS unit of the college has a history of more than 45 years. While Kothari commission propagated NSS at the National Level, Loyola became instrumental in the establishment of NSS in Kerala University. Fr. Puthenkalam S.J, the first principal of Loyola, took the pain for the initiation of the NSS programme in Loyola and the

end fruit was unit KL-07-011, functional NSS unit in the college. Voluntary membership of all the students joining the college is the uniqueness of this college.

To build social sensitivity in the youth, NSS always promoted rural live in campus where the students live with a selected community for a period of 10 days to have a real-life experience of that community for a period of 10 days to have a real-life experience of that community. Later these 10 days is reduced to 7 days by the University. A seven-day group living with limited amenities and the interactions with the community, give the student a first-hand picture of the struggle, a common man in that particular community has to face, to make to make the ends meet. Normally, a social-economically backward are will be the priority. Loyola has a history of vibrant and live memories of camp life, cherished by the various batches of 1963 onwards.

This year the camp was organised in the college. The camp was named 'Dhwani'. It was organised from February 15th to February 21st. The seven day camp was inaugurated by Sri.Prasanth MLA, Principal Dr.Saji.P.Jacob presided the function. The camp was planned to give a real life experience for the students. In the afternoon there was programme by Sri.Brahma Nayakam Mahadevan, NSS trainer and Motivational speaker. In that students were given live lessons for waste management and they were asked to take a short film for 10 minutes. The students were made into groups and there was a presentation by students and it was evaluated. A green audit was taken up by the students for two days and that covered Bio diversity audit, water audit and energy audit. Dr.Francina and Dr,Joice gave orientation to students for doing the green audit.

An awareness programme on youth and health in the context of COVID-19 was taken by Dr. Amar S Fettle, State Nodal Officer, COVID-19 and youth health. The other programmes in the camp include how to start organic farming in the campus. The session was taken by Dr. Manoj Agricultural officer, Kollam As part of the camp students conducted COVID -19 survey along with green protocol awareness in Cheruvikkal area. There were two alumni interactions one by Ms.Asha Babu and the second one by Mr. Ajith Pozhiyoor, both of them has won the recent panchayath elections. There was a session taken by Ms.Uma Kalyani on Yoga and nutrition. As part of the camp, students planted 100 plants in pots with the guidance from our beloved Gopi Chettan. A programme titled 'A Smile' was taken by Mr. Hari GV . The session was well taken by the students. Shramadhan was organised in the college and also in the Janamaithri Police station. In the last day there was a musical concert by the Kerala Police. There was camp evaluation and in the closing ceremony Dr.Saji P Jacob presided over the function. The camp magazine 'Kaioppu' was released during that time by Fr. Sabu P Thomas. Both camp report and survey report were presented. The camp came to an end with the cultural programmes by the volunteers.

SURVEY REPORT

Household Survey To Assess The Impact Of Covid-19 On Livelihood Among Residents Of Cheruvikkal Ward, Sreekaryam

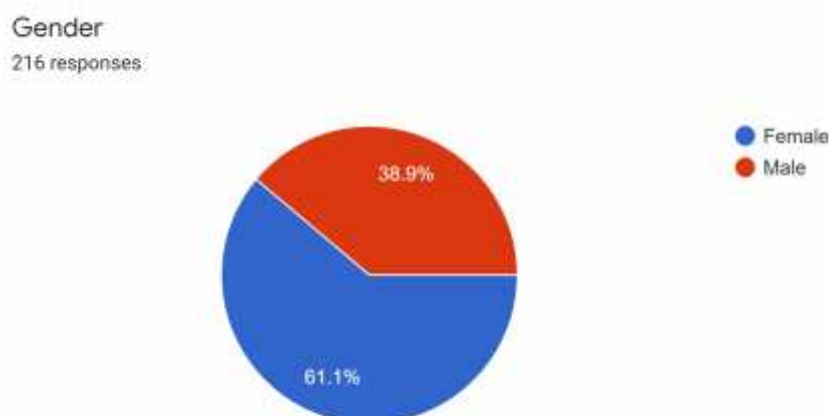
A household survey was held on 17 February 2021 by the NSS unit of Loyola College of Social Sciences, Thiruvananthapuram. The study was conducted to assess the impact of Covid-19 pandemic on livelihood among residents of Cheruvikkal area, Sreekaryam. 68 students from 5 different departments went to 3 densely populated pockets of Sreekaryam namely Sai Baba Colony, Oolamkunnu and Ayodhya Nagar.

The highly motivated and driven batch of students interviewed 216 respondents and collected data required for this study. The survey questionnaire was carefully put together under the guidance of Dr. Jyothi Krishna, HoD, Department of Disaster Management and the tool used for this survey was Google form.

Due to some practical difficulties the target population was not interviewed much. The samples consist of people mostly from middle class and above. People belonging to economically weaker sections were not found in these areas.

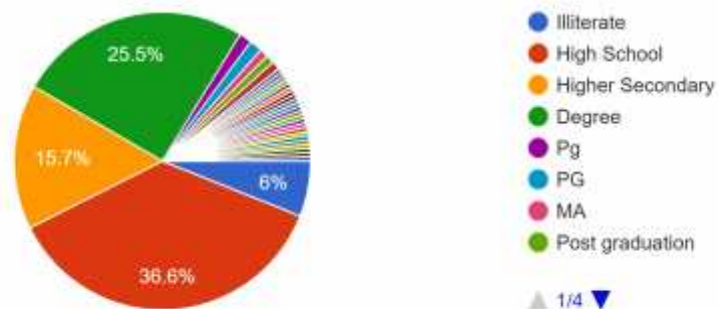
Major Observations

Out of 216, 61.1% respondents were female and 38.9% were head of households.



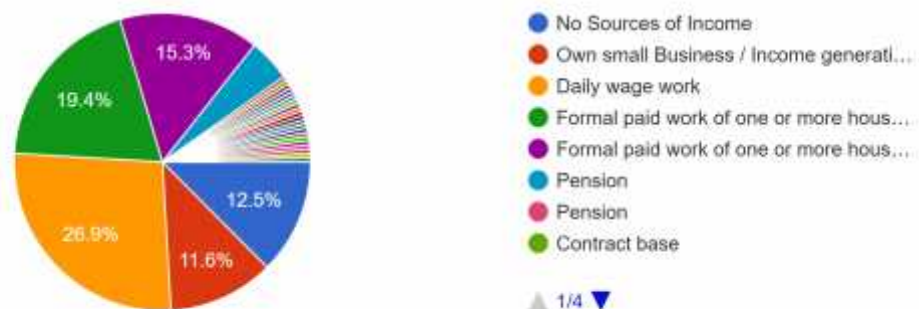
Most of the respondents were educated, 36.6% studied till high school, 25.5% had graduation, 15.7% studied till higher secondary and 6% were illiterate.

Level of Education
216 responses



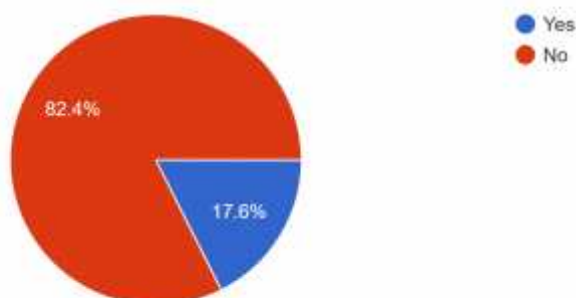
Data on sources of income showed that 26.9% were daily wage work and 12.5% had no source of income at all. Likely 19.4% worked in the private sector and 15.3% in the public sector.

Which is the main Source of income in your household
216 responses



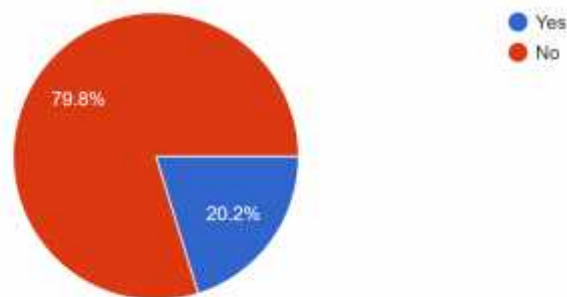
Out of 216 respondents, 17.6% had some kind of health issues during the lockdown period and in that 20.2% couldn't get timely access to health care facilities.

Did any of your household members face any health issues during lockdown
216 responses



If yes, did you face problems in accessing timely health care

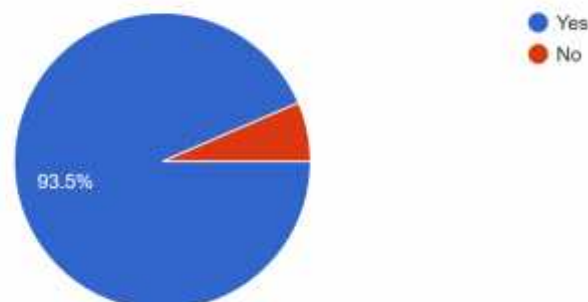
94 responses



Even Though there were some confusions regarding the ration card details, our collected data shows that even now in the capital city, we have 6.5% people belonging to lower economic conditions without ration cards. Each one of them has their own reason for this.

Do you have a ration Card

216 responses



Another major finding was that there is a change in purchasing pattern of essential items among these respondents. 24.5% respondents started buying smaller quantities of products, while 3.7% started buying cheaper products.

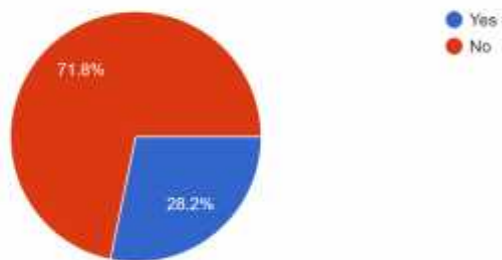
Have you or other members of the household changed the purchasing pattern of essential items since Lockdown

216 responses



Pandemic had an impact on the livelihood of people too, 28.2% lost their livelihood during the lockdown period.

Did any of the household member lose their job/livelihood during the lockdown
216 responses



Constraints

Finalizing the mode of survey. Last minute issues with getting permission from the authorities and Covid-19 protocol were the major constraint that we faced during this survey.

Limitations

Design flows like no option for marking the widow and ration card color was a mandatory question.

Questionnaire wasn't tested.

Issues with the data entry in the Google form affected the overall output. For instance, pension can't be kept as a main source of income but most students marked it like that.

Pointers for future exploration

What is the nature of livelihood loss that people in the informal sector suffered?

How did they cope with it?

These areas can be taken up for future research or study?

Learnings

The analysis of the data from this survey indicates that the Covid-19 pandemic and the resultant lockdown mainly affected the lives of people from lower economic backgrounds. Loss of job, difficulty in accessing health care facilities on time, changes in purchasing pattern to adapt with the lower income level are major impacts that lockdown had on them.

PHOTO FIESTA











DHWANI 2021
Annual 7days Special Camp
National Service Scheme – Kerala University Unit KL-07-011
Loyola College of Social Sciences, Trivandrum

15 th February to 21st February 2021

Sutter Hall, Loyola College of Social Sciences

Sl. No.	Class No.	Name of the Camper	Enrollment No.	I	II	III	IV	V	VI	VII	Remarks by PO
				15-Feb	16-Feb	17-Feb	18-Feb	19-Feb	20-Feb	21-Feb	
1	MSW 01	1. AARYA MATHEW	KL-07-011-19-01	Aarya	Aarya	Aarya	Aarya	Aarya	Aarya	Aarya	
2	MSW 02	2. ALAN BERCHMANS	KL-07-011-19-02	Alan	Alan	Alan	Alan	Alan	Alan	Alan	
3	MSW 03	3. ALBY PJ	KL-07-011-19-03	Alby	Alby	Alby	Alby	Alby	Alby	Alby	
4	MSW 04	4. ALIYATH SUMAYYA K	KL-07-011-19-04	Aliyath	Aliyath	Aliyath	Aliyath	Aliyath	Aliyath	Aliyath	
5	MSW 05	5. ANGEL MARIYA DOMINIC	KL-07-011-19-05	Angel	Angel	Angel	Angel	Angel	Angel	Angel	
6	MSW 06	6. ANN ROSE MATHEW	KL-07-011-19-06	Ann	Ann	Ann	Ann	Ann	Ann	Ann	
7	MSW 07	7. ANNU THOMAS	KL-07-011-19-07	Annu	Annu	Annu	Annu	Annu	Annu	Annu	
8	MSW 08	8. APARNA RAJ A	KL-07-011-19-08	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	
9	MSW 09	9. ATHIRA VARMA S	KL-07-011-19-09	Athira	Athira	Athira	Athira	Athira	Athira	Athira	
10	MSW 10	10. BIBIN Y THOMAS	KL-07-011-19-10	Bibin	Bibin	Bibin	Bibin	Bibin	Bibin	Bibin	
11	MSW 11	11. DEVIKA PRASAD	KL-07-011-19-11	Devika	Devika	Devika	Devika	Devika	Devika	Devika	
12	MSW 12	12. GOURI S. NATH	KL-07-011-19-12	Gouri	Gouri	Gouri	Gouri	Gouri	Gouri	Gouri	
13	MSW 13	13. HEERAKRISHNA R	KL-07-011-19-13	Heera	Heera	Heera	Heera	Heera	Heera	Heera	
14	MSW 14	14. HIMA ROY	KL-07-011-19-14	Hima	Hima	Hima	Hima	Hima	Hima	Hima	
15	MSW 15	15. JEENA S RAJ	KL-07-011-19-15	Jeena	Jeena	Jeena	Jeena	Jeena	Jeena	Jeena	
16	MSW 16	16. JINCY BABY	KL-07-011-19-16	Jincy	Jincy	Jincy	Jincy	Jincy	Jincy	Jincy	

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Anitha S

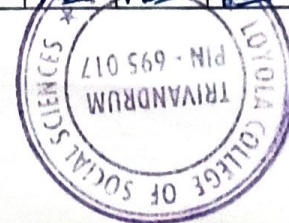


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17	MSW 17	17. JOSEY JAMES	KL-07-011-19-17	<u>Josey</u>	<u>Josey</u>	<u>Josey</u>	<u>Josey</u>	<u>Josey</u>	<u>Josey</u>	<u>Josey</u>	
18	MSW 18	18. JOSHNI JOSE	KL-07-011-19-18	<u>Joshni</u>	<u>Joshni</u>	<u>Joshni</u>	<u>Joshni</u>	<u>Joshni</u>	<u>Joshni</u>	<u>Joshni</u>	
19	MSW 19	19. JUMY GEORGE	KL-07-011-19-19	<u>Jumy</u>	<u>Jumy</u>	<u>Jumy</u>	<u>Jumy</u>	<u>Jumy</u>	<u>Jumy</u>	<u>Jumy</u>	
20	MSW 20	20. K ANAGHA SOMAN	KL-07-011-19-20	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	
21	MSW 21	21. LIBIN VARGHESE	KL-07-011-19-21	<u>Libin</u>	<u>Libin</u>	<u>Libin</u>	<u>Libin</u>	<u>Libin</u>	<u>Libin</u>	<u>Libin</u>	
22	MSW 22	22. REJITHA RAVI	KL-07-011-19-22	<u>Reji</u>	<u>Reji</u>	<u>Reji</u>	<u>Reji</u>	<u>Reji</u>	<u>Reji</u>	<u>Reji</u>	
23	MSW 23	23. ROSEMARY PAUL	KL-07-011-19-23	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	
24	MSW 24	24. SREE LEKSHMI J S	KL-07-011-19-24	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	
25	MSW 25	25. SREEHARI A K	KL-07-011-19-25	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	<u>Sree</u>	
26	MSW 26	26. VINAYAK S KARTHIKEYAN	KL-07-011-19-26	<u>Vinay</u>	<u>Vinay</u>	<u>Vinay</u>	<u>Vinay</u>	<u>Vinay</u>	<u>Vinay</u>	<u>Vinay</u>	
27	HRM 01	1. AKSHAYA PRAKASH	KL-07-011-19-27	<u>Akshaya</u>	<u>Akshaya</u>	<u>Akshaya</u>	<u>Akshaya</u>	<u>Akshaya</u>	<u>Akshaya</u>	<u>Akshaya</u>	
28	HRM 02	2. AMBILY E.H.	KL-07-011-19-28	<u>Ambily</u>	<u>Ambily</u>	<u>Ambily</u>	<u>Ambily</u>	<u>Ambily</u>	<u>Ambily</u>	<u>Ambily</u>	
29	HRM 03	3. ANSUN JACOB	KL-07-011-19-29	<u>Ansun</u>	<u>Ansun</u>	<u>Ansun</u>	<u>Ansun</u>	<u>Ansun</u>	<u>Ansun</u>	<u>Ansun</u>	
30	HRM 04	4. APARNA PADMAKUMAR	KL-07-011-19-30	<u>Aparna</u>	<u>Aparna</u>	<u>Aparna</u>	<u>Aparna</u>	<u>Aparna</u>	<u>Aparna</u>	<u>Aparna</u>	
31	HRM 05	5. ARAFATH MOHAMMED A	KL-07-011-19-31	<u>Arafath</u>	<u>Arafath</u>	<u>Arafath</u>	<u>Arafath</u>	<u>Arafath</u>	<u>Arafath</u>	<u>Arafath</u>	
32	HRM 06	6. ATHUL JAMES	KL-07-011-19-32	<u>Athul</u>	<u>Athul</u>	<u>Athul</u>	<u>Athul</u>	<u>Athul</u>	<u>Athul</u>	<u>Athul</u>	
33	HRM 07	7. AUGUSTINE SOORAJ K J	KL-07-011-19-33	<u>Augustine</u>	<u>Augustine</u>	<u>Augustine</u>	<u>Augustine</u>	<u>Augustine</u>	<u>Augustine</u>	<u>Augustine</u>	
34	HRM 08	8. CHIPPY RAJ	KL-07-011-19-34	<u>Chippy</u>	<u>Chippy</u>	<u>Chippy</u>	<u>Chippy</u>	<u>Chippy</u>	<u>Chippy</u>	<u>Chippy</u>	
35	HRM 09	9. CHRIS MARIA FRANCIS	KL-07-011-19-35	<u>Chris</u>	<u>Chris</u>	<u>Chris</u>	<u>Chris</u>	<u>Chris</u>	<u>Chris</u>	<u>Chris</u>	
36	HRM 10	10. DANIEL WILLIAM	KL-07-011-19-36	<u>Daniel</u>	<u>Daniel</u>	<u>Daniel</u>	<u>Daniel</u>	<u>Daniel</u>	<u>Daniel</u>	<u>Daniel</u>	
37	HRM 11	11. HAMNA THARAYIL	KL-07-011-19-37	<u>Hamna</u>	<u>Hamna</u>	<u>Hamna</u>	<u>Hamna</u>	<u>Hamna</u>	<u>Hamna</u>	<u>Hamna</u>	
38	HRM 12	12. KALYANI NAIR G H	KL-07-011-19-38	<u>Kalyani</u>	<u>Kalyani</u>	<u>Kalyani</u>	<u>Kalyani</u>	<u>Kalyani</u>	<u>Kalyani</u>	<u>Kalyani</u>	
39	HRM 13	13. NIRMAL T SEBASTIAN	KL-07-011-19-39	<u>Nirmal</u>	<u>Nirmal</u>	<u>Nirmal</u>	<u>Nirmal</u>	<u>Nirmal</u>	<u>Nirmal</u>	<u>Nirmal</u>	
	HRM 14	14. PARVATHY P J	KL-07-011-19-40	<u>Parvathy</u>	<u>Parvathy</u>	<u>Parvathy</u>	<u>Parvathy</u>	<u>Parvathy</u>	<u>Parvathy</u>	<u>Parvathy</u>	
	HRM 15	15. ROSHNI REX	KL-07-011-19-41	<u>Roshni</u>	<u>Roshni</u>	<u>Roshni</u>	<u>Roshni</u>	<u>Roshni</u>	<u>Roshni</u>	<u>Roshni</u>	

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42	HRM 16	16. RYAN K	KL-07-011-19-42	Ryan	Ryan	Ryan	Ryan	Ryan	Ryan	Ryan	
43	HRM 17	17. SUNITH T S	KL-07-011-19-43	Sunith	Sunith	Sunith	Sunith	Sunith	Sunith	Sunith	
44	HRM 18	18. THEJAS M S	KL-07-011-19-44	Thejas	Thejas	Thejas	Thejas	Thejas	Thejas	Thejas	
45	HRM 19	19. VISHNU SHAJI	KL-07-011-19-45	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu	
46	SOC 01	1. ABHIRAMIKRISHNAN S	KL-07-011-19-46	Abhiram	Abhiram	Abhiram	Abhiram	Abhiram	Abhiram	Abhiram	
47	SOC 02	2. ALEENA N	KL-07-011-19-47	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	
48	SOC 03	3. AMAL DEV OB	KL-07-011-19-48	Amal	Amal	Amal	Amal	Amal	Amal	Amal	
49	SOC 04	4. ANAMIKA U P	KL-07-011-19-49	Anamika	Anamika	Anamika	Anamika	Anamika	Anamika	Anamika	
50	SOC 05	5. ANANDHU B S	KL-07-011-19-50	Anandhu	Anandhu	Anandhu	Anandhu	Anandhu	Anandhu	Anandhu	
51	SOC 06	6. ANGEL RAJ	KL-07-011-19-51	Angel	Angel	Angel	Angel	Angel	Angel	Angel	
52	SOC 07	7. ANJALI G P	KL-07-011-19-52	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	
53	SOC 08	8. ANJITHA M C	KL-07-011-19-53	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha	
54	SOC 09	9. ARDRA ANIL	KL-07-011-19-54	Ardra	Ardra	Ardra	Ardra	Ardra	Ardra	Ardra	
55	SOC 10	10. ARUN SB	KL-07-011-19-55	Arun	Arun	Arun	Arun	Arun	Arun	Arun	
56	SOC 11	11. BHAGYA S KUMAR	KL-07-011-19-56	Bhagya	Bhagya	Bhagya	Bhagya	Bhagya	Bhagya	Bhagya	
57	SOC 12	12. DIJA M.	KL-07-011-19-57	Dija	Dija	Dija	Dija	Dija	Dija	Dija	
58	SOC 13	13. DIVYA UNNI	KL-07-011-19-58	Divya	Divya	Divya	Divya	Divya	Divya	Divya	
59	SOC 14	14. DRISYA P LAL	KL-07-011-19-59	Drishya	Drishya	Drishya	Drishya	Drishya	Drishya	Drishya	
60	SOC 15	15. FEVI WILLIAM F	KL-07-011-19-60	Fevi W	Fevi W	Fevi W	Fevi W	Fevi W	Fevi W	Fevi W	
61	SOC 16	16. GOWRI LEKSHMI P S	KL-07-011-19-61	Gowri	Gowri	Gowri	Gowri	Gowri	Gowri	Gowri	
62	SOC 17	17. JANCY JHONS S	KL-07-011-19-62	Jancy	Jancy	Jancy	Jancy	Jancy	Jancy	Jancy	
63	SOC 18	18. JINCY RAJ S S	KL-07-011-19-63	Jincy	Jincy	Jincy	Jincy	Jincy	Jincy	Jincy	
64	SOC 19	19. JINO P JOHN	KL-07-011-19-64	Jino	Jino	Jino	Jino	Jino	Jino	Jino	
65	SOC 20	20. JINU CHANDRAJ R	KL-07-011-19-65	Jinu	Jinu	Jinu	Jinu	Jinu	Jinu	Jinu	
	SOC 21	21. KNOES A B S	KL-07-011-19-66	Knoes	Knoes	Knoes	Knoes	Knoes	Knoes	Knoes	

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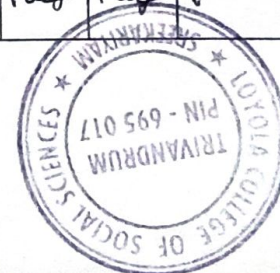
[Signature]

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67	SOC 22	22. KRISHNENDHU B	KL-07-011-19-67	K. Bal	K. Bal	K. Bal	K. Bal	K. Bal	K. Bal	K. Bal	K. Bal
68	SOC 23	23. MARIAM JACOB	KL-07-011-19-68	M. Mary	M. Mary	M. Mary	M. Mary	M. Mary	M. Mary	M. Mary	M. Mary
69	SOC 24	24. RESHMA N R	KL-07-011-19-69	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma
70	SOC 25	25. SALMAN	KL-07-011-19-70	Salman	Salman	Salman	Salman	Salman	Salman	Salman	Salman
71	SOC 26	26. SARANYA T J	KL-07-011-19-71	S.T.J	S.T.J	S.T.J	S.T.J	S.T.J	S.T.J	S.T.J	S.T.J
72	SOC 27	27. SREE SIDHARTH M S	KL-07-011-19-72	S.S	S.S	S.S	S.S	S.S	S.S	S.S	S.S
73	SOC 28	28. SREELEKSHMI MV	KL-07-011-19-73	S.S	S.S	S.S	S.S	S.S	S.S	S.S	S.S
74	SOC 29	29. SREETHU SREENIVASAN	KL-07-011-19-74	S.S	S.S	S.S	S.S	S.S	S.S	S.S	S.S
75	SOC 30	30. UNNIMAYA L K	KL-07-011-19-75	U.S	U.S	U.S	U.S	U.S	U.S	U.S	U.S
76	PSY 01	1. AGRA S KUMAR	KL-07-011-19-76	A.S	A.S	A.S	A.S	A.S	A.S	A.S	A.S
77	PSY 02	2. AJINA T	KL-07-011-19-77	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina	Ajina
78	PSY 03	3. ALEENA ANDREWS	KL-07-011-19-78	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena
79	PSY 04	4. AMMU CHRISTOPHER	KL-07-011-19-79	Ammu	Ammu	Ammu	Ammu	Ammu	Ammu	Ammu	Ammu
80	PSY 05	5. ANAKA RAJENDRAN	KL-07-011-19-80	Ana	Ana	Ana	Ana	Ana	Ana	Ana	Ana
81	PSY 06	6. ANCHU A S	KL-07-011-19-81	Anchu	Anchu	Anchu	Anchu	Anchu	Anchu	Anchu	Anchu
82	PSY 07	7. ANJU S M	KL-07-011-19-82	Anju	Anju	Anju	Anju	Anju	Anju	Anju	Anju
83	PSY 08	8. ANU ABRAHAM	KL-07-011-19-83	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu
84	PSY 09	9. ASNA SUBHAKUMAR	KL-07-011-19-84	Asna	Asna	Asna	Asna	Asna	Asna	Asna	Asna
85	PSY 10	10. AVANI V S	KL-07-011-19-85	Avani	Avani	Avani	Avani	Avani	Avani	Avani	Avani
86	PSY 11	11. AYSHA AREEBA	KL-07-011-19-86	Aysha	Aysha	Aysha	Aysha	Aysha	Aysha	Aysha	Aysha
87	PSY 12	12. BIJI BAKER G	KL-07-011-19-87	Biji	Biji	Biji	Biji	Biji	Biji	Biji	Biji
88	PSY 13	13. D S POOJA	KL-07-011-19-88	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
89	PSY 14	14. FAYIZA FYZEE	KL-07-011-19-89	Fayiza	Fayiza	Fayiza	Fayiza	Fayiza	Fayiza	Fayiza	Fayiza

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90	PSY 15	15. JITHILA WILSON	KL-07-011-19-90	Jith	Jith	Jith	Jith	Jith	Jith	Jith	Jith	
91	PSY 16	16. NISHA S	KL-07-011-19-91	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha	
92	PSY 17	17. OMJAYASREE ERUPPAK	KL-07-011-19-92	OE	OE	OE	OE	OE	OE	OE	OE	
93	PSY 18	18. SANIKA DAS A K	KL-07-011-19-93	Sanika	Sanika	Sanika	Sanika	Sanika	Sanika	Sanika	Sanika	
94	PSY 19	19. SREELAKSHMI P S	KL-07-011-19-94	SPS	SPS	SPS	SPS	SPS	SPS	SPS	SPS	
95	PSY 20	20. VAISHNAVI S	KL-07-011-19-95	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	
96	PSY 21	21. VARSHA B M	KL-07-011-19-96	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	
97	DM 01	1. ABHIRAMI S	KL-07-011-19-97	Abhira	Abhira	Abhira	Abhira	Abhira	Abhira	Abhira	Abhira	
98	DM 02	2. AKSHARA SOBHANAN	KL-07-011-19-98	Akshara	Akshara	Akshara	Akshara	Akshara	Akshara	Akshara	Akshara	
99	DM 03	3. APARNA R	KL-07-011-19-99	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	
100	DM 04	4. ARUN ANIL	KL-07-011-19-100	Arun	Arun	Arun	Arun	Arun	Arun	Arun	Arun	
101	DM 05	5. ASHIN P J	KL-07-011-19-101	Ashin	Ashin	Ashin	Ashin	Ashin	Ashin	Ashin	Ashin	
102	DM 06	6. BILBILAL P SAJI	KL-07-011-19-102	BB	BB	BB	BB	BB	BB	BB	BB	
103	DM 07	7. BRIJITH MARIA THOMAS	KL-07-011-19-103	Brijith	Brijith	Brijith	Brijith	Brijith	Brijith	Brijith	Brijith	
104	DM 08	8. DELNA JOHN	KL-07-011-19-104	Delna	Delna	Delna	Delna	Delna	Delna	Delna	Delna	
105	DM 09	9. EBIN THOMAS BABU	KL-07-011-19-105	Ebin	Ebin	Ebin	Ebin	Ebin	Ebin	Ebin	Ebin	

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106	DM 10	10. FATHIMA N	KL-07-011-19-106	Fathima	Fathima	Fathima	Fathima	Fathima	Fathima	Fathima	
107	DM 11	11. GOPIKA RAJENDRAN	KL-07-011-19-107	Gopi	Gopi	Gopi	Gopi	Gopi	Gopi	Gopi	
108	DM 12	12. HIMA S H	KL-07-011-19-108	Hima	Hima	Hima	Hima	Hima	Hima	Hima	
109	DM 13	13. JILSHA A B	KL-07-011-19-109	Jilsha	Jilsha	Jilsha	Jilsha	Jilsha	Jilsha	Jilsha	
110	DM 14	14. NAYANA SCARIA	KL-07-011-19-110	Nayana	Nayana	Nayana	Nayana	Nayana	Nayana	Nayana	
111	DM 15	15. NELEENA SCARIA	KL-07-011-19-111	Neleena	Neleena	Neleena	Neleena	Neleena	Neleena	Neleena	
112	DM 16	16. NITYA NIBU	KL-07-011-19-112	Nitya	Nitya	Nitya	Nitya	Nitya	Nitya	Nitya	
113	DM 17	17. PRIJIN S KUMAR	KL-07-011-19-113	Prijin	Prijin	Prijin	Prijin	Prijin	Prijin	Prijin	
114	DM 18	18. ROSHAN JOHN NETTO	KL-07-011-19-114	Roshan	Roshan	Roshan	Roshan	Roshan	Roshan	Roshan	
115	DM 19	19. SAM SANTHOSH MATHI	KL-07-011-19-115	Sam	Sam	Sam	Sam	Sam	Sam	Sam	
116	DM 20	20. SHILU S AJAI	KL-07-011-19-116	Shilu	Shilu	Shilu	Shilu	Shilu	Shilu	Shilu	
117	DM 21	21. SHYMA A	KL-07-011-19-117	Shyma	Shyma	Shyma	Shyma	Shyma	Shyma	Shyma	
118	DM 22	22. SNEHA MATHEW	KL-07-011-19-118	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	

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Extension activity by the three departments during the COVID pandemic- 2021

During the 2nd lockdown, 2021 when students were in their respective hometown the three departments namely Social Work, Disaster Management and Counselling Psychology collaborated with NSS Unit of Loyola College, Kerala State Mental Health Authority and District Mental Health Program (DMHP) for providing psycho-social intervention for the COVID affected patients. This initiative was conceived as a two-step process: (1) webinar by Kerala State Mental Health Authority on Psycho social Care Protocol and Strategy, (2) tele-counselling to provide psycho-social support for the patients under quarantine or in isolation due to the covid-19 disease. Students and faculty in-charges of all the three departments actively participated in the extension activity.

(1) Webinar by Kerala State Mental Health Authority on Psycho social Care Protocol and Strategy

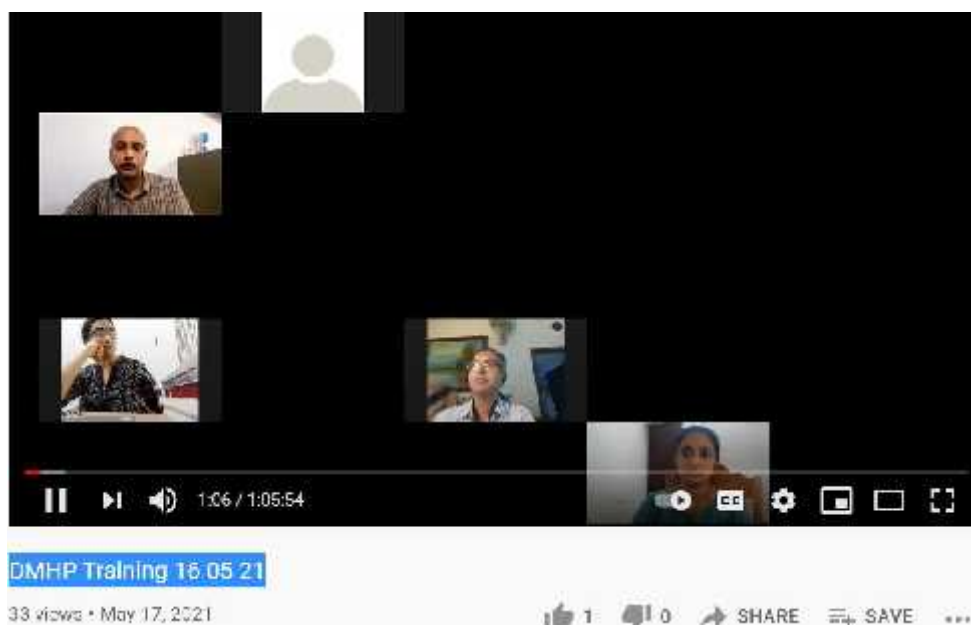
Theme:	“Psycho-social Care Interventions” organized by Kerala State Mental Health Authority and DMHP-Thiruvananthapuram
Date: 16 May 2021	Time: 10.00 am-12.00 pm
Resource person:	Dr. Kiran P.S., Secretary-Kerala Mental Health and Dr .Unnikrishnan Nair, Head, DMHP-Trivandrum
Zoomlink	https://esh-se.zoom.us/j/66151137914
Participants	75 students from MSW, MSW-DM and MSc. Counselling Psychology, Loyola College, Trivandrum
Faculty coordinator	Dr. Sonny Jose, Head, Department of Social Work
Faculty-in charges	Dr. Jyothi, Dr. Pramod, Dr. Francina and Dr. Ammu
Youtube link	https://youtu.be/CMYKSEujflc
Outcome	<ul style="list-style-type: none">) Orientation on psycho social care protocol and strategy was given.) Districts except Thrissur was declared open for support care.) Timeslots was specified from 2-8pm to accommodate class) WhatsApp Group was created.) Booster training was assured.

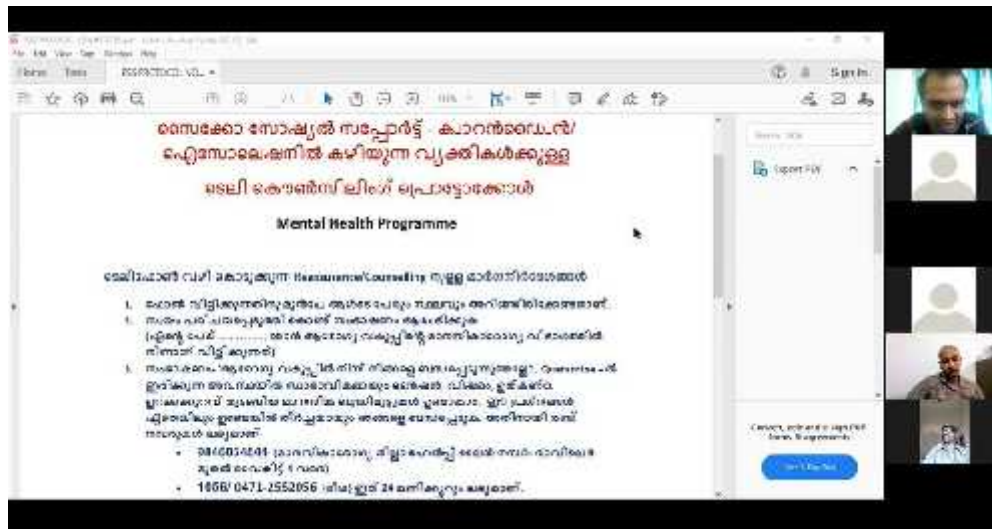
75 students from MSW, MSW-DM and MSc. Counselling Psychology attended the webinar. Dr. Kiran and DMHP Trivandrum Team lead by Dr. Unnikrishnan oriented the students on Psycho social Care for COVID-19 on 17 May 202. Dr. Nirmal, Mr. Hari Vijay, Ms. Sreeveena and Remya from DMHP were also present during the webinar.

Dr.Kiran welcomed them into a historical initiative that clocked 8.5 million calls, perhaps clocking the entire number of calls to NIMHANS in one day. Reassurance calls to attend to

those in quarantine. Follow-up on 20th day after recovery. With escalation in cases in May the focus turned to COVID positive and receives almost 50000 calls. Providing support to health workers as well as public supported on two Hotline numbers associated with ‘Ottakkalla Oppam Und’. There are innumerable genuine calls. He warned the students that sometimes the data is not available he contacts and hence it takes great caution to introduce oneself to the contact; he for warned that the responses might be reactive to passive. They need to also anticipate persons who are VIPs.

Eventually, Dr. Unnikrishnan oriented the students on how to deal based on a Psychosocial Care Protocol. He listed a host of instructions – 1. Confirming the details as per list provided; 2.introducing the counsellor/ support worker as part of Health Services; 3.Reconfirming with them specific checklist to assess sleep disturbances, somatic illness, breathlessness, if there is any complaints asking them to call either Mental Health Authorities two numbers between 9-4 pm and always 1056 and 104 to DISHA. If any symptoms cited then note the number and intimate the data consolidation team and assure of call back. The basic strategy is allowing them to ventilate and then only reassure those that they will be followed up by higher authorities.





(2) Tele-counselling to provide psycho-social support for the patients under quarantine or in isolation due to the covid-19 disease.

After the preparation webinar, students who volunteered for the tele-counselling got integrated with the DMHP work which is part of the Government's Ottakalla oppemundu" program. This program aims to provide psycho-social support amongst the patients under quarantine or in isolation due to Covid-19 disease via tele-counselling. The various duties undertaken by the students included:

- ❖ To undertake tele-counselling to provide psycho-social support for the patients in quarantine or in isolation due to the covid-19 disease.
- ❖ To report the cases of patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.
- ❖ To report the cases of patients suffering due to social problems such as lack of access to medicine and food.
- ❖ To share the Government help line numbers with these patients.
- ❖ To follow up with the patients who have completed their quarantine to provide psycho-social care.

Department wise consolidation of tele-counselling undertaken

1. Department of Social Work

Sl.No.	Particulars	Number of calls
1.	No. of student volunteers for tele-counselling:	28
2.	Number of days completed as on 20-08-2021	41 days
3.	Number of Covid positive patients contacted	14961

4.	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	4744
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2. Department of Disaster Management

Sl.No.	Particulars	Number of calls
J	No. of student volunteers for tele-counselling:	2
J	Number of days completed as on 21-09-2021	200 days
J	Number of Covid positive patients contacted	1159
J	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	755

3. Department of Counselling Psychology

Sl.No.	Particulars	Number of calls
J	No. of student volunteers for tele-counselling:	12
J	Number of days completed as on 20-08-2021	30 days
J	Number of Covid positive patients contacted	2140
J	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	200

Outcome:

- J Students got trained on the basic psycho-social support for the patients in quarantine or in isolation due to the covid-19 disease
- J Students learned to integrate themselves and work with an outside governmental agency
- J Students learned responsible reporting to DMHP supervisors
- J At college level this extension activity could show-case interdepartmental coordination and extension of student services to governmental organization DMHP when COVID pandemic was at its peak and uncertainty had hit everyone's mental health.

Participant list:

1. Webinar by Kerala State Mental Health Authority on Psychosocial Care Protocol and Strategy

Sl. No	Course	Year	Name
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1.	MSc Counselling Psychology	2 nd	Arathy. S. V
2.	MSc Counselling Psychology	2 nd	Aiswarya Jayan. R
3.	MSc Counselling Psychology	2 nd	Arathy. B. Kumar
4.	MSc Counselling Psychology	2 nd	Narthana. B. Suresh
5.	MSc Counselling Psychology	2 nd	Kavya. B. K
6.	MSc Counselling Psychology	2 nd	Sulekha. D
7.	MSc Counselling Psychology	2 nd	Wincy Bibi
8.	MSc Counselling Psychology	2 nd	Anaz Narayan
9.	MSc Counselling Psychology	2 nd	Megha T. G
10.	MSc Counselling Psychology	2 nd	Devika
11.	MSc Counselling Psychology	2 nd	Shilpa
12.	MSc Counselling Psychology	2 nd	Mehana
13.	MSc Counselling Psychology	2 nd	Abhirami
14.	MSc Counselling Psychology	2 nd	Jeeva varghese
15.	MSc Counselling Psychology	2 nd	Asumptha
16.	MSc Counselling Psychology	1 st	Anju S M
17.	MSc Counselling Psychology	1 st	Varsha B M
18.	MSc Counselling Psychology	1 st	AyshaAreeba
19.	MSc Counselling Psychology	1 st	Anakha Rajendran
20.	MSc Counselling Psychology	1 st	D.s pooja
21.	MSc Counselling Psychology	1 st	Anu Abraham
22.	MSc Counselling Psychology	1 st	Ajina.T
23.	MSc Counselling Psychology	1 st	Sreelekshmi. P. S
24.	MSc Counselling Psychology	1 st	Sanika
25.	MSc Counselling Psychology	1 st	Agra
26.	MSc Counselling Psychology	1 st	Avani
27.	MSc Counselling Psychology	1 st	Jithila

28.	MSc Counselling Psychology	1 st	FayizaFyzee
29.	MSc Counselling Psychology	1 st	Aleena Andrews
30.	MSc Counselling Psychology	1 st	Nisha S
31.	MSc Counselling Psychology	1 st	Vaishnavi.s
32.	MSc Counselling Psychology	1 st	Omjayasree
33.	MSc Counselling Psychology	1 st	Biji
34.	MSW in Disaster Management	1 st	Sneha Mathew
35.	MSW in Disaster Management	1 st	Gopika Rajendran
36.	MSW in Disaster Management	1 st	Akshara Sobhanan
37.	MSW in Disaster Management	1 st	Shyma A
38.	MSW in Disaster Management	1 st	Arun Anil
39.	MSW in Disaster Management	1 st	Fathima N
40.	MSW in Disaster Management	1	Abhirami S
41.	MSW in Disaster Management	1 st	Aparna R
42.	MSW in Disaster Management	1 st	Delna John
43.	MSW in Disaster Management	1 st	Brijith Maria Thomas
44.	MSW in Disaster Management	1 st	Nayana Scaria
45.	MSW in Disaster Management	1 st	Sam Sathosh Mathew
46.	MSW in Disaster Management	1 st	Bilbilal P Saji
47.	MSW in Disaster Management	1 st	NeleenaScaria
48.	MSW	1 st	Aarya Mathew
49.	MSW	1 st	Alan Berchmans
50.	MSW	1 st	Alby PJ
51.	MSW	1 st	Aliyath Sumayya K Y
52.	MSW	1 st	Angel Mariya Dominic
53.	MSW	1 st	Ann Rose Mathew
54.	MSW	1 st	Annu Thomas
55.	MSW	1 st	Anu Biju
56.	MSW	1 st	Aparna Raj A
57.	MSW	1 st	Athira Varma S
58.	MSW	1 st	Bibin Y Thomas
59.	MSW	1 st	Devika Prasad
60.	MSW	1 st	Gouri S. Nath

61.	MSW	1 st	Heerakrishna R
62.	MSW	1 st	Hima Roy
63.	MSW	1 st	Jeena S Raj
64.	MSW	1 st	Jincy Baby
65.	MSW	1 st	JisnaJ S
66.	MSW	1 st	Josey James
67.	MSW	1 st	Joshni Jose
68.	MSW	1 st	Jumy George
69.	MSW	1 st	K Anakha Soman
70.	MSW	1 st	Jibin Varghese
71.	MSW	1 st	Rejitha Ravi
72.	MSW	1	Rosemary Paul
73.	MSW	1 st	Sreehari A K
74.	MSW	1 st	Sreelekshmi J S
75.	MSW	1 st	Vinayak S Karthikeyan

2. Tele-counselling to provide psycho-social support

Sl. No	Course	Year	Name
1.	MSc Counselling Psychology	2 nd	Arathy. S. V
2.	MSc Counselling Psychology	2 nd	AiswaryaJayan. R
3.	MSc Counselling Psychology	2 nd	Arathy. B. Kumar
4.	MSc Counselling Psychology	2 nd	Narthana. B. Suresh
5.	MSc Counselling Psychology	2 nd	Kavya. B. K
6.	MSc Counselling Psychology	2 nd	Sulekha. D
7.	MSc Counselling Psychology	1 st	Varsha B.M
8.	MSc Counselling Psychology	1 st	Anju S.M
9.	MSc Counselling Psychology	1 st	Anakha Rajendran
10.	MSc Counselling Psychology	1 st	Nisha S
11.	MSc Counselling Psychology	1 st	Ajina .T
12.	MSc Counselling Psychology	1 st	Sreelekshmi. P. S
13.	MSW in Disaster Management	1 st	Akshara Sobhanan
14.	MSW in Disaster Management	1st	Abhirami S
15.	MSW	1 st	Aarya Mathew
16.	MSW	1 st	Alan Berchmans
17.	MSW	1 st	Alby PJ

18.	MSW	1 st	AliyathSumayya K Y
19.	MSW	1 st	Angel Mariya Dominic
20.	MSW	1 st	Ann Rose Mathew
21.	MSW	1 st	Annu Thomas
22.	MSW	1 st	Anu Biju
23.	MSW	1 st	Aparna Raj A
24.	MSW	1 st	Athira Varma S
25.	MSW	1 st	Bibin Y Thomas
26.	MSW	1 st	Devika Prasad
27.	MSW	1 st	Gouri S. Nath
28.	MSW	1 st	Heerakrishna R
29.	MSW	1 st	Hima Roy
30.	MSW	1 st	Jeena S Raj
31.	MSW	1 st	Jincy Baby
32.	MSW	1 st	Jisna J S
33.	MSW	1 st	Josey James
34.	MSW	1 st	Joshni Jose
35.	MSW	1 st	Jumy George
36.	MSW	1 st	K Anakha Soman
37.	MSW	1 st	Jibin Varghese
38.	MSW	1 st	Rejitha Ravi
39.	MSW	1	Rosemary Paul
40.	MSW	1 st	Sreehari A K
41.	MSW	1 st	Sreelekshmi J S
42.	MSW	1 st	Vinayak S Karthikeyan

Covid Relief Activities 2020-21

2021

NSS unit of Loyola College of Social Sciences along with the department of Social work and Disaster management initiated Covid Relief activities in the pandemic period. Given the limitations imposed by the college the Department limited its activities primarily to coordinating the on-line services throughout May to August 2021. The two engagements were primarily the KCBC and DHMP Helplines for remote counselling. The primary activities engaged with were follow-up of Covid positive as well as those who had been quarantined by the Government Department. The following were the list of students engaged.

List of Students willing to engage with KCBC Psychosocial Care Services Initiative
Department of Social Work, Loyola College of Social Sciences (14 May 2021)

Name	Email-address	Mob	Remarks	
			Online	Field
1. Josey James	sebastianmancherikalam@gmail.com	9495060795		
2. Angel Mariya Dominic	angelmarivadominic@gmail.com	7902698006		
3. Jincy Baby	jincybabysh33@gmail.com	9446903900		
4. Libin Varghese	libinmanackalethu@gmail.com	7510340156		
5. Aliyath Sumayya KY	sumisumayya224@gmail.com	9745333669		
6. Alby PJ	sriothe89@gmail.com	8075367847		
7. Juny George	jumygeorge01@gmail.com	7025947114	☒	
8. Bibin Y Thomas	bibin9447@gmail.com	8281251486		
9. K Anakha Soman	anakhaks1999@gmail.com	9778087657		
10. Anu Biju	anubij96@gmail.com	8589040034		
11. Sreehari A K	sreehariak4599@gmail.com	9562987149		
12. Aarya Mathew	lathaaarya@gmail.com	9495074121		☒
13. Annu Thomas	annmaria93999@gmail.com	9497375828		☒
14. Rejitha Ravi	rejithathankam19@gmail.com	9497108753		☒
15. Heerakrishna R	krishnaheera1998@gmail.com	8281964639		☒
16. Joshni Jose	joshnijose1999@gmail.com	7034634248		☒
17. Gouri S Nath	gourikailas1998@gmail.com	8921871363		☒
18. Hima Roy	himaroy2000@gmail.com	8086852575		☒
19. Athira Varma	athira.varma@gmail.com	8943714688		☒
20. Sree Lekshmi J S	sreelekshmi0819@gmail.com	8848082856 8547170819		☒
21. Jeena S Raj	jeenasharon05@gmail.com	7593074736		☒
22. Ann Rose Mathew	annrosemathew30@gmail.com	9188649097		☒
23. Devika Prasad	devikaprasadpzm@gmail.com	9567919583		☒
24. Apama Raj A.	apamarajasha@gmail.com	9685939101		☒
25. Jisna J.S.	jisnajssajan@gmail.com	9496679462		☒

P.S.:

1. This engagement would be besides their online classes from 8.30am-1.30pm (Mon-Sat)
2. 10 among them indicated in **red**, are specific regarding engagement exclusively on-line / exclusively offline (for range issues)
3. In the eventuality of a need arising, we may shift some to work with the Government, with prior information regarding the same

Student Details

Many of the students limited their work to their own domiciles; for instance those in Idukki did tremendous work- Libin continued to mobilise kits for the elderly and the infirm, recruited volunteers to gather kits and educational kits in tribal hamlet; Vinayak assisted the FHC in vaccine campaign; Angel did group work with children in the community; Sreelekshmi joined QSSS in Kollam to support their field work; Gouri supported her PHC in the vaccine campaign in Ooruttambalam, etc. Those who supported DMHP clocked anywhere between 425 to 670 calls for follow-up as well as Psychosocial Care Support.

District	Student Names
Kasargod	1. Neleena Scaria
Idukki	2. Angel Mariya Dominic 3. Libin Varghese 4. Vinayak S Karthikeyan
Wayanad	5. Ashin P J 6. Nayana Scaria 7. Delna John
Thrissur	8. Thrissur
Ernakulam	9. Bilbilal P Saji 10. Sreehari A K
Kottayam	11. Brijith Maria Thomas 12. Ebin Thomas Babu
Alappuzha	13. Aparna R 14. Sam Santhosh Mathew 15. Sneha Mathew
Pathanamthitta	16. Arun Anil
Kollam	17. Roshan John Netto 18. Fathima N 19. Gopika Rajendran 20. Shyma A 21. Sreelekshmi JS
Trivandrum	22. Abhirami S 23. Akshara Sobhanan 24. Hima S H 25. Nitya Nibu 26. Shilu S Ajai 27. Prijin S Kumar 28. Aarya Mathew 29. Alan Berchmans 30. Alby PJ 31. Aliyath Sumayya K Y 32. Ann Rose Mathew 33. Annu Thomas 34. Anu Biju 35. Aparna Raj A 36. Athira Varma S 37. Bibin Y Thomas 38. Devika Prasad 39. Gouri S. Nath 40. Heerakrishna R 41. Hima Roy 42. Jeena S Raj 43. Jincy Baby 44. Jisna J S 45. Josey James 46. Joshni Jose

	47. Jummy George 48. K Anakha Soman 49. Rejitha Ravi 50. Rosemary Paul
--	---------------------------------------------------------------------------------

As on 28 September, the department launches the *Onnayi Munnottu* Campaign to support the children of coastal Pozhiyoor, Porzhikkara Ward. The students of MSW offered to give them

Life Skills Education, Mentoring as well as Psychosocial Support.



കാര്യപരിപാടികൾ

സ്ഥാഗതം : ശ്രീ. അജിത് പൊഴിയൂർ, ആരോഗ്യ വിദ്യാഭ്യാസ സ്റ്റാൻഡിങ് കമ്മിറ്റി ചെയർമാൻ

അധ്യക്ഷൻ : ഡോ. റവ: സാബു പി തോമസ് (വൈസ് പ്രിൻസിപ്പൽ, L ലയോള കോളേജ് ഓഫ് സോഷ്യൽ സയൻസ്, തിരുവനന്തപുരം)

ഉദ്ഘാടനം : ശ്രീ. കെ ആൻസലൻ (എം എൽ എ)

ആശംസകൾ:

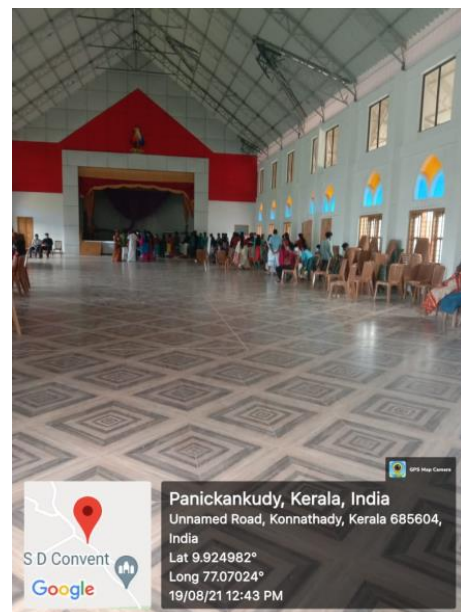
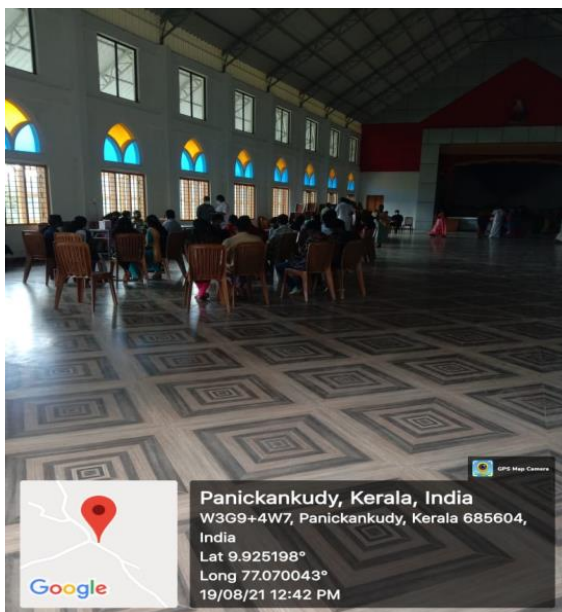
- ശ്രീമതി. സുര്യ (ജില്ലാ പഞ്ചായത്ത് അംഗം)
- ശ്രീമതി. സോണിയ ആന്റണി(ബ്ലോക്ക് പഞ്ചായത്ത് അംഗം).
- ഡോ. സോണി ജോസ് (സോഷ്യൽ വർക്ക് വിഭാഗം മേധാവി, ലയോള കോളേജ് ഓഫ് സോഷ്യൽ സയൻസ് തിരുവനന്തപുരം).
- ഡോ. ഫ്രാൻസിസ് പി എക്സ് (അധ്യാപക പ്രതിനിധി, സാൾട്ട് & എൻഎസ്എസ്)

നന്ദി : ഹീമ (വിദ്യാർത്ഥി പ്രതിനിധി, സാമൂഹ്യ പ്രവർത്തന വിഭാഗം)

Covid Related Activities Done by NSS and Department of Social Work

During the pandemic period, due to lock down all our students were in their home town. Though there were restrictions, many of our students tried to volunteer in the Covid Related Activities of the local Self Government in their respective localities. The major activities engaged are the following:

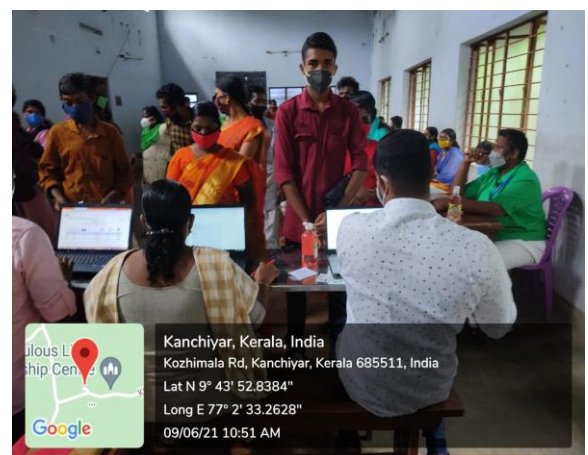
- 1. Engagement with Konnathady Grama Panchayath, Idukki:** Ms. Angel Maria Dominic has been working with 6th ward of Konnathady Grama Panchayat, Idukki District, Kerala focusing on covid related activities at community level. She has worked in the areas of
 - Formation of Jagratha samithi and area assignment to rapid response team
 - Collection of quarantine details of the ward
 - Formation of Emergency response team
 - Format preparation for updation of covid vaccination
 - Data collection of all members of that particular ward for vaccination
 - Covid situation analysis among aged people through google forms and telephone
 - Data updation of members
 - Covid vaccine registration





2. Engagement with Kanchiyar Grama Panchayath, Idukki: Libin Varghese working as a volunteer at various Covid 19 related activities at Kanchiyar Panchayat Idukki. The major activities included the following:

- a. Volunteer as Spot registration and vaccination for tribes of Kozhimala:** This was done on 8th June 2021. 385 tribes got registered and vaccinated on this day. The details were collected as per the requirements of the site. The procedure of the vaccination was first they wanted to register their details on spot vaccination site meanwhile people were being verified by the volunteers. After vaccination there had 30 minutes observation. The whole people were gathered with the help of ward members. There was a duty doctor, 6 nurses, 4 ward members, 2 technicians, an Anganawadi teacher, 4 ASHA workers and a social work trainee.

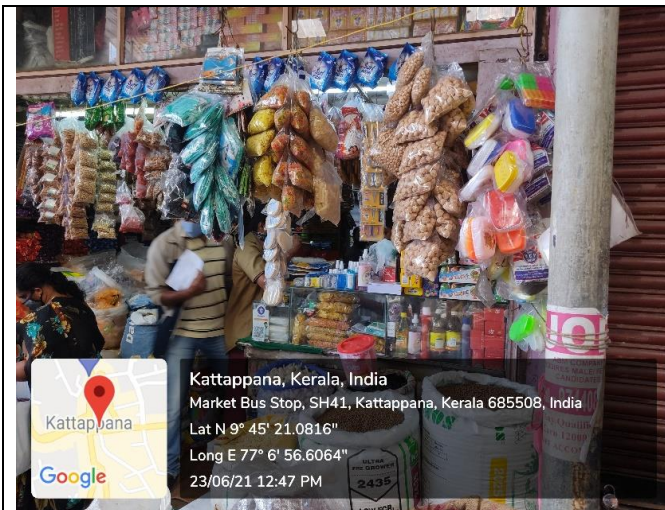


Volunteer- Spot registration for vaccination

- b. Registration of Senior Citizens in Ayyapankovil and Kanchiyar Panchayath:** A google form was used to collect information from around 50 senior citizens, who live alone without the help of their children, were selected for this programme. The trainee helped them to register for covid vaccination.



- c. Distribution of Food Kits for senior citizens of Ayyapankovil and Kanchiyar Panchayath:** On 23rd June 2021, social work trainee bought the food kit materials and medicines for the senior citizens . On 24th June 2021, with the help of volunteers the trainee packed the food kits for the distribution. Finally on 26th June 2021, they distributed the food kit along with medicines to the senior citizens.

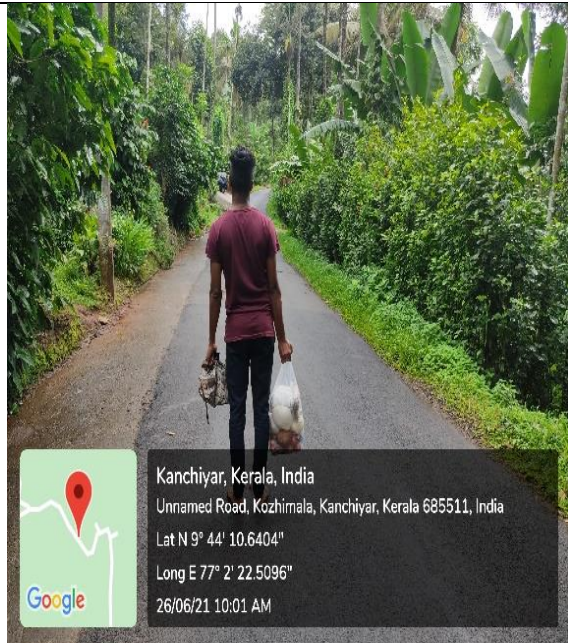


Buying, Packing of food kits





Packing of food materials






Distribution of food kits

- d. Facilitation of distribution of Free Study Guide (Labour India) to economically backward students of Idukki districts:** On 30th may 2021, Libin sent an email to Labour India a request to provide support by providing Labour India Guide to 10,000 disadvantaged students in Idukki district. Labour India Publications Limited is **an educational publisher** based in Marangattupally, Kottayam, Kerala, India. It publishes educational monthly journals in three languages, for students of pre-primary level to Plus Two level and entrance exams. Labour India team accepted this request. He distributed the form to collect details from students who would need Labour India. He collected filled in forms through youth volunteers of Idukki district and reached these forms to Labour India office in Marangattupally. After receiving these forms, Labour India team supplied the books to the eligible students.



Distribution of Study materials

3. **Covid Related interventions done at Thiruvananthapuram coastal areas:** Josey James was able to animate a group of youth and laity from his parish and was able to do considerable work in relation to Covid Pandemic. The details are given below:

<p>a. Distribution of Study Materials to Economically backward students: Due to Covid pandemic all the school going children have online classes.</p> <ul style="list-style-type: none"> • They distributed study materials distributed for 200 students at St. Mary's School, Pattom on 15/06/2021. • In this activity he was able to mobilise 20,000books, 1000pens, 1000 pencils, 200scales to the students those who coming from coastal area. 	 <p>Study Materials distributed to students from Coastal areas studying in St. Mary's high school.</p>
 	<p>b. Medical kit: Medical kit is provided to around 50 poor families at Kesavadasapuram ward on 27/06/2021.</p> <p>In this medical kit pulse oximeter, 10-glose, 2-bottle sanitizer, 10-mask, termometer, vaporizer with the help of family Apostolate changanacherry</p>
<p>c. COVID 19 help desk - Helped old people for slot registration to take Covid vaccine started on 15/06/2021. Through this activity the trainee co-ordinated for enquiries and</p>	

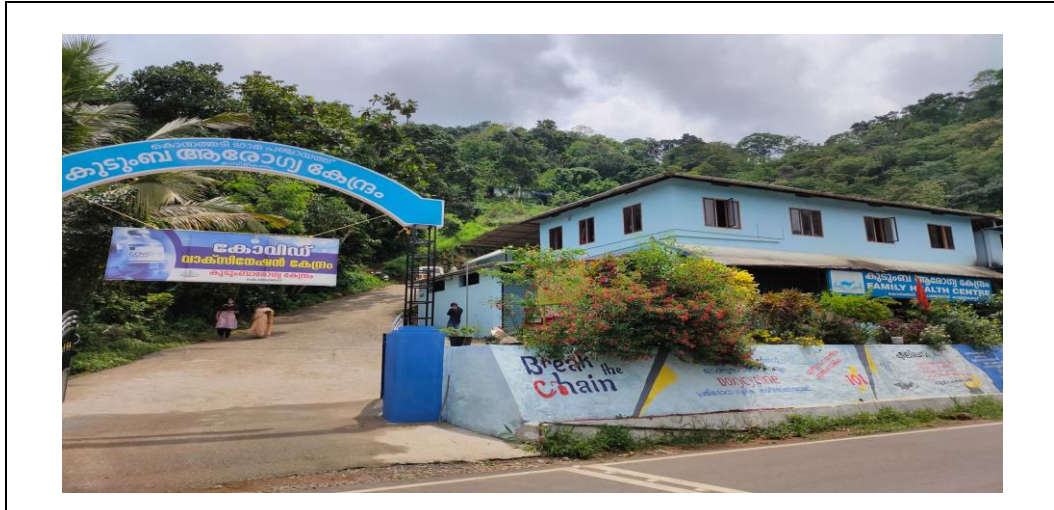
assistance related to vaccine slot booking and registration.	
<p>d. Dress distribution in Sadhana Mental Rehabilitation Centre, Monvila on 28/06/2021.</p> <p>The trainee collected money from people and bought dresses like 1200 Lungi, 800 T-Shirts, 800 Bermudas for the mentally challenged residents of the Manvila Sadhana centre.</p>	
	<p>e. Distribution of SMART Phones to Economically backward students:</p> <p>Phone, sim and net recharge for one year to the students for the online classes</p> <p>f. Tele-counselling from 20/05/2021</p> <p>for the old people who are living alone in Kesavadasapuram ward, Thiruvananthapuram. The trainee talked with old age people who are living alone in their houses. People shared their tension, anxiety and problems related to their children who are abroad. Total calls 50.</p>

- 4. Community Kitchen of Udayamperoor Grama Panchayath (Ernakulam district): Mr. Sreehari A K,** worked as a volunteer in the Community Kitchen of Udayamperoor Grama Panchayath (Ernakulam district) for 15 days from 07/06/2021 to 21/06/2021. The community kitchen was opened in JBS LP School Udayamperoor. The major activities included participation in consolidating the list for the food supply (Those who are Covid

positive and home quarantined); Cleaning activities related to community kitchen; effective waste management in the community kitchen; food supply in the 15 ward of Udayamperoor Grama Panchayath and arrangement of sponsorship for the community kitchen. .



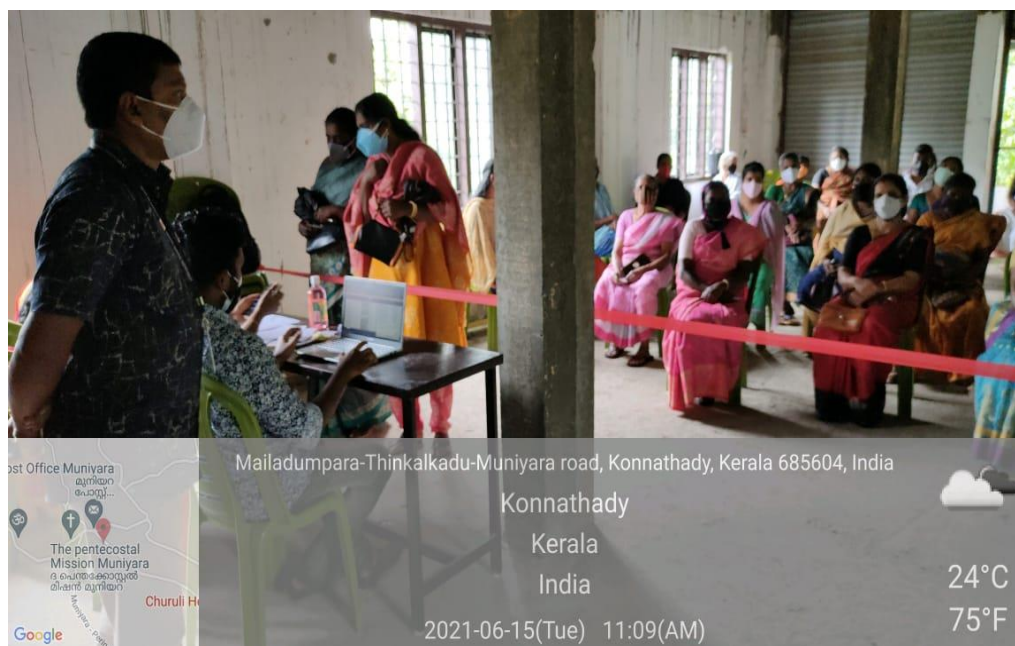
5. Voluntary Service at Family Health Centre (FHC) Konnathady



The Social work trainee got an opportunity to do voluntary service at Family Health Centre (FHC) Konnathady during the 2nd wave of the covid 19 pandemic. The trainee started his service from 3rd May 2021 and ended it by 30th June 2021. During those days the trainee was able to do different services for the people.

- a. **Work in relation to Rapid Response Team:** The First duty assigned for the trainee was to handle the Covid19 Jagratha account of Medical Officer (M.O) FHC Konnathady. The major works of Jagratha portal are; Daily compilation of new list of covid positive patients of Konnathady Panchayath; contacting them to enquire about location of their residence and transfer their profile to the jagratha accounts of the respective health staffs who are in charge of monitoring them. It's calling "RRT Mapping" (Rapid Response Team Mapping). He also assisted redirecting details of people living in other Panchayath, who by mistake come to their panchayath account. For this too he had to call patients, collect their details and transfer them to the account of their respective PHC's or FHC's.

- b. He also assisted in the work related to daily release of Covid positive patients who completed 17 days of quarantine from FHC Konnathady's Jagratha account. This is done by giving negative remarks and also release them from the quarantine completed list. He also done death marking of the positive patients. Also maintained a list of positive patients, who are referred to Hospitals and CFLTCs. Also assisted in downloading covid negative certificates from the jagratha portal.
- c. **Covid test duty:** Registering people for RTPCR test at "LAB Diagnosis Management System" account" of FHC Konnathady. Antigen test result entry, , verification and approval at "labsys account", giving the printouts of the test results to people as per their request, helping the health staff in doing spot registration for RT PCR test, writing down the details of the people who registered for RT PCR test on a name slip and pasting it to the bottles given to them for collecting their swab for the test were the main activities done in this regard.
- d. **Covid vaccination duty;** Here Vinayak has helped the people to mainly to register themselves for vaccination and also helped with spot registration of the people who came for vaccination. He also assisted in verification and confirmation works.



Pic: Covid Vaccination Duty at Family Health Centre, Konnathady

- e. **Covid vaccine observation room duty:** Where the trainee wrote down the details of the people who came for vaccination in the Hospital register, gave a slip to the people about the name of the vaccine taken, date of the first dose taken and date for the second dose and also gave four paracetamol tablets.



Covid Vaccine Observation Room Duty

- f. **Covid vaccine registration camp at Muniyara Anganvadi:** This was done along with his classmate Angel. The trainees did vaccine registration to the economically backward elderly in the locality. The camp was conducted as per the request of the ASHA workers of that area. Besides this, he has extended his Taking printouts of the office documents as per the requests of the Health staffs. He has also helped in the data entry works of the field staffs as and when required.



6. Ms. Aliyath Sumayya K Y started Covid related Community field work in 8th ward of Edavilangu panchayath from 12/07/2021. She visited the Domiciliary care centre and interacted with staff and RRT member.



Conclusion

Even in the midst of Covid Pandemic all the students of the department were actively involved in the Covid related interventions in their own area. While most of them engaged in the extension activities related to DMHP, seven of them were able to associate with the local self-government and work as volunteers. They stopped the work temporarily as the university exams begin on 2nd September 2021.

Francina

Dr. Francina P. X
Faculty in-charge – I & II sem. (Extension Activities)
Dept. of Social Work, LCSS

Participant list

1. Aarya Mathew
2. Alan Berchmans
3. Alby P J
4. Aliyath Sumayya K Y
5. Angel Mariya Dominic
6. Ann Rose Mathew
7. Annu Thomas
8. Anu Biju
9. Aparna Raj A
10. Athira Varma S
11. Bibin Y. Thomas
12. Devika Prasad
13. Gouri S Nath
14. Heerakrishna R
15. Hima Roy
16. Jeena S Raj
17. Jincy Baby
18. Jisna J S
19. Josey James
20. Joshni Jose
21. Jummy George
22. K Anakha Soman
23. Libin Varghese
24. Rejitha Ravi
25. Rosemary Paul
26. Sree Lekshmi J. S
27. Sreehari A K
28. Vinayak S Karthikeyan



INTEGRATED CHILD PROTECTION SCHEME (ICPS) WOMEN & CHILD DEVELOPMENT DEPARTMENT

POOJAPPURA, THIRUVANANTHAPURAM, KERALA-695012

☎ 0471 2342235, ✉ icpskerala@gmail.com

🌐 www.wcd.kerala.gov.in



Date :

Acknowledgement Letter

To
The principal
Loyola College of Social Science
Thiruvananthapuram

Dear sir,

This letter is to acknowledge the receipt of the books we have received from your institution for children in Govt Child Care Institution. We sincerely thank you for your effort and commitment to Our Responsibility to Children Project under Women and Child Development Department, Kerala and really appreciate you for such assistance you have provided.

Thanking You

Place: Poojappura
Date :07/12/2021

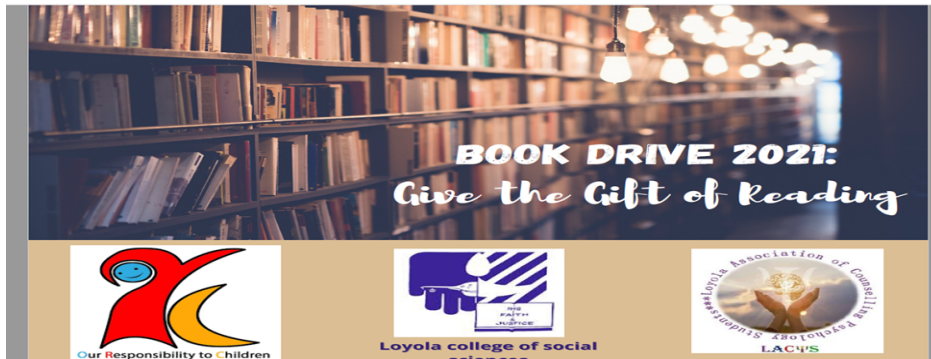
Yours sincerely



(Signature)
Sri Venu V S
Programme Manager
ICPS- Kerala

BOOK DRIVE 2021: GIVE THE GIFT OF READING

Our responsibility to Children is an innovative initiative of the Integrative child protection scheme(ICPS) under the department of women and child development.



An integral part of their program was to develop equipped libraries in children's home across all districts in Kerala.



Loyola association of counselling psychology(LACS) ,along with NSS Unit of Loyola College of social sciencesTrivandrum had taken an active role in lending hands to establish these libararies.Students from the department of counselling psychology started collecting books from 6th May 2020. Dr ammu lucose was the faculty coordinator for the program.

BOOK HANDING OVER CEREMONY

As part of the book collection program the students have collected around 200 books from Kerala and Banglore.



On 26 th July Fr. Sunny kunnappalli handed over the books to childline members in the presence of college principal Dr.saji. p. Jacob and Dr. Ammu Luckose, faculty of department of counselling psychology. Dr. Pramod S K, being the course coordinator endowed enormous support for the successful completion of this program

STUDENT PARTICIPANTS

PARTICIPANTS 2019-2021

- 1. Arathy B Kumar**
- 2. Asumptha Mary Antony**
- 3. Sulekha B**
- 4. Wincy bibi**
- 5. Abhirami**
- 6. Aishwarya jayan**
- 7. Anaz Narayanan**
- 8. Arathy S V**
- 9. Devika S**
- 10. Jayaprakash Narayanan**
- 11. Jeeva Varghese**
- 12. Kavya B K**
- 13. MEGHA T G**
- 14. Mehna Nawas**

- 15. Narthana Suresh**
- 16. Rohith raj**
- 17. Shilpa**
- 18. Agra S Kumar**
- 20. Ajina**
- 21Aleena Andrews**
- 22Ammu Christopher**
- 23ANaka Rajendran**
- 24Anchu A S**
- 25Angitha**
- 26 Anju S M**
- 27Anu Abraham**
- 28.Areeba**
- 29. Asna**
- 30. Avani**
- 31. Biji**
- 32.Faiza**
- 33. Jithila**
- 34. Nisha**
- 35.Om jayasree**
- 36. Pooja**
- 37. Sanika**
- 38. Sreelakshmi**
- 39. Vaishnavi**
- 40. Varsha**

Faculty members

- Dr. Ammu Lukose**
- Dr. Pramod S K**
- Dr. Leena S T**

Photo Gallery







Snehanidhi 2021

We witnessed the most unforeseen event in our near history when a virus forced the whole world to confine to their homes. Almost every aspects of human life were affected. After the initial shock, people slowly started to adjust and come up with new alternatives to keep the life moving. Online education was one such initiative which enabled the most important facet of human civilization – education went on. But it was immediately clear that not everyone among us had the luxury to afford the electronic gadgets and other infrastructure requisites to support the online education. Digital Divide emerged as a major issue of these new challenging times. It was in this context Loyola College of Social Sciences decided to offer a lending hand to at least a few young people around us. To help students from the tribal settlements get access to online learning, Loyola College of Social Sciences and our NSS unit, in association Childline Thiruvananthapuram has come up with 'Snehanidhi'. In this scenario, students from 2019-21 batch actively participated for fund raising drive. 48 students participated for the fund collection drive and covered different areas in and around Trivandrum. The major areas covered are: Karamana, Thampanoor, Manjalikulam and Sreekaryam. A Whatsapp campaign was also organized by the students.

Gadgets like tablets and power banks for six children of the Malapandaram tribal group were handed over to the Tribal Development Department officers in Pathanamthitta. In the second phase, 13 mobile phones were distributed to tribal students in the Thiruvananthapuram district identified by the ST promoters of the tribal department and Childline officials.

Students Involved in Fund raising

1. ANANDHU B L
2. ARYA GHOSH (MSW)
3. ASWINI VIKRAMAN (MSW)
4. AMRITHA V S
5. ANN MARY SAJI JACOB
6. ANNA ALLIAS
7. DIVYA P

8. FEBA K R
9. GRACE M LEGHU
10. JAYASREE M
11. MOHAMMAD SAHAL M I
12. NEHA JOSEPH
13. PRIYA V NINAN
14. JOMES T (MSW)
15. KESIYA ELSA MATHEW (MSW)
16. SINI DAS (MSW)
17. SREELAKSMI SRI (MSW)
18. VARSHA K MADHU (MSW)
19. AADHIL K U (M.A. Sociology)
20. AJAYA GHOSH (M.A. Sociology)
21. AKHILA LAKSHMAN (M.A. Sociology)
22. ANUGRAHA ANEESH (M.A. Sociology)
23. ARCHANA A B (M.A. Sociology)
24. ANJALI P S (M.A. Sociology)
25. ANJIMA M S (M.A. Sociology)
26. APARNA A M (M.A. Sociology)
27. KAVITHA K (M.A. Sociology)
28. KRISHNA ANIL (M.A. Sociology)
29. MEGHA ELSA JOHN (M.A. Sociology)
30. PRAJITHA C (M.A. Sociology)
31. RESMI J NAIR (M.A. Sociology)
32. ANSU JACOB (MAHRM)
33. AJAY SHANKAR K U (MAHRM)
34. ALEENA MATHEW (MAHRM)
35. ARUNIMA MADHUSUDHANAN (MAHRM)
36. BIBIN N C (MAHRM)
37. FATHIMA ANZAR (MAHRM)
38. HARIKRISHNAN G (MAHRM)

39. ANAZ NARYANAN (MSc Counselling Psychology)
40. NARTHANA SURESH (MSc Counselling Psychology)
41. ROHIT RAJ (MSc Counselling Psychology)
42. AISHWARYA JAYAN (MSc Counselling Psychology)
43. WINCY BIBI (MSc Counselling Psychology)
44. SULEKHA DESTHAGEER (MSc Counselling Psychology)
45. KAVYA B K (MSc Counselling Psychology)
46. ASUMTHA MARY JOHN (MSc Counselling Psychology)
47. ARATHY B KUMAR (MSc Counselling Psychology)
48. MEHNA NAWAZ (MSc Counselling Psychology)

Faculty Members involved

1. Dr Saji P Jacob
2. Fr Renjit I George

News paper coverage

<https://www.newindianexpress.com/cities/thiruvananthapuram/2021/jun/29/snehanidhi-to-provide-gadgets-for-tribal-students-2322697.html>

Image Gallery



"There are more than 50,000 tribal students in the state. Their learning has been interrupted since classes went online. To reduce this digital divide, we thought of providing the necessary equipment to these children," said Jobi Kondoore, district coordinator of Childline Thiruvananthapuram.

"Initially, the plan was to implement the project only in Thiruvananthapuram district. However, due to requests from other districts, we have extended the operations," he added. The fund for the project was contributed by Loyola College. In the second phase, mobile phones will be distributed to tribal students in the Thiruvananthapuram district identified by the ST promoters of the tribal department and Childline officials.





NH 183A, Perunad, Kerala 689662, India

Perunad

Kerala

India

2021-06-25(Fri) 12:11(PM)



Department of Counselling Psychology

Programme Name	Inauguration of Samagram Wellness Centre at Poonthura, Thiruvananthapuram	Organizer	Department of Counselling Psychology, Loyola College of Social Sciences(Sreekaryam), Loyola Extension Services (Sreekaryam), Mental Health Action Trust (MHAT, Calicut), Canossian Convent (Poonthura)
Date	November 30, 2021	Time	3.30 pm – 6.00 pm
Venue	Canossa English Medium Nursery school, Poonthura	Faculty in charge	Ms. Jesline Maria Mamen, Dr. Ammu Lukose & Dr. Pramod S.K.
Programme Objectives	<p>To develop students:</p> <ul style="list-style-type: none">• Understanding on how to initiate community engagement for the purpose of setting up a mental health centre in the community.• How to engage in the community for need assessment.• By interacting with community members, to gain counseling skills.• Collaborative and interpersonal skills by working together with the MHAT team and the Canosian sisters.		
Resource person	Dr. Manoj Kumar (Psychiatrist, Clinical Director, MHAT)		
Participants	<ul style="list-style-type: none">• Manager and Rector, Loyola College of Social Sciences• Principal, Loyola College of Social Sciences• Director, Loyola Extension Services• All faculties and students from the Department of Counselling Psychology• Vicar, St. Thomas Church, Poonthura• Natives of Poonthura• Canossian sisters and Lay Canossian members		


Programme activities	<p>The Inauguration of "Samagram Wellness Centre", a collaborative project of Mental Health Action Trust (MHAT) Calicut, Canossian Convent, Poonthura, Loyola Extension Services (LES), and the Department of Counselling Psychology, Loyola College of Social Sciences, Trivandrum, was held at Canossa English Medium Nursery School, Poonthura, on November 30, 2021, at 3:30 pm. This programme aimed to inaugurate a wellness center at Poonthura, providing wellness and supportive counselling facilities to the natives of Poonthura. Poonthura is a coastal area where about 17,000 people reside. The program started with a welcome speech given by Sr. Janet Augustine, Facilitator, Networking & Partnership of the Samagaram Project. It was followed by the presidential address of Canossian convent superior, Sr. Anu Variamattom. Both of them provided an overview of the work done by Canossian sisters in the Poonthura community. The chief guest, Dr. T. Manoj Kumar, inaugurated the program. After which, Fr. Sunny Kunnappallil, Rector and Manager of Loyola College of Social Sciences, delivered the inaugural speech. In the felicitation speech given by Fr. Edison (Vicar, St. Thomas Church, Poonthura), he explained the problems that exist in the Poonthura community and emphasized the need for psychological support for the wellbeing of this community. The Director of Loyola Extension Services, Fr. Ranjit George, gave a talk on the vision of the program. Ms. Jesline Maria M. Mamen (HOD, Dept. of Counselling Psychology, Loyola College of Social Sciences) extended the psychology department's wholehearted support to the vision of the wellness centre. Dr. Manoj, the Clinical Director of MHAT, pointed out in his awareness talk how the wellness centre is planning to work in the Poonthura community and how it will help to tackle the community members' problems, as well as the importance of such a wellness centre in Poonthura. After his awareness talk, a discussion was carried out during which some of the residents of Poonthura and the Lay Canossian Members addressed their concerns and doubts. Dr. T. Manoj Kumar and his team, along with Fr. Ranjit, cleared all their doubts and also gave an idea about how Counselling Psychology students can take part in this project.</p>
Programme Outcomes	<ul style="list-style-type: none"> ● Samagram Wellness Centre has started working in the Poonthura community from 01 December 2021. ● Department has also initiated collaboration discussions for bridge program and clinical training for the students with MHAT. ● Department has also initiated discussions on possible community engagement along with the Canossian sisters with regard to non-clinical mental health counselling like adolescent counselling, career counselling, student counselling etc.


Supporting documents	Brochure, Participants List, Photos of the Inauguration of the Samagram Wellness Centre Programme at Poonthura
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Participant's list- https://drive.google.com/drive/folders/1FjiQv9pL-Lx_AQcykyuUDsGctrvc7fjL?usp=sharing

Inauguration of

Samagram Wellness Centre

 November 30, 2021

 3.30 pm

 Poonthura

Programme Schedule

Prayer :	Aarsha Debi Joy
Welcome Speech:	Sr. Janet Augustine
Presidential Address:	Sr. Anu Variamattam (Superior, Concession Convent)
Lighting the lamp:	Dr. T Manoj Kumar (Clinical Director, MHAT)
Inaugural Address:	Fr. Sunny Kunnappallil, S.J (Rector and Manager, Loyola College)
Felicitation:	Fr. Edison (Vicar, St Thomas Church, Poonthura)
Special Address:	Dr. Saji P Jacob (Principal, Loyola College of Social Sciences)
Program Vision:	Fr. Ranjith George S.J (Director, Loyola Extension Service)
Felicitation:	Ms. Maya (Ward-Counselor) Ms. Jesline Maria Mamen (HOD) (Dept of Counselling Psychology, Loyola College)
Vote of Thanks:	Ms. Shalee Varghese (President, Ley Concessionians, Poonthura)
Awareness Talk:	Dr. T Manoj Kumar (Clinical Director, MHAT)

Loyola Extension Service

Mental Health Action Trust (MHAT), Calicut

Loyola College of Social Sciences

Concession Convent, Poonthura



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Kerala 695026, India
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Long 76.94644°
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695026, India
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Long 76.94644°
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GPS Map Camera



Thiruvananthapuram, KL, India
Poonthura, Thiruvananthapuram



Thiruvananthapuram, Kerala, India

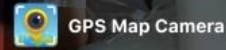
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695026, India

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695026, India
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Long 76.946447°
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GPS Map Camera



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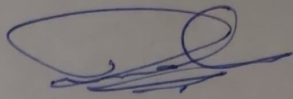
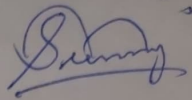
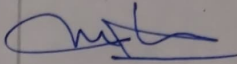
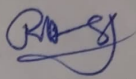
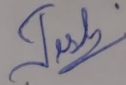

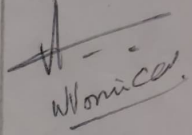




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695026, India
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Long 76.946418°
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INAUGURATION OF SAMAGRAM WELLNESS CENTRE

Sl no	NAME	DESIGNATION	SIGNATURE
1.	Dr. Pramod, S.K	Assistant Professor LCSS	
2.	Fr. Sunny SJ	Rector and manager, Loyola College	
3.	Dr. Saji P Jacob	Principal, LCSS	
4.	Fr. Ranjith George	Director, LES	
5.	Ms. Jesline Maria	HOD, Dept. of C.P, LCSS	
6.	Dr. Ammu Lukose	Assistant Professor, LCSS	
7.	Ms. MIKKI VERONKA	Guest lecturer, LCSS	

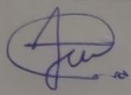
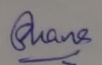
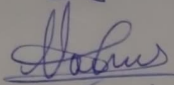
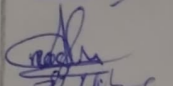
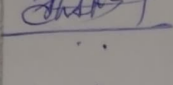
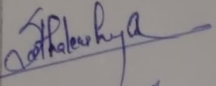
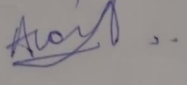
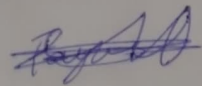
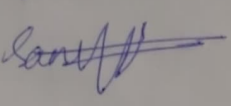
INAUGURATION OF SAMAGRAM WELLNESS CENTRE

20th Year

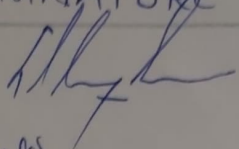
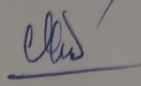
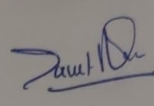
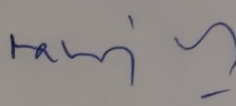
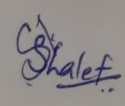
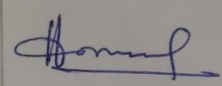
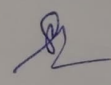
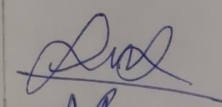
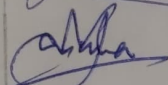
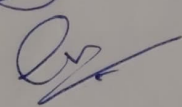
Sl No	NAME	DESIGNATION	SIGNATURE
1	Anu Abraham	Student	<u>Anu Abraham</u>
2	Sneelakshmi	Student	<u>Sneelakshmi</u>
3	Anchu A-S	Student	<u>Anchu</u>
4	Varsha B.M	"	<u>Varsha</u>
5	Anaka Rajendran	"	<u>Anaka</u>
6	Sanika	"	<u>Sanika</u>
7	Fayiza	"	<u>Fayiza</u>
8	Anvari	"	<u>Anvari</u>
9	Asna	"	<u>Asna</u>
10	Agra	"	<u>Agra</u>
11	Jaya	"	<u>Jaya</u>
12	Jithila	"	<u>Jithila</u>
13	Vaishnavi	"	<u>Vaishnavi</u>
14	Aleena	"	<u>Aleena</u>
15	Ammu	"	<u>Ammu</u>
16	Aleeba	"	<u>Aleeba</u>
17	Nisha	"	<u>Nisha</u>
18	Biji	"	<u>Biji</u>

INAUGURATION OF SAMAGRAM WELLNESS CENTRE

1st year

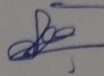


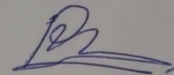


Sl no.	NAME	DESIGNATION	SIGNATURE
1.	Jacob Mathew	student	
2.	Shahana . M . K	"	
3.	Noopura - S	Student	
4.	Anagha . B . Murukan	"	
5.	Sharon Ann Mathew	"	
6.	Geetha Ireshmy . V . S	"	
7.	Avani . V . S	"	
8.	Fayiza	"	
9.	Sanika	"	

INAUGURATION OF SAMAGRAM WELLNESS CENTRE

Sl. No	NAME	DESIGNATION	SIGNATURE
	Fr. Edison	Vicar, St. Thomas Church	
	Sr. Anu	Superior, Canossian Cmt	
	Sr. Janet	Facilitator	
	Dr. T. Manoj Kumar	Clinical Director, MHAT	
	Ms. Maya	Ward Counsellor	
	Ms. Shalee Varghese	President, Lay Canossian	
	Sr. Agnes Joseph	Teacher	
	Sr. Bobby Sebastian	"	
	Sona K N	MHAT, Calicut	
	Dr. Jasmine	MHAT, Calicut	
	P. S. Geycheyar	Social worker 9496848220	

INAUGURATION OF SAMAGRAM WELLNESS CENTRE

Day concessions

Sl No	NAME	DESIGNATION	SIGNATURE
1.	Omana	Community Members	Omana
2.	Juliana Antony		Juliana
3	sugantha pushpan		
4	Delphine		Del
5	Freeda .P		Freeda
6	Leena		Leena
7	Jaya		Jaya
8	Shalini		
9	Sara Rogers		
10	sugantha pushpan		
11	Jeeba		Jeeba
12	Nirmala		Nirmala
13	Debbie		Debbie
14	MARY D		
15.	Srinivas		

RUN FOR SAFE CHILDHOOD

In connection to **International Children's Day** Trivandrum Child Line organized an awareness programme titled as '**RUN FOR SAFE CHILD**'. NSS Volunteers of Loyola College of Social Sciences actively participated for the event which was held on 20th November 2021. The area was destined between TSS Vellayambalam to Kowdiar Park.

16 Students from First Year Sociology Department and 4 faculties from Loyola College of Social Sciences participated for the event throughout. The event began by 7am and Fr. Thomas P D, the Director of Trivandrum, Don Bosco Child Line officially welcomed the gathering. Ron George Valiaveetil, Indian National Team shooter at Kerala State shooting Championship officially inaugurated the event. After the street play the torch was lighted as the initiation of the programme. There were around 150 participants for this awareness campaign. The participants reached at TSS Vellayambalam by 6:30 am and official inauguration started at 7 AM. Followed by the lighted torch was handed over to the respective heads and the run was started. The team reached the final destination that is at Kowdiar Park. Finally the coordinators of the event proposed the words of thanks to all the participants. The whole event came to an end by 8:10 am with breakfast provided.





PARTICIPANTS

1. ANNADHU BS
2. ARUN S B
3. SREETHU SREENIVASAN
4. SLAMAN R
5. ALEENA
6. SREESHIDHARTH MS
7. GOURI LAKSHMI
8. JINO JOHN
9. KRISHNEDHU B
10. ANAMIKA U P
11. JANCY JHONES
12. FEVI WILLIAM
13. DIVUA UNNI
14. ANGEL
15. ANJALI
16. AMAL DEV B

Faculties

1. Dr. NISHA JOLLY NELSON
2. DR. FRANCINA P X
3. ANDREW MICHAEL
4. HASHIM

Loyola College of Social Sciences
Department of Disaster Management
River flood mapping extension programme in
Pathanamthitta district

Partner agency: District Disaster Management Authority, Pathanamthitta, Kerala

The department of Disaster Management of Loyola College of Social Sciences, has been engaging in regular fieldwork at vulnerable locations as a part of curricular and societal commitments. From 10th to 17th November 2021, the department collaborated with the Pathanamthitta district administration by undertaking a flagship flood mapping survey programme of the River Pamba. This novel initiative was aimed at a community-based flood vulnerability assessment investigation of the three major rivers in Pathanamthitta district namely, Pamba, Manimala and Achenkovil.

On 10th of November all the MSWDM students along with a faculty representative reached Pathanamthitta Collectorate. The flood mapping programme started with an orientation by the officials of District Collector volunteers (DC Volunteers) and the District Disaster Management Authority (DDMA). The district collector Dr. Divya S Iyer IAS and Additional District Magistrate Mr. Alex P Thomas interacted with the student interns. The proposed flood action plan of Pathanamthitta, the basic geography of the district, the tributaries and distributaries of major rivers, the dams and their significance, the sampling sites etc. were covered in detail in this orientation programme.



Fig:1 MSWDM students and other members of the flood mapping survey team with Pathanamthitta Dist Collector and other officials

From the second day onwards, students were divided into five groups for the river survey with a datasheet. On an average every team covered five sampling locations along the Pamba, Achenkovil and Manimala rivers. The travel arrangements were made by the DC volunteers through the district administration. A group visit was arranged to Pamba Thriveni to get a holistic understanding of the course of all the rivers. The experts from DDMA and DC volunteers explained the working of automated weather station and community based early warning dissemination in the ground scenarios. The student volunteers were assigned sampling locations in and around the Pathanamthitta district and they completed the task within the time frame. 26 vulnerable sites of Pamba river, 15 locations of Achenkovil river and 22 places of Manimala river covered for the flood survey programme.



Fig: 2 Geotagged photographs of the field survey

After the field survey, the students interns and DC volunteers worked together and compiled the activity report into a final document for submission to the District Collector. The major observations and recommendations of this initiative are the following-

Observations

- Flood plain encroachments were observed at several locations and this will increase flood vulnerability
- Even though the district has an effective mechanism for early warning dissemination, community based early warning system should be strengthened
- Several respondents said that government compensation was not in accordance with the losses incurred as flood surveys were taken only when the situation was returning to normal.
- Discontinuity of the riparian vegetation was observed along the three rivers and this was adding to the vulnerability

- Bamboos especially yellow bamboos (*babbusa vulgaris*) creates blockages under bridges and this causes diversion of flood water. This blockage is hard to remove and may cause structural instability of the bridges.
- Drainage facility is inappropriate in several towns in the study area, which can aggravate the flood situation
- Flood adaptive construction practices such as structural elevation was not observed in the study area.
- The geographical peculiarities of Pathanamthitta have a significant role in the incidence of flooding. From the cross-section analysis, it is clear that the district has a highly undulatory terrain and uneven slope especially in the Ranni region.
- We observed a dumping of plastic and other non-degradable wastes into water bodies at several locations
- Community awareness regarding natural calamities was observed to be inadequate in several locations. Residents nearby Manimala and Achencovil rivers still thinks the flooding was due to failure in dam operations.

Recommendations

- Community based early warning system at grass root level needs to be strengthened
- Periodical removal of debris, old structures and delta formation from the major canals so that the flood water have a clear channel to flow
- Panchayath level river monitoring committee to be formed.
- Room for the river programme should be implemented properly with the support of all the line departments
- A detailed resource inventory of all the emergency resources and their contact details needs to be maintained in all Panchayaths and its timely updation needs to be ensured.
- Accurate flood level markings of the previous year's events should be done at least in every one kilometre
- Detailed river survey for marking flood plain along the three rivers.
- Seasonal flood mock drills can be organized with the support of fire and rescue department
- Government should implement building codes for all constructions in the flood plain area and also promote flood adaptive building designs such as structural elevation.

- Removal of water hyacinths and deposited wastes from the water bodies to be regularly undertaken for the free flow of water
- Scientific and comprehensive studies to be conducted before initiating developmental projects near flood plains
- Community shelters need to be identified prior to the flood season and also logistical arrangements should be in place.
- Strengthen the riparian vegetation with suitable native species through social forestry or community biodiversity programmes. The thirteenth working committee of the local self-government departments can be utilized for this purpose.

By offering a pioneering academic discipline (MSW in Disaster Management), the department of Disaster Management looks forward to establishing strategic partnerships with emergency management institutions at various levels. The 7-day internship at District Administration Pathanamthitta turned out to be a fruitful one for MSWDM students who interned with DC Volunteers. The collaboration with DDMA is of great value because of its key position in the entire disaster management process. The MSW Disaster Management department will further explore such flagship collaborations.

Participants List

1. Abhirami S
2. Akshara Sobhanan
3. Aparna.R
4. Arun Anil
5. Ashin P.J
6. Bilbilal P Saji
7. Brijith Maria Thomas
8. Delna John
9. Ebin Thomas Babu
10. Fathima N

11. Gopika Rajendran
12. Hima S H
13. Jilsha A B
14. Nayana Scaria
15. Neleena Scaria
16. Nitya Nibu
17. Prijin S Kumar
18. Roshan John Netto
19. Sam Santhosh Mathew
20. Shilu S Ajai
21. Shyma. A
22. Sneha Mathew

Community Engagement DM Livelihood survey

UNDERSTANDING COASTAL VULNERABILITY

As a part of understanding Coastal Vulnerability , NSS unit of Loyola College and students of MSW-DM have been engaging with coastal communities in two pockets of Trivandrum district, viz. Anchutengu and Poontura.

The coastal areas and coastal communities are one of the most vulnerable with respect to disasters. The coastal tract has been subject to coastal erosion not just during the monsoon months, but during intermittent cyclones, the frequency of which is increasing. In May-June 2021 for instance, many parts of coastal Trivandrum were severely ravaged by sea erosion.

As a part of ongoing concurrent field work and as a part of building the understanding of students regarding coastal sea erosion, vulnerability of coastal communities, post disaster rehabilitation and relocation of fishing households proposed by the government, students have been making regular visits to both these coastal pockets. Through household visits, students are making attempts to understand household level vulnerability. The department is also in the process of developing tools and methodologies to assess post disaster recovery and rehabilitation.

The field work is being undertaken in collaboration with NGOs working in the field, viz Sneharam in Anchutengu and the St Philomena convent in Poontura.



LIVELIHOOD SURVEY

During the second lockdown in 2021, MSW DM students conducted telephonic interviews with people whose livelihoods had been affected by the pandemic. Since students were largely compelled to remain indoors, they conducted telephonic interviews to assess the extent of livelihood loss experienced by people mostly working in the informal sector. Respondents were identified based on local contacts. Since students were physically located in their places of residence, it was possible to identify respondents from different parts of the state.

An interview schedule was developed for this purpose and converted into a google form, so that the information collected could be viewed on a single sheet. This process is ongoing and the information collected will be consolidated into a single report.



Participants List

1. Abhirami s
2. Akshara sobhanan
3. Aparna.r
4. Arun anil
5. Ashin p.j
6. Bilbilal p saji
7. Brijith maria thomas
8. Delna john
9. Ebin thomas babu
10. Fathima n
11. Gopika rajendran
12. Hima s h
13. Jilsha a b
14. Nayana scaria
15. Neleena scaria
16. Nitya nibu
17. Prijin s kumar
18. Roshan john netto
19. Sam santhosh mathew
20. Shilu s ajai
21. Shyma. A
22. Sneha mathew

Palliaire

Loyola initiative of Palliative care in association with NSS

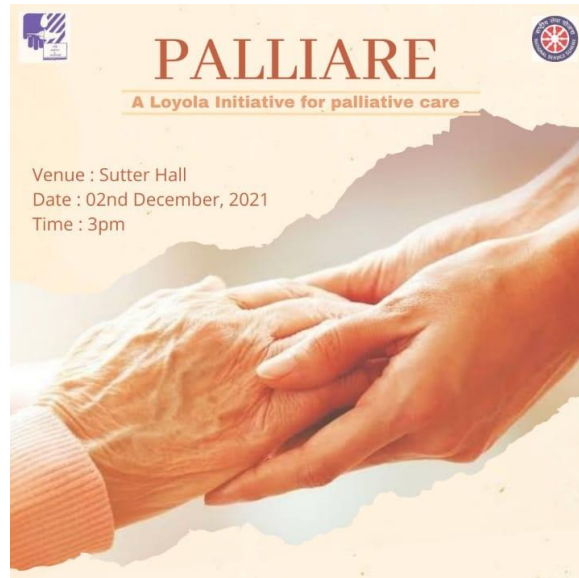


Care Always



**LOYOLA COLLEGE
OF SOCIAL SCIENCES**
Affiliated to University of Kerala

NAAC Reaccredited with CGPA 3.72 out of 4 Grade A in its 3rd Cycle



Major activities of the Palliare

1. Students Volunteers training at University Level
2. Inauguration of Palliative club (Palliare) at the college level
3. Interventions by students in their Local Self Government (During Christmas Holidays)
4. Distribution of Wheel Chair

Programme Name	Common programme –University level Palliative Care Training Programme- SANS Pain-08	Organizer	Kerala University National Service Scheme cell, Department of student's services and Pallium India
Date	01/11/2021 -06/11/2021	Time	10:00am – 12:00 noon
Venue	ZOOM https://echo.zoom.us/j/91628255172?pwd=NkJibWlxRW5YeXJQZXppeG5HcTZyUT09	Faculty in-charge	Dr. Francina P. X
Programme Objectives	<ul style="list-style-type: none"> ➤ To organize student volunteers from different colleges under Kerala university to a university level training Programme – SANS Pain 08 ➤ To create an awareness in student volunteers who represent NSS units of their respective colleges about need of palliative care ➤ To know about services and related areas of palliative care. ➤ To come across various skills while working as volunteers under the initiative of palliative care. 		
Participants	150 volunteer representatives of National Service Scheme from 70 Colleges under Kerala university. 2 from each affiliated colleges ensured their active participation in training programme.		

Programme activities

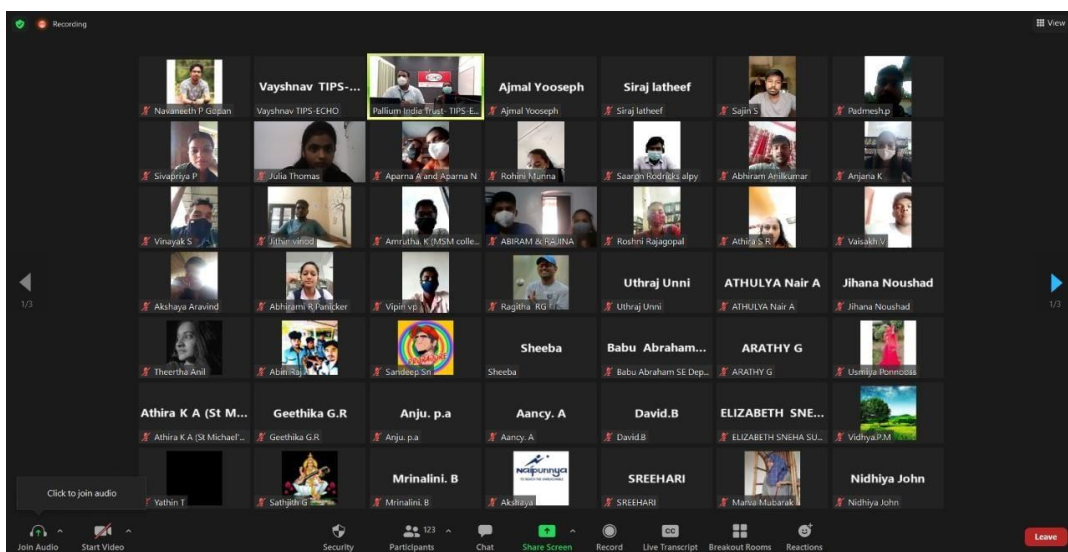
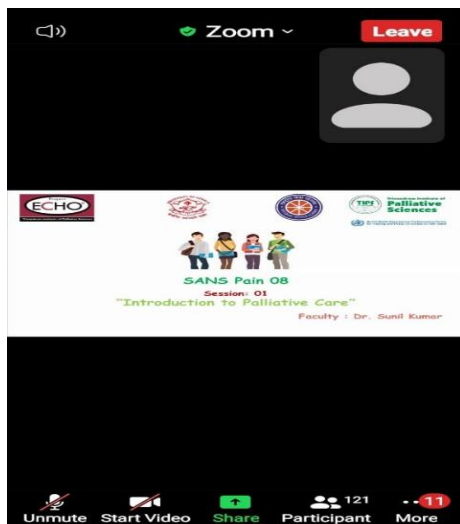
Date and Day	Time	Programme and resource person	Learning objectives
01/11/2021 Monday	10am to 12pm	Introduction to Palliative Care by Dr Sunil Kumar	1. Define palliative care 2. Essential principles of palliative care 3. Need for palliative care 4. Different models of palliative care

			deliver
02/11/2021 Tuesday	10am to 12pm	Home Based Palliative Care by Sr Sheeba RS	<ol style="list-style-type: none"> 1. Why Home based care 2. Components of HBC 3. Need of HBC 4. Services of HBC 5. Types of HBC
03/11/2021 Wednesday	10am to 12pm	Psychosocial Support and Community Participation by Mr Babu Abraham	<ol style="list-style-type: none"> 1. Importance of Psychosocial care 2. Components Psychosocial care 3. Concept of NNPC & CCC 4. What is CBPC & Its rationale 5. How to initiate community support 6. Different type of community support 7. Role of community volunteers <p>*NNPC- Neighbourhood Network in Palliative Care</p> <p>*CCC- Compassionate Community Care</p> <p>*CBPC-Community Based Palliative care</p>
04/11/2021 Thursday	10am to 12pm	Communication - Ms Reshma Ramachandran	<ol style="list-style-type: none"> 1. Need of Medical communication 2. Barriers to effective communication 3. Steps to effective communication 4. Differentiate between good and poor communication 5. Develop listening skills
		Concept of SANS	<ol style="list-style-type: none"> 1. Concept of SANS-Pain 2. SIPC(Student Initiative in

05/11/2021 Friday	10am to 12pm	Pain and Student Initiative in Palliative Care – Mr Bharath Mohan	Palliative Care) 3. Role of Student Volunteers in Palliative Care
06/11/2021 Saturday	10am to 12pm	Testimony by SIPC Volunteers and Feed Back Session and Action Plan	1. Experiential sharing of knowledge

On the bases of the schedule prepared for the days students attended the zoom meeting from 09:45 and on the bases of the assigned topic, the discussions and awareness were initiated. After each session the platform was open for experience sharing and discussion which helped volunteers to gather information about nature of service and beneficiaries.

Programme outcome:	<ol style="list-style-type: none"> 1. Students were able to identify various dimensions of palliative care and also their individualistic role in the field of palliative care and support. 2. From various discussions and experience sharing the entire group came across practical understanding about palliative services. 3. Trainees came across the impact of volunteerism with palliative patients and their family members. 4. The role of volunteers in mobilizing needed services and resources to make them feel better. 5. The possibilities of raising funds to manage the need of beneficiaries was introduced with successful examples helped the students to know about the community. 6. The need of follow ups with palliative patients was introduced through awareness sessions
Supporting Documents	1Photos, 10 seconds video, PPT if any

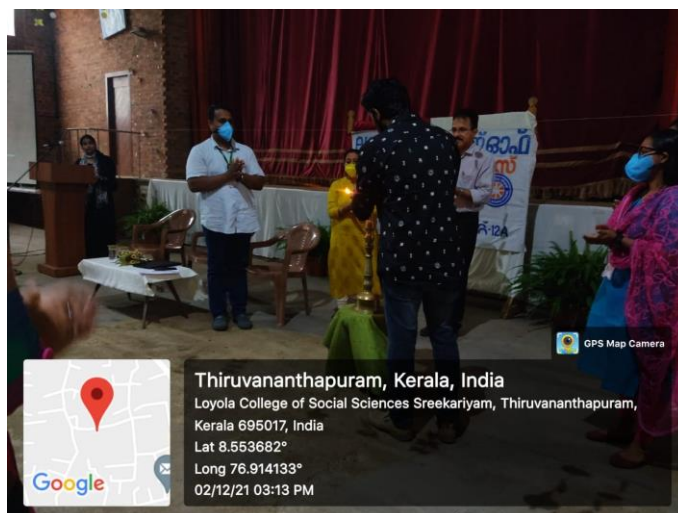


Report for Activity: Palliative Care			
Programme Name	Inauguration of Palliare (A Loyola initiative for palliative care)	Organizer	National Service Scheme
Date	2 nd December, 2021	Time	3-4.30 p.m.
Venue	Sutter Hall	Faculty in charge	Dr. Francina P X
Programme Objectives	<ul style="list-style-type: none"> To inaugurate Palliare (A Loyola initiative for palliative care) in collaboration with Pallium India. To impart awareness on palliative care to students of Loyola / NSS Volunteer 		
Resource person	Mr. Babu Abraham Head, Social Engagement Department Pallium India, Thiruvananthapuram		
Participants	Faculties and students of Loyola College of Social Sciences		
Programme Activities	<ul style="list-style-type: none"> The program began with prayer song by Krishnedhu B and Sreethu Sreenivasan, 2nd year , Sociology. Dr. Francina P X, faculty coordinator welcomed the gathering and the resource person. Dr. Saji P Jacob, Principal, Loyola College of Social Sciences inaugurated the program followed by inaugural address. Mr. Babu Abraham, Head- Social engagement department taken session on palliative care. He shared videos and presentation and explained about Pallium India and Palliative care. Palliative care is treatment of serious health-related suffering (SHS). It includes management of pain and other symptoms and addresses psychological, social and spiritual suffering of patients and their families. Palliative Care is not restricted to those at the End of Life. However, Palliative Care encourages conversations about the end of life. Palliative Care advocates for “a good death” which is pain-free and hopefully surrounded by loved ones, friends and family. 		

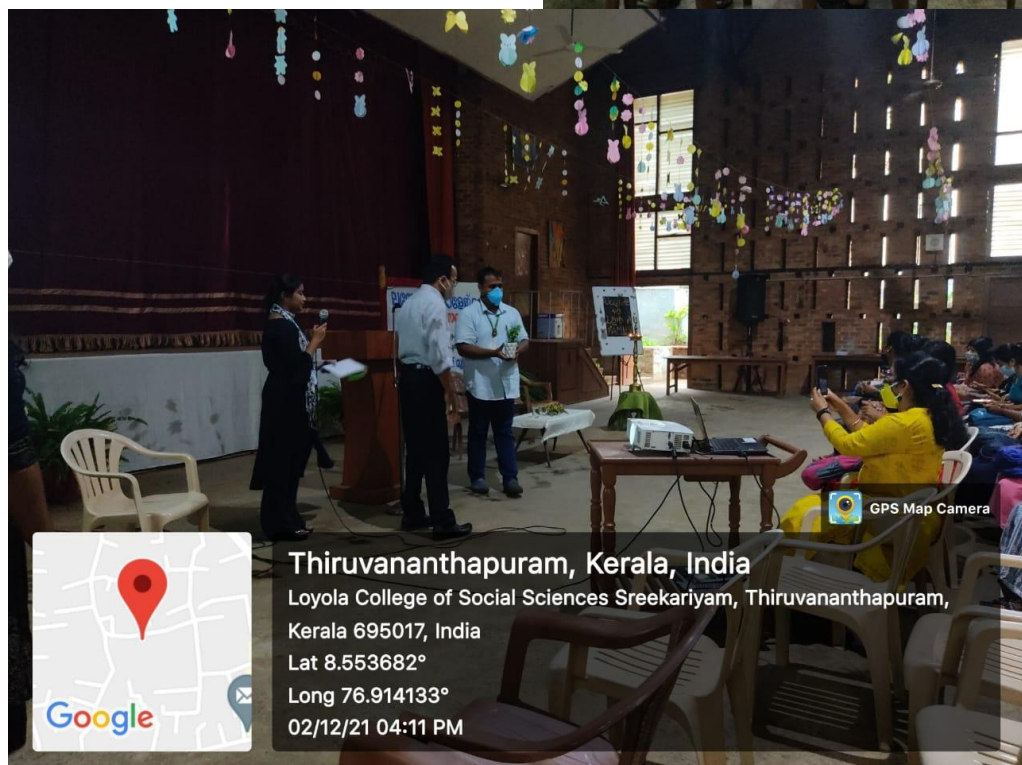
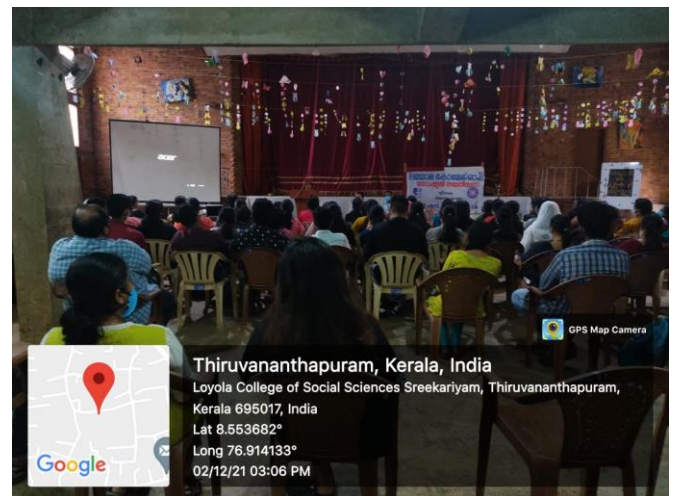
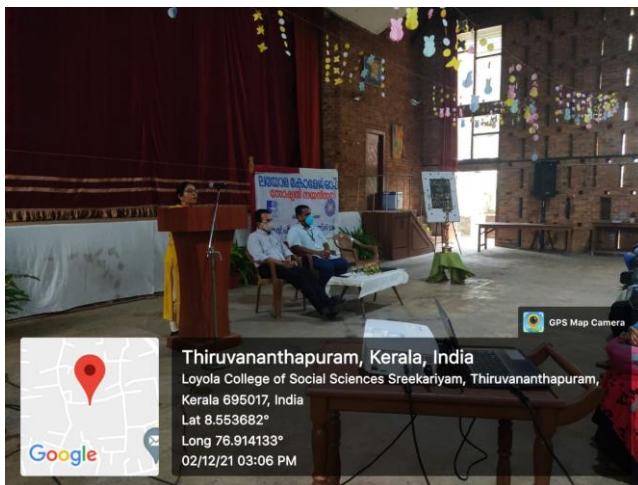
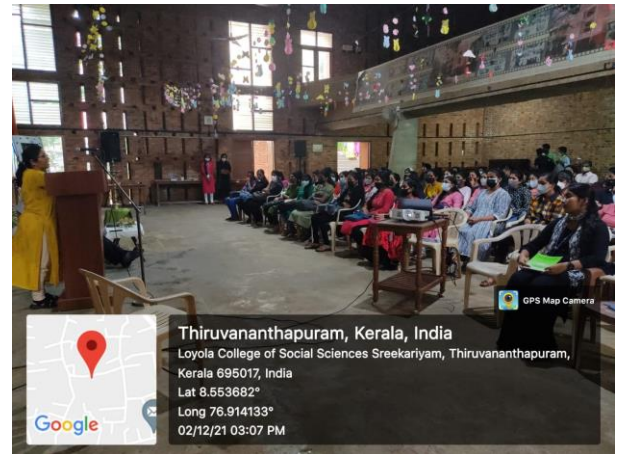
	<ul style="list-style-type: none"> • Pallium India is a national registered charitable trust formed in 2003. Pallium India strives to alleviate health related suffering. They demonstrate, educate and facilitate to integrate palliative care into mainstream healthcare. • Home Visits form a crucial part of their services. There are thousands of people who cannot access a healthcare facility because they are bed bound, elderly, living alone with no one to accompany them or geographically isolated. • In-patient services are available at the <i>Trivandrum Institute of Palliative Sciences</i> and delivered by a Interdisciplinary team involving Doctors, Nurses, Medical Social Workers, and Physiotherapists. Patients are admitted for short or long term symptom control as well as for hospice services to facilitate appropriate end of life care. • Pallium India is committed to improving the overall quality of life of patients and families. They recognise that illness-related suffering has many aspects – physical, mental, socio-economic and spiritual. Therefore, rehabilitation services form an integral part of the support they offer. • Pallium India runs a unique “Halfway Home” Programme where patients with spinal cord trauma are housed and rehabilitated in a facility that includes a kitchen, a wheelchair accessible room, and restroom so they can be trained in using these facilities before they are sent home. • Dr. Saji P Jacob handover a sapling to Mr..Babu Abraham as token of love. Ms. Aparna Padmakumar, 2nd Year, Personnel Management proposed vote of thanks. • As a beginning of Palliare, Dr. Saji P Jacob and Dr. Francina P X along with student coordinators and other faculties and students planted a sapling near smrithivanam.
Programme Outcomes	<ul style="list-style-type: none"> • The programme of “Palliare (A Loyola initiative for palliative care)” inaugurated officially. • The faculties and students of Loyola College of Social Sciences get an idea about Palliative care and Pallium India
Supporting Documents	Photos



Fig: 1 - Programme posters



Pic: Inauguration of Palliare by Dr. Saji P Jacob



Hand overing the sapling to resource person



Report for Activity Log SI. No.:

Programme Name	Palliative care visit in home community	Organizer	Students Loyola College Trivandrum in association with Palliate initiative of Loyola NSS
Date	24/12/2021 -31/12/2021	Participants	Students-Loyola College
Place and Beneficiaries	Home community palliative patients of students	Faculty in-charge	Dr. Francina P. X
Programme Objectives	<ul style="list-style-type: none">• To know about palliative services that are given to the needy in local areas of the students.• To identify the duty of the palliative volunteers who actively deal with the community services and engage with local self- government.• To interact with people who are in need of palliative services and also facilitate them to the volunteer if required.• To identify the work and initiatives of palliative care organizations, which are working in rural and urban settings• To interact with the people who are under the palliative services and also with their family members and their care givers and extend continuous psycho-social support to them.		

Programme activities

As part of 'Palliare' - a Loyola initiative in palliative care which functions under NSS of Loyola College of Social Sciences, students were requested to make a visit to their home community to know the nature of palliative services and organizations that functions in their community.

During Christmas vacation of 10 days students made visit to their nearby community, they visited at least one palliative patients in their residence, made interaction with their family or caregivers. The nature of the services that the beneficiaries get and the activities of the volunteers in a setting of palliative care was brought to their knowledge with the field experience of houses visits of palliative patients. Some students made their visits initiating interaction with representatives of respective local self- government and ASHA workers.

The experience as volunteers in the field of palliative care was brought into their knowledge base through this interaction with them. Some students were guided through palliative field units of palliative institution. This gave an idea about the nature of the service they get through the institutions. The students identified how to do need assessments and also how to establish a rapport with the service providers while interacting with the patients. The care givers also shared their concerns about giving services and also about the need of a systematic guidance in caregiving. Those who had less knowledge about the services of palliative care were given enough information through this field experience in nearby community. Some of them became able to mobilize the services of the volunteers on the basis of the need assessment they done during the interaction with the patients and their family or care givers.

Programme Outcomes

1. The students were able to familiarize themselves with the function and structure of palliative care services.
2. They were able to identify unnoticed concerns of the palliative patients and also their caregivers and addressed the same to the concerned authority.

3. Students got familiarized with the role of volunteers in palliative care setting both in urban and rural areas.
4. It was an enriching experience to most of the students as they had a first-hand experience in palliative care and it made their Christmas and new year vacation more meaningful.

Details of the visits conducted by students

	Name	District	Date of palliative visit	No. of houses visited	Place of visit
1.	Aarya Mathew	Trivandrum	30/12/2021	1	Maruthoor, Kalpada, Trivandrum
2.	Angel Mariya	Idukki	02/01/2022	1	Konnathady, idukki
3.	Sree Lekshmi J S	Kollam	31/12/2021	1	Mayyanad, Kollam
4.	Aliyath Sumayya	Thrissur	29/12/2021	1	Eriyad, Thrissur
5.	Annrose Mathew	Idukki	30/12/2021	2	Edavetty, Thodupuzha Idukki
6.	Jeena S Raj	Trivandrum	30/12/2021	1	Planthottam, Thirupuram, Trivandrum
7.	Gouri S Nath	Trivandrum	30/12/2021	1	Planthottam, Thirupuram, Trivandrum
8.	Aparna Raj A	Trivandrum	29/12/2021	1	Chaithanya Gardens, Kesavadasapuram. Trivandrum
9.	Joshni Jose	Thrissur	01/01/2022	1	Pongam, Koratty, Thrissur
10.	Libin Varghese	Idukki	03/01/2022	1	Kozhimala, Ayyappankovil, Idukki
11.	Heerakrishna R	Ernakulam	01/01/2022	1	Kedamangalam, Paravur Ernakulam
12.	Athira Varma	Ernakulam	02/01/2022	1	Puthiuyakavu, Thripunithura, Ernakulam

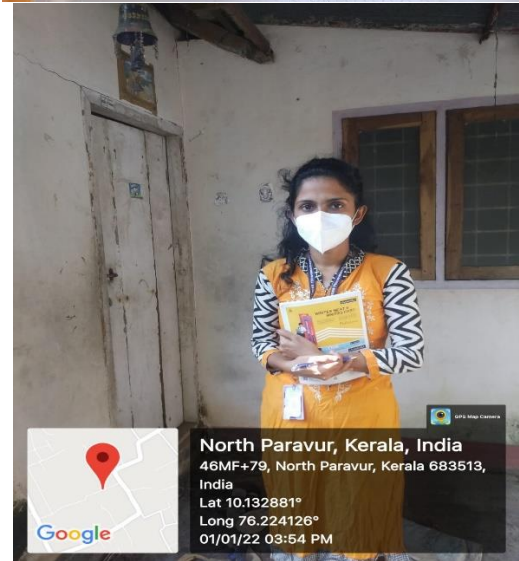
13.	Rosemary Paul	Trivandrum	01/01/2022	1	Azhoor, Trivandrum
14.	Abhaya Pradeep S	Kollam	29/12/2021	1	Kadakkal, Kollam
15.	Akhina Benny	Kannur	29/12/2021	10	Naduvil, Kannur
16.	Alfa S L	Thiruvananthapuram	26/12/2021	1	Panhgappara, Thiruvananthapuram
17.	Angel Antony	Ernakulam	27/12/2021	2	Vazhiyanchira, Ernakulam
18.	Anjali A S	Thiruvananthapuram	02/01/2022	1	Thottam, Ambalathara Thiruvananthapuram
19.	Anjali P	Malappuram	25/12/2021	2	Kondotty, Cheppilakkunnu, Malappuram
20.	Arsha N D	Thiruvananthapuram	31/12/2021	1	Santhivila, Nemom, Thiruvananthapuram
21.	Avani L S	Kollam	30/12/2021	2	S N Puram, Pavithreswaram, Kollam
22.	Charulatha S Kumar	Kollam	30/12/2021	1	Paripally, Kollam
23.	Darsana S Babu	Kollam	24/12/2021	3	Kudavattoor, Kollam
24.	Devika Rajan	Thiruvananthapuram	31/12/2021	1	Madathil Mada, Punchakkari, Thiruvananthapuram
25.	Ganga Babu B	Thiruvananthapuram	26/12/2021	2	Kulamangode, Parappara, Thiruvananthapuram
26.	Jefin Sam Thankachan	Kollam	28/12/2021	10	Aryankavu, kazhuthurutty Kollam
27.	Jesna Jacob	Kottayam	31/12/2021	1	Kuravilangad, Kottayam
28.	Jince Joseph	Kottayam	30/12/2021	2	Athirampuzha, Kottapuram, Kottayam
29.	Kavya Shaji C S	Thiruvananthapuram	28/12/2021	1	Aryanad
30.	Krishna Viswanathan B	Thiruvananthapuram	28/12/2021	8	Vellanad

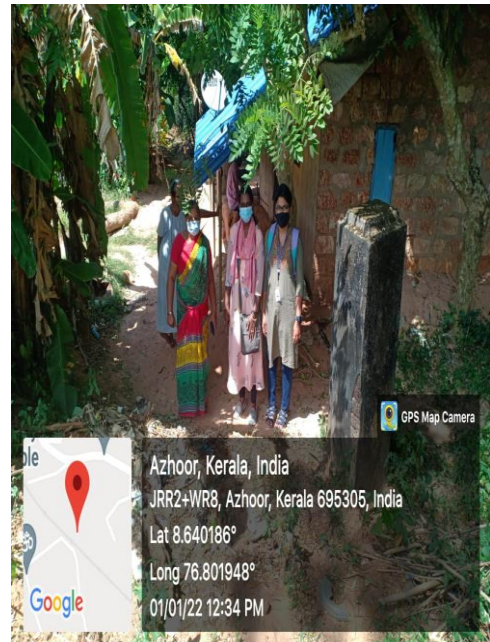
31.	Punnya S Pradeep	Thiruvananthapuram	27/12/2021	6	Velavoor, Thiruvananthapuram
32.	Rakhi Mohan	Kollam	27/12/2021. 28/12/2021	4	Thattarkonam, Kuripally
33.	Santhi Krishna S	Alappuzha	27/12/2021	1	Vathikulam
34.	Thomas Tomy	Idukki	29/12/2021	14	Thamarakandam , Roosapookandam
35.	Tony Thomas	Thiruvananthapuram	31/12/2021	3	Karakulam, Vattappara, Thiruvananthapuram
36.	Vyshak Suresh	Pathanamthitta	25/12/2021	1	Karimpenakuzhy
37.	Kripa A V	Thiruvananthapuram	27/12/2021	3	Kesavadasapuram, Thiruvananthapuram
38.	Anandhalekshmi S	Trivandrum	29.12.21	1	Thirumala, Trivandrum
39.	Anagha b murukan	Trivandrum	02.01.22	1	Malayam , Trivandrum
40.	Adarsh B S	Trivandrum	02.01.22	1	Vettinadu , Trivandrum
41.	Aswathy Krishnan G S	Trivandrum	02.01.22	1	Ottashekaramangalam, Trivandrum
42.	Deepasikha	Trivandrum	23.12.21	1	Pallam, Trivandrum
43.	Fahwa T	Malapuram	28.12.21	1	Mangalam, malapuram
44.	Greena John	Pathanamthitta	02.01.22	1	Muthoor, Pathanamthitta
45.	Gishnu R	Kollam	02.01.22	1	Pathanapuram, Kollam
46.	Gopika S M	Kasargod	02.01.22	1	Eachikkoval , Kasargod
47.	Hari krishnan B	Trivandrum	01.01.22	1	Mukkolakkal, Trivandrum
48.	Jacob Mathew	Trivandrum	01.01.22	1	Sreekariyam, Trivandrum
49.	Kavya satheesan	Trivandrum	01.01.22	1	Venkavila, Trivandrum
50.	Lekshmi k S	Kollam	26.12.21	1	Kundara, Kollam
51.	Noopura S	Ernakulam	01.01.22	1	Kaloor, Ernakulam
52.	P Krishnapriya	Trivandrum	01.01.22	1	Venkavila, Trivandrum
53.	Preetha p	Trivandrum	02.01.22	1	Adayamon, Trivandrum

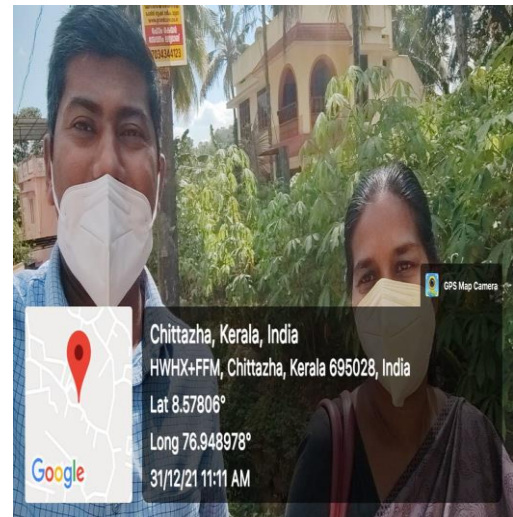
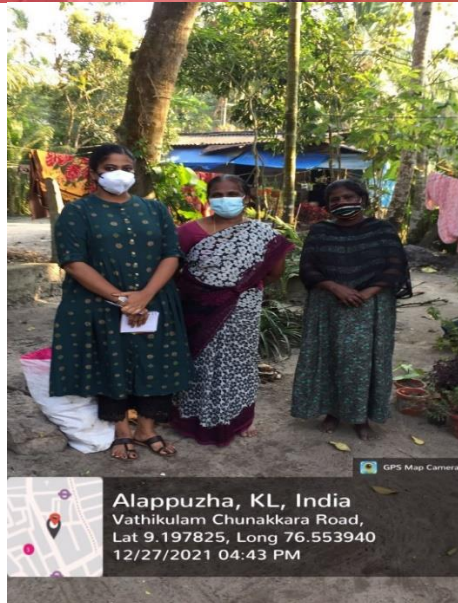
54.	Parvathy madhukumar	Alappuzha	27.12.21	1	Alapuzha
55.	Seethalekshmy V S	Trivandrum	27.12.22	1	Ulloor,tvm
56.	Shahana m k	Trivandrum	31.12.21	1	Paruthikuzhy, Trivandrum
57.	Sharon ann	Kottayam	24.12.21	1	Thiruvalla, ktyam
58.	Stephy Chacko	Kollam	29.12.21	1	Cherumoodu,klm

Supportive documents – Pics of students along with Palliative team / ASHA Workers in their locality. We have instructed them not to take pics of the patients.

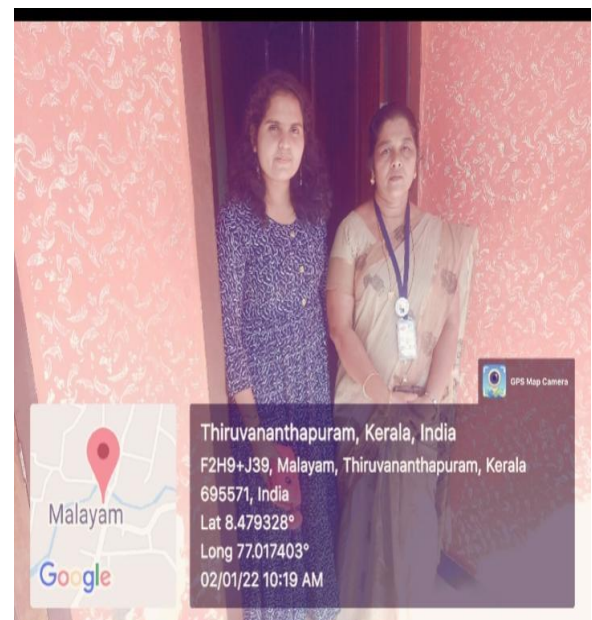
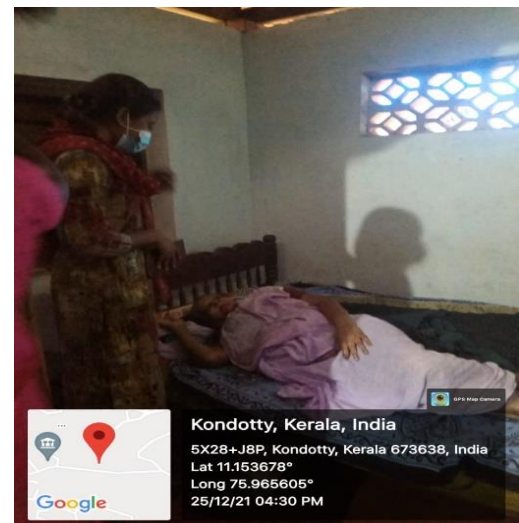














Report Activity Log Sl No:			
Program Name	Giving Wheel Chair to a person in need of palliative care	Organizer	NSS – Loyola College of Social Sciences, Sreekaryam
Date	17/01/2022	Time	06.00 pm to 7.00 pm
Venue	Pozhikkara, Pozhiyoor	Faculty in Charge	Dr. Francina P X
Programme Objectives	<ul style="list-style-type: none"> To interact with the family members of the palliative person To give wheel chair to the person who paralyzed due to Polio 		
Resource Person			
Participants	Dr. Sabu P Thomas S. J.,(Vice Principal), Dr. Francina P. X (Programme Officer) Mr. Ajith Pozhiyoor (Panchayath Member), Libin Varghese, Alfa S. L, , Divya Unni, Deepasikha, Jeena and Residents of Pozhikkara		
Programme Activities	<ul style="list-style-type: none"> The NSS volunteer representatives and faculties of Loyola College visited Pozhikkara as part of giving wheel chair to the palliative person who is paralyzed due to Polio. The Pozhikkara beach ward member Mr. Ajith, Youth volunteers Ms. Brijini, Mr. Vinod and the residents warmly welcomed the students and faculties of Loyola College to the community. The team interacted with the family members of the palliative person and they shared their happiness. Gave the wheel chair to the palliative person 		
Program Outcomes	<ul style="list-style-type: none"> The program helped to provide wheel chair to the palliative person that provides satisfaction and happiness to the family members as well as NSS volunteers and the residents of Pozhikkara Probably it helps to increase independent mobility, engage in social activities and quality of life of palliative person Wheel chair helps to improve the palliative person's health in many ways and it helps to reduce common problems like pressure sores, the progression of deformities or contractures and other secondary conditions associated with poor postures. 		

Supporting Documents - Photos





Dr. Francina P. X
NSS Programme Officer
LCSS, Trivandrum

ROTARACT CLUB- INTERNATIONAL DAY OF THE GIRL CHILD:-

QUIZ AND ELOCUTION PROGRAMMES

As part of UN International day of girl child observed on October 11th, Rotaract club of Loyola College of social sciences organized Quiz, Elocution and other online competitions and prizes were distributed to the winners. As we go through the program details the quiz was mainly conducted in a structured manner where three rounds were there. In the first two rounds the participants got direct questions and the last round was a rapid fire round where three questions were asked by each teams. And in regard of Elocution competition topics were given on the basis of choices of the participants, were both these competitions were conducted in transparent and reliable manner. Elocution was mainly conducted in both English and Malayalam languages. And other programs were also conducted in online platform where the participants took part in fully competitive and healthy manner.

The competitions were very much worthwhile and we can mainly get a chance to unfold so many historical leaps of women through this quiz and also we could find good orators and enough aspiring ideas that evolve from the elocution competition. Rather the programs provide greater insights of flexibility and reliability among the co-coordinators and how they corporate with the participants. Moreover it was a fertile ground to earn more knowledge and aspirations about the women empowerment from diversified views of participants which gives us a wide spectrum of enlightenment in this scenario of women empowerment in society as a whole.

WINNERS

Elocution (Malayalam):-

-) Sreehari (First) MSW
-) Vishnu Shaji (Second) MAHRM
-) Ansun Jacob (Third) MAHRM

Elocution (English):-

-) Ambily E.H (First) MAHRM

) Anamika (Second) Sociology

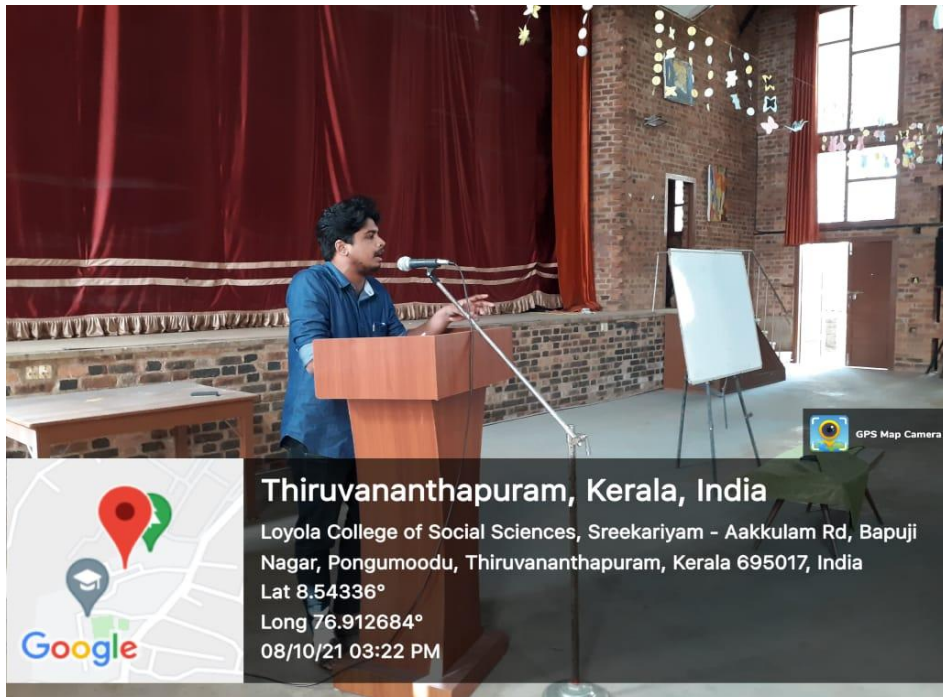
) Augustine(Third) MAHRM

Quiz-Girl Empowerment:-

) Team Augustine and Sunith (First) MAHRM

) Team Jumy and Angel (Second) MSW

) Team Sreethu and Anjitha (Third) Sociology





MENSTRUAL DISORDERS AND PCOD

DATE: 09/10/2021

TIME: 7.00 pm – 8.00 pm

As part of UN International day of girl child observed on October 11th, Rotaract club of Loyola College of social sciences organized a webinar on the topic MENSTRUAL DISORDERS AND PCOD. The session was handled by

Dr. S. Minupriya (consultant Gynecologist and Fertility Specialist). The session was conducted in order to provide a platform to raise awareness and to clear the concerns regarding the menstrual disorders and PCOD. There were many participants from inside and outside the campus for the webinar. There were almost 105 participants who attended the webinar. The members of the Rotaract club of Loyola college organized the webinar and the staff coordinator was Dr. Anitha (assistant professor of department of personnel management).

-) Master of the ceremony was by Krishnendu (department of sociology)
-) Welcome address was by Annu Thomas (department of MSW)
-) Introducing about Rotaract and the chief guest was by Arafath (department of personnel management)
-) Vote of thanks was by Anandhu (department of sociology)

It was a very informative and insightful session. The session ended by 8.30 pm. discussion part went on well. The presentation made by the doctor was very informative for the students and helped them to clear their doubts on PCOD and what all should be done to cure PCOD, the causes for PCOD was also explained well. Dr. Minupriya, is presently working at Bishop Benziger hospital, Kollam. She has also taken many webinars online and offline at many colleges.







Rotaract Club of Loyola College of Social Sciences Trivandrum

Webinar

Menstrual Disorders and PCOD



Dr.S.Minupriya

**Consultant Gynaecologist &
Fertility Specialist**



[https://meet.google.com/
ivv-jgbm-sas?hs=224](https://meet.google.com/ivv-jgbm-sas?hs=224)

09/10/2021

7.00 pm - 8.00 pm

ROTARY CLUB FUNCTIONS HELD IN LOYOLA COLLEGE OF SOCIAL SCIENCES, SREEKARYAM 2021 - REPORT

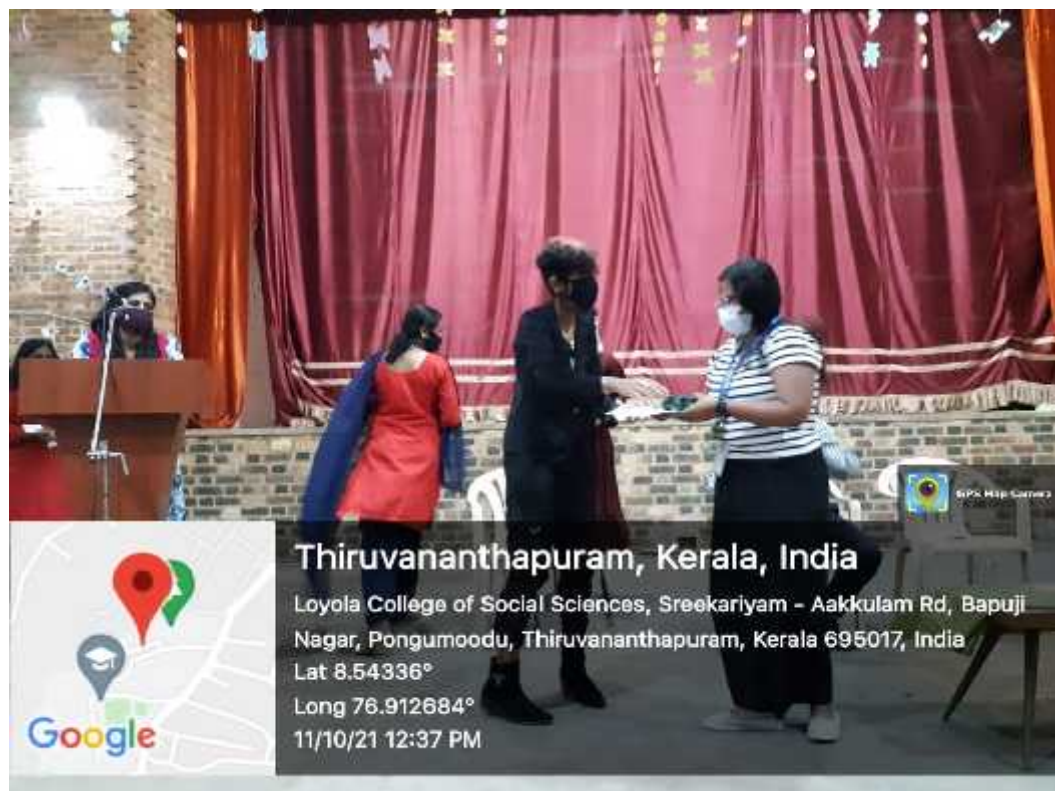
Rotaract Club of Trivandrum has organized an amazing Rotary club functions at Loyola College of Social Sciences in Trivandrum. It was indeed a special day for all the Rotarians who've took part in that. The programme started sharply at 12 noon in Sutter Hall of Loyola. All the students including the chief guest and the other dignitaries were also presented on the time.

The program was held on 11th October 2021. And they discussed on regard with EMPOWERMENT ON GIRLS as a part of International Day of Girl Child.

The programme starts with the Welcome Address by Miss. Brijith Maria Thomas and then we had our beloved Principal Dr. Saji P Jacob's principal's address to the corresponding agenda. Then we had an address by our Rotarian, Rtn. Mr. Antony Thomas, followed by Mrs. Parvathy has given a special key note on regarding with the event and the specialty of that day too. Then we had an Introduction for our chief guest Miss. ADITHI NAIR R who is an young rapist known as young rap kid in India and she has been recorded for many more designations for her renowned hardwork and quench to hold her title to be as a rap kid in India as her career within this 16 year old, by Ms. Jancy Johns.

Then the club had a wonderful speech of Ms. Adithi followed by her ceremony of prize distribution to various winners for the competitions conducted by the Rotary club members. Then the club had a wonderful splendid fabulous rap performed by the rap kid Adithi for the students of Loyola College and also along with that Miss. Parvathy, who is the president and stood as a backbone to all the functions held in Loyola, on behalf of Rotary has appreciated by a special gift by Mrs. Parvathy mam. That was a mesmerizing moment too. Then club functions had wind up with the vote of thanks by Vinayak .Indeed we had a splendid fabulous motivating day by the rotary club mates.







Rotaract Club Activities:

OVERCOMING PROCRASTINATION WORKSHOP

Date: 01/12/2021

Time: 1.30 pm to 3 pm

Speaker: Ms Sreekala Shivji

Staff in charge: Dr Anitha

Organizer: Personal management department in coordination with Rotaract club.

The workshop on overcoming procrastination by Sreekala Shivji, founder of balloon international nursery was held on 1st December, 2021 at JM Hall. The session was for one hour coordinated by Rotaract club of Loyola College of Social Sciences, Trivandrum.

Procrastination is the act of delaying or putting off tasks until the last minute, or past their deadline. This is something we all experience and this session has given many ideas to overcome this. No matter how well-organized and committed you are, chances are that you have found yourself frittering away hours on trivial pursuits (watching TV, updating your Facebook status, shopping online) when you should have been spending that time on work or related projects.

The workshop was very helpful for the students. She explained in detail about procrastination and gave ideas to overcome procrastination. She also shared her personal experiences and made the session more interesting. All the students were asked to share their thoughts on procrastination and their experience. The platform had an interesting interactive session. Her presentation was very informative and gave the students a clear picture on procrastination and the ways to overcome.

Some ideas explained by her to overcome were:

-) Create a To-Do List with Specific Deadlines
-) Break Bigger Projects into Manageable one
-) Set Aside Time and Space for Work
-) Remove Distractions
-) Tackle hard things first
-) Do one task at a time and not multitasking
-) Believe in yourself

These are some of the steps which can be used to overcome procrastination. The session ended by 3pm.



Overcoming Procrastination Workshop

Learn easy steps to stop putting things off



December 1, 2021
Time : 1:30 pm





Sreekala Shivji
(Founder, Balloon International Nursery)



Department of Personnel Management
Loyola College of Social Sciences, Thiruvananthapuram





ROTRACT CLUB OF LOYOLA

Title of the programme - competition
 Elucration and quiz programme
 conducted by Rotract club
 No of participants - 19

Date - 8/10/2021

Time - 3 pm - 4 pm

Venue - Sutterhall

Participants

Name	Dept	Signature
1. Ansun Jacob	MA HRM	
2. Sreehari A.K.	MSW	
3. Vishnu Shaji	MA HRM	
4. Hamna	MA HRM	
5. AMBILY E.H.	MA HRM	
6. Anamika U.P	MA Sociology	
7. Akshara Sobhanus	MSW DM	
8. Azun Arif	MA HRM MSW DM	
9. Anjitha M.C	MA Sociology	
10. Sreethu Sreenivasan	MA Sociology	
11. Jilsha A.B	MSW DM	
12. Angel Maria	MSW	
13. Jimmy George	MSW	
14. Augustine	MA HRM	
15. Sunith	MA HRM	
16. Reshma NR	MA Sociology	
17. Naveen SB	"	
18. Sunith	MA HRM	
19. Augustine Soojay KJ	MA HRM	

ROTARACT CLUB OF LOYOLA

Date: 11/10/21

Title of the programme

Time: 12pm to

Venue: SJK hall.

International Girl child day - Prize distribution ceremony

Conducted by Rotaract club

No. of participants:

Participants

Name	Department	Signature
1. Sneha Mathew	MSW DM	Sneha
2. Neleena Scarica	"	Neleena
3. Anjitha M. C.	Sociology	Anjitha
4. Sreethu Sreenivasan	MA Sociology	Sreethu
5. Nayya Mathew	MSW	Nayya
6. Apurva Raj. A	MSW	Apurva
7. Alby P.J.	MSW	Alby
8. Angel Mariya Dominic	MSW	Angel
9. Lincy Baby	MSW	Lincy
10. Jimmy George	MSW	Jimmy
11. Ansun Jacob	HRM	Ansun
12. Fathima N	MSW DM	Fathima
13. Anamika UP	Sociology	Anamika
14. Aqleetha Sumayya KY	MSW	Aqleetha
15. Soebhai	MSW	Soebhai
16. Bilbilal	MSW DM	Bilbilal
17. Sam Santhosh Mathew	"	Sam
18. Nitya Nibu	"	Nitya
19. K. Anantha Soman	MSW	Anantha
20. Rejitha Ravi	"	Rejitha
21. JMBLY E.H.	MAHRM	JMBLY

22.	APARNA PADMALAHAR	MAHRM	<u>Pame.</u>
23.	Angel Raj	MA Sociology	<u>Art.</u>
24.	Jinu chandraj	"	<u>Junu</u>
25.	Anjali G.D	"	<u>D.</u>
26.	Maniam Jacob	"	<u>Maniam</u>
27.	Arum, S.B	"	<u>Arum</u>
28.	Drisya P. Lal	"	<u>Drishya</u>
29.	Abhiramikaishram	"	<u>Abhiramikaishram</u>
30.	Fevi Williams	"	<u>Fevi Williams</u>
31.	Saranya T. J	"	<u>Saranya</u>
32.	Rushma N.R	"	<u>Rushma</u>
33.	Ardora Anil	"	<u>Ardora</u>
34.	Drusya Anil	"	<u>Drusya</u>
35.	Annel Waw. S.B	"	<u>Annel</u>
36.	Sree Sathya	"	<u>Sree</u>
37.	Salman	"	<u>Salman</u>
38.	Aleena N	"	<u>Aleena</u>
39.	Kalyani Nair	MA HRM	<u>Kalyani</u>
40.	Angustine	"	<u>Angustine</u>
41.	chippy Raj	"	<u>chippy</u>
42.	Unnimeya L.K.	MA Sociology	<u>Unnimeya</u>
43.	Jincy Raj. S.S	MA Sociology	<u>Jincy</u>
44.	Bhargya S. karnan	"	<u>Bhargya</u>
45.	Sunith T.S	MA HRM	<u>Sunith</u>
46.	Vishnu Shaji	" "	<u>Vishnu</u>
47.	Gopika Rajendran	MSW DM	<u>Gopika</u>
48.	Hima Hareendran	"	<u>Hima</u>
49.	Shyama A	"	<u>Shyama</u>
50.	Krishnendu B	MA Sociology	<u>Krishnendu</u>
51.	Brijith M.T	MSW DM	<u>Brijith</u>
52.	Anandhu B.S	MA Sociology	<u>Anandhu</u>
53.	Abhaya S. Prakash	MAHRM	<u>Abhaya</u>
54.	Renuathy. P.T	MAHRM	<u>Renuathy</u>
55.	Vinayak S. Karthikeyan	MSW	<u>Vinayak</u>
56.	Alan	MSW	<u>Alan</u>