

**LOYOLA COLLEGE OF SOCIAL SCIENCES  
THIRUVANANTHAPURAM**



**CRITERIA 7: Institutional Values and Best Practices**

**7.3 Institutional Distinctiveness**

**Engaged Competence Enhancement (ECE)**

**Detailed Reports of the Extension Activities for  
the Year 2018-19**

**Total Number of Reports: 15**

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**LOYOLA COLLEGE OF SOCIAL SCIENCES  
THIRUVANANTHAPURAM**



**NSS Camp Report 2018-19**

# **SPECIAL CAMP**

**CHUVADU-2019**

**March 3 -9, 2019**

**KARUMKULAM GRAMA PANCHAYATH**



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## **PART –I**

### **INTRODUCTION**

#### **About NSS**

National Service Scheme is under the Ministry of Youth Affairs & Sports Government of India, popularly known as NSS was launched in Mahatma Gandhi's birth centenary year 1969, in 37 universities involving 40,000 students. The primary focus of NSS is the development of personality of students through community service. Today, NSS has more than 3.2 million student volunteers on its roll spread over 298 universities and 42 (+2) senior secondary councils and directorate of vocational education all over the country. From its inception, more than 3.75 cores students from universities, colleges and institutions of higher learning have benefited from the NSS activities as student volunteers.

The scheme now extends to all the states and universities in the country and covers +2 levels also in many states. Students, teachers, guardians, government, universities and college/schools and the people in general now realize the need and significance of NSS. It has aroused among the student youth an awareness of the realities of life, a better understanding and appreciations of the problems of the people. NSS is, thus, a concrete attempt in making campus relevant to the needs of the community.

Community service entered university and +2 levels students has covered several aspects like adoption of villages for intensive development work carrying out the medico-social surveys, setting up of medical centers, programmers of the mass immunization, sanitation drivers, adult education programmes for the weaker sections of the community, blood donation, helping patients in hospitals, helping residents off orphanages and physically handicapped etc. NSS volunteers did commendable relief work during natural calamities / emergencies such as cyclones, flood, famine, earthquakes etc. from time to time all over the world.

The NSS students have also done useful work in organizing companions for the eradication of social evils, and popularization of the nationally accepted objectives like nationalism, democracy, secularism, social harmony and development of scientist temper.

## **OBJECTIVES OF NSS**

The main objectives of National Service Scheme (NSS) are;

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving
4. Develop among them a sense of social and civic responsibility
5. Utilize their knowledge in finding practical solutions to individuals and community problems.
6. Develop competence required for group living and sharing of responsibilities
7. Gain skills in mobilizing community participation
8. Acquire leadership qualities and democratic attitudes
9. Develop capacity to meet emergencies and natural disasters and practice national integration and social harmony

## **NSS & LOYOLA**

Loyola College of Social Sciences was founded by the Society of Jesus (Jesuits) in 1963, V0the college offers courses in MA (Sociology, Social Work & Human Resource Management) & MSc. Counselling Psychology. The college is affiliated to the University of Kerala and is a recognized research Centre of the University. The Centre prepares the students for Ph.D. in Sociology, Social Work and Management studies and also takes up sponsored research projects. A full-fledged extension services, Loyola Extension Services (LES) is a unique feature of the college. The LES acts as a social lab of the college. The LES acts as the social lab of the college.

True to the Jesuit tradition of MAGIS (excellence) and the commitment to faith and justice, Loyola strives to reach the benefits of higher education to the people, especially the marginalized. In reaching this goal, we are guided by the Ignatius vision of life and its application in Jesuit education. NSS unit of the college has a history of more than 45 years. While Kothari commission propagated NSS at the National Level, Loyola became instrumental in the establishment of NSS in Kerala University. Fr. Puthenkalam S.J, the first principal of Loyola, took the pain for the initiation of the NSS programme in Loyola and the end fruit was unit KL-07-011, functional NSS unit in the college. Voluntary membership of all the students joining the college is the uniqueness of this college.

To build social sensitivity in the youth, NSS always promoted rural live in campus where the students live with a selected community for a period of 10 days to have a real life experience of that community for a period of 10 days to have a real life experience of that community. Later these 10 days is reduced to 7 days by the University. A seven-day group living with limited amenities and the interactions with the community, give the student a first-hand picture of the struggle, a common man in that particular community has to face, to make to make the ends meet. Normally, a social-economically backward are will be the priority. Loyola has a history of vibrant and live memories of camp life, cherished by the various batches of 1963 onwards. This year was also not different. Instead of 10 days, university stipulated a 7-day camp and it was realized from 26<sup>th</sup> February to 4<sup>th</sup> March 2018, at pulluvila, a small coastal village near Vizhinjam.

## **REASONS FOR THE CHOICE OF PLACE**

It is a rural coastal village and the community suffers marginalization

The feasibility and accessibility

The needs of the community shared, and support offered by the parish authorities, panchayat ward members and the MLA.

## **PART II**

### **THE PLANNING STAGE**

#### **AIMS OF THE CAMP**

- To sensitize the students about the living conditions of the poor and to develop a feeling of social integration in them
- To create awareness among the students that higher education should not alienate them from the downtrodden sections of the security.
- To create awareness among community people that they are not kept aloof from the common stream of society.
- Develop competence required for group – living and sharing of responsibilities

#### **CONTACT PERSONS IN KARUMKULAM**

Fr. Santhappan (Parish Vicar) : 9495339616

Jaison (Youth Coordinator) : 9567092702

Kalarani K R (Ward Member) : 9526160074

#### **AREAS DESIGNATED TO WORKING GROUPS**

<b>Working Group</b>	<b>Area</b>	<b>Contact</b>
1	Kallumukk	Leena: 8714381966
2	Near Church	Edwina: 9495682192
3	ITC	Suprasanna: 9447816807
4	Valaveeshikaani, Eachampalli	Rositta: 9633529457
5	Valiyathopp	Jenova 9895483167

## **COMMITTEES AND GROUPS**

### **CORE COMMITTEE**

**NSS Programme Officer** : Dr. ANITHA. S

**Staff Guides** : Fr. SABU.P.THOMAS SJ

: Dr FRANCINA P.X

: Fr. SAJI. SJ

**Camp Leader** : Mr. RAMEEZ M. SIDDIQUE

: Ms. MARIA TERES SEBASTIAN

## **WORKING GROUP LEADERS AND ASSISTANT LEADERS**

<b>Group No.</b>	<b>Leader</b>	<b>Asst. Leader</b>
Group 1	Ms. Nissy Ann Varghese	Ms. Nikhitha Nair
Group 2	Mr. Tison Thomas	Mr. Prince Jacob
Group 3	Ms. Meenu Mariyam Lal	Ms. Bushra S.
Group 4	Ms. Joffy John	Ms. Anju Carmel
Group 5	Ms. Anna George	Ms. Niranjana

## **FUNCTIONAL COMMITTEE LEADERS**



Programme	Ms. Marena Siby
Food	Ms. Ashwini Prasad
Documentation	Ms. Christina Jose
Survey	Mr. Maharshlal hashabas
Logistics	Mr. Sanu Wilson
Accommodation & Food Transport	Ms. Jima Rose
Cultural	Mr. Arun Jospeh
Prayer, Yoga & First aid	Mr. Rahul A.
Finance	Mr. Nibin Mathew
Camp paper	Mr. Vineeth Benedict L.
Discipline	Mr. Harikrishnan

## FUNCTIONAL GROUP LIST

<b>Cultural</b>	<b>Survey</b>	<b>Food</b>
ARUN JOSEPH J (L) DENCY MARY REJI MEENU MARIYAM LAL RIYA K ANIYAN ANURAJ N AISWARYA SUNIL NIRANJANA MOHAN GOKUL P G ANEESHA JOSEPH SARANYA MOHAN	MAHARSHLAL HASHBAS A (L) DONA MARIA KURIAKOSE GAYATHRI P NAIR ROSE MARIA SIJU AISWARYA SUBAIR BHAGYASREE P R JENCY LAWRENCE PRABHU A ALEENA BIJU VARGHESE SUREMYA S L LEKSHMIPRIYA L	ASHWINI PRASAD (L) ALEENA BABU BUSHRA S ATHIRA WILSON NEENU SUSAN GEORGE SUMITH C S ASWATHY G NOUREEN A RESHMA S S SALU S.S SARIGA S R ANJU CARMEL NISSY ANN VARGHESE MEBIN JAMES MEERA RAJ B M
<b>Programme</b>	<b>Logistics</b>	<b>Prayer , Yoga &amp; First Aid</b>
MAREENA SIBY (L) FEMI ANN MATHEW DINU MOL VARKEY JOY S S V S ARJUN ANNA GEORGE K MEERA JOHN DAYA U S NAIR PALLAVI KRISHNA	SANU WILSON (L) PRINCE JACOB MERIN SUNNY KALLARAKAL JOPHY JOHN GAYATHRI S MOHAN SRUTHI S KUMAR	RAHUL A (L) ASWATHY PONNACHAN SILPA KARTHIK REMYA A S NAIR HARITHA RAJ S LEKSHMI SURESH S U

<b>Finance</b>	<b>Discipline</b>	
NIBIN MATHEWS (L) SANDRA JOHNSON	ANJU CERIN MATHEW HARIKRISHNAN R S	
<b>Accommodation &amp; Transport</b>	<b>Camp paper</b>	<b>Documentation</b>
JIMA ROSE M (L) ASKHAY KISHORE JITHIN RODRIGUES NIKHITA NAIR PRIYA VARGHESE ASHLY G S ANCY B S	VINEETH BENEDICT L (L) TISON THOMAS ANANDU K BAIJU NABIN K S GAYATHRI A L LINCY JACOB LINITHA T L	CHRISTINA JOSE (L) SNEHA ANNA MANOJ SERINA A SALAM SHABANA SAJEEV SHILPA SAJEEV ARUN SABU JOHN

## RESPONSIBILITIES OF FUNCTIONAL COMMITTEES

### 1. Camp Leaders

Designing and printing the poster and notice

Ensure that all the authorities in the community receive a copy of the notice (at least a soft copy) before the notice is finalized

Visit and finalize the venues for each program to be conducted in the community, after meeting with the local formal and informal leaders

Contacting resources for each program, once the program gets going

## **2. Programme, Reception and Publicity Committee**

Planning the programme in the field

Arranging inaugural and valedictory functions

Ensuring timely execution of all programmes

Resource caring

Media – Giving the camp details to print and electronic media

## **3. Survey committee**

Preparing and printing the interview schedule

Explaining it to the working group members

Coordinate data collection

Data entry

Survey Report- English and Malayalam

## **4. Cultural committee**

Arrangement of cultural programmes on the inaugural and valedictory function

Arranging entertainment programmes after supper

## **5. Food Committee**

Taking stock of cooking facilities available at the venue, during pre-camp visit

Budget, menu, purchase of provisions

Procure utensils from college, keep an inventory of them and ensure all the utensils are returned to college

Store keeping

Ensuring vessels, gas, etc., and entrusting it to daily groups

Take care of the kitchen on the first and last days of camp

**6. Documentation committee**

Get the report or data for the planning meetings from the camp leader/ voluntary secretaries

Be up to date of pre-camp reports, including orientation and preparatory sessions

Arrange for planning reports and final survey report from the survey committee

Getting the daily report from the working committee leaders

Get the complete account from the finance committee

Typing, editing and binding the report

**7. Accommodation and Transport Committee**

Ensuring the facilities at the venue during pre-camp visit

Arranging for mats, buckets, mugs etc. to be taken from hostels

Arrange for the disposal of sanitary napkins

Ensure the communication of required documents to police station

**8. Logistics Committee**

Collection and management of materials like banner/ poster etc.

Collection of firewood for camp

Get an understanding of and make arrangements for the waste disposal system for the food committee

Collecting necessary implements for *Sramadhan*

Arrangement of refreshment for *Sramadhan*

**9. Camp Paper and Exhibition Committee**

Preparation of camp paper and presenting it on first day morning

Ensuring the completion and release of camp paper everyday

**10. Finance committee**

Preparation of budget

Preparation and updating of Accounts & Daily expenses

**11. Prayer, Yoga and First Aid committee**

Arrange Prayer and Yoga for everyday morning

Arrange for flag hoisting, NSS anthem and thought for the day every morning

**12. Discipline Committee**

Time keeping

Ensuring discipline and order in all the camps activities

**RESPONSIBILITIES OF WORKING GROUPS**

Inviting the community members to the Inaugural Function on Day 1

Survey

Coordinating the involvements in the community

Group engagements in the community (E.g.:-Preparation of classes for adolescent groups, mothers groups, activities for the youth, awareness classes in waste management and other issues faced by the people at the camp area)

Reporting/sharing the activities and experiences every day during evaluation and handing over the written report to the documentation committee

Organizing cultural programme every day after supper as per the direction of cultural committee

Any other participation for the overall well-being of the community involvement and group living

## DIARY OF PRE-CAMP EVENTS

21 December 2018: Pre camp visit 1

28 January 2019, Day: Sutter Hall

→ Orientation about NSS camp - Mr. Manoj

→ Selection of Camp leaders

1 February 2019, Friday: Sutter Hall

→ Selected Functional and Working group Leaders

→ Divided students into functional and Working committees

21 February 2019, Friday: Pre Camp Visit 2

23 February 2019, Saturday: Core committee met together and finalized the matter for printing notice and banner

25 February 2019, Monday: LES Hall

→ Planning in functional committees

→ Seniors shared their experience and guidelines

26 February 2019, Tuesday: Sutter Hall

→ Orientation: Staff guides Fr. Saji SJ, Dr. Sabu P. Thomas SJ and Dr. Francina P. X.

→ Planning in working groups about group engagements in the field

2 March 2019, Friday: Sutter Hall

→ Survey form familiarization

→ Mock classes and interactive sessions done by the volunteers.

→ Skits, dramas and awareness classes exhibited before the staff guides

March 3 2019, Sunday: A final reminder and prayer by the Principal

## **PRECAMP VISIT 1**

On 21<sup>st</sup> December 2018, a group of students and teachers went to Karumkulam to see if the place would be suitable for NSS Camp. The team left for Karumkulam after 1 pm and reached there by 02:30pm. They made a visit to St. Andrew's Church and met the parish priest, Fr. Shanthappan. He assured accommodation and local support to the camp. Then, the team visited, along with the parish priest, 'Souhridaya Auditorium' where the camp members were to stay if the camp was to happen here. Teachers and students from the college expressed their satisfaction over the facilities that the auditorium offered. After preliminary discussions the date was fixed tentatively. College team returned by 5pm after expressing their gratitude to the parish priest and parishioners for their hospitality and the offered support for the camp.

## **ORIENTATION CLASS**

The first orientation class was on 28<sup>th</sup> January 2019. The meeting started at 2:30 pm with an introduction about the NSS given by Dr Anitha S, NSS Programme Officer. After the introduction, Dr. Saji P Jacob, addressed the meeting, Loyola College of Social Sciences, Mr. Manoj spoke on the history of NSS, the mission of NSS and the various services which the volunteers can provide for the community, the major issues in the community and the ways of addressing them. His session on group dynamics was very interactive and informative. He included many stories and games in his session. All these interactions and orientations gave the volunteers a great deal of courage and confidence. Within these groups, he also asked for suggestions for naming the camp, which proved to be a good exercise as one of these names ended up as the camp name. As the session ended, he asked for students from the group, to volunteer to be camp leaders. Mr. Rameez M Sydeeq and Ms. Maria Teres were thus accepted as the camp leaders for the NSS camp 2019. Dr Anitha S, explained in detail, about the various groups, functional as well as working groups that the students will be sorted into and their respective duties.



## **PRECAMP VISIT 2**

On 21st February, 10 students and 2 faculty members went to Karumkulam for a second site visit. They left the college around 02:30 pm. After a small interaction with the parish vicar Ft. Shanthappan, the group went to Souhrudam Auditorium, where the group would be staying. Various members of the community arrived on the site and the team had an interaction with them regarding the demographics of the place. They also met with the MLA of the area. After hearing from the people about the kinds of interventions needed and the kinds of programs that can be conducted, the team returned from the place at 5pm.

## **PART-III**

### **THE CAMP**

#### **HIGHLIGHTS OF THE CAMP DAYS**

Inauguration of NSS Camp “CHUVADU-2019”

Cultural programme

Survey

Street play

Awareness classes

Shramadhan

Valedictory function and cultural program by community members

Camp fire

Evaluation

## **DIARY OF EVENTS – CHUVADU 2019**

### **DAY 1: 03 March 2019 – Sunday**

9.30-11.30 am	Practice & preparations for camp
12.15 pm	Lunch
1:00 p.m.	Gathering in Sutter Hall and address by Principal and Vice-Principal
1.30 pm	Departure to camp site
2.45 pm	Arrival in Camp site & settling down
3:15pm	To community in Groups, inviting Residents
4:45 pm	Tea
5.30 pm	<b>Inaugural Function</b>
6.45-7.45 pm	Cultural Programme
8.00 pm	Dinner
8.30 pm	Evaluation of the Day
10:00 pm	Prayer, Good night

## **DAY 2: 04 March 2019 Monday**

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day & Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In working groups for planning the survey
09:30 am	Overview of the Panchayath by Hari Krishnan
10.30 am	Survey & House visits
01.00 pm	Lunch
02.00 pm	Tabulation in Working group for survey
3.00 pm	Programs in working groups (organizing groups)
5:30 pm	<i>‘Balyam Santhoshaprathamaakkaam’ Shri. Anandhu Siby</i>
7:45 pm	Dinner
8.30 pm	Cultural Programmes
9.00 pm	Evaluation
10:00 pm	Prayer, Good night

**DAY 3: 05<sup>th</sup> March 2019 Tuesday**

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning the classes
9.30 am	Survey and House Visiting
10:00 am	<b>Medical Camp</b>
01.00 pm	Lunch
02.00 pm	Tabulation in Working group for survey
03.00 pm	Programs in working groups (organizing groups)
5:30 pm	<i>‘Prakruthi dhuranthavum Karuthalukalum’ Shri. Cyric K.J</i>
7:45 pm	Dinner
8:30 pm	Cultural Programmes
9:00 pm	Evaluation
10:00 pm	Prayer, Good night

**DAY 4: - 06<sup>th</sup> March 2019 Wednesday**

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In working groups for planning the classes
9:30 am	Survey and house visiting
12.30 pm	Lunch
02.00 pm	<i>'Kudumba Budget' Shri. Ghosh P. S.</i>
05.30 pm	<b>Street play</b>
7.45 pm	Dinner
8.30 pm	Cultural Programmes
9:00 pm	Evaluation
10:00 pm	Prayer, Good night

**DAY 5: 07<sup>th</sup> March 2019 – Thursday**

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	Planning and preparations for <i>sramadhan</i>
10:00 a.m.	<b><i>Shramadhan</i></b>
12.30 pm	Lunch
02.00 pm	“Women’s Day Celebrations” <b><i>Smt. Geetha S. S.</i></b> and programs in working group
05.00 pm	‘Jeevitham Lahari akumbol’ <b><i>Shri. Jacob Varghese</i></b>
7.45 pm	Dinner
8.30 pm	Cultural Programmes
9:00 pm	Evaluation
10.00 pm	Prayer, Good night

**DAY 6: 08<sup>th</sup> March 2019 – Friday**

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning ' <i>Namukku Kaikorkkaam</i> ' (gathering of children and elderly)
10.00 a.m.	' <i>Namukku Kaikorkkaam</i> ' (gathering of children and elderly) in respective Venues
12.30 pm	Lunch
1.30 pm	Preparation For valedictory function
4.00 pm	Tea
4.30 pm	Invitation to the community
6:30 pm	<b>Valedictory Function</b>
8.30 pm	Dinner
9.15 pm	Camp fire
10.30 pm	Prayer & Good night



**DAY 7: 09<sup>th</sup> March 2019 – Saturday**

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Cleaning and packing
7.45 a.m.	Break Fast
8.30 a.m.	Evaluation (group wise)& Individual  General Remarks By:  Camp Leader  Staff Guides  Programme officer
1:00 pm	Lunch
2:00 pm	Back to Loyola

# **CAMP**

## **Day 1, 3<sup>rd</sup> March 2019**

### **JOURNEY TO KARUMKULAM**

After a week of hasty preparations and anticipation, the NSS camp for first year NSS volunteers of Loyola College of Social Sciences, CHUVADU 2019 started on 3<sup>rd</sup> March 2019. The immediate preparations had started a week before, including the works of survey, programme, accommodation food, logistics, and documentation committees. The members of logistics committee, together with willing members from other committees began work at 09:30 am with firewood collection, continued by practice for the cultural events. The members of the food and logistics committees, along with other committee members ensured that all provisions were loaded on the two buses that were available for transportation.

After lunch, the whole group gathered in the Sutter Hall by 01:30 pm for the address by the college Principal Dr. Saji P. Jacob. After directing the students about the relevance of the camp, and the Loyola legacy of NSS camps, he wished them all good luck. Dr. Francina P. X., staff coordinator of *Chuvadu 2019*, ascertained the number of participants.

At 02:00 pm, the students and staff (Dr. Francina, Dr. Sabu, Sr. Josy) boarded the buses for the much awaited journey. They arrived at Karumkulam by 03:30 pm. The group was heartily welcomed by the Karumkulam parish priest Fr. Santhappan and his parishioners at St. Andrew's Community Hall where accommodation was arranged for the camp members. Here, all the camp members together engaged themselves in unloading the goods,

## WORKING GROUP ACTIVITIES

Each working group had already been allocated specific areas in the community and a guide assigned for each of the group from within the community. They proceeded to their respective community areas to invite the community members for the inaugural function.

All the groups returned at 05:30 pm, and after tea, proceeded to '*Medavilakam Purayidom*' where the inaugural function was to take place.

## PROGRAMME COMMITTEE

As the working groups were busy inviting members of the community to the inaugural function, the programme committee worked hard at *Medavilakam Purayidom*, arranging the venue for the function. They established a rapport with the neighboring houses and acquired required materials for the function. This ensured that the venue was all ready for the event at 06:00 pm, as the guests arrived.

## INAUGURATION OF CHUVADU 2019

Under the guidance of Dr.Sabu P Thomas SJ, Vice-principal Loyola College and Dr.Francina P.X, NSS Staff Coordinator, NSS Volunteers initiated the Inaugural Ceremony for **Chuvadu 2019** (Annual 7 Days NSS Camp) at *Medavilakam Purayidam* at 6pm.

Ms. Mareena Siby, the coordinator of the programme committee, compered the function, which began with NSS Anthem by NSS volunteers Ms. Sandra Johnson, Ms. Meenu Mariyam Lal and Ms. Rose Mariya. The welcome speech was delivered by Dr. Francina P.X., staff coordinator of *Chuvadu 2019*, and was presided over by Dr. Saji P. Jacob, Principal Loyola College of Social Sciences. The function was officially inaugurated by Mr. M. Vincent, Kovalam MLA. Following this the introductory speech was given by Rev. Dr. Sabu P. Thomas SJ, Vice-Principal Loyola College of Social Sciences. Felicitations for the Ceremony were delivered by Rev. Fr. Santhappan, Vicar St. Andrew's Church, Rev. Fr. Saji J. SJ, Assistant Professor Loyola College, Shri Anil Kumar G, Gram Panchayath President Karumkulam, Shri Shelvan A, elected member of

Ward No.8, Karumkulam Panchayath. The most heart touching part of the ceremony was the warm welcome given by the residents of the Karumkulam Panchayath. Starting off with a power packed dance performance, then by a beautiful gesture of handing a rose to each of the volunteers present, the Community welcomed *Chuvadu 2019*. Shri Rameez M. Sydeek, NSS Camp Leader delivered the vote of thanks, after which the NSS volunteers performed an array of cultural events for the community members.

The meeting ended by 8pm and volunteers returned to camp by 8:15pm. A dinner of kanji and payar was served by the food committee members at 8:30pm, followed by an extensive evaluation in which each member voiced their experience of the first day of camp life, the response of the community when they went for inviting them, the warm welcome they received ,and also the problems and issues they noticed in the community such as alcoholism, lack of education, economic backwardness, thick population, waste disposal, sanitation, hygiene etc. The members were satisfied with the accommodation and food they received. Dr. Sabu and Dr. Francina gave their reflections about the camp. Then Ms. Francina detailed the schedule to be followed on next day and assigned various duties to the different functional committees. The first day of the camp ended on a note of prayer after which the members dispersed for a refreshing and soothing caress of sleep.

## **DAY 2, 4<sup>th</sup> March 2019**

The second day of the N.S.S camp kick-started at 6 am. The students gathered at the hall by 7am and the yoga session was conducted under the guidance of yoga master Rahul. Several effective yogasanas were taught and their benefits were explained by him. Soon after the yoga session, the first camp paper was released by the Camp coordinator, Dr. Francina P.X along with camp paper leader Fr. Vineeth Benedict. Creative and hilarious artworks were penned down by the group and it gave a genuine feast of laughter and insights for the entire students. Then the documentation group presented the documentation of the previous day. All the students gathered at the portico for the N.S.S flag hosting. The camp leaders, Rameez M Sydeek and Maria Terese Sebastian hoisted

the flag and the N.S.S anthem was sung by the students with vigor and energy. The breakfast was served at 8 a.m. The students gathered at the auditorium at 9.25 am for an orientation on the survey. Dr. Sabu and Dr. Francina gave instructions and introduced and explained the new survey questionnaire. The doubts of the students regarding the questionnaire were clarified. Master Hari gave general information of Karumkulam panchayath and pin pointed its primary feature as one of the most densely populated areas in Asia. At 10.45am the students left for the field in five working groups and started the survey

## **WORKING GROUP ACTIVITIES**

The students in working groups covered around 40 households in total and invited the community members for the evening program. The students also informed about the medical camp to be conducted on the next day as part of the N.S.S camp. The students in between found time to meet adolescents and children in the area and invited them to the beach area for an informal program to be conducted by each of the working groups. At 1 pm the group returned back to the community hall and had their lunch. At 3.30 pm students assembled at the auditorium and had a quick discussion on the programs to be conducted and went to the respective fields by 3.40 pm.

The working groups organized classes at different venues on good touch and bad touch, waste management, life skills, exam tips, menstrual hygiene and conducted insightful games. Around 80 children turned up for these sessions at different venues. Several women and youth came to witness the program and gave boosting support to the students. After the initial shyness, the students acquired a quick pace in program participation and gifted encouraging and energetic cooperation with the students. The children participated in the activities with great enthusiasm and energy and it filled confidence and satisfaction in the minds of the volunteers.

## **CLASS ON CHILD RIGHTS**

Once the classes were over, the students gathered at the old parish church for the one-hour session "Balyam Santhoshaprathamakam" (Happy childhood) by Mr. Anandhu

Siby, Child Rescue Officer, Childline Thiruvanthapuram. The formal session began at 5:30 pm with a prayer song. Mr.Joy S.S., member of the program committee introduced the topic and welcomed the speaker to the session. The audience comprised of approximately fifty children between 5-15 years. He made them familiar with the key issues like good touch bad touch, and also about Childline as a whole. The speaker made the session interactive and engaging through games and other activities. The NSS working groups played a key role in making the session interactive as they introduced the children to the topics prior to the session as part of their afternoon classes on the same topics. The informative session ended at 6:30 pm with a vote of thanks by Ms.Daya U.S.Nair

## **MEETING WITH COMMUNITY LEADERS**

Dr. Francina P. X., Dr. Sabu P. Thomas and Ms. Maria Teres Sebastian (Asst. camp leader) met with the leaders of SHGs functioning in the community, in the presence of parish priest Fr. Santhappan. The meeting, held at the priest's place of residence at 6pm, discussed the arrangements of venues for programs in the coming days. After discussions and deliberations, the group finalized the venues, making necessary changes in the schedule and structure of the sessions. The women in the community also promised their support and cooperation in the activities yet to be taken up by the NSS volunteers and reminded that they expect a considerable change in the community as a result of the interventions of the volunteers.

## **EVALUATION**

The students assembled back at the community hall at 7 pm and had supper at 7.15 pm. Working group 2 presented cultural programs at 8.15 pm which included folk songs, group song, and a group dance. After the cultural programs, Dr. Sabu thanked Sr. Rosy (office staff, Loyola College) for the services provided by her at the camp. Afterward, an evaluation was done by the representatives of the working groups and food committee. The general suggestions and opinions shared by the students are the following; The questionnaire for the survey is improper and it does not address the heart core issues of the community. Street dog menace, dumping of waste in the sea, etc. were highlighted as

major issues of community Students should take special attention to stretch out cooperation to all the programs associated with the camp. Prudent intervention and empathetic nature have to be nurtured for the overall success of the NSS camp. Students should take extra effort to be punctual at every program. Dr. Sabu clarified the doubts raised by the students especially with regard to the anxieties concerning the newly introduced questionnaire and expressed his satisfaction with the current vibe of the camp. The camp leaders also gave general instructions and guidelines for improvement of the camp and also gave information regarding the medical camp to be conducted on the following day. Later, Dr. Francina thanked Dr. Sabu for his positive presence and effective interventions during the past two days and assigned duties of next day to each group. All activities of the day came to an end by 9.45pm with a prayer song.

### **Day 3, 5th March 2019**

The day started off with Yoga at 7am, followed by the Report of day 2 and the Camp Paper presentation by group 1. At 8.20am the NSS flag was hoisted jointly by all the group leaders. Aiswarya Zubair presented the thought of the day. After breakfast, the students assembled again before they left in their working groups for the survey.

#### **WORKING GROUPS**

In the forenoon, as on the previous day, the working group members engaged themselves in survey procedures. They covered more houses than the previous day and found the details of missed houses with the help of the unit register list. The afternoon saw some of them continuing with the survey whereas others engaged the community members with sessions like "Parenting Skills". The volunteers discovered that some of the issues faced by the community are lack of educational institutions and lack of housing facilities. These people are not aware of the available incentives, and the students of this community are not at all bothered about the importance of education.

## **MEDICAL CAMP**

The Medical Camp organized at the Souhradam Community Center in association with the SUT Hospital push started at 10am. The Camp activities included the general body check-ups namely height, weight, RBS and BP. Two Physicians along with 11 other staff members undertook this task. The NSS volunteers mobilized the crowd and around 54 people from the community sought medical assistance from the camp. They were also given medicines according to the requirement. The medical camp came to an end at 1pm.

## **CLASS ON DISASTER MANAGEMENT AND PRECAUTIONS**

The afternoon session took place in the Thanal Shed (Community Meeting point) at Meduvilakam purayidam. The session was on "Prakruthi Duranthangalum Karuthalukalum" (Disaster management). The informative session was taken by Cyriac K.J, from the Revenue Department of Kerala government. Meera John introduced and welcomed the speaker and also introduced the topic to the crowd. The crowd mainly included the men folks of the area. He addressed the crowd regarding the need for an emergency kit, how it is wise to be prepared for the disaster(s) in advance and also made them aware of the various policies of the Kerala Government for helping the disaster-stricken homes. An opinion came from the crowd on providing them with the hardcopy of the taken session. The NSS volunteers promised to do the same.

## **CAMP**

The session concluded at 6.30pm with the vote of thanks by Aiswaraya Subair. Thereafter, the volunteers proceeded back to their place of accommodation. Dinner was served at 7:30PM. After dinner, the cultural programs were arranged by group 5. Father Saji, Dr. Angelo, Dr. Leena were the distinguished guests. The daily evaluation again pointed out, the fallbacks of the survey form and the difficulties faced in the field. The food committee commented that the menu was too loaded for them to handle, they were too drained out after the day's work. Each working group shared their progress with the



survey and was introduced to the tabulation sheet which they were asked to start working on it their respective groups. The camp was off to bed by 10pm.

## **DAY 4, 6 MARCH**

The fourth day of 'chuvadu' began at 7 am with the yoga session under the supervision of Rahul. He helped the volunteers practice different yogasanas more effectively. Soon after the yoga session, faculty members including Dr. Francina, Dr. Leena, Fr Saji SJ and students gathered at the hall and working group 1 reported the activities of the previous day. The report was evaluated by the group and suggested that it should either include the full details of the sessions including the names of those who took classes or simply mention the venue and topics covered and the target population. After the report presentation, working group 4 presented the camp paper. They added the main events and the programs of the previous day in a creative manner and used certain comical elements which the audience found interesting. Dr. Francina pointed out, yet again, the negligence of students in maintaining the punctuality. Later the students moved to the portico for the NSS flag hosting. Dr. Leena hoisted the flag and the thought for the day was made by Mrs. Jophy. After the thought for the day, NSS anthem was sung by the students. Breakfast was served at 8.30 am, after which the students gathered at the auditorium at 9.15 am for an orientation of the survey. Fr Saji and Dr. Francina gave several instructions regarding the survey and clarified the doubts of the students. The working groups prepared the list of families yet to be surveyed. Thereafter, the working groups left for a survey to their respective areas. After lunch, group 1 gathered in front of St Andrews Church, Karumkulam and took a session for mothers about parenting skills. Around 45 mothers present for the program and the group talked about the types of parenting skills and the impact of good parenting on the future of children. The other groups concentrated on children's and adolescents' groups.

## **SESSION ON FAMILY BUDGETING**

A session on 'Family Budget' by Sri P S Ghosh, trainer, Kudumbasree and Shuchithwa Mission of the Government of Kerala was conducted at 2.30 pm in the old church building. The camp focused on the lack of savings among the fishermen community and hence found the talk absolutely worthwhile. The welcome speech was delivered by Ms. Femi Ann Mathew. The audience was very active and engaging and there were about 84 participants – 80 women and 4 men. The formal session was followed by an interactive session where the women raised their queries. The speaker helped the women to prepare a budget model of rs 7000 for a month and surprisingly they could save Rs.300. The speaker also made them aware of the relevance of organic farming, using LED bulbs and most importantly waste management. The session concluded at 3.45 pm with the vote of thanks by Ms. Dinu Varkey

## **CAMP**

The food committee had started off the day at 4.30 am with its 11 members preparing the breakfast. The food was served immediately after the morning evaluation under the guidance of Dr. Leena. Afterward, the committee members were busy preparing lunch. The dinner was served at sharp 7.30 pm but the menu was little different from the predetermined one. Different members of the college faculty, Dr. Pramod, Dr. Sunil, Dr. Sonny Jose, Dr. Prakash Pillai, Mr. Aby Tellas, Ms. Therese Mary Chacko, Mr. Prasad and Alumni executive president Mr. Sreekumar visited the camp through the day, along with few alumni.

## **STREET PLAY**

Event of the day was the street theatre performed by the camp volunteers under the guidance of assistant camp leader Ms. Maria Teres Sebastian. There was a total of 11 members for the street play along with a drummer and they performed at six venues. All the performances were marked by the mass participation of the local community. The

hospitality of the local community was evident from the way they treated the performers after the event

## **EVALUATION**

At 8.15 pm, the usual evaluation session began by introducing the Alumni to the volunteers. Mr. Kannan G S, Ms. Raagin Toms, Ms. Krishnendhu and Ms. Neethu Balakrishnan shared their camp experiences and made the session more insightful. The formal evaluation started with the working groups' reflections on the day and was followed by the functional committees as well. The faculty was not satisfied with the evaluation of the students and they urged them to do the better following which the students vented out their concerns about the survey and the hectic schedules. There was a sense of dissatisfaction in general. The students felt the survey was discriminatory. The faculty explained their side and finally left the choice of whether to continue or leave the survey. The students wholeheartedly decided to resume the survey and also to intervene in the community and make a positive difference. The finance committee informed the camp about the fund at their disposal which was an estimated 16,874. In the end, the camp leaders provided general guidelines for the improvement of the camp; Dr. Francina assigned duties to the respective functional committees and working groups. She extended a warm welcome to Ms. Therese Mary Chacko and appreciated her involvement. The meeting came to an end by 10.15 pm with a prayer song.

## **DAY 5; March 7, 2019**

The day started with the daily yoga routine at 7am under the guidance of yoga master Mr. Rahul. The report was read by group 2 and the camp paper was presented by group 3. The NSS flag was hoisted by Ms. Therese Mary Chacko and the thought for the day was presented by Vineeth Benedict. After breakfast at 9am, the working groups assembled in the hall for instructions regarding the survey. Majority of them proceeded towards their survey field while some remained at the campsite for the tabulation of previously done surveys.

## **PROGRAM COMMITTEE**

The major events of the fifth day of the NSS Camp comprise of two programs conducted on two diverse yet relevant topics: women entrepreneurship and drug addiction. Both the classes were informative and engaging.

### **CLASS ON WOMEN ENTREPRENEURSHIP**

The program, held at an open space owned by a resident of a community where tholzhilurapp work was going on, began at 2pm with a welcome speech delivered by Ms. Mareena Siby. The session was planned for women especially those involved in Kudumbashree. The class began soon after the crowd assembled and Smt. Geetha S.S, Kudambasree trainer talked on how women can be entrepreneurs on their own. She pointed out that after implementation the Thozhilurappu a scheme organized by the government for assuring 100 working days for Kudumbashree there was a fall in women entrepreneurs. Hence she asked each of the workers assembled to be an entrepreneur of her own. She gave them ideas like daycare centers, opening their own shops on homemade soaps and other stationery. The class overall was very interactive and useful for women. Vote of thanks was given by Miss. Jency. Around 3.45 pm students of the senior batch from Loyola college visited the camp and as a gesture of love brought fruit salad for the whole NSS camp members.

### **AWARENESS SESSION ON DRUG ABUSE**

The evening session planned at 05:30 pm got delayed due to the late arrival of the official. This time was utilized by the volunteers under the leadership of assistant camp leader Ms. Maria Teres to interact with the women in the community, understanding their practical difficulties regarding drug use in the community. By 6:15 pm the session Jeevitham Lahariyaakumpol began at the Meduvilakam Purayidam. The welcome speech was given by Ms. Dona Maria Kuriakose. The class was taken by Shri. Jacob Varghese the health inspector of Vizhnjam. The class was an eye-opener. From his life experiences, he gave a very elaborative and emotional talk on the dangers of being an addict and mentioned the importance of AA (alcohol anonymous) group. He shared his phone

number with the listeners at the end of the session. Vote of thanks given by Ms. Haritha Raj S.

## **CAMP**

At 8.15 pm, group 1 and 4 conducted cultural programs, which was very entertaining comprising of group dances and songs by both group members. At 9pm, the daily evaluation session of the entire day's activities began. Various insights and observations regarding the problems faced by the Karumkullam community were shared by various group members. Later Fr. Saji gave a gist of the de-addiction session conducted in the evening. Ms. Mareena from program committee spoke about the women entrepreneur session and highlighted the important points covered during that session by miss. Geeta. S.S. Ms. Therese complimented the food committee for their hard work. Dr. Francina appreciated the daily yoga sessions and the hard work and dedication put by the food committee. She also appreciated the seniors for having come and brought us their token of support. The Shramadan, after discussion, was planned to be conducted the next day and students were told to finish all their tabulations at the earliest and help each other in finishing the incomplete work of as one whole group. Duties for all the group for the following day were assigned. At 10 pm The evaluation session concluded with a prayer song.

## **DAY 6; March 8, 2019**

The 6<sup>th</sup> day started with yoga session at 7am under the guidance of Mr. Rahul. The report and camp paper were prepared and presented by group 4 and group 2 respectively. After that Fr.Saji J SJ hoisted the NSS flag.

## **SHRAMADHAN**

By 8.20 am all the members had breakfast and by 9 am everyone assembled at the hall for planning the day's programs. *Sramadhan*, the previous day's program had been shifted to this day for the convenience of survey proceedings. By 10 am the volunteers gathered at a previously designated place and took an initiative to clean the seashore near

Medavilakam Purayidam under the guidance of Fr.Saji Joseph. The gathered plastic wastes were to be handed over to the Karumkulam Panchayat. Group 2, during this time, was assigned to have an interactive class for Elderly people and survey committee continued with their tabulation and report taking.

At 12.45pm the lunch was provided. Later on the NSS volunteers continued with various duties like survey tabulation, preparing report and making arrangements for the valedictory function.

## **VALEDICTORY FUNCTION**

The valedictory function of “Chuvadu 2019” commenced at 7:10 pm. Ms. Anna George compered the function and the program started with the welcome address by Dr. Francina P X, staff coordinator of NSS camp. This was followed by the presidential address by Rev. Fr. Sunny Kunnapallil, Manager of Loyola Institutions. He emphasized on the importance of gaining practical knowledge. “Camps like these would enhance students’ opportunity to improve their personality”, he added.

The NSS camp report was presented by Ms. Serena a Salam, which was followed by survey report presentation by Ms. Gayathri P Nair. The survey report summarized the data collected from 997 houses from both seventh and eighth wards of Karumkulam Panchayat. The report mainly focused on the problems faced by the natives of Karumkulam Panchayat. Some of the problems pointed out were inadequacy of waste management, alcoholism, drug addiction and illiteracy. Some suggestions and solutions were put forward for the Parish and panchayat to work for the upliftment of this particular community. The survey report was handed over by the camp leaders Mr. Rameez M Sydeek and Ms. Maria Teres Sebastian to the Panchayat member Sri Selvan G and Fr. Shanthappan respectively.

The principal of Loyola college of Social Sciences Dr. Saji P Jacob gave the keynote address. It was followed by a speech on Camp Observation by Fr. Saji J SJ, assistant professor of Loyola College. Rev. Fr. Shanthappan the Vicar of St Andrews Church and

the ward member G Shelvan also gave their camp reviews. The valedictory function ended with the vote of thanks delivered by Ms. Maria Teres, assistant camp leader.

The community members showcased their talents through various cultural programs. The NSS Volunteers also performed a mime on the topic 'Women Empowerment'. The programs lasted till 10pm.

On returning to the campsite, the members had dinner and the camp coordinator informed the volunteers about the next day's schedule, after which the group dispersed for campfire. The 6<sup>th</sup> day's programs of the NSS Camp Chuvadu 2019 ended by 12.30 am.

## **DAY 7; March 9, 2019**

The breakfast was served at 8:30 am. The last day of the camp started with usual prayer. Group four presented their documentation report. The last day was for the evaluation and other camp activities.

### **EVALUATION**

Evaluation started at 9:30 am after breakfast. Ms. Francina P.X NSS Programme coordinator Fr Saji gave an orientation about the different aspects of evaluation. The first 45 minutes was spent for individual evaluation. For that purpose, the NSS volunteers were asked to write about their views and opinions of the camp on a sheet of paper. After

the individual evaluation, volunteers sat together and had individual evaluation where everyone shared their experience, suggestions about the camp and working group activities. After the evaluation, Ms. Francina, NSS Programme coordinator, Fr Saji, shared their views and opinions also camp leaders Rameez and Maria shared their evaluation regarding the camp. The evaluation lasted for about 4 hours. After the evaluation there was a delicious lunch arranged by “KARUMKULAM”. After the lunch, the NSS volunteers cleaned the camp site and by 2 pm volunteers bid farewell to “KARUMKULAM” with lots of memories to cherish forever.



## **PART IV**

### **NSS- SURVEY REPORT OF KARUMKULAM PANCHAYATH**

Loyola College of Social Sciences has already marked its excellence in the educational field of Social Science. As per scheduled earlier, first year students gathered up at Karumkulam panchayath for seven days NSS program on March 3<sup>rd</sup> 2019 for analyzing the socioeconomic conditions of the community. Students under the guidance of faculties have planned for conducting a survey for the community. In the arrival at the camp site, a survey form has been handover to the NSS authorities by the St. Andrews Parish church karumkulam. As the queries on the new survey form depicted that it will help in the overall growth of the socio-economic condition of the people, the camp authorities took the decision to precede with the new form. The main aim of the survey is to create a data base regarding the socio-economic background of people in 7 & 8<sup>th</sup> ward of karumkulam Panchayath and also it aims in putting forward various suggestions, for improving the life style of the community.

The information has been collected from 997 houses, which comprises of Christians and non-Christian families. Houses belong to the 24 units of 8 bcc ward. For the survey collection procedure NSS volunteers were grouped in 5, where 5 units in each BCC ward were given to each group. As per the group division, volunteers visited the houses in the community for data collection from 4 march 2019 till 7 march 2019.

Important findings secured in the accomplishment of survey are as follows:

1. Out of the information collected from the 997 houses, 87.96% people are having election ID card, 89.77% people have Aadhar cards, 45.04 % people have passports and 20.96 are having driving license.
2. In this region, 96% of people belong to Christianity. In that 80.24% are Mukkuvars, 20.96% are Nadar Christians; rest of the people belongs to Bharathar community and Anglo- Indians.
3. 66% people are under poverty line. 87.66% people are having savings bank account. 51.35% people are having ATM cards. People constituting Less than 1% are having credit cards.
4. 25.78%, 5.62%, 4.6% people of the community are having two wheelers, four wheelers and cycles respectively.

5. The main means of income of people in Karumkulam is fishing. In addition to that, people are into trade, small scale agriculture, daily work and pension is also a means of income to these people.
6. 50% household's yearly income ranges from 60000-650000 rupees. 10% are having above 1 lakh and 15% are having 150000- 2 lakhs rupees. 34% houses are having daily expense below 5000 rupees and 22% houses are having it in between 5000 and 10000 rupees. 18.46 % houses are having it in between 10000 & 20000 rupees. And 7.6 % houses daily expenses exceed 20000 rupees.
7. 85 % households are having debt. In that composition, 8.02% debt is under 1 lakh, 18.6 % debt ranges from 1 lakh -3 lakhs. 14.64% ranges from 3 to 5 lakhs, 12.14 % ranges from 5-10 lakhs and 8.81% households have debt more than 10 lakh. The main causes for debt are marriage and construction of houses.
8. In this community, 66.9% people are having lands under their own ownership. 28% people reside in government owned free lands. 6.2% resides in government lands (puramboke). 2.61% people lives in church owned place and 1.3% people lives on rental basis. 22% are landless.
9. Here, it's a common trend that more than one family resides in one house. Majority is having land less than 1 to 2 cent in their ownership. 7% houses are built in 3-5 cent and 3% houses are built in above 5 cents.  
  
Here, 53% of houses are concrete houses, 18% are sheeted house, and 3.7% houses are thatched. Below 1% people lives in hut and 8.32 % lives in multistoried houses.
10. Public taps are the main source of drinking water. 8.63% houses are having own taps and 6.72% are having their own well. 22.17% are having bore well system. 4% houses depend on public wells, and other household wells. 3% houses buy water for daily use.
11. 76% houses are having septic tanks. 6% houses use deep pits, 3.8% houses are without toilet facilities. Human excretion on public places is still in existence.
12. 13% houses are without the facility of electricity. 27.6% houses are using subsidized gases as the main cooking fuel. 39% household uses firewood. 3% household uses kerosene as cooking fuel.

13. 51.76% people lit the waste. 47.14% are disposing waste (especially plastic) in the ocean. 4% houses are having biogas plant for the purpose of waste disposal.
14. Assessing the conditions of the houses, 63% houses are having television, 53.5% are having fridge, 8% are having computer & internet, 7% houses are having Air conditioners, 10% houses are subscribing newspapers daily. Usage of other magazines and written materials are very less in the area.
15. 26.38% people are illiterate. 67% are having high school education. 51% are having UP education. 20% are degree graduates. 6% are post graduates, 2% people are only having some sort of professional education.
16. 42.43% people are employed. 26% are students, 54% is pension receivers. 2.25% people are jobless due to different kinds of diseases, 45% are self-employed. 38% are coolie workers. 12.84% are working in abroad. 5% are government employees and 11% are workers in private institution.
17. 21% people are suffering from diseases on a daily base. 8% are having bone diseases. 7.82% are diabetic patients. 3.3% are having heart diseases. 2.81% are cancer patients. 2% are having Tuberculosis. 1.3% is mental patients.
18. In the area of survey 42.30% people are unaware of their blood group. 33.17%, 16%, 4.41%, 2%, 3%, 1% are having O+, B+, AB+, B-, O-, and A- respectively.

## **SUGGESTIONS**

1. Waste disposal is the main issue faced by the people in karumkulam. The following ways can be used for the same: -

- a) Reduce the usage of plastics in daily life.
- b) Use cloth bags for purchasing various items from shops.
- c) Plastics can be attached inside the paper clothes for the purpose of fish and other commodities. If it is not possible plastic covers can be reused after washing. In early times, instead of plastic, people used environment friendly methods for the purchase of fish and other materials. For example, leaves were used to carry fish from market to houses. Likewise, we can use those kinds of nature friendly methods in present scenario.

2. With the help of family units, kudumbasree, self-help units and other organizations, ladies can collect old clothes and transform it into clothes bags. Also, they can put emphasize on cloth bags distribution and usage.

3. Paper bags can be made manually at homes. Thus, the training for the same can be given to people through the above-mentioned organizations.

4. Methods can be adopted for collecting, separating and disposing garbage at the point of origin. Needed training and facilities should be provided for the same.

5. Implementation of biogas plant under panchayath for biodegradable wastes can be put into action.

6. Make use of steel glasses and plates instead of plastic glasses for drinking purpose during public gatherings for various programs in church, panchayath and other places, which will help in reducing the usage of plastics to an extent.

7. Awareness classes can be taken on habit of savings and family budgeting among the community as their spending is more than the income.

8. Awareness classes by experts can be provided to the people of karumkulam regarding importance of health and protection of body under the guidance of panchayath or church.

9. Drinking water collecting tanks are not properly cleaned. Thus, adequate measures should be taken for cleaning of these tanks at regular intervals. Also, water collected in public tanks should be cleaned under the guidance of church or panchayath at regular intervals.

10. Preliminary education should be provided to people of Karumkulam through literacy mission of panchayath
11. Awareness classes on educational reservation and other benefits of governments should be given to the people of Karumkulam community.
12. Facilities of distance education and Open University can be provided to the dropouts and students who discontinued their education due to financial crisis and other reasons.
13. During the past six to seven years, after the implementation of national rural guarantee scheme, it has been noted that women reservation has been decreased. Thus, job-oriented education should be provided to women along with that self-employment training can be provided under kudumbasree or other organization for earning a source of income by residing at their house.
14. Various Schemes like DDU –GKY are being provided by panchayath, but still it seems to be not that fruitful. Thus, employment-oriented courses should be propagated mainly for ladies and also male and females those who left their education should be encouraged join these types of courses.
15. After conducting survey it has been understood that ladies are spending much of their time in watching TV serials. Involvement of parents in children's life is a decisive factor in molding the characteristic and behavioral patterns of their spouse. With this, tremendous changes can be made in the usage of alcohol and drugs among children.
16. It seems that adults and elderly persons are under the addiction of alcohol and drugs. Even children below 12 years old are under this dreadful addiction. Drugs are being brought from nearby coastal areas for the purpose of sale in this community. Necessary steps should be taken for preventing this community from the addiction of drugs.
17. Solutions should be made through the concerned authorities. In addition to this, precaution measures and other associations need to be formulated under the collaboration of community people. Also, the proper functioning of these associations should be kept mandatory.
18. For the development of male's females and children's, various arts and sports club should be formulated. Also, proper functioning of existing clubs should be made in to account.

19. More than half of the population of karumkulam is unaware about their blood groups, so blood group determining camps can be organized for the same.

## **CONCLUSION**

Renowned educationist reformer Sri K. M. Panicker has addressed the global fishermen conference and made remarkable comments. He stated that fishermen community stands as the veins and arteries of social system as they contribute well for a sustaining social development. This statement clearly represents the importance of fishermen community in our society. It is essential to address and cater the needs and concerns. Strategies and policies have to be conceptualized and implemented for the upliftment and holistic development of the community. This report may help to get a better clarity about the topic.

## **Part V**

### **EVALUATION**

#### **DAILY EVALUATION**

The daily evaluations were conducted at the camp place every evening after dinner. The evaluation was done both on an individual basis as well as group basis. On the first day, everyone was asked to share their experiences, whereas from the next day, two members from each working group shared their feedback.

During evaluations staff members also shared their views and opinions regarding the camp. The programme committee and cultural committee were duly credited for their efforts for making inaugural as well as the valedictory functions were successful. All NSS volunteers were satisfied with the food committee. Camp paper and exhibition committee and all the working group members who contributed to the work were commented for their marvelous work. House visits and survey were unique experiences for many. The data collection was a chance for knowing more about the life of the people in the community as many members shared.

The volunteers were also very forthcoming with their criticism and suggestions in making the camp a better experience.

#### **FINAL EVALUATION**

The final evaluation of the camp started at 09:30 am on 9<sup>th</sup> March at the campsite. It was conducted in two stages. The volunteers were asked to reflect upon the camp, from the planning stage till the completion of the camp the previous night. They were to prepare a written evaluation statement, pointing out the positives and negatives of the camp. After this, the whole group sat together to present individual remarks. This final evaluation analyzed the positives and negatives of each stage of planning and implementation. This exercise also pointed out various suggestions for the camps that has to be taken care of in the coming years.

*The key points to be evaluated during the process are as follows*

## **I. ORIENTATION**

### **PLANNING IN THE COLLEGE**

Selection of camp leaders

Dividing students into five working groups and selection of group leaders

Selection of functional committee leaders and the subsequent selection of members

Orientation to the volunteers by Mr. Manoj, Fr. Sabu SJ.

Experience sharing previous camp leader and working and functional committee leaders

Preparation at functional committee level and working group level

### **PLANNING AT THE COMMUNITY LEVEL**

Visits by Programme Officer, staff guides, camp leader and leaders of working and functional committees; meeting Parish Priest Fr Shanthappan, Karumkulam Panchayat members, and other notable leaders.



## **II. IMPLEMENTATION STAGE**

### **COMMUNITY LEVEL**

Preparation and journey to camp site

Inaugural function

Survey of the community + Social Mapping + Tabulation + Presentation

Classes on

Women Empowerment

Child Rights

Disaster Management

Family Budgeting

Women Entrepreneurship

Drug Abuse

Street play by NSS volunteers

Shramadan

Valedictory Function

Camp Fire

Evaluation of working group engagements in the field

### **GROUP LEVEL**

Food

Accommodation

Discipline & Time Management

Yoga & Meditation, Prayer, Assembly

Camp paper

Culturals

Evaluations

Evaluation of Working and Functional Committees

## **GENERAL REMARKS**

Camp Leaders

Working Group Leaders

Functional committee Leaders

Accompanying staff

Programme Officer

Venue

Time & duration

## ***Methodology of Evaluation***

Personal writing 45 minutes

Open sharing in General meeting 30 minutes

Camp Leaders' Remarks

Remarks by the Staff guide Ms. Francina Xavier

Remarks by Staff guide Fr. Saji J SJ

## **EVALUATION**

Merits and demerits of the camp from the planning stage to the implementing stage were discussed during the group evaluation. The key points emerged during the evaluation is as follows:

### **POSITIVES**

Camp helped the volunteers to come face to face with social realities

Camp promoted team work, cooperation and enhance group dynamics

Many were able to adjust with limited facilities of the camp

Participation of the local people were encouraging

Street plays by NSS volunteers was a great initiative

Plastic waste collection as part of Shramadhan was a meaningful initiative

Survey was effective as a medium for interaction with the community people

The survey report and social mapping were major learning aspects

The camp helped some of the volunteers to build interdepartmental friendships, and enlarge the friend circle

The daily practice of yogasanas helped the volunteers to get fresh and relaxed

The daily cultural by working groups were a wonderful experience

Working in kitchen for one day boosted confidence in volunteers and built a rapport relationship between everyone

## SUGGESTIONS

The communication between the local authorities and college authorities should be clear and transparent to avoid overlaps or other contingencies

Sramadhan must be done with more planning and preparations, and the time for the same should preferably be morning, before the heat gets to be at its peak

Some of the camp members had to work hard and long, as a few were not cooperative and did not involve in the activities; this should be monitored and solved by the camp leaders and staff advisors

Students should be encouraged and strictly directed to be punctual, as a few not being punctual can create a lag of whole programme

Students with genuine reasons should be allowed leave from the camp; else they will not be able to take the experiences in the right spirit

The one week orientation classes was not necessary because only few of the plans devised could be utilized

The expense in the kitchen seemed extravagant; it is advisable to bring the cost down keeping the menu modest

The camp timing was too hectic that many of the members could not even get proper sleep and even the working group members could not vibe in

The leaders, if called for orientation next year, should give the facts and not an experience sharing

It would be advisable to present the children in the community with a gift for performing in the cultural programs during the valedictory function

## CONCLUSION

All the NSS volunteers actively took part in all the activities of the camp. Since the number of students in the college is very few, everyone gets involved in all the programmes organized in the college at different levels like planning, implementation, monitoring and evaluation. The volunteers consider the seven-day rural live in camp at Karumkulam as a turning point in molding them as socially committed individuals. though there was a common discontent among the whole group about the survey and hectic schedule, everyone was enriched with different unforgettable lessons and memories for a lifetime. The live in camp will surely make transformations in every volunteer and make them better vigilant citizens.

Let me take this opportunity to thank our Principal, Dr. Saji.P. Jacob, the staff members- both teaching and non-teaching, and the staff of our Loyola extension services for the successful completion of the camp 2019-2020. Let me specially mention the support given by my colleagues especially staff guide Ms. Francina P.X, Fr. Sabu P. Thomas, Fr. Saji SJ, who stood with me in organizing the camp this year. The support by Dr. Pramod SK, Dr Angelo Mathew, Dr. Prakash Pillai, Mr. Aby Tellas, Dr. Sonny Jose, Ms. Therese Mary Chacko, Dr. Jasmine Sarah Alexander, Dr. Leena, Mr. Prasad and Mr. Prasanth are remarkable. We gratefully remember the support extended by our canteen members and senior volunteers. The work of documentation team and technical assistance by Ms. Maria Teres and Ms. Christina Jose is remarkable. Last but not the least let me thank the people of Karumkulam who have taught us valuable lessons for life. In Karumkulam, all the help in the community was wholeheartedly arranged by Fr Shanthappan, the parish Vicar. Each and everyone associated with us is gratefully remembered and looking forward to their continued support in future.

Ms. Anju Cerin

Dr. Anitha.S

Dr.Saji.P.Jacob

Voluntary Secretary

Programme Officer

Principal

*Report compiled by Ms. Maria Teres, Ms. Christina Jose, Ms. Shilpa Sajeev, Ms. Zerina*

*Cover photo credits: Ms. Riya K. Aniyan*



## **PHOTO FIESTA**

### **PRE- CAMP ORIENTATION CLASSES**



### **PRE-CAMP VISITS**



## **PLANNING MEETING**



## **CAMP PREPARATIONS**





## **OFFICIAL INAUGURAL FUNCTION**



## **SESSIONS CONDUCTED IN THE COMMUNITY**



## DISASTER MANAGEMENT



## DRUG ABUSE



**WORKING GROUPS...**





## **STREET PLAY**



## SURVEY



## **SHRAMADAN**



## VALEDICTORY FUNCTION







## CAMP CLICKS

### YOGA SESSIONS







## **FLAG HOISTING**



## **CULTURAL PROGRAMMES – CAMP**



## FOOD COMMITTEE





## **BIRTHDAY @CAMP**





## **SURVEY**



## **CAMP PAPER**





## **DOCUMENTATION**



## **EVALUATION**



## **CAMP FIRE**



**CHUVADU 2019**  
**Annual 7days Special Camp**  
**National Service Scheme – Kerala University Unit KL-07-011**  
**Loyola College of Social Sciences, Trivandrum**  
**3rd March to 9th March 2019**



Souhridha Community Hall, Karumkulam Grama Panchayath

Sl. No.	Class No.	Name of the Camper	Enrollment No.	I	II	III	IV	V	VI	VII	Remarks by PO
				3-Mar	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar	9-Mar	
1	MSW 01	MARIA TERES SEBASTIAN	KL-07-011-17-01	Maria	Maria	Maria	Maria	Maria	Maria	Maria	
2	MSW 02	TISON THOMAS	KL-07-011-17-02	Tison	Tison	Tison	Tison	Tison	Tison	Tison	
3	MSW 03	SANDRA JOHNSON	KL-07-011-17-03	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	
4	MSW 04	DONA MARIA KURIAKOSE	KL-07-011-17-04	Dona	Dona	Dona	Dona	Dona	Dona	Dona	
5	MSW 05	GAYATHRI P. NAIR	KL-07-011-17-05	Gayathri	Gayathri	Gayathri	Gayathri	Gayathri	Gayathri	Gayathri	
6	MSW 06	RIYA K. ANIYAN	KL-07-011-17-06	Riya	Riya	Riya	Riya	Riya	Riya	Riya	
7	MSW 07	ASHLY G.S	KL-07-011-17-07	Ashly	Ashly	Ashly	Ashly	Ashly	Ashly	Ashly	
8	MSW 08	ANJU CERIN MATHEW	KL-07-011-17-08	Anju	Anju	Anju	Anju	Anju	Anju	Anju	
9	MSW 09	RAМЕЕЗ M SYDEEK	KL-07-011-17-09	Rameez	Rameez	Rameez	Rameez	Rameez	Rameez	Rameez	
10	MSW 10	ALEENA BABU	KL-07-011-17-10	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	
11	MSW 11	MEENU MARIYAM LAL	KL-07-011-17-11	Meenu	Meenu	Meenu	Meenu	Meenu	Meenu	Meenu	
12	MSW 12	ASWATHY PONNACHAN	KL-07-011-17-12	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	
13	MSW 13	ATHIRA WILSON BUSHIRA'S	KL-07-011-17-13	Athira	Athira	Athira	Athira	Athira	Athira	Athira	
14	MSW 14		KL-07-011-17-14	Bushira	Bushira	Bushira	Bushira	Bushira	Bushira	Bushira	
15	MSW 15	SILPA KARTHIK	KL-07-011-17-15	Silpa	Silpa	Silpa	Silpa	Silpa	Silpa	Silpa	
16	MSW 16	NIBIN MATHEWS	KL-07-011-17-16	Nibin	Nibin	Nibin	Nibin	Nibin	Nibin	Nibin	

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**Loyola College of Social Sciences**

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17	MSW 17	VINEETH BENEDICT L	KL-07-011-17-17	Vineeth	Vineeth	Vineeth	Vineeth	Vineeth	Vineeth	Vineeth	Vineeth
18	MSW 18	PRINCE JACOB	KL-07-011-17-18	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince
19	MSW 19	ANNA GEORGE K	KL-07-011-17-19	Anna	Anna	Anna	Anna	Anna	Anna	Anna	Anna
20	MSW 20	AKSHAY KISHORE	KL-07-011-17-20	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay
21	MSW 21	JITHIN RODRIGUES	KL-07-011-17-21	Jithin	Jithin	Jithin	Jithin	Jithin	Jithin	Jithin	Jithin
22	MSW 22	ROSE MARIA SIJU	KL-07-011-17-22	Rose	Rose	Rose	Rose	Rose	Rose	Rose	Rose
23	MSW 23	DENCY MARY REJI	KL-07-011-17-23	Dency	Dency	Dency	Dency	Dency	Dency	Dency	Dency
24	MSW 24	MEERA JOHN	KL-07-011-17-24	Meera	Meera	Meera	Meera	Meera	Meera	Meera	Meera
25	MSW 25	BUSHRA S	KL-07-011-17-25	Bushra	Bushra	Bushra	Bushra	Bushra	Bushra	Bushra	Bushra
26	MSW 26	ASHWINI PRASAD	KL-07-011-17-26	Ashwin	Ashwin	Ashwin	Ashwin	Ashwin	Ashwin	Ashwin	Ashwin
27	MSW 27	ATHIRA WILSON	KL-07-011-17-27	Athira	Athira	Athira	Athira	Athira	Athira	Athira	Athira
28	HRM 01	ANANDU K BAJU	KL-07-011-17-28	Anandu	Anandu	Anandu	Anandu	Anandu	Anandu	Anandu	Anandu
29	HRM 02	CHRISTINA JOSE	KL-07-011-17-29	Christina	Christina	Christina	Christina	Christina	Christina	Christina	Christina
30	HRM 03	DAYA U.S. NAIR	KL-07-011-17-30	Daya	Daya	Daya	Daya	Daya	Daya	Daya	Daya
31	HRM 04	HARIKRISHNAN R S	KL-07-011-17-31	Harikrishna	Harikrishna	Harikrishna	Harikrishna	Harikrishna	Harikrishna	Harikrishna	Harikrishna
32	HRM 05	JOY S S	KL-07-011-17-32	Joy	Joy	Joy	Joy	Joy	Joy	Joy	Joy
33	HRM 6	MEBIN JAMES	KL-07-011-17-33	Mebin	Mebin	Mebin	Mebin	Mebin	Mebin	Mebin	Mebin
34	HRM 7	MERIN SUNNY	KL-07-011-17-34	Merin	Merin	Merin	Merin	Merin	Merin	Merin	Merin
35	HRM 8	NEENU SUSAN GEORGE	KL-07-011-17-35	Neenu	Neenu	Neenu	Neenu	Neenu	Neenu	Neenu	Neenu
36	HRM 9	NISSY ANN VARGHESE	KL-07-011-17-36	Nissy	Nissy	Nissy	Nissy	Nissy	Nissy	Nissy	Nissy
37	HRM 10	RAHULA	KL-07-011-17-37	Rahula	Rahula	Rahula	Rahula	Rahula	Rahula	Rahula	Rahula
38	HRM 11	SANU WILSON	KL-07-011-17-38	Sanu	Sanu	Sanu	Sanu	Sanu	Sanu	Sanu	Sanu
39	HRM 12	SERINA A SALAM	KL-07-011-17-39	Serina	Serina	Serina	Serina	Serina	Serina	Serina	Serina
40	HRM 13	SHABANA SAJEEV	KL-07-011-17-40	Shabana	Shabana	Shabana	Shabana	Shabana	Shabana	Shabana	Shabana
41	HRM 14	SHILPA SAJEEV	KL-07-011-17-41	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa

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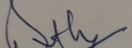
Principal

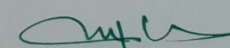
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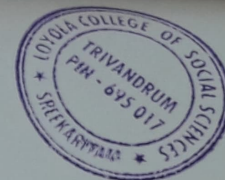




42	HRM 15	SUMITH C.S	KL-07-011-17-42	<del>Sumith</del>	<del>Sumith</del>	<del>Sumith</del>	<del>Sumith</del>	<del>Sumith</del>	<del>Sumith</del>	<del>Sumith</del>	<del>Sumith</del>
43	HRM 16	SUREMYA S.L	KL-07-011-17-43	<del>Suremya</del>	<del>Suremya</del>	<del>Suremya</del>	<del>Suremya</del>	<del>Suremya</del>	<del>Suremya</del>	<del>Suremya</del>	<del>Suremya</del>
44	SOC 01	AISWARYA SUBAIR	KL-07-011-17-44	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>
45	SOC 02	ANURAJ N	KL-07-011-17-45	<del>Anuraj</del>	<del>Anuraj</del>	<del>Anuraj</del>	<del>Anuraj</del>	<del>Anuraj</del>	<del>Anuraj</del>	<del>Anuraj</del>	<del>Anuraj</del>
46	SOC 03	ARUN JOSEPH J	KL-07-011-17-46	<del>Arun</del>	<del>Arun</del>	<del>Arun</del>	<del>Arun</del>	<del>Arun</del>	<del>Arun</del>	<del>Arun</del>	<del>Arun</del>
47	SOC 4	ASWATHY G	KL-07-011-17-47	<del>Aswathy</del>	<del>Aswathy</del>	<del>Aswathy</del>	<del>Aswathy</del>	<del>Aswathy</del>	<del>Aswathy</del>	<del>Aswathy</del>	<del>Aswathy</del>
48	SOC 5	AISWARYA SUNIL	KL-07-011-17-48	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>	<del>Aiswarya</del>
49	SOC 6	BHAGYASREE P R	KL-07-011-17-49	<del>Bhagya</del>	<del>Bhagya</del>	<del>Bhagya</del>	<del>Bhagya</del>	<del>Bhagya</del>	<del>Bhagya</del>	<del>Bhagya</del>	<del>Bhagya</del>
50	SOC 7	DINU MOL VARKEY	KL-07-011-17-50	<del>Dinu</del>	<del>Dinu</del>	<del>Dinu</del>	<del>Dinu</del>	<del>Dinu</del>	<del>Dinu</del>	<del>Dinu</del>	<del>Dinu</del>
51	SOC 8	FEMI ANN MATHEW	KL-07-011-17-51	<del>Femi</del>	<del>Femi</del>	<del>Femi</del>	<del>Femi</del>	<del>Femi</del>	<del>Femi</del>	<del>Femi</del>	<del>Femi</del>
52	SOC 9	GAYATHRI A L	KL-07-011-17-52	<del>Gay</del>	<del>Gay</del>	<del>Gay</del>	<del>Gay</del>	<del>Gay</del>	<del>Gay</del>	<del>Gay</del>	<del>Gay</del>
53	SOC 10	JENCY LAWRENCE	KL-07-011-17-53	<del>Jency</del>	<del>Jency</del>	<del>Jency</del>	<del>Jency</del>	<del>Jency</del>	<del>Jency</del>	<del>Jency</del>	<del>Jency</del>
54	SOC 11	JIMA ROSE M	KL-07-011-17-54	<del>Jima</del>	<del>Jima</del>	<del>Jima</del>	<del>Jima</del>	<del>Jima</del>	<del>Jima</del>	<del>Jima</del>	<del>Jima</del>
55	SOC 12	LEKSHMI SURESH S.U	KL-07-011-17-55	<del>Lekshmi</del>	<del>Lekshmi</del>	<del>Lekshmi</del>	<del>Lekshmi</del>	<del>Lekshmi</del>	<del>Lekshmi</del>	<del>Lekshmi</del>	<del>Lekshmi</del>
56	SOC 13	MAHARSHAL HASHBAS A	KL-07-011-17-56	<del>Maharsha</del>	<del>Maharsha</del>	<del>Maharsha</del>	<del>Maharsha</del>	<del>Maharsha</del>	<del>Maharsha</del>	<del>Maharsha</del>	<del>Maharsha</del>
57	SOC 14	MAREENA SIBY	KL-07-011-17-57	<del>Mareena</del>	<del>Mareena</del>	<del>Mareena</del>	<del>Mareena</del>	<del>Mareena</del>	<del>Mareena</del>	<del>Mareena</del>	<del>Mareena</del>
58	SOC 15	NABIN K.S	KL-07-011-17-58	<del>Nabin</del>	<del>Nabin</del>	<del>Nabin</del>	<del>Nabin</del>	<del>Nabin</del>	<del>Nabin</del>	<del>Nabin</del>	<del>Nabin</del>
59	SOC 17	NIKHITA NAIR	KL-07-011-17-59	<del>Nikhita</del>	<del>Nikhita</del>	<del>Nikhita</del>	<del>Nikhita</del>	<del>Nikhita</del>	<del>Nikhita</del>	<del>Nikhita</del>	<del>Nikhita</del>
60	SOC 18	NIRANJANA MOHAN	KL-07-011-17-60	<del>Niranjana</del>	<del>Niranjana</del>	<del>Niranjana</del>	<del>Niranjana</del>	<del>Niranjana</del>	<del>Niranjana</del>	<del>Niranjana</del>	<del>Niranjana</del>
61	SOC 19	NOUREEN A	KL-07-011-17-61	<del>Noureen</del>	<del>Noureen</del>	<del>Noureen</del>	<del>Noureen</del>	<del>Noureen</del>	<del>Noureen</del>	<del>Noureen</del>	<del>Noureen</del>
62	SOC 20	PRABHU A	KL-07-011-17-62	<del>Prabu</del>	<del>Prabu</del>	<del>Prabu</del>	<del>Prabu</del>	<del>Prabu</del>	<del>Prabu</del>	<del>Prabu</del>	<del>Prabu</del>
63	SOC 21	PRIYA VARGHESE	KL-07-011-17-63	<del>Priya</del>	<del>Priya</del>	<del>Priya</del>	<del>Priya</del>	<del>Priya</del>	<del>Priya</del>	<del>Priya</del>	<del>Priya</del>
64	SOC 22	REMYA A.S. NAIR	KL-07-011-17-64	<del>Remya</del>	<del>Remya</del>	<del>Remya</del>	<del>Remya</del>	<del>Remya</del>	<del>Remya</del>	<del>Remya</del>	<del>Remya</del>
65	SOC 23	RESHMA S.S	KL-07-011-17-65	<del>Reshma</del>	<del>Reshma</del>	<del>Reshma</del>	<del>Reshma</del>	<del>Reshma</del>	<del>Reshma</del>	<del>Reshma</del>	<del>Reshma</del>
66	SOC 24	SALU S.S	KL-07-011-17-66	<del>Salu</del>	<del>Salu</del>	<del>Salu</del>	<del>Salu</del>	<del>Salu</del>	<del>Salu</del>	<del>Salu</del>	<del>Salu</del>

  
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**Principal**  
**Loyola College of Social Sciences**  
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67	SOC 25	V. S. ARJUN	KL-07-011-17-67	Arjun	Arjun	Arjun	Arjun	Arjun	Arjun	Arjun	Arjun
68	CP 01	ALEENA BIJU VARGHESE	KL-07-011-17-68	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena	Aleena
69	CP 02	ANCY B.S	KL-07-011-17-69	Ancy	Ancy	Ancy	Ancy	Ancy	Ancy	Ancy	Ancy
70	CP 03	ANEESHA JOSEPH	KL-07-011-17-70	Aneesh	Aneesh	Aneesh	Aneesh	Aneesh	Aneesh	Aneesh	Aneesh
71	CP 04	ANJU CARMEL O. S.	KL-07-011-17-71	Anju	Anju	Anju	Anju	Anju	Anju	Anju	Anju
72	CP 05	ARUN SABU JOHN	KL-07-011-17-72	Arun	Arun	Arun	Arun	Arun	Arun	Arun	Arun
73	CP 06	GAYATHRI S. MOHAN	KL-07-011-17-73	Gay	Gay	Gay	Gay	Gay	Gay	Gay	Gay
74	CP 07	GOKUL P. G.	KL-07-011-17-74	Gokul	Gokul	Gokul	Gokul	Gokul	Gokul	Gokul	Gokul
75	CP 08	HARITHA RAJ S	KL-07-011-17-75	Haritha	Haritha	Haritha	Haritha	Haritha	Haritha	Haritha	Haritha
76	CP 09	KALLARAKAL JOPHY JOHN	KL-07-011-17-76	Jophy	Jophy	Jophy	Jophy	Jophy	Jophy	Jophy	Jophy
77	CP 10	LEKSHMIPRIYA L	KL-07-011-17-77	Lekshmi	Lekshmi	Lekshmi	Lekshmi	Lekshmi	Lekshmi	Lekshmi	Lekshmi
78	CP 11	LINCY JACOB	KL-07-011-17-78	Lincy	Lincy	Lincy	Lincy	Lincy	Lincy	Lincy	Lincy
79	CP 12	LINITHA T. L.	KL-07-011-17-79	Linitha	Linitha	Linitha	Linitha	Linitha	Linitha	Linitha	Linitha
80	CP 13	MEERA RAJ B. M.	KL-07-011-17-80	Meera	Meera	Meera	Meera	Meera	Meera	Meera	Meera
81	CP 14	PALLAVI KRISHNA S. S.	KL-07-011-17-81	Pallavi	Pallavi	Pallavi	Pallavi	Pallavi	Pallavi	Pallavi	Pallavi
82	CP 15	SARANYA MOHAN	KL-07-011-17-82	Saranga	Saranga	Saranga	Saranga	Saranga	Saranga	Saranga	Saranga
83	CP 16	SNEHA ANNA MANOJ	KL-07-011-17-83	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha
84	CP 17	SRUTHI S. KUMAR	KL-07-011-17-84	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi

PROGRAMME OFFICER  
N.S.S. UNIT-12 A

LOYOLA COLLEGE OF SOCIAL SCIENCES  
THIRUVANANTHAPURAM- 695 017

Principal

Loyola College of Social Sciences  
Thiruvananthapuram - 695 017





## CHIEF MINISTER'S DISTRESS RELIEF FUND KERALA

**B No : F157815388862497**

Received with thanks the sum of ₹. 75000/- (Rupees Seventy Five Thousands only) from The Principal ,Loyola College Of Social Science, Sreekariyam as donation towards '**Chief Minister's Distress Relief Fund**'.

Contribution to CMDRF is **100% tax** exempt under Section 80G(2) of the Income Tax Act,1961 vide **PAN No. .**



*Mang Ieshu*

Principal Secretary(Finance)  
Treasurer  
Chief Minister's Distress Relief Fund

Thiruvananthapuram  
17-09-2018

കേരള സർവകലാശാലയുമായി ബന്ധപ്പെട്ട സ്മാപനങ്ങളും  
വിഭാഗങ്ങളും പ്രളയദുരന്തനിവാരണത്തിനും പുനരധിവാസത്തിനും  
വേണ്ടി നടത്തിയ പ്രവർത്തനങ്ങളുടെ സംക്ഷിപ്ത വിവരണം

**Loyola College of Social Sciences, Thiruvananthapuram**

**Part 1**

**INSTITUTIONAL DETAILS**

Name of the Institution	Loyola College of Social Sciences Sreekariyam Thiruvananthapuram – 695 017
Telephone Number & Email ID	0471 – 2592059, 2591018 loyolacollegevm@gmail.com
Name of the Head of the Institution and telephone Number	Dr. Saji P. Jacob 9747195138

**Part 2**

**SERVICES ON RESCUE ACTIVITIES**

Place of rescue activity	Aluva, Kuttanad, Alappuzha, Idukki
Date of rescue activity	15 August onwards
Categories engaged in rescue activities	Teachers and students
Nature of rescue activity	Remote rescue service
Number of persons engaged in rescue activities	3

**Part 3**

**Service rendered at the collection centers**

Details of Collection center associated	Govt. Engg College, Barton Hill; TSSS, Vellayambalam; NSS Auditorium, Sasthamangalam, SMV HS, Pazhavangadi; Neshagandhi, Cotton Hill School; All Saints College and Railway Kalyanamandapam, Trivandrum
categories worked along with the centers	Teaching , Non-teaching Staff , Alumni members, students and research scholars
No of individuals participated from each category	Teachers: 10 Non-teaching Staff: 1 Students including research scholars : 68 Alumni (Social Work students): 16
Date/ duration of service rendered	17 <sup>th</sup> August to 7 <sup>th</sup> September 2018
Nature of services rendered	Sorting, packing, loading and unloading

**Part 4**  
**Service rendered at the disaster relief camps**

Details of Disaster Relief Camps where service rendered	Manjummel, Cochin and CUSAT, Kalamassery and Panjajenyam Auditorium, Chendamangalam, Amrita School, Harippad Govt. School, St. Michael's College Abhaya Kendram Payippad etc..
Categories involved in the relief works	Teachers , Non-teaching Staff , Alumni members, students and research scholars
No of individuals participated from each category	Students: 33 Alumni (Social Work students): 16 Teachers: 3
Date/ duration of service rendered	August 22 <sup>nd</sup> to 5 <sup>th</sup> September
Nature of services rendered	Psychosocial Care & distribution of Materials 1. Collecting from households, sorting, packing, loading, unloading 2. assessment of requirements from collections centers and providing feedback to the Collection Centers-in-charge regarding requirements (e.g. medicines, generic and pricing so as to maximize purchase and optimize use of time and money spent) 3. Liaising with various Pharmastockists 4. Co-ordination and distribution of food articles and dress

**Part 5**  
**Details of relief materials mobilized and distributed at the flood affected areas and Disaster Relief Camps**

Details of Disaster Relief Camps where the materials distributed	1. SNDP High School Kanichakulangara, Alappuzha (6000 members) 2. Veeyapuram (Allepey), SD High School Alappuzha 3. Laksham Veedu Colony, Pandanad 4. Laksham Veedu Colony, Budhanoor 5. Laksham Veedu Colony, Cherianad 6. Church Hall, Mitrakary, Vezhapra, Ramankary, Pulincnoo, Kainakary 7. Manjummel, Cochin and CUSAT, Kalamassery, Chendamangalam, Koottukad & North Parur 8. Maha Jubilee Hospital, Edava
Date of service rendered	17 <sup>th</sup> August – 5 <sup>th</sup> September
No of individuals participated from each category	Students: 27 Alumni (Social Work students): 17 Research scholars: 2 Teachers :6



Details of Relief Materials distributed	24 (17*8 wheel + 6 wheel Truckloads (Rs. 68 lacs + Rs. 11 lac) (Pune, Goa, Chennai, Doha) - essential - food, stationaries (rice, spices to salt), ready to eat food, drinking water, utensils, firewood and fuel; dress materials, sanitary pads, undergarments, essential medicines (2.55 lacs)
Estimated cost of Relief materials distributed	79 lac +Estimated worth of materials Medicines worth Rs.2,55,000 + 4 cartons (20000 tabs) of Doxycycline = Rs.82 lac

### Part 6 Involvement Post Disaster Rehabilitation

Categories participated Flood Restoration Water Damage Cleanup & Repair	Teachers: 4 Students: 28
Flood Restoration Water Damage Cleanup & Repair : Places and details	Kainakary and Pandanad, Harippad, kanichaulangara, Aroor, Muhamma, Punnapra, ramankary, Thakazhi, Edathua, Mampuzhakkari, Thayankari, Mithrakari, Mannar, Pulincunoo, Kainakari, Puthukkari, Veliyanad, Venmoni, Laksham Veedu Colony, Pandanad, Laksham Veedu Colony, Budhanoor, Laksham Veedu Colony, Cherianad, Chalakkudy, Alappuzha, Pravinkoodu, Chengannur
No. of individuals participated from each category	25 students + 17 alumni + 2 research scholars + 5 teachers
Flood Restoration and Water Damage Cleanup & Repair : Nature and change created	Training of ASHAs Muhamma, Punnapra, Coordinated a Psychosocial Care assessment for UNICEF at Kainakary and Pandanad, Harippad, kanichaulangara, Aroor, Muhamma, Punnapra, ramankary, Thakazhi, Edathua, Mampuzhakkari, Thayankari, Mithrakari, Mannar, Pulincunoo, Kainakari, Puthukkari, Veliyanad, Venmoni, Laksham Veedu Colony, Pandanad, Laksham Veedu Colony, Budhanoor, Laksham Veedu Colony, Cherianad Dance Therapy in Chalakkudy, Aappuzha, Pandanad (1 student) Training for Barcelona University students 10 Bluepoint 6 students - mobilizing 6000 volunteers, training 600 and deploying NIMHANS/Dept. of Women and Child Development 22 students - worked in psychosocial care
Attended training on "Voices of children"	25 students & 2 faculty

organized by Kerala Association of Professional Social Workers, at B.C.M College, Kottayam on 22 <sup>nd</sup> September 2018)	
Conducted pilot study to understand the "Voices of Children during and after disaster on 29 <sup>th</sup> and 30 <sup>th</sup> September 2018)	In Kainakary , Alappuzha and Pandanad, Chnegannoor
Organized two day Trainers Training on "Dealing with Psychological trauma of children and families affected by the Kerala Floods 2018 in collaboration with TITHE, an NGO based in UK.	30 professionals, 25 students, 3 faculty from the college participated.

## Part 7

### Other works / service rendered as part rehabilitation process

Nature of relief work and place	Collectorate/Deputy Collectors Official Collection Centers - SMV, Barton Hill, Corporation, NSS Hall Sasthamangalam	<ul style="list-style-type: none"> <li>• coordination with agencies/ officials from Corporation/Health/ Mental Health Authority</li> <li>• organizing, deploying and transportation of volunteers</li> <li>• sourcing, sorting and deployment materials - medicines, cleaning materials</li> </ul>
	Coordinating Workshop on "Psychosocial Care for Disaster Management" with Barcelona University	<ul style="list-style-type: none"> <li>• hosting 4 resource persons from Barcelona University, Spain</li> <li>• Organizing volunteer training program</li> </ul>
	Department of Women and Child Development/ Social Justice and Blue Point	<ul style="list-style-type: none"> <li>• Review meetings with CEO, Bluepoint and core team</li> <li>• Suggestions</li> <li>• Convergence with Health, DMHP, Revenue &gt; eventually taken up at ministry level</li> <li>• Multilayering of communication for filtering essential data (MIS)</li> <li>• Multilayering of volunteers to provide consistent support and provide respite to those in the field</li> <li>• assisting in organizing, deploying and transportation of volunteers</li> <li>• coordinating with MSW Trainees for deployment of student volunteers, professional social workers, psychologists and disaster management specialists for NIMHANS and in assigning fieldwork in districts of Allepey, Ernakulam, Pathanamthitta</li> </ul>

		and Kottayam <ul style="list-style-type: none"> <li>workshops to be held by NIMHANS at various district centers 23, 24, 25 August</li> <li>deployment at field level 26<sup>th</sup> Aug till 5 Sept</li> </ul>
	Karunya Medicals (Community Pharmacy)	<ul style="list-style-type: none"> <li>procuring generic medicines, face masks, gloves and cleansing materials worth Rs. 55000</li> </ul>
	Rajeev Sadanandan IAS, Health Secretary, Ministry of Health	<ul style="list-style-type: none"> <li>Feedback regarding replication of prescriptions and duplication in delivery of medicines at various collections centers</li> </ul>
	Biju Prabhakar IAS, Deputy Secretary, Ministry of Social Justice	<ul style="list-style-type: none"> <li>Feedback regarding excess collection at Adlux Convention Center, Chalakkudy</li> </ul>
	Anu S Nair, Deputy Collector- Disaster Management	<ul style="list-style-type: none"> <li>Report of duplication of medical prescription and need for inventory management</li> </ul>
	Blue Point	<ul style="list-style-type: none"> <li>Consultancy with Blue Point</li> <li>Visiting and motivating student volunteers</li> </ul>
	Gandhi Bhavan, Thykad, Thiruvananthapuram	<ul style="list-style-type: none"> <li>Participation in Civil Society Consultation on Kerala Flood Response</li> </ul>
Categories participated in relief activities and date	Teachers, students and research scholars August 16 <sup>th</sup> – Sept. 5 <sup>th</sup> 2018	
No of individuals participated from each category	Teachers: 6	
Achievements gained through relief work	Social sensitivity Environmental concerns	

**Part 8**  
**Donations to CM Flood Relief Fund**

Amount contributed to CM's Flood Relief Fund	<ul style="list-style-type: none"> <li>Salary contribution: ₹50,944 dt. 04.09.2018</li> <li>Seven staff members contributing 1 month's salary through 'Salary Change' (total ₹ 4,79,769)</li> </ul>
Date and Venue of the programme conducted for handing over the money mobilized	Kerala University: ₹ 75,000 dt. 13.09.2018 Dy. DCE, Kollam = ₹ 50,000 dt. 14.09.2018
Total Amount mobilized	@ ₹ 6,55,713



**Part 9**  
**Other items done on relief work**

Type of work done	Online rescue, online volunteering
Category of members participated	Students and staff
Place and date of activity	Kerala IT Mission
No of members participated	15
Amount spent	₹ 15000
Achievement	

The Loyola College students and staff actively participated in the flood relief activities and contributed the CMDRF. A part from the above, 50% of our students and research Scholars were actively involved in collection, sorting and transporting the relief materials to the collection points. The students are also involved in the psycho-social training programme organized in collaboration with NIMHANS, Bangalore at various places of Kerala. The staff, students and Research Scholars were actively involved in collection centres like SMV School, Govt. Women's College, Cotton Hill School, Nishagandi, Travancore sanitations and Trivandrum Social Service Society (TSSS). They were also involved in the procurement of relief materials from different parts of the city. A WhatsApp group has been created namely Loyola Flood Relief Team for co-ordinating the activities of the volunteers. An NSS Volunteer Ms.Manju is presently at Chengannur for the Shramadan program designed by University NSS cell named NAVYAM.

# Loyola Social Work Disaster Management Activities 2018-2020

## Introduction

Loyola Social Works engagement with disaster management was spontaneous and head-on. The department in collaboration with NSS was driven by the students. Their daringness pull me into the vortex and over the years we have been able to pioneer various activities in the most needed of times. The below given is a description of Loyola Social Work's and NSS engagement with disaster management.

## 2018

### Context

The 3<sup>rd</sup> Kerala Social Work Congress was held at Loyola 7-9 August. Post the 3<sup>rd</sup> KSWC the students responded spontaneously trying to mobilise materials. The college mobilised money from their end - personal funds, management funds as well as public. This was used to mobilise materials stated above. There was tremendous the support of NSS, alumni and SALT (AKSSA) mostly from batch of 2017-2019. The entire activities could be listed under various **Phases-I-VI** listed below:

### Phase-I Collection of Relief Materials

The first was a spontaneous response on 15 August. Students were in the streets and neighbourhoods requesting support by way of money and materials. There was an understanding at the outset that old materials (likely to be dumped) be avoided. The materials procured included: – fresh cloths (use cloths being ruled out), rice and pulses, non-perishable bakery eats (biscuits rusk), water bottles, sanitary napkins, soap- bathing and washing, emergency medicines – Dettol, paracetamol, chlorophenaramine maleate, disinfectants, etc. The materials collected were trucked or taken by personal vehicles to the Govt. SMV Higher Secondary School, the first major collection centre.

This phase continued in a transient mode all through to September 5 and beyond when our social work trainee volunteers, NSS volunteers and alumni mobilised materials from all over. There was almost 3 containers of relief materials despatched from Qatar, Kuwait and Bahrain and another two from Haryana and Punjab mobilised with the estimated worth of Rs. 86lac. We also mobilised medicines especially.

## **Participant list**

1. Abhilash K Sebastian
2. Ancy Lal
3. Anjali T. M.
4. Anju Anna Geevargheese
5. Annie Bose
6. Archana Louis
7. Ashiely S James
8. Bincy Babu
9. Brilliant Maria Anto
10. Christansia Das
11. Elna Joseph
12. Gouthaami R S
13. Jenin Koshy Abraham
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22. Treesa Varghese

## Taking up Voluntary Work at Collection Centers



Social Work Students along with NSS volunteers voluntarily worked at Collection Centers. The first group on delivering the materials were amazed to see the enthusiasm of youth working spontaneously evolving systems. Placards were waved at city buses showing urgent requirements. Vehicles with supplies were met at the gate and directed to offloading teams where the materials were systematically recorded dismantled and taken for sorting, all in the matter of 3-4 minutes allowing the vehicle to leave and the next loads to come on.

The trainees were invited by the Volunteers to join the Collection Center and assist in the collection, sorting and despatch operations. These were the various Collection Points, the Loyola Social Work trainees and others from the college manned in the next few days:

1. Trivandrum Social Service Society, Archbishop's House, Vellayambalam, Thiruvananthapuram, Kerala 695003
2. Government Engineering College, Barton Hill, Kunnukuzhy, Thiruvananthapuram, Kerala 695035
3. Trivandrum Corporation Office, Opposite LMS Compound, PMG, Thiruvananthapuram, Kerala 695033
4. SMV Govt Model Higher Secondary School, Overbridge, Santhi Nagar, Thampanoor, Thiruvananthapuram, Kerala 695001







TSSS



Govt. Engineering College, Barton Hill Phase-1: Collection of relief materials and

Our alumni and associates remained active under the leadership of Kannan GS, at Barton Hill Collection Point working side by side with friends - Parvathi Chitran, Shine Augustine, Ragin Mary Toms, Anjith, Arjun, Rallou Wienberg (West Germany, Kanthari), AG Sarath (Rajaji Nagar), Govind S L (Cinematographer)...

Sorting





Packing and despatching



Despatch Transport



## **Participant list**

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## Training of Volunteers in PFA and Psycho-social Care (16-17 August)

Loyola Social Work and NSS Volunteers had a visiting team of Psychologists from University of Barcelona, Spain as part of a collaboration to do study on 'Violence against Children'. The members volunteered to organise an International Symposium of Disaster Psychosocial Care in collaboration with Grevia, Barcelona University Spain (17 August 2017). Volunteers from Social Work and Counselling Psychology participated in the three hour workshop.



Loyola Social Work in association with Street Heroes on India and Olga Martin organised a Workshop on "Psychosocial Care during Disasters" by Team GREVIA of Barcelona University, Espaniola preparing volunteers for field intervention and trauma counselling during #KeralaFloods18. The trainees included students from Department of Counselling and Social Work. The content discussed included psychological first aid (PFA), active listening and "dos and don'ts".



Besides the department also collaborated in follow-up by supporting "Psychosocial Support Care for Trauma of children and families affected by the Kerala Floods 2018 in collaboration with TITHE, an NGO based in UK.



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## Recruiting Volunteers- MSW students and NSS Collaborating with Department of Women and Child Development (GoK) and BluePoint (18-21 August)



Recruiting and listing 5000+ volunteers in 5 days 7am to 11.30pm...good response



War-room - work on-site at BluePoint



**Shailaja Teacher** ✓ @shail... · 3h ▾

Not alone, in this together: 1107 mental health workers are providing psycho-social support to individuals in isolation or quarantine across districts. [#Covid19](#) [#covidkerala](#)

💬 16 ↺ 192 ❤️ 1,085 ➦

Six volunteers from MSW-2019 batch volunteered to compile a list of social science graduates – mostly from the disciplines of Sociology, Social Work and Psychology. The group volunteered to call individually and recruit members as volunteers for Psychosocial Care. By day 5 they had clocked enough calls, saturated and compiled a list of almost 5600 willing volunteers. What surprised them was the willingness of the

candidates attend to calls even as late as 11pm and comply with the urgent calls. From this a list of 1400 was finalised (100 per district). The list was supplied through the WCD to the various district HQs. By the 7<sup>th</sup> day training programs in collaboration with NIMHANS was organised in various district HQs.

Our students also attended the training programs as organisers and participants at Pathanamthitta HQ, Alappuzha HQ and joined various C

## **Participant List**

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- 6. Treesa Varghese**

## Volunteering In Flood Relief Camps

The group eventually instructed the recruits and referred them for training at the various District HQs under the guidance of NIMHANS.

The group of trainees began their work area wise basing themselves from the Chengannur Taluk Hospital. They worked in the surrounding areas of Chengannur especially Pandanad and Budhanoor. The team eventually spread their wings to Alappuzha AC Road where they hired a house and operated from the new found base reducing substantially the need for travel. There



### **Evaluation of Fieldwork – Pandanad & Budhanoor - at Dist. HQ Training Centre at Chengannur District Hospital**

were review meetings with BluePoint and supervision from the Directorate of Child Welfare Volunteer Team. The latter was reportedly sometimes problematic given their lack of experience but the need to control the team.

Subsequent to coordinating the training programs, the Team Loyola left their coordinating positions to man various Camps. The group of students from Loyola under the leadership of Dr.Sonny worked in Camps in the flood ravaged areas of Pathanamthitta (Chengannur, Budhanoor, Pandanad, etc.), Alappuzha (AC Road, Kayamkulam, Kanichakulangara and Kainakary) and Ernakulam (Kuttampuzha) from 16 August to 5 September 2018.

The team from Loyola Trivandrum was instrumental in the Kerala Floods in that they stayed their grounds in various camps all over the above mentioned regions in spite of the hostile and unpredictable emerging scenarios, undertaking site visits, collecting data for WCD, reaching relief supplies and essential medicinces, besides engaging the camp residents and especially children by way of social group work in recreational groups and supporting the community kitchens. Besides the Scholars supported the activities and mobilized materials worth Rs.89 lac from benevolent persons in Qatar, Kuwait and even Punjab & Haryana. The group also mobilized potable drinking water and 5000 doxycycline tabs sourced from the representatives of IMA- Kottayam through Dr.Thomas P. George.





## Locating and Follow-up

Shilpa Raj, Nisha Saju and some IT-professionals based in Kochi, Kollam and Nagercoil continued to watch the news on various channels reporting live. They documented on Excel a database of persons, locations and mobile numbers and started compiling geo-positioning in collaboration with IT professionals in Technopark. The list was made on googledocs permitting intimating the Disaster War Room follow-up about locations. The followup was a model for DISHA.

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## **Flood Relief Activity- Action Research**

**Pandanad & Budhanoor Action Research - 30 September 2018**

NSS and Department of Social Work of Loyola College of Social Sciences initiated an action research as part of flood relief activity. Subsequent to the outreach at Kainakary, some of the group members pursued to visit the most affected areas in suburban Chengannur: Budhanoor and Pandanad. The team members visited various households, sourced water from their wells for testing as well as administered the interview guide with children and mothers of infants.



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## Flood Relief Activity- Action Research Intervention

### UNICEF-directed Intervention Kainakary Action Research Intervention 29 August

As part of Flood Relief Activity an action research intervention was conducted under the direction of UNICEF. Dr. Sonny Jose proposed a site visit and intervention at Kainakary one of the worst affected areas. Team Loyola eventually associated with the Department of Social Work, Assumption College headed by Sr. Shalini CMC and their senior students, to undertake an intervention based evaluation study (action research) in Kainakary, being unique as the most-affected area during the Kerala Floods 2018. The axis was strategic as we got entry through the CMC Congregation run Holy Family Girls High School, Kainakary, which was selected as the venue, besides the St. Mary's Church auditorium where the Sunday School gathered.

As part of data collection the joint teams conducted extensive and in-depth interactions was done utilizing various PRA Tools as projective techniques to help them overcome their trauma. They were asked to 'play' with paint to generate Rorschach Inkblots and asked to talk about it. After discussions they were asked to paint/draw on their aspirations for the year ahead.



KAPS was represented by Benoy Kattayil Vice President KAPS and Adv. Jaison Abraham who visited the site. The Team worked as per plans developed on an initial survey by Sonny and Salini. The activity brought out pictorially the students' stress and perhaps relieved them of their internal pain.

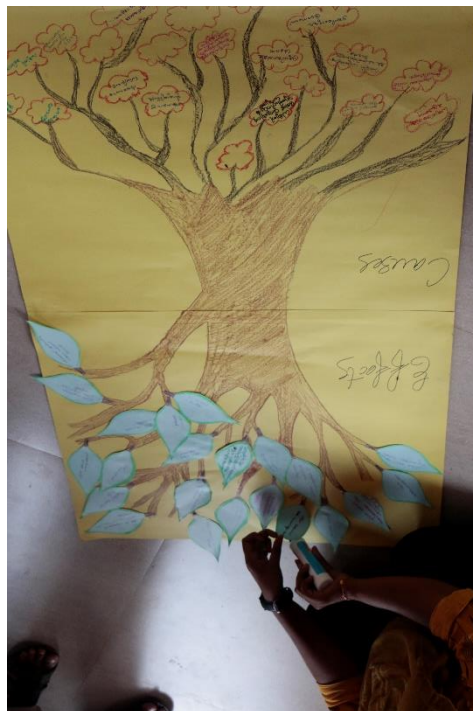
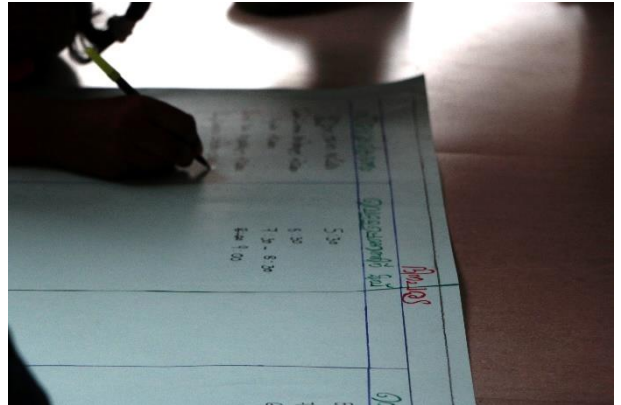
#### Interaction with children and adolescent groups at Holy Family School, Kainakary





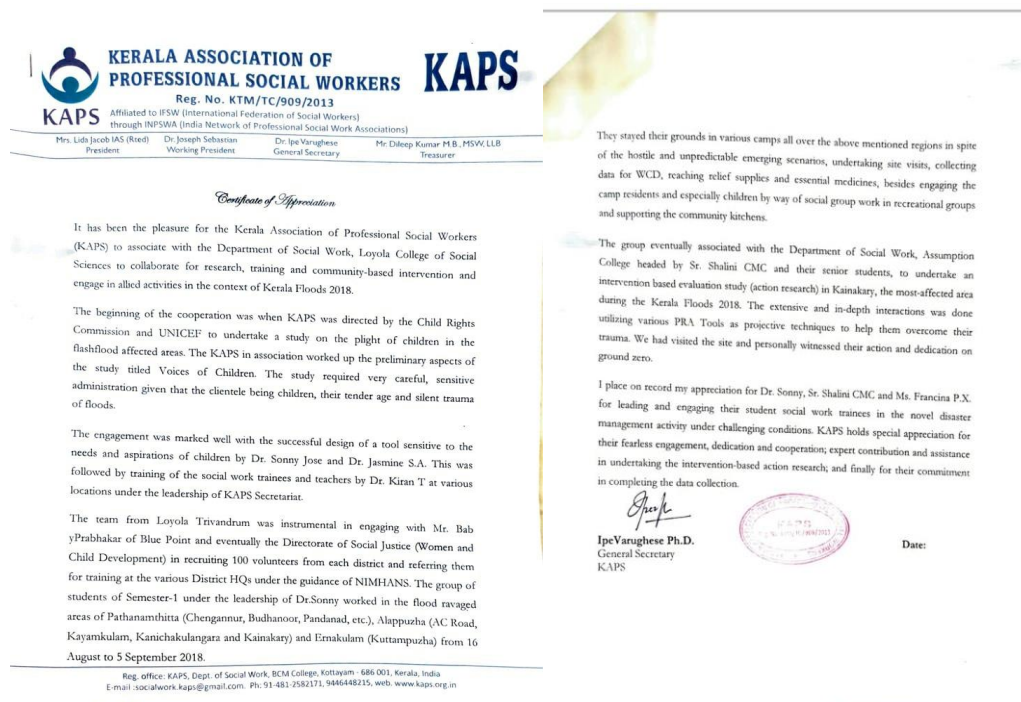








## Citations



## **Participant list**

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<b>Report for Activity Log SI.No.:</b>			
<b>Programme Name</b>	Participation in the Raj Bhavan March for justice for Fishermen	<b>Organizer</b>	TSSS & Arch diocese of Trivandrum
<b>Date</b>	<b>12<sup>th</sup> December 2018</b>	<b>Time</b>	10 a.m.
<b>Venue</b>	Palayam to Raj Bhavan	<b>Faculty in-charge</b>	Ms. Francina P. X

<b>Programme Objectives</b>	<ul style="list-style-type: none"> <li>● To participate in peace march to the Raj Bhavan in solidarity with the Ockhi cyclone affected people in Trivandrum.</li> <li>● To understand how the protests are conducted</li> </ul>
<b>Resource Person (s)</b>	TSSS and the Social Action Wing of Arch diocese of Trivandrum
<b>Participants</b>	List Attached
<b>Programme Activities</b>	<p>The SALT members, along with NSS and other department students, actively participated in the peace march to the Raj Bhavan in solidarity with the Oakhi cyclone affected people on 12<sup>th</sup> December 2018.</p> <p>The march was organised in the leadership of the priests of the Latin Catholic diocese of Trivandrum, and began from the St. Joseph's Cathedral, Palayam. Mar Soosapakiyam the head of the Latin Catholic diocese addressed the gathering and the procession began after service at the Cathedral.</p> <p>The members were being part of Social Action, leading groups in calling slogans, and participating along the full length of the march. The demands of the people were for the search of the lost fishermen and revising compensation.</p> <p>A coffin was carried along as symbolic protest. Faculty members from the department also accompanied the students for this protest.</p>
<b>Programme Outcomes</b>	<ul style="list-style-type: none"> <li>● Student successfully participated the peace march to the Raj Bhavan in solidarity with the Oakhi cyclone affected people</li> <li>● Students gained deep understanding of the issues and concerns of the people affected by the cyclone and stand in solidarity with them.</li> <li>● They could understand some strategies that are used in social action.</li> </ul>
<b>Supporting Documents</b>	<b>Photos</b>



**Photo : Participation in the Raj Bhavan March for justice for Fishermen**



**students participation in protest at Raj Bhavan**





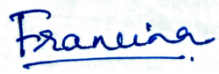


## Participants list

Sl. No.	Name of participant
1.	ABHILASH K SEBASTIAN
2.	ANCY LAL
3.	ANJALI T.M.
4.	ANJU ANNA GEEVARGHEESE
5.	ANNIE BOSE
6.	ARCHANA LOUIS
7.	ASHIELY S JAMES
8.	BINCY BABU
9.	BRILLIANT MARIA ANTO
10.	CHRISTANSIA DAS
11.	ELNA JOSEPH
12.	GOUTHAMI R S
13.	JENIN KOSHY ABRAHAM
14.	MATHEWSKUTTY SUNNY
15.	MEENU ROSE EBI
16.	NAJIMA T R
17.	P J NANDITHA
18.	SAJIN M.
19.	SANDRA GEORGE
20.	SRUTHI V
21.	SUNITHA KUMARI M.S.
22.	TREESA VARGHESE
23.	AMALA JOSH Y

24.	AMRITHA SURESH
25.	ANITHAMOL BABU
26.	ANN MARY GEORGE
27.	BALALEKSHMI S.B
28.	DEVIKA B.S
29.	EKALAVYAN V.P
30.	FEBINA.S.KUMAR.
31.	G S NARAYANI
32.	GILDA MANI
33.	JAYALAKSHMI J
34.	JIBIN K JOSE
35.	JOSUKUTTY KURIAN
36.	KAVYA KUMAR K
37.	NISHA.K.J
38.	NOUNITH NOBLE
39.	SANUMOL CATHERINE
40.	SAUMYA JOHN
41.	SREE JYOTISH H
42.	SUBHADRA.P.S
43.	TINTU N.S
44.	VANDANA SURESH
45.	VANI V.R
46.	VENISHYA IVAN
47.	VRINDA VIJAYAN
48.	DYNA SCARIA
49.	JUDE SHAJI
50.	SONIA JAIN
51.	FR. SABU P THOMAS

52.	FR. SAJI JOSEPH
53.	MS. FRANCINA P. X



**Ms. Francina P. X**  
**Faculty in-charge**  
**Dept. of Social Work, LCSS**

**UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS (SDGs)  
PUBLIC AWARENESS CAMPAIGN**

**FLAG-OFF PROGRAMME**

**Organized by:**

**Initiative for Sustainable Development & Governance (ISDG),  
Thiruvananthapuram**

*In Collaboration with*

**Loyola College of Social Sciences, Thiruvananthapuram**

**January 22, 2019**

Facebook URL: <https://www.facebook.com/isdgindia/posts/974534566004241>)



## **Introduction**

On January 22, 2019, Loyola College of Social Sciences collaborated with Initiative for Sustainable Development and Governance (ISDG), Thiruvananthapuram, in conducting the Flagging off ceremony of the Sustainable Development Goals Public Awareness campaign organized by the institution. This public campaign which aimed to cover selected educational institutions all over Kerala, started off in Loyola College of Social Sciences. We are privileged to have been chosen for inaugurating this pan-Kerala initiative to create awareness on the Sustainable Development goals.

ISDG, which became operational in 2012, is the governance and development programme of the Centre for Communication and Development Studies (CCDS), Pune. ISDG focuses on policy research and capacity development and seeks to strengthen democratic governance, sustainable human development and inclusive participation of people in all spheres of governance.

### **PROGRAMME SCHEDULE**

**(9.30 to 11.00pm)**

<b>Welcome</b>	<b>Pradeep Panangad</b> (Fellow, ISDG)
<b>Introduction</b>	<b>Dr Abraham George</b> (Director, ISDG)
<b>Inauguration &amp; Flag off ceremony</b>	<b>Saji P Jacob</b> (Principal, Loyola College of Social Science)
<b>Thematic Magic Show on SDGs</b>	<b>Indra Ajith</b> (Magician)
<b>Vote of Thanks</b>	<b>Fr. Sabu P. Thomas,</b> (Vice Principal, Loyola College of Social Sciences)

The Programme started by welcome by ISDG Fellow, Pradeep Panangad. He introduced ISDG and its initiatives and thanked Loyola College for the collaboration opportunity. Following this Dr. Abraham George, the Director of ISDG talked about the UN Sustainable Development Goals and the need to create awareness about the SDGs. The nature of the campaign was also introduced.







After the Introduction Dr. Saji P. Jacob was handed over the SDGs brochures prepared by



ISDG, by Ms. Mini who was Assistant Director of ISDG.

The SDG Public awareness campaign was inaugurated by Dr. Saji P. Jacob by the revealing of the brochures. Dr. Saji also talked about SDGs and its importance.



The Inaugural ceremony was followed by a magic show by the Mr. Indrajith. The theme of the magic show was SDGs. Vote of Thanks was proposed by Fr. Sabu P. Thomas, Vice Principal of Loyola College.





After this all students and faculty and the ISDG team proceeded to the portico, where the flag-off ceremony of the campaign was conducted by Dr. Saji P. Jacob. Loyola considers it a blessing to have been part of this programme.



#### **LIST OF PARTICIPANTS**

**Total: 75 faculty and students**

**External (ISDG): 5**

#### **Faculty**

- |                          |                   |
|--------------------------|-------------------|
| 1. Dr. Saji P. Jacob     | 5. Mr. Aby        |
| 2. Dr. Prakash Pillai R. | 6. Fr. Saji J.    |
| 3. Dr. Sonny Jose        | 7. Dr. Promod S.K |
| 4. Dr. Sabu P. Thomas    | 8. Prasad R       |

#### **Students (MSW, M.Sc. Counselling Psychology and M.A. Sociology Students- 2018-20 batch)**

1	AISWARYA SUBAIR	24	SARIGA S R	46	ROSE MARIA SIJU
2	ANURAJ N	25	V S ARJUN	47	SANDRA JOHNSON
3	ARUN JOSEPH J	26	AKSHAY KISHORE	48	SILPA KARTHIK
4	ASWATHY G	27	ALEENA BABU	49	TISON THOMAS
5	AYSWARYA SUNIL	28	ANJU CERIN MATHEW	50	VINEETH BENEDICT L
6	BHAGYASREE P R	29	ANNA GEORGE K	51	ALEENA BIJU VARGHESE

7	DINU MOL VARKEY	30	ASHLY G S	52	ANCY B S
8	FEMI ANN MATHEW	31	ASHWINI PRASAD	53	ANEESHA JOSEPH
9	GAYATHRI AL	32	ASWATHY PONNACHAN	54	ANJU CARMEL O S
10	JENCY LAWRENCE	33	ATHIRA WILSON	55	ARUN SABU JOHN
11	JIMA ROSE M	34	BUSHRA S	56	GAYATHRI S MOHAN
12	LEKSHMI SURESH S U	35	DENCY MARY REJI	57	GOKUL P G
13	MAHARSHLAL HASHBAS A	36	DONA MARIA KURIAKOSE	58	HARITHA RAJ S
14	MAREENA SIBY	37	GAYATHRI P NAIR	59	JOPHY JOHN KALLARAKAL
15	NABIN K S	38	JITHIN RODRIGUES	60	LEKSHMIPRIYA L
16	NIKHITA NAIR	39	MARIA TERES SEBASTIAN	61	LINCY JACOB
17	NIRANJANA MOHAN	40	MEENU MARIYAM LAL	62	LINITHA T L
18	NOUREEN A	41	MEERA JOHN	63	MEERA RAJ B M
19	PRABHU A	42	NIBIN MATHEWS	64	PALLAVI KRISHNA S S
20	PRIYA VARGHESE	43	PRINCE JACOB	65	SARANYA MOHAN
21	REMYA A S NAIR	44	RAMEEZ M SYDEEK	66	SNEHA ANNA MANOJ
22	RESHMA S S	45	RIYA K ANIYAN	67	SRUTHI S KUMAR
23	SALU S S				

**ISDG:** Pradeep Panagadan, Indrajit, Dr. Abraham George, Ms. Mini, Ankita (Intern)

## **Engaging with tribal Community and an interaction with the PadmaShri Lekshmi Kutty Amma**

An outreach programme was conducted on 22<sup>nd</sup> June 2018 under the banner of LASIE – KSS along with NSS Unit of Loyola College of Social Sciences for the students to Vithura to learn about the tribal community and about the Padmashri awardee Smt. Lekshmikutty Amma. She belongs to a tribal community residing near Kallar forest. She was awarded with the fourth highest civilian honor for her breakthrough in practicing traditional medicine for over 50 years. She has also the Kerala Governments Nattu Vaidya Ratna award of 1995 in her credit.



Vithura is a small village located 37 kms from Thiruvananthapuram. The students reached the destination at 10:30 am. The students visited Smt. Lekshmikutty Amma's house and its premises and had an interactive session with her. She shared her experiences of receiving the Padmashri award. She also spoke about the different Ayurvedic medicines and ethno medical practices which they alone follow in the tribal areas.

The students also interacted with the other tribal natives and visited their work places. They shared their experiences and difficulties that they still face after being recognized. They shared their worries regarding the improper implementation of governmental policies and unequal distribution in employment sector.

The students were benefitted from the visit as they were able to understand and learn about tribal settlements and their characteristics. They also learned about their lifestyle and different situations they undergo which are both negative and positive.

### **Participant List**

1. ALEN JOSE
2. ARUNIMA S
3. CHRISTBEN D F
4. CHRISTOPHER M
5. JAHNAVI NAIR
6. MANJU V
7. PRIYA JAYAN
8. RESHMA RAVEENDRAN
9. SAJAN M.S
10. SARATH K P
11. SEFI SAIF
12. SIDHARTHLAL
13. SREEJITH K P
14. SUJIN DAS
15. SURESH BABU R
16. SURYA S

## **FLOOD RELIEF REPORT**

**Date:** 11-09-2018 to 14-09-2018

**Place:** Ayroor Panchayat, Thrissur Dist, Kerala. and Loyola Colony, Mudrapadam, Kalamassery Municipality, Ernakulam Dist.

**Participants:** Dr. Angelo Mathew and 13 IInd semester HRM Students (NSS Volunteers)

### **Major Activities Done:**

- On the initial day student volunteers and the accompanying faculty had to undergo 4 hours of trauma counselling training at the ICT academy, Kalamassery, Kochi.

The modules include (1) Fundamentals of Counselling (2) Methods of Diagnosis and procedure of trauma in human beings (3) Initiating trauma counselling and guidance (4) Practical orientation on psycho-social counselling and how to interact with the flood victims.

- Sessions were handled by Rev Fr. Wilson and Rev.Fr. Ephrem Thomas SJ
- Second day team had interacted with many (around 200) flood affected families attended the medical camp organised under the supervision of the local parish inaugurated by Shri. Roji John the MLA of the locality. It had targeted families suffering from various ailments post flood. There were three medical practitioners (Two Allopathic physicians and a homeopathic physician) in addition to 5 nurses and two pharmacists were present. Certain medicines were supplied for free to the patients.
- The team could build rapport with most of families/members who were severely affected by the flood.
- The volunteers were able to detect symptoms of distress and depression and provided primary counselling for the people who were in need of immediate care.

- Third day the team was divided into Four sub teams and were deputed for a field visit cum interaction to the designated flood affected geographic area. The student volunteers divided themselves and conducted house visits in the major affected wards of Ayroor panchayat and gathered data pertaining to mental trauma in particular.

### **Activities in Detail:**

The students were divided into two groups in which one group was assigned to take up the psycho-social counselling programme at Loyola Colony, Mudrapadam and the rest of them were given Ayroor Panchayat for the same. The student volunteers meticulously worked in the field and could conduct around 50 house visits and were able to successfully render psycho-social counselling interventions to the flood affected victims effectively. The students were also able to identify the vulnerable and affected families and who are in need of both financial and psychological aid. Based on the survey conducted, more details about the household respondents, major losses incurred, major symptoms of psycho social trauma found, member profile, and immediate necessities to be provided if any? Etc was found. Survey helped to prepare a detailed report about the programme as well as the details of the beneficiaries who are in need of immediate financial and psychological care and could refer them to further psychological interventions.

### **Major Observations:**

- A positive attitude was shown by most of the families who were affected with the flood, though it may take longer years to regain and normalise life.
- Small number of families found to be hopeless and not shown any positive outlook to continue their lives mainly due to the poor state income and infrastructure.
- Few people reported that they have fear of being affected again. Fear and trauma was detected and reported among children those who were severely affected.

- Lack of unity was found among some of the people after the calamity especially in helping each other with resources sharing.
- With the help of emphatic listening the students were able to make the flood victims ventilate their problems.
- Many deserving cases were identified who are in need of financial and psychological support. The students were also able to provide some therapeutic interventions among the flood affected people.
- In some cases, people felt hopeless and there was loss of spirituality or faith due to the flood.
- The people of Ayroor was very welcoming and showing acceptance towards the student volunteers. Where the people of Mudrapadam had difference in approach possible due to city life and culture of the colony or the place.
- Students observed that few families were not able to cop up with the situation and still they continue in a state of trauma.
- Students realised that even though financial assistance is needed more emphasis should be given to psychological aspects of the affected people.
- It was also seen the emphatic listening shown by the student volunteers was very useful in ventilating and open-up the agonies and

Area of operation	households covered	number of cases found financially vulnerable	number of cases found psychologically vulnerable
➤ Ayroor	➤ 84	➤ 16	➤ 35
➤ Mudrapadam	➤ 31	➤ 12	➤ 9

### **The learning and take away for students which we shared during the evaluation**

- ) Understood how empathy may be practiced
- ) Learned to listen to people in distress
- ) Understood the basics of counselling
- ) Have learned to initiate and carry out social survey in a disaster setting in a formal way.
- ) Could reflect on ways to stay contented amidst adversities.







## Participants List

1. Adithya S
2. AshnaRaju
3. Bushra N B
4. Chinnu Maria Michael
5. Merin Jacob
6. Nanma Manoj
7. Nikhita John
8. Nikhita M Ujin
9. Parvathy
10. Ramesh S
11. Sooraj MR
12. Unni

## **Department of Counselling Psychology**

**Loyola College of Social Sciences**

### **Flood Relief Activity Report – 2018**

Kerala faced one of the biggest flood calamities during 2018 as a result of the unusually severe southwest monsoon during which all the districts of Kerala were put to high alert, many lost lives and many were displaced. The unexpected natural calamity even though created havoc, the support systems including mental health care and counselling services were strong enough to help people to face and overcome the difficult time. The staff and students of the department of counselling psychology in collaboration with NSS Unit of the Institution were also involved with the support system offered by the government of Kerala as well as the NGOs. A few students of the department – Mr Abhishek was involved with real-time rescue operations at Kollam district – (helping people to move to safer places). A few students were working at call centres of flood relief – Ms Anagha Suresh, Aswathy Chandran & Mrs Nisha at Alapuzha district). Students were also involved in medical supply services (Mrs Nisha) as well as counselling services. Initially the students were given orientation at the college/departmental level, to motivate them to involve themselves with the flood relief activities. All those students who volunteered were given privileges to go ahead with the process on their own as well as by collaborating with governmental and NG organizations. Many students of the department are involved with counselling services at their own locality. The staff members provided enough support and supervision for those students who did counselling services. Dr Pramod was involved with rescue operations at a flood affected area of Trivandrum district as well as worked at a collection centre.

The whole activities of the flood relief conducted by the department continued during the post flood times offering counselling support at highly flood affected areas of Alapuzha.

#### **Participants**

1. Mr Abhishek
2. Mrs Nisha

3. Anagha Suresh

4. Aswathy Chandran

Faculty participated: - Dr Pramod



# STREET PLAY ON POCSO ACT

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## 1. Objective:

- To spread the awareness about the POCSO act among the people of the various communities.

## 2. Activities planned:

- To conduct a street play in four major areas of Trivandrum — Mangalapuram, Kanyapuram, Pothencodu

## 3. Activities performed in detail:

### Activity 1:

The group performed a street play as part of the child protection observance. The name of the street play was Good Touch and Bad Touch.

Then at the next destination, the group performed the next street play at a market — Sanathabalyam. There were many arguments for playing the play there.

At the third destination, — the Kanyapuram bus stand, the group performed a play and sang a song. The audience were receptive.

At the fourth destination - Pothemode bus stand, the group performed two street plays and sang the song. The audience here were also receptive.

#### 4. Evaluation:

The trainer felt that the crowd/audience at different places were very different from each other as well as their attitudes.

#### 5. Professional Learning:

Even though there was burning sun, the group of students managed wonderfully to perform the street plays and songs. The attitude of the audience were very different in each place. At some places the audience were very receptive while at the other, there was a great argument for ~~for~~ performing the play in the public.

The teamwork of the students as well as the support from the faculties were very evident <sup>during</sup> the programmes and



the trainee felt that it was with the support that the team was able to perform better at the various places.

Also the group work was very evident in the play. Binay, Mathews and Keenu were absent. So Akshane, Abhilash and Shulpa took up their roles and did a really wonderful job.. This was also very good effort from the part of the whole group. And the whole performances were really wonderful and praiseworthy.

### Participants list

1. Akshay kishore
2. Aleena babu
3. Anju cerin mathew
4. Anna george k
5. Ashly g s
6. Ashwini prasad
7. Aswathy ponnachan
8. Athira wilson
9. Bushra s
10. Dency mary reji
11. Dona maria kuriakose
12. Gayathri p nair
13. Jithin rodrigues
14. Maria teres sebastian
15. Meenu mariyam lal
16. Meera john
17. Nibin mathews
18. Prince jacob
19. Riya k. Aniyar
20. Rose maria siju
21. Sandra johnson
22. Tison thomas
23. Rameez m sydeek

# Street Play and Flashmob

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Date : February 1, 2019

Day : Friday

Time : 11 a.m - 3.30 p.m

Programme : Street Play and Flashmob  
by SAT, Loyola College  
of Social Sciences for  
All Kerala Children in  
Home Fest, Trivandrum

Location : Kanakakunnu, Trivandrum  
and Government Model  
Boys Higher Secondary  
School, Chala, Trivandrum

## Activities

A state level festival for  
children in homes run by the governme  
nt was conducted by the Women and  
Child Development Department at  
Government model Boys Higher Secondary  
School at Chala in Trivandrum



February 1st 2019.

The social work trainees arrived at Karakattur by 10.45 a.m. Under the banner of Social Work Association of Loyola College Trivandrum (SALT), the trainees performed flashmob for bringing publicity for the programme. After the initial performance the team moved to Chala government model boys higher secondary school. First year (2018-2020) m.s.w batch students performed flash mob before the audience and the second year m.s.w students performed street play afterwards. The theme of the street play was protection of child rights. As the festival named 'Varnachirakul' was going on many children watched the street play. Since it concentrated on presenting child issues and violence against children and also legal measures that can be taken against culprits, the street play served as an effective



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- medium to bring about awareness and insights to the public especially to children. The idea of good touch and bad touch was presented and it benefited children to a great extent. By 2.00 p.m. the trainees returned back to the college.

### Evaluation

It was a first time experience for first year m.s.w students to perform flashmob as a team before the general public. Even though the students got less time for preparation, the programme was good and up-to mark. Even though the performance was done under scorching sunlight, it gave confidence and satisfaction for the students and instilled pride in working along side with government programmes. The junior students also watch well-prepared street plays performed by the senior m.s.w students and it was an opportunity to work together.



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as a team on behalf of the M.S.W  
department and SALT of Loyola  
College of Social Sciences.

### Learnings

- The student understood the effective use of street play and flashmob for spreading awareness and knowledge among general public.
- It fostered team spirit, Co-ordination, maximum utilization of available resources, time and personal adjustment.
- The students learnt to perform a task or conduct programme in uncomfortable venues even in streets.
- The students learnt about diverse programmes undertaken by DCPU and government departments for the well-being and emotional satisfaction of children.



### Participants list

1. Akshay kishore
2. Aleena babu
3. Anju cerin mathew
4. Anna george k
5. Ashly g s
6. Ashwini prasad
7. Aswathy ponnachan
8. Athira wilson
9. Bushra s
10. Dency mary reji
11. Dona maria kuriakose
12. Gayathri p nair
13. Jithin rodrigues
14. Maria teres sebastian
15. Meenu mariyam lal
16. Meera john
17. Nibin mathews
18. Prince jacob
19. Riya k. Aniyar
20. Rose maria siju
21. Sandra johnson
22. Tison thomas
23. Rameez m sydeek