

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



CRITERIA 7: Institutional Values and Best Practices

7.3 Institutional Distinctiveness

Engaged Competence Enhancement (ECE)

**Detailed Reports of the Extension Activities for
the Year 2017-18**

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**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



NSS Camp Report 2017-18

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PART-I

INTRODUCTION

About NSS

National Service Scheme is under the Ministry of Youth Affairs & Sports Government of India, popularly known as NSS was launched in Mahatma Gandhi's birth centenary year 1969, in 37 universities involving 40,000 students. The primary focus of NSS is the development of personality of students through community service. Today, NSS has more than 3.2 million student volunteers on its roll spread over 298 universities and 42 (+2) senior secondary councils and directorate of vocational education all over the country. From its inception, more than 3.75 cores students from universities, colleges and institutions of higher learning have benefited from the NSS activities as student volunteers.

The scheme now extends to all the states and universities in the country and covers +2 levels also in many states. Students, teachers, guardians, government, universities and colleges/schools and the people in general now realize the need and significance of NSS. It has aroused among the student youth an awareness of the realities of life, a better understanding and appreciation of the problems of the people. NSS is, thus, a concrete attempt in making campus relevant to the needs of the community.

Community service rendered by university and +2 level students has covered several aspects like adoption of villages for intensive development work, carrying out the medico-social surveys, setting up of medical centers, programmers of mass immunization, sanitation drives, adult education programmers for the weaker sections of the community, blood donation, helping patients in hospitals, helping residents of orphanages and the physically handicapped etc. NSS volunteers did commendable relief work during natural calamities/emergencies such as cyclones, floods, famine, earthquake etc. from time to time all over the country.

The NSS students have also done useful work in organizing campaigns for eradication of social evils, and popularization of the nationally accepted objectives like nationalism, democracy, secularism, social harmony and development of scientific temper.

OBJECTIVES OF NSS

The main objectives of National Service Scheme (NSS) are:

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving
4. Develop among them a sense of social and civic responsibility
5. Utilize their knowledge in finding practical solutions to individual and community problems
6. Develop competence required for group-living and sharing of responsibilities
7. Gain skills in mobilizing community participation
8. Acquire leadership qualities and democratic attitudes
9. Develop capacity to meet emergencies and natural disasters and practice national integration and social harmony

NSS & LOYOLA

Loyola College of Social Sciences was founded by the Society of Jesus (Jesuits) in 1963, the college offers courses in MA (Sociology, Social Work, and Human Resource Management) and MSc. Counseling Psychology. The college is affiliated to the University of Kerala and is a recognized research center of the university. The center prepares the students for Ph.D. in Sociology, Social Work and Management Studies and also takes up sponsored research projects. A full-fledged extension services, Loyola Extension Services (LES) is a unique feature of the college. The LES acts as the social lab of the college.

True to the Jesuit tradition of MAGIS (excellence) and the commitment to faith and justice, Loyola strives to reach the benefits of higher education to the people, especially the marginalized. In reaching this goal, we are guided by the Ignatius vision of life and its application in Jesuit education. NSS unit of the college has a history of more than 45 years. While Kothari Commission propagated NSS at the National Level, Loyola became

Instrumental in the establishment of NSS in Kerala University. Fr. Puthenkalam S.J, the first Principal of Loyola, took the pain for the initiation of the NSS programme in Loyola and the end fruit was unit KL-07-011, the functional NSS unit in the college. Voluntary membership of all the students joining the college is the uniqueness of the NSS unit of the college.

To build social sensitivity in the youth, NSS always promoted rural live in camps where the students live with a selected community for a period of 10 days to have a real life experience of that community. Later these 10 days is reduced to 7 days by the University. A seven-day group living with limited amenities and the interaction with the community, give the student a first-hand picture of the struggle, a common man in that particular community has to face, to make both the ends meet. Normally, a socio-economically backward are will be the priority. Loyola has a history of vibrant and live memories of camp life, cherished by the various batches of 1963 onwards. This year was also not different. Instead of 10 days, university stipulated a 7-day camp and it was realized from 26th February to 4th March 2018, at Pulluvila, a small coastal village near Vizhinjam.

REASONS FOR THE CHOICE OF PLACE

It is a rural coastal village and the community suffers marginalization.

The feasibility and accessibility

Support of Pulluvila Makkal Whatsapp group admin, Mr. Valsthyyan Kunju, Fr. Joseph Bastin, Parish priest, St. Jacobs church Pulluvila, Panchayat President, members & community members

PART II

THE PLANNING STAGE

AIMS OF THE CAMP

To sensitize the students about the living conditions of the poor and to develop a feeling of social integration in them

To create awareness among the students that higher education should not alienate them from the downtrodden sections of the society.

To create awareness among community people that they are not kept aloof from the common stream of society.

Develop competence required for group -living and sharing of responsibilities

AREA IN THE FIELD

WORKING GROUP 1	Kochupally to Kalyanamandapam
WORKING GROUP 2	Kalyanamandapam to Swaraj Club
WORKING GROUP 3	Swaraj club to St Jacob Club
WORKING GROUP 4 & 5	Pulluvila junction to Kalasagar & Kalasagar to Pallam

CONTACT PERSONS IN PULLUVILA

Fr. Joseph Bastin (Parish priest) : 9446704156

Fr. Prebhal : 8921355602

Mr. Jery (President) : 9496040644

Mr. Rethin Antony : 9037530733

Mr. Christopher : 9447471401

COMMITTEES AND GROUPS

CORE COMMITTEE

NSS Programme Officer : Dr. ANITHA. S

Staff Guide : Fr.SABU.P.THOMAS SJ

: Ms. FRANCINA P.X

: Fr. SAJI. SJ

Camp Leader : Mr. ABHISHEK. S

: Ms. MERIN JACOB

WORKING GROUP LEADERS AND ASSISTANT LEADERS

Group No.	Leader	Asst. Leader
Group 1	Ms. Sandra George	Mr. Sooraj. M
Group 2	Ms. Nanma Manoj	Mr. Jenin Koshy
Group 3	Ms. Brilliant Maria Anto	Mr. Sajan M.S
Group 4	Ms. Anagha Suresh	Ms. Chinnu Maria Michael
Group 5	Ms. Ashley James	Mr. Alen Jose

FUNCTIONAL COMMITTEE LEADERS

Programme	Ms. Jahn timer Nair
Food	Ms. Aardra Madhusoodanan
Documentation	Ms. Arunima S
Survey	Ms. Bushra Basheer
Logistics	Ms. Ashiely S James
Accommodation & Transport	Ms. Chinnu Maria Michael
Cultural	Ms. Anju
Prayer, Yoga & First aid	Mr. Ananthamadhavan
Finance	Ms. Reshma Raveendran
Camp paper	Mr. Sajan M.S

FUNCTIONAL GROUP LIST

Accommodation & Transport	Camp paper	Cultural
Gauthami Ancy Cristensia Chinnu (L) Sreejith	Archana Nanditha Sujin Sajan (L) Alen	Anju (L) Anjali Annie Sruthi Aswathya Reshma Prisma Greeshma
Documentation	Survey	Prayer , yoga & Firstaid
Arunima (L) Aryadev Brilliant Nanma Christben	Sajin Shilpa Parvathi Bushra (L) Sabitha Priya Surya	Bincy Elna Ananthamadhavan (L) Sureshbabu
Programme	Logistics	Food
Abhilash Treesa Jenin Nikitha Ugin Sruthy Jahnavi (L) Christopher	Ashley (L) Najma Sandra Mathews	Sunithakumari Unni Ashna Nikitha john Ramesh Adithya Aswathi Chandran Nisha Divya Ardra (L) Anangha Sarath

		Sidharth
Finance		
Manju Reshma (L)		

RESPONSIBILITIES OF FUNCTIONAL COMMITTEES

1. Programme Committee

Planning the programme in the field.

Arranging Inaugural and valedictory functions.

Printing the Notice of the camp. Contacting the resource persons for common programme

Banner and flag

Media - Giving the camp details to print and electronic media.

2. Food Committee

Budget, Menu, Purchasing

Store Keeping

Ensuring Vessels, Gas etc... , entrusting to daily groups, getting back and returning

Take care of the kitchen on the first day

Dividing the entire NSS volunteers into 5 groups and assigning their respective duties at kitchen

3. Documentation Committee

Get the report/data of the planning meetings from the Camp Leader/Voluntary Secretaries.

Arrange for reports of planning from the Survey Committee

Getting the daily report from the Working Groups.

Get the complete account from the finance committee.

Typing, Editing, and binding the report.

4. Survey Committee

Printing the interview schedule

Explaining it to the group working group members

Co-ordinate data collection
 Data entry
 Report – English and Malayalam

5. Cultural Committee

Arrangement of cultural program on the inaugural and valedictory functions
 Arranging entertainment program every day after supper

6. Finance Committee

Preparation of Budget
 Preparation and updating of Accounts & Daily expenses

7. Prayer and Yoga Committee

Arrange prayer and yoga for everyday morning.
 Time keeping
 Ensuring discipline and order in all the camp activities

8. Camp Paper and Exhibition Committee

Preparation of camp paper and presenting it every morning
 Collection and management exhibition materials like banner/poster etc.

9. Accommodation & Transport Committee

Arranging bus for journey
 Arrange mats for sleeping
 Necessary first aid materials
 Make ready the site to occupy

10. Logistics Committee

Identifying needed work in the community
 Collecting necessary implements
 Ensuring community participation
 Co-coordinating the work
 Arrangement of refreshment

RESPONSIBILITIES OF WORKING GROUPS

- Survey
- Coordinating the involvements in the community
- Coordinating different levels for preparation in view of the target groups(E.g.:- Preparation of classes for adolescent groups, mothers groups, activities for the youth, awareness classes in waste management and other issues faced by the people at the camp area.)
- Reporting/sharing the activities and experiences every day during evaluation and handing over the written report to the documentation committee
- Organizing cultural programme every day after supper as per the direction of cultural committee
- Any other participation for the overall well-being of the community involvement and group living.

DAIRY OF EVENTS IN THE PLANNING STAGE

As per the suggestion from Mr.Vathsyan Kunju, the admin of the WhatsApp group “PULLUVILA MAKKAL” and other natives of Pulluvila, NSS unit of Loyola College of Social Sciences decided to conduct our annual 7 day NSS camp “THEERAM” at Pulluvila,

Thursday 16th November 2017: Orientation about NSS camp Dr. Anitha.S, NSS Programme Officer gave a brief description about the history of NSS camps and its objectives. Fr. Sabu P Thomas oriented us about the functional and working groups. There was also sharing of experiences by previous Camp Leader Mr. Aloysius Antony and Ms. Balalekshmi. Later the camp leaders and working group leaders were selected. Mr. Abhishek. S & Ms. Merin Jacob were selected as the camp leaders. This was followed by planning functional committees about 45 minutes and presentation of the tentative plans was done. Fixing of programmes by the Programme officer and the Core committee along with group leaders had meeting at the college soon after the visit to make a tentative schedule of the programme.

Thursday 16th November 2017: Camp leaders visited Fr. Sabu P Thomas SJ, Vice Principal, Dr. Anitha. S NSS Programme officer, Staff guide Ms. Francina Xavier and Camp leaders Mr. Abhishek & Ms. Merin Jacob, in this meeting we finalized the programmes for the camp.

Friday 17th November 2017: Planning in functional committee for 45 minutes and planning of working groups for 15 minutes in Sutter Hall.

Monday 20th November 2017: Core committee meet together and finalized the matter for printing notice, banner etc.

Tuesday 21 November 2017: NSS Programme Officer Dr. Anitha. S, Staff guide Ms. Francina. P.X, Fr. Sabu P. Thomas. SJ, Vice Principal of the college, Mr. Abhishek. S camp leader, Ms. Merin Jacob along with group leaders visited the camp place. We had a meeting with local leaders, visited the priest of St. Jacobs Church, the community hall and other areas in the camp site. In the meeting with local leaders we mainly discussed problems of the community, areas to be focused during the camp. Pulluvila Makkal Whatsapp group members were active in the discussions.

Wednesday 29th November 2017: on the basis of discussion with community leaders, we organized an orientation for the volunteers about the different welfare programmes of Government of Kerala by Fr. Joye James S.J

Further activities and follow ups happened in the month of December and January

Wednesday 21 February 2018 : Second pre-camp visit was done by NSS volunteers. More interactions was done with the natives, Panchayath officials and other community members .It was a most informative and interactive visit. Data mining was an important agenda of this visit. Camp leaders also fixed the accommodation site for the camp during this visit.

22 &23 February 2018: Mock classes and interactive sessions were done by the volunteers. Skits, dramas and awareness classes were exhibited before the NSS programme officer Dr. Anitha. S and other teachers

26 February 2018: A final reminder and prayer by the vice Principal.

ORIENTATION CLASS

The first orientation class was on 16th November 2017. The meeting started at 3.30 pm. with an introduction about the NSS given by Dr. Anitha. S, NSS Programme Officer. After the introduction, Fr. Sabu P Thomas SJ, Vice Principal, Loyola College of Social Sciences, spoke on the history of NSS, the mission of NSS and the various services which the volunteers can provide for the community, the major issues in the community and the ways of addressing them. He suggested that formation of various groups such as Women, Children, Youth and Senior citizens would be good to identify the needs and also for facilitation of services. Following which Dr. Saji P Jacob addressed the meeting and Mr. Aloysius Antony and Ms. Balalekshmi, former NSS camp leaders shared their varied experiences about being a part of NSS. Soon after a meeting was conducted in which Mr. Abhishek S was selected as the camp leader and Ms. Merin Jacob was selected as the assistant camp leader. Fr. Sabu P Thomas SJ also talked in detail about the various groups, functional as well as working groups that the students will be sorted into and their respective duties. Moreover, the volunteers were divided into functional groups namely accommodation, camp paper, cultural, data processing, documentation, environment, food, finance, prayer/yoga, programme, survey. The members were asked to sit in their respective functional groups and plan for the camp based on the budget allocated to them after which the leaders of each group shared their plans with the whole group

Thursday November 2017 Mr. A. Ghosh trainer in Shuchitwa Mission gave us an orientation on waste management and different measures that can be adopted in Pulluvila during our camp. It was a very effective class. On 24th Friday November 2017 an awareness class on mental health was conducted by Smt. Susan Pradeep, senior counselor Pratheeksha Deaddiction Centre. She spoke about the importance of having a stable and healthy mind that enables people to overcome issues that comes in life. Next day 27th November Monday by 2:30pm Mr. G.V Hari took a class on group dynamics the session was very interactive and informative. He included many stories and games in his session. On Wednesday 29th November 2017 on the basis of discussion with community leaders, we organized an orientation about the different welfare programmes of Government of Kerala conducted by Fr. Joye James S.J. All these interactions and orientations gave the volunteers a great deal of courage and confidence about how to tackle the situations at the camp site.

PRE-CAMP VISIT

On 21st February 2018, a group of ten NSS volunteers along with Dr. Anitha .S, NSS Programme Officer, Fr. Sabu P Thomas SJ, Vice Principal, Loyola College of Social Sciences, Ms Francina Xavier staff guide went for a pre-camp visit to Pulluvila in the afternoon. There they arranged a meeting with Fr. Joseph Bastin, Parish Priest, St. Jacob's Church Pulluvila, panchayath president pulluvila, Mr. Thadheoose Pulluvila Makkal Whatsapp group. In the meeting we discussed the major issues the community faces and requested the group to find innovative ways to address these issues. Some of the problems they pointed out were alcoholism & drug abuse, lack of interest in pursuing education, waste management, stray dog issues, and ignorance about the different schemes of Government of Kerala etc. It was decided that some programmes to address all these issues discussed by the group would be included in the camping programme. We also visited the place of our accommodation St Jacob's Community Hall and also the camp site. The food, survey, programme and accommodation committee noted down the facilities available and made their plans accordingly.

Orientation of various schemes of government of Kerala: On 29th November 2017 from 2.30 to 3.30 pm Rev. Fr. Joye James SJ gave an orientation of different schemes of Government of Kerala. He mainly spoke about the programmes of Social Welfare & department of Social Justice and Empowerment. He distributed pamphlets and leaflets which explained about various formed representing members from different departments. The working groups planned their activities in groups. Schemes and helpline numbers etc. This was very useful for the NSS volunteers.

This was followed by division of NSS volunteers into working groups of 5 having 13 members each. The leaders of each working group were selected and were asked to make subgroups for survey. The survey subgroups were created and given orientations.

PART-III

THE CAMP

HIGHLIGHTS OF THE CAMP DAYS

Inauguration of NSS Camp “THEERAM-2018”

Cultural programme

Survey

Street plays

Awareness classes

Gathering of women, children and senior citizens

Shramadhan

Valedictory function and cultural program by natives

Camp fire

Evaluation

Dairy of Events during the Camp

Day 1: 26 February 2018, Monday

12.45pm	Arrived at college
1.00 pm	Gathering in the Sutter hall
1.15 pm	Departure to camp site
2.00 pm	Arrival in camp site
2.30 pm	To community in groups, for inviting residents
4.00 pm	Tea
4.30 pm	Inaugural function
5.30 pm	Street play
6.30 pm	Cultural program
7.30 pm	Discussion with club members
8.30 pm	Dinner
9.15 pm	Evaluation of the day
10.45 pm	Prayer & off to bed

Day 2: 27 February 2018, Tuesday

6.00 am	Rising
7.00 am	Yoga, Prayer, Flag Hoisting, Message of the day
7.45 am	Instructions for survey & Camp paper
8.00 am	Breakfast
8.45 am	Orientation on social mapping by Fr. Sabu P Thomas SJ
9.30 am	Survey
1.00 pm	Lunch
3.00 pm	Awareness classes on Waste Management for residents of Pulluvila
4.30 pm	Tea
5.00 pm	Awareness class on Life Success
8.00 pm	Dinner
9.00 pm	Cultural programme
10.00 pm	Evaluation of the day
10.45 pm	Prayer & off to bed

Day 3: 28 February 2018, Wednesday

6.00 am	Rising
7.00 am	Yoga, Prayer, Flag Hoisting, Message of the day
8.00 am	Breakfast
8.45 am	Orientation on social mapping by Fr. Sabu P Thomas SJ
9.30 am	Survey
1.00 pm	Lunch
3.00 pm	Orientation classes for residents of Pulluvila
4.30 pm	Tea
5.00 pm	Awareness class
8.00pm	Dinner
9.00 pm	Cultural programme
10.00 pm	Evaluation of the day
10.45pm	Prayer & off to bed

Day 4 : 1 March 2018, Thursday

6.00 am	Rising
7.00 am	Yoga, Prayer, Flag Hoisting, Message of the day
7.45 am	Instructions for survey and interaction with people & Camp paper
8.00 am	Breakfast
8.45 am	Orientation on social mapping by Fr. Sabu P Thomas SJ
9.30 am	Survey
1.00 pm	Lunch
3.00 pm	Awareness classes on mental Health for residents of Pulluvila
4.30 pm	Tea
5.00 pm	Awareness class on Drug Abuse seen among youth and elderly
8.00 pm	Dinner
9.00 pm	Cultural programme
10.00 pm	Evaluation of the day
10.45 pm	Prayer & off to bed

Day 5: 2 March 2018, Friday

6.00 am	Rising
7.00 am	Yoga, Prayer, Flag Hoisting, Message of the day
7.45 am	Instructions for awareness classes & Camp paper, practice for street play
8.00 am	Breakfast
8.45 am	Orientation on Sramadhan by Fr. Saji SJ
9.30 am	Sramadhan
1.00 pm	Lunch
3.00 pm	Awareness classes on mental Health for residents of Pulluvila
4.30 pm	Tea
5.00 pm	Awareness class on Drug Abuse seen among youth and elderly, street play
8.00 pm	Dinner
9.00 pm	Cultural programme
10.00 pm	Evaluation of the day

10.45 pm	Prayer & off to bed
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Day 6: 3 March 2018, Saturday

6.00 am	Rising
7.00 am	Yoga, Prayer, Flag Hoisting, Message of the day
7.45 am	Instructions for organizing valedictory function & Camp paper
8.00 am	Breakfast
8.45 am	Tabulation , house visit by volunteers
9.30 am	Practice for valedictory function
1.00 pm	Lunch
3.00 pm	Awareness classes on mental Health for residents of Pulluvila
4.30 pm	Tea
5.00 pm	Awareness class on Drug Abuse seen among youth and elderly by volunteers
6.00 pm	Valedictory function
7.00 pm	Cultural programme by residents of Pulluvila
8.00 pm	Dinner

10.00 pm	Camp fire
11.30 pm	Off to bed

Day 7: 4 March 2018, Sunday

6.00 am	Rising
7.00 am	Yoga, Prayer
8.30 am	Evaluation (group wise & individual) General remarks by: Camp Leader Staff Guide Programme Officer
	Cleaning camp premises
1.00 pm	Lunch
	Back to Loyola

CAMP

Day 1, 26th February 2018

JOURNEY TO PULLUVILA

After a long wait, the much awaited day for first year NSS volunteers of Loyola College of Social Sciences, THEERAM 2018 started on 26th February, 2018. The preparations for the same started one week before. The programme committee, accommodation, survey and food committee started their background work early. The students reached at the college campus by 9.30pm and engaged in packing and arranging the necessary items for the camp. The students broke for lunch by 11.30am. There was a common discussion and prayer led by Vice Principal Fr. Sabu P. Thomas SJ and camp officer Dr. Anitha. S. As arranged by the accommodation and transportation committee, two buses were ready by 12.45pm to take the students to the camp sites. The students started the journey from college by 1.00pm and reached Pulluvila by 2.15pm.

The teachers and students were welcomed by the members of Pulluvila Makkal Whatsapp group and community members. The accommodation for all was arranged at the St.Jacob's Community hall, Pulluvila. A group meeting was held at 3.00pm and local community members were assigned to guide each working group. The students along with their respective guides went in their working groups to their field areas to invite the local people of Pulluvila for the inaugural function which was to be held at 5.30pm at Charathadi Purayidam.

Inauguration of NSS Camp THEERAM 2018

The inaugural function began with the recital of NSS Anthem by the Ms. Merin. The master of the ceremony was Ms. Jahanavi Nair. Dr Anitha S the camp officer of Theeram 2018 spoke about the objectives of NSS camp and welcomed the dignitaries and the gathering. Dr Saji P Jacob, Principal of the college delivered the presidential address.

The chief guest of the day was Deputy Collector and a former Loyolite Shri. Anu S Nair and he inaugurated the function. Then a street play on Good touch – Bad touch was performed by NSS volunteers. The keynote address was delivered by Fr. Joseph Bastin and ward member of Pulluvila panchayat Mr. Thadeivus spoke about Pulluvila. Fr. Sabu P Thomas spoke at the gathering and he made clear the motives behind choosing Pulluvila as the destination. The student co-ordinator, Mr. Abhishek proposed the Vote of Thanks. After that there was an array of cultural performance by the students of Loyola College of Social Sciences till 8.30pm.

After the cultural programmes the community members requested for a discussion regarding their expectations from our camp. A felt need has been raised by the community youth, that our camp has to help them in realizing one of their dream. In pulluvila they have so many youth clubs, they want to unite these clubs and develop solidarity among them. To pave way for that it has been decided to have an initial meeting tomorrow at Jaihind club. The meeting ended by 9.15 pm and volunteers returned to the camp site by 9.30pm. A dinner of kanji and payar was served by the food committee members at 9.45 p.m. It was followed by an extensive evaluation in which each member voiced their experience of the first day of camp life, the response of the community when they went for inviting them, the warm welcome they received, and also the problems and issues they noticed in the community such as alcoholism, lack of education, economic backwardness, thick population, waste disposal, sanitation, hygiene etc. The members were very happy with the accommodation and food that was served. Fr. Sabu P Thomas SJ, Dr. Anitha S camp officer, Ms. Francina gave their reflections about the camp. Then camp officer Dr. Anitha S instructed about the schedule to be followed on next day and assigned various duties to the different functional committees. The first day of the camp ended on a note of prayer after which the members dispersed for a refreshing and soothing caress of sleep.

Day 2, 27th February 2018

The second day of NSS camp kick started at 6 am. The students woke up at 6 am. Fr. Sabu P Thomas, Vice Principal made the students feel relaxed and refreshed through his yoga session which started at 7am. Flag hoisting ceremony was conducted at the community hall at 7.50am by camp officer Dr.Anitha.S. The message of the day was delivered by Abhishek Sathyan, camp leader. The documentation group presented the report of the previous day at 7.55am. Camp paper presentation was done by Fr. Sajan and team by 8am. Dr.Anitha.S the camp officer explained the programme schedule for the day. At 8.30am, the students assembled for breakfast. At 9am discussions based on guidelines for survey was conducted. The discussion ended by 9.30am, the students went for survey at 9.45am which continued up till 1pm.

CLUB MEETING

In line with yesterday's discussion Fr. Sabu P Thomas SJ, Dr. Anitha S, Ms. Francina and Assistant working group leaders went for the meeting at Jaihind club. The meeting started at 10am to 12.30pm. The main highlight of the discussion was in the community there are too many clubs co-ordinated by youth. The problem is all these clubs are formed with the objective to promote football. They all are very crazy about it. The community is very much worried that all the youth are after football and they are least interested with the development of the society. In this context the meeting has decided to visit each club leaders and ask them to come for a meeting next day. Accordingly all the team members disbursed and went to personally meet each club representatives.

At 1pm, the students assembled at the community hall for lunch. The NSS program coordinator of University of Kerala, Mr. Shaji A interacted with the students and spoke about the different initiatives of NSS such as Green Protocol, blood donation camp and organ transplantation. The session started at 3pm and ended by 3.30pm.

AWARENESS CLASS ON MENTAL HEALTH

An awareness class on mental health was conducted by Smt. Susan Pradeep, Senior counselor Pratheeksha De addiction Centre. She spoke about the importance of having a stable and healthy mind that enables people to overcome issues that comes in life. Several

practical aspects were discussed in the class regarding mental health. There was active participation from the community members.

AWARENESS CLASS AGAINST DRUG ABUSE

The awareness class against Drug abuse was taken by Shri. Jacob Varghese, Health Inspector, Nemom. Apart from talking just about drug use and addiction he spoke about the relevance of family values, mental health and stability. He also tried to spread awareness on other kinds of addictions like internet usage etc. The class was concluded by 7pm.

The students assembled back at the community hall and had their dinner at 8pm. The cultural program for the day was conducted to its fullest by group 1. The day was called off by evaluating the events, taking suggestions and opinions. After prayer everyone went to bed at 10.45pm.

DAY 3, 28th February 2018

The third day of NSS camp started on a positive note. The students woke up at 6 am. Ananthamadhavan of MSC counselling psychology made the students feel relaxed and refreshed through his yoga session which started at 7 am. Flag hoisting ceremony was conducted at the community hall itself at 7.30 am followed by NSS anthem. The report of the previous day was presented by Arunima.S. Camp paper presentation was done by Christansia and Alen Jose at 7.40 am. After day's briefing by the camp officer by 7.45 am the students assembled for breakfast. The students assembled back by 8.55 am there was a discussion based on the proceedings of the survey. The students made a general outline of houses to be covered so as to speed up the process. The students went for the survey by 9 am which continued till 1pm. At 2.30 pm, there was a meeting on survey tabulation. Miss Francina explained about tabulating survey information and sampling methods. This helped in creating a general outline of what to be done to formulate the findings of the survey. After this sessions volunteers divided into their respective working groups and went for survey.

AT THE FIELD

Group 1 has completed more than 60 houses. The main issue encountered by the group members was of waste management, open defecation, poor conditions of roads and

drainages. Their survey was in ward no: 1 and by the end of the day, including previous day's survey they completed around 163 houses. The remaining two members (Shilpa, Sooraj) attended the club meeting which was conducted at Jaihind club from 3.00pm to 5.30pm.

Group 2 has covered areas like Chembakaramanthura, P.P Vilakom and Charathadipurayidam. The whole team collected above 100 houses. The problems of these areas were improper waste management and drainage facilities. The assistant leader Jenin Koshy went for the club meeting conducted in the Jaihind club.

Group 3 was splitted with two people each for conducting survey. The group completed around 60 houses in ward no: 16. The major issues faced by the people in this ward was improper drainage system, stray dogs, improper waste management etc.

Group 4 completed filling 75 survey forms by visiting different families. The main issues in the areas covered were waste management issues, stray dog issues, open defecation etc.

Group 5 continued the survey from Kalasagar-Pallam. The people of this community were very co-operative towards the NSS volunteers. The group visited about 20 houses and had an interactive session with the members of the "Thozhilurappu Mission". They shared their problems with the NSS volunteers. Many of them do not have proper housing facilities and latrine facilities. Lack of permanent job was another problem faced by them.

By 12.30 pm the group members reached back for lunch. By 3.00 pm the group members continued the pending survey work.

AWARENESS CLASS ON WASTE MANAGEMENT

At 3.30 pm an awareness class on waste management was conducted by Sri. Ghosh P.S , who is the faculty of Suchithwa Mission. He mainly focused on the need to advocate minimum wastage and segregating degradable and non-degradable wastes. He also focused on the threats behind improper sanitation facilities and open defecation. He pointed out that human excreta is the most harmful waste that exist on earth. He suggested many solutions for these existing problems and he also discussed about healthy sanitation habits. Overall it was a very useful and informative session.

CAMP SITE

The students assembled back at the community hall at 6pm. They rested for a while and had dinner at 7.30 pm. The cultural programme for the day was conducted by group 2. The day was called off by evaluating the events, taking suggestions and opinions. The five different groups shared their reflections. There were major suggestions like conducting a social interaction programme where the natives along with panchayath members could discuss the issues. Waste management is an important concern for pulluvila. After prayer everyone went to bed at 10.45 pm.

Day 4 : 1 March 2018, Thursday

1st March 2018, Thursday, the fourth day of the camp began at 6am. Fr. Saji SJ refreshed the students, leading the yoga class that began at 7am. By 7:45, the flag hoisting ceremony was held, and the volunteers sang the NSS anthem. The message for the day was delivered by Fr. Suresh Babu. Volunteer Arya presented the previous day report and Najima, Nanditha and Fr. Suresh Babu presented the camp-paper. The volunteers had their breakfast by 8:45am and by 9:10, the students gathered for general instructions on field work.

DRAMA ON ANTI-DRUG ABUSE

The excise department has done a drama for the school students on the theme 'Ill-effects of Drug addiction' named 'Padivare Kakkaruthe'. It was organized in Leo XIII school. The drama was well taken by the students. The session began with an awareness class by Sri. Benchamin A J, Circle inspector of Excise, Neyattinkara. It was organized in the context of drug addiction and alcoholism among school students. It was an interactive session and several questions were asked by the students.

CLUB MEETING

The meeting including all the club members was arranged at Jaihind club at 10:30am. NSS Programme Officer Dr. Anitha, Fr. Sabu P. Thomas SJ, Fr. Sji. SJ, Ms. Francina and assistant leaders of working groups gathered at a meeting at the Jai Hind. They discussed the possibilities of activities that could conjoin all their efforts for the betterment of the community standing united. After the meeting, the volunteers were divided to 3 groups, who visited and invited more club leaders for a meeting scheduled on 28-02-2018 at 03:30pm.

IN THE GROUPS

Group 1 went out for survey with their community guide, pretty excited because it was their last day of survey and the group had succeeded in completing the houses. The group split to pairs and finished survey in 20 houses of Ward 17. From the day's survey the volunteers found out that many of them are not aware of the potential each person possess, and about different health care schemes offered by the government. The most common problems shared by the people were improper drainage systems, stray dogs, waste disposal troubles and alcoholism.

Group 2 began their survey at 10am, fixing a goal of 250 houses. The 8 members of the group visited 24 houses in the P. P. Vilakom area. The common issues reported were waste management and improper drainage system. The members of the group found that their communication skills had developed, and realised the importance of confidence and empathy.

Group 3 went for survey by 10:30am, after completing the data tabulation process for the previous day. Divided into several sub-groups assigned different areas, the group surveyed around 50 houses in ward no 16. In the survey, the volunteers listened to the residents problems relate to waste management, lack of proper drainage facilities, in-availability of ration cards, etc.

Group 4 also left for survey at 10:30am, and almost finishing the survey, the group members also invited community members for the awareness class organized by the group in the evening and also for the Valedictory function on Saturday. The fore noon session concluded by 1pm.

Group 5 attended the meeting at 9:15am, regarding the data tabulation and received instructions and clarifications from volunteers Sajin and Shilpa of the survey committee. The group started for survey by 10:30am, guided by Antony of Kalasagar club and Ajith of Galaxy club.

The volunteers arrived back at the Community Hall for lunch by 1pm. After that, the volunteers gathered by 2:30pm to receive instructions concerning tabulation of the survey data and complete the process till 4:30pm. After finalizing their survey. The groups sat down to finish their tabulation work, except the members on Kitchen duty.

EEFFECTIVE LEADERSHIP FOR SUCCESS IN LIFE

The volunteers gathered at the Swaraj club, along with a few members of the community for an enrichment session by Sri. George by 5pm. The session was targeted the youth of that area. The session was mostly on how a leader should be what are the essential qualities of a leader. The resource person was very proficient in Nadan pattu. Through nadanpattu and all it became very easy to reach the youth. They actively participated in it.

At 6pm, the group conducted a class on 'Positive Parenting' handled mostly by Najima and Sajin till 6:30pm. The many people who attended had been very attentive and the group has learnt in how to organize a class effectively. The fruitful and entertaining session ended on a positive note by 7:30pm

The camp had supper at 8:15pm. By 9:15pm, Group No.4 presented their cultural programmes. Following was the Evaluation session at its full swing the day, with volunteers having evolved to feel free to share their experiences. Sreejith, Sarath and Sujin opined how the camp has helped them to add to their confidence to face an audience. By 10:45pm, the camp retired to bed after prayers.

DAY 5, 2nd MARCH 2018

The day 5 started with yoga class initiated by Fr.Saji. The NSS flag was hoisted by camp Officer Dr. Anitha S., followed by the anthem by the volunteers. Group No. 3 presented the Camp Paper and Report of the previous day. The Food committee had prepared crispy poori and hot spicy aloo masala. One group of the volunteers had street play practice screened by Fr. Saji and Ms. Francina, to be presented at the different wards of Pulluvila by 5pm. There was a brief session for survey data tabulation after which the 5 working groups left to their respective areas.

SHRAMADHAN

The shramadhan was carried out at the pulluvila sea shore. The group members collected plastic waste dumped along the roads and sea-shore. A few groups reported that the public was very supportive and joined in the venture, whereas at some places, the public showed disinterest despite children joining in with the volunteers. Plastic waste becomes a severe issue here, when the plastic strewn across the beaches and complaints about no other way than to burn plastic is observed. Experience also makes evident that Pulluvila is not an Open-defecation free area. The beach-side is proof for substantiation, showing the lack of awareness and dire carelessness, resulting in increasing health issues.

MEANWHILE IN THE GROUPS,

Group 1, after tabulation process, left for 'Shramadhan' by 10am. The group collected waste in the plastic bags provided to them, and returned to camp for lunch. After lunch, the team sat down again to complete the tabulation. By evening, the group went out to field to conduct awareness classes, distributing informative pamphlets, and organising audience for the street play. The group was also able to organise participants for cultural events at the Valedictory function the next day.

Group 2, began their 'Shramadhan' at Charathadi Purayidom after 11am. Since the group had most of its members in the food committee, group1 received help from group2. With all the others, the group returned by 12:30pm to finish data tabulation before lunch.

Group 3 did with their tabulation process and left for field by 11am. They returned by 12:30pm after 'Shramdhan', helped by youth members of Pulluvila and Fr. Saji.

At lunch, delicious fried rice with pickle, pappad, salad and chicken curry awaited the volunteers. Fr. Saji's cousin and a former Loyolite, with her husband, in the vicinity had come visiting, and brought treat of ice-cream for all the campers.

STREET THEATRE

The volunteers with the guidance of Fr.Saji SJ and Ms. Francina P.X prepared for the street play. The theme was about drug addiction, alcoholism. In the evening Sri Sajith Babu sir visited our camp and he had an interaction with our students and sir was also part of the street play. Sir appreciated the efforts taken by the students. The street play was played at five different locations.

On the same day students also did awareness classes. Reshma conducted an awareness class on "Life-style diseases" and on "Girls' Hygiene". At 5:30pm, the group returned to field, inviting community members for the street play. Group member Anju Anna Geevarugheese took Life skills training session for a group of people, engaging everyone in interaction and games till the street play happened at 7:45pm. After returning to the camp, volunteers had dinner. After dinner cultural programs were conducted by the cultural committee. After this during the evaluation at 10pm, three members of each group made reflections. After evaluation and prayer everyone went to bed by 10.45 pm.

Day 6, 3 MARCH 2018

The day began fresh and clean with a nice hot tea by the food committee. At 7.45pm the flag was hoisted by NSS student coordinator Ms. Merin Jacob, followed by the NSS anthem. Ms Arunima from the documentation team read the report of the previous day. The camp paper was unveiled by the student coordinator and presented by Suresh and Sajan. At 8am, the camp had breakfast of upama prepared by volunteers at the community hall. After breakfast the camp packed up to accommodate the function happening at the community hall, shifting all their luggage and work to green rooms. The documentation committee, survey committee and the volunteers helping them stayed back at the community hall finishing work while the working groups set out for field. By 1 pm all the campers arrived at the Pulluvila CTC convent in groups for the delicious sadhya provided by a family at the community hall.

After lunch and visit to the St Jacob's church the campers returned to a community hall by 3pm and food committee set on their work for dinner. By around 4.20pm, seniors arrived there. By 5pm, the camp shifted to Charathadi Purayidam for the valedictory function.

VALEDICTORY FUNCTION

There was a good crowd gathered and groups of children practicing for the cultural programs. The program started at 6.15pm .Nikitha Ugin & Merin Jacob sang the NSS song for the function. Program officer Dr. Anitha. S, Rector and Manager of Loyola College Fr. Joye James SJ, Principal Dr. Saji. P. Jacob, Vice Principal Fr. Sabu .P Tomas SJ, Ms. Francina Xavier, Mr Shiju Pulluvila Whatsapp Group representative & Parish Priest Joseph Bastin were present for the function. Ms. Jahnavi. Nair was the master of ceremony. Programme officer Dr. Anitha S delivered the welcome speech. Ms. Namma Manoj presented the Camp Report & Mr. Sajan MS presented the Survey Report. Fr. Joye James SJ spoke about the relevance of the findings of the Socio-Economic survey. Later Fr. Sabu. P Tomas SJ & Parish priest Joseph Bastin also delivered the speech. They shared their expectations, suggestions, ideas and dreams for the development and upliftment of the Pulluvila community. Later Ms. Francina Xavier delivered a speech with respect to her experiences and survey based suggestions. Mr. Shiju of Pulluvila Makkal Whatsapp Group delivered a speech thanking the College authority, NSS camp coordinators & volunteers for arranging a camp at Pulluvila and making it a grand success. Mr. Rethin handed over the memento to Dr. Anitha. S , NSS Programme officer as a token of thanks & gratitude. Camp coordinator Merin Jacob expressed her sincere thanks to the community for supporting and making the camp into a great success. After the official function there were a set of cultural programs conducted by the youth of Pulluvila. At 8.30pm we returned to the hall and had dinner. We had camp fire at 10.15pm followed by several fun activities and it lasted till 11:30pm. After camp fire everyone went to bed.

DAY 7, 4th MARCH 2018

The breakfast was served at 8:30 am. The last day of the camp started with usual prayer and yoga led by the prayer and yoga team .Group one presented their camp paper. The last day was for the evaluation and other camp activities.

EVALUATION

Evaluation started at 10 am after breakfast. Dr. Anitha. S NSS Programme officer gave an orientation about the different aspects of evaluation. The first 45 minutes was spent for individual evaluation. For that purpose, the NSS volunteers were asked to write about their views and opinions of the camp on a sheet of paper. After the individual evaluation, volunteers were asked to sit in their respective working groups and have a group evaluation where the comments made by the group members were noted down by the group leader and later on it was presented before others. After the group evaluation, there was evaluation by the leaders of functional group about their activities. Dr. Anitha S, NSS Programme Officer Mr. Abhishek Sathyan, the camp leader, Rev Fr Sabu P Thomas SJ, Ms. Francina P X, the staff guides shared their evaluation regarding the camp. The evaluation lasted for about 3 hours. After the evaluation there was a delicious lunch arranged by “PULLUVILA MAKKAL GROUP”. After the lunch, the NSS volunteers cleaned the camp site and by 2 pm volunteers bid farewell to PULLUVILA with lots of memories to cherish forever.

PART IV

SOCIO-ECONOMIC SURVEY REPORT - 2018

PULLUVILA

INTRODUCTION

Pulluvila holds its place in the outskirts of the Trivandrum city in the southern side of Kerala. It is situated in Karimkulam Panchayat of Neyattinkara Taluk in Trivandrum district. Their main source of livelihood is through the means of fishing. The history of Pulluvila is marked by the developmental activities that took place in the social, political and cultural aspects in the recent years. The various social service clubs and the societies along with the NGOs is doing their maximum to eradicate the problems, but their reach has a limited extent only.

Christian community predominates the spirituality of the people in Pulluvila. The Churches are an inevitable part of their life. St. Jacob Church in Pulluvila adds to the beauty of the outlined sea.

Recent surveys and analysis shows that the developments hitting the shores of Pulluvila are effective, but not remarkable though. Over recent years, people have been into the jobs of various fields other than fishing. This has made several changes to the socio-cultural and socio-economic backgrounds of Pulluvila.

OBJECTIVES

1. To understand about the socio-economic status of Pulluvila.
2. To understand the living conditions of people living in Pulluvila
3. To study their health status, life style diseases and the various addictions they are prone to.
4. To know the awareness level of people about waste disposal and the methods they adopt for waste management and the challenges they face due to improper waste disposal.
5. To analyze various activities of the Service Clubs available in Pulluvila.
6. To know the problems faced by people due to stray dog menace and the measures undertaken by the panchayat to prevent stray dog menace.
7. To provide suggestions for various developmental activities with reference to their socio economic status.

SURVEY METHODOLOGY

Pulluvila is situated in Karimkulam Panchayat of Neyattinkara Taluk in Trivandrum district. Karimkulam, Panchayath which is of 2.34 sq. km. area, has three main villages- Karimkulam, Kottukal, Kanjiramkulam which consists of 18 wards. The survey was conducted by the NSS volunteers from 27th February 2018 to 2nd March 2018. The selected wards for the survey were 1,15,16,17 and 873 houses were surveyed.

MAJOR FINDINGS

Exact number of houses covered was 873 and 993 families were surveyed. The total population surveyed is 4123, in which 1996 are males which accounts for 48.4% and 2127 (51.6%) are females. Infants found were about 8.5%, children 9.7%, adolescents 14.6%, Youth 24.5%, Elders 25.1%, middle aged 12.1%, old aged 4.9%. Among this, 99.5% are Christians and 0.4% are Muslims. 97.7% belongs to OBC caste, 1.6% General and 0.5% belongs to OEC category. About the marital Status, 51.1% are married, 43.8% are unmarried, 2.9% are widows or widower, 1.09% are divorced and 0.6% are those who lives separated from their spouse.

Regarding the educational qualification, 20% did their education till LP, 18% UP, 13.8% did their high school education, 13.4% SSLC passed, 10.1% Plus two passed. 5.9% did their higher education, 1.3% are Post Graduates, 2.1% did Professional education, 1.2% Technical education and 1.6% comes under “others” category. With respect to the occupational status, 37.6% are engaged in fishing related jobs, 16.8% are employed in Gulf Countries, 5% are skilled laborers. 1.3% are Government servants and businessmen.

Majority of the respondents (72%) have their monthly income under 6000- 10000(Rs) category, 11% under 3000-6000(Rs), 8.4% under 1000-3000(Rs) and the remaining 2.1% earns their monthly income above 30,000. With respect to their Ration Card status, majority of the families (73.4%) belongs to BPL category. 11.8% of them are disabled or handicapped individuals. Majority of them (84.8%) owns their land, 11.1% stays in rented house and the remaining 4% stays in their relative's home. About the Cent in which their houses are constructed, most of their houses (64.4%) are constructed in 2-5 cent land, 11.7% between 5-10 cent land, 3% between 10-15 cent land and 2.7% of them have more than 16 cent land.

Regarding the type of house, 48.8% lives in terraced house, 21% under sheet covered houses, 18% in tiled homes and the remaining 11.1% in thatched homes. Majority (91.1%) of the houses have electricity connection.

Majority of them (72%) uses their own toilets, 19% uses the community toilet available, and 8% of them does open defecation. With regard to the source of drinking water, 42.2% uses the bore well facility, 20% from their own well, 15% from others bore well facility, 17.8% from the community well, 5% from the public tap available. Majority of them (74.9) are drinking boiled water.

More than half of the men are victims of substance abuse or addictions. 52% are Alcohol addicts, 26% are drug abusers, the remaining 22% uses other types of addictions like tobacco, pan masala, snuff etc. An average of 3500Rs are spent monthly by them for the above mentioned substances.

Majority of them (88.8%) are not engaged in any type of vegetable cultivation.

Concerning about the life style diseases, 49.2% suffers from one or the other life style diseases mentioned below. 50.9% have blood pressure, 39.3% have diabetics, 29.6% from Asthma, 17.9% have cholesterol, 10% from heart disease, 10.7% from thyroid, 5.3% from Tb, 4.1% from cancer, 4.1% from kidney diseases, 4.6% from liver diseases. 50.7% of them have health insurance.

Majority of the parents do spent quality time with their children and 62% of them do enquire about their children's study related matters and take opinions from the concerned teachers. But, the level of control of parents over the children of age above 18 is much less.

Majority of the women are members of Kudumbasree unit and among them 53.6% have received trainings from the Kudumbasree unit.

87.4% of the respondents are satisfied by the visits and services of Asha workers.

47% and 57% of them are still suffering from stray dog menace and waste management issue respectively.

SUGGESTIONS

1. Improper waste disposal is the major problem found in Pulluvila. Proper measures needs to be taken for waste management. Even though the women of Pulluvila are aware the hazards of improper waste disposal, since there are no effective measures taken they dispose it in the sea. Though the panchayat has provided the plastic bags to collect and dispose household wastes, these bags are filled with wastes for the past six months, and they failed to recollect those bags. Due to the lack of scientific measures in sewage construction, many other issues like stagnant water, drainage block etc arises. Thus immediate actions should be planned keeping coastal areas at the focus point. At the same time awareness should be build regarding environmental protection and social hygiene among Pulluvila people.
2. The level of alcohol and drug addiction is not only prevalent among youth and elders of Pulluvila but also among the school level children. Thus the responsible authorities like Cultural and sports clubs, police should take immediate action to prevent usage of alcohol and drugs by children and to ensure this, certain actions like police patrolling during night hours.
3. Measures to be taken to decrease stray dog menace and by implementing proper waste management this issue can be reduced to an extent.
4. Provision for toilet facilities at each house should be ensured as open defecation is found as a major problem of Pulluvila, which is caused due to long distance to the community toilet available. Financial help as well as awareness regarding the hazards and the health issues caused due to open defecation should be given.
5. To provide awareness regarding the benefits of vegetable cultivation at home. The reason why they are not engaged in vegetable cultivation is due to lack of space. Also to provide financial help by the panchayat for effective vegetable cultivation within the limited space available. Provision of biogas should be ensured.

6. While giving permission to new houses, it should be ensured that septic tanks, biogas plants and rain water harvesting measures are constructed along with it.
7. Life style diseases are mostly seen in women and girls of Pulluvila as they don't do much physical labour as compared with the men and boys of Pulluvila. There is a high need to educate the women and girls about the importance of exercises, proper diet and their involvement in physical activities. Thus the panchayat, NGOs, clubs of Pulluvila must provide awareness classes and free medical check-up for them.
8. Provide proper street light facilities to the narrow roads of Pulluvila to reduce anti-social activities like sales of illegal drugs.
9. As sea resources are depleting and the inconsistencies in income there is a need provide educational trainings, PSC coaching, vocational trainings at school level and among youth, also to Skill development centre needs to be established in Pulluvila.
10. Measures needs to be taken to ensure people's participation in Grama Sabha
11. Encourage club activities and unification of clubs of Pulluvila, in order to bring social responsibility among the youth and to uplift their socio-economic and socio-cultural life.
12. Create awareness among the new generation and their parents about the creative aspects and responsible usage of mobile phones.
13. There should be more anganwadis in Pulluvila. Through which family empowerment shall be ensured.

CONCLUSION

All changes are not developments, development occurs when change happens for growth, and if growth is the aim, then more should be planned. Thus, for a planned movement, studies, discussions and debates are essential. Developmental programmes should be formed giving priority to factual matters. In brief, actions without proper planning and projects without needed action never leads to developments. Pulluvila village possess so much energy sources, which needs to be coordinated and should be utilized in the most effective way.

The survey report has been submitted by the NSS unit of Loyola College of Social Sciences and we hope that this document will not be under red tape. We hope that the suggestions provided will be considered for the better development of Pulluvila.

Part V

EVALUATION

EVALUATION

DAILY EVALUATION

The daily evaluations were conducted at the camp place. The evaluation was done both on an individual basis as well as group basis. During evaluations our staff members also share their views and opinions regarding the camp and they also asked the volunteers to share their views. The cultural committee was congratulated for their good performance in the inaugural as well as the valedictory functions. All NSS volunteers were satisfied with the food committee. Camp paper and exhibition committee was commented for their marvelous work. House visits and survey was unique experience for many. It was qualitative in nature. The data collection was a chance for knowing more about the life of the people in the community as many members from the community narrate their stories and shared their expectations about Pulluvila

FINAL EVALUATION

The final evaluation of the camp started at 9:30 on 4th march 2018 at the camp site. It was conducted at three stages. At first stage, planning and evaluation was done at two levels. These stages were evaluated by each one of the volunteers NSS programme officer and the staff guides. Final evaluation analysed the positives and negatives of each stage of planning and implementation. And also evaluation pointed out various suggestions for the camps that has to be taken care of in the coming years.

The key points considered during evaluation are as follows.

PLANNING STAGE

PLANNING IN THE COLLEGE

Selection of camp leaders

Dividing students into five working groups and selection of group leaders were done

Selection of 10 functional committees and their leaders

Orientation to the volunteers by Fr. Joye SJ, Fr. Sabu SJ, Mr. Ghosh, Mrs. Susan Pradeep, Mr. G V Hari

Sharing by previous camp leader, previous programme officer

Preparation at functional committee level and working group level

PLANNING IN THE COMMUNITY LEVEL

Visit by Programme Officer , staff guide, camp leader and leader of programme committee meeting Parish Priest, members of parish, Pulluvila Makkal whatsapp group members, Panchayat members, and others. We were able to present the blue print of the camp.

II. IMPLEMENTATION STAGE

1. COMMUNITY LEVEL

Preparation and journey to camp site

Inaugural function

Survey of the community + Social Mapping + Tabulation + Presentation

Class on Women Empowerment

Class on Social Mapping

Awareness class on de-addiction

Class on Youth Empowerment

Street play done by NSS volunteers

Drama by excise department on drug abuse

Class by excise dept. to school students

Shramadan

Interaction with Programme Coordinator of NSS (University of Kerala)

Interaction with the youth club members regarding the union of club activities

Valedictory Function

Camp Fire

Evaluation of working groups

2. GROUP LEVEL

Food

Accommodation

General Discipline & Time Management

Yoga & Meditation, Prayer, Assembly

Camp paper

Cultural / Recreations

Evaluations

Evaluation of Functional Committees

GENERAL REMARKS

Working Group Leaders

Leaders of Functional committees

Camp leader

Accompanying staff

Programme Officer

Venue

Time & duration

IV. SUGGESTION FOR FUTURE CAMPS

V. FIVE GROWTH EXPERINCES/ INSIGHTS/ FAVOURITE MEMORIES OF YOU IN THIS CAMP

METHODOLOGY

Personal writing 45 minutes

Working Group Level Sharing - 1 hr (Group leader has to note each point)

Presentation in General meeting 30 minutes

Camp Leader's Remarks

Remarks by the Staff guide Ms. Francina Xavier

Remarks by Programme officer Dr. Anitha. S

Remarks by Vice-Principal Fr. Sabu P Thomas SJ

Merits and demerits of the camp from the planning stage to the implementing stage were discussed during the group evaluation. The key points emerged during the evaluation is as follows:

The major positives were:

Camp promoted team work, cooperation and enhanced the group dynamics.

Camp helped the volunteers to come face to face with social realities.

Survey was effective as a medium for interaction with the community people

Street plays by NSS volunteers was a great initiative.

Volunteers could analyze the major issues prevailing in the community and could address them to an extent.

The survey report and social mapping were major learning aspects

Working in kitchen at least one day boosted confidence of volunteers

Many were able to adjust with limited facilities of the camp

Participation and encouragement of the local people were encouraging

People welcomed them whenever they went to community

Plastic waste collection as part of Shramadhan was a meaningful initiative

Though time schedule of the awareness classes for public were not appropriate for students, it was helpful for them to attend the classes.

SOME OF THE CRITICISMS AND SUGGESTIONS FOR IMPROVEMENT WERE:

The camp happened to be very liberal to some volunteers.

Some students were not punctual and this created lag of whole programme

Time schedule of the awareness classes for public took evening relaxation time of students.

The sessions of the orientation classes could not be utilized properly.

Sramadhan must be done with more planning and preparations

CONCLUSION

All the NSS volunteers actively took part in all the activities of the camp. Since the number of students in the college is very few, everyone gets involved in all the programmes organized in the college at different levels like planning, implementation, monitoring and evaluation. The seven day rural live in camp at Pulluvila, the volunteers considered it as a turning point in the molding of the volunteers as socially committed individuals. Once the camp was over, all the volunteers have felt some degree of greatest achievement in life. Everyone was enriched with different unforgettable lessons and memories for a lifetime. The live in camp will surely make transformations in every volunteer and make them better vigilant citizens.

Let me take this opportunity to thank the Manager, Rev.Fr.Joye James SJ, our Principal, Dr.Saji.p.jacob, the staff members- both teaching and non-teaching, and the staff of our loyola extension services for the successful completion of the camp 2017-18. Let me specially mention the support given by my colleagues especially previous programme officer Ms.Francina P.X, Fr.Sabu.P.Thomas, Fr.Saji SJ, who stood with me in organizing the camp this year. The support by Dr.Pramod SK, Dr Angelo Pm Mathew, Ms.Lini Jolly , Ms.Nisha Jolly Nelson and Mr.Prasanth are remarkable. We greatly remember the support extended by our canteen members and senior volunteers. The initiatives and collaboration of the NSS voluntary secretaries are remembered gratefully. The Regional Director , Programme Co-ordinator and his team in the University of Kerala who gave guidance and assistance throughout the year are gratefully remembered. The work of documentation team and technical assistance by Ms.Arunima.S.Kumar, Ms.Nanma Manoj is remarkable. Last but not

the least let me thank the people of Pulluvila who have taught us valuable lessons for life. In Pulluvila all the help in the community was whole heartedly done by Sri.Rethin. Each and every one associated with us is greatly remembered and looking forward to their continued support in future.

The seven day rural live in camp is considered as a turning point in the moulding of the volunteers as socially committed individuals. It gave a first hand experience about coastal areas and the people. The camp was an opportunity for observing the common man's life closely. More or less the seven day camp in Pulluvila was a heartfelt experience for many camp members. Once the camp was over, all the volunteers have felt some degree of greatest achievement in life.

Ms.Arunima.S.Kumar

Dr.Anitha.S

Dr.Saji.P.Jacob

Voluntary Secretary

Programme Officer

Principal

Compiled by Ms.Arunima.S.Kumar, Ms.Nanma Manoj, Christ Ben,

PHOTO FIESTA



Orientation classes



Planing



Preparations



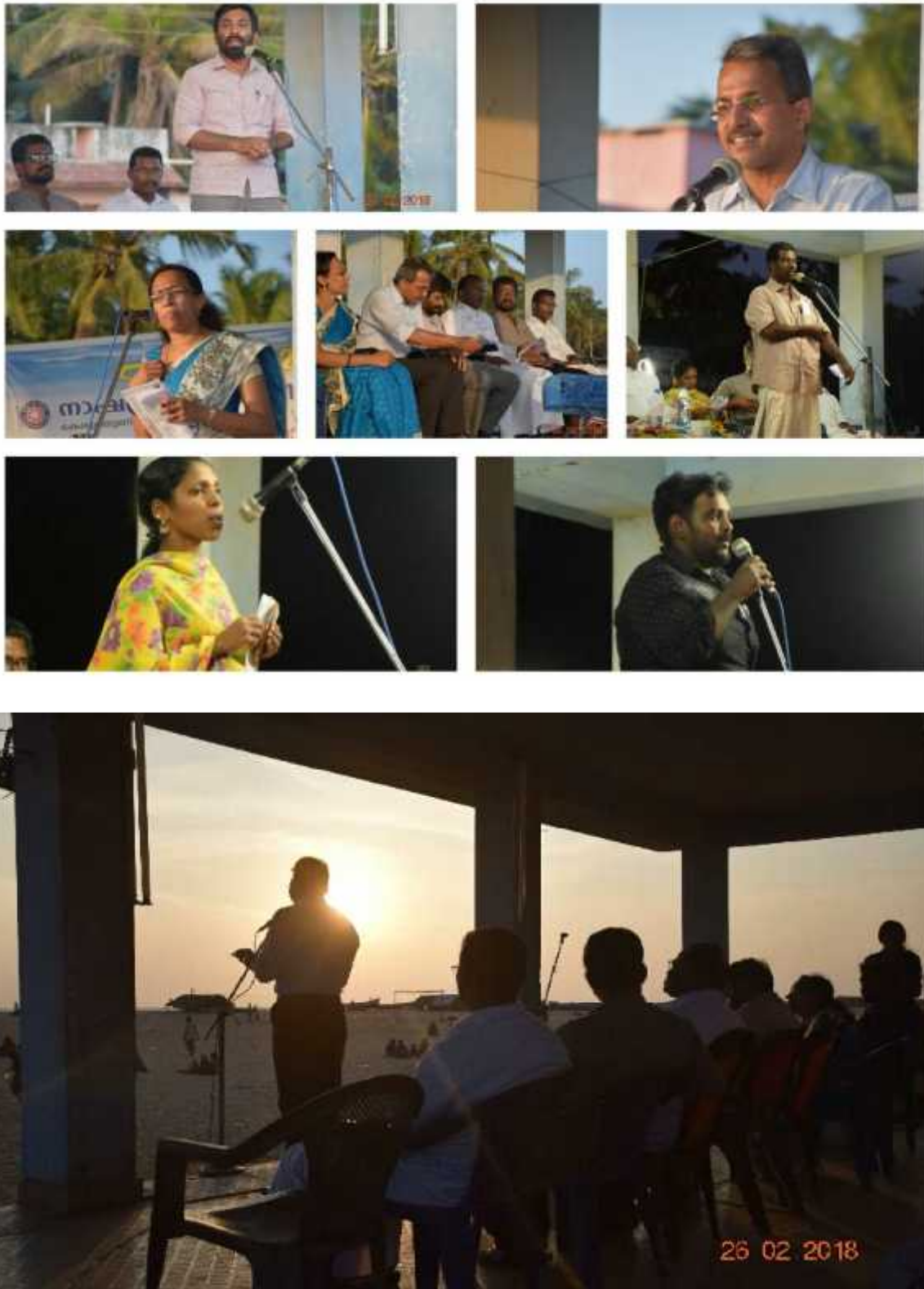
To Pulluvila



Welcome

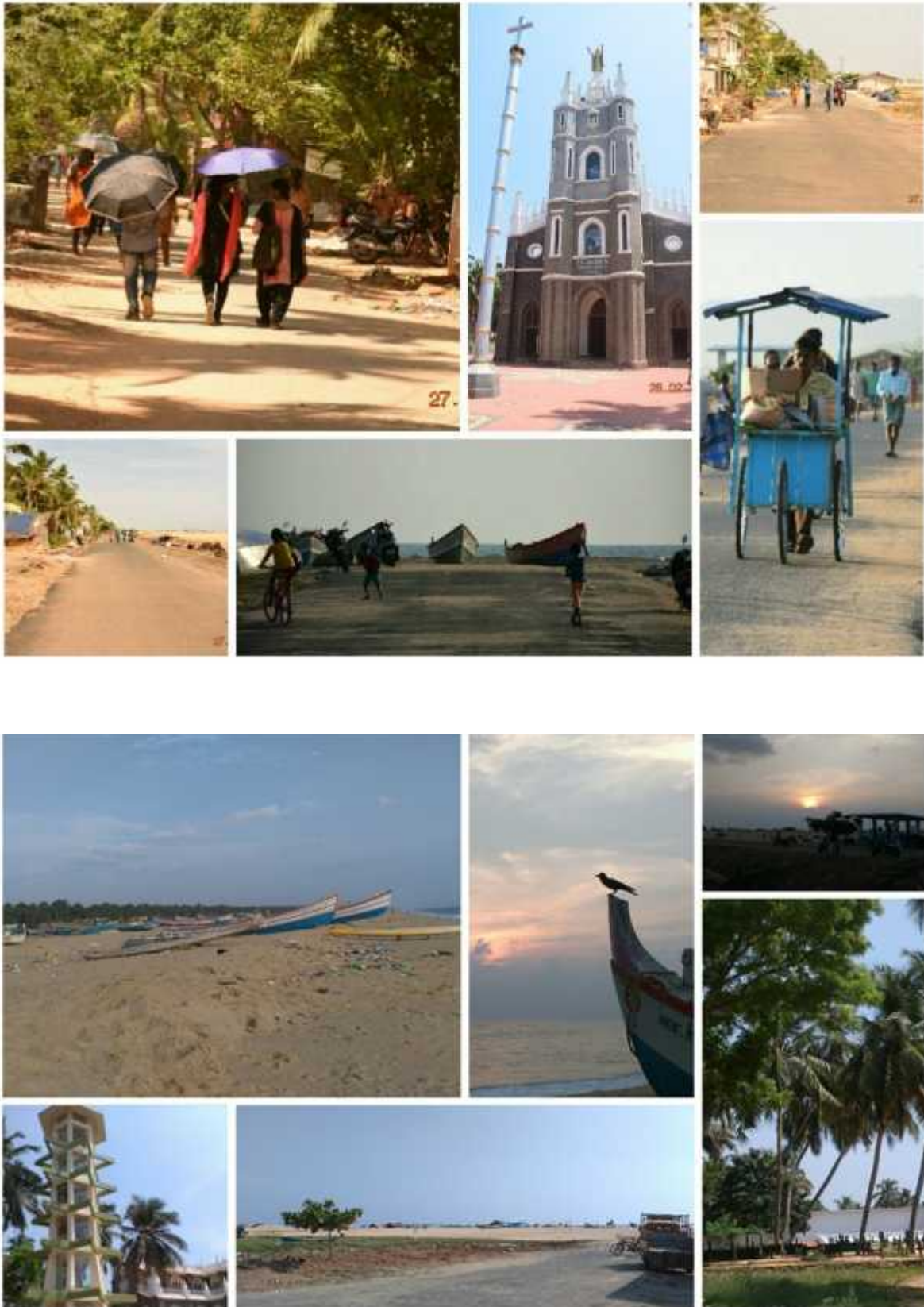


Inaugural Function





Pulluvila Village





Club Meetings



Socio Economic Survey



Sramadhan



Our Mornings....





Street play



Awareness Classes



Seniors visit



Univesity visit



Kitchen and Food



Cultural programmes



Evaluations



VALIEDICTORY





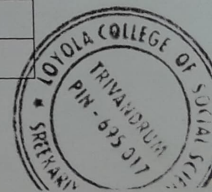
THEERAM 2018
Annual 7days Special Camp
National Service Scheme – Kerala University Unit KL-07-011
Loyola College of Social Sciences, Trivandrum
26th February to 4th March 2018

St.Jacob's Community Hall, Pulluvila Grama Panchayath

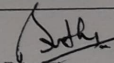
Sl. No.	Class No.	Name of the Camper	Enrollment No.	I	II	III	IV	V	VI	VII	Remarks by PO
				26-Feb	27-Feb	28-Feb	01-Mar	02-Mar	03-Mar	04-Mar	
1	MSW 01	1. ABHILASH K SERASTIAN	KL-07-011-17-01	Abhilash	Abhilash	Abhilash	Abhilash	Abhilash	Abhilash	Abhilash	
2	MSW 02	2. ANCY LAL	KL-07-011-17-02	Ancy	Ancy	Ancy	Ancy	Ancy	Ancy	Ancy	
3	MSW 03	3. ANJALI T.M.	KL-07-011-17-03	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	
4	MSW 04	4. ANJU ANNA GEEVARGHEESE	KL-07-011-17-04	Anju	Anju	Anju	Anju	Anju	Anju	Anju	
5	MSW 05	5. ANNIE BOSE	KL-07-011-17-05	Annie	Annie	Annie	Annie	Annie	Annie	Annie	
6	MSW 06	6. ARCHANA LOUIS	KL-07-011-17-06	Archana	Archana	Archana	Archana	Archana	Archana	Archana	
7	MSW 07	7. ASHIELY S JAMES	KL-07-011-17-07	Ash	Ash	Ash	Ash	Ash	Ash	Ash	
8	MSW 08	8. BINCY BABU	KL-07-011-17-08	Bincy	Bincy	Bincy	Bincy	Bincy	Bincy	Bincy	
9	MSW 09	9. BRILLIANT MARIA ANTO	KL-07-011-17-09	Brilliant	Brilliant	Brilliant	Brilliant	Brilliant	Brilliant	Brilliant	
10	MSW 10	10. CHRISTANSIA DAS	KL-07-011-17-10	Christ	Christ	Christ	Christ	Christ	Christ	Christ	
11	MSW 11	11. ELNA JOSEPH	KL-07-011-17-11	Elna	Elna	Elna	Elna	Elna	Elna	Elna	
12	MSW 12	12. GOUTHAAAMI R S	KL-07-011-17-12	Gouth	Gouth	Gouth	Gouth	Gouth	Gouth	Gouth	
13	MSW 13	13. JENIN KOSHY ABRAHAM	KL-07-011-17-13	Jenin	Jenin	Jenin	Jenin	Jenin	Jenin	Jenin	
14	MSW 14	14. MATHEWSKUTTY SUNNY	KL-07-011-17-14	Mathew	Mathew	Mathew	Mathew	Mathew	Mathew	Mathew	
15	MSW 15	15. MEENU ROSE EBI	KL-07-011-17-15	Meenu	Meenu	Meenu	Meenu	Meenu	Meenu	Meenu	
16	MSW 16	16. NAJIMA T R	KL-07-011-17-16	Naji	Naji	Naji	Naji	Naji	Naji	Naji	

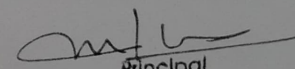
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17	MSW 17	17. P J NANDITHA	KL-07-011-17-17	Nand	Nand	Nand	Nand	Nand	Nand	Nand	Nand	
18	MSW 18	18. SAJIN M.	KL-07-011-17-18	Sajin	Sajin	Sajin	Sajin	Sajin	Sajin	Sajin	Sajin	S
19	MSW 19	19. SANDRA GEORGE	KL-07-011-17-19	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	Sandra	
20	MSW 20	20. SHILPA RAJ	KL-07-011-17-20	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	Shilpa	
21	MSW 21	21. SRUTHI V	KL-07-011-17-21	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	
22	MSW 22	22. SUNITHA KUMARI MS	KL-07-011-17-22	Sunitha	Sunitha	Sunitha	Sunitha	Sunitha	Sunitha	Sunitha	Sunitha	
23	MSW 23	23. TREESA VARGHESE	KL-07-011-17-23	Treesa	Treesa	Treesa	Treesa	Treesa	Treesa	Treesa	Treesa	
24	HRM 01	1. ADITHYA S.	KL-07-011-17-24	Adithya	Adithya	Adithya	Adithya	Adithya	Adithya	Adithya	Adithya	
25	HRM 02	2. ASHNA RAJU	KL-07-011-17-25	Ashna	Ashna	Ashna	Ashna	Ashna	Ashna	Ashna	Ashna	
26	HRM 03	3. BUSHRA N.B.	KL-07-011-17-26	Bushra	Bushra	Bushra	Bushra	Bushra	Bushra	Bushra	Bushra	
27	HRM 04	4. CHINNU MARIA MICHAEL	KL-07-011-17-27	Chinnu	Chinnu	Chinnu	Chinnu	Chinnu	Chinnu	Chinnu	Chinnu	
28	HRM 05	5. K. ARYADEV	KL-07-011-17-28	Aryadev	Aryadev	Aryadev	Aryadev	Aryadev	Aryadev	Aryadev	Aryadev	
29	HRM 06	6. MERIN JACOB	KL-07-011-17-29	Merin	Merin	Merin	Merin	Merin	Merin	Merin	Merin	
30	HRM 07	7. NANMA MANOJ	KL-07-011-17-30	Nanma	Nanma	Nanma	Nanma	Nanma	Nanma	Nanma	Nanma	
31	HRM 08	8. NIKITHA JOHN	KL-07-011-17-31	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	
32	HRM 09	9. NIKITHA M. UGIN	KL-07-011-17-32	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	
33	HRM 10	10. P.V. PARVATHY	KL-07-011-17-33	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	
34	HRM 11	11. RAMESH S	KL-07-011-17-34	Ramesh	Ramesh	Ramesh	Ramesh	Ramesh	Ramesh	Ramesh	Ramesh	
35	HRM 12	12. SOORAJ M. R.	KL-07-011-17-35	Sooraj	Sooraj	Sooraj	Sooraj	Sooraj	Sooraj	Sooraj	Sooraj	
36	HRM 13	13. SRUTHI S	KL-07-011-17-36	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	Sruthi	
37	HRM 14	14. UNNI S	KL-07-011-17-37	Unni	Unni	Unni	Unni	Unni	Unni	Unni	Unni	
38	SOC 01	1. ALEN JOSE	KL-07-011-17-38	Alen	Alen	Alen	Alen	Alen	Alen	Alen	Alen	
39	SOC 02	2. ARUNIMA S	KL-07-011-17-39	Arunima	Arunima	Arunima	Arunima	Arunima	Arunima	Arunima	Arunima	
40	SOC 03	3. CHRISTBEN D. F.	KL-07-011-17-40	Christben	Christben	Christben	Christben	Christben	Christben	Christben	Christben	
41	SOC 04	4. CHRISTOPHER	KL-07-011-17-41	Christopher	Christopher	Christopher	Christopher	Christopher	Christopher	Christopher	Christopher	


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42	SOC 05	5. JAHNAVI NAIR	KL-07-011-17-42	Jahna	Jahna	Jahna	Jahna	Jahna	Jahna	Jahna	Jahna
43	SOC 06	6. MANJU V	KL-07-011-17-43	Man	Man	Man	Man	Man	Man	Man	Man
44	SOC 07	7. PRIYA JAYAN	KL-07-011-17-44	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya
45	SOC 08	8. RESHMA RAVEENDRAN	KL-07-011-17-45	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma
46	SOC 09	9. SABITHA S.S.	KL-07-011-17-46	Sabi	Sabi	Sabi	Sabi	Sabi	Sabi	Sabi	Sabi
47	SOC 10	10. SAJAN M.S.	KL-07-011-17-47	Sajan	Sajan	Sajan	Sajan	Sajan	Sajan	Sajan	Sajan
48	SOC 11	11. SARATH K.P.	KL-07-011-17-48	Sarth	Sarth	Sarth	Sarth	Sarth	Sarth	Sarth	Sarth
49	SOC 12	12. SEFI SAIF	KL-07-011-17-49	Sefi	Sefi	Sefi	Sefi	Sefi	Sefi	Sefi	Sefi
50	SOC 13	13. SIDHARTH LAL	KL-07-011-17-50	Sidarth	Sidarth	Sidarth	Sidarth	Sidarth	Sidarth	Sidarth	Sidarth
51	SOC 14	14. SREEJITH K.P.	KL-07-011-17-51	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith
52	SOC 15	15. SUJIN DAS	KL-07-011-17-52	Sujin	Sujin	Sujin	Sujin	Sujin	Sujin	Sujin	Sujin
53	SOC 16	16. SURESH BABU R.	KL-07-011-17-53	Sbr	Sbr	Sbr	Sbr	Sbr	Sbr	Sbr	Sbr
54	SOC 17	17. SURYA S.S.	KL-07-011-17-54	Surya	Surya	Surya	Surya	Surya	Surya	Surya	Surya
55	PSY 01	1. AARDRA MADHUSOODANAN	KL-07-011-17-55	Aardra	Aardra	Aardra	Aardra	Aardra	Aardra	Aardra	Aardra
56	PSY 01	2. ABHISHEK S.	KL-07-011-17-56	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek
57	PSY 01	3. ANAGHA SURESH	KL-07-011-17-57	Anagha	Anagha	Anagha	Anagha	Anagha	Anagha	Anagha	Anagha
58	PSY 01	4. ANANTHAMADHAVAN	KL-07-011-17-58	Ananth	Ananth	Ananth	Ananth	Ananth	Ananth	Ananth	Ananth
59	PSY 01	5. ASWATHI A.	KL-07-011-17-59	Aswathi	Aswathi	Aswathi	Aswathi	Aswathi	Aswathi	Aswathi	Aswathi
60	PSY 01	6. ASWATHY CHANDRAN	KL-07-011-17-60	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy
61	PSY 01	7. DIVYA T	KL-07-011-17-61	Divya	Divya	Divya	Divya	Divya	Divya	Divya	Divya
62	PSY 01	8. GREESHMA K.	KL-07-011-17-62	Greeshma	Greeshma	Greeshma	Greeshma	Greeshma	Greeshma	Greeshma	Greeshma
63	PSY 01	9. NILA S.	KL-07-011-17-63	Nila	Nila	Nila	Nila	Nila	Nila	Nila	Nila
64	PSY 01	10. NISHA R.K	KL-07-011-17-64	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha	Nisha
65	PSY 01	11. PRISMA C. G.	KL-07-011-17-65	Prisma	Prisma	Prisma	Prisma	Prisma	Prisma	Prisma	Prisma
66	PSY 01	12. RESHMA M.S.	KL-07-011-17-66	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma

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SPANDANAM 2017



29 July 2017, Venue: Sutter Hall 9.00 a.m. to 4.30 p.m.

INAUGURATION

“Spandanam”, the adolescent Meet was conducted on 29th July 2017. There were more than 340 participants for the programme. The function began at 9:30 am with a prayer song led by Ms. G. S. Narayani, which was later followed by the welcome speech by Dr. Saji P Jacob, the Principal in-charge of Loyola College of social sciences. He welcomed the gathering where he spoke about the 7th anniversary of SALT and the culmination of field work practicum. Later Mr. Jibin K Jose the general secretary of SALT presented the SALT report 2016-2017. The report highlighted the beginning of the SALT and the various programme organized by SALT. The report also spoke about the students venture to make the activities commendable.



Fr. Joye James SJ, Rector and manager of Loyola Institutions presided over the function. His speech focused on the problems of the children and negligence towards the children by the society. He also spoke about basic humanitarian concepts and the methods to manage those neglected or destitute children. He said that such children should be addressed by the society and government. The

playback singer Job Kurian formally inaugurated the Spandanam – the adolescent Meet cum field work culmination programme by lightening the lamp.

Later he was introduced through a profile presentation on him prepared by the students followed by which he addressed the gathering and entertained the audience by singing a song from his remarkable projects. Since it was his birthday, he also cut the cake and later it was distributed to the audience also.



Mr. Job Kurian Cutting his birthday cake

Release of “Ithal” – Social Work Students’ magazine

Followed by this, the magazine “Ital 2017” was released by the chief guest on commemorating the culmination of the social work trainees’ field work practicum. The magazine included the field work experiences and photos regarding the field work practice. The chief guest handed over the copy of the magazine to the CDPO of Kandinamkulam Block Panchayath, Mrs. Legina K. H.



Release of “Ithal” – Social Work Students’ magazine

This was followed by felicitation by Ms Lajeena KH, CDPO, Pothencode ICDS block who is an alumnus of Loyola College. She appreciated the trainees for their practices in the field and coordinating the programme very well. Later Fr. Sabu P Thomas SJ, Vice-Principal of Loyola College Trivandrum as well as Assistant Professor in the social work department felicitated the gathering. He spoke about the services that are rendered by the social work students in the field and the importance of such practices for developing their skills and abilities.



Later Dr. Sonny Jose, Head of the department of social Work felicitated the gathering and he also mentioned a word of thanks to the ICDS supervisors and Anganawadi teachers for spending remarkable time in the growth and development of the social work students. Ms Archana K, the ICDS supervisor as well as the former student of Loyola College felicitated the gathering and she thanked the social work trainees for coordinating the various programmes conducted by them such as the Balasabha, the blood donation camp etc. Later mementos were presented to the CDPO and ICDS supervisor by the college principal Dr. Saji P Jacob.



The vote of thanks was been delivered by the student coordinator Ms. Vani V R. This was followed by awareness sessions in different venues for different age group of children.

AWARENESS SESSIONS (11.30 am to 1.00 pm)

- **First session (children from 3rd to 7th standard)**

The trainees Mr. Anitha, Ms. Febina were the resource person for the session. There were 15 children. The session mostly focused on self awareness and it was dealt with stories and games. Some gifts were given to the children after the session.



- **Second session (children from 5th to 8th standard)**

Mr. Joby Kondoor was the resource person who took the classes for the children from the 5th to 8th standard. He was the child line coordinator in Trivandrum. The session for the children was conducted in the college auditorium. Up to 100 students had participated in this session. The welcome address was given by Ms. Saumya John. The session starts from 11 am and ends by 12.30pm. He had taken classes on the child rights. Not only the theory part was concentrated he too had shown many videos related to the child rights.



The session had started with a game and at first the children were not really cooperating in the beginning but after the game every one was interested in his class. Then he had started the class with a story and he had asked many questions from that story so that everyone was forced to listen that. After that story he had sung a song and it was repeated by the children.

The next session was on child rights. The class was really effective for the children he had asked some questions in the class and had shown some videos related to this. The session focused on right to survival, protection, participation and development.

In the final part he has shown another video related to good touch and bad touch. And he had explained about this and a good kind of awareness was imparted to the children regarding both the child rights and about the good touch and bad touch. After showing this video and the class he had concluded the session by doing an exercise. The exercise includes a song which everyone had to sing. Along with the game they were asked do some steps in such a way that he is performing so the children in that hall had performed a dance as well as they had sung along with him. After this the vote of thanks was proposed by Ms. Amritha Suresh. With this the session for the children was concluded.

- **Third session (Adolescents)**

The adolescent gathering was at Loyola school auditorium. There were around 120 adolescents who attended the session. The session started at 11.30 AM. There were three sessions for the group. The first session was handled by Fr. Saji Joseph SJ (Faculty, Loyola College). He presented two video clips with the message that age is not the limitation for doing things.



The second session was handled by Fr. Jose Pulinthanam SJ (vice- principal of Loyola School). He focused on to have an interactive session and dealt with the importance of self and the way we have to present self. Third session was handled by Mr. Manu (staff of Loyola School) he presented two video with the message of the importance of saving water and trafficking of children. The session was concluded at 1.00 PM with vote of thanks by Mr. Ekalavyan.

- **Forth session (Anganawadi workers, helpers, mothers)**

Sessions were arranged for the Anganawadi workers and mothers of Mangalapuram and Kadinankulam Grama panchayat where there was an evaluation session held for the Anganawadi workers where they were given a platform to talk about the trainees performance in the fields and discuss their concerns and what are the issues that are to be addressed by the faculty or respected authorities. The Faculty members of MSW department Fr Sabu P Thomas, Dr Sonny Jose (HOD), Ms, Francina P X and Fr Saji took part in this session.



Later by 11.30 a.m., a session was held on the theme “stress management” by Ms. Anuja, who’s the Assistant professor of Trivandrum Medical College for the Anganawadi workers and mothers. She pointed out that it is necessary to know what we are. And she said that if we know who we are, then it will be easy for us to handle majority problems. She specified about the ways in which the Anganawadi workers must focus on work-load in their job place and they must have self awareness especially regarding their talents. Finding a good friend helps in stress management as when they reflect about their problems to their friends,

then you get relieved. She also made suggestions regarding avoiding the situations that they think should be avoided and taking alternative steps for handling the problems or coping up the problems.

This was followed by lunch.



CULTURAL PROGRAMES

The cultural programmes of children started at 1.45 PM. The programme session was compared by Ms. Amritha Suresh and Ms. Jayalekshmi. There were 28 programmes as listed (prayer song, folk song, mapila pattu, single dance, group

dance and nasik doll). A total of 28 programmes were conducted and 26 out of them were performed on onstage and the rest two was Nasik doll which was performed in the portico of the college after the valedictory function. The children from most of the Anganwadis had performed. Most of the programmes were fusion group dance and folk song. Both girls and boys had participated in the programme. The stage was open for the children to show their talents in all possible ways. At first there were only 27 programmes but later one programme was cancelled and then during the cultural, two programmes were added with the permission of the faculty and a single dance and group dance for boys. A small introduction was given to every programme, by the trainees while comparing. The programmes end at 3.30 PM. After the stage performance was over the trainees had informed about the Nasik doll, which will be held in the portico of the college.



VALIDICTORY FUNCTION

The valedictory function started at 3.35 p.m. The welcome speech was give by Ms. Gilda Mani, programme coordinator, Fr. Saji Joseph SJ gave valedictory message. Ms. Francina P X felicitated and honored Mrs. Anija (ICDS supervisor of Manglapuram Panchayat) who is retiring from her service this year after her valuable service for the society. Ms. Sanumol Catherine Scaria read out a write-up of the supervisor.



Certificates for the participants were distributed after this.

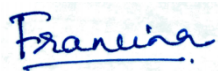


Distribution of certificates

Mrs. Anija, Fr. Sabu P Thomas, Mrs. Jasmine, Ms. Francina and Fr. Saji Joseph distributed the certificates and with vote of thanks by the program co-coordinator Ms. Anitha Babu. The programe came to a closure followed by Nasik doll performance which was conducted in the portico of the college.

After the valedictory function mango pulp and snacks were distributed. Buses were arranged for children by the transportation committee and at 4. 15 p.m. the buses departed from the college campus.

We thank ALL teaching – non-teaching members, ICDS supervisors, Anganwadi workers and Social Work trainees and students from other department for their whole-hearted support.



Ms. Francina P. X
Staff Coordinator - SALT
Dept. of Social Work, LCSS



THANK YOU

Participant list

1. AMALA JOSHY
2. AMRITHA SURESH
3. ANITHAMOL BABU
4. ANN MARY GEORGE
5. BALALEKSHMI.S.B
6. DEVIKA B.S.
7. EKALAVYAN.V.P
8. FEBINA
9. G.S NARAYANI
10. GILDA MANI
11. JAYALAKSHMI
12. JIBIN. K.JOSE
13. JOSUKUTTY KURIAN
14. KAVYA KUMAR
15. NISHA K.J
16. NOUNITH NOBLE
17. SANUMOL CATHERINE SCARIA
18. SAUMYA JOHN
19. SREE JYOTISH.H
20. SUBHADRA P.S.
21. TINTUN.S.
22. VANDANA SURESH
23. VANI V.R.
24. VENISHYA IVAN
25. VRINDA VIJAYAN

Prof. Sutheshna Babu. S (PhD-JNU)
Nodal Officer



राष्ट्रीय जलक्रीडा संस्थान
NATIONAL INSTITUTE OF WATERSPORTS
(A Centre under Indian Institute of Tourism & Travel Management)
Ministry of Tourism, Government of India

No. 01/NIWS/Admin/21/566

07/09/2021

To

Dr. Saji P Jacob
Principal
Loyola College of Social Sciences
Bapuji Nagar, Sreekariya
Thiruvananthapuram- 695017

Dear Dr. Jacob,

WARM GREETINGS !!

I would like to take this opportunity to record our deep appreciation to you and the management of the Loyola College of Social Sciences for joining hands with the National Institute of Watersports, Goa to organise a Workshop as part of the national-level Swachhtha Action Plan (SAP) Scheme of the Ministry of Tourism, Govt. of India, held at your institution on 15th March 2018. As you would know, this unique Scheme is aimed at creating greater awareness about the destinations and sensitise key Stakeholders on the centrality of healthy places for sustainable living and augmented place images. The efforts of the College, its faculty, students and your office in particular, has been laudable in organizing the Workshop successfully. Looking forward to your joining in our future endeavors also. Issued as requested.

Best Regards,



[Signature]
07.09.2021
(Nodal Officer)

Near Dona Paula Circle, Caranzalem, Panjim, Goa - 403002

Tel : (0832) 2454800, 2456050 : Email: niwsgoa@gmail.com : Website : www.niws.nic.in, www.iittm.ac.in

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अतुल्य ! भारत



National level Swachatha Action Plan

Swachhta Action Plan is a milestone initiative in mainstreaming Swachhta elements across all sectors of the Government in an elaborate, accountable, and sustained manner to realize the dream of Swachh Bharat. Loyola College of social sciences in collaboration with NSS Unit also proudly became a part of this unique scheme aimed at creating greater awareness and sensitizing the stakeholders on the centrality of health places for sustainable living. We joined hands with the National Institute of Water sports (under Ministry of Tourism, govt of India) and organized a series of programmes that will help in our quest for achieving the dream of Swach Bharath.

Children are the most important asset of every nation since our tomorrows will be shaped by them. So we identified school and college students as the focus of our initiatives. A series of programmes including workshops, lectures and various competitions like essay writing, quiz, elocution, debates, painting etc were organized for the students. The competitions were organized on the theme of cleanliness. The programme was very well received by the students from various schools & colleges in Trivandrum. Along with the aforementioned events the following programmes were also organized by the College.

1. Video presentation aimed to familiarize the rich culture and geography of the country.
2. Major challenges of cleanliness in tourist places.
3. Street play to convey the message of cleanliness.
4. Swachatha Pledge to reinforce the commitment towards cleanliness.

Dr.Divya.S.Iyer IAS, Thiruvananthapuram Sub-Collector inaugurated the function on 15th March 2018. Sri. Sutheshna Babu from the Ministry of Tourism delivered the presidential Address.

The programme was a grand success with the participants number crossing 400. Every single student and faculty member from the college was involved in envisaging and organizing this marquee event. We are confident and proud to say

that this series of programmes has played its part in reinforcing swachatha elements in the mind of every person who was a part of this endeavor.

Photo Gallery









Prof. Sutheshna Babu. S (PhD-JNU)
Nodal Officer



राष्ट्रीय जलक्रीडा संस्थान
NATIONAL INSTITUTE OF WATERSPORTS
(A Centre under Indian Institute of Tourism & Travel Management)
Ministry of Tourism, Government of India

No. 01/NIWS/Admin/21/566

07/09/2021

To

Dr. Saji P Jacob
Principal
Loyola College of Social Sciences
Bapuji Nagar, Sreekariya
Thiruvananthapuram- 695017

Dear Dr. Jacob,

WARM GREETINGS !!

I would like to take this opportunity to record our deep appreciation to you and the management of the Loyola College of Social Sciences for joining hands with the National Institute of Watersports, Goa to organise a Workshop as part of the national-level Swachhtha Action Plan (SAP) Scheme of the Ministry of Tourism, Govt. of India, held at your institution on 15th March 2018. As you would know, this unique Scheme is aimed at creating greater awareness about the destinations and sensitise key Stakeholders on the centrality of healthy places for sustainable living and augmented place images. The efforts of the College, its faculty, students and your office in particular, has been laudable in organizing the Workshop successfully. Looking forward to your joining in our future endeavors also. Issued as requested.

Best Regards,



[Signature]
07.09.2021
(Nodal Officer)

Near Dona Paula Circle, Caranzalem, Panjim, Goa - 403002

Tel : (0832) 2454800, 2456050 : Email: niwsgoa@gmail.com : Website : www.niws.nic.in, www.iittm.ac.in

Incredible India
अतुल्य ! भारत



SWACHHTA ACTION PLAN

(LOYOLA SAP TEAM)

The SAP co-ordination in the college is jointly done by
Loyola College NSS Unit & Loyola College Union 2017-18

Staff Co-ordinator – Dr. Anitha S (NSS Programme Officer)

Student Co-coordinator- Jude. S (College Union Chairman)

REGISTRATION TEAM

Dr.Prakash Pillai.R (Team Leader)

Ms.Christy Abraham, Ms.Jasmine Sarah & Ms.Leena (Faculty)

Ms.Durga, Ms.Blessy & Mr.SreeJyothish (Union members)

Catherine, Vani , Neethu Sharon, Greeshma, Anitha Babu, Soniya Jain Jacob, Nisha, Aswathy, Aswathy chandran, Kavya, Jayalakshmi (NSS Volunteers)

PROGRAMME TEAM

Dr.Sonny Jose (Team Leader)

Fr.Dr.Sabu.P.Thomas S J & Ms.Lini Jolly (Faculty)

Ms.Soumya John, Ms.AshlyE & Mr.Ramesh.S (Union members)

Amritha, Parvathi & Aloshoyious (NSS Volunteers)

REFRESHMENTS TEAM

Fr.Saji.S J (Team Leader)

Dr.Smitha Pillai, Ms.Dia Therese & Mr.Prasad (Faculty)

Ms.Dyna Scaria, Mr.Geo Micheal , Ms.Narayani & Ms.Sruthi (Union members)

Surya, Devika, Manju, Priya, Surjith, Vishnu, Gopi, Ekalavyan, Sarath (NSS Volunteers)

COMPETITIONS TEAM


Ms.Francina.P.X (Team Leader)

Dr.Nisha Jolly Nelson, Dr.Smitha Jose Panackal & Dr.Pramod S.K (Faculty)


Ms.Athira, Ms.Minu & Mr.Aravind (Union members)

Amala, Vandana, Unni, Anakha, Anathamadhavan, Reshma, Nanma, Merin Jacob, Alen, Arunima, Gireesh, Abhishek (NSS Volunteers)





SWACHHATA PLEDGE



"Mahatma Gandhi dreamt of an India which was not only free, but also clean and developed.

Mahatma Gandhi secured freedom for Mother India.

Now it is our duty to serve Mother India by keeping the country neat and clean.

I take this pledge that I will remain committed towards cleanliness and devote time for this.

I will devote 100 hours per year, that is two hours per week, to voluntarily work for cleanliness.

I will neither litter nor let others litter.

I will initiate the quest for cleanliness with myself, my family, my locality, my village and my work place.

I believe that the countries of the world that appear clean are so because their citizens don't indulge in littering nor do they allow it to happen.

With this firm belief, I will propagate the message of Swachh Bharat Mission in villages and towns.

I will encourage 100 other persons to take this pledge which I am taking today.

I will endeavour to make them devote their 100 hours for cleanliness.

I am confident that every step I take towards cleanliness will help in making my country clean".

List of Students Participated from Other Colleges

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

NISH

Contact Person Details

1. NIH, Akkulam, Seeekazham P.O, Trivandrum Ph. 0471-306666
-259691
- 2.

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

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SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details


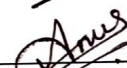
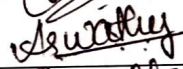
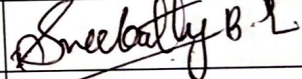



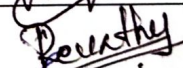

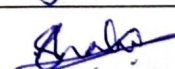
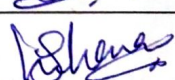
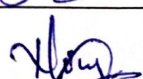

Kariyavattom Campus

Contact Person Details

1. Aswathy Raj T.S - 9400477893
2. Anju. L.A - 9075742316.

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	Signature
213	Aishwarya V.S	
214	Anu S	
215	Aswathy Raj T.S	
216	Sreekutty B.L.	
217	Ansy. R.S	
218	Binsy. R.S	
219	Anju. L.A	
220	Sree revathy. S	
221	Shilpa. K.R	
222	Shahana S	
223	Shahana. I.S	
224	Nwya. G	
225	Parvathy Chandran	

[illegible]

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

Sree Narayana College Chempazhanthu

Contact Person Details

1. ANOOP ANAL - 9048896144 ; SAI COLLEGE, CHEMPAZHANTHY
- 2.

Please Note



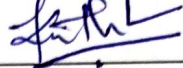



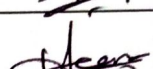
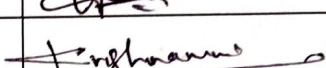
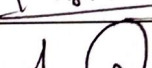

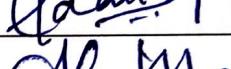
- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	Signature
32	ANOOP ANAL	Anoop
33	ANANTHAN S.S	Ananthan
34	ABHIJITH S.P	Abhijith
35	ABHIJITH AK	Abhijith
36	Greeshma Babu M.C	Greeshma
37	Raihana Fathima S.A	Raihana
38	DEIVA NANDHA .P	Deiva
39	Reshma L	Reshma
40	Abhinam K. Suresh	Abhinam
41	Ajith S.	Ajith
42	UMESH .A .ROY	Umesh
43	Aswathy Venu	Aswathy
44	Mithu M.P Jose	Mithu

45	Isha .V. Jayaprakash	<u>Isha</u>
46	Aarathi Bhaskaran	<u>Aarathi</u>
47	Jomol John	<u>Jomol</u>
48	Vaishnavi Ramchandran	<u>Vaishnavi</u>
49	Aswathy R.S	<u>Aswathy</u>
50	Abina .S. Rafi	<u>Abina</u>
51	Krishnaveni A &	<u>Krishnaveni</u>
52	Gopika .K. Rajan	<u>Gopika</u>
53	Aasha .B.P	<u>Aasha</u>
54	Anisha Anilkumar	<u>Anisha</u>
55	Thejas .B. Krishnan	<u>Thejas</u>
56	Abhishek J. Prakash	<u>Abhishek</u>
57	Arunima PS	<u>Arunima</u>
58	Bibin Raj .R	<u>Bibin Raj .R</u>
59	Nikhina NN	<u>Nikhina</u>
60	Anu don James	<u>Anu don</u>
61	Rebecca Barry	<u>Rebecca</u>
62	Aswathy .S.R	<u>Aswathy</u>
63	Vaishnavi .A	<u>Vaish</u>
64	AMINA N.S	<u>Ami</u>
65	Amritha A.R.	<u>Amritha</u>
66	Gauri S - Thampy	<u>Gauri</u>
67	Ann Sharon .T	<u>Sharon .T</u>
68	Anand .U	<u>Anand</u>
69	Pahl Th	<u>Pahl</u>
70	Shahin	<u>Shahin</u>

71	Sajith S.R	For
72	Pranav Krishnan	Swab
73	SURAJ S	Suraj
74	ATUL P PILLAI	Atul
75	GOWRI A.S	Gowri
76	Neethu S. Shine kumar	Neethu
77	Gokulsuresh	Gokul
78	Hareesh babu	Hareesh
79	Mahitha G	Mahitha
80	Sangeeth P.S	Sangeeth
81	Arun. Maheswar. R	Arun
82	Alice David	Alice
83	Meenukutti. V	Meenukutti
84	Asiya Ansh	Asiya
85	Anjali Krishnam A.B	Anjali
86	Nayan. Iyaz. S. S	Nayan
87	Neeraj. M	Neeraj
57 88	Akas. h. SS	Akas
58 89	Ajay. K	Ajay
90	Sajith Lal. S. i	Sajith
91	Sreekuttan	Sreekuttan

Thank You: Enjoy Your Day: Regards, Loyola College Trivandrum

92	Sarath. Sabhar	
93	Nandana. S.N	
94	Kaithi Ka.S	
95	Shilpa. S.Nair	
96	Soumya. J.S	
97	ARUN.R	
98	VEENA.A.S	
99	P.Krishnanunni	
100	Adarsh v.s	
101	Adwait Gopan	
102	Ajith A	

Thank You: Enjoy Your Day: Regards, Loyola College Trivandrum

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

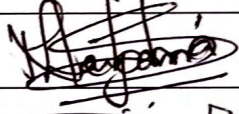
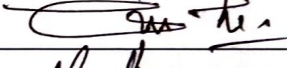

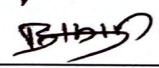
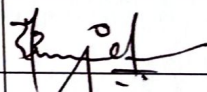
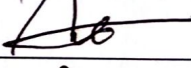
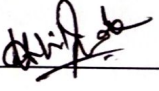




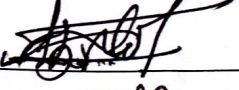

Munnar Catering College

Contact Person Details

1. VINISHA VINOY, 8376957621
2. Trida Building, Opp. Med. College

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	Signature
103	Nayana Lekshmi. D.J	
104	VINISHA VINOY	
105	Aditya. Raju.	
106	Bibin Bobby	
107	Nazeek.	
108	Vipin Vargesh.	
109	AKHIL JUDE	
110	Lijo Thomas	
111	Sajan. T. Kunjunnor	
112	Sanketh Babu S.S	
113	Thomas Varghese	
114	Abinled	
115	Sygun Irumon	

116	VIVEK	KLK
117	Onthun paterick	Sh.
118	Abhijith.S	Santhosh
119	Vijay Vj	Vin
120	Abhijith.S	Abhijith
121	Rohat.R.Nair	Sh.
122	Dhanesh.P	Sh.
123	Vimal.P	Sh.
124	Shabin.S	Shabin

Thank You: Enjoy Your Day: Regards, Loyola College Trivandrum

MARIAN COLLEGE OF ARTS & SCIENCE

Approved by Govt. of Kerala
Affiliated to University of Kerala



We are sending the following students from our college for the programme connected with Swachhta Action Plan at Loyola College of Social Sciences on 15.03.2018.

- | | |
|---|---|
| 1. Lekshmi K | 17. Vivek William Raymon Lopez |
| 2. Samkutty P Mathew | 18. Lekshmi S |
| 3. Chelsiya Francis | 19. Malavika PR |
| 4. Shivdath Pradeep | 20. Sreyas Kumar SL |
| 5. Shimshone | 21. Swetha Binu |
| 6. Reshma M Akhilan M. Vidyadharan | 22. Safah N |
| 7. Vishnudas VB | 23. Saikrishna |
| 8. Sonu Udayan | 24. Naviyadh N |
| 9. Roopak Robinson | 25. Jomon H Fernandez |
| 10. Vijil Raj MS | 26. Felisha Hillary |
| 11. Aparna S | 27. Shabana Mol S |
| 12. Kripa Kishor | 28. Abhijith MG |
| 13. Amal John Morais | 29. Harikrishnan MS |
| 14. Josy Alex | 30. Aann M George |
| 15. Nived Chandrasekharan | 31. Sandra S. |
| 16. Aiswarya PM | 32. Aashib Rahuman |



Handwritten signature and date: 14.3.18

PRINCIPAL

Marian College of Arts & Science
Menamkulam, Kazhakuttom
Thiruvananthapuram - 695 582

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

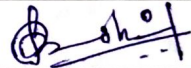
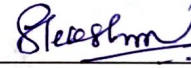
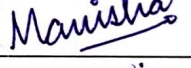

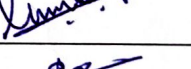
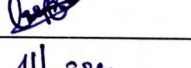
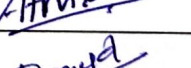

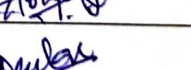
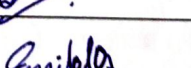
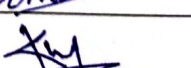
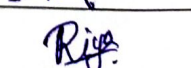
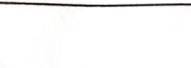
All Saints College

Contact Person Details

- 1.
- 2.

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	Signature
179	ANEESHA ANIL	
180	SREELEKSHMI R. H	
181	MANISHA SHERIN MAMMEN	
182	KARISHMA KENNEDY	
183	UNNIMAYA S	
184	GIOPIKA	
185	ATHIRA PRASHOBHANAN	
186	DINYA Asokan	
187	ANUPRIYA A. G	
188	DEVIKA V J	
189	EMILDA FERNANDEZ	
190	ANU P	
191	RIYA ANNA ALEX	

192	KRISHNA + V	Krit
193	MARINA J	Adi
194	HANAN S ASHARAF	Hanan
195	SARIGA R	Sariga
196	FATHIMA ESSUDEEN	Fathima
197	ANJU R VIJAYAN	Anju
198	AUGUSTINA . K. ANTONY	Augustine
199	P. PRIYANKA DAS	Priya
200	KARTHIKA S.V	Karthika
201	SHAMEGHA J.S	Shamegha
202	SILPAJA J.S	Silpa
203	LEENA M.T	Leena
204	BRUTHI . S	Bruthi
205	SURYA . S	Surya
206	DIVYA MANUEL	Divya
207	TINCY . S	Tincy
208	TINCY . V	Tincy
209	JINCY BELLARMEN	Jincy
210	AKSHAYA . S	Akshaya
211	SHALU . S	Shalu
212	SUNI . S	Suni

SUNISHA . A S

~~Sunisha~~

Thank You: Enjoy Your Day: Regards, Loyola College Trivandrum

Two

3 2 2

Registration Details

Contact Person Details

1. ANSHAD SUBAIR 9961429281
2.

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

[illegible]

Sl	Name	Signature.
1	Amreena	Amreena
2.	Indulika	Indulika
3.	Aswathy	Aswathy
4.	Liji	Liji
5.	Jenna	Jenna
6.	Arathy	Arathy
7.	Saranya	Saranya
8.	Abhirami	
9	Akhila	
10	Aswathy	
11	Numisha	
12	Asha	
13	Jefi J. kumar	
14	Anaswara	
15	Ahira	
16	Jincy	
17	Ancy	
18	Mini	
77		
249		

Thank You: Enjoy Your Day: Regards, Loyola College Trivandrum

White Memorial College / Arts + Science for women.
Pannachamoodu
Trivandrum

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

Others

Contact Person Details

- 1.
- 2.

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	COLLEGE DETAILS
1	GLOPIKA NAIR · D.S.	HHMSPB NSS -
2	GIAYATHRI · M.S	COLLEGE FOR WOMEN
3	VISHNUMAHESH · A.S	UNIVERSITY COLLEGE
4	JASEER · K · B	PALAYAM, T.V.P.M
5	ANAMIKA · R	ST. THOMAS · CENTRAL · SCHOOL
6	ANNIE THOMAS	ST. THOMAS · CENTRAL · SCHOOL
7	Ellen · R · G	White Memorial College
8	Amey M · Titus	White Memorial College
9	Asha S · K ·	"
10	Jefi · J · Kumar	"
11	Aswathy J · B	"
12	Akhida Anil	"
13	Timcy Mol	"
14	Atliara R · B ·	"
15	Anaswara R · J ·	"
16	Abhirami N · A ·	"
17	Nimisha S · Chandran	"

Govt. Sankar College - Tum

1	Vishnu - S	Vish
2	chandra Lal	Ch
3	Sooraj	So
4	Suchithra	Such
5	Shilpa	Shil
6	Uens. M. N. alias Ueni	Ueni
7	Aphana	Aph
8	Amrutha	Amr
9	Amrutha Ashtami	Amr
10	Ayana	Ay
11	Reemi	Re
12	jithu	jith
13	Rajith	Raj
14	Vishnu.	Vish

$$17 + 14$$

731

Essay Competition

[illegible]

Quiz Competition

[illegible]

HHMSPB NSS COLLEGE
FOR WOMEN,
NEERAMANKARA
UNIVERSITY, COLLEGE
PALAYAM, T.V.P.M

ST. THOMAS - CENTRAL
SCHOOL - MURKOLAKKAL
TVPM.

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

Marian College Of Science and Arts

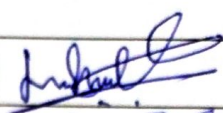
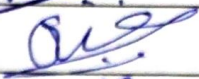
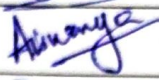

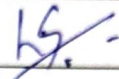



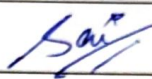
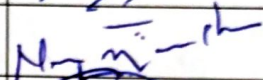
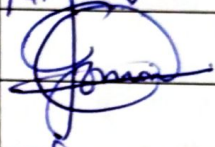
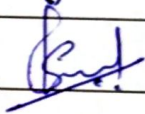
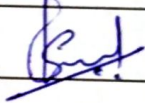
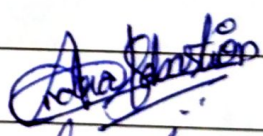
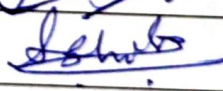
Contact Person Details

1. *Dr. Chris George* 9446410330
2. *Marian College of Arts and Science, Menamkulam, Kozhikootan*

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	Signature
250	Lekshmi K	<i>Lekshmi K</i>
251	Sankutty P Mathew	
252	Chelsiya Francis	<i>Chelsiya Francis</i>
253	Shivdatta Peadar	
254	Shimshone	
255	Akhilan M. Vidyadharan	
256	Vishnudas V.B	
257	Sonu Udayan	
258	Reepak Robinson	
259	Vijil Raj MS	
260	Aparana S	<i>Aparana S</i>
261	Keipa Kishor	<i>Keipa Kishor</i>
262	Amal John Mares	

263	Tasy Alex	
64	Nived Chandrasekharan	
65	Aiswarya P N	
66	Raymon Lopez	
67	Lekshmi S	
68	Malavika P R	
69	Sreyas Kumar SL	
70	Sweetha Binu	
71	Safah N	
72	Sai Krishna	
73	Naviyadha N	
74	Tomon H Fernandez	
75	Felisha Hillary	
76	Shabana Mol S	
77	Abhijith MG	
78	Harikrishnan M S	
79	Aann M George	
80	Sandeep S	
81	Aashib Rahman	
82		

Thank You: Enjoy Your Day: Regards, Loyola College Trivandrum

SWACHTA ACTION PLAN

15 MARCH 2018

Registration Details

Mary Nilayam Senior Secondary School

Contact Person Details

1. SINDHU G.S [9447451958]
2. MARY NILAYAM SENIOR SECONDARY SCHOOL

Please Note

- Name to be written in **BLOCK** letters
- Please avoid spelling mistakes as certificates have to be issued.

Sl.No	Participants Name	Signature
128	ARUNIMA J M	Arunima
129	AMRITHA B S	Amritha
130	NANDITHA KRISHNA B	Nanditha
131	GOURI S NAIR	Gouri
132	DEVENTHU J K	Deventhu
133	MEHEK D SAVLEEN	Mehek
134	SARAH TREESA JOSE	Sarah
135	ANAMIKA A R	Anamika
136	ANJALI R B	Anjali
137	ATHULYA R B	Athulya
138	NIMESHA P	Nimesha
139	GOPIKA KRISHNA	Gopika
140	ADORA MERIN SATU	Adora

141	AMALA VARGHESE	<u>Amala</u>
142	APARNA A.S	<u>Aparna</u>
143	ARDRA NAIR H.S	<u>Ardra H.S</u>
144	GIANGA R. NAIR	<u>Gianga</u>
145	DHANYA S	<u>Dhanya S</u>
146	MERIN JOHNSON	<u>Merin</u>
147	ASWIN S. NAIR	<u>Aswin</u>
148	ASWANI S. RAVI	<u>Aswani</u>
149	ABHIJITH A.M	<u>Abhijith</u>
150	AADHIKESH S	<u>Aadhi</u>
151	BARATH ADITHYA B.K	<u>Barath</u>
152	BRIJESH S.M	<u>Brijesh</u>
153	ANANTHAPADMANABHAN S	<u>Ananth</u>
154	FAROOQ ABDUL RAHIM	<u>Farooq</u>
155	RITHIN R	<u>Rithin</u>
156	BALACHANDRAN S.S	<u>Balasan</u>
157	ABHISHEK S	<u>Abhis</u>
158	SHAUN NEVIL	<u>Shaun</u>
159	SREEDHIN B.S	<u>Sreedhin</u>
160	ADVAITH L.S	<u>Advaith</u>
161	VISALANAND A.S	<u>Visal</u>
162	AKHIL AJI JOSEPH	<u>Akhil</u>
163	ABHIJITH S	<u>Abhis</u>
164	ASWIN B.S	<u>Aswin</u>
165	GOURI SANKAR G.S	<u>Gouri</u>
166	GOUTHAM V.S	<u>Goutham</u>

Participant List

All the students (2017-18 Batches) of Loyola College of Social Sciences in collaboration with NSS Unit proudly became a part of Swachhta Action Plan scheme that aimed at creating greater awareness and sensitizing the stakeholders on the centrality of health places for sustainable living.

The participant list is attached below:

Second Year MSW

1. AMALA JOSHY
2. AMRITHA SURESH
3. ANITHAMOL BABU
4. ANN MARY GEORGE
5. BALALEKSHMI S.B.
6. DEVIKA B.S
7. EKALAVYAN V.P.
8. FEBINA S. KUMAR
9. G. S. NARAYANI
10. GILDA MANI
11. JAYALAKSHMI J
12. JIBIN K. JOSE
13. JOSUKUTTY KURIAN
14. KAVYA KUMAR K
15. NISHA K.J.
16. NOUNITH NOBLE
17. SANUMOL CATHERINE SCARIA
18. SAUMYA JOHN
19. SREE JYOTISH H
20. SUBHADRA P.S
21. TINTU N.S.
22. VANDANA SURESH
23. VANI V.R
24. VENISHYA IVAN
25. VRINDA VIJAYAN

Second Year MAHRM

- 26. AKHIL JOSE
- 27. ARJUN T V
- 28. ATHIRA S
- 29. GEO MICHAEL
- 30. GOPI KRISHNA A
- 31. KASYAP NAIR M R
- 32. R CHARULATHA
- 33. REVATHY RAJ
- 34. SIKHA PAVITHRAN
- 35. SONIYA JAIN JACOB

Second Year M.A. Sociology

- 36. ACHSAH GEORGE
- 37. ALOYSIUS T. ANTONY
- 38. ANANTHAPADMANABHAN J
- 39. ANJANA U K
- 40. ARATHY S PRATHAP
- 41. ARAVINDLAL
- 42. ARYA A
- 43. ASWATHY A L
- 44. ASWATHY J M
- 45. ATHIRA K O
- 46. BLESSY ROSE MATHEW
- 47. CATHARINE JACOB
- 48. DEEPAK S
- 49. DURGA U S NAIR
- 50. GEORGIN V GEORGE
- 51. GIREESH KUMAR J
- 52. GOPI KRISHNAN M
- 53. JISHNU VINAYAN V S
- 54. KRISHNAJITH R G
- 55. MEHANAZ MUMTAZ
- 56. MINU HARIKUMAR
- 57. NEETHU SHARON S
- 58. NEETHU.L
- 59. RESHMA THOMAS
- 60. SANILA V S
- 61. SHEEBA R

- 62. SURJITH V
- 63. VISHNU B R

Second Year MSc COUNSELLING PSYCHOLOGY

- 64. ASWATHY V S
- 65. DYNA SCARIA
- 66. JUDE S
- 67. NEHA SURESH
- 68. PARVATHY S
- 69. REMYA REMESH
- 70. SONY G THARAKAN
- 71. SRUTHI SURESH

First Year MSW

- 72. Abhilash K Sebastian
- 73. Ancy Lal
- 74. Anjali T.M.
- 75. Anju Anna Geevargheese
- 76. Annie Bose
- 77. Archana Louis
- 78. Ashiely S James
- 79. Bincy Babu
- 80. Brilliant Maria Anto
- 81. Christansia Das
- 82. Elna Joseph
- 83. Gouthaami R S
- 84. Jenin Koshy Abraham
- 85. Mathewskutty Sunny
- 86. Meenu Rose Ebi
- 87. Najima T R
- 88. P J Nanditha
- 89. Sajin M.
- 90. Sandra George
- 91. Sruthi V
- 92. Sunitha Kumari M.S.
- 93. Treesa Varghese

First Year M.A. Sociology

94. ALLEN JOSE
95. ARUNIMA S
96. CHRISTBEN D F
97. CHRISTOPHER M
98. JAHNAVI NAIR
99. MANJU V
100. PRIYA JAYAN
101. RESHMA RAVEENDRAN
102. SAJAN M.S
103. SARATH K P
104. SEFI SAIF
105. SIDHARTHLAL
106. SREEJITH K P
107. SUJIN DAS
108. SURESH BABU R
109. SURYA S S

First Year MAHRM

110. Adithya S
111. Ashna Raju
112. Bushra N B
113. Chinnu Maria Michael
114. Merin Jacob
115. Nanma Manoj
116. Nikitha John
117. Nikitha M Ugin
118. P V Parvathy
119. Ramesh S
120. Sooraj M R
121. Unni S

First Year MSc Counselling Psychology

122. Aardra Madhusoodanan
123. Anagha Suresh
124. Ananthamadhavan T D
125. Aswathi.A
126. Aswathy Chandran
127. Divya. T

- 128. Greeshma. K
- 129. Nisha. R.K
- 130. Prisma. C.G
- 131. Reshma. M.S

Report for Activity Log SI.No.:			
Programme Name	Bharat Yathra organised by the Nobel Laureate Shr. Kailash Sathyarthi	Organizer	Kailash Satyarthi Foundation, Kerala Child Rights Commission
Date	11 th September 2017	Time	9am-4 Pm
Venue	Tagore Theatre	Faculty in-charge	Dr. Sonny Jose

Programme Objectives	<p>To help organise Bharat Yathra hosted by the Nobel Laureate Shr. Kailash Sathyarthi</p> <p>To create awareness on child rights</p> <p>To create awareness on issues and problems faced by children and the possible interventions</p>
Resource Person (s)	Shri. Kailash Satyarthi, the Nobel laureate; Mr. Pinariyai Vijayan, Chief minister of Kerala; Ms. K K Shailaja
Participants	25 2 nd Semester MSW students and 15 students from other departments participated in it.
Programme Activities	<ul style="list-style-type: none"> • Our college was also part of organising the meeting and inviting the schools within the cities to take part in the Bharat Yatra, organised by the Kailash Satyarthi Foundation. • The students from the college were divided into two groups where one group take part in organising the program at Tagore theatre were as the second group accompanied the(crowd, rally) of the Bharat Yathra. • By noon the procession of Bharat Yathra had arrived at Tagore theatre. Which have active participation of a large group of students from different schools and colleges in the Trivandrum district. • In the afternoon session the chief minister of Kerala Mr.

	<p>Pinarayi Vijayan, Mr. Kailash Satyarthi, the Nobel Laureate; Ms. K K Shailaja Minister of Social Justice; Shoba Koshy, Chairperson of Kerala State Child Rights Commission etc. addressed by the crowd. And acknowledge the importance of child rights and reduce child abuse and trafficking.</p> <ul style="list-style-type: none"> The students from different schools in the Trivandrum cities actively participated in the interaction with Mr. Kailash Satyarthi the Nobel Laureate. Student representatives from different schools had presented the memento to Mr. Kailash Satyarthi on behalf of their schools.
Programme Outcomes	<ul style="list-style-type: none"> The students got awareness on the ongoing issues of child rights and child protection The students were able to successfully coordinate with the DCPU and child right commission to coordinate the event successfully
Supporting Documents	Photos, 10 seconds video
Link of News regarding the Bharath yathra	https://www.youtube.com/watch?v=9mL_L51-WQs

List of Participants of Bharat Yathra by Kalish Satyarthi Foundation on September 11, 2017

1. Amala Joshy	11. Jayalekshmi J	21. Tintu N S	31. Blessy rose Mathew
2. Amritha Suresh	12. Jibin K Jose	22. Vandana Suresh	32. Aloysius Antony
3. Anitha mol Babu	13. Josukutty Kurian	23. Vani V.R	33. Adhil Hakkim

4. Ann Mary George	14. Kavya Kumar	24. Venishya Ivan	34. Shika Pavithran
5. Balalekshmi S. B	15. Nisha K J	25. Virnda Vijayan	35. Jude Shaji
6. Devika	16. Nounith Noble	26. Diana Scaria	36. Sojin
7. Ekalayvan VP	17. Sanumol Catherine Sacria	27. Soniya Jain	37. Praveen Vargehes Thomas
8. Febina S Kumar	18. Saumya John	28. Aravind Lal	38. Kajol Rhaman
9. G. S Narayni	19. Sree Joytish H	29. Kanan G.S	39. Neethu UnniKrishnan
10. Gilda Mani	20. Subhadhra P S	30. Parvathy	40. Leemq Mathew

Photos of the Bharat Yatra, organized by Kailash Satyarthi Foundation on 11th September 2017



Students signing the board to show their support to the Bharat Yatra.



Chief Minister of Kerala Mr. Pinarayi Vijayan Addressing the crowd.



Social justice minister KK Shailaja offered the state support for Satyarthi and the Bharat Yatra to fight against child abuse and protection of child across the world.



Student representative from Chinnmaya Vidyalaya handing over the memento Shri. Kailash Satyarthi.



Mr. Pinariyi Vijayan, chief minister of Kerala; Ms. Shoba Koshy, Chairperson of Kerala Child Rights Commission along with Mr. Kailash Satyarthi, the Nobel Laureate on the stage.



One of the student from the crowd singing a song during the meeting



Students were the part of the Bharat Yatra Procession posing for photo with Pluck cards



Students asking Questions to Mr. Kailash Satyarthi, the Nobel Laureate

MA SOCIOLOGY: SURVEY AT ANCHUTHENGU (ANJENGO)



A qualitative survey was conducted under the leadership of the Department of sociology in Anjuthengu (Anjengo) Panchayat. The survey was conducted from 23rd -29th March 2017. This survey was undertaken by the college on request of Kudumbashree State Mission Program Officer of Trivandrum, Smt. Amrutha Glatson in order to evaluate the Asraya project and the working condition of Kudumbasree units. This was the first qualitative survey being conducted of Asraya project since its inception in 2003, in Kerala. Smt. Amrutha Glatson took a class on Asraya which included kudumbree – its formation, functions, and schemes and so on. Eradication of poverty was the main aim of the 10th five year plan, keeping this in mind the Asraya project was begun. The project aimed to protect those in extreme poverty, to rehabilitate destitute and to assimilate them into the main stream of the society. Beneficiaries were selected on the basis of a nine point scale, wherein they had to satisfy at least 7 points of these. According to the scheme for rehabilitation of the destitute, 67 families of Anjuthengu panchayat were selected as Asraya families. But Anjuthengu Panchayath has got provision only for food, treatment, and education. The selected members for this provision are 40 families, in need of food, 60 for treatment, and education for 15 students. The old and new lists of Asraya beneficiaries were received by the survey volunteers from the panchayat and the volunteers were divided into different that was to conduct the survey in the 14 wards. The volunteers conducted a survey totally in 194 Asraya families. Almost all the families from the given lists were recognized as

beneficiaries of the project, but a few were recognized as fake beneficiaries. More families were found as not included in the list but deserving of the benefits.

Major Findings:

Many of them are not living in their own land; some have no land and toilets.

People with disabilities were found in 4 families, their care takers are not concerned about their education and the treatment that should be given to them.

Two senior citizens in the list were rehabilitated to old age homes by the initiative taken by CDS.

Many were not even aware about the project.

Some of the families who are eligible for services have been included in APL list, even though these families are beneficiaries of the Asraya Project.

Most of the people are dependent on the daily wages, and MNGREP scheme to make a livelihood. The beneficiaries are not receiving supplementary food and other services from Anganwadi.

People depend on panchayat pipeline and public well for drinking water, but people are not able to carry water from there because of health issues.

Suggestions:

Medical officers have to be held accountable for the services, or alternate methods should be identified.

Pensioners find it difficult to spend money for travelling, to collect their pensions after started to reimbursed through banks. Hence, measure should be taken by panchayat to make pensions available for them at home.

Asraya project provides Rs. 200 for single member families, Rs. 250 for three member families and Rs. 400 for families with more than three members for the food kit. Since it is not enough to meet their needs there should be an increment in the money provided.

No proper vocational training and lack of expertise in job is a problem in the community. Hence, measures should be taken to ensure availability of vocational training for the community members.

Even though the state was declared Open Defecation Free State, more than half of the houses in Anjuthengu panchayat lack toilet facilities.

Steps should be taken to ensure that the CDS and ADS are made responsible for making people aware of the Asraya Project.

PARTICIPANTS

1. ACHSAH GEORGE
2. ALOYSIUS T. ANTONY
3. ANANTHAPADMANABHAN J
4. ANJANA U K
5. ARATHY S PRATHAP
6. ARAVINDLAL
7. ARYA A
8. ASWATHY A L
9. ASWATHY J M
10. ATHIRA K O
11. BLESSY ROSE MATHEW
12. CATHARINE JACOB
13. DEEPAK S
14. DURGA U S NAIR
15. GEORGIN V GEORGE
16. GIREESH KUMAR J
17. GOPI KRISHNAN M
18. JISHNU VINAYAN V S
19. KRISHNAJITH R G
20. MEHANAZ MUMTAZ
21. MINU HARIKUMAR
22. NEETHU SHARON S
23. NEETHU.L
24. RESHMA THOMAS
25. SANILA V S
26. SHEEBA R
27. SURJITH V
28. VISHNU B R

Report for Activity Log SI.No.:			
Programme Name	Breast feeding awareness Campaign	Organizer	DCPU in collaboration with Childline and KeCRO
Date	1 st August 2018	Time	10
Venue	Poojapura and Tagore theatre	Faculty in-charge	Dr. Francina P X

Programme Objectives	<ul style="list-style-type: none"> To create awareness on the significance of breastfeeding among community through campaign To organize flash mob to create importance of breastfeeding
Participants	1 st and 2 nd Year MSW students.
Programme Activities	The students participated in the breastfeeding campaign on 1 st August, 2018 organized by DCPU in collaboration with Childline and KeCRO. A faculty from KILA was also present for the program. The 1 st and 2 nd Year MSW actively participated in this program and also done Flash Mob in Poojapura and Tagore theatre as part of awareness creation on importance of the breast feeding.
Programme Outcomes	Students were able to engage with the community in spreading awareness about breast feeding through campaign and flash mob
Supporting Documents	Photos

Photos: Breast feeding awareness Campaign



Participant list

1. AMALA JOSHY
2. AMRITHA SURESH
3. ANITHAMOL BABU
4. ANN MARY GEORGE
5. BALALEKSHMI.S.B
6. DEVIKA B.S.
7. EKALAVYAN.V.P
8. FEBINA
9. G.S NARAYANI
10. GILDA MANI
11. JAYALAKSHMI
12. JIBIN. K.JOSE
13. JOSUKUTTY KURIAN
14. KAVYA KUMAR
15. NISHA K.J
16. NOUNITH NOBLE
17. SANUMOL CATHERINE SCARIA
18. SAUMYA JOHN
19. SREE JYOTISH.H
20. SUBHADRA P.S.
21. TINTUN.S.
22. VANDANA SURESH
23. VANI V.R.
24. VENISHYA IVAN
25. VRINDA VIJAYAN

Report for Activity Log SI.No.:			
Programme Name	Flash mob conducted at Mangalapuram on Breast feed awareness campaign	Organizer	ICDS in collaboration with NSS and SALT
Date	8 th August,2017	Time	9:30am- 11pm
Venue	Mangalapuram Juction and Magalpuram PHC	Faculty in-charge	Ms. Francina P x and Dr.Sonny Jose

Programme Objectives	<ul style="list-style-type: none"> To create awareness on the significance of breastfeeding among community through campaign To organize flash mob to create importance of breastfeeding
Resource Person (s)	Ms. Lajeena KH (CDPO, Pothencode Block Panchyath, Ms. Archana A R (ICDS Supervisor), Mr. Muhammed Mangalapuram Panchyath President
Participants	25 MSW Second Semeser students
Programme Activities	<ul style="list-style-type: none"> As part of the world breastfeeding week celebration, the students performed Flash Mob in Magnaglapuram Junction and also at PHC Mangalapuram. The program was organised by ICDS in collaboration with SALT. The 25-second semester MSW students take part in organising and performing the programme. Different banners regarding the need and the importance of the breastfeeding were exhibited by the students during the Flash mob. Ms. Lajeena K H (CDPO) and Ms. Archana A R addressed the crowd regarding the importance of breastfeeding for the children for the future development of the child. Mangalapuram panchayath president addressed the crowd and appreciated the services provided by the ICDS to the

	community and also the people who were working hard to ensure every member in the community had received their rightful services from the government.
Programme Outcomes	Students were able to engage with the community in spreading awareness about breast feeding through campaign and flash mob
Supporting Documents	Photos, 10 seconds video, PPT if any https://drive.google.com/file/d/1WnqqnbyGU5Y-fZTk7tU-J4vehby09fN0/view?usp=sharing
	https://www.facebook.com/sonny.jose.3/posts/2204185783058655

List of participant who take part in the Flash mob at Mangalapuram on 1st August 2017

- | | | |
|----------------------------|---|---------------------------|
| 1. Amala Joshy | 10. Gilda Mani | 19. Sree Joytish H |
| 2. Amritha Suresh | 11. Jayalekshmi J | 20. Subhadhra P S |
| 3. Anitha mol Babu | 12. Jibin K Jose | 21. Tintu N S |
| 4. Ann Mary George | 13. Josukutty Kurian | 22. Vandana Suresh |
| 5. Balalekshmi S. B | 14. Kavya Kumar | 23. Vani V.R |
| 6. Devika | 15. Nisha K J | 24. Venishya Ivan |
| 7. Ekalayvan VP | 16. Nounith Noble | 25. Virnda Vijayan |
| 8. Febina S Kumar | 17. Sanumol Catherine
Sacria | |
| 9. G. S Narayni | 18. Saumya John | |

Photos of Flash mob conducted at Mangalapuram on Breast feed awareness campaign on 8th August 2017



Students performing the flash mob at Mangalapuram Junctions.



Mangalapuram Panchyath President addressing the crowd regarding the world breast feeding week.



Report for Activity Log SI.No.:			
Programme Name	Intervention at Rotary Special School – “Phoneix”	Organizer	Rotary Special School
Date	27-02-2018	Time	10-4 p.m.
Venue	Rotary Special School, Trivandrum	Faculty in-charge	Ms. Francina P. X

Programme Objectives	<ul style="list-style-type: none">• To empower persons who are intellectually challenged with necessary skills and knowledge for independent living and advance their full participation in the community.• To develop as a Model Organization that represents the interest of intellectually challenged children, their families and caregivers at a Global level.• To create a greater bonding between the family of intellectually challenged children the society and children and to work towards social inclusion• To evolve strategies and schemes for people who are intellectually challenged through media campaigns, community awareness and education programs.										
Resource Person (s)	Team of NSS and MSW Students										
Participants	S2 and S4 MSW students										
Activities	<table><tr><td>10:00 – 10:30am</td><td>: Assembly & Inauguration</td></tr><tr><td>10:30 – 10:45am</td><td>: Ice Breaking</td></tr><tr><td>10:45 – 11:30am</td><td>: Music Session for IC Children</td></tr><tr><td>11:30 – 11:40am</td><td>: Break</td></tr><tr><td>11:40 – 12:30pm</td><td>: Art Session for IC Children</td></tr></table>	10:00 – 10:30am	: Assembly & Inauguration	10:30 – 10:45am	: Ice Breaking	10:45 – 11:30am	: Music Session for IC Children	11:30 – 11:40am	: Break	11:40 – 12:30pm	: Art Session for IC Children
10:00 – 10:30am	: Assembly & Inauguration										
10:30 – 10:45am	: Ice Breaking										
10:45 – 11:30am	: Music Session for IC Children										
11:30 – 11:40am	: Break										
11:40 – 12:30pm	: Art Session for IC Children										

	12:30 – 01:30pm	: Lunch
	01:30 - 02:20pm	: Vocational Training for IC Children & session for Staffs
	02:30 – 03:30pm	: Recreational activities for IC Children
	03:30 - 03:45pm	: Staff Evaluation
	03:45 – 04:00pm	: Valedictory Function
	<ul style="list-style-type: none"> • The SALT members along with NSS organised ‘Phoenix’, an intervention for the children with special needs of of Rotary Special School, Vazhuthacaud, in the practical completion of a project proposal endeavor. • A low-budget, interactive Intervention programme for Intellectually Challenged Children, understanding the children’s area of interest and stimulation to perform activities aiding in development. • Volunteering students of S3 and S2 held game sessions to assess the kids of their comprehension of shapes colours, and sizes and conducted Art and Music therapy sessions for children from the Primary, Secondary and Pre-vocational classes. • Mrs. Moti Feroz, the Principal and her colleagues were very welcoming. • The team was aided by Mr. Ravi and his friend who led the music therapy sessions. • The students expressed their happiness and the teachers asked the team to be back again. 	
Programme Outcomes	<ul style="list-style-type: none"> • The student community understood the needs of “differently abled” children 	

	<ul style="list-style-type: none"> • Able to plan and implement activities that could engage them.
Supporting Documents	Photos

Photos : intervention at Rotary Special School, Trivandrum



Assembly



Music Session



Art session



Vocational training



Discussion with staff



Recreational activity



Staff evaluation



Concluding session

Participants list

Students of Rotary special school

AMALA JOSHY
AMRITHA SURESH
ANITHAMOL BABU
ANN MARY GEORGE
BALALEKSHMI S.B
DEVIKA B.S
EKALAVYAN V.P
FEBINA.S.KUMAR.
G S NARAYANI
GILDA MANI
JAYALAKSHMI J
JIBIN K JOSE
JOSUKUTTY KURIAN

KAVYA KUMAR K
NISHA.K.J
NOUNITH NOBLE
SANUMOL CATHERINE
SAUMYA JOHN
SREE JYOTISH H
SUBHADRA.P.S
TINTU N.S
VANDANA SURESH
VANI V.R
VENISHYA IVAN
VRINDA VIJAYAN

Dr. Francina P. X
Faculty in-charge
Dept. of Social Work, LCSS

Programme Name	Kripatheeram Old Age Home	Organizer	NSS Unit and Department of Sociology
Date	10th November 2017	Time	10.30A.M-1 P.M
Setting	Kripatheeram, Muttakkadu	Faculty in-charge	Dr. Nisha Jolly Nelson

Programme Objectives	<p>) To provide companionship, emotional support and to help them overcome social isolation.</p> <p>To listen to their experiences.</p> <p>To make the students aware about their social responsibilities</p>
Participants	<p>MA sociology students</p> <ol style="list-style-type: none"> 1. GEORGIN V GEORGE 2. GIREESH KUMAR J 3. GOPI KRISHNAN M 4. JISHNU VINAYAN V S 5. KRISHNAJITH R G 6. MEHANAZ MUMTAZ 7. MINU HARIKUMAR 8. NEETHU SHARON S 9. NEETHU.L 10. RESHMA THOMAS 11. SANILA V S 12. SHEEBA R 13. SURJITH V 14. VISHNU B R 15. ACHSAH GEORGE 16. ALOYSIUS T. ANTONY 17. ANANTHAPADMANABHAN J 18. ANJANA U K 19. ARATHY S PRATHAP 20. ARAVINDLAL 21. ARYA A 22. ASWATHY A L 23. ASWATHY J M 24. ATHIRA K O 25. BLESSY ROSE MATHEW

	26. CATHARINE JACOB 27. DEEPAK S 28. DURGA U S NAIR
Programme Activities) Interactive sessions with each and every inmates.) Interactive sessions with sisters who took care of them.) Organized Cultural programs for their happiness
Programme Outcomes) Students clearly understood the social responsibilities towards senior citizens. Created awareness among students regarding the importance of caring elderly.

PHOTO



14th November 2017 – Children's day program at Cheruvickal School

As part of 128th Children's day, Sparsham (Student Association of Department of Counselling Psychology, Loyola College of Social Sciences) along with NSS Unit of Loyola College of Social Sciences have arranged a Children's day celebration at Cheruvickal School. The program was conducted on 14th November 2017 at 9:30 am to 10:30 am.



The Master of Ceremony was Aardra.

The program started with a welcome speech by Anagha Suresh. She welcomed all the teachers and students of both Cheruvickal School and Loyola College. Next was Nehru's speech. It was done by Akash, a 7th standard student. After that a few students of the school sang a folk song. Then an awareness skit about child abuse and different touches was played by the students of counseling psychology. The main roles were played by



Aardra, Nisha, Abhishek and Aswathy. Nisha gave an awareness talk about child abuse, good touch and bad touch. She conveyed through pictures and oral mediums.

After the skit there was a dance performance by school students. Then there was a funny game conducted by Aardra with participation of school students. The game is named as "1, 2, and 3". After the game, Abhishek of Loyola College sang a song along with a special child named Alex of Cheruvickal School. Later an action song was sung

together by both school and college students. It was a Cambodian Folk song. The



programme ended up with sweets and pencil distribution to the children.

EVALUATION REPORT:

1. The seniors have pointed out that the programmes conducted were so entertaining and done well by the juniors.
2. It was pointed out that the basics of conducting an official programme were lacking throughout the programme.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria

4. Jude S
5. Neha Suresh
6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy
10. Anakha suresh
11. Nisha N R
12. Ardra Madhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Aroline K Tom

Program me Name	Life Skills Training For Students At Loyola Institute of Commerce, Poovar	Organizer	NSS Unit and Department of Social Work , Loyola College of Social Sciences
Date	16 th March, 2018	Time	9 a.m. -4 p.m.
Venue	Loyola Institute Of Commerce, Poovar	Faculty in charge	Ms. Francina P X and Fr. Sabu P Thomas

Programme Objectives	<p>To organize One-day Workshop of Life-Skills to students of Loyola Poovar (Marginalized)</p> <p>To provide training on life skills.</p> <p>To understand about organizing and coordinating the program.</p>
Resource Person (s)	Second year MSW Students and NSS Volunteers
Participants	Commerce Students From Loyola College of Business Studies

Programme Activities	<p>The NSS unit and Second Semester MSW students conducted a whole day Life-Skills training session for the students of the Loyola College of Business Studies at Poovar on March 16th 2018. The programme was coordinated by Miss. Anju Anna Gheevarghees of second semester MSW. The training programme consisted of an Ice-breaker and 4 sessions. The students were divided into four groups for the effective implementation and monitoring of the training activities. The interactive activity sessions were covered based on the 10 life Skills prescribed by the WHO. Around 130 students from the institution had taken part in the session. The team performed a street-play on ‘Good Touch and Bad-touch’ for the students. The programme was evaluated by the students as a life touching experience, and that they wished to meet in future. The team evaluated the group as a very hospitable and</p>
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	Cooperative group.
Programme Outcomes	<ul style="list-style-type: none"> • The students were able to train others on various life skills. • <p>The students get an insight regarding organizing and coordinating the sessions and entire program for a targeted group.</p>

The list of the students who coordinated the Life Skill Training Program

SL. No	Name of the Student
1.	ABHILASH K SEBASTIAN
2.	MATHEWSKUTTY SUNNY
3.	ANCY LAL
4.	MEENU ROSE EBI
5.	ANJALI T M

6.	NAJIMA T R
7.	ANJU ANNA GEEVARGHEESE
8.	NEETHU M KRISHNA
9.	ANNIE BOSE
10.	P J NANDITHA
11.	ARCHANA LOUIS
12.	SAJIN M
13.	ASHILY S JAMES
14.	SANDRA GEORGE
15.	BINCY BABU
16.	SRUTHI V
17.	BRILLIANT MARIA ANTO
18.	SUNITHA KUMARI M S
19.	CHRISTANSIA DAS
20.	TREESA VARGHESE
21.	ELNA JOSEPH
22.	GOUTHAMI R S
23.	JENIN KOSHY ABRAHAM

Life Skills Training for students at Loyola College, Poovar





Ms. Brilliant Maria Anto second year student, taking the session for the Loyola College of business studies

REPORT OF THE VISIT TO ANANDA NILAYAM ORPHANAGE

As a part of the outreach services NSS unit along with Department of Counselling Psychology, Loyola College of Social Sciences, the first year and second year students of MSc counselling Psychology, accompanied by Dr. Leena, S.T and Mrs. Dia Therese Jose visited Ananda Nilayam Orphanage, Manacaud, Kuriyathi in Trivandrum. The team reached the place at 9.30 am on 24th March 2018. The secretary of the orphanage welcomed us warmly and we started the programme. There were about twenty five children in the orphanage and two staff at the time.



The students of Msc counselling Psychology divided themselves into four groups and each group administered certain games to the students to build rapport with them. By about 11.30 am we divided the children into four groups to interact closely.



After the group interaction, we moved to one to one counselling with children. At about 12.30 the programme was concluded. Apart from the students of Loyola College of Social Sciences, three persons from Infosys as representatives of Sanjeevani , they have also actively participated in the programme. After a brief feedback session from the children, The students of Msc counselling Psychology dispersed from there.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria
4. Jude S
5. Neha Suresh
6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy
10. Anakhasuresh
11. Nisha N R
12. ArdraMadhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Dia Therese Jose

Christmas Celebration at Bethelgram old age home

Sparsham, the student association of Counselling psychology and NSS Unit of Loyola College of Social Sciences celebrated Christmas at the old age home, Bethelgram in Mukola. Mr Jude S. took the initiative for getting the permission to do this programme from the organization. Mr. Jude visited the old age home to get an idea about the needs of the inmates and their expectations from us and he reported to the department faculties and members. The programme was conducted on 14-12-2017 and started at 10:30 am. Miss Divya gave the introduction about Sparsham, introduced everyone to them and compeered the programme. The prayer song was sung by Miss Neha and Brightly. Rev. Father Edison Philip, Manager of Bethelgram, introduced the Sparsham team to the inmates and welcomed us to Bethelgram.



The welcome speech, on behalf of Sparsham was given by our respected HoD Dr. Pramod S.K. He addressed the gathering and expressed his happiness of being one among them and shared his happiness of Christmas. Then it was time for Bible visualization, a combined effort of team spirit by the first year and second year students. They could give a wonderful play of the birth of Christ and created an atmosphere of Bethlehem in Bethelgram. .Everyone seemed to enjoy it very well. The carol was the next programme guided by Dr. Pramod and team, the songs enriched everyone with love and joy of Christmas. Jingle bells was sung by the carol team and Miss. Parvathy entered as Santa Claus. Her dance and enthusiasm created a happy mood and applause among the inmates. Then the Christmas father interacted with Dyna Scaria. Then it was time for a semi-classical dance by Greeshma and Ardra. After this, a game 'anthakshari'

was conducted by Sruthi and Aswathy V.S., where they divided the inmates into two groups. They gave a letter in Malayalam and were told to sing a song starting with the letter. The inmates actively got involved in the game and the students have got a chance to be a part of the game also. Next programme was by Neha and Brightly. They sang a collection of old Malayalam songs.



Then it was time to cut the Christmas cake. Dyna and Santa Claus conveyed to the audience about the cake cutting and invited one of the inmates of Bethelgram to cut the cake. Carol songs were being sung in the background while the cake was distributed. Papa said good bye to everyone and left while the carol team wished everyone a merry Christmas and happy new year. Then it was time for the gifting of the tree sapling. Dr.

Pramod S.K., along with Sparsham coordinators Dr. Leena S.T. and student coordinators Remya, Ardra and Christmas coordinators Prisma and Sruthi , gifted the sapling to rev. Father Edison Philip, the manager of Bethelgram.



The program had come to an end and Sparsham coordinator Dr, Leena S.T. delivered the vote of thanks. She thanked all the teachers and students for their support and thanked Bethelgram for their love and support. Then Rev. Father Edison Philip, manager of Bethelgram, expressed his gratitude to the whole crew of Sparsham for being there for them and prayed for the well being of all. Thereafter, we had lunch with the inmates of Bethelgram. It was around 2 p.m. then and the Sparsham group set back to the college.

Conclusion

The program was a wonderful success despite the limited time for interaction we had with the inmates.

The juniors and the seniors have actively worked together for this programme

There was good coordination among the students

Special thanks to:

Jude.S for taking the initiative to enquire about Bethelgram and ensuring everything on 13th December. Thanks to Remya also.

Mrs Sony , Jude, Brightly, Dyna and Sruthi for making arrangements for the costumes and accessories for bible visualisation and santa.

Abhishek Sathyan for the script for Santa and Dyna.

Mrs Nisha R.K. for the tree sapling and baby doll.

Miss Supriya, student of diploma in counselling psychology for offering us cards and helping us gather bedsheets.

Dr. Leena S.T. ,Dr. Pramod S.K. and Mrs. Dia Therese jose for facilitating transportation, for their suggestions, help and support throughout the preparation and also for the successful execution of the program.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
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6. Remya Ramesh
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14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Dia Therese Jose

Programme Name	Child rights protection week celebration	Organizer	Social work department in collaboration with DCPU and Child line, Trivandrum.
Date	15 th - 17 th November (3days)	Time	9:00am -4:00pm
Venue	12 Venues decided by the organisation	Faculty in-charge	Ms. Jasmine Sarah Alexander

Programme Objectives	<ul style="list-style-type: none"> • To make people aware about the problems faced by the children in our community. • To explore different mediums to sensitise the community regarding the problem faced children in the community. • To create awareness about child rights and POCSO Act among people.
Participants	22 - I Semester MSW students, People who were present on the 12 venues were the students presented the street play and other programs. Accompanied by the staff-coordinator and representatives from collaborating agencies.
Programme Activities	<ul style="list-style-type: none"> • In Collaboration with the DCPU and CHILD LINE Trivandrum, the first semester students celebrated Child Rights Protection week from 15th November to 17th November (3 days), travelling with the “<i>Kalajadha</i>” in 12 venues, performing street plays, theme dance and theme songs on Child Rights and POCSO. • The team created their very own Plays in two groups during the Street Theatre workshop and was refined by their super senior and previous SALT alumnus, Ms. Neethu Radhakrishnan. • The whole team was coordinated by Najima T.R (social work trainee) in the guardianship of faculty Ms. Jasmine Sarah Alexander. Child-line Tvm Coordinator Mr. Joby

	Kondoor, DCPU coordinator Mr. K. K. Subair, Probation officer Adv. Aneesha, staff Mr. Vighneshwar, Ms. Arya (SALT alumnus who introduced Loyola to the opportunity) and Ms. Lekshmi led the 3 day rally with energy, motivation and inspiration for the team.
Programme Outcomes	<ul style="list-style-type: none"> • Student organised various programme with DCPU and CHILD LINE Trivandrum to create awareness about the problems faced by the children in our community. • Students were able to create awareness about child rights and POCSO Act among people.
Supporting Documents	Photos

Photos : Child rights protection week celebration



Contribution of our students were acknoweldged and presented memto by Ms. J.

വർണ്ണവിതരി കുഞ്ഞിച്ചിറകുകൾ

നെയ്യാറ്റിൻകര: ബാലാവകാശ പൊതുസമുദായത്തിന്റെ ഉത്തരവാദിത്വമാണ് എന്ന ആശയം അടിസ്ഥാനമാക്കി നെയ്യാറ്റിൻകരയിൽ തത്സമയ ചിത്രരചന-കുഞ്ഞിച്ചിറകുകൾ സംഘടിപ്പിച്ചു. ബാലാവകാശ വാഗ്ദാനം ഉറപ്പാക്കുന്നതിനായി കേരള സംസ്ഥാന ബാലാവകാശ സംരക്ഷണ കമ്മീഷനും ജില്ലാ ശിശുസംരക്ഷണ യൂണിറ്റും നഗരസഭയും നെയ്യാർ വാർഡ് ബാഴ്സിയും സംയുക്തമായിട്ടാണ് ചിത്രരചന നടത്തിയത്.

കെ. ആൻസലൻ എം.എൽ.എ. ഉദ്ഘാടനം ചെയ്തു. നഗരസഭ വൈസ് ചെയർമാൻ കെ.കെ. ഷിബു അധ്യക്ഷനായി.

ജില്ലാ ശിശുസംരക്ഷണ ഓഫീസർ കെ.കെ. സുബൈർ, വി.എൽ. അനീഷ്, ജോയിൻ കൊണ്ടൂർ, എസ്.കെ. വിഘ്നേശ്വർ, പ്രശാന്ത് കൃഷ്ണൻ, സജിമുൽ നായർ, ഗിരീഷ് പരമേശ്വരൻ എന്നിവർ സംസാരിച്ചു.

നെയ്യാറ്റിൻകര ആശുപത്രി കമ്പലയിലാണ് ചിത്രരചന നടത്തിയത്. ചിത്രകാരന്മാരും താല്പരരിലെയെ വിവിധ സ്കൂളുകളിലെ കുട്ടികളും ബാലാവകാശ ചിത്രങ്ങൾ വരച്ചു. ബാലാവകാശ ജില്ലാതല പ്രചാരണജാമിന് പടങ്ങിയ സ്വീകരണം നൽകി.



കുഞ്ഞിച്ചിറകുകൾ തത്സമയ ചിത്രരചനയിൽ ആർട്ടിസ്റ്റ് കെ. മണികണ്ഠൻ വെച്ച ചിത്രം കെ. ആൻസലൻ എം.എൽ.എ. ജില്ലാ ശിശുസംരക്ഷണ ഓഫീസർ കെ.കെ. സുബൈർ എന്നിവർ നൽകി ഉദ്ഘാടനം ചെയ്യുന്നു.

മാതൃഭൂമി Sat, 18 November 2017
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കാട്ടാക്കട ഉപജില്ലാ കലോത്സവം ഇന്നു തുടങ്ങും

പേയോട്: കാട്ടാക്കട ഉപജില്ലാ കലോത്സവം ശനിയാഴ്ച പേയോട് സെൻ്റർ ഫോർ കൾച്ചറൽ ഹെർ ട്രസ്റ്റ് കൺവെൻ്റ് സ്കൂളിൽ തുടങ്ങും. 22 വരെ നടക്കുന്ന കലോത്സവത്തിൽ 110 വിദ്യാലയങ്ങളിൽനിന്നുള്ള കുട്ടികൾ പങ്കെടുക്കുമെന്ന് കലോത്സവവുമിൻ ചെയർമാൻ വിജ്ഞാപനത്തിൽ പ്രസിഡൻ്റ് എൽ. വിജയരാജ് പറഞ്ഞു.

18-ന് രാവിലെ മുതൽ രചനാമത്സരം തുടങ്ങും. 20-ന് രാവിലെ 8.30-ന് ഐ.ബി.സി.യിൽ എം.എൽ.എ. ഉദ്ഘാടനം ചെയ്യും.

കുട്ടികളുടെ പ്രശ്നങ്ങൾ ചൂണ്ടിക്കാട്ടി ബാലാവകാശ പ്രചാരണ കലാജാമ

നെയ്യാറ്റിൻകര: ഇക്കഴിഞ്ഞ വർഷം തിരുവനന്തപുരം ജില്ലയിൽ മാത്രം റിപ്പോർട്ട് ചെയ്ത പോക്സോ കേസുകൾ 539. ഈ വർഷം ജനുവരി മുതൽ സെപ്റ്റംബർ വരെ റിപ്പോർട്ട് ചെയ്ത ശൈശവ വിവാഹ കേസുകൾ 13. ബാലാവകാശ വാഗ്ദാനം ഉറപ്പാക്കുന്നതിനായി കേരള സംസ്ഥാന ബാലാവകാശ സംരക്ഷണ കമ്മീഷനും തിരുവനന്തപുരം ജില്ലാ ശിശുസംരക്ഷണ യൂണിറ്റും ചൈൽഡ് ഹെൽപ്പ് ലൈനും സംയുക്തമായി പുറത്തിറക്കിയ ലഘുലേഖയിലെ ചില വിവരങ്ങളാണ് ഇത്.

തിരുവനന്തപുരം ജില്ലയിൽ ആറു വയസ്സുവരെ യുള്ള കുട്ടികളുടെ കണക്ക് ഇപ്രകാരം: ആൺ കുട്ടികൾ: 156,377, പെൺകുട്ടികൾ: 156,684. ആൺകുട്ടികളുടെ എണ്ണമാണ് കൂടുതൽ. നാമമാത്രമായെങ്കിലും കുട്ടികൾ ഇപ്പോഴും സ്കൂളുകളിൽനിന്നും കൊഴിഞ്ഞു പോവാറുണ്ടെന്ന വസ്തുതയും ഗൗരവമായി കാണണം. കുട്ടികൾക്കു നേരെ നടക്കുന്ന ലൈംഗികാതിക്രമം ഏതായാലും പൊട്ടൻ പോലീസിൽ റിപ്പോർട്ട് ചെയ്യണം. ഡോൺ

ബോൾകോ വീട് സൊസൈറ്റി ഈ വർഷം നടത്തിയ പഠനം അനുസരിച്ച് ജില്ലയിലെ എട്ടു മുതൽ 12-ാം ക്ലാസ് വരെയുള്ള കുട്ടികളിൽ മൂപ്പന്മാരുടെയും ലഹരി ഉപയോഗിക്കുന്നവരാണ്.

ഈ സാഹചര്യം നിയന്ത്രിക്കുന്നതിന്റെ ഭാഗമായി ജില്ലാ ശിശുസംരക്ഷണ യൂണിറ്റ് സന്നദ്ധ സംഘടനകളുടെ സഹായത്തോടെ ഇക്കഴിഞ്ഞ ഒക്ടോബർ ഒന്ന് മുതൽ പുതിയ പദ്ധതി ആവിഷ്കരിച്ച് നടപ്പാക്കിവരുന്നു.

സന്നാമബാലയും, അഗസ്ത്യന്റെ പുസ്തകം, കാവൽ, വെളിച്ചം മുതലായ പദ്ധതികൾക്കും തുല്യം നൽകിയിട്ടുണ്ട്. വാഗ്ദാനം ചെയ്തതിന്റെ ഭാഗമായി ജില്ലയിൽ പാലട്രം നടത്തുന്ന ബാലാവകാശ പ്രചാരണജാമയുടെ സ്വീകരണ ചടങ്ങുകളിൽ ഈ ലഘുലേഖകൾ വിതരണം ചെയ്യുന്നതിന് ലക്ഷ്യമുണ്ട്. ലക്ഷ്യമുള്ള കോർഡിനേറ്റർ സോഷ്യൽ സയൻസിലെ എം.എസ്.ഡബ്ല്യു വിദ്യാർത്ഥികൾ അണിയിച്ചൊരുക്കിയ ബാലാവകാശത്തിലേക്ക് വെളിച്ചം വിശുദ്ധ തെരുവ് നാടകം ജാമയുടെ ആകർഷണമാണ്.



ബാലാവകാശ വാഗ്ദാനം ഉറപ്പാക്കുന്നതിന്റെ ഭാഗമായി ലക്ഷ്യമുള്ള കോർഡിനേറ്റർ സോഷ്യൽ സയൻസിലെ എം.എസ്.ഡബ്ല്യു വിദ്യാർത്ഥികൾ അവതരിപ്പിക്കുന്ന തെരുവ് നാടകം.

മാതൃഭൂമി Fri, 17 November 2017
deepika.epapr.in/c/23795484





MSW students who take part in Street play, theme dance and theme songs.

Participant list

- 1 ABHILASH K SEBASTIAN
- 2 ANCY LAL
- 3 ANJALI T. M.
- 4 ANJU ANNA GEEVARGHEESE
- 5 ANNIE BOSE
- 6 ARCHANA LOUIS
- 7 ASHIELY S JAMES
- 8 BINCY BABU
- 9 BRILLIANT MARIA ANTO
- 10 CHRISTANSIA DAS
- 11 ELNA JOSEPH
- 12 GOUTHAAMI R S
- 13 JENIN KOSHY ABRAHAM
- 14 MATHEWSKUTTY SUNNY
- 15 MEENU ROSE EBI
- 16 NAJIMA T R
- 17 P J NANDITHA
- 18 SAJIN M.
- 19 SANDRA GEORGE
- 20 SRUTHI V.
- 21 SUNITHAKUMARI M. S.
- 22 TREESA VARGHESE

Programme Name	Flash Mob on the theme “Blood Donation and Anti Drug Abuse”	Organizer	National Health Mission in collaboration with NSS And Department of Social Work, Loyola College of Social Sciences.
Date	June 2017	Time	4.45 pm
Venue	Thampanoor	Faculty in-charge	Dr. Anitha and Ms. Francina P. X

Programme Objectives	<p>To organize flash mob on the theme “Blood Donation and Anti Drug Abuse”</p> <p>To create awareness on the significance of blood donation</p> <p>To create awareness on drug abuse</p>
Participants	MSW 2 nd year 25 Participants
Programme Activities	An Awareness Campaign was organised by NSS Unit of Loyola College of Social Sciences and social work students through Flash Mob on the theme “Blood Donation and Anti Drug Abuse” in collaboration with National Health Mission. Trivandrum Corporation Mayor Adv. Prasanth gave a message. Dr. Anitha and Ms. Francina P. X were the staff guides.
Programme Outcomes	Students were able to engage with the community in spreading awareness about Blood Donation and Anti Drug Abuse through campaign and flash mob
Supporting Documents	Photos,

List of participants

1. Amala Joshy
2. Amritha Suresh
3. Anithamol Babu

4. Ann Mary George
5. Balalekshmi S.B
6. Devika B.S
7. Ekalavyan V.P
8. Febina.S.Kumar.
9. G S Narayani
10. Gilda Mani
11. Jayalakshmi J

12. Jibin K Jose
13. Josukutty Kurian
14. Kavya Kumar K
15. Nisha.K.J
16. Nounith Noble
17. Sanumol Catherine
Scaria
18. Saumya John

19. Sree Jyotish H
20. Subhadra.P.S
21. Tintu N.S
22. Vandana Suresh
23. Vani V.R
24. Venishya Ivan
25. Vrinda Vijayan

November 13th 2017- Pothichoru distribution at medical college

As part of hunger and kindness day, Sparsham associated with NSS Unit of Loyola College of Social Sciences conducted an activity named “Pothichoru” in medical college side on 13th November 2017 in between 12:15 and 12:45 pm. The pothichoru was distributed to the needy people of medical college and was conducted in the common space of medical college.



Most of the students, teachers and non-teaching staffs of Loyola College were given lunch packets for this activity. The journey for giving lunch packets started from the college at 11:45am. The distribution started at 12:15 pm. Around 100 packets were given to the needy people. It was huge crowd in medical college, they stand up in a queue for relieve their hunger. Every student struggled a lot to buy more lunch packets for the people.



A FM radio channel Big FM was also incorporated with us for this activity. Before the pothichoru distribution Parvathy and Jude went to radio station and given a briefing about the pothichoru activity and the overall activity of Sparsham. It was telecasted at 3pm in the channel.

The participation of other students' teachers and non-teaching staffs in the college is best proof for the success of the activity and it gave a warm satisfaction for everyone who participated in this activity.

EVALUATION REPORT

1. It is better to make a prior appointment with medical college authorities and seek permission before the event.
2. Also can think about other places too.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria
4. Jude S
5. Neha Suresh
6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy
10. Anakha suresh
11. Nisha N R
12. Ardra Madhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Aroline K Tom

Mrs. Dia Therese Jose

Report for Activity Log SI.No.:			
Programme Name	Child rights campaign	Organizer	Department of Social Work, BCM college, Kottayam
Date	16 February 2018	Time	
Venue	Sreekariyam Junction	Faculty in-charge	Dr. Sonny Jose and Ms. Francina P X

Programme Objectives	<p>To sensitise the migrant labourers regarding the rights of children.</p> <p>To make the migrant labourers aware about the four basic rights of the child- Survival, Development, Participation and Protection.</p> <p>To learn about the organising the awareness program for community.</p>
Resource Person (s)	10 students from 1 st and 2 nd Year MSW
Participants	Migrant Labourers living within Sreekariyam Area

Programme Activities	<p>Sensitising the migrant labour regarding the child rights at Sreekariyam was done as part of the competition in Samunya- inter-college fest conducted by the Department of Social work, BCM College, Kottayam. The program was held at Sreekariyam Junction on 16th February 2018. To ensure maximum participation of migrant labours, the campaign was organised at 5 am, where many migrant labours gather at the junction to go for their respective jobs. Sreejothish and Saumya John of Second year MSW and Ashely James of first-year MSW used a storyline did a role-play regarding the importance of child rights. The storyline of role-playing was designed in such a way that, even the participants actively participated throughout the program. The students made it very clear regarding the four pillars of child rights, which were Survival, Development, Participation and Protection and they briefed about each dimension. By the end of the role-play, the students distributed leaflets prepared in Hindi regarding child rights. This program was live-streamed on the BCM College Site as part of the competition and our student's secured first place in it.</p>
Programme Outcomes	<p>The students were able to sensitise the migrant labours regarding the child rights.</p> <p>Make them familiarise about the basics rights of the child- Survival, Development, Participation and Protection.</p> <p>The students able to learn about the organising the sensitisation program for the community.</p>
Link of the program	<p>https://www.facebook.com/sree.jyotishh/videos/1029110940563063</p>

Photos of the child rights campaign at Sreekariyam Junction



Mr. Sree Jothish Circulating the leaflets



Ms.Saumya John explaining the details in leaflets

Sl No	Name
1	Sreejothish
2	Saumya John
3	Ashly james
4	Jenin Koshy
5	Abilash K Sebastin

Sl No	Name
6	Krishnendu
7	Aloysious Antony
8	Ekalyvan
9	Brillant Maria Anto

REPORT OF HANDMADE CARDS EXHIBITION AND SALES

Sparsham, the Student's Association of Department of Counselling Psychology and NSS Unit of Loyola College of Social Sciences organized an exhibition and sales of handmade Christmas cards on 18th December 2017, Monday at the college premises. The sale was conducted as a fund raising event for outreach programmes for the underprivileged. The teachers and the students of Department of Counselling Psychology made the cards.



The cards displayed for sale were of different rates. There were five counters for each card that was categorised by different rates based on the quality. Ms. Dyna Scaria handled the first counter, and she sold 5 cards each costs rupees 20. The second counter was handled by Ms Sruthi and Ms. Prisma,, and they sold 11 cards, each cost rupees 15. Ms. Remya and Mrs. Nisha handled the third counter, and they sold 6 cards each cost rupees 10. Ms. Brightly and Aswathy handled the fourth counter; and they sold 24 cards

each cost rupees 5. Ms. Neha and Anagha handled the fifth counter; they sold 10 cards, which cost 2 rupees for each. Mrs. Sony collected the cash. In total an amount of 465 rupees collected as fund raising for the outreach programmes of Sparsham.



It was a new experiential learning for the student's of the Department of Counselling Psychology. The student's and faculties of the college was very supportive and they supported this initiative by whole heartedly buying the handmade cards.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria
4. Jude S
5. Neha Suresh
6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy

10. Anakhasuresh
11. Nisha N R
12. ArdraMadhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Dia Therese Jose

REPORT : POONTHURA VISIT

Objectives of the visit :

- To meet and listen to the people who were affected by the Okhi cyclone in Poonthura.
- To understand the current situation and condition of the area and people.
- To know more about the reality and to patiently listen to all that they have to share.
- To extend a helping hand to the people by being listener to their sorrow.

Activities

On 9th December 2017, the MSW students (1st year and 2nd year) of Loyola College Trivandrum went to Poonthura to meet the people who were affected by the Okhi cyclone. To know about the present scenario and to listen to the victims of the cyclone.

The group left the college by 3:00pm and by 4:00pm reached Poonthura. The team was taken to the nearby church and had an

opportunity to have the interaction with the vicar of the Poonthura church. The priest explained about the area. He started saying about the number of families staying in the 1 km radius. The students were shocked to hear that there are around 300 families staying in the locality and each and everyone of them is affected by the cyclone.

The priest also shared about the approach of the government. At first the govt didnot give much importance to the issue and that really affected the lives of the fishermen. It took away their faith in the govt. More than 150 people were out in the ocean on the day of cyclone and proper information was not passed to them during the time of the disaster. It put the lives of many families at risk. Many people lost one or two members of their family which seemed that some lost their husband, father, brother and son. The entire shore was in pain and the students were blank for sometime learning the situation of the people.

After the session, the students were divided into groups of 2 and the volunteers led everyone to each house especially the houses where the people went missing. The trainee had to visit the house of Selvaraj (35) who is the breadwinner of the family. The family consists of his wife and three children. The family has got no clue of him and he was missing since 29th November. He was once worked in UAE and they came & settled in India for the last 12 years. The family is still waiting for the father.

The family is now supported by Selvaraj's wife's family - her mother and sister are there for the family's support. The trainee had such a heartbreaking experience in the field. There were no answers for their questions and the only answer the trainee could give them is to pray for them. The whole family was wishing the govt will improve their systems as to avoid these kinds of situations in the future and everyone of them in the harbour is eagerly waiting for the missing ones to come back.

The experience gave the trainee an insight that as human beings, no one has anything to boast on and to be selfish, anything can go upside down in an overnight & using the present time in the right way is what matters at last.

Participant list

1. Abhilash K Sebastian
2. Ancy Lal
3. Anjali T. M.
4. Anju Anna Geevargheese
5. Annie Bose
6. Archana Louis
7. Ashiely S James
8. Bincy Babu
9. Brilliant Maria Anto
10. Christansia Das
11. Elna Joseph
12. Gouthaami R S
13. Jenin Koshy Abraham
14. Mathewskutty Sunny
15. Meenu Rose Ebi
16. Najima T R
17. P J Nanditha
18. Sajin M.
19. Sandra George
20. Sruthi V.
21. Sunithakumari Ms.
22. Treesa Varghese