

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



CRITERIA 7: Institutional Values and Best Practices

7.3 Institutional Distinctiveness

Engaged Competence Enhancement (ECE)

**Detailed Reports of the Extension Activities for
the Year 2019-20**

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**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



NSS Camp Report 2019-20

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PART –I
INTRODUCTION

About NSS

National Service Scheme is under the Ministry of Youth Affairs & Sports Government of India, popularly known as NSS was launched in Mahatma Gandhi's birth centenary year 1969, in 37 universities involving 40,000 students. The primary focus of NSS is the development of personality of students through community service. Today, NSS has more than 3.2 million student volunteers on its roll spread over 298 universities and 42 (+2) senior secondary councils and directorate of vocational education all over the country. From its inception, more than 3.75 cores students from universities, colleges and institutions of higher learning have benefited from the NSS activities as student volunteers.

The scheme now extends to all the states and universities in the country and covers +2 levels also in many states. Students, teachers, guardians, government, universities and college/schools and the people in general now realize the need and significance of NSS. It has aroused among the student youth an awareness of the realities of life, a better understanding and appreciations of the problems of the people. NSS is, thus, a concrete attempt in making campus relevant to the needs of the community.

Community service entered university and +2 levels students has covered several aspects like adoption of villages for intensive development work carrying out the medico-social surveys, setting up of medical centers, programmers of the mass immunization, sanitation drivers, adult education programmes for the weaker sections of the community, blood donation, helping patients in hospitals, helping residents off orphanages and physically handicapped etc. NSS volunteers did commendable relief work during natural calamities / emergencies such as cyclones, flood, famine, earthquakes etc. from time to time all over the world.

The NSS students have also done useful work in organizing companions for the eradication of social evils, and popularization of the nationally accepted objectives like nationalism, democracy, secularism, social harmony and development of scientist temper.

OBJECTIVES OF NSS

The main objectives of National Service Scheme (NSS) are;

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving
4. Develop among them a sense of social and civic responsibility
5. Utilize their knowledge in finding practical solutions to individuals and community problems.
6. Develop competence required for group living and sharing of responsibilities
7. Gain skills in mobilizing community participation
8. Acquire leadership qualities and democratic attitudes
9. Develop capacity to meet emergencies and natural disasters and practice national integration and social harmony

NSS & LOYOLA

Loyola College of Social Sciences was founded by the Society of Jesus (Jesuits) in 1963, the college offers courses in MA (Sociology, Social Work & Human Resource Management) & MSc. Counselling Psychology. The college is affiliated to the University of Kerala and is a recognized research Centre of the University. The Centre prepares the students for Ph.D. in Sociology, Social Work and Management studies and also takes up sponsored research projects. A full-fledged extension services, Loyola Extension Services (LES) is a unique feature of the college. The LES acts as a social lab of the college. The LES acts as the social lab of the college.

True to the Jesuit tradition of MAGIS (excellence) and the commitment to faith and justice, Loyola strives to reach the benefits of higher education to the people, especially the marginalized. In reaching this goal, we are guided by the Ignatius vision of life and its application in Jesuit education. NSS unit of the college has a history of more than 45 years. While Kothari commission propagated NSS at the National Level, Loyola became instrumental in the establishment of NSS in Kerala University. Fr. Puthenkalam S.J, the first principal of Loyola, took the pain for the initiation of the NSS programme in Loyola and the end fruit was unit KL-07-011, functional NSS unit in the college. Voluntary membership of all the students joining the college is the uniqueness of this college.

To build social sensitivity in the youth, NSS always promoted rural live in campus where the students live with a selected community for a period of 10 days to have a real-life experience of that community for a period of 10 days to have a real-life experience of that community. Later these 10 days is reduced to 7 days by the University. A seven-day group living with limited amenities and the interactions with the community, give the student a first-hand picture of the struggle, a common man in that particular community has to face, to make to make the ends meet. Normally, a social-economically backward are will be the priority. Loyola has a history of vibrant and live memories of camp life, cherished by the various batches of 1963 onwards. This year was also not different. Instead of 10 days, university stipulated a 7-day camp and it was realized from 26th February to 4th March 2018, at pulluvila, a small coastal village near Vizhinjam.

REASONS FOR THE CHOICE OF PLACE

- It is a rural coastal village and the community suffers marginalization
- The feasibility and accessibility
- The needs of the community shared, and support offered by the parish authorities, panchayat ward members and the MLA.

PART II
THE PLANNING STAGE

AIMS OF THE CAMP

- * To sensitize the students about the living conditions of the people and help them to live with them. This may help the students to be aware of the living conditions and social setting in the place
- * To make aware of the social responsibility of social science students and that the education should enable them to help the needy and downtrodden.
- * To develop sharing and group living so that by adjusting and accepting each other the group may be able to integrate a sense of belongingness to one another.

AREA IN THE FIELD

Part of the Vizhinjam panchayath, that comes under the parish of Sindhu Yathra Matha

CONTACT PERSONS IN VIZHINJAM

Rev. Fr. Justin Jude (parish priest)

Mr. Hamlet

COMMITTEES AND GROUPS

Core committee

Program officer	Dr. Anitha
Staff guides	Dr. Sabu P Thomas, Fr. Saji
Camp leader	Ms Ansu Jacob
Asst. camp leader	Mr. Aadhil K U

Functional committee leaders

Program committee	Ms. Neha Joseph
Food committee	Ms. Anu
Cultural committee	Ms. Anjima
Logistics	Ms. Aleena
Survey	Ms. Arunima M
Documentation	Ms. Varsha K M
Transportation	Mr. Ajay ghosh
Discipline	Ms. Arathy
Camp Paper	Ms. Feba K R
Finance	Ms. Wincy Biby

Functional group list

PROGRAMME COMMITTEE

1. NEHA [LEADER]
2. NITHYA
3. AKHILA
4. KAVITHA
5. MEHNA
6. JEEVA
7. AMRUTHA
8. SAHAL
9. PRIYA
10. SHABNA
11. FATHIMA
12. RESMI

FOOD COMMITTEE

1. ANU [LEADER]
2. AKHILA J

3. NIBITHA
4. GRACE
5. REEJA
6. RAYS
7. ADARSH
8. ANGEL
9. AKSHYA
10. SILPA
11. AJAY SANKAR

CULTURAL COMMITTEE

1. ANJIMA[LEADER]
2. ANN MARY
3. NARTHANA
4. ANUGRAHA
5. APARNA
6. RIZWANA

7. SAHALA
8. REYA
9. KESIYA

LOGISTICS COMMITTEE

1. ALEENA[LEADER]
2. ANOOP
3. ROHITH
4. SINI
5. JAYASREE
6. KAVYA
7. ASWINI
8. SHIFANA
9. ARCHANA A.B
10. ANJITHA

SURVEY COMMITTEE

1. ARUNIMA[LEADER]
2. GREESHMA
3. ARCHANA LAKSHMI
4. ANANTHU
5. DIVYA
6. SUFINA
7. SOUMYA
8. DEVIKA
9. ARATHI
10. BIBIN N.C
11. TEENA
12. Sr JASEENTHA

**DOCUMENTATION
COMMITTEE**

1. VARSHA[LEADER]
2. ANJU
3. Fr JOMES
4. SHEETHAL
5. ANJALI
6. Sr SOCHI
7. MEGHA ELSA

**TRANSPORTATION
COMMITTEE**

1. AJAY GHOSH
2. SREYAS
3. MEGHA
4. REEMA
5. GOPIKA
6. ANAZ
7. JAYAPRAKASH
NARAYAN

**DISCIPLINE
COMMITTEE**

1. ARTHI[LEADER]
2. ADARSH
3. ASUMTHA
4. SULEKHA
5. SANGHAMITHRA
6. HARIKRISHNAN
7. VERONICA

**CAMP PAPER
COMMITTEE**

1. FEBA[LEADER]
2. PRAJITHA
3. ARYAGHOSH
4. KRISHNA
5. ANNA
6. JITHU
7. AISWARYA
8. ABHIRAMI

FINANCE COMMITTEE

1. WINCY[LEADER]
2. AGNES
3. SREELAKSHMI

Responsibilities of functional committees

Program committee

- Planning the programme in the field
- Preparing daily schedule
- Arranging inaugural and valedictory functions
- Ensuring timely execution of all programmes
- Media – Giving the camp details to print and electronic media

Survey committee

- Preparing and printing the interview schedule
- Explaining it to the working group members
- Coordinate data collection daily
- Data entry (together with working groups)
- Survey Report- English and Malayalam

Cultural committee

- Arrangement of cultural programmes on the inaugural and valedictory function
- Arranging entertainment programmes after supper

Food committee

- Taking stock of cooking facilities available at the venue, during pre-camp visit
- Budget, menu, purchase of provisions
- Procure utensils from college, keep an inventory of them and ensure all the utensils are returned to college
- Store keeping
- Ensuring vessels, gas, etc., and entrusting it to daily groups
- Take care of the kitchen on the first and last days of camp

Documentation committee

- Get the report or data for the planning meetings from the camp leader/ voluntary secretaries

- Take photographs of all orientation meetings, practice sessions, inaugural & valedictory functions, camp evaluation meetings, food committee, faculty and seniors visit, camp paper and other important events
- Be up to date of pre-camp reports, including orientation and preparatory sessions
- Arrange for final survey report from the survey committee
- Getting the daily report from the working committee leaders
- Get the complete account from the finance committee
- Typing, editing and binding the report

Accommodation and Transport Committee

- Ensuring the facilities at the venue during pre-camp visit
- Arranging for mats, buckets, mugs etc. to be taken from hostels
- Arrange for the disposal of sanitary napkins
- Ensure the communication of required documents to police station

Logistics Committee

- Collection and management of materials like banner/ poster etc.
- Collection of firewood for camp
- Arrange for gas cylinders from Jesuit house
- Get an understanding of and make arrangements for the waste disposal system for the food committee

Camp Paper and Exhibition Committee

- Ensure stationery provisions like
 - Chart, Plastic thread, cloths clip
 - A4 paper -1 packet
 - Pens, pencils, erasers, ruler, sketch pens, markers
 - Stapler, stapler pins, Gum, Cello tape, Scissors
- Preparation of camp paper and presenting it on first day morning
- Ensuring the completion and release of camp paper everyday

Finance committee

- Sponsorship
- Preparation of budget
- Preparation and updating of Accounts & Daily expenses
- Keeping stock of the bills
- Presenting the final accounts to the camp officer after camp

Discipline Committee

- Time keeping (get a whistle)
- Ensuring discipline and order in all the camps activities
- Arrange Prayer and Yoga everyday morning
- Arrange for flag hoisting, NSS anthem and thought for the day every morning

Responsibilities of working group

- Inviting the community members to the Inaugural Function on Day 1
- Survey and tabulation of survey forms
- Coordinating the involvements in the community
- Group engagements in the community (E.g.: -Preparation of classes for adolescent groups, mothers groups, activities for the youth, awareness classes in waste management and other issues faced by the people at the camp area)
- Reporting/sharing the activities and experiences every day during evaluation and handing over the written report to the documentation committee
- Organizing cultural programme every day after supper as per the direction of cultural committee
- Any other participation for the overall well-being of the community involvement and group living

FIRST PRE CAMP VISIT

The first pre camp visit was conducted at Vizhinjam by the vice principal of Loyola college Fr.Sabu P Thomas Sj and NSS program officer Dr.Anitha and other students of various departments including Akshaya of sociology department, Hari Krishnan of HRM department, Kesiyamol Mathew and Neha Joseph of MSW department, Anas and Shilpa of psychology department respectively on October 21st 2019.

They visited the camp site at Vizhinjam and enquired about the accommodation facilities of the students to the Sindu yathra matha parish vicar Rev.Fr. Justin Jude and told him about the camp and enquired about the accommodation of both boys and girls. At first they decided to take the accommodation for the girls at the Sindhu yaathra matha parish hall and to rent out a house for the boys near to that.

SECOND PRE CAMP VISIT

The second pre camp visit was conducted by the NSS program officer Dr.Anitha, Fr.Saji Joseph Sj, NSS camp leader Ansu Jacob and assistant leader Aadhil KU, Ananthu and Divya of MSW on January 17th. They visited once again to the camp at Vizhinjam and explained the details to FR. Justin Jude about the activities that we are going to conduct at the camp like taking the socio-economic survey and other activities also. Then Fr.Justin Jude gave a detailed explanation to us about the number of wards in Vizhinjam and how many wards we need to focus for our survey and explained about the geographic conditions of Vizhinjam to us.

Then Fr. Justin introduced Hamlet chettan and Regan chettan to us who were the residents of Vizhinjam for helping us during our camp. Then we cancelled the house for rent that was earlier decided during the first pre camp visit for the boys and booked the Sindhu Yathra Matha parish hall for both boys and girls. The upper portion of the hall was fixed for girls and lower portions for the boys. And everything was finalized at last. Then we told them about our requirements and all those provisions that we need for the camp.

ORIENTATION CLASS

The first orientation of NSS was conducted on January 15th 2020 at Sutter hall by FR. Saji Joseph SJ and NSS program officer Dr.Anitha. All the first year students attended the orientation. Fr.Saji addressed the gathering and introduced us about the NSS camp. He told that all the first year students of Loyola College are part of NSS and they are the NSS volunteers. The camp will start from February 2nd 2020 to February 8th. He told us that it will be one of the memorable moment in your life and when you pass out from Loyola you will be happy that you have attended the NSS camp and it had changed your life a lot. He told us that this year's camp will be conducted at Vizhinjam and we should serve the people of that area.

Then he explained to us about the activities that we are going to conduct at Vizhinjam. He told us that we are going to be together for 7 days by cooking food by ourselves, knowing each other and serving the coastal people. He also told us that it is an opportunity for us to know more about the life of the coastal people and also there problems and sufferings. He told us that it is also an opportunity for us to know your fellow department students and hence it would be an inter department collaboration

Then NSS program officer Dr.Anitha addressed the gathering. She told us that this would be an interesting and memorable day for all for us and she wanted all of us to attend the camp. Then she told that she would also be accompanying with us for the 7 days at the camp. Then our seniors from the four departments came forward to share their last year's camp experiences.

On the next camp meeting on January 20th the volunteers were divided into different working and functional groups. Each group's were assigned with a leader and an assistant leader. And each of these groups were asked to take the lot from the camp leader in order to find out there target groups. On this day the name for the camp was given as "Jeevanam 2020" after so many suggestions were given. There were different target groups like children, adolescents, youth, women and elderly. And after taking the lot they were asked to discuss about the various activities that they are focusing according to their target groups. Arunima of HRM department explained to the volunteers about how to take the survey and introduced the questionnaire forms and the questions that were given in the form.

Then NSS program officer Dr. Anitha told us to give a brief description of whatever activities that we were going to present to the target groups. And the groups were given time to practice whatever that they were going to present. And on the next meeting on January 28th

the groups were ready to present their activities and each working groups came in front and presented their ideas.

Then on the last day of the NSS meeting on January 31st the volunteers were asked to be seated in their respective functional committees and told to discuss about the various activities that they need to do. There were different functional committees like food committee, program committee, documentation committee, cultural committee, logistics committee, survey committee, finance committee transportation committee, discipline committee and camp paper. Dr. Anitha came to each functional group and explained each one of the committee's duties clearly. Then Dr. Saji P Jacob principal of Loyola college of Social Sciences came to address the volunteers. He wished the volunteers to do their best and he told that after attending this camp each and every one of us would undergo a mental and social transformation and everyone would have the courage to fight against all the barriers that they face in their life.

Then Fr. Sabu P Thomas too addressed the gathering and wished the volunteers for safe and happy camp days. Then the meeting was dispersed.

DAY 1

2nd February 2020 Sunday

Travel to Vizhinjam

After days of group meetings and preparations, the NSS camp for first year volunteers of Loyola College of Social Sciences, Thiruvananthapuram: JEEVANAM 2020 started on 2nd February 2020. The volunteers were divided into respective working and functional groups and their duties were assigned to them to plan well in advance. There were two buses for transportation on to which the bags and camp essentials were loaded. The students were gathered in Sutter Hall and the principal Dr. Saji P. Jacob gave brief introduction about NSS camp and the Loyola legacy of NSS camps. With a small prayer in the Sutter Hall guided by Fr. Sabu, the journey started at 1pm.

The students along with NSS Programme Officer Dr.Anitha.S along with Fr.Sabu reached the camp destination, Vizhinjam, Sindhuyatramatha Auditorium at 1.45pm. Soon after reaching there the volunteers started unloading the camp essentials. Under the guidance of community

members, the volunteers were sent to different wards in their respective working group for inviting the community members to the NSS Camp inaugural ceremony. At the same time the programme committee and the food committee started to do their respective works.

By 4pm the volunteers returned back to the auditorium and had their refreshments, Black Coffee; prepared by the Food Committee.

INAUGURATION OF JEEVANAM 2020

Day 1: 02/02/2020

Under the guidance of Dr. Saji P Jacob, the Principal; Dr. Sabu P Thomas SJ, Vice-principal of Loyola College and Dr. Anitha. S, NSS Programme Officer, NSS Volunteers initiated the Inaugural Ceremony for **JEEVANAM 2020** (Annual 7 Days NSS Camp) at Sindhuyatramatha Auditorium, Vizhinjam at 6.15PM.

The inaugural function started with NSS Anthem which was led by the college choir. The Masters of Ceremony for the programme were Ms. Krishna and Ms. Nitya. Dr. Anitha S NSS Programme Officer welcomed the gathering. The presidential speech was given by Dr. Saji P Jacob. Mr. M Vincent, MLA of Kovalam was the chief guest. He inaugurated the camp by lighting the lamp and later gave an inaugural speech. Rev. Dr. Sabu Thomas gave the introductory speech. Rev. Fr. Justin Jude, the Vicar of Vizhinjam Parish gave an idea about the community. Ms. Shiny Wilfred, Ward Counsellor did the felicitation. Inaugural function came to an end with the vote of thanks by the NSS camp leader Ms. Ansu.

Then the cultural programmes were conducted by the volunteers of Loyola College. The team was dispersed for dinner. Kanji and payar was served by the food committee members for the dinner. Evaluation started at 8.40pm and went on till 10pm. For many volunteers it was their first NSS camp and they expressed their eagerness to be a part and parcel of the next 6-day camp. Each member voiced how they felt and they started to share their experiences and expectations. They also mentioned about the warm response of the community members. Fr. Sabu gave brief idea about the camp and he took the attendance and enquired the reasons for the absentees.

Fr. Sabu shared his experience during his transact walk. Dr. Anitha made special reference to the food committee for the quality of food and MSW students for their full attendance. The volunteers were asked to invite the community members to attend the awareness programme

on Safety and precautions taken by Sri.Prathapan , Fire and Safety officer. Later rules regarding timings of food, survey etc was explained. The volunteers were asked to inform the programme officer in cases of emergencies. Camp leader explained the duties of the working for the next day and time schedule. By singing the goodnight song the volunteers dispersed.

DAY 2: 03/02/2020 Monday

Day two of NSS camp was yet another eventful day with a lot of new experiences and wonderful memories. As per the pre-scheduled program chart the food committee started their chores at 4am and the others woke up around 6am for a yoga session conducted by Ms. Prejitha and the session progressed with the help of Fr. Sabu P. Thomas S. J. Later the official flag hoisting of NSS was done by Fr. Sabu P. Thomas while the volunteers sang the NSS anthem in unison. And soon after the session the camp paper was released and was read aloud by Ms. Feba K. R. Followed by which Ms. Varsha K. M from the documentation committee presented the previous day's report. And the volunteers dispersed for breakfast. The volunteers reassembled by 9:15, and specific areas within the community were assigned to each working group, each volunteer was instructed to collect data from a minimum of ten houses. later the volunteers dispersed for the socio-economic survey as per the schedule. Each group was again divided into sub-groups for effective data collection. The volunteers actively interacted with the community members to get a deeper understanding of the socio-economic standards of Vizhinjam coastal community. The volunteers gathered back for lunch by 1pm and resumed the survey by 2pm. The survey for the day was concluded at 4pm. By 4:15pm an awareness class on fire and rescue was taken by Sri. Prathapan, safety officer. The session shed light on areas such as basic rescue measures and safety aids. The session came to an end by 6pm and the vote of thanks was proposed by Ms. Anjitha. Later the volunteers dispersed for refreshments while the cultural committee prepared for cultural and the food committee prepared dinner. By 8pm the dinner was served followed by cultural programs, concluded by the day's evaluation. Few points brought up during the evaluation include to increase inter-departmental collaboration, to adjust into the limited facilities, to encourage more critical evaluations and so on. And the group was dismissed for the day and the working groups gathered around for tabulation of the data collected from the survey. All the objectives for the day were met successfully.

Day 3: 04/02/2020 Tuesday

The third day of the NSS camp started with the waking up of the food committee members at 4am in the morning to prepare the Black Coffee and the Breakfast. The rest of the volunteers got up at 6am and had a Yoga Session at 7am guided by Ms. Arathi. The NSS anthem was sung by the volunteers and the flag was hosted by Dr. Anitha S. Then the camp paper was released and Ms. Ann Mary read the news. Report of the last day was read by Mr. Jayaprakash. The volunteers were dispersed for Breakfast. At 8.30 the volunteers gathered in the working groups in the hall to plan the activities for the group that is assigned. After that each working group had gone to survey in their respective areas. At 11.30am there was a Cancer Day awareness programme in St. Mary's Higher Secondary School. The session was handled by Mr. Aboobakar Siddique, Community Organizer, Pallium India and team. Mr. Hari gave the welcome speech and Mr. Jones proposed the vote of thanks.

The volunteers came back for lunch at 1pm. There was a grand "Sadhya" prepared by the food committee. Then again gathered in the hall and Ms. Ansu, the camp leader directed the working groups to focus on the target groups and to do the activities.

Today the group 1 had gathered adolescents in the community hall and provided Career guidance class. Group 2 whose target group is women had an open discussion on their problems and concerns about their family and community. Group 3 and Group 4 planned to gather their target group for the next day. Group 5 was divided into two groups and one group did survey and the other focussed on target group activities.

At 5.30 pm all the volunteers gathered in front of the Portuguese Church and did a flash mob to gather the people around there. Ms. Jacob Varghese, Health Inspector of Mukkola addressed the people and focused on the health issues of the community. At 6pm he gave a session for the volunteers on "Jeevitham Lahariyakumbol". His words were penetrating deeply to reflect on the reality of our life and it motivated the volunteers to be independent more than being a burden to the parents. The session extended until 7.50pm. The supper was at 8pm. The evaluation started a little bit late due to late arrival of the volunteers. Each one of them shared their experiences. The volunteers appreciated the Yoga session, "Sadhya" and the cultural programme. Some of them shared their experiences in the survey. The people are having issues with water. They are buying water for drinking purposes. The waste disposal is not effective in the areas. People are asking whether the volunteers are going to help them in any way. Some

of the community people do not have proper places and documents of the area that they have their house now. Alcoholism and Dowry are other problems that lead the families to debt for their whole life. One of the suggestions that were expressed by some of them was to focus more on the intervention. The survey should have a major purpose other than the tabulation and presenting the report.

Ms. Ansu, the camp leader explained the duties of the functional groups and named the food committee members. At the end Dr. Anitha said the importance of keeping time in everything. She expressed her desire too in doing some intervention in the community related to their problems as NSS is going to celebrate 50 yrs in Loyola College. The day ended with the goodnight song.

Day 4: 05/02/2020

The 4th day of the camp started with yoga session conducted Mrs. Arathy like always the session ended at 7:30am. The previous day report was presented by Aleena represented by 4th group and the camp paper was done by 2nd group. After that group dispersed for breakfast at 8o' clock. From 8:30 to 10 am all group gathered for planning activities for target group and tabulation. After that all group dispersed for the survey and came back by 12:30pm for lunch. At 1:30pm the group again dispersed to their assigned target group for conducting group activities. Group 1 conducted group meeting for women and the group focused on for prevailing problems in the community like waste management, dowry and scarcity of drinking water. Group 2 conducted survey and group 3 conducted activities for their target groups. Group 4 did flash mob and conducted a session for the target group on green protocol. Group 5 conducted survey in the morning and on afternoon conducted activities for target group. By 5pm all the group's returned. At 6:15pm there was a session conducted by Mr. Bhramanayakam on "yuvathvam samoothathinn vendi" and the class continued till 8:20pm. After dinner the cultural started at 8:40pm and ended by 9pm then after that started evaluation. Representatives from each group evaluated the activities of the whole day. Ms. Vandana appreciated the efforts taken by the food committee and mentioned about the class calling it very effective and something both the teachers and students are connected with. The session ended at 10pm.

Day 5: 06/02/2020

On the 5th day of the NSS camp started with the Yoga Session at 7am The NSS anthem was sung by the volunteers and the flag was hosted by Dr. Anitha S. Then the camp paper was released and read the news. Report of the last day was read. The volunteers were dispersed for breakfast. After breakfast each working group had continued survey in their respective areas.

At 10am the social work trainee attended the training for the women empowerment and environment friendly materials. It was given by Ms. Laila Saukratham. She was explaining that having a job for each woman can make a big difference in society and a great help for the family. She mentioned about cloth bag, stitching and using the materials that they have for these things. Majority had taken part in the same training “Women Empowerment” that was given by the Panchayat. There was new information for the women who attended as they had undergone similar training before.

The student volunteers were divided into groups and were gone to different houses for having lunch. It was a nice experience. The trainees had a conversation with them. The families were welcoming and very friendly with the trainees. They have provided very delicious food with fresh fish curry and fry.

The street play was played near the harbour, then in front of the church and in a school. The Theme of the play was Child Trafficking. Flash mob was done to get the attention of the people first. Flash mob had a great impact on the people. It was very difficult to get the attention of the students for the street play.

After the evaluation Ms. Ansu explained the duties of the functional groups and named the food committee members for the next day. The day ended with the goodnight song.

Day 6: 07/02/2020

The day started at 7:00 am with a yoga session by Fr. Saji. Later group read their report and camp paper was presented by group no. 4. NSS song was sung and flag hosting was also done. Sister Jesintha conveyed the message for the day. The volunteers then dispersed for breakfast.

At 9.30 am the volunteers went to the community for thanksgiving and gave them fruits to express their gratitude for providing lunch for the volunteers the last day. Then the volunteers went for inviting the community members for the valedictory function. Along with that volunteers arranged the cultural programmes from the community.

At 1:00 pm, the volunteers came back for lunch. After the lunch, desserts were served by the food committee. Group 3 were engaged in practice for the function which has to be held in the evening.

At 3:30 pm, group 2 Conducted a group work session for their target group in Osanvila ward. The team entertained the community by their flashmob and skit.

By 3:30 pm, the program committee made the arrangements for the valedictory function. The final ceremony began at 6:30 pm. The compering was done by Ms. Nitya and Ms. Neha. Welcome address was given by Dr. Anitha. S, NSS program officer and presidential address was done by Rev. Fr Saji. S. J. Dr. Saji. P. Jacob, Principal of Loyola College delivered the keynote address. Ms. Varsha K. M and Ms. Greeshma Johnson read the camp report and survey report. The camp review was delivered by Rev. Fr Prashant (Vicar, Sindhu yathra matha parish), Fr Emmanuel (Assistant Vicar, Sindhu yathra matha parish) Mr. Johny E. M (parish Council coordinator) and Mr. Hamlet . The program was concluded by vote of thanks proposed by Adhil.

It was followed by the cultural events of the community. The program ended with vibrant dance performance by the volunteers. Later, the group was dispersed for dinner. After that all the volunteers went to St. Mary's school, kottapuram for the campfire.

Day 7: 08/02/2020

The day began with yoga and reading of the reports. Then after the breakfast the volunteers cleaned all the places that they used.

During evaluation each volunteer had shared their personal experience, personal development, skills and knowledge acquired during this camp. Everyone had a rich experience in spite of a tight and intensive schedule. At the end of the camp all volunteers expressed satisfaction in whatever they had done. One of things that the majority mentioned was about providing some help to the villager's based on the survey results. The NSS volunteers' presence should not be confined to survey, street play and home visits, should do some activities looking at the needs of the community. Each individual lived the experience in a different way. But everybody was enriched with a lot of experiences.

PART IV

SOCIO-ECONOMIC SURVEY REPORT

Loyola College of social sciences has been committed to excellence in education with social justice. The 50th NSS camp has been hosted at Vizhinjam on February 2nd 2020 for seven days, under the guidance of Dr. Anitha .S (NSS program officer). The camp has been coordinated by camp leaders Ansu Jacob and Adhil K U. Students under the guidance of faculties had planned to conduct a survey for analyzing the socioeconomic conditions of the community.

As part of the camp, students have conducted survey over the community for analyzing their socio-economic conditions. The main aim of the survey is to get an in depth understanding and to create a database regarding the socio-economic background of the people in Vizhinjam Corporation. And also it aims at putting forward various suggestions for the betterment of the society.

OBJECTIVES OF THE STUDY

1. To understand about the socio-economic status of the community
2. To study the health status, life style diseases and the various addictions
3. To know the awareness level of people about waste disposal
4. To analyse the methods they adopt for waste management
5. To understand the challenges they face due to improper waste disposal.
6. To provide various suggestions for the betterment of the society.

The information has been collected from 1238 houses. For the survey, NSS volunteers has been grouped in to 5, for visiting different wards in Vizhinjam namely Kottapuram ward 1 & 2, Ozanvila, Charuvila, ST. Mary's, Tholavila, Kadaikulam, Vizhinjam 1, 2.

IMPORTANT FINDINGS OF THE SURVEY

- 1.** Out of the information collected from 1238 houses, 96.84% are Christians.
- 2.** There is a male population of 49.7% and female population of 50.3%.
- 3.** About 12% are illiterate, 48% has educational qualification below SSLC and 40% are graduates.
- 4.** In this region 38.5% are jobless, 38.5% are employed in fishing, 23% are daily wage earners and a minimal number are employed in other sectors.
- 5.** The marital status among the people is 32.6% of unmarried and 51.3% of married and the divorce rate is 2%.
- 6.** Monthly income of major population belongs to the group of below 10000 (80.61%)
- 7.** The differently abled population among the community is 2.74%
- 8.** 74.79% of APL cards possessed by the people, on the other hand 67.77% is of BPL cards.
- 9.** Even though there is no much facility available, major population (86.99%) of the Vizhinjam community lives on their own houses while 26.4% depends on rented houses.
- 10.** 81.98% of the houses are electrified but, still 15.02% of the houses are not yet electrified.
- 11.** A good amount of 75.84 % houses have LPG connection.
- 12.** 50% of residents depend upon lorry water service for drinking water. For the same they have to pay Rs.8 for a single bucket. Monthly they spend a minimum of 3000 rupees for water.
- 13.** Only 68% of them follow the habit of drinking boiled water.
- 14.** They avail better defecation facilities. 80% houses have septic tanks, 18% use community toilets. Only 2% open defecation.
- 15.** They have a better standard of living. More than 65% houses have televisions and fridges.
- 16.** The society is most affected by alcoholic addiction. 30% are regular alcoholics. The smoking range is about 8%, 3% tobacco use and 1% pan masala use.
- 17.** Improper waste management is one of the major problems faced by the community. 30% of them rely on burning wastes, 40% throw waste outside and 22% use waste pits.

- 18.** 21% have BP, 17% have diabetes, 11% have cholesterol, 9% have heart diseases, 6% have thyroid, 1% have cancer and 4% have other diseases.
- 19.** 51% avail health insurance and 47% of women have membership in kudumbashree. 36% of them have secured financial support from *kudumbashree*. Others(17%) depend on local money lenders. Only very few approaches pvt.finances. Only 13% people have money savings.
- 20.** They practice strong dowry system of about 85%.
- 21.** 72% of them haven't received any benefits from LSGD.

PROBLEMS IDENTIFIED

From the information collected from the survey, several problems faced by the society have been identified by the students. One of the starving issues they face is

- Lack of drinking water: Availability of free drinking water is their most basic need.
- Improper waste management: Surroundings are covered with waste heaps, both degradable and non-degradable.
- Over alcoholic consumption
- Strong dowry system: It is a huge financial burden for the families.
- Lack of employment opportunities: It is seen especially among women. Women in the community receive less educational opportunities for the same reason they are confined as homemakers.
- Vizhinjam International Sea Port construction: It is a major threat to their livelihood as their fish availability has reduced considerably.
- Very poor sewage system.
- No proper roads and street lights.

SUGGESTIONS

Lack of drinking water is the main issue faced by the people in Vizhinjam. In order to face the drinking water shortage:

- They shall build concrete rain water storage tanks in schools, churches, common buildings etc. hence the residents can reduce their huge expenses on drinking water.
- Reuse plastic by creating artistic things using bottles, thereby attracting tourists and creating revenue out of that. Reduce, Recycle, Reuse, refuse can be promoted.
- Corporation can collaborate with Adani group's CSR activity to focus on solid waste management for effective waste management in the locality.
- Enforcing strict laws on dowry system to reduce dowry practices and by giving awareness classes for the same.
- Awareness classes on girl child education can be given, thereby promoting girl education.
- Empowering women work force by providing them self-employment skills such as Paper straw making, Paper bag making.
- Giving youth proper career guidance about new employment opportunities which are likely to be opened at Vizhinjam port.
- Awareness classes on savings and family budgeting could be given since most of them have financial burden.
- Conducting family planning classes can ensure better health for mother and child.
- On the behalf of Christian charismatic societies, medical camps can be organized for identifying and proper treatment of chronic diseases.

CONCLUSION

The survey conducted at Vizhinjam Corporation has given an in-depth understanding about the socio-economic condition of the community. The survey helped in the quantitative analysis of nitty-gritties of Vizhinjam community. Students could study the major problems faced by the community and could address the issues by providing possible solutions. The residents were found to be very approachable and have given genuine information which made the survey successful.

VALEDICTORY FUNCTION AND CULTURAL FIESTA

The valedictory function of “JEEVANAM 2020” commenced at 6:30 pm. Ms. Nitya and Ms. Neha compered the function. The programme started with the welcome address which was given by Dr. Anitha. S, NSS program officer. This was followed by the presidential address which was done by Rev. Fr Saji. S. J , Assistant Professor, Loyola College of Social Sciences. Dr. Saji. P. Jacob, the Principal of Loyola College delivered the key note address.

Ms. Varsha K. M and Ms. Greeshma Johnson presented the camp report and survey report respectively. The survey report summarized the data collected from 1238 houses from Kottapuram ward 1 & 2, Ozanvila, Charuvila, ST. Mary’s, Tholavila, Kadaikulam, Vizhinjam 1, 2. Some of the problems pointed out were lack of drinking water, improper waste management, over alcoholic consumption and strong dowry system. Some suggestions and solutions were put forward for the Parish and Panchayat to work for the upliftment of this particular community.

The camp review was done by Rev. Fr Prashant (Assistant Vicar; Sindhu Yathra Matha Parish). Fr. Emmanuel (Assistant Vicar, Sindhu Yathra Matha Parish), Mr. Johnny E. M (Parish Council Coordinator) and Mr. Hamlet, Parish Committee member, also gave their reviews. The valedictory function ended with the vote of thanks delivered by Adhil K U.

It was followed by the cultural events of the community. The community members showcased their talents through various cultural programs. The program ended with vibrant dance performance by the volunteers.

Later, the group was dispersed for dinner and the camp coordinator informed the volunteers about the next day’s schedule, after that all the volunteers went to St. Mary's school, Kottapuram for the camp fire. But due to the climate change, the camp fire was cancelled and all the volunteers returned to parish Hall.

Part V

EVALUATION

DAILY EVALUATION

The daily evaluations were conducted at the camp place every evening after dinner. The evaluation was done both on an individual basis as well as group basis. On the first day, everyone was asked to share their experiences, several new opinions raised for the betterment of camp.

During evaluations program committee co-ordinator also shared her views and opinions regarding the camp. The program committee and cultural committee were duly credited for their efforts for making inaugural as well as the valedictory functions successful and colorful. All NSS volunteers were satisfied with the food committee. Camp paper and all the working group members who contributed to the work were commented for their marvelous work. House visits and survey were unique experiences for many. The data collection was a chance for knowing more about the life of the people in the community as many members shared.

The volunteers were also very forthcoming with their criticism and suggestions in making the camp a better experience.

FINAL EVALUATION

The final evaluation of the camp started at 09:30 am on 8th February at the campsite. It was conducted in two stages. The volunteers were asked to reflect upon the camp, from the planning stage till the completion of the camp. They were to prepare a written evaluation statement, pointing out the positives and negatives of the camp. After this, the whole group sat together to present individual remarks. This final evaluation analyzed the positives and negatives of each stage of planning and implementation. This exercise also pointed out various suggestions for the camps that has to be taken care of in the coming years.

The key points evaluated during the process are as follows

I. PLANNING STAGE

PLANNING IN THE COLLEGE

- Selection of camp leaders
- Dividing students into five working groups and selection of group leaders

- Selection of functional committee leaders and the subsequent selection of members
- Orientation to the volunteers by Fr. Saji SJ, Fr. Sabu P Thomas SJ.
- Sharing's by previous camp leaders and working and functional committee leaders
- Preparation at functional committee level and working group level

PLANNING AT THE COMMUNITY LEVEL

Visits by Programme Officer, Staff guides, camp leader and leaders of working and functional committees; meeting Rev. Fr. Justin Jude (Vikar, Sindhuyathramatha Parish) and other notable leaders.

II. IMPLEMENTATION STAGE

COMMUNITY LEVEL

- Preparation and journey to camp site
- Inaugural function
- Survey of the community + Social Mapping + Tabulation + Presentation
- Classes on
 - Women Empowerment
 - Fire and Safety
 - Family Planning
 - Career Guidance
 - Drug Abuse
- Street play by NSS volunteers
- Flash mob by NSS volunteers
- Valedictory Function
- Camp Fire
- Evaluation of working group engagements in the field

GROUP LEVEL

- Food
- Accommodation
- Discipline & Time Management
- Yoga & Meditation, Prayer, Assembly
- Camp paper

- Culturals
- Evaluations
- Evaluation of Working and Functional Committees

GENERAL REMARKS

- Camp Leaders
- Working Group Leaders
- Functional committee Leaders
- Accompanying staff
- Programme Officer
- Venue
- Time & duration

Methodology of Evaluation

- Personal writing 30 minutes
- Open sharing in General meeting 30 minutes
- Camp Leaders' Remarks
- Remarks by the NSS Programme officer Dr.Anitha.S
- Remarks by Staff guide Fr Saji SJ

EVALUATION

Merits and demerits of the camp from the planning stage to the implementing stage were discussed during the group evaluation. The key points emerged during the evaluation is as follows:

POSITIVES

- Camp helped the volunteers to come face to face with social realities
- Camp promoted team work, cooperation and enhanced the group dynamics
- Many were able to adjust with limited facilities of the camp
- Participation and encouragement of the local people were encouraging
- Street plays and flash mobs by NSS volunteers was a great initiative
- NSS volunteers had their one day lunch from the Vizhinjam community
- All the volunteers mentioned their gratitude towards Ansu and Anu for their great efforts.
- Survey was effective as a medium for interaction with the community people
- The survey report and social mapping were major learning aspects
- The camp helped some of the volunteers to build interdepartmental friendships, and enlarge the friend circle
- The daily practice of yogasanas helped the volunteers to get fresh and relaxed.
- Senior students visited the camp and provide a positive vibes to the volunteers.
- The daily cultural by working groups were a wonderful experience
- Working in kitchen for one day boosted confidence in volunteers and built a rapport relationship between everyone

SUGGESTIONS

- The communication between the local authorities and college authorities should be clear and transparent to avoid overlaps.
- The camp was not able to provide a solution for the problems that were being faced by the community.
- Climatic condition created several health issue while conducting survey .
- Community welfare implementation programmes should be in more effective way.
- The one week orientation classes were not necessary because only few of the plans devised could be utilized.
- It would be advisable to present the children in the community with a gift for performing in the cultural programs during the valedictory function

CONCLUSION

All the NSS volunteers actively took part in all the activities of the camp. Comparing to the other camp the number of students who participated in this camp was high. The volunteers consider the seven day rural life experience in camp at Vizhinjam as a turning point in molding them as socially committed individuals. Though there was a common discontent among the whole group about the survey and hectic schedule, everyone was enriched with different unforgettable lessons and memories for a lifetime. The life in camp will surely make transformations in every volunteer and make them better vigilant citizens. It also created an ability for them to cop up with any life situation and to understand miserable conditions of the marginalized communities.

Let me take this opportunity to thank our Principal, Dr. Saji. P. Jacob, the staff members- both teaching and non-teaching, and the other staff of our Loyola for the successful completion of the camp 2020-2021. Let me specially mention the support given by staff guide Fr.Sabu P. Thomas, Fr .Saji SJ, who stood with us in organizing the camp this year. The support by Dr. Pramod SK, Dr Angelo Mathew, Dr. Prakash Pillai, Mr Aby Tellas, Dr. Sonny Jose, Dr Nisha Jolly Nelson, Dr. Leena, Dr Lekshmi Chandran, Ms Padma Shaji , Ms Vandana , Mr. Prasad and Mr.Prasanth are remarkable. We gratefully remember the support extended by our canteen members and senior volunteers. Last but not the least we sincerely thank the Vizhinjam community for the love, support and care that they have shown to us. We would also like to thank the Parish Vikar Rev. Fr. Justin Jude of Sindhuyathra Matha Vizhinjam who wholeheartedly arranged all the help in the community. Each and everyone associated with us is gratefully remembered and looking forward to their continued support in future.

Ms. Ansu Jacob

Dr.Anitha.S

Dr.Saji.P.Jacob

Camp leader

Programme Officer

Principal

Beginning of camp



At the centre



Inaugural function



Sessions conducted

Palium India on cancer awareness for students at Vizhinjam



Career guidance for girls



Jeevitham lahariyanu



Sessions continue....

Yuvathwam samoohathinu.



Awareness programme for mothers



A day in the camp



Street play and flash mob



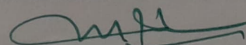


Evaluations in the group

JEEVANAM 2020
Annual 7days Special Camp
National Service Scheme – Kerala University Unit KL-07-011
Loyola College of Social Sciences, Trivandrum
02nd February to 8th February 2020

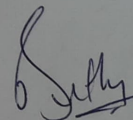
Sindhu Yathra Matha Hall, Vizhinjam Grama Panchayath

Sl. No.	Class No.	Name of the Camper	Enrollment No.	I	II	III	IV	V	VI	VII	Remarks by PO
				02-Feb	03-Feb	04-Feb	05-Feb	06-Feb	07-Feb	08-Feb	
1	MSW 01	1. AMRITHA VS	KL-07-011-19-01	Amr	Amr	Amr	Amr	Amr	Amr	Amr	
2	MSW 02	2. ANANTHU B L	KL-07-011-19-02	Ana	Ana	Ana	Ana	Ana	Ana	Ana	
3	MSW 03	3. ANGEL BABU	KL-07-011-19-03	Ang	Ang	Ang	Ang	Ang	Ang	Ang	
4	MSW 04	4. ANN MARY	KL-07-011-19-04	Ann	Ann	Ann	Ann	Ann	Ann	Ann	
5	MSW 05	5. ANNA ELIAS	KL-07-011-19-05	Ann	Ann	Ann	Ann	Ann	Ann	Ann	
6	MSW 06	6. ARYA GHOSH	KL-07-011-19-06	Ary	Ary	Ary	Ary	Ary	Ary	Ary	
7	MSW 07	7. ASWANI VIKRAMAN	KL-07-011-19-07	Asw	Asw	Asw	Asw	Asw	Asw	Asw	
8	MSW 08	8. DIVYA. P	KL-07-011-19-08	Div	Div	Div	Div	Div	Div	Div	
9	MSW 09	9. FEBA K R	KL-07-011-19-09	Feba	Feba	Feba	Feba	Feba	Feba	Feba	
10	MSW 10	10. GRACE M LEGHU	KL-07-011-19-10	Gra	Gra	Gra	Gra	Gra	Gra	Gra	
11	MSW 11	11. JAYASREE	KL-07-011-19-11	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya	
12	MSW 12	12. JESINTHA JOSEPH	KL-07-011-19-12	Jes	Jes	Jes	Jes	Jes	Jes	Jes	
13	MSW 13	13. JOMES T JAMES	KL-07-011-19-13	Jom	Jom	Jom	Jom	Jom	Jom	Jom	
14	MSW 14	14. KESIYA ML MATHEW	KL-07-011-19-14	Kes	Kes	Kes	Kes	Kes	Kes	Kes	
15	MSW 15	15. MOHAMMED SAHAL	KL-07-011-19-15	Moh	Moh	Moh	Moh	Moh	Moh	Moh	
16	MSW 16	16. NEHA JOSEPH	KL-07-011-19-16	Neh	Neh	Neh	Neh	Neh	Neh	Neh	



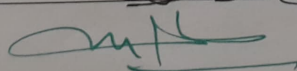
Principal

Loyola College of Social Sciences
 Thiruvananthapuram - 695 017

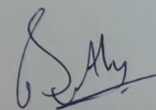


PROGRAMME OFFICER
 N.S.S. UNIT KL-07-011
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 TRIVANDRUM

17	MSW 17	17. PRIYA V NINAN	KL-07-011-19-17	Prs	Prs	Prs	Prs	Prs	Prs	Prs	Prs
18	MSW 18	18. RAEYA STANLY	KL-07-011-19-18	Prs	Prs	Prs	Prs	Prs	Prs	Prs	Prs
19	MSW 19	19. REEJA THOMAS	KL-07-011-19-19	Reg'n	Reg'n	Reg'n	Reg'n	Reg'n	Reg'n	Reg'n	Reg'n
20	MSW 20	20. SANHAMITHRA P	KL-07-011-19-20	Sn	Sn	Sn	Sn	Sn	Sn	Sn	Sn
21	MSW 21	21. SHEETHAL MARIAM	KL-07-011-19-21	Sn	Sn	Sn	Sn	Sn	Sn	Sn	Sn
22	MSW 22	22. SINIDAS C P	KL-07-011-19-22	Sini	Sn	Sn	Sn	Sn	Sn	Sn	Sn
23	MSW 23	23. SOSH Y J SMAN	KL-07-011-19-23	SOS	SOS	SOS	SOS	SOS	SOS	SOS	SOS
24	MSW 24	24. SREELEKSHMI V S	KL-07-011-19-24	Sree	Sree	Sree	Sree	Sree	Sree	Sree	Sree
25	MSW 25	25. VARSHA K M	KL-07-011-19-25	Var	Var	Var	Var	Var	Var	Var	Var
26	HRM 01	1. AGNES RIYA JOSEPH	KL-07-011-19-26	Ag	Ag	Ag	Ag	Ag	Ag	Ag	Ag
27	HRM 02	2. AJAY SANKAR K U	KL-07-011-19-27	Ajay	Ajay	Ajay	Ajay	Ajay	Ajay	Ajay	Ajay
28	HRM 03	3. AKHILA J	KL-07-011-19-28	Akh	Akh	Akh	Akh	Akh	Akh	Akh	Akh
29	HRM 04	4. ALEENA MATHEW	KL-07-011-19-29	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena
30	HRM 05	5. ANOOP SUNIL S	KL-07-011-19-30	Ano	Ano	Ano	Ano	Ano	Ano	Ano	Ano
31	HRM 06	6. ANSU JACOB	KL-07-011-19-31	Ansu	Ansu	Ansu	Ansu	Ansu	Ansu	Ansu	Ansu
32	HRM 07	7. ANU ANNA KURIAN	KL-07-011-19-32	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu
33	HRM 08	8. ARUNIMA	KL-07-011-19-33	Ar	Ar	Ar	Ar	Ar	Ar	Ar	Ar
34	HRM 09	9. BIBIN N C	KL-07-011-19-34	Bib	Bib	Bib	Bib	Bib	Bib	Bib	Bib
35	HRM 10	10. FATHIMA ANSAR	KL-07-011-19-35	Fath	Fath	Fath	Fath	Fath	Fath	Fath	Fath
36	HRM 11	11. GREESHMA JOHNSON	KL-07-011-19-36	Greesh	Greesh	Greesh	Greesh	Greesh	Greesh	Greesh	Greesh
37	HRM 12	12. HARIKRISHNAN G	KL-07-011-19-37	Hari	Hari	Hari	Hari	Hari	Hari	Hari	Hari
38	HRM 13	13. NIBITHA A	KL-07-011-19-38	Nibitha	Nibitha	Nibitha	Nibitha	Nibitha	Nibitha	Nibitha	Nibitha
39	HRM 14	14. RAYSMOL K R	KL-07-011-19-39	Ray	Ray	Ray	Ray	Ray	Ray	Ray	Ray
40	HRM 15	15. RIZWANA SHEIKH	KL-07-011-19-40	Riz	Riz	Riz	Riz	Riz	Riz	Riz	Riz
41	HRM 16	16. SHREYS VISWADEV	KL-07-011-19-41	Shreys	Shreys	Shreys	Shreys	Shreys	Shreys	Shreys	Shreys



Principal
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42	HRM 17	17.SAHLA QUATHOON	KL-07-011-19-42	Sahla	Sahla	Sahla	Sahla	Sahla	Sahla	Sahla	Sahla
43	HRM 18	18. SHABNA FATHIMA	KL-07-011-19-43	Shabna	Shabna	Shabna	Shabna	Shabna	Shabna	Shabna	Shabna
44	SOC 01	1. AADHIL K U	KL-07-011-19-44	Aadhil	Aadhil	Aadhil	Aadhil	Aadhil	Aadhil	Aadhil	Aadhil
45	SOC 02	2. AJAYA GHSH R F	KL-07-011-19-45	Ajaya	Ajaya	Ajaya	Ajaya	Ajaya	Ajaya	Ajaya	Ajaya
46	SOC 03	3. AKHILA LAKSHMAN	KL-07-011-19-46	Akhila	Akhila	Akhila	Akhila	Akhila	Akhila	Akhila	Akhila
47	SOC 04	4. AKSHAYA T	KL-07-011-19-47	Akshaya	Akshaya	Akshaya	Akshaya	Akshaya	Akshaya	Akshaya	Akshaya
48	SOC 05	5. ANJALI P S	KL-07-011-19-48	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali
49	SOC 06	6. ANJIMA M S	KL-07-011-19-49	Anjima	Anjima	Anjima	Anjima	Anjima	Anjima	Anjima	Anjima
50	SOC 07	7. ANJU K J	KL-07-011-19-50	Anju	Anju	Anju	Anju	Anju	Anju	Anju	Anju
51	SOC 08	8. ANUGRAHA ANEESH	KL-07-011-19-51	Anugraha	Anugraha	Anugraha	Anugraha	Anugraha	Anugraha	Anugraha	Anugraha
52	SOC 09	9. APARNA A M	KL-07-011-19-52	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna	Aparna
53	SOC 10	10. ARCHANA LEKSHMI S	KL-07-011-19-53	Archana	Archana	Archana	Archana	Archana	Archana	Archana	Archana
54	SOC 11	11. ARCHANA A B	KL-07-011-19-54	Archana	Archana	Archana	Archana	Archana	Archana	Archana	Archana
55	SOC 12	12. ATHIRA S	KL-07-011-19-55	Athira	Athira	Athira	Athira	Athira	Athira	Athira	Athira
56	SOC 13	13. KRISHNAVENI B	KL-07-011-19-56	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna
57	SOC 14	14. GOPIKA S KUMAR	KL-07-011-19-57	Gopi	Gopi	Gopi	Gopi	Gopi	Gopi	Gopi	Gopi
58	SOC 15	15. JITHU JOHNCY	KL-07-011-19-58	Jithu	Jithu	Jithu	Jithu	Jithu	Jithu	Jithu	Jithu
59	SOC 16	16. KAVITHA K	KL-07-011-19-59	Kavitha	Kavitha	Kavitha	Kavitha	Kavitha	Kavitha	Kavitha	Kavitha
60	SOC 17	17. KRISHNA ANIL A	KL-07-011-19-60	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna
61	SOC 18	18. MEGHA ELSA JOHN	KL-07-011-19-61	Megha	Megha	Megha	Megha	Megha	Megha	Megha	Megha
62	SOC 19	19. NITHYA GEORGE	KL-07-011-19-62	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya	Nithya
63	SOC 20	20. PRAJITHA C	KL-07-011-19-63	Prajitha	Prajitha	Prajitha	Prajitha	Prajitha	Prajitha	Prajitha	Prajitha
64	SOC 21	21. REEMA M R	KL-07-011-19-64	Reema	Reema	Reema	Reema	Reema	Reema	Reema	Reema
65	SOC 22	22. RESMI J	KL-07-011-19-65	Resmi	Resmi	Resmi	Resmi	Resmi	Resmi	Resmi	Resmi
66	SOC 23	23. SHIFANA SHAHAHAN	KL-07-011-19-66	Shifana	Shifana	Shifana	Shifana	Shifana	Shifana	Shifana	Shifana

67	SOC 24	24 TEENA O MATHEW	KL-07-011-19-67	Teena	Teena	Teena	Teena	Teena	Teena	Teena	Teena
68	SOC 25	25.VERONICA JULIANNIE	KL-07-011-19-68	Veron	Veron	Veron	Veron	Veron	Veron	Veron	Veron
69	SOC 26	26. ADARSH RAJ R F	KL-07-011-19-69	Adarsh	Adarsh	Adarsh	Adarsh	Adarsh	Adarsh	Adarsh	Adarsh
70	PSY 01	1. ABHIRAMI J S	KL-07-011-19-70	Abhir	Abhir	Abhir	Abhir	Abhir	Abhir	Abhir	Abhir
71	PSY 02	2. AISWARYA JAYAN R	KL-07-011-19-71	Aiswarya	Aiswarya	Aiswarya	Aiswarya	Aiswarya	Aiswarya	Aiswarya	Aiswarya
72	PSY 03	3. ANAZ NARAYAN	KL-07-011-19-72	Anaz	Anaz	Anaz	Anaz	Anaz	Anaz	Anaz	Anaz
73	PSY 04	4. ANJITHA A	KL-07-011-19-73	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha	Anjitha
74	PSY 05	5. ARATHY B KUMAR	KL-07-011-19-74	Arathy	Arathy	Arathy	Arathy	Arathy	Arathy	Arathy	Arathy
75	PSY 06	6. ARATHY S V	KL-07-011-19-75	Arathy	Arathy	Arathy	Arathy	Arathy	Arathy	Arathy	Arathy
76	PSY 07	7. ASUMITHAMARY	KL-07-011-19-76	Asumitha	Asumitha	Asumitha	Asumitha	Asumitha	Asumitha	Asumitha	Asumitha
77	PSY 08	8. DEVIKA S	KL-07-011-19-77	Devika	Devika	Devika	Devika	Devika	Devika	Devika	Devika
78	PSY 09	9. JAYA PRAKASH	KL-07-011-19-78	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya
79	PSY 10	10. JEEVA VARGHESE	KL-07-011-19-79	Jeeva	Jeeva	Jeeva	Jeeva	Jeeva	Jeeva	Jeeva	Jeeva
80	PSY 11	11. KAVYA B K	KL-07-011-19-80	Kavya	Kavya	Kavya	Kavya	Kavya	Kavya	Kavya	Kavya
81	PSY 12	12. MEGHA T G	KL-07-011-19-81	Megha	Megha	Megha	Megha	Megha	Megha	Megha	Megha
82	PSY 13	13. MEHNA NAWAS	KL-07-011-19-82	Mehna	Mehna	Mehna	Mehna	Mehna	Mehna	Mehna	Mehna
83	PSY 14	14. NARTHANA	KL-07-011-19-83	Narthana	Narthana	Narthana	Narthana	Narthana	Narthana	Narthana	Narthana
84	PSY 15	15. ROHIT RAJ	KL-07-011-19-84	Rohit	Rohit	Rohit	Rohit	Rohit	Rohit	Rohit	Rohit
85	PSY 16	16. SHILPA V	KL-07-011-19-85	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa
86	PSY 17	17. SULEKHA D	KL-07-011-19-86	Sulekha	Sulekha	Sulekha	Sulekha	Sulekha	Sulekha	Sulekha	Sulekha
87	PSY 18	18. WINCY BIBI S V	KL-07-011-19-87	Wincy	Wincy	Wincy	Wincy	Wincy	Wincy	Wincy	Wincy

Principal
Loyola College of Social Sciences
Thiruvananthapuram - 695 017

PROGRAMME OFFICER
N.S.S. UNIT KL-07-011
LOYOLA COLLEGE OF SOCIAL SCIENCES
TRIVANDRUM- 695 017

2019

Waynad Flood Relief

17 Aug MSW Semester 1 students under the banner of NSS Unit 21-A organised a collection drive and mobilised Rs. 63,670 in 7 hours. We organised materials for the money collected and handed over relief materials to flood affected areas in Wayanad through Aanavandi.com by 7.30 pm at Kottarakkara...special congratulations to the motivated team driven by Aanavandi Ananthu BL, James James, Arsha V., Varsha and who organised things and mobilised materials and money against all odds ...it was also great learning considering the general air of suspicion and hostilities encountered.



Nov 7 Sonny Jose attended meeting to joining the foray of various NGOs under Sphere India. Had a meeting with various government officials under the leadership of Mr. Anu S. Nair India (Deputy Collector) (MSW 2003-'05), Vijeesh (State Coordinator- Sphere India) and Vyshnavi V. K. (District Coordinator- Sphere India; MSW 2012-'14) at District Disaster Management Authority meeting the Civil Station (07. Nov. 2019).



Lessons:

There was a spurt of volunteership from among the participants; the subsequent events found them volunteering with their might.

Participant List

- 1. Amritha V.S**
- 2. Ananthu B.L**
- 3. Angel Babu**
- 4. Ann Mary Saji Jacob**
- 5. Anna Alias**
- 6. Arsha M.G.**
- 7. Arya Ghosh A**
- 8. Aswani Vikraman**
- 9. Divya P**
- 10. Feba. K. R**
- 11. Grace M Leghu**
- 12. Jayasree M.**
- 13. Jesintha Joseph**
- 14. Jomes T James**
- 15. Kesiyamol Mathew**
- 16. Mohammed Sahal M.I**
- 17. Neha Joseph**
- 18. Priya V Ninan**
- 19. Raeya Stanly**
- 20. Reeja Thomas**
- 21. Sanghamithra P.**
- 22. Sheethal Mariam John**
- 23. Sinidas. C.P**
- 24. Soshy J Soman**
- 25. Sreelekshmi V. S**
- 26. Varsha K M**

Disaster & Flood Relief Supplies to Wards I& XIV Ottamasserry Fishing Village, Coastal Alappuzha

Context

There was continuous rains from June to August besides the impact of the COVID pandemic in Coastal Alappuzha, the worst hit being Chellanam and the adjacent Ottamasseri. Chellanam had received media coverage and support from various NGOs. We were convinced that Ottamasseri needed help given the domicile and understanding of Ms. Anna George Kurishinkal (MSW Sem-2) about the village. Anna engaged 8 youth and auto-drivers, besides 2 ASHA workers - Mrs. Suma Titto (9074680381) & Mrs. Ancy George (9249775080) for supplying relief during the period 5-11 August 2020.

Planning to Implementation

The late Monsoon in August coupled with the ravage of the COVID-19 Pandemic had left the Coastal Communities in abject poverty due to lack of work starting with the Monsoons in June and the trawling ban.

Anna being a member of the community witnessed first-hand this misery and discussed with her fieldwork supervisor and Mentor. She was advised to undertake a need assessment survey initially. It was found that a most of the had not received any kit; some had only groceries that they did not need. Hence, she zeroed down on an inventory of groceries that would be necessary, replacing coffee by tea, palm oil by coconut oil, adding chickpeas, brown gram, etc. In the meanwhile, the mentor negotiated with Fr. Ronnie Maliekkal of Lourdes Matha Care who put him into contact with Philip Kuriakose. With the mentor mobilising Rs.30000, Mr. Philip agreed to transfer Rs.45000 to her account.

Anna contacted the local ASHAs of ward I & IV of Kadakkarappally panchayath and generated a list of needy by the 2 ASHA Workers – Mrs. Suma Titto (9074680381) & Mrs. Ancy George (9249775080). Anna in the meanwhile negotiated with a local wholesale dealer who agreed to supply her with the bulk. The same was repacked in a local church hall. Anna procured face shields, gloves and sanitisers. She along with the local ASHAs planned the logistics and trained 8 volunteers in basic hygiene including wear of PPE Kits.

On the said day they distributed 33 kits from afternoon till 2pm and by evening were able to reach all the kits to all the remaining 87 families and those who were unreachable were asked to contact the local ASHAs with whom she had left the kits as per the list. Anna was able to strictly go by the list we had compiled as well as compile a few photos (attached for proof)





Evaluation

The Relief Mission has accomplished with a lot of genuine support from the public and the ASHA Workers. One of the "Autochettanmaar" refused to take the rental for the 5hours he spent with Anna executing door delivery. Four kits were not delivered because the family was taken away on quarantine; the same will be redistributed to someone deserving apart from the list.

There were two beautiful twists to this endeavour- (1) She had provided sessions to train the youth volunteers regarding hygiene and readied them for exams by providing them necessary Exam Preparedness sessions; (2) each of the kit had a surprise letter expressing solidarity from friends from Thiruvananthapuram naming 'Ottaikalla Ottamasserry', 2021

Participant List

1. Anna George Kurishinkal



SALT PRESENTS



”

Celebrating Diversity

August 21
2019

Coming
Out

Gathering at the Sutter Hall, 01:30pm - 4:00pm
Loyola College of Social Sciences, Sreekariyam



Celebrating Diversity **COMING OUT!**

		
Mr. Anil A	Mr. Prijith P K	Mx. Jasmin Jai
		
Mx. Sandhya Rajesh	Mr. Adam Harry	Mx. Sreemayi S L

Presented by SALT

COMING OUT: CELEBRATING DIVERSITY

DATE: 21st August 2019

The program started at 1.30 pm, with an introduction for the general audience, by Ms. Priya V Nainan. She explained 'COMING OUT' as a venue to face the realities of 'who?', 'why?' and 'how?' of the process of coming out. The process, all the dignitaries would testify was not easy. These heroes, have come out, challenging the challenges that the society placed before them. SALT in association with NSS is offering the audience an opportunity to overcome their prejudices and accept these groups as a part of their living.

The program was officially initiated with a silent prayer, and moved on to the welcome address by Dr. Sonny Jose, Head of the department of Social Work. Dr. Sonny acknowledged that it was his privilege to welcome the members of the rainbow family to the Loyola family. The word family, he reminded, is a common epitome at Loyola, as anyone who comes in stays in the family. He reminded the audience the metaphor of the x-men series, which is basically a debate on differences where the majority think they are right and thus suppress and denounce the majority. He went on to welcome the guests, faculty and students to this understanding and acceptance of differences. The guests in turn were given flowers of different colours and asked to add in to the flower vase in front, forming a rainbow bouquet.



INAUGURATION

The program was inaugurated by Dr. Saji P. Jacob, principal, Loyola College of Social Sciences. “I have tried to teach gender over the years, going over lots of complex themes and conflicts, but is still to find an explanation to the ever changing concept”, he said. We see our identity in an essentialised manner, stereotyped and measuring to a common construct; instead we should be celebrating differences because difference is the essence of life on earth. He quoted Derida’s use of the misspelt word “Diferance” as a classic example of the concept. Identity is a social construct; based on this, we call things normal and abnormal, as in the case of meaning to words in language comes from differences not from the letters; meaning is derived from values that come with them and there is this hierarchical placing of meanings in the society that makes it difficult for differences to be accepted.

He quoted Kalpetta Narayanan’s poem “Avar”; ‘I forgot to live the life I wished to and at the end, kneeling before my casket, I ask myself 'did u live the life u wished?'. I lived for someone else and couldn't find space to live for myself.’ As poet Sachidanadan puts it, our body itself is an administrative structure, and because we are inside that structure, we are not able to come out. We are not supposed to come out from those constructs and anything that separate from this is dangerous. The courage to come out from the structured sense of the colors set by society is indeed commendable.

One interesting fact though, he pointed out, is that before the term heterosexuality came into usage and dictionary, homosexuality had a place in dictionary. He concluded by welcoming all the guests to the family, and congratulating SALT for its effort, wishing that everyone be able to derive some new knowledge.



FELICITATION

Dr. Usha Kanthswamy related that this was like reliving the legacy of Loyola College and SALT (Social Work Association of Loyola Trivandrum) is an apt name for the Social Work Students Association, salt being an ingredient without which we can't think of food. She expressed her appreciation to the Social Work department for organizing such an innovative program. "We are all with the character of a trans person somewhere along", she observed. There are so many manmade constructs that restrict us, and thanks to this program, we may be able to look at ourselves and understand our perceptions so that we can decide to change.

KEYNOTE

"To serve justice to oneself is not an easy task, and they have done, and become an inspiration to the society", thus began Mr. Anil (Director, Chilla). Identity is a basic issue to every individual, and for a trans person, when is it decided? It is decided, he stated, before birth, but they get a chance to realize it only after a while. The courage to announce it and come out, in a society that views this as an abnormality is quite courageous.

"This is natural, being just to oneself: the other is acting, playing from the frame of reference of others".

As the distinguished guests of the day will share their experiences soon, he proceeded to explain the background to how these people were able to come out in Kerala so quickly and fearlessly. The 2015- transgender policy, which can be considered the best of its kind in the world was drafted with so much community participation. It is a right based policy and 80-100 people were trained for this policy formulation, as leaders for the community.

Before 2014 in Kerala, cross dressing happened only in rented halls for community gathering except at Kottamkulamkara temple where cross dressing was a religious ritual. In other states, there was a marginalized community life for trans persons. In Kerala, it was a clear taboo with no space for them to come out and be themselves. Kerala is still not into cities; it is just a small town culture. Our villages not able to absorb this diversity, the said 'goodness' of villages is not so good, in his perspective. The language which is a reflection of culture, itself shows discrimination, as it is not inclusive of these differences. According to Mr. Anil, only city culture can accept these diversities; that is why these people migrated to Chennai and Mumbai earlier.

At present, in India, transgender interventions are headed by Kerala, and till date, remains the largest collective in South Asia. Even international universities are presently studying about this movement in Kerala. This came about due to the interest shown by Mr. M K Muneer, while he was the minister of Social Justice Department. The policy approach, after discussion with stakeholders, was decided to be right based; within the restrictions of the existing laws like 377, without giving rise to controversies. The policy was drafted, displayed in the department website for 8 months for suggestions, and then passed. Thus the Kerala transgender policy was released in November 2015, beginning a new dawn for these marginalized section of the population.

Here, he paused, and moved on to the list of speakers; history explained, he welcomed each to share their stories.



SREEMAYI

She started off by expressing her gratitude to Loyola college SW department. She recalled that 2 years ago, when government hadn't even thought about reservation, Loyola had welcomed them to study here.

“We are a group of people destined to cry and hide, but I am part of a new generation that is welcomed and accepted. You, the so called normal people, have the responsibility to spearhead this movement of change and perception”, she said. It was only in 2014 that SC accept transgenders as humans. In India, 73 years after independence, this group of people experienced freedom only then. The history of transcommunity in Kerala also can maybe divided as before and after 2015.

She then started off her story. Hailing from Kattakada, till 27 years, she lived as a male. She studied at govt. arts college and Karyavattom campus and came out and revealed her identity through a

channel program in Kairali channel. Family reaction was very cruel; being misunderstood, not understanding the pressure she was going through... the period was rough for her. Amidst resistance, she went through surgery one and half years ago. Family acceptance comes in very slowly. Workplace was no different; first two months, there were too many visitors to see her “as if I am an exhibition item in the zoo”.

In her words, “We are like you only. Give us some space to live.” As of now, she says she has decided that there be no more tragic stories but only inspirational stories to tell the next generation how they survived amidst all of this.



SANDHAY RAJESH

Sandhya Rajesh who is from Karunagapally, Kollam began by thanking everyone and Loyola college of Social Sciences.

Like to see and interact with the learned people. Born as the younger boy in a family of 8 children, father working in Military and mother a teacher in military school, later resigned in order to look after the kids.

She studied until 7th standard, but because of the way she behaves and the attitude, she had to drop out from school. At that time she did not realise what her gender was, but found that she was special. Eventhough being a boy the child liked to wear the dresses of a girl and being with other girls in the school. In order to use the toilet the child was confused whether to use that of boys or girls, and she/he used that of girls. Boys mocked at the attitude of the child and then she had to drop the school. Class teacher wanted to meet the parents and discuss the matter with them and then to readmit the child. But she did not want to continue. At this time the marriage of her elder sister was fixed but it did not happen because the groom's party came to know about the child and

her behaviour was the problem with them in not fixing the marriage. The sister cared so much for the child and understood her so she was not sad of the missed marriage. The parents and relatives cursed the child because of the missed marriage of her sister. There were no one with whom she could share her feelings and emotions. And the sister decided that she would agree to the marriage in the future if and only if he knows very well about the family and her brother who is a trans person. On being accused and mocked by the people around she decided to run away from home. She was 16 at that time. She had no idea where to go and had no experience of going far away from home. She decided to leave to Trivandrm. There was no one at that time for her to look after and care for her. But now the scenario is different, there are many NGOs to take care of such people. Once the money is spent she had to starve for days and has started working with Sevana project of KSS. The volunteers from of the project has found her while sleeping in bus stand, asked her to meet at their office at Palayam. At this time many of the transpersons were not able to reveal their identity due to the social situation. She has found that education is an inevitable factor. Once the project was finished she went back to the street. There she shared a small room with some one. She started working as a sex worker for daily living. She got a job in a hotel in the house keeping session for one and half years, and then moved to dish wash work, and from there to cooking. More than 10 years she worked there. There were many problems when the management of the hotel changed. The authority of the hotel were negligent in paying the PF in due time, so she decided to keep away from work until the due amount is paid. Now she is working as the Vice-President of oasis, an NGO for transgender people. She had many struggles being a transgender, many times police has arrested her, robbers robbed her and people used to keep away from her. Only after transgender act came into exist that she was able to wear sari in public. She never returned home until now. Even for the funeral service of her father she did not visit the house.



PRIJITH PK

“Standing in front of the audience of the first queer friendly campus in Kerala brings happiness in me. When we go to any college or campus, we start by talking on sex and gender because there is a misconception in many that gender is sex, and there is a natural sexuality which most of the people follow other than that is unnatural and unconventional. And I strongly desire that this interaction may help us to unlearn and relearn many of those misconceptions in our life. We here present the struggle of LGBTQ community, which the mainstream community neglected. If someone is born with a male physique, we bring him up as a man, and if someone is born with female physique, bring her up as a woman. But we never consider their willingness or likeness when we name them, dressing them up, selecting toys for them, giving some extra freedom for boys and negate the same for girls. If we see a boy crying, we may say to him that boys don't cry. And if the girls show some extra activities like whistling or climbing trees, we may discourage by telling that you are a girl and these are not allowed for girls. The assigned sex of a person at the time of birth and the gender which he/she understands is same for a swiss gender. But if the assigned sex and gender conflicts, body and the accepted gender is different , then that will be a transgender. Gender as per the verdict of supreme court in 2014, it is the self-evaluation and self declaration of a person. So it is myself who should say that which gender I belongs to and not society. When we assign the salutations to people, we must see that first ask to the person concerned whether to use mr/ms/mx etc., each one prefers how they are to be called and addressed by the society. Many are trapped in the gendering by others. Gender is in a fluidic state and each one exhibit and expresses differently. We have no proper system of education on sexuality. There are some conventional thoughts on marriage, love and living. If you are a male you live like a male and get married to a woman. If you are a female you live like a female and get married to a man of the choice of the family. There no other relations accepted by the society. If a man says he is in love with other man or if a woman says she is in love with another woman the society may treat it like abnormal and try to cure it as if it is a psychological issue. For rectifying this they may even lead the person to some religious activities like attending retreats and other rituals according to each religion or some medical treatments. These differences are understood by many as an abnormality. Gender discrimination can be seen everywhere in the society. If a boy sits among girls or if a girl spends some more time with boys then the society comes to the scene in order to judge them. We see it everywhere starting from families to schools and to the whole society. The

Nalsa judgement, accepting a third gender, privacy judgement, sexuality is a personal choice of an individual and a fundamental right(2018 September 6), helps the transgender to be accepted in the society. But still the society is not willing to change the habit of advising those who are homosexual or binary and asking them to seek medical or psychiatric treatment as if it is a sickness. “There are many misconceptions on our sexuality and gender even after all these judgements and interactions. If I say that I am a homosexual you may sit and hear me. But how are you going to respond to a fact that one of you or some one like your brother or sister is homosexual or lesbian? If a man or boy shows feminine characteristics, the society may call him abnormal or label him as homosexual. If a girl is more courageous and do many activities that boys usually do, society might encourage her and label her as strong. But if a boy shows shyness and soft mindedness, then the same society may label him as *chauthpott* or mock him terribly. When I speak on the transgender issues the society has no problem, but when I start to speak on gay relationship or lesbianism there is a problem. Society and religion treats such community very badly in such issues. But as for now some of the religions start to change their views and attitude towards same sex relations. Through the helpline we receive an average of 3-4 calls everyday concerning the issues people of same sex relations and transgenders facing in the society and at home. In india, according to the crime record bureau, most of the cases of child abuse is done by the swiss gender hetro sexual males. But if anything done by a transgender or gay/lesbian, it is labelled as if the crime done by entire community in which the transpersons belong to. Not all transgenders are doing sex work. Now we are called sex minority but it is not true, if all are accepted equally, among students workers etc. many may come out revealing their identity as transgender or gay/lesbian. Our cinema, literature and culture are more patriarchal and it say only about relation between a man and woman or a boy and girl, not about a gay or lesbian relation. We have almost 70 gender diversities here. Among us there are people who are right handed and left handed. Does it mean that only those writing with right hand is valid and others are not? And if the authorities try to make changes in their writing habit from left to right hand, it may lead to handwriting issues and thinking pattern and may destroy the life too. So all should have the right to explore and exhibit their identity.



MX.JASMINE JAY

Vice President , Queerythm

Jasmine discovered herself as a lesbian during her school time. She had gone through a lot of struggles during her days of identifying herself as a lesbian. The family and community she belonged to, was not at all ready to accept her identity and gender. She completed her post graduation in commerce and is now working on articles to reveal out the miseries and coming out of real life stories of LGBTQ+ community. She now works as an active volunteer and holds the position as Vice President in Queerythm. She encourages the coming out of those who struggle with themselves in identifying and revealing their gender.



MR.ADAM HARRY

Transman Pilot

Adam Harry is from an orthodox muslim family who thrived out of all the struggles to reach out his dream to become a pilot and to reveal out his identity as a transmen, got his first flight in South Africa at the age of 17. The journey to come out from the four walls of this stereotypical society for him was not that easy and was radically and morally unacceptable for his parents. This resulted in one year of home arrest and physical and mental harassment leading to trauma and exclusion. The real journey for survival and identity revelation started from there. The bitter experiences of working as a waiter for livelihood and sleeping in the streets for shelter turned him to fight for his rights of being a human in society. Now he made himself find out a way to become the first Transman pilot in India. The audience were thrilled to meet such a resource person.



MR.ANIL A

Live your life by being just to one's own self.

Who decides on the identity of a person? The identity of a person is decided on the time that they are conceived in the womb of the mother. Each transgender identifies their gender later on in the course of their life and have the courage to speak upon their own identity.

Transgender Policy: The policy came to existence in Kerala in the year 2015. The document was created by the participation of the LGBTQ community. It is the best policy ever had in the world because it is a right based policy. Kerala is the only state having this policy and other states of India didn't take an initiative to address the issues faced by these community. Some students from Australia came to study how this transgender policy came into being in Kerala. When this issue came out, the Social Justice Department asked the advice of the Health Department, the expertise on Transgender. They responded that in Kerala there are no sex workers and Transgender. A survey was conducted and its report led to the policy. For about eight months the bill was in the website to get the suggestions from the people.

Trained 80 transgender in Kerala to face the media and because of the involvement of these persons came into existence the Transgender Policy. The visibility of the Transgender community begins in Kerala with Transgender Policy, 2015. It is now a 4 or 5 years of process.

Kerala on Transgender Issue: We believed that we do not have transgender community in Kerala like any other states. The rural community cannot accept this. Transgender used to migrate to Chennai/ Mumbai where they are accepted.

Use of the word Third Gender: Should use the word transgender, don't use third gender.

He explained the terms: Sex- biological, Gender- preferences, performances of a people, Sexuality- who is your partner? In which sex you are interested?

When we see LGBT community in the TV, films etc we accept them. But if you find that your sister/brother is a transgender, what will be your reaction?

(Nighaludejeevithathilekku, ningaludekudumbathilekkuvarukayanu.....)

Mx. Sreemayi SL

Sreemayi started sharing by expressing gratitude towards Loyola College for inviting her to this programme. It is from Kattakada, Trivandrum. It lived for 27 years as a boy.

She said that LGBT community consists of struggling persons. Because when they come out to reveal their identity the parents couldn't understand them. In her case the parents did not

understand her, it's only her friends supported her when she shared her problem. She was known as Sreejith before three years ago. It is through the Supreme Court verdict (2014) that those who belong to the transgender community began to be considered as human beings (manusharayijeevikananuvadichu). The transgender policy brought a very great change in Kerala as the visibility of transgender community begins there. She expressed that she could not live her life as she wanted and she could not dress according to her taste/ preferences (Njanagrahichaorujeevitham ,agrahicha vastrangaleniku dharikkanpattiyittilla) .

She had spoken about her identity to the public through the Kairali Channel Programme. She invited her parents to be there for the programme. The reaction of the parents and siblings were very cruel when the programme finished. As they do not understand she tried to speak to the other educated family members. They tried to convince the parents. The family decided to accept her as she is but came forward with some restrictions such as she cannot dress like a girl while she goes to her house. She decided to do the surgery one and half year before without the consent of the family. When the family realized it, they said that she is now a girl and you cannot go out like before and come back at 10pm home.

She started working in Social Justice Department and she said that so many people were coming there only to see her, to see how a transgender look like.

She expressed about the mental pressure they go through in their life. Even though there are reservations/ concessions for LGBT community in the education and occupational field, our society still cannot digest the word 'Transgender'.

She said "We are humans like you and give us a space to live our life". Normally she used to say her sad story but now she decided to share her inspirational stories. "We are humans and we have the same problems like any human being and only thing we have to change is the way that we look on our problems."



PROGRAMME EVALUATION

26- 8- 19

Monday

Time: 1: 15 pm

Venue: Lecture Hall 7

The students of 1st semester, 2nd semester and 4th semester gathered at Lecture Hall 7 for the evaluation meeting. Ms Najima T. R along with Mr Kannan G. S and Ms Vandana Suresh has chaired the evaluation. All of them were divided to sit in their own respective committees of the programme, which include the Programme Committee, Hall Arrangement, Gift Committee, Food Committee and Documentation Committee. Each of them were given five minutes for the discussion. After the discussion one member representing each committee showed up with the evaluations they discussed so far.

Nanditha P. J represented the programme committee, Elna Joseph represented the Documentation Committee, Abhilash K. Sebastian represented the Hall arrangement committee, Sandra George and Meenu Rose Ebi represented the Gift committee and represented the Food Committee.

The major evaluation points which were discussed were:

- The programme was well organised.
- Good coordination and team work was evident in the work of each committee.
- Good comments were given by the faculty as well as students from other departments.
- Time exceeded during the programme.
- Food was well prepared.

SUGGESTIONS:

- The questions asked to the panel and the people who ask the questions should be previously fixed in order to avoid unnecessary tension within the group.
- It would be better if the food was provided in steel plates and glasses in order to avoid excess plastic and paper wastes.

Participant list

1. Akshay Kishore
2. Aleena Babu
3. Anju Cerin Mathew
4. Anna George K
5. Ashly G S
6. Ashwini Prasad
7. Aswathy Ponnachan
8. Athira Wilson
9. Bushra S
10. Dency Mary Reji
11. Dona Maria Kuriakose
12. Gayathri P Nair
13. Jithin Rodrigues
14. Maria Teres Sebastian
15. Meenu Mariyam Lal
16. Meera John
17. Nibin Mathews
18. Prince Jacob
19. Riya K. Aniyar
20. Rose Maria Siju
21. Sandra Johnson
22. Tison Thomas
23. Rameez M Sydeek
24. Abhilash K Sebastian
25. Ancy Lal
26. Anjali T. M.
27. Anju Anna Geevargheese
28. Annie Bose

29. Archana Louis
30. Ashiely S James
31. Bincy Babu
32. Brilliant Maria Anto
33. Christansia Das
34. Elna Joseph
35. Gouthaami R S
36. Jenin Koshy Abraham
37. Mathewskutty Sunny
38. Meenu Rose Ebi
39. Najima T R
40. P J Nanditha
41. Sajin M.
42. Sandra George
43. Sruthi V.
44. Sunithakumari M. S.
45. Treesa Varghese

RUN FOR SAFE CHILDHOOD

In connection to **International Children's Day** Trivandrum Child Line organized an awareness programme titled as '**RUN FOR SAFE CHILD**'. Loyola College of Social Sciences under the initiative of NSS actively participated for the programme which was held on 20th November 2019. The area was destined between Kowdiar Park and Kanakakunnu Palace. Students from MSW, Sociology along with their Faculty members participated for the event throughout. The team reached the starting point; Kowdiar Park by 1:30 pm and made necessary arrangements which includes distributing T shirts. The event began by 3:30 pm and Fr. Thomas P D, the Director of Trivandrum, Don Bosco Child Line officially welcomed the gathering. Adv. V K Prasanth Hon'ble MLA inaugurated the event.

Thereafter, a street play based on the protection of childhood was performed by MSW students of Loyola College. After the street play the torch was lighted as the initiation of the programme. There were around 300 participants for this awareness campaign. The participants reached at Kanakakkunnu palace by 4:55 pm and thereby, the lighted torch was handed over to the respective heads. Finally the coordinators of the event proposed the words of thanks to all the participants. The whole event came to an end by 5:10 pm with refreshments provided.







Participant list

1. Amritha Vs
2. Ananthu.B.L
3. Angel Babu
4. Ann Mary Saji Jacob
5. Anna Alias
6. Arya Ghosh .A
7. Aswani Vikraman
8. Divya.P
9. Feba K R
- 10.Grace M Leghu
- 11.Jayasree M
- 12.Jesintha Joseph
- 13.Jomes T James
- 14.Kesiyamol Mathew
- 15.Mohammed Sahal M I
- 16.Neha Joseph
- 17.Priya V Ninan
- 18.Raeya Stanly
- 19.Reeja Thomas
- 20.Sanghamithra P.
- 21.Sheethal Mariam John
- 22.Sinidas C P
- 23.Soshy J Soman
- 24.Sreelekshmi V S
- 25.Varsha K M

Report for Visit to the migrant labour settlements			
Programme Name	Visit to the migrant labour settlements	Organizer	NSS Unit and Department of Sociology
Date	17/11/2019	Time	9.45 am
Venue	Migrant labour settlement Cheruvaikal	Faculty in-charge	Dr. Nisha Jolly Nelson Dr Prasad R

Programme Objectives	<ul style="list-style-type: none"> ○ Understand the need of empathetic approach to Migrants. ○ To know about the living conditions of migrant labourers. ○ To know their needs ○ To have an interactive session ○ To understand their life experiences
Resource Person (s)	Dr Prasad R
Participants	● M A Students.
Programme Activities	<ul style="list-style-type: none"> ● Interactive session. ● Provided them food supplies ● Helped them to avail health services ● Migrant labourers shared their experience with the audience.
Programme Outcomes	Helped students with grassroot level understanding on the themes migration, labour and development.

Participants

1. Dinu Varkey
2. Femi Ann Mathew
3. Jency Lawrence
4. Arun Joseph J
5. Priya Vargheese

PHOTO



Flashmob to create Public Awareness on Sea Pollution, Sanghumugham, Coastal Trivandrum	
Team: NSS Volunteers and Social Work Trainees Sem-3 MSW-2018-2020	
Collaborators: C5	
Date: 24 Nov 2019	Time: 5.00-6.30

24 Nov 2019 NSS Volunteers of 2018-20 batch and Sem-3 Social work trainees of MSW 2018-2020 does a showstopper flashmob titled Samudrathma supporting C5 against Sea Pollution. This program was done at Sanghumugham under the leadership of C5, an NGO initiated by the Thiruvananthapuram District Collector.

The activity was meant to conscientise the public about the most visible and disturbing impacts of marine plastics are the ingestion, suffocation and entanglement of hundreds of marine species. Marine wildlife such as seabirds, whales, fishes and turtles, mistake plastic waste for prey, and most die of starvation as their stomachs are filled with plastic debris. The group too on the task of gathering public and getting them to voice their concerns of human activity as a major contribution to sea pollution. The onlookers were engaged in discussions and provided materials followed by an invite to a mini-clean-up drive.





List of Participants

1. Maria Teres Sebastian
2. Sandra Johnson
3. Anna George K
4. Prince Jacob
5. Ashly G.S.
6. Meenu Mariyam Lal
7. Aswani Prasad
8. Aswathy Ponnachan
9. Athira Wilson
10. Bushra S.
11. Akshay Kishore
12. Dency Mary Reji
13. Dona Maria Kuriakose
14. Gayathri P Nair
15. Jithin Rodrigues
16. Aleena Babu
17. Anju Cerin Mathew

18. Meera John
19. Nibin Mathews
20. Rameez M Sydeek
21. Riya K Aniyar
22. Rose Maria Siju
23. Silpa Karthik
24. Tison Thomas
25. Vineeth Benedict L



Sonny Jose Ph.D.

Head, Department of Social Work

Programme Name	Life Skills Training At Loyola Institute Of Commerce By MSW Students	Organizer	NSS and Social Work Department, Loyola college of Social Sciences
Date	14-01-2020	Time	9am-4 pm
Venue	Loyola institute of commerce, Poovar	Faculty in-charge	Ms. Francina P X

Programme Objectives	To organize One-day Training Workshop of Life-Skills .To understands about organizing and coordinating the program.
Resource Person (s)	NSS Volunteers and Second year MSW Students
Participants	Students From Loyola College of Business Studies
Programme Activities	Students of 1st year MSW conducted a life-skill training session for students at Loyola Institute of Commerce, Poovar on 14 January 2020. A group of 26 students divided themselves and handled various life skills in an activity oriented mode. Students enjoyed the session and provided positive feed backs, it provided a platform for students to become confident trainers.
Programme Outcomes	The students were able to train others on various life skills. The students get an insight regarding organizing and coordinating the sessions and entire program for a targeted group.

The list of the second year MSW students who coordinated the Life Skill Training Program

Sl No	Name	Sl No	Name
1	Amritha V.S	11	Jomes T James
2	Ananthu B.L	12	Kesiyamol Mathew
3	Angel Babu	13	Mohammed Sahal M.I
4	Ann Mary Saji Jacob	14	Neha Joseph
5	Anna Alias	15	Priya V Ninan
6	Arsha M.G.	16	Raeya Stanly
7	Arya Ghosh A	17	Reeja Thomas
8	Aswani Vikraman	18	Sanghamithra P.
9	Divya P	19	Sheethal Mariam John
10	Feba. K. R		





Report for Visit to the old age home visit			
Programme Name	Old Age Home Visit	Organizer	NSS Unit and Department of Sociology
Date	16/12/2019	Time	9:30 am-3pm
Setting	Sadhana Old age home	Faculty in-charge	Prasad R and Dr. Lekshami Chandran

Programme Objectives	<p>To inculcate basic Principles of Humanity and the unconditional love that we need to share with the less privileged.</p> <p>To sensitize the students about the problems faced by the elderly.</p> <p>To understand the social aspects concerning the elderly</p> <p>To know about the process of ageing.</p> <p>To listen to their experiences and give them an emotional support</p> <p>To make the students aware about their social responsibilities</p>
Participants	MA sociology students

Programme Activities	<p>Interacted with the inmates played games and sung songs</p> <p>Shared their experiences with us.</p> <p>Students conducted cultural programmes .</p> <p>Students donated clothes, groceries and other basic supplies.</p>
Programme Outcomes	<p>The visit created an awareness among students regarding the importance of caring elderly.</p> <p>The visit gave insights for practical understanding of the paper Gerontology .</p> <p>The interaction helped the students to become a much more wholesome person</p>

PHOTO



PARTICIPANTS

1. AISWARYA SUBAIR
2. ANURAJ N
3. ARUN JOSEPH J
4. ASWATHY G
5. AYSWARYA SUNIL
6. BHAGYASREE P R
7. DINU MOL VARKEY
8. FEMI ANN MATHEW
9. GAYATHRI AL
10. JENCY LAWRENCE
11. JIMA ROSE M
12. LEKSHMI SURESH S U
13. MAHARSHLAL HASHBAS A
14. MAREENA SIBY
15. NABIN K S

16. NIKHITA NAIR
17. NIRANJANA MOHAN
18. NOUREEN.A
19. PRABHU A
20. PRIYA VARGHESE
21. REMYA A.S. NAIR
22. RESHMA S S
23. SALU S S
24. SARIGA S R
25. V S ARJUN

Report for Activity Log SI.No.:			
Programme Name	Flash mob and street play as part of Observance of international day of girl child	Organizer	NSS Unit, MSW department, Child line and don Bosco Veed Society Trivandrum
Date	11/10/2019	Time	9-5
Venue	1. Sri Sri Ravisankar Vidya Mandir 2. Lakshmi Vilasom High school 3. KTCT School Kaduvapalli Alamcode 4. Varkala Maidanam 5. Varkala beach	Faculty in-charge	Dr. Francina P X

Programme Objectives	To organize flash mob on the theme women and girl child To create awareness on the violence against women and girl child
Participants	MSW 1st years 26 students with one faculty member
Programme Activities	Flash mob and street play was organised on the theme women and girl child as part of the Observance of international day of girl child In collaboration with child line and don Bosco Veed Society Trivandrum. The street plays were conducted in 4 Spots 1. Sri Sri Ravisankar Vidya Mandir 2. Lakshmi Vilasom High school 3. KTCT School Kaduvapalli Alamcode 4. Varkala Maidanam 5. Varkala beach

Programme Outcomes	Students were able to engage with the community in spreading awareness about violence against women and girl child through campaign and flash mob
Supporting Documents	Photos



List of participants

- | | |
|------------------------|------------------------|
| 1. Amritha V.S | 10. Feba. K. R |
| 2. Ananthu B.L | 11. Grace M Leghu |
| 3. Angel Babu | 12. Jayasree M. |
| 4. Ann Mary Saji Jacob | 13. Jesintha Joseph |
| 5. Anna Alias | 14. Jomes T James |
| 6. Arsha M.G. | 15. Kesiyamol Mathew |
| 7. Arya Ghosh A | 16. Mohammed Sahal M.I |
| 8. Aswani Vikraman | 17. Neha Joseph |
| 9. Divya P | 18. Priya V Ninan |

- 19. Raeya Stanly**
- 20. Reeja Thomas**
- 21. Sanghamithra P.**
- 22. Sheethal Mariam John**
- 23. Sinidas. C.P**
- 24. Soshy J Soman**
- 25. Sreelekshmi V. S**
- 26. Varsha K M**

Flash Mob Suicide Prevention Awareness

NSS Unit collaborating with Counselling Psychology students performed a flash mob to spread awareness on suicide prevention at Saphalyam complex Trivandrum on 9/10/2019. All the students from counselling psychology department actively participated in the programme. Flash mob was followed by a slow musical performance lead by the counselling psychology which depicted different suicide provoking situations and its survival.





Participant's list

- 1. Aleena Biju**
- 2. Aneesha Joseph**
- 3. Anju Carmel**
- 4. Ancy B S**
- 5. Arun Sabu John**
- 6. Gayathri Mohan**
- 7. Gokul**
- 8. Haritha**
- 9. Jophy**
- 10. Lekshmipriya**
- 11. Linitha**
- 12. Meera**
- 13. Saranya**
- 14. Lincy Jacob**
- 15. Sneha Anna manoj**
- 16. Sruthy**
- 17. Arathy B Kumar**
- 18. Asumptha Mary Antony**
- 19. Sulekha B**
- 20. Wincybibi**
- 21. Abhirami**
- 22. Aishwarya jayan**
- 23. Anaz Narayanan**
- 24. Arathy S V**
- 25. Devika S**
- 26. Jayaprakash Narayanan**
- 27. Jeeva Varghese**
- 28. Kavya B K**
- 29. MEGHA T G**

30. MehnaNawas

31. Narthana Suresh

32. Rohith raj

33. Shilpa

Faculty members:

Dr. Pramod SK

Dr. Jisha P R

Miss. Padma C Shaji

Dr. Leena S T

Walkathon Mental Health Promotion Awareness Campaign

To create awareness on mental health promotion and suicide prevention NSS unit along with Department of Counselling Psychology organized a walkathon (10/10/2019) from Museum to Palayam. Students from various colleges took part in the walkathon. The flag off was done by the district police chief. The event was a memorable one. The students from different colleges including Govt College for Women, Trivandrum and University College, Trivandrum participated on the walkathon which made the event a huge



success.





PARTICIPANT'S LIST

1. Aleena Biju

- 2. Aneesha Joseph**
- 3. Anju Carmel**
- 4. Ancy B S**
- 5. Arun Sabu John**
- 6. Gayathri Mohan**
- 7. Gokul**
- 8. Haritha**
- 9. Jophy**
- 10. Lekshmipriya**
- 11. Linitha**
- 12. Meera**
- 13. Saranya**
- 14. Lincy Jacob**
- 15. Sneha Anna manoj**
- 16. Sruthy**
- 17. Arathy B Kumar**
- 18. Asumptha Mary Antony**
- 19. Sulekha B**
- 20. Wincy bibi**
- 21. Abhirami**
- 22. Aishwarya jayan**
- 23. Anaz Narayanan**
- 24. Arathy S V**
- 25. Devika S**
- 26. Jayaprakash Narayanan**
- 27. Jeeva Varghese**
- 28. Kavya B K**
- 29. MEGHA T G**
- 30. Mehna Nawas**
- 31. Narthana Suresh**
- 32. Rohith raj**
- 33. Shilpa**

Faculty Members

Dr. Pramod

Dr. Jisha P R

Dr. Leena S T

Miss. Padma C Shaji