

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



CRITERIA 7: Institutional Values and Best Practices

7.3 Institutional Distinctiveness

Engaged Competence Enhancement (ECE)

**Detailed Reports of the Extension Activities for
the Year 2016-17**

Total Number of Reports: 13

Sl. No	REPORTS	PAGE NUMBER
1.	NSS Camp Report 2016-17	3
2.	Spandanam	91
3.	Street play based on 'need for health and hygiene'	105
4.	Free Health Awareness and Medical Camp for Migrant Laborers	108
5.	Community service in Attapadi	112
6.	Community Service In Patna, Bihar	116
7.	Free lifestyle disease detection camp	118
8.	Migrant labour settlement visit	124
9.	Blood Donation Camp	127
10.	Childrens Day celebration	130
11.	Christmas Celebration	134
12.	Fund Raising campaign - Kanivu	136
13.	Extension Activity at Women Empowerment and Human Development Centre of India WHO Thiruvananthapuram	137

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



NSS Camp Report 2016-17

SAMUDRA 2017

Seven Day NSS Camp

Anjuthengu

12th March – 18th March 2017



UNIVERSITY OF KERALA

National Service Scheme Unit 12A

Loyola College of Social Sciences

Thiruvananthapuram

PART 1: INTRODUCTION

ABOUT NSS

OBJECTIVES OF NSS

NSS & LOYOLA

REASON FOR THE CHOICE OF PLACE

PART II : THE PLANNING STAGE

AIMS OF THE CAMP

AREA IN THE FIELD

CONTACT PERSONS IN ANJUTHENGU

COMMITTEES AND GROUPS

CORE COMMITTEE

FUNCTIONAL COMMITTEE LEADERS

FUNCTIONAL GROUP LIST

RESPONSIBILITIES OF FUNCTIONAL COMMITTEES

- Programme, Reception and Publicity Committee
- Food Committee
- Documentation Committee
- Survey Committee
- Environmental Committee
- Accommodation, Transport, and First Aid Committee
- Cultural Committee
- Discipline, Prayer, and Yoga Committee
- Camp Paper and Exhibition Committee
- Finance Committee

WORKING GROUP LEADERS AND ASSISTANT LEADERS

LIST OF WORKING GROUP MEMBERS

RESPONSIBILITIES OF WORKING GROUPS

DAIRY OF EVENTS IN THE PLANNING STAGE

ORIENTATION CLASSES

PRE-CAMP VISIT

DIVISION OF WORKING GROUPS

SELECTION OF TOPICS AND PREPARATION

ORIENTATION ABOUT ASHRAYA PROJECT

DAIRY OF EVENTS – SAMUDRA 2017

PART III – THE CAMP

DESCRIPTION OF THE CAMP DAYS HIGHLIGHTING

- Practice and preparation
- Inauguration of NSS Camp SAMUDRA 2017
- Cultural Fiesta
- Training for Survey by Mrs. Amritha Gladston
- Survey- effectiveness of Asraya project
- Anjuthengu panchayath: An overview by Mr. Sumesh K.R
- Focus Group Discussion on Kudumbashree Project
- Class on Creative thinking for Social Change by Ms. Aparna Ramdas.
- Training for Paper Bag Making by Sr. Sajimol P.J
- Orientation on LokManch Project by Mr. Terrance
- Class on Group Dynamics by Fr. Pious Vachaparambil.
- Activities for Group Cohesion by Fr. Saji Joseph S.J
- Health awareness rally
- Street Play by N.S.S volunteers.
- Joining Hands: interactive session between children and elderly
- Valedictory function
- Cultural fiesta: Residents of Anjuthengu Panchayat
- Camp Fire
- Evaluation of working groups

Part IV - SURVEY REPORT OF ANJUTHENGU

- Survey of Asraya Project
- Survey of Kudumbashree

PART V – EVALUATION

- I. PLANNING STAGE
 1. Planning in the College
 2. Planning in the Community Level
 - II. IMPLIMENTATION STAGE
 1. Community Level
 2. Group Level
 - III. GENERAL REMARKS
 - IV. SUGGESTION FOR FUTURE CAMPS
 - V. FIVE GROWTH EXPERINCES/INSIGHTS/FAVOURITE MEMORIES OF YOU IN THIS CAMP
- METHODOLOGY

CONCLUSION

PART IV – THE VISUAL FEAST

PART 1: INTRODUCTION

ABOUT NSS

National Service Scheme is under the Ministry of Youth Affairs & Sports Government of India, popularly known as NSS was launched in Gandhi's Birth Centenary Year 1969, in 37 Universities involving 40,000 students. The primary focus on of NSS is the development of personality of students through community service. Today, NSS has more than 3.2 million student volunteers on its roll spread over 298 Universities and 42 (+2) Senior Secondary Councils and Directorate of Vocational Education all over the country. From its inception, more than 3.75 crores students from Universities, Colleges and Institutions of higher learning have benefited from the NSS activities, as student volunteers.

The scheme now extends to all the states and universities in the country and covers +2 levels also in many states. Students, teachers, guardians, persons in authority in government, universities and colleges/schools and the people in general now realize the need and significance of NSS. It has aroused among the student youth an awareness of the realities of life, a better understanding and appreciation of the problems of the people. NSS is, thus, a concrete attempt in making campus relevant to the needs of the community.

Community service rendered by university and +2 level students has covered several aspects like adoption of villages for intensive development work, carrying out the medico-social surveys, setting up of medical centers, programmes of mass immunization, sanitation drives, adult education programmes for the weaker sections of the community, blood donation, helping patients in hospitals, helping inmates of orphanages and the physically handicapped etc. NSS volunteers did commendable relief work during natural calamities/emergencies such as cyclones, floods, famine, earthquake, etc from time to time all over the country.

The NSS students have also done useful work in organizing campaigns for eradication of social evils, and popularization of the nationally accepted objectives like nationalism, democracy, secularism, social harmony and development of scientific temper.

OBJECTIVES OF NSS

The main objectives of National Service Scheme (NSS) are:

1. Understand the community in which they work
2. Understand themselves in relation to their community

3. Identify the needs and problems of the community and involve them in problem solving
4. Develop among them a sense of social and civic responsibility
5. Utilize their knowledge in finding practical solutions to individual and community problems
6. Develop competence required for group-living and sharing of responsibilities
7. Gain skills in mobilizing community participation
8. Acquire leadership qualities and democratic attitudes
9. Develop capacity to meet emergencies and natural disasters and
10. Practice national integration and social harmony

NSS & LOYOLA

Known as a college with a difference, Loyola College of Social Sciences was established at Thiruvananthapuram by Jesuits, a global missionary network committed to excellence in education with social justice. Affiliated to the University of Kerala, the College offers post graduate programmes in Sociology, Social Work, Human Resource Management and Counseling Psychology and is a recognized research centre for Doctoral Study in social science. A full-fledged extension wing, Loyola Extension Services, is a unique feature of the College. True to the Jesuit tradition of Magis, Loyola College of Social Sciences strives to extend the benefits of higher education to people, especially the vulnerable and the marginalized.

Loyola College of Social Sciences was founded by the Society of Jesus (Jesuits) in 1963, the College offers courses in M A (Sociology), MSW (Masters in Social Work), MAHRM (Masters in Human Resource Management) and M. Sc. Counselling Psychology. The College is affiliated to the University of Kerala and is a recognized Research Centre of the University. The Centre prepares students for Ph.D. in Sociology, Social work and Management Studies and also takes up sponsored research projects. A full-fledged Extension Services, Loyola Extension Services (LES) is unique feature of the College. The LES acts as the Social Lab of the College.

True to the Jesuit tradition of MAGIS (Excellence) and the commitment to Faith and Justice, Loyola strives to reach the benefits of higher education to the people, especially the marginalized. In reaching this goal, we are guided by the Ignatian vision of life and its

application in Jesuit Education. NSS unit of the college has a history of more than 45 years. While Kothari Commission propagated NSS at the national level, Loyola became instrumental in the establishment of NSS in Kerala University. Fr. Puthenkulam S.J., the first Principal of Loyola, took the pain for the initiation of the NSS programme in Loyola and the end fruit was unit 12A, the functional NSS unit in the college. Voluntary membership of all the students joining the college is the uniqueness of the NSS unit of the college.

To build social sensitivity in the youth, NSS always promoted rural live-in camps where the students live with a selected community for a period of 10 days to have a real life experience of that community. Later these 10 days is reduced to 7 days by University. A seven-day group living with limited amenities and the interaction with the community, give the student a firsthand picture of the struggle a common man in that particular community has to face, to make both the ends meet. Normally, a socio-economically backward area will be the priority. Loyola has a history of vibrant and live memories of camp life, cherished by the various batches of 1960's onwards. This year was also not different. Instead of ten days, University stipulated a 7-day camp and it was realized from 12th March to 18th March 2017, at Anjuthengu, a small coastal village.

REASON FOR THE CHOICE OF PLACE

- It is a rural coastal village and the community backwardness
- The feasibility and accessibility
- Support of Panchayat President Mrs. Christy Simon, Panchayath Secretary Mr. Sumesh K. R, Pariesh Priest Fr. Pradeep & Mother Superior of Sacred Heart School.
- Extension interventions area of LES.

PART II

THE PLANNING STAGE

AIMS OF THE CAMP

- To sensitize the NSS volunteers about the living conditions of the poor and to develop a feeling of social integration in them.

- To create awareness among the NSS volunteers that higher education should not alienate them from the downtrodden sections of the society.
- To create awareness among the community people that they are not kept aloof from the common stream of society.
- Develop competence required for group-living and sharing of responsibilities

AREA IN THE FIELD

The field of the camp was spread in four wards of Anjuthengu-ward 7, ward 8, ward 9 and ward 10. This area was divided into four and each working group was assigned one area by the programme officer. The main programmes of the camp happened at Sneharam, a Jesuit institution. The working groups and areas assigned are as follows

Area	Group
Meerankadavu bridge – Thonikadavuthookupalam and eastern side	Group I
Thookupalam – St. Rochs Church poothura and western side	Group II
Anjengo CHC western side – St.Josephs school western side	Group III
St. Joseph school western side – Akshaya center after panchayath	Group IV

Contact Persons in Anjuthengu

Panchayat President: Mrs. Christy Simon

Parish Priest: Rev. Fr. Pradeeb Joseph

Director of Sneharam: Rev. Fr. Varkichan S. J

Mother Superior of Sacred heart convent: Sr. Gerty Robert Lopez

CDS Chairperson: Mrs. Annamary Johnson

WARD MEMBERS- ANJUTHENGU GRAMA PANCHAYAT

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Mrs Christy simon – Member, 7th ward-9496040738

Mrs. Philomina Joseph- Member, 8th Ward-9945407244

Mr C Pious- Member, 9th Ward- 9447017092

MrRaju George- Member, 10th Ward-9142323420

COMMITTEES AND GROUPS

CORE COMMITTEE

NSS Programme Officer : Ms. Francina P. X
Staff Guides : Fr. Sabu P Thomas S.J. & Fr. Saji J SJ
Camp Leader : Mr. Aloysious T Antony
Asst. Camp Leader : Ms. Balalekshmi S B
Volunteer secretary : Ms. DynaScaria

Functional Committee Leaders

Programme, Reception & Publicity Ms. Parvathy
Food Mr. Ekalavyan V P
Documentation Ms. Vandana Suresh
Survey Sr. Nisha K J
Work/Shramdan Ms. Neethu L
Transportation, Accommodation & First Aid Ms. Soniya Jain Jacob
Cultural Ms. Sanumol Catherine Scaria
Exhibition & Camp Paper Mr. Josekutty Kurian
Assembly, Prayer, Yoga & Discipline Ms. Saumya John
Finance Mr. Sreejyothish H

LIST OF FUNCTIONAL COMMITTEE MEMBERS

<u>Programme Committee (9)</u>	<u>Food Committee(10)</u>
Parvathy (Msc)	Eklavyan (Msw)
Aravind (Ma)	Devika (Msw)
Balalekshmi (Msw)	Tintu (Msw)
Aloysius (Ma)	Ann Mary George(Msw)
Jibin K Jose (Msw)	Krishnajith(Ma)
Georgin V George (Ma)	Achsah (Ma)
Blessy (Ma)	Arathy S. Prathap (Ma)

RemyaRemesh(Msc) Jayalekshmi (Msw)	Gopikrishnan (Ma) Brightly P. Bright (Msc) Shikha (Mahrm)
<u>Accomodation (6)</u> Jude (Msc) Soniya(Mahrm) AmalaJoshy (Msw) Vishnu Br (Ma) Reshma (Ma) Ashwathy J.M (Ma)	<u>Cultural (8)</u> Sanu (Msw) Kashyap (Mahrm) Amritha (Msw) Narayani (Msw) Jishnu (Ma) Revathy (Mahrm) Sony Tharakan (Msc) Athira (Ma)
<u>Survey (11)</u> Sr. Nisha (Msw) Neha (Msc) Subhadra (Msw) Mehnaz (Ma) Febina (Msw) Dyna (Msc) Gilda (Msw) Vrinda (Msw) Sanila (Ma) Geo Micheal (Mahrm) Athira S. (Mahrm)	<u>Sramdhan (11)</u> Neethu L (Ma) Akhil Jose (Mahrm) AnithamolBabu (Msw) Arya A (Ma) Ashwathy V.S (Msc) Gopikrishna (Mahrm) Anandhapadhmanabhan (Ma) Deepak (Ma) Ashwathy A.L (Ma) Neethu Sharon (Ma) Gireesh (Ma)
<u>Documentation(6)</u> Minu (Ma) Vandana(Msw) Catharine Jacob (Ma) Venishya (Msw) Sruthi Suresh (Msc) Charulata (Mahrm)	<u>News Bulletin (5)</u> Josukutty (Msw) Vani (Msw) Nounith Noble (Msw) Durga (Ma) Anjana (Ma)

<u>Discipline (4)</u> Saumya (Msw) Arjun (Mahrm) Sheeba R. (Ma) Kayva Kumar (Msw)	<u>Finance (2)</u> SreeJyotish (Msw) Surjith(Ma)
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Responsibilities of Functional Committees

1. Programme, Reception and Publicity Committee

- Planning the programme in the field
- Arranging Inaugural and valedictory functions
- Printing the Notice of the camp
- Contacting the resource persons for common programmes
- Banner and Flag
- Media – Giving the camp details to print and electronic media.

2. Food Committee

- Prepare Menu, budget, get approval from programme officer, Purchasing.
- Collecting vessels from NSS store (get signature of the in-charge on the list of vessels collected)
- Store Keeping
- Ensuring Vessels, Gas etc., entrusting to daily groups, getting back and returning
- Take care of the kitchen on the first day and the pack up day
- Dividing the entire NSS volunteers into six groups and assigning

3. Documentation Committee

- Get the report/data of the planning meetings from the Camp Leader/Voluntary Secretaries
- Arrange for reports of planning from the Steering Committee
- Getting the daily report from the Working Groups

- Get the complete account from the finance committee
- Typing, Editing, and binding the report.

4. Survey Committee

- Printing the interview schedule
- Explaining it to/training the group
- Co-ordinate data collection
- Data entry
- Report-English and Malayalam

5. Environmental Committee

- Identifying the needed work in the community
- Collecting necessary implements
- Ensuring community participation
- Co-coordinating the work
- Arrangement of refreshment

6. Accommodation, Transport, and First Aid Committee

- Arranging bus for journey
- Arrange mats for sleeping
- Necessary first aid materials
- Make ready the site to occupy

7. Cultural Committee

- Arrangement of the Cultural programme on the inaugural and valedictory functions
- Arranging entertainment programme every day after supper and evaluation

8. Discipline, Prayer, and Yoga Committee

- Arrange prayer and yoga for every day morning.
- Time keeping
- Ensuring discipline and order in all the camp activities

9. Camp Paper and Exhibition Committee

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- Preparation of camp paper and presenting it every day morning
- Collection and management of exhibition materials like banner/poster etc.

10. Finance Committee

- Preparation of Budget
- Prepare and updating of Accounts & Daily expenses

WORKING GROUP LEADERS AND ASSISTANT LEADERS

Group No.	Leader	Asst. Leader
Group 1	Ms. Tintu N S	Mr. Deepak
Group 2	Ms. Shika Pavitrana	Mr. Gireesh
Group 3	Ms. Brightly P Bright	Ms. Athira K O
Group 4	Mr. Jude S	Ms. Venishya Ivan

WORKING GROUPS			
GROUP 1	GROUP 2	GROUP 3	GROUP 4
7th Ward	8th Ward	9th Ward	10th Ward
Tintu N.S (Leader)	Shikha (MAHRM) (Leader)	Brightly (MSc) (leader)	Jude S(Msc) (leader)
Deepak (MA) (AL)	Gireesh(MA) (AL)	Athira(MA) (AL)	Venishya (MSW) (AL)
Revathy (MAHRM)	Remya (MSc)	Charulatha (MAHRM)	Sanila (MA)
Parvathy (MSc)	Vandana (MSW)	Anithamol (MSW)	Jishnu (MA)
Ann Mary (MSW)	Minu (MA)	Catharine (MA)	Geo (MAHRM)
Gopikrishna (MAHRM)	Akhil Jose(MAHRM)	Soniya(MAHRM)	Neethu L (MA)

Athira S (MAHRM)	Dyna (MSc)	Aravind (MA)	Mehnaz (MA)
Ashwathy V.S. (MSc)	Vrinda (MSW)	SreeJyotish (MSW)	Josukutty (MSW)
Febina (MSW)	Nounith (MSW)	Arya A (MA)	AmalaJoshy (MSW)
Amritha (MSW)	Reshma (MA)	Narayani (MSW)	Balalekshmi (MSW)
Sanu (MSW)	Saumya (MSW)	Vishnu B.R. (MA)	Durga (MA)
Georgin (MA)	Blessy (MA)	Kavya Kumar (MSW)	Neha (MSc)
Gilda (MSW)	Surjith (MA)	Ekalayan (MSW)	Subhadra (MSW)
Kashyap (MAHRM)	Jayalekshmi (MSW)	Krishnajith (MA)	Aswathy J.M. (MA)
Sheeba (MA)	Neethu Sharon(MA)	Gopikrishnan (MA)	Devika (MSW)
Jibin K. Jose (MSW)	Arathy (MA)	Arjun (MAHRM)	Achsah (MA)
Sony Tharakan (MSc)	Anjana (MA)	Vani V. R (MSW)	Aswathy A.L. (MA)
Sr. Nisha (MSW)	Anadhapadmanabhan (MA)	Aloysius (MA)	

Responsibilities of Working Groups

- Survey
- Co-ordinating the involvements in the community
- Co-ordinating different levels for preparations in view of the target groups
(Eg:- Preparation of classes for adolescent groups, mothers' groups, activities for the youth, summer classes for Balavadi etc.)
- Reporting/sharing the activities and experiences every day during evaluation and handing over the written report to the documentation committee
- Organizing cultural programme every day after supper as per the direction of the cultural committee
- Any other for the overall wellbeing of the community involvement and group living.

PRE CAMP VISITS

First pre camp

The **first** pre camp visit was on 1st march 2017, as a part of our NSS preamp visit, a group consisting of Aloysius Antony, Ekalavyan V.P, BalaLekshmi S.B, Parvathy.S and Soniya Jain Jacob under the guidance of Fr. Sabu P Thomas S.J. S. J and Ms. Francina P. X went to field Anjuthengu at 2.30 p.m. in LES vehicle. The group reached there by 3.20 p.m. The objective of the visit was to find suitable location of our camp and accommodation facilitations. During the journey, the programme officer Ms. Francina P. X asked the members to observe the place keenly for understanding water facilities, accommodation hall, common meeting place, kitchen, etc. She also mentioned about the objectives of the camp as women group revival of coastal area.

The team reached the destination on time and by 3.20p.m. went to meet Fr. Pradeep, unfortunately they could not see him. So they went to Sneharam and met Fr. Varkeychan S. J. there, who is also a Jesuit father. He showed the facilities that he could provide for the camp. Sneharam is a social welfare center with two building blocks. There were two halls which could be used for accommodation and three toilets which could be used. Also there were two wide terraces which could be used for a common meeting. The group had also seen the kitchen facilities and also the store room facilities. The main issue that the volunteers would be facing will be the toilet facilities for girls and availability of drinking water. The toilet assigned for girls is little far away from the main block. They also met Fr. Benny Chirammel, who is an MSW graduate. Since he was busy with some programmes we could not interact with him.

Then they left for Anjuthengu panchayath office which is about 1km away from Sneharam, along with Fr. Varkeychan S. J. There they met panchayath president, for seeking the permission to conduct the camp in that panchayath for 7 days. They mentioned about the problems that they may face there like scarcity of water. She ensured her wholehearted support and co-operation from panchayath. Panchayath secretary Mr. Sumesh K. R who is also a Loyolite will accompany the group during camp days since she will be going for an official purpose during those days.

Then they went to the church for meeting Fr. Pradeep who had given them the appointment at 4.30p.m. They discussed with him the objectives of the camp. He mentioned about the need of work over waste management and drug abuse on the coastal area. While discussing they mentioned about their date of camp, then father mentioned about the retreat that will be conducted on the same days as the camp, which made them confused. Without making any decisions they left the place by informing father that the further decisions will be informed him after discussing with college counsel. On the way back to Sneharam they visited the convent at Anjuthengu for the purpose of accommodation facility. There they met Sr. Girty Robert Lopez who is in charge of that convent and discussed with her about the camp and accommodation that they require. She explained about the facilities that they could provide in their school but they also had the problem of water scarcity. They also met the principal sister of the school and had tea and snacks from there. Fr. Varkeychan S. J. was dropped at Sneharam and they returned to college. On the way they tried to find out the possibilities of conducting camps at different place and met the parish priest and mentioned the camp requirements. Since he was busy with his work, they could not interact with him much. So they gave their contact address at the office and reached college by 6.30p.m.

Second Pre-camp Visit

On 5 March 2017 the **second** pre-camp visit was conducted under the guidance of Ms. Francina P.X., program officer N.S.S. unit, Loyola College. It was done in order to visit the camp site and arrange logistics in discussion with Sneharam director, Fr. Varkeychan. The same day it was planned to visit the parish priest and the accommodation of female N.S.S. volunteers, Sacred Heart Convent.

The team included Ms. Francina P. X., Fr. Sabu P Thomas Vice principal Loyola college, Balalekshmi S.B. (camp leader), Soniya Jain Jacob & Jude S. (accommodation leaders), Dyna Scaria (N.S.S. volunteer secretary), Nisha K.J. (Survey committee leader), Tintu N.S. & Ekalavyan V.P. (food committee), Jibin K. Jose (program committee).

The team reached the camp site at 9:30 am, and had a discussion with Fr. Varkychan S.J. regarding camp programs. Then the volunteers took the initiative to clean the kitchen area, and two wells. The team included Jibin K. Jose, Jude S, Ekalavyan V.P., Dyna Scaria, Tintu N.S.,

Nisha K.J. At the same time another team visited Sacred Heart Convent where accommodation for female N.S.S. volunteers arranged. This team included Ms. Francina P.X., Fr. Sabu P. Thomas S. J, Balalekshmi S.B. and Soniya Jain Jacob. They held a discussion with the mother superior, Sr. Gerty, concerning the water scarcity in the area, and visited the girl's accommodation building inside the convent. The team returned to Sneharam at 12 noon.

The team then went on to meet the parish priest, Fr. Pradeep Joseph, St. Peter's Ferona church, Anjuthengu. This team consisted of Ms. Francina P.X., Fr. Sabu P. Thomas, Balalekshmi S.B., Nisha K.J. . They shared program details with Fr. Pradeep and he pledged support of his parish to the team. One of the church coordinator Mr. Anthony, Parish Council Secretary also promised to gather local support for the camp. After the meeting the whole team had lunch together and then proceeded to clean the store room. The pre-camp visit team returned to Loyola College of Social Sciences at 4:30 p.m.

Third pre camp visit

The **third** pre camp visit was on 6th March 2017. Three N.S.S volunteers along with the programme officer visited the area. The purpose of the visit was to plan the programme with Gram Panchayath office and CDS of Anjengo. Mrs. Amritha Gladson, State Kudumbashree Mission officer who is also an alumni of Loyola College, briefed the N.S.S volunteers about Ashraya project and the need to check if the beneficiaries of the project are actually receiving the benefits in Anjuthengu Panchayat. Ms. Francina P.X, camp leaders Mr. Aloysius T Anotony and Ms. Balalekshmi S.B, and survey committee leader Sr. Nisha K.J accompanied Mrs. Amritha Gladson to the Gram Panchayat office to have a discussion with Panchayat Secretary. On the way she also discussed about the project and its aims. At 11.15am they reached the gram panchayat and had a discussion with the panchayath secretary Mr. Sumesh K. R. He discussed mainly about the water scarcity faced by the people and briefed about the peculiarities pertaining to the area, its geographical location and the systems they were following. Ms. Francina P.X, Programme Officer discussed with him the plan that the volunteers will be following and the mode of collaboration between the camp and the gram panchayath. There are a total of 65 Ashraya families according to the old list. CDS chairperson Mrs. Anna Mary Johnson also joined the discussion along with her accountant. They gave the Ashraya project list and informed that the old project report is missing and that they have

remade a new one in 2010. They promised their full support for the survey. The N.S.S volunteers along with the programme officer came back at 4.30p.m.

The **fourth** pre camp

The **fourth** pre camp visit was on 11th March 2017 after the preparations for the next day's camp, N.S.S camp leaders Mr. Aloysius Antony and Ms. Balalekshmi S.B went to Anjuthengu for inviting the ward members and the Parish priest for the inaugural function. At 5p.m. they reached the Panchayat Presidents residence and invited Mrs. Christy Simon to the inaugural function and for inaugurating the camp. Then they visited St. Peters Forane Church and met Rev. Fr. Pradeep Joseph and invited him to the function. Next destination was Police Station to inform them about the N.S.S camp being held at Anjuthengu panchayath. On the way they met two Policemen who were engaged in traffic control, and the leaders asked them about the procedure for informing. They gave them the details for it. Then, the leaders visited nine ward members' houses nearby the panchayath office for inviting them for the inaugural function. The other five members were invited through phone. They reached back at 8.30p.m.

Report of NSS Seven Day Camp Orientation

The **first** Orientation of NSS, seven day camp was held on 10 January 2017 at 2.30 p.m. in Sutter Hall. Meeting began with welcome speech by Ms. Francina P X, NSS Programme officer. She gave a brief orientation about NSS camp and shared her experience as a programme officer for past few years. NSS anthem was sung by Anithamol Babu, Nisha K J and Amala Joshy. Dr. Jose Boban, Principal gave an introduction to the camp by sharing his experience as a programme officer in the previous years. He addressed the camp as a learning experience. It was followed by Fr. Saji S J who spoke about the values of NSS camp in the context of Jesuit education. He spoke about the three values of a professional, competence, conscience and compassion which everyone acquires through such camps. So that everyone will start look in to the large society in a broader way like looking through the window. Later, Sain Mathew, former NSS Volunteer Secretary shared his experience in their seven day NSS camp 'THIRA'. Representatives of each department from second year; Ms. Asha Babu (Counselling Psychology), Ms. Anu Jaya Mathew and Kannan G S (Social Work), Chinchu K Bhavani and KrishnenduJ J (Sociology), Ferdinent Anson (Personnel Management) shared their camp experience. Dr. Sony Jose, HOD of Social Work Department, motivated students to

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gain more by giving more to the community and regarded NSS camp as a life changing experience. Fr. Sabu P Thomas S.J., Vice Principal introduced the various functional and working groups in NSS camp. The ten functional groups were Program committee, Food committee, Documentation committee, Survey committee, Shramadan committee, Accommodation committee, Discipline committee, Cultural committee, Camp paper committee and Finance committee. He also explained the duties assigned to each committee. Leaders for the Camp and various committees were elected under the guidance of Fr. Saji S J. Balalekshmi and Aloysius were selected as camp leaders. Parvathy and Aravind, Ekalavyan and Devika, Vandana and Minu, Nisha and Neha, Neethu L and Akhil, Soniya and Jude, Sanu and Kashyap, Saumya and Arjun, Jose and Vani, Jyothish and Surjith were selected as leaders for Program committee, Food committee, Documentation committee, Survey committee, Shramadhan committee, Accommodation committee, Cultural committee, Discipline committee, Camp paper committee and Finance committee respectively. The programme officer explained the duties to the leaders and told them to make groups for each committee from the rest of the students. The meeting dispersed at 4 p.m.

On 6th march 2017 the **second** orientation session was conducted in the Sutter Hall at 3:30 p.m. The NSS volunteers were assigned into different functional committees. The NSS camp assistant leader Ms. Balalakshmi S B assigned the members to their respective groups. The groups were given time for discussion and budget preparation.

The **third** orientation session was conducted on 6th March 2017 in the Sutter Hall. The programme officer Ms. Francina P.X briefed the N.S.S volunteers about the camp and the main activities the volunteers would be doing there i.e., the survey to assess the effectiveness of the Asraya Project. Mrs. Amritha Gladson, Project Officer, Kudumbashree State Mission also joined the volunteers to give a clear idea about what is to be done. She started by mention her days in Loyola College and how the college provided her a platform to grow. She spoke about the APL and BPL families and the criteria used for categorizing people as destitute or eligible as the beneficiaries of Asraya project. She also described the formation of Kudumbashree units and informed the volunteers that they would be dealing with destitute families for five days of their camp. She explained certain factors which are to be checked by the volunteers to find out if people in the Asraya list are actually eligible for it or not. She asked the volunteers to analyze the effectiveness of the implementation of the previous Asraya project and to check if the people who received it were able to improve their standards as claimed by the authorities. The session was concluded by Ms. Balalekshmi S.B, the camp leader.

The **fourth** orientation class was held on 9th March 2017 in the Sutter Hall. At 1.30 p.m. attendance was taken and at 1.40p.m. vice Principal Fr. Sabu P. Thomas gave a general view about N.S.S camp and motivated the entire group. He also spoke about the Anjuthengu panchayath, the area and also mentioned that a group of N.S.S volunteers have already cleaned the area. He introduced the various functions of functional group and working group and explained briefly the activities each group will be doing. He reminded the volunteers that the programme officer is the highest authority and that every matter is to be communicated with her. He asked the volunteers to be assertive and respectful and concluded with his best wishes for the camp. He added that the camp will be a good experience for departments especially sociology, psychology and MAHRM as they do not get much field work.

At 2p.m. Ms. Francina P.X, the programme officer addressed the gathering. She introduced each days schedule in a detailed manner. She explained first day's activities in detail. She asked the volunteers to reach the campus by 9.30 a.m. for the practice and preparation for the N.S.S camp and also to assemble in the Sutter Hall by 1p.m. Then she told the volunteers about the inaugural ceremony which will be happening on the same day at Sneharam, the camp site. Then N.S.S volunteers Ms. Gilda, Ms. Anitha and Ms. Amala taught the group the N.S.S anthem and everyone practiced it. After that Ms. Francina P.X. continued with her session. She told that the major activity the volunteers are supposed to complete within the seven days is the Asraya families' evaluation. She added that the Asraya project was introduced in the year 2002 in Kerala, but till now no evaluation was done on the project. The N.S.S volunteers would be focusing on this evaluation and would be doing it as a pilot study. For this the second day of the camp will be fully focusing on the training session for the survey by Smt. Amrita Gladston and also instruction about the Anjuthengu panchayath where the camp is being held will be given by Mr. Sumesh, the panchayath secretary. After the preparation the volunteers will go to field in four working groups will visit ward number 7,8,9 and 10 for the survey.

She informed the volunteers that on the third day Fr. Pious the rector and manager of St. Xavier's Church, Thumba will lead the session on group dynamics. Then the volunteers will be dispersed as per their groups and will visit their respective fields for the purpose of interacting with people of different age groups such as children, youth, women and elderly. On day four Ms. Aparna Ramdas will talk about creativity for social change and on the same day Loyola alumni Sr. Sajimol P.J will be teaching the volunteers to make paper bags. On the fifth Sri.

Brahmanayakam Mahadevan will lead a motivational session for the volunteers. Shramadhan and the street play was also scheduled for that day. On day six get together of children and the elderly was fixed followed by valedictory function at 6p.m. During the function survey committee and documentation committee will be asked to present the reports in Malayalam which will be later submitted to the university in English.

She gave a brief idea about the seven days camp schedule:

6.00 a.m.	Getting up
7.00 a.m.	Assembly, Prayer, Flag hosting, Thought for the day, Report, Camp paper
8.00 a.m.	Breakfast
8.45 a.m.	Planning in working groups
9.30 a.m.	Trainings
1.00 p.m.	Lunch
3.00 p.m.	Field work
7.30 p.m.	Supper
8.15 p.m.	Cultural Programme
8.45 p.m.	Evaluation
10.00 p.m.	Good night

At 2.55p.m. the functional committees presented their progress in preparations till now.

Food committee: Mr. Ekalavyan V.P informed the volunteers that the menu was decided, the woods needed for the camp was already collected. He asked the volunteers to get utensils, knives and finger caps. A group of volunteers had visited Sneharam for the purpose of cleaning; they also cleaned the kitchen and the well.

Accommodation committee: Ms. Sonia gave a brief idea about the accommodation being arranged for the volunteers. Boys would be staying at Sneharam and arrangement for girls was made at a convent near Sneharam. The area has been cleaned already and the first aid kit is also ready. She asked the volunteers to bring bed sheets and pillows. She urged the volunteers to use water judiciously.

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Documentation committee: Ms. Vandana Suresh informed the groups that each working group leaders will be selecting two volunteers from their group for documenting their field work and the selected members would be assigned to submit the reports to the documentation committee. The documentation committee would be presenting previous days report every day.

Survey committee: Sr. Nisha informed the volunteers that the survey will be conducted based on the Asraya project. The volunteers will be informed the ward and location. Questionnaire will be provided for the purpose of data collection.

Shramadan committee: Ms. Neethu L informed the volunteers that the main problem in the area is that of plastic and other waste materials. They have started planning about the new techniques and methods to curb this problem.

Cultural committee: Ms. Sanumol Catherine Scaria asked the volunteers to take part in every activity. She informed the volunteers about the inaugural function on the first day and the valedictory function on the last day.

Discipline committee: Ms. Soumya John described the daily schedule and asked the volunteers to complete their works according to the time limit and to be punctual for all camp activities.

Camp Paper committee: Mr. Josekutty Kurian informed the group that they have already started collecting the new and promised to make it an enjoyable moment for all.

Finance committee: Mr. Sreejyotish H told the volunteers that they have to be careful and should try for maximum resource mobilization. He asked the volunteers to keep accurate record of bills and vouchers. The working groups were also decided and duties were also assigned to them.

At 3.30 p.m. the volunteers dispersed to their respective working groups to plan their activities. The meeting got over and tea was served at 4p.m.

DAIRY OF EVENTS – Samudra 2017

DAY 1: 12th March 2017 – Sunday

9.30-11.30	Practice & preparations for camp
12.00 p.m.	Address by Principal & Vice Principal
12.30 p.m.	Lunch
1.15 p.m.	Gathering in Sutter Hall
1.30 p.m.	Departure to camp site
2.15 p.m.	Arrival in Camp site & settling down
2.45 p.m.	To community in Groups, inviting Residents
5.00 p.m.	Tea
5.30 p.m.	Inaugural Function
6.45-7.45	Cultural Programme
8.00 p.m.	Dinner
8.30 p.m.	Evaluation of the Day
9.30 p.m.	Prayer, Good night

DAY 2: 13 March 2017 Monday

6.00 a.m.	Rising
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7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day& Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning the survey
09.30 a.m.	Overview of Anjengo Grama Panchayat Mr. Sumesh K. R, <i>Panchayath Secretary</i>
10.30	Survey Training & Discussions Mrs. Amrita Glatson, <i>Programme Officer, State Mission, Kudumbashree</i>
01.00 p.m.	Lunch
02.00 p.m.	Planning in Working group for survey
3.00 p.m.	Survey& House visits
7.30 p.m.	Dinner
8.15 p.m.	Cultural Programmes
8.45 p.m.-	Evaluation
9.30 p.m.	Prayer, Good night

DAY 3: 14th March Tuesday

6.00 a.m.	Rising
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7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning the classes
09.30 a.m.	Group Dynamics - Rev. Fr. Pious Vachaparambil S.J., <i>Rector & Manager, St. Xavier's College, Thumba</i>
01.00 p.m.	Lunch
02.00 p.m.	Planning in Working group for organisation of target groups
03.00 p.m.	Organisation of children, youth, women & elderly
7.30 p.m.	Dinner
8.15 p.m.	Cultural Programmes
8.45 p.m.-	Evaluation
9.30 p.m.	Prayer, Good night

DAY 4: - 15th March 2017 Wednesday

6.00 a.m.	Rising
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7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning the classes
09.30 a.m.	Creative thinking for social change – Ms. Aparna Ramadas <i>Graphic Designer</i>
11.00 a.m.	Paper Bag making – Rev. Sr. Saji Joseph
12.30 p.m.	Lunch
02.00 p.m.	Planning in Working group for classes
03.00 p.m.	Class on protection of Environment for children, youth, women & elderly
7.30 p.m.	Dinner
8.15 p.m.	Cultural Programmes
8.45 p.m.-	Evaluation
9.30 p.m.	Prayer, Good night

DAY 5: 16th March 2017– Thursday

6.00 a.m.	Rising
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7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day
7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning the classes
09.30 a.m.	Youth Empowerment – Sri. Braham NayakamMahadevan <i>Founder, Sahajeevan Special School</i>
11.00 a.m.	Paper Bag making – Rev. Sr. Saji Joseph
12.30 p.m.	Lunch
02.00 p.m.	Planning in Working group & community for Sramadhan
03.30 p.m.	Shramadhan
5.30 p.m.	Class on “be addicted to Life” - Ms. AparnaRamadas <i>Graphic Designer</i>
7.30 p.m.	Dinner
8.15 p.m.	Cultural Programmes
8.45 p.m.-	Evaluation
9.30 p.m.	Prayer, Good night

DAY 6: 17th March 2017– Friday

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Morning Assembly, Flag Hoisting, Message of the day

7.45 a.m.	Report of Previous Day, Instructions for the day and Camp Paper
8.00 a.m.	Break Fast
8.45 a.m.	In work groups for planning the Sangamam of Children & Elderly
09.30 a.m.	Sangamam of children and Senior Citizens in respective Venues
12.30 p.m.	Lunch
01.30 p.m.	Preparation For valedictory Function
04.00 p.m.	Tea
04.30 p.m.	Invitation to the community
6.15 p.m.	Valedictory Function
08.30 p.m.	Dinner
09.15 p.m.	Camp fire
10.30 p.m.	Prayer & Good night

DAY 7: 18th March 2017 – Saturday

6.00 a.m.	Rising
7.00 a.m.	Yoga, Prayer, Cleaning and packing
7.45 a.m.	Break Fast
8.30 a.m.	Evaluation (group wise)& Individual General Remarks By: <ul style="list-style-type: none">• Camp Leader• Staff Guides• Programme officer
11.45a.m.	Back to Loyola

PART III-THE CAMP

Description of the Camp Days Highlighting

- Practice and preparation

- Inauguration of NSS Camp SAMUDRA 2017
- Cultural Fiesta
- Training for Survey by Mrs. Amritha Gladstone
- Survey- effectiveness of Ashraya project
- Anjuthengu panchayath: An overview by Mr. Sumesh K.R
- Focus Group Discussion on Kudumbashree Project
- Class on Creative thinking for Social Change by Ms. Aparna Ramdas.
- Training for Paper Bag Making by Sr. Sajimol P.J
- Orientation on LokManch Project by Mr. Terrance
- Class on Group Dynamics by Fr. Pious Vachaparambil S.J.
- Activities for Group Cohesion by Fr. Saji Joseph S.J
- Health awareness rally
- Street Play by N.S.S volunteers.
- Joining Hands: interactive session between children and elderly
- Valedictory function
- Cultural fiesta - Children of Anjuthengu Panchayat
- Camp Fire
- Evaluation of working groups

DAY 1, 12th MARCH 2017

PRACTICE AND PREPERATION

The practice and preparation for the camp began by 9:30 am. The practices for the cultural events as well as the resource management were happening simultaneously. The NSS

volunteers reached the college for lunch by 12:30. A small meeting was arranged for the volunteers at Sutter Hall at 1:15 p.m. The meeting began with the NSS anthem which was sung by Ms. Anitha, Ms. Amala, and Ms. Gilda. Ms. Narayani sang “We shall overcome”. The gathering was welcomed by Programme Officer, Ms. Francina P X. Basic instructions about the arrangements, what has to be done in the camp site, various guideline to be followed on the camp site was explained by her. The plan for the day was also explained. Then the volunteers were addressed by Dr. Saji Jacob, head of the department of sociology. He motivated the group to work together with dedication and the importance of creating a good impression in our camp site.

Fr. Sabu P Thomas S.J., Vice Principal motivated and energized the entire group. He spoke about functional group and working group and the importance of being time bound. He instructed everyone to work with dedication and also to enjoy each moment. He concluded by wishing every one luck. Fr. Saji J also spoke to the N.S.S volunteers. He asked the volunteers to be open minded and to be non-judgmental. He called it an opportunity for the volunteers to understand the hard core realities of life and to explore the lives of people in coastal areas. He concluded with his best wishes. The session ended with a prayer by Fr. Sabu and the N.S.S volunteers left for Anjuthengu accompanied by the programme officer Ms. Francina P.X and staff coordinators Anitha S. Nair and Fr. Sabu P. Thomas S. J. at 1.52 p.m.

The group arrived at Anjuthengu at 2.43p.m. The luggage’ were unloaded at Scared Heart Convent for girls and at Sneharam for boys. The entire group assembled at Sneharam at 3p.m. Programme officer divided the volunteers into four working groups. All the groups were allotted different wards and directed location to those areas. Working group one, two, three and four were allotted ward 7,8,9,10 respectively. Fr. Sabu P Thomas S.J. also gave a brief description of Sneharam and the panchayath. The programme officer gave important details regarding the area, ward members and their phone numbers to each working group and instructed all the volunteers to invite people form their respective wards for the inaugural function in the evening. They were also instructed to get back to Sneharam by 5. Except members of Programme and Food committee all other volunteers went to invite people from the locality.

Report by Group 1

Group consisted of eleven members and was further divided into four sub groups. They were allotted ward number 7. They visited 76 houses altogether. They invited people for the

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inauguration function at Sneharam. They found that most of the people were welcoming and responsive. They were already informed by the priest about the N.S.S programme being conducted in their panchayath, thus making it easier for the group to communicate with them. Most of them accepted the invitations.

Report by Group 2

There were total eighteen members in group two and was allotted ward number 8 and was divided into three sub-groups. Ward member directed the volunteers to the location. They were able to visit 85 homes and informed the people about the N.S.S camp being held at Sneharam. Most of them were already aware about the camp. Many of them enquired about the College and the volunteers gave them a brief description. They all agreed to visit Sneharam for the inaugural function.

Report by Group 3

Group three consisted of sixteen members. Ward number 9 was allotted to them. They were divided into five sub groups and were able to successfully visit 72 homes and found it easy to interact with people there as they were already informed about the camp. They were very loving and interactive and were interested to know more about the volunteers and their college. All of them accepted the invitation for the inaugural function.

Report by Group 4

There were total thirteen members in the group they were further divided into three sub groups. They were given ward number 10. A total of 70 homes were visited by them and they met two members of NHG. They were guided and supported by their ward member. The group found that most of the people were aware of the N.S.S camp in their community and were excited and happy to attend the inauguration function.

INAUGURATION OF NSS CAMP, SAMUDRA 2017

The volunteers reached Sneharam at 5.10 p.m. Inauguration function started at 6p.m. The function began by the singing of N.S.S anthem followed by welcome address by Ms. Francina P.X. the Programme Officer, She spoke about the name “SAMUDRA” and yearly N.S.S camp conducted by Loyola College. All the dignitaries on the dice, people of Anjuthengu panchayath and all the N.S.S volunteers were welcomed by her and she also mentioned ASHRAYA project in her address. Dr, Jose K. Boban, principal Loyola College of Social Sciences gave the

presidential address. He spoke about N.S.S its aim and importance. He also clarified the difference between the N.S.S initiatives undertaken by other colleges and Loyola. It was mentioned that all the events till now have been dedicated to certain social causes. In Anjuthengu panchayath more importance is given to awareness about importance of waste management and about the evils of drug abuse. The camp was inaugurated by Rev. Fr. Pradeep Joseph; he lighted the lamp and spoke about the camp and its intention. He promised his full hearted support and gave an overview about the area and people there. Historical importance of the panchayath and friendly nature of people were also included in his talk. Key note address was delivered by Fr. Sabu who gave a detailed description about Loyola College and reason for N.S.S camp being held in Anchutengu. He also called it a new opportunity for the volunteers to explore their potentials and to bring future change. Contribution made by Anjuthengu panachayat for his PhD was also mentioned by him. He concluded with his wishes. Sr. Usha Litta described her prior meeting with programme officer Ms. Francina P.X and camp leaders. She congratulated the college for undertaking this programme and concluded with her greetings. CDS chairperson, Mrs. Anna Mary Johnson wished everyone a fruitful week and promised her full support. Then Ms. DynaScaria, N.S.S volunteer secretary thanked all the dignitaries on the dice and the people of Anjuthengu panchayat for accepting the invitation. The session ended at 6.50p.m. with the singing of national anthem.

Fr. Saji's birthday was celebrated by cutting the cake. Cultural programmes started at 6.55p.m. First song was sung by MS. G.S Narayani and Mr. Kasyap Nair. It was followed by a mesmerizing dance performance by Ms, Blessy and Mr. Aloysius .T. Antony. Ms. G.S Narayani lifted the mood of the evening with another solo song. Ms. Vani's violin performance was also an addition to the cultural programmes. Steffania, a child from Anjuthengu panchayath attracted everyone's attention through her sweet voice. Loyola students presented a powerful theme show on drug abuse followed by Mr. Aravind's power packed performance. A mesmerizing Malayalam folk song was sung by Ms. Athira K.O and team. Gilda and team presented a thought provoking skit about importance of religious unity and harmony. The cultural programmes ended on a high note with the dance performance by Ms. Sanumol Catherin Scaria and Ms. Venishya Ivan. The cultural programmes got over at 7.53p.m. Dinner was served at 7.55p.m. by the food committee.

Evaluation of entire day's activities started at 8.45p.m. Ms, Dyna Scaria was the first one to speak. All the volunteers were asked to reflect their experience and learning's. Many new learning's and experiences were shared by the volunteers. Many shared the opinion that the

programmes were well coordinated and that they learned many new things and it was a good experience. The audience was also supportive and responsive. Few suggestion regarding the short comings were also discussed during this time. After all the volunteers expressed their view, the programme officet and staff coordinator's also shared their response Mrs. Anitha S. Nair shared her happiness and experience on being a part of the camp. Fr. Sunil Joseph S.J. also shared his experience and happiness. Next, programme officer Ms. Francina P.X shared her view and informed he group that the programs were successful. She instructed the volunteers to use water judiciously and to take care of themselves. She also appreciated the group for celebrating Fr. Saji's birthday. Finally, Fr. Sabu P Thomas S. J. appreciated the group for successful completion of first day Ms. Francina P.X read out next day's Schedule and next day's food committee. The day ended with prayer at 10.09p.m.

2nd DAY 13 MARCH 2017

The day 2 of NSS camp began at 7 am. Majority of the NSS volunteers were present within the Sneharam campus by 6.45. Black tea was served on time by food committee. The yoga session started at 7 a.m. by the committee which was later carried forward by Fr. Sabu P Thomas S.J., the Vice principal of the college where he mentioned yoga as an important aspect of life just like food, clothing, and sleep. He also mentioned yoga as an efficient tool for blood circulation. We began with joint exercises because jumping directly into pranayamam is not advisable. Then the volunteers moved on to meditation by 7.30 a.m. where they were made to observe themselves and their breath. The prayer was led by Ms. Kavya. Then the NSS Anthem was sung by all the volunteers together. Thought for the day was presented by Ms. Saumya. By 7.30 a.m. the report for the first day of the camp was presented by Ms. Minu Harikumar. From 7.30 am to 7.45 am, there was a *Nadanpattu* session led by Ms. Tintu which was also energized by the contribution of Fr. Sabu P Thomas S.J. From 7.45 to 8.00 the participants were free to observe their surroundings. At 8.05 a.m. the food committee served the breakfast for the volunteers.

After that, Mr. Suresh K.R, Secretary Anjuthengu Panchayath was supposed to conduct a session for the volunteers, but unfortunately he wasn't available due to his personal inconveniences. This situation was managed by splitting the volunteers into the four working groups with their subgroups (women, elderly, youth, children) members group together. They

were expected to plan their course of action of how to eradicate waste from the Anjuthengu Panchayath. They were given time till 10 am and all the volunteers were made to enter the hall to present their ideas. The children session was presented by Ms. Soniya Jain Jacob, where they suggested the splitting of the children into two groups on the basis of their age.

The first group with children within the age limit of 8 to 10, where they suggested ideas like giving chocolates to the children and observing what they are doing with the wrappers.

The second group was within the age limit of 12 to 18 where, they planned to ask questions on their mode of waste disposal. The youth category was presented by Ms. Saumya, they planned to have an age limit of 18 to 25. They planned to conduct an exhibition with plastic items and also to make sculptures with waste materials. They also suggested presenting a skit on waste disposal if time permits. Next the session on elderly was presented by Ms. Vani where they mainly focused on rapport building exercises like asking their first and last of many experiences (like a movie). They also planned of making the elderly people think critically about why there is an increase of waste today compared to their days. Finally we had the women session presented by Ms. Vrindha. They were 16 and they targeted the age group 25 and above. Primarily they planned to introduce themselves and their intentions. They suggested name games for rapport building. They plan to make the target group list down the waste in their surrounding and then analyze which is dominant; they plan to conduct awareness programs by including inspirational videos. They suggested the use of PVC pipe waste disposal and also construction of a common biogas plant. After that all the ideas and their practicability were critically evaluated by all the volunteers together. Then the group was dispersed for a short 5 minute break and tea was served by the food committee.

TRAINING FOR SURVEY

Then there was a session by Mrs. Amrita Gladstone, State Program Officer Kudumbashree Trivandrum. We also had an additional guest Mrs. Priya and they both gave training on NSS survey. The welcome was given by Mrs. Arathy. Then the forms were distributed as per the instructions of the guest. Mrs Amritha Gladston explained in detail even the minute things mentioned in the survey form. She emphasized that a proper analysis must be made rather than one for name sake. Also the three tier Kudumbashree structure. Various doubts including “how to effectively conduct a survey effectively?”, “How to build rapport within group”, “What is the functioning mode of Kudumbashree. Then there was a meeting among the group leaders for dividing their group members into respective wards and how they will implement their plan.

By 11.55am, Ms. Aswathy of MA. Sociology delivered the Vote of Thanks. By 1.00p.m., the food committee served lunch and it was over by 1.40p.m. Then there was a leisure time for one hour and the group leaders and their respective groups rejoined by 2.40p.m. and discussed further upon their decisions with Ms. Francina P. X. The volunteers were again reminded about the sincerity and seriousness the volunteers have to maintain while taking the survey reports. All the Groups were allotted with their respective wards by Ms. Francina. (Group I-1,2,3, Group II-4,5,6,7, Group III-8,9,10,11, Group IV-12,13,14) and also respective contact numbers of the ward members were given in order for assistance. There were some issues regarding the contact number and it was finally resolved and the volunteers left to their respective wards by 3.00p.m. By 4.00p.m., some of the faculty members along with the Principal of the college visited the camp site and interacted with children who were present there. The survey was completed and the volunteers were expected to reach back by 7.30p.m. for dinner, but some groups were late by 5-10 minutes. Dinner was served on time by the food committee at 7.30p.m.

Holi celebration was organized by Group 1 as part of their cultural program where everyone in the camp was able to rejoice themselves. After all that fun, the evaluation of the day started by 8.38p.m. Two members representing each group were allowed to share their experience on the field. There were mixed reviews of the welcoming and open minded crowd of Anchthengu and also the issues especially women had to face by some people. But, on the whole, all volunteers were happy to share their pleasure in accomplishing the task and also for the new experience. Then Jyothish spoke on behalf of the food committee of the day and shared their happiness. The evaluation was concluded by the sharing of Fr. Sabu P Thomas. Then, Ms. Francina P. X allotted the members of the food committee for the next day and also the camp paper and cultural committee for the following day. Then the day's activities were concluded by a prayer. Then there was a small informal meeting of the food committee of the following day and the volunteers dispersed to their residence by 10.05p.m.

3RD DAY, MARCH 14 2017

The third day of N.S.S camp began at 7:05 with yoga and exercise conducted by Kavya and Soumya. The volunteers were made to sit in comfortable positions and were made to feel relaxed. The thought for the day was delivered by Ms. Soumya John of discipline committee.

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Fr. Sabu spoke about the importance of being punctual and to reach the camp site on time. The NSS flag was hoisted by Fr. Sabu P Thomas in the presence of Programme Officer. Ms. Charulatha presented previous days report at 7:47 a.m. Malayalam folk song was taught to the NSS volunteers by Mr. Nounith Noble and Ms. Athira K.O. The breakfast was served at 8:15 a.m.

At 9:07 the volunteers were made to sit according to working groups. Ms. Francina P.X, the programme officer informed the group that due to some inconvenience Fr pious won't be coming. She asked the working groups to compile the data collected by them and to write down their observations. The groups were also asked to prepare for their group meetings. The working groups were given a choice to perform the flash mob and street play either in 4 groups or as a single group.

The forms for Focus Group Discussion were also distributed to the NSS volunteers for collecting qualitative data and its analysis. The form consists of 3 objectives: Awareness about Kudumbashree, support provided by mission and expectations to improve their standard of living. There were 9 questions pertaining to the 3 objectives. Ms. Francina P.X explained all the questions to the volunteers in detail. Concepts such as Area Development Society, Community Development Society, Kudumbasree or neighbourhood groups (ayalkootam) were all mentioned in her talk. Thrift and credit systems in ayalkootams were also mentioned by her.

ANJUTHENGU PANCHAYAT- AN OVERVIEW

The next session started at 10 am. Mr. Sumesh K.R., secretary, Anjuthengu Panchayath was welcomed by Ms. Subhadra P.S. He spoke about his N.S.S. camp experience and how it helped him to understand the realities of life. The meaning of the word “professional” , the importance of adequate knowledge about one's profession and its area is also emphasized by him. The volunteers were able to get factual as well as historical information regarding the Anjuthengu Panchayath from his talk. He also gave some examples to support his statements. Ms. Francina P.X. enquired about the important aspects and problems faced by people in Anjuthengu Panchayath. He replied by mentioning about MDG, with almost eight goals which were supposed to be completed by 2015. Economics, life expectancy, Kerala model of development, People's planning were all mentioned by him in his talk. Coastal zone notification act was also included. Most of the constructions in the panchayath are illegal and

the people here are not willing to shift to another to another area even if they are suffering here. Vote of thanks was delivered by Mehnaz and the session was concluded at 10.48 am.

A 15 minutes break was given to the N.S.S volunteers. At 11.06 a.m. the volunteers were made to sit in working groups. The session started with the singing of Malayalam folk song by all the volunteers. The programme officer asked the group to compile the data collected by them and to write the qualitative observations from the previous day's visit. Proper instructions were given by the survey committee regarding the compiling, coding and entering of data. For this purpose, each working group was further divided into two. The session ended by 12.50 pm. Lunch was served by the food committee. At 2.20p.m. practice for street play began. Each four groups practiced for the street play. The practice session got over at 3.05p.m. At 3.15p.m., while three volunteers visited panchayath office, the other volunteers along with their working groups visited their fields.

The three volunteers who visited the panchayath office, reached there by 3.30 p.m. They had to wait for a few minutes to meet the president and the secretary of Anjuthengu Panchayath. Mr. Sumesh K.R., the secretary spoke to them about the functioning of panchayath and the people in general. The volunteers enquired about the contributions they can make towards the Panchayath's development. They discussed about the historical background of Anjuthengu and also some of the environmental issues faced by the people here. The volunteers also met Ms. Christy, the president of Anjuthengu panchayath. She apologized for her inconvenience to visit the camp, since she was engaged in some other work. She explained the needs and problems of the community in general and pointed out the following as the main problems faced by this community.

- Waste management
- Drug abuse
- Child sexual abuse
- Increasing number of school dropouts
- Scarcity of pure water

The main problem faced by the people is that of waste disposal. There is no proper waste disposal facility. The president told the volunteers that once she came up with a proposal which was linked with the Kudumbashree unit of Varkala Corporation. This unit had facilities to recycle plastic and all other wastes. According to this new system, the consumers were

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supposed to pay a sum of rupees 200/ month for this purpose. But since, it was unaffordable for them to pay this amount, this proposal never succeeded. Not only this, their main focus was on TV, cable connection and recharging their mobiles. These were their main interest areas. They are not yet aware about the seriousness of this issue of waste management.

Drug abuse is another major problem which has mainly targeted the youth of this community. President told the volunteers, there is an invisible chain working behind this abuse. The children are taught to use pan masala and are encouraged to buy and exchange harmful drugs with the consent of their parents.

Psychological and sexual abuse is one of the other emerging issues of this community. The president reported that one out of 10 children is a victim of psychological and sexual abuse in this community. They are not safe even at their own homes. The homes are also situated in congested areas where such things are more rampant. Parents also trust their relatives and friends with whom they often leave their children. Even if they come to know of their child's abuse, they are afraid to report the case fearing humiliation and child's future.

The volunteers and the president also discussed the importance of skits and street plays to make the people aware of various social issues and needs. The residents have been quite eloquent about these issues and have tried to report these to the concerned authorities several times, but till now responses to address these issues have been very less.

FOCUSED GROUP DISCUSSION ON KUDUMBASREE PROJECT

Report by the Group I

Group one was divided into three sub-groups. Two of the groups went for NHG meeting, whereas the other group was engaged in completing the survey work. The main issues which they came across during this NSG meeting were the lack of housing facilities, health problems including the CHC services. They also mentioned that different projects implemented in this panchayath were not properly distributed among the needy and many of them were not even aware of the projects such as BUDS, ASHRAYA, and GENDER SELF LEARNING etc.

Report by Group 2

The group reached the destination at 4.18 p.m. It was an FGD (Focus Group Discussion). They gave a brief introduction to the NHG members. The volunteers asked them questions pertaining to the objectives of the discussions (objectives as mentioned in page number 1). There were a

total of 23 Kudumbashree units in ward 6. Regular meetings are held in these units either on Saturdays or Sundays depending on the convenience of the members. But most of the members are not aware of the facilities provided by the Kudumbashree unit. Biggest issues faced by them are that of waste management, health issues arising due to poor waste management. Previously, they used to manufacture soaps and candles. But unfortunately, they had to stop it because of poor encouragement and financial issues.

Report by Group 3

Group left for the field by 3:30 p.m. They were further divided into four sub-groups. FGD and surveys were conducted and completed, except for the ninth ward. People reported that NHG's were functioning promptly even though they were not well aware of many of the schemes. Many of them seemed to be availing these schemes although they were not aware of the terminologies of these schemes. Trainings are given to them, but most of them are not benefitted from them as it is conducted in far off places which they found difficult to reach. The NHG is an active one in spite of all the limitations it is facing. They are also following the thrift and credit system promptly and consistently.

Report by Group 4

The group was divided into two sub-groups. Each sub-group consisted of five to six members. In ward number 12. They conducted FGDs in three NHGs namely "velicham", "navajyothi" and "matha". There were around 18 members in each NHG's. In ward number 14, four NHG meetings were conducted by them. According to the CDS, they have not received any grants for safe drinking water. Lack of sanitation facilities, drug abuse are the major problems faced by people in this community. They collect thrift ranging from rupees 25 to rupees 100 and it is deposited in respective branches. The NHGs conduct skill training programme but most of the members are unwilling to take part in it due to certain health problems. Most of them take loans from banks but are not given any consideration as they are members of NHGs. some members also have dual membership. Most of the members are aware about the ASRAYA project.

The working groups came back by 7.30 p.m. The cultural programmes started at 8:20. The working group number three showcased a mesmerizing performance. The cultural programmes got over at 8:45 p.m. Evaluation started at 8:48 p.m. Fr. Saji S. J. was welcomed to the group. Ms. Francina P X asked two members of working group, one member from food committee

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and leaders of functional committee to reflect their experiences and learning. Ms. Sanu and Ms. Kavya volunteered to arrange the camp fire on Friday evening. Programme officer gave an overview of the days programme. Evaluation began with Ms.Durga, Ms, Subadra and Ms. Aswathy of fourth working group sharing their experience. Secondly group three started their evaluation followed by group one. They found that the members of NHGs were aware of most of the schemes and services provided by them but did not know the proper terminology of the schemes. Proper skill training is not given to most of them. Agricultural activities are also not given much importance as the environmental factors are not favorable for such an initiative. Group two also shared their experiences and Learnings. The leaders of the functional committee also briefed the group about their work and progress.

The programme officer gave a gist about the next day's programme schedule and a new group called cleaning group was formed in order to keep the premises neat and clean. The volunteers were asked to curb the use of gas and to use it judiciously. Fr. Benny Chirammel S.J, coordinator of Social Actions of Kerala Jesuits, graduate of Nirmala Niketan (Bombay) and Ph.D. holder of Mumbai University joined the volunteers. He shared his activities and experiences with the group. He also provided all the volunteers with brochures of LokManch. He also explained that people here are frustrated as a result of the attitude of the mainstream people towards them. Their needs are always left unheard. He thanked everyone for being here and requested all the volunteers to align with LokManch and to get people together to fight for their rights.

Finally Fr. Saji reflected his view. He found the group energetic and active. Finally Francina mam concluded the days activities and reminded the team about next days programme and also read out the food committee coming day. The evaluation session ended at 10:15. The day was concluded with a prayer at 10:20

4TH DAY, 15 MARCH 2017

The fourth day of NSS camp began at 7:15 am with yoga and exercises conducted by Fr. Saji S. J. The volunteers were made to do various exercises. This was helpful to calm mind, body and to enjoy every bit of nature. The thought of the day was delivered by Mr. Arjun of discipline committee. At 7:05 am Ms. Venishya Ivan presented the previous days report. After the report presentation NSS flag was hosted by Fr. Saji S. J. in the presence of Programme

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Officer. At 8:02 working group three presented the camp paper. The programme officer Ms. Francina P X gave a brief description of the days programme, Fr. Saji S. J. also gave an overview. At 8:10 a.m. the breakfast was served and it got over by 8:40. At 8:55 a.m. the first session started. Ms. Francina P X mentioned about previous days major activities and asked the volunteers to sit in working groups and to write about the answers they got from people after their FGD in a qualitative manner. The volunteers were asked to write in descriptive manner. She also listed out all the sessions for that day. At 9:05 am working group started their discussion. The discussion ended at 10:20 a.m. Ms. Revathy distributed the cake of her niece's birthday.

CREATIVE THINKING FOR SOCIAL CHANGE

Second session started at 10:30. Ms. Anjana welcomed Ms. Aparna Ramdas. She was also introduced by Fr. Saji S. J. She is a graduate from NIFT, a veena player and has brought lots of creative ideas between us. She urged us to be receptive and cooperative. She started her session by questioning about art therapy. She described that it is a technique to help people cope with problems in their social functioning. It's all about being non-judgmental. She also spoke about the parents and teachers caging the creativity of children. She believes that they should be given materials and allowed to explore. Volunteers were also taught certain skills and techniques which would be useful to be applied in the field. She urged the volunteers to come out of their conventional ideas and to explore their world and encouraged them for introspection. In between Fr. Saji asked the volunteers to form nine groups with newspapers to form certain products and to market them. Afterwards Ms. .Aparna gave some tips for effective drawing. She asked the volunteers to draw in a natural setting to make it more effective. She believes that art should come from within rather than being forced. Paper bag making which helps in personality development was also mentioned by her. Her experience of visiting new places, college and school activities were also shared by her. Description about the tree of life was also elaborated with the tree representing one's self or personality. Fortune cookies and teddy bear making were also mentioned in her talk. She also emphasized the importance of instrumental music on calming a person. Ms. Febina proposed vote of thanks. The session was concluded at 11:20 a.m. Fr. Saji appreciated Ms. Aparna's session. It was followed by an interactive session. A Five minutes break was given to all volunteers.

TRAINING FOR PAPER BAG MAKING

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At 11.30 the third session commenced. The resource person, Sr. Sajimol P.J, a Loyolite, a person who has a passion for decoration work and has done it in her life in Loyola, especially at the occasion of golden jubilee inauguration, when the President of India visited the campus. Sr. Sajimol taught the volunteers paper bag making and other art works. She established Mt. Carmel Social Service Centre. The center aims at making non-woven cloth bags and has a total of 6 members. But now her center is going through certain crisis. Her talk was useful for the volunteers to understand the marketing strategies and dynamics associated with it. Initially itself she informed the group that her session would be completely a practical and activity based session. Each volunteers learnt the art of making paper bags and art works out of ice cream sticks. The group was motivated to be creative and explore their own potential for creative art works. Her session ended by 1p.m. While a particular group was engaged in the art work, the rest of the groups were advised to discuss their field visit plans and life skill activities to be conducted in their respective fields. For this, they were made to sit in their respective working groups. So, none of the groups was sitting idle and their time was efficiently utilized.

ORIENTATAION ON LOK MANCH PROJECT

Lunch was served at 1p.m. which went on till 2p.m. Post lunch, Mr. Terrance, gave an idea about LokManch. It is basically a people's forum in English. It aims at working for the people who are unable to fight for themselves and are ignorant about their rights, conducting campaigns and gathering public support by means of their valuable signature to present social issues to the concerned authorities so as to address these lacunas. Their main association with the Loyola camp volunteers was to entrust them with a task of collecting these signatures from the people during their house visits. And for this purpose, forms were distributed among all the volunteer groups. Ms. Francina also gave an overview about LokManch and importance of helping the people for their betterment and empowerment.

Each group was instructed to go for their field work except for the group that was involved in street play practice. During the session, Mr. Albert Debbarma, alumni of Loyola College and Ms. Preetha Menon were welcomed to the camp. Ms. Francina introduced Mr. Albert, who is presently working as a social worker in Gwalior, Madhya Pradesh. As a student, he was visiting Rajaji Nagar for his field work. In spite of language issues, he managed to mobilize children in his community through his music skills and charm. He made them conduct various programmes for their personality development. He had been a very active participant in various activities of Loyola. He is known for his positive approach and attitude. It was a fun filled. In

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the camp, he entertained everybody through singing songs which everybody joined to make it a fun filled experience for all. The session was over by 2:33p.m.

At 2:40 p.m., the working groups were formed to discuss the plans for field work. Discussions got over by 3:14p.m. There were three objectives of the field work.

- Each working group was asked to invite people for the cultural programme at the camp on 18th of March. Different groups such as women, children, youth were encouraged to perform at the valedictory function at the camp.
- Each working group was asked to ensure maximum participation from the people of this community especially for a “shramdaan” initiative. The task assigned was the cleaning of CHC on 17 of March.
- The groups were told to gather as many signatures as possible to support the LokManch initiative.

The groups left for their fields at 3:20p.m.

Report by Group 1

Group one was allotted ward number 7. The main focus of the group was on children, youth, women and senior citizen in spite of heavy rain the group successfully completed the group meeting at 5 p.m. Children who gathered, promised the volunteers that they would participate in the valedictory programme on 17th of march. The group activity got over at 6p.m.

Report by Group 2

Group two was allotted ward number 8. The group was further divided into two sub groups. Both the groups decided a common meeting place for group formation and dispersed for gathering people, they interacted with people in different age groups. Meeting was arranged at Velimukku, many children actively participated in the meeting but the group had to end the meeting abruptly due to heavy rain.

Report by Group 3

Group three was further divided into two subgroups. They were allotted ward number 9. They left for field work at 3.20p.m. Each sub group consisted of 5 members; one of the groups interacted with the youths in the community and ensured their participation in the valedictory

function. The other group planned to conduct sessions for children, women and elderly but due to heavy rain they were not successful in their endeavor.

Report by Group 4

Group four was allotted ward number 10. There were total ten members divided into two groups. They conducted home visits for collecting signatures from people for LokManch. They were successful in collecting a total of 84 signatures. Along with home visits they also invited children and youth for the group meeting. The group meeting started at 5p.m. with 8 members in youth group and 12 members in the children's group. The youth were interested in playing football; hence it was decided to make them play football as an ice breaker. They were also invited to perform in the valedictory function on 17th march. The session was ended after sweets distribution by the volunteers. The children's group was given games and other activities. They were also informed about the valedictory function and were enthusiastic to perform.

The working groups came back at 7p.m. Dr. Sonny Jose, HOD Social Work, Loyola college, Sr. Maria, Sr. Rosmin (warden and assistant warden Loyola ladies hostel) and seniors from various departments visited the camp site. They created an atmosphere of joy and celebration at the camp site. They were singing and dancing and the volunteers also joined them in their fun making it an enjoyable moment. The cultural programmes conducted by group 2 started at 8.12p.m. and got over at 8.54p.m. The evaluation session began by 8:45p.m. Fr. Saji S. J. gave a brief overview of the day. He asked the volunteers to reflect the view about the day. He asked two members from each working group to share their experiences. It started with group two. First Arathy shared her experience and learnings followed by Neethu Sharon. Gopi Krishnan and Revathy on behalf of group one shared their observations from their field. Krishnajith and Catherine as well as Jude and Achsah from group three and four respectively reflected their views and opinions about the activities of the day. The working groups could observe that girls are more educated than boys in certain areas in this community. Most of the groups were not able to successfully complete their field work because of heavy rain. But they had many eye opening experiences. They found that many people here acquire their bad habits from their home that is by observing their parents. There are many people without home or anyone to take care of them but are APL card holders. Every group appreciated the work done by the food committee. It was observed that in some places children are discouraged from going to school by their parents. Differently abled people are also stigmatized and are considered as aliens in

their own community. Members from team preparing for street play were also asked to evaluate their experiences. Mr. Jibin and Mr. Jishnu spoke about their day and also mentioned about the time they spend with the seniors. After that Fr. Georgin and Ms. Narayani spoke representing food committee. Fr. Saji said that the quality of evaluation is improving each passing day and more participation can be seen. He asked the volunteers to take it as an opportunity to mix with others and for interdepartmental collaboration. Also the volunteers were urged to be more considerate towards others. The documentation and camp paper committee were also appreciated for their work. Ms. Francina P.X also appreciated the working groups for successful completion of FGD and survey. She read next day's programme and informed the group that Mr Brahman would not be able to join the next day due to some inconvenience; instead Fr. Pious Vachaparambil S. J would fill in his space. She informed the volunteers that Fr. Saji would take practical sessions which could be applied in fieldwork. She also mentioned a session by Dr. Mohan Roy. The food committee for the next day was also grouped by her and the forms of survey were also collected back. The day ended with prayer at 10p.m. The premise was cleaned by group 2, the cleaning committee of the day.

5th DAY, 17 MARCH 2017

The fifth day of N.S.S camp began at 7.06a.m. Morning exercise was conducted by Fr. Saji which increased the involvement of volunteers. It was a perfect mix of exercise which made the volunteers relaxed and gave a fresh start for the entire day. The flag was hoisted by Mr. Aloysius Antony, the camp leader. The thought for the day was delivered by Ms. Soumya John of discipline committee. Previous days report was presented by Ms. Vandana Suresh at 7.48 a.m. The camp paper for group one was released by Ms. Parvathy and Mr. Jibin. It was very innovative and their creative thoughts were well appreciated by volunteers. Then the group dispersed for breakfast.

It was over by 8.48 a.m. and all the volunteers were inside the hall for survey evaluation. Ms. Francina P.X instructed the volunteers to improve the FDG reports which were submitted on the previous day. She instructed that there should be more clarity about the matters discussed and observations. As the volunteers were proceeding for the evaluation they were joined by Fr. Pious, Rector and manager of St. Xavier's College, Thumba. He was welcomed by Ms. Ashwathy S.M. He took the session on group dynamics. He was a very pleasant person with a very different way of presentation. He introduced the concept of RED: Relax, Enjoy and Discover. He seemed to be a person who practices what he preaches. He was capable enough to

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retain the attention of the volunteers. He further involved the group through a group game “appointment”. The winners were appreciated and made to remember the fact that time waits for none, and that one who is able to tackle this will be the successful one in life. He also invited five volunteers and appreciated them for their readiness to take risk. He made us to think. It is our option to sit somewhere and clap or to go in front and receive clap. Concepts such as positive and negative self-awareness were also mentioned in his session. He also introduced the concept of SHA: Smart Hard work and Aim and also the self-confidence associated with it. He concluded the session by making the volunteers play another game which was conducted outside the room and which helped to give a message of the importance of concentration. Vote of thanks was proposed by Ms. Remya Ramesh. After that the volunteers were again split into their respective working groups and were made to make necessary corrections on the survey report submitted on the day before. 25 minutes were given and the group members of each respective groups actively participated and majority of them completed their work by the given time and were present for the game session conducted by Fr Saji. He made the volunteers indulge in individual, small groups as well as collective whole and made them do the same exercise on all the three situations which helped to provide a very beautiful insight that even failures can be enjoyed if you are in a group rather than being alone.

By 1.00 p.m. the food committee served the lunch. It was a challenging day for the food committee as they had to make sadhya but they took it up in its spirit and accomplished the task. Fr. Pious congratulated them for their effort. After that the volunteers were instructed to take part in the procession done by health department. It was decided that we will show case our street play first in the procession. The street play practice was greatly progressing under the guidance of Fr. Saji and Ms. Franacina P X. meanwhile group four was preparing for their cultural activities and group two was engaged in cleaning task assigned to them.

First all the volunteers together went to the community health center (CHC) and started the street play. They also participated in the rally on health awareness conducted by them to show their support. The volunteers also became active participants as audience in the street play conducted by them. The volunteers also had a plan as part of Sramadan but it was called off due to heavy rain, lightening and thundering. All the volunteers then dispersed to their respective groups and gathered people from their respective wards. Even with the constraints of heavy rain, the street play group of eight members completed their performance at seven places with large crowd at all the places which was a symbol of the acceptance the volunteers have received from people of Anjuthengu. Dr. Saji P Jacob, HOD, Sociology helped the members to

move from place to place in his car. Mr. Prasanth, Computer System Administrator of the college also helped for street play.

The street play group returned by 7:30 p.m. and all the volunteers were welcomed and energized by the presence of the seniors and faculty members of various departments. After serving dinner for them the volunteers also had their dinner by 8.00p.m. Group 4 presented a different cultural programme integrating different art forms in an innovative way and it was over by 8.45 p.m.

The evaluation started at 9.00p.m. First Fr. Saji gave a brief summary of the activities of the day and instructed the volunteers to share their learning's from the day. Two people representing each working group shared their views. The street play team and food committee representatives also shared their experience. There was a common appreciation for the street play group as well as for the food committee. Then Ms. Francina P X allocated the duties for the next day for respective groups and the volunteers dispersed after the prayer by 9.30p.m. The survey and documentation committee members were still present in Sneharam preparing the reports for the valedictory function. All together it was a nice day with new initiatives and an evident sense of inter departmental collaboration.

6TH DAY, 17 march 2017

The sixth day of the N.S.S camp began at 7a.m. with yoga and exercise conducted by the discipline committee. The thought for the day was delivered by Ms. Soumya John and the report of the previous day was presented by Ms. Charulatha. The N.S.S flag was hoisted by Mr. Prashanth. The breakfast was served at 8.15a.m..

After the breakfast the programme officer Ms. Francina P.X and the staff coordinator Mrs. Preetha Menon gave a brief idea about the day's program. Mainly three tasks were assigned to the volunteers.

1. To conduct the interactive session between the children and elderly in their respective wards.
2. To collect signatures of people on the LokManch forms.
- 3 To invite the people of their respective wards for the valedictory function being conducted at Sneharam .

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The volunteers left for fieldwork by 10.30a.m..

JOINING HANDS

This programme is seen as an interactive session between elderly and children of the area.

Report by Group one

The group went to seventh ward by 11a.m. and was further divided into sub groups consisting of two members. They got the lokmanch forms signed by the people of Anjuthengu. Meetings and interactive session for children and senior citizens were conducted in parish hall. There were total 21 members. Children were prepared for the cultural programme to be conducted in the evening. The senior citizens shared their life experiences. The group returned to the camp site by 12p.m.

Report by Group two

The second group visited ward number eight; they were divided into two sub groups. They got the LokManch forms signed by the people of Anjuthengu. Interactive session for the children and senior citizens were also conducted and the children were prepared for the evening's valedictory function. They returned to the camp site at 1p.m.

Report by Group Three

Group three was assigned ward number nine. Majority of the group members were in the food committee so only few members went for the field. The group collected signature for the LokManch. A total of 35 people (25 children and 10 elderly) attended the interactive session. The session was based on the games played by the children now and the games played by the elderly during their childhood. All the discussions were based on the changes that have taken place over generations. The need for respecting the sea by the present generation was also emphasized. The group reached back Sneharam by 12.50p.m.

Report by Group Four

The group visited ward number ten. The members were sub divided into two groups. First group collected signatures for LokManch and the other group went for inviting children and senior citizens for the interactive session as well as the valedictory function. At 11.30a.m. both

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the groups came together for the interactive session. There were total 18 members. They were taught Malayalam Folk song and children were taught the importance of respecting their elders. Senior citizens were also given the opportunity to share their life experiences. The group returned to Sneharam at 12.30p.m.

The lunch was served at 1.15p.m. After the lunch each functional groups were asked to make necessary arrangements for the valedictory function.

VALEDICTORY FUNCTION

The valedictory function started at 7:00p.m. by invoking the gods blessings. After prayer the Programme Officer Ms. Francina P X welcomed the gathering. Then Catherine Jacob the representative of documentation committee presented the overall report of the 7 day NSS camp followed by the survey report by Gilda Mani and Kudumbashree analysis report by Dyna Scaria respectively. At 7.45p.m. the Rector and manager of Loyola College of social sciences delivered the presidential address followed by the inaugural address by Christy Simon, Anjuthengu Grama panchayath president where she appreciated the efforts taken by the volunteers. Then Dr. Jose Boban K, the principal of Loyola College of social sciences delivered the key note address. Then, Anjuthengu Parish Priest Fr. Pradeep Joseph, Sneharam Director Fr, Varkychan Mecheril S.J and Mother superior (Sacred heart convent, Anjuthengu) Sr. Girty Robert Lopez gave a brief analysis of the camp. They encouraged the volunteers for the services they did to the community and also appreciated the good work the volunteers did in terms of survey study about the community. Then Balalekshmi S.B the assistant camp leader gave the vote of thanks. Official ceremony ended with national anthem.

CULTURAL FIESTA- CHILDREN OF ANJUTHENGU

At 8:45p.m. the cultural programme started. There were a total of 15 cultural programmes. Ms. Sanumol Catherine Scaria was the coordinator of the programme. The highlight of the cultural programme was that all programmes were done by the people from different wards of Anjuthengu Grama Panchayat and that showed the rapport that the volunteers were able to make with the people of that community. Cultural programmes ended by 10:00 p.m. Volunteers had their dinner after the cultural programme followed by the camp fire and by 12:30 a.m. volunteers were dispersed to their respective places of accommodation.

7th DAY, 18 MARCH 2017

The seventh day of N.S.S camp began at 8 a.m. After breakfast, at 9.41a.m. the N.S.S volunteers were asked to sit in circle for evaluation of the entire camp. One minute silence was observed before the beginning of evaluation. Programme officer, Ms. Francina P.X and staff coordinator Fr. Saji asked the volunteers to evaluate their growth, experiences and learning's from the seven days spend in the camp. Evaluation was done based on everything that has happened till date, from the first day till the last day the transition was to be mentioned by all the volunteers. Ms. Francina P.X appreciated the efforts put in by the survey committee and the documentation committee for previous days report presentation and working groups and functional groups for their performance. She was happy with the audience present for previous day's valedictory function and credited it as the successful establishment of rapport by the volunteers. She also mentioned the importance of evaluation and that it is a symbol of one's professionalism. Some of the camp's objectives that have to be considered while reflecting ones opinions were also stated by her. Such as:

- The success of the camp in terms of achieving inter-departmental collaboration, and to instill we-feeling among the volunteers.
- To mold the volunteers in such a way that they are able to adjust to any situation or circumstances.
- To enable the volunteers to understand social reality and to respond to it effectively.

She asked all the volunteers to document their evaluation for this purpose papers were distributed and the volunteers were given 20 minutes to write their opinions and to reflect their learning.

After the written evaluation the volunteers were asked to evaluate orally. Fr. Saji asked the volunteers to evaluate based on their growth and transition from first day to the last day. He called evaluation as a medium of sharing experience and considers it informative for others also. All the volunteers were given opportunity to express themselves. Most of the volunteers were initially apprehensive about the camp as it the first camp for many. Initial days were hard for many especially girls because of the water and scorching heat. Field work was a new experience for many, but they found that the camp made them more accepting, and caring. They were able to understand the harsh realities of life and got an opportunity to put theory into life. It also helped in building inter personal relations and to adjust better with the environment and people as they could come out of their comfort zone. Every aspect of group dynamics was evident throughout the seven days of the camp. Survey, learning Malayalam folk song kitchen

duty, barbeque, and campfire were some of the most enjoyable moments shared by the volunteers. Fr. Saji's activities and yoga, Fr. Pious's session and the street play team were appreciated by many. All the session in the camp were useful and provided new learning's. The team work and effort put in by all the functional groups and working groups were also acknowledged.

Some volunteers found that the time given for survey was less making it difficult to collect accurate details. Kitchen duty was also found to be very hectic and because of this some of the sessions were missed by volunteers. The accommodation committee and finance committee evaluated that they were able to function effectively. Because of health problems some volunteers were not able to put in their full effort but enjoyed each moment. Lack of coordination from ward members were also mentioned as a problem by one working group. Few suggestions were also given by the volunteers such as extending the duration of the cultural programmes, to give documentation duty to every group, and to leave the next day's food committee earlier the previous day so that they could take rest. There was an evaluation by camp leaders Mr. Aloysius T. Antony and Ms. Balakeshmi S.B, They thanked the programme officer, the staff coordinators all the teaching and non-teaching staffs of College for their efforts and support throughout the camp. They also shared their experiences and transformation over the week.

Ms. Francina P.X, the programme officer, and Fr. Saji SJ, the staff coordinator shared their experience regarding the camp. Fr. Saji SJ was happy with the increase in energy and dedication of the volunteers. He appreciated the volunteers for making changes in others life and being themselves throughout the camp. He ensured the volunteers that the commitment shown here would definitely bear fruit in the future. Ms. Francina P.X told the volunteers that she was happy with the successful completion of the camp and the submission of all the three reports. The contributions made by all the members were acknowledged by her and asked the volunteers to always focus on camps objectives in a camp and to work as a team rather than on a department basis. She was happy with the positive changes that have taken place in everyone. She thanked all the staff coordinators, members of Loyola College and Fr. Varkeychan Mecheril for their love and support. The evaluation session got over at 12.10p.m.

After the evaluation the volunteers, programme officer and the staff coordinator cleaned the premises of Sneham. Then the volunteers bid farewell to the beautiful Anjuthengu with lots of memories, learnings and realizations to cherish forever.

PART IV

ASRAYA PROJECT- QUALITY ASSESSMENT SURVEY

REPORT

The qualitative report of survey conducted by NSS volunteers of Loyola College in Anjuthengu (Anjengo) Panchayat as part of NSS camp, **SAMUDRA 2017**. This survey was undertaken by Loyola College authorities on the request of Kudumbashree State Mission Program Officer of Trivandrum, Smt. Amrutha Glatson in order to e-evaluate the Asraya project and the working condition of Kudumbashree units. As part of this, a discussion was held between the NSS programme officer Ms. Francina P.X., NSS student coordinators and Ms. Amrutha Glatson with the Panchayat secretary Mr. Sumesh K.R.

This is the first qualitative survey being conducted of the Asraya project since its inception in 2003, in Kerala. Smt. Amrutha Glatson took a class on Asraya which included Kudumbashree - its formation, functions, schemes, and the role of Loyolites in the process.. The name of this coastal area is derived from the Malayalam word, Chumaduthangikal. It is situated in Chirayankeezhu block panchayat in Trivandrum, between the Arabian Sea and Anjuthengu backwaters extending to almost 3.34 sq.kms. and is the smallest panchayat of Kerala. There are 14 wards with population of about 23,614 with 11,098 males and 12,516 females.

Eradication of poverty was the main aim of the 10th five year plan, keeping this in mind the Asraya Project was begun. The project aimed to protect those in extreme poverty, to rehabilitate destitute and to assimilate them into mainstream society. Beneficiaries were selected on the basis of a nine-point scale, wherein they had to satisfy at least 7-points of these.

The nine point scale was built on 4 factors- basic survival needs, infrastructure, developmental and psychological needs. Accessibility to food, medicines, clothes and pension was the criteria under basic survival needs. Infrastructure included shelter, drinking water, toilet and sanitation. Developmental and Psychological needs included education, vocational training and counselling respectively.

Initially the project was begun for three years but later extended to 2012. Details of the first stage of the Asraya project are unavailable. An evaluation was conducted of this project in 2010 to assess whether beneficiaries were to be replaced with new families; report of this survey is available at the panchayat.

According to the scheme for the rehabilitation of destitute in the year 2010-2012, 67 families of Anjuthengu panchayat were selected as Asraya families. Based on this scheme, housing, land, maintenance of house, drinking water, clothes, food, toilet, education, treatment, pension, counselling, electricity ,job such services are supposed to provide for Asraya families. But Anjuthengu panchayat has got provision only for food, treatment, and education. The selected members for this provision are 40 families are in need of food, 60 for treatment and education for 15 students of these 67 families were recognised through this survey of which only treatment and food were permitted. Food kits to be supplied were to contain pulses, grains, oil, masala. Health card was made compulsory to gain treatment benefits and free medicines were to be supplied by PHCs and CHCs in case, medicines were not available they were to be supplied through Neethi stores. Unfortunately these benefits have not reached many of the beneficiaries, reason being that medical officers were unable to extend their services to the beneficiaries. Several patients are unaware about the services of palliative care unit. Also, though several families receive pensions they are unaware whether it is part of Asraya project. As the pension has to be withdrawn from bank itself , bed ridden beneficiaries are unable to avail the facility. According to Asraya each individual receives 200₹, families with 3 members receive 300₹ And families with more than 3 members receive amount of 400₹. Most of the individuals in Anjuthengu are focussed on fishing activities and are not trained in other vocations.

The old and new lists of Asraya beneficiaries was received by the NSS volunteers from the panchayat and the volunteers were divided into different groups that were to conduct the survey in the 14 wards . The volunteers conducted survey totally in 194 Asraya families. Almost all families from the given lists were recognised as the beneficiaries of the project, but

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a few were recognised as fake beneficiaries. More families were found as not included in the list but deserving of the benefits.

REPORT OF SURVEY CONDUCTED IN 67 FAMILIES INCLUDED IN OLD LIST

Even though families were eligible for all services of Asraya project only food and treatment were given to them. Those families included in 2010 Asraya list have not received any services but some received grains in first three months. The pension is received by all the beneficiaries except an old lady who lost her ID- card and other proofs.

Many of them are not living in their own land, some have no land and toilets. People with disabilities were found in 4 families, their caretakers are not concerned about the education and treatment that should be given to them. The training programs of Kudumbashree are not properly reaching to them. Two senior citizens in the list were rehabilitated to old age homes by the initiative taken by CDS. There are 97 Asraya family members, from 13 wards in old list. In this 40 are eligible to get food, 9 for education and 57 for treatment. 14 families received food grains in first two months, the rest have not received any services. Among them 25 are members of NHGs. In that 11 families are not residing there anymore. Volunteers could not meet 3 families due to their absence in the time of our visiting. 10 members in this list were identified as dead though some their families are residing there. From the survey, we understood that 5 families in the list are not eligible for services. Some of the families who are eligible for services have been included in APL list, even though these families are beneficiaries of Asraya project. Many are not even aware of the project. During our survey we realised that some Asraya families are eligible for more services than we found in the list. There are 11 families for toilet, 8 families are in need of buying land, 15 families for constructing and maintaining houses, one is for pension, 2 are for occupation, one is for clothing, two are for treatment, one is for food, 9 are for drinking water and one is for counselling.

REPORT OF SURVEY CONDUCTED IN 127 FAMILIES INCLUDED IN NEW LIST

There are 407 members in 127 families which are included in new list of Asraya project. Of these 12 families belong to SC category, 94 to OBC category, and 9 belong to general category. In this 56 are NHG members. According to this list 122 were selected to receive food, 5 for education, 38 for treatment, 19 for drinking water and 13 for toilet. The volunteers were not able to meet 6 families because they were not available at their homes. The people living here

are suffering from scarcity of drinking water, related health issues and lifestyle diseases. Improper drainage system and waste disposal mechanisms had led to lung and skin diseases in the people here. Thus, the provisions of treatment were recognised as necessary.

Most of the people are depended on daily wages, and MGNREGP scheme to make a livelihood. The beneficiaries are not receiving supplementary food and other services from the Anganawadi. People depend on panchayat pipeline and public well for drinking water, but, people are not able to carry water from there because of health issues. Sometimes they witness color change in the water. Most of them receive various pensions. The differently abled people are not receiving services from palliative care. More needs were identified other than the earlier recognised needs. In this, provision for land for 15 families, housing and maintenance for 61, toilets for 30, clothing for 12, drinking water for 29, food for 1, education for 10, treatment for 51 members, pension for 4, counselling for 12, electricity for 3 and job for 14 were identified.

SUGGESTIONS

1. Medical officers have to be held accountable for their services, or alternate methods should be identified.
2. Pensioners find it difficult to spend money for travelling, to collect their pensions after started to be reimbursed through banks. Hence, measures should taken by panchayat to make pensions available for them at home.
3. Asraya project provides 200₹ for single member families, 250₹ for three member families, and 400₹ for families with more than three members for the food kit. Since it is not enough to meet their needs, there should be an increment in the money provided.
4. No proper vocational training and lack of expertise in job is a problem in the community. Hence, measures should be taken to ensure availability of vocational training for community members.
5. Even though the state was declared Open Defecation free state, more than half of the houses in Anjuthengu panchayat lack toilet facilities.
6. A population of about 25,000 is living in 3.3 sq.kms. of land ,thus, the measures taken to buy land in Kadakavoor Panchayat in order to solve the land issue have to be accelerated while doing so proper transportation facility has to be ensured since their livelihood is closely connected with the area

7. Anjuthengu Panchayat had about 500 metres of seashore but now this has reduced. Thus, awareness programs should be organised to convince the people about this situation and to make people aware about need for rehabilitation
8. Steps should be taken to ensure that the CDS and ADS are made responsible of making people aware of the Asraya project.

CONCLUSION

The survey based on the 67 families in the old list and 125 families in the new list of Kudumbashree- Asraya project of panchayat reflects the benefits and challenges in its implementation level. If the project could succeed in implementing Asraya project effectively to strengthen the poor and destitute the state could be declared as destitute Free State by 2018.

**Report of Quality Assessment Study on the working condition of
Kudumbashree units (NHG'S) in Anjuthengu Panchayat conducted by NSS
volunteers of Loyola College of social sciences, Sreekariyam as a part of
their NSS camp 'SAMUDRA 2017**

The objectives of this quality assessment study was to understand the level of awareness of the NHG members about the Kudumbashree, support provided by the mission and their expectations to improve their standard of living. NSS volunteers conducted Focus Group Discussion (FGD) with NHG members in different wards of Anjuthengu Panchayat with the help of CDS nominees and ADS members on 14th march 2017, Tuesday at 4.00 pm .A questionnaire containing 9 questions was the tool used for FGD.

Kudumbashree mission is working under three-tier structure; Community Development Society (CDS), Area Development Society (ADS), Neighbourhood Help Groups (NHG). Even though 145 Kudumbashree units were there in Anjuthengu Panchayat among 14 wards, only 72 Kudumbashree units participated in FGD.

The discussion began with the volunteers asking them about whether they are aware about the three-tier structure in the Kudumbashree .Most of them know about the functions and activities of ADS and NHG's when compared with the activities of CDS. The new schemes and policies of Kudumbashree were introduced to them mainly through ADS but there were also certain circumstances in which they were ignorant about programmes. The NHG meetings did happen weekly by choosing a day convenient for all members usually on Saturday or Sunday in the evenings. Each NHG unit consist of a President, Secretary, Treasurer, Income generation volunteer, Health volunteer, Infrastructure volunteer and respective members. Usually the meetings began with the prayer followed by welcome address, presidential address, report reading, discussions and vote of thanks. Thrift and credit also form the major part of the meeting. Most of the Kudumbashree units are not following the complete procedure of the meeting .Main discussions were only based on report presentation and collection of thrift.

Thrift was collected weekly ranging from minimum amount of Rs.25 to a maximum of Rs.100 and credits are given to people in need. Most of the NHG'S are linked to Syndicate Bank, State Bank of Travancore and South Indian Bank. They get loans with an average interest of

14%. But nowadays they are not getting loans at this low interest. On certain circumstances they even depend on other banks for sudden needs at high interest. As a result many families went in to great debt. Some of the members have membership at Matsyafed, TSS, Micro financing agencies like local money lenders, IFL and other religious institutions. They get loans and subsidies from matsyafed without interest.

Micro enterprises-handholding support, MEC support, Asraya, BUDS, Gender self- learning, Social security, Polivu, skill trainings and PMAY-Housing for all are some of the Kudumbashree programmes. The awareness about the various Kudumbashree programmes among members were scarce. There were not much information about asraya project among NHG members, only the ADS & CDS had some information about it. Even though they are having some idea about the ashraya project, most of them were not aware of the criteria of the whole scheme.

The members were completely unaware about the presence and operation of buds school which is meant for giving education for differently abled children. They had been given books and session related to gender self-learning in the initial stages of Kudumbashree, but after that no further steps for monitoring the progress were taken. All members have taken membership in the social security Kudumbashree insurances, but some of them are not aware about this programme. Many are unaware about the Polivu programme. Even though they had been provided seeds and grow bags they were not aware of the fact that it was provided under this scheme. Since most of them working in fishing related activities, they are not interested in agriculture. They said that it does not have any relevance in the coastal area.

PMAY was popular among them from the medias but they did not know it was a programme under Kudumbashree. Some of the members mentioned about the life survey done for this purpose. Members are aware about skill training programmes and they have attended some workshops or vocational training sessions. But they were not that's much interested in attending training because of health issues as most of the people were aged. Though some of the NHG units started manufacturing of milk, candle, soap, washing powder, agarbathies but they did not able to continue due to lack of time, hike in price of raw materials and poor financial support.

The last question to the members from questionnaire was about their expectations from Kudumbashree side. When asked this question most of them raised the need of housing and safe drinking water.

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Many have only name sake houses or not having their own land thus they are living with other people who may or may not be their relatives. Another problem raised by them was that their property was not registered. So they are expecting financial assistance for buying land, maintenance and renovation.

One of the main problem faced by the community is the shortage of safe drinking water. The bore well water available in the community cannot be used as drinking water. They depend on public taps for getting safe drinking water which is available only thrice in a week. So many have to buy drinking water from the far places at the rate of Rs.10 for one bucket which is not sufficient for use. So they are expecting panchayath to take necessary actions to supply drinking water in regular.

Panchayath has taken few initiatives in terms of skill development. But it has not reached in right hands. The school drop outs increasing in number. The main reason for this was identified to be financial crisis faced by the families and the lack of awareness among parents for educating their children. So the children are forced to go for fishing to meet the daily needs. They expect certain programmes for the upliftment of the children not only focusing on academics alone but also in providing vocational training. They also seek financial aid to continue their education.

The members of NHG are not actively involved in small scale business. The reason for this was that they were not ready to take risks as they will be forced to take loans with the high interest, lack of financial support and time. They added that the corruption and the misuse of power among authorities are the barriers to reach certain services to the needy. So they expect proper guidance and support.

Most of them do not have a good sanitation facility. Eventhough villages in Kerala have been declared as open defecation free, such things still exist in Anjuthengu Panchayat. Most of the members where having toilet facilities which were not properly maintained. The drainage facilities were not done in proper manner. They are expecting financial assistance from Kudumbashree for proper sanitation facilities. Most of the aged people were found neglected by the dear ones. as a result they are not getting daily nutrition needs and hence they are depending on their neighbors. Pregnant women and children are getting their essential nutritional requirements. Adolescent girls found to be not getting nutritional assistance. The ASHA workers used to visit houses of people to provide their services. Most of them are unaware about the importance of having nutritional food.

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As the housing and sanitation facilities are poor in the area, many people are leading unhygienic life. Due to the contamination of water bodies and spreading of waste by the stray dogs and lack of proper waste disposal system, most of the people in that area suffer from health issues. They used to burn plastic due to lack of facilities to dispose non bio degradable waste which can cause many breathing issues. They are not having proper hospital facilities, so they are expecting medicines for free or subsidies basis like Supply-co medical stores.

Observations & Suggestions

According to coastal zone regulation act, 80% of buildings and houses in Anjuthengu are constructed illegally. Since most of them do not have their own land, the panchayat should take necessary action to rehabilitate people without interrupting their livelihood. Women and adolescent girls are facing difficulties due to the lack of toilet facilities during day time. So we suggest panchayat to provide them public toilet facilities.

The children and youth in Anjuthengu panchayat were highly influenced by the usage of drugs and alcohol. To avoid such activities, they must be given awareness classes from the childhood itself. The parents should ensure that their children are not using such things. The panchayat should make arrangements to reach the services provided by de-addiction centres like “Pratheeksha” to the addicted people. The panchayat should act in cooperation with the excise department to prevent the illegal sale of drugs in local shops.

To avoid drop outs from schools, impart an awareness education among parents and children about the importance of education. One of the main problems faced by women to undertake micro enterprises is lack of self-confidence. It would be better if the panchayat arrange some training programmes which will help to increase their self-confidence and make sure proper marketing facilities for their products and include those products under the brand name of Kudumbashree. The children in Anjuthengu panchayat found to be fond of lays and kurkure, which leads to cancer and other deadly diseases.

It will be more preferable if the children are instructed to bring cooked food to the schools. People should be given awareness about the nutritious food by Anganwadi and PHC's.

Even though a CHC is existing the Anjuthengu panchayat, there are no permanent doctors in CHC. Sometimes people are reluctant to go and get treatment from the CHC. The panchayat should take necessary actions to solve the problem of scarcity of drinking water. Since Anjuthengu panchayat is situated in between backwaters and sea, the water is salty. If the

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panchayat could establish plant to purify the water they may be able to solve this problem, implementation of biogas plants in the community will help the proper disposal of biodegradable waste make some arrangements regarding the recycling of plastic waste.

From the study conducted by NSS volunteers with the Kudumbashree members it was understood that people are looking at Kudumbashree only as a financial source. It diverts Kudumbashree from its main objectives. From the focus group discussion conducted by NSS volunteers concluded that there should be proper awareness given about Kudumbashree objectives and functions among its members.

PART V - EVALUATION

Daily evaluation

The daily evaluations were conducted in natural venues. Evaluations were conducted every day. The evaluation was done on both individual basis and working group basis. During evaluation the staff coordinators also sat with volunteers and inspired them with their sweet and upholding words and asked them to share their views and opinions. The cultural committee was applauded for their good performance in the inaugural function as well as for the effective coordination of the valedictory functions. All volunteers were highly satisfied by food committee. Camp Paper and exhibition committee was commented for their marvelous work. House visits and survey was unique experience for many. It was qualitative in nature. The data collection was a chance for knowing more about the life of the people in the community as many members from the community narrated their stories and shared their expectations about Anjutengu

Final Evaluation

The final evaluation of the camp was started at 9.30 on 18th March 2017 at the camp site. It was conducted at three stages. At first stage, planning and evaluation was done at two levels.

1. PLANNING STAGE

1. Planning in the College

- Selection of Camp Leaders
- Division NSS volunteers into 4 Working Groups – Finalisation – Selection of Leaders
- Selection of 10 Functional Committee leaders – Division - Finalisation.
- Orientation to the camp by Dr. Jose K Boban, Fr. Sabu P Thomas, Dr Sonny Jose, Ms. Francina P.X, Mrs. Amritha Gladston and Fr. Saji,
- Sharing by Previous camp leaders and members
- Preparation at Functional Committee Level & Working group Level

2. Planning in the Community Level

Visit by Programme Officer Ms. Francina P.X and Staff Coordinators, Camp Leader & Leader of the Programme Committee Meeting Parish Priest, Panchayat President, Ward Members, leaders of the parish, presenting the blueprint.

b. IMPLIMENTATION STAGE

1. Community Level

- Practice and preparation
- Inauguration of NSS Camp SAMUDRA 2017
- Cultural Fiesta
- Training for Survey by Mrs. Amritha Gladstone
- Survey- effectiveness of Ashraya project
- Anjutengu panchayath: An overview by Mr. Sumesh K.R
- Focus Group Discussion on Kudumbashree Project
- Class on Creative thinking for Social Change by Ms. Aparna Ramdas.
- Training for Paper Bag Making by Sr. Sajimol P.J
- Orientation on LokManch Project by Mr. Terrance
- Class on Group Dynamics by Fr. Pious Vachaparambil.
- Activities for Group Dynamis by Fr. Saji Joseph S.J
- Health awareness rally
- Street Play by N.S.S volunteers.
- Joining Hands: interactive session between children and elderly
- Valedictory function
- Cultural fiesta- Children of Anjutengu Panchayat
- Camp Fire
- Evaluation of working groups

2 Group Level

- Food
- Accommodation
- General Discipline & Time Management
- Yoga & Meditation, Prayer, Assembly
- Camp paper
- Cultural / Recreations
- Evaluations
- Evaluation of Functional Committees

GENERAL REMARKS

- Working Group Leaders
- Leaders of Functional committees
- Camp leader
- Accompanying Staff
- Programme Officer
- Venue
- Time & duration
- Any Other

SUGGESTION FOR FUTURE CAMPS

FIVE GROWTH EXPERINCES/INSIGHTS/FAVOURITE MEMORIES OF YOU IN THIS CAMP

METHODOLOGY

- *Personal writing - 45 mts.*
- *Working Group Level Sharing – 1 hr (5 members from each Group can share)*
- *Presentation in General Assembly – 30 mts*
- *Camp Leader's Remarks*
- *Remarks by the Accompanying Staff – Fr. Saji SJ*
- *Remarks by Programme Officer*

Merits and demerits of the camp from the planning stage to the implementing stage were discussed during the group evaluation. The key points emerged during the evaluation is as follows:

The major positives were:

1. Camp helped in inculcating the spirit of volunteerism and social sensitivity in volunteers
2. Camp promoted team work, cooperation, enhanced the group dynamics and inter departmental collaboration
3. Camp helped the volunteers to come face to face with social realities.
4. Survey was effective as a medium for interaction with the community people
5. Volunteers could analyze the major issues prevailing in the community and could address them to an extent.
6. The survey report was a medium for giving suggestions to the community.
7. Working in kitchen at least one day boosted confidence of many NSS volunteers.
8. Many were able to adjust with limited facilities of the camp which give a humbling experience.
9. Participation and encouragement of the local people were encouraging
10. People welcomed NSS volunteers wherever and whenever they visited the community.
11. Classes were very informative and entertaining.
12. The street play was a medium for the volunteers to exhibit their creativity and to create awareness among the people of Anjuthengu Panchayat.
13. Every day's morning yoga session was an enriching experience and helped the volunteers to start their day on a positive note.
14. The functional committees as well as the working groups were fully determined to complete the task and duties assigned to them.
15. The daily evaluation was a medium through which volunteers could share their experiences, learning's and clarify their doubts.
16. The quality of evaluation and energy level of the volunteers underwent positive change over a period of seven days.

Some of the criticisms and suggestions were:

1. Some NSS volunteers were not punctual and this created lag in the morning yoga sessions.
2. Some volunteers felt that they did not get enough time to complete the survey in an effective manner
3. One of the members suggested that the food committee for the next day should be send earlier after evaluation so that they would get ample time to take rest.
4. The failure to conduct the Shramadhan was considered as a great loss by some volunteers.
5. Two of the NSS Volunteers gave a suggestion to simplify the menu so that even the food committee could take part in all the activities and evaluation
6. Lack of timely support by two ward members created confusions and difficulties among the volunteers and they were not able to reach their assigned field area on time.
7. Concentrating on a small area may increase the effectiveness of the programmes.

CONCLUSION

The seven day rural live in camp is considered as a turning point in the moulding of the volunteers as socially committed individuals. It gave a firsthand experience about coastal areas and the people. The camp was an opportunity for observing the common man's life closely. More or less the seven day camp in Anjuthengu was an humbling experience for many camp members. Once the camp was over, all the volunteers have felt some degree of greatest achievement in life. All the NSS volunteers actively took part in all the activities of the camp. Since the number of the students in the college is very few, everyone gets involved in all the programmes organised in the college at different levels like planning, implementation, monitoring, and evaluation. Moreover, since all the students are studying for post graduate courses here, they are more serious and responsible about their life and activities-both curricular and co-curricular. As a result the involvement in the programmes like these the students are formed as competent, committed, and compassionate men and women for others.

Let me take this opportunity to thank the Management, Rev. Fr. Joye James SJ, our Principal, Dr. Jose Boban K, the Staff Members-both teaching and non-teaching, and the staff of our Loyola Extension department specially Mr. Maneesh Nair who have directly or indirectly contributed to the successful completion of the NSS camp in the academic year 2016-17. Let me specially mention the support given by my colleagues especially previous programme

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officer Fr. Sabu Thomas SJ, Fr. Saji Joseph SJ, Ms. Preetha Menon, Mr. Prasanth, head of the various departments, all my colleagues supported the camp whole heartedly. The support by Dr. Anitha in the first day needs a special mention. The supports of Dr. Sonny Jose, Dr. Angelo P Mathew, are remarkable. We gratefully remember the enormous technical support of Fr. Sunil Joseph S.J. all through the camp. We gratefully acknowledge the support extended by our canteen members and senior volunteers. The initiatives and collaboration of the NSS voluntary secretaries are remembered gratefully. The Programme Coordinator and his team in the Kerala University who gave guidance and assistance throughout the year are gratefully remembered. The work of documentation team, especially Ms. Vandana Suresh and Ms. Venishya Ivan is remarkable. Let me also thank Mrs. Christy Simon, President of Anjuthengu Panchayath, Mr. Sumesh K. R, Secretary, Fr. Praddp Joseph, Parish Priest, Sr. Girty Robert Lopez, Mother Superior, Fr. Varkeychan Mecheril S.J, director Sneharam, Fr. Benny Chirammel S.J and his team LokManch and the ordinary people of Anjengo who taught us valuable lessons in life. Each and every one associated with us is gratefully remembered and looking forward to their continued support in the future.

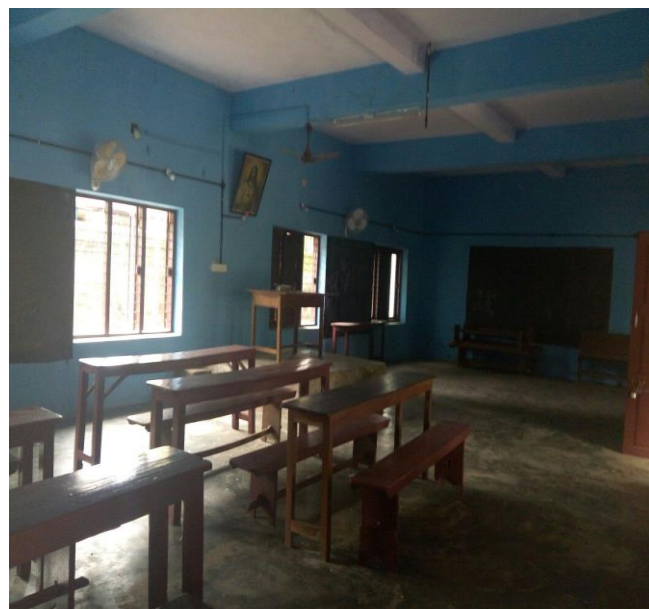
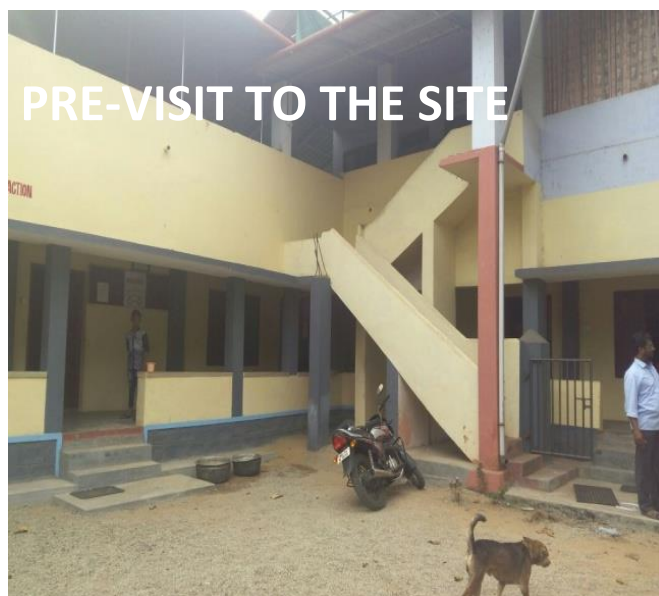
Ms. Dyna Scaria
Voluntary Secretary

Ms. Francina. P. X
Programme Officer

Dr. Jose Boban K
Principal

Compiled by: *Ms. Vandana Suresh, Ms. Venishya Ivan*

Assistance: *Ms. Minu, Catharine Jacob, Ms. Sruthi Suresh & Ms. Charulata*



Pic: Pre-camp visit to Sneharam, Anjengo



PRE-ORIENTATION CLASSES



JOURNEY TO ANJUTENGU



INAUGURAL CEREMONY





YOGA SESSION



FLAG HOSTING



REPORT PRESENTATION AND CAMP PAPER RELEASING



CLASS ON GROUP
DYNAMICS BY Fr.
PIOUS
VACHAPARAMBIL

OVERVIEW OF ANJUTENGU BY Mr. SUMESH



Activities
by Fr. SAJI





CLASSES BY Sr. SAJI AND Ms. APARNA RAMDAS



STREET PLAY



HEALTH AWARENESS RALLY



FOCUSSED GROUP DISCUSSION ON
KUDUMBASREE PROJECT



REPORT PREPARATIONS BY WORKING GROUP



KITCHEN CORNER



SURVEY COMMITTEE AND DOCUMENTATION COMMITTEE



VISIT OF FACULTY MEMBERS AND SENIORS





LIGHTER MOMENTS





VALEDICTORY FUNCTION



CULTURALS



CAMP FIRE





FINAL EVALUATION



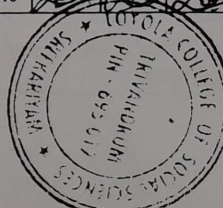
THANK YOU ANJUTENGU

Samudra 2017
Annual 7days Special Camp
National Service Scheme – Kerala University Unit 12 A
Loyola College of Social Sciences, Trivandrum
12th - 18th March 2017

Sneharam, Anjengo Grama Panchayath

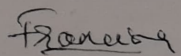
Sl. No.	Class No.	Name of the Camper	Enrollment No.	I	II	III	IV	V	VI	VII	Remarks by PO
				12-Mar	13-Mar	14-Mar	15-Mar	16-Mar	17-Mar	18-Mar	
1	MSW 01	AMALA JOSH Y	LC.16-18-001	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>			<i>[Signature]</i>	<i>[Signature]</i>	
2	MSW 02	AMRITHA SURESH	LC.16-18-002	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
3	MSW 03	ANITHAMOL BABU	LC.16-18-003	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
4	MSW 04	ANN MARY GEORGE	LC.16-18-004	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
5	MSW 05	BALALEKSHMI S.B	LC.16-18-005	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
6	MSW 06	DEVIKA B.S	LC.16-18-006	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
7	MSW 07	EKALAVYAN V.P	LC.16-18-007	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
8	MSW 08	FEBINA S.KUMAR	LC.16-18-008	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
9	MSW 09	G S NARAYANI	LC.16-18-009	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
10	MSW 10	GILDA MANI	LC.16-18-010	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
11	MSW 11	JAYALAKSHMI J	LC.16-18-011	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
12	MSW 12	JIBIN K JOSE	LC.16-18-012	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
13	MSW 13	JOSUKUTTY KURIAN	LC.16-18-013	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
14	MSW 14	KAVYA KUMAR K	LC.16-18-014	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>				
15	MSW 15	NISHA K J	LC.16-18-015	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	
16	MSW 16	NOUNITH NOBLE	LC.16-18-016	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	

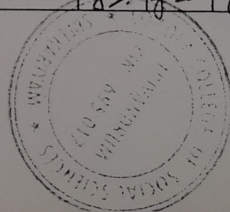
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 PROGRAM OFFICER
 N.S.S. UNIT 12 A
 LOYOLA COLLEGE OF SOCIAL SCIENCES
 THIRUVANANTHAPURAM

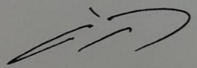


[Signature]
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 Loyola College of Social Sciences
 Thiruvananthapuram - 695 017

43	SOC. 8	ASWATHY A.L	LC.16-18-042	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy
44	SOC. 9	ASWATHY J.M	LC.16-18-043	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy	Aswathy
45	SOC. 10	ATHIRA K.O	LC.16-18-044	Athira	Athira	Athira	Athira	Athira	Athira	Athira	Athira
46	SOC. 11	BLESSY ROSE MATHEW	LC.16-18-045	Blessy	Blessy	Blessy	Blessy	Blessy	Blessy	Blessy	Blessy
47	SOC. 12	CATHARINE JACOB	LC.16-18-046	Catharine	Catharine	Catharine	Catharine	Catharine	Catharine	Catharine	Catharine
48	SOC. 13	DEEPAK S	LC.16-18-047	Deepak	Deepak	Deepak	Deepak	Deepak	Deepak	Deepak	Deepak
49	SOC. 14	DURGA U.S.NAIR	LC.16-18-048	Durga	Durga	Durga	Durga	Durga	Durga	Durga	Durga
50	SOC. 15	GEORGIN V GEORGE	LC.16-18-049	Georgin	Georgin	Georgin	Georgin	Georgin	Georgin	Georgin	Georgin
51	SOC. 16	GIREESHKUMAR J	LC.16-18-050	Gireesh	Gireesh	Gireesh	Gireesh	Gireesh	Gireesh	Gireesh	Gireesh
52	SOC. 17	GOPIKRISHNAN M	LC.16-18-051	Gopikrishnan	Gopikrishnan	Gopikrishnan	Gopikrishnan	Gopikrishnan	Gopikrishnan	Gopikrishnan	Gopikrishnan
53	SOC. 18	JISHNU VINAYAN	LC.16-18-052	Jishnu	Jishnu	Jishnu	Jishnu	Jishnu	Jishnu	Jishnu	Jishnu
54	SOC. 19	KRISHNAJITH R.G	LC.16-18-053	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna
55	SOC. 20	MEHANAZ MUMTAZ	LC.16-18-054	Mehnaz	Mehnaz	Mehnaz	Mehnaz	Mehnaz	Mehnaz	Mehnaz	Mehnaz
56	SOC. 21	MINU HARI KUMAR	LC.16-18-055	Minu	Minu	Minu	Minu	Minu	Minu	Minu	Minu
57	SOC. 22	NEETHU L	LC.16-18-056	Neethu	P	SICK					Sick -
58	SOC. 23	NEETHU SHARON S	LC.16-18-057	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu	Neethu
59	SOC. 24	RESHMA THOMAS	LC.16-18-058	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma	Reshma
60	SOC. 25	SANILA V S	LC.16-18-059	Sanila	Sanila	Sanila	Sanila	Sanila	Sanila	Sanila	Sanila
61	SOC. 26	SETHU LEKSHMI S	LC.16-18-060	Sethu	Sethu	Sethu	Sethu	Sethu	Sethu	Sethu	Sethu
62	SOC. 27	SHEEBA R	LC.16-18-061	Sheeba	Sheeba	Sheeba	Sheeba	Sheeba	Sheeba	Sheeba	Sheeba
63	SOC. 28	SURJITH V	LC.16-18-062	Surjith	Surjith	Surjith	Surjith	Surjith	Surjith	Surjith	Surjith
64	SOC. 29	VISHNU B.R	LC.16-18-063	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu	Vishnu
65	Cou 01	BRIGHTLY P. BRIGHT	LC.16-18-064	Brightly	Brightly	Brightly	P	SICK			
66	Cou 02	DYNA SCARIA	LC.16-18-065	Dyna	Dyna	Dyna	Dyna	Dyna	Dyna	Dyna	Dyna
67	Cou 03	JUDE S.	LC.16-18-066	Jude	Jude	Jude	Jude	Jude	Jude	Jude	Jude


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SPANDANAM 2016

SALT Anniversary & Adolescent Meet

23rd July 2016 @Sutter Hall; 9.00 a.m. - 4 p.m.

**Dept. of Social Work
Loyola College of Social Sciences, Trivandrum**



Introduction

The 6th anniversary of SALT, Social work students Association of Loyola College Trivandrum and the culmination of MSW students' (2015-2017) field work in Pothencode Block Panchayat was held on 23rd July 2016 at Sutter Hall, Loyola College of Social Sciences. MSW students have undertaken concurrent practicum in the five Panchayaths. They were assigned one ICDS each and the team were intervening in 24 ICDS (Integrated Child Development Scheme). So SPANDANAM is envisaged as the culmination of field practicum of I and II semester. Major program in relation to this is the adolescent meet, where more than 350 children from the community assemble in Loyola and spend a day in Loyola.

The Student Coordinators of the programme were Mr Antony T Sebastian and Ms. Kajal S Rahman. All the students were divided into groups and assigned duties in different committees like transportation, food, programme, cultural, discipline and documentation.

SALT

SALT began as the Social Work Student's Association of Loyola College Trivandrum and was established on March 8, 2010. SALT has worked to increase its members' self-confidence and self-esteem over the years by presenting and organising confidence events both inside and outside of the institution during the academic year. SALT held programmes as part of World Mental Health Day and World hand wash day. SALT also had initiatives in conducting medical camps.

SPANDANAM

Spandanam has long been recognised as the culmination of the fieldwork practicum for MSW students. Spandanam 2016 brought together a diverse group of adolescents from several fields. The staffs from the ICDS also present. Spandanam might provide them with a variety of sessions as well as a platform for these "developing buds" to showcase their abilities.

REPORT OF SPANDANAM 2016

Inauguration

The event began at 10 a.m. with students singing a prayer hymn, followed by Dr. Jose Boban, the principal of Loyola College of Social Sciences, giving a welcome address. He began by congratulating everyone on the 6th anniversary of SALT and the completion of the field work

practicum. Ms. Kripa Elizabeth Sunny, SALT's general secretary, then presented 2015-16 report. The beginning of SALT and Spandanam 2015 were featured in the report. The report also detailed SALT's efforts throughout the previous year, which included street plays on World Mental Health Day, World Handwash Day, a community programme at Chenkalchoola, and a free medical camp. The report also discussed the student's initiative to make the activities worthwhile.

The event was presided over by Rev. Fr. Joye James S. J, Rector and Manager of Loyola Institutions. His lecture was centred on children's issues and society's indifference to them. A note on the Juvenile Justice Act as well as basic humanitarian notions was particularly noteworthy. The session was opened by Mr A. Hemachandran IPS, the DGP and Director of the State Intelligence Bureau. He stressed the need of obtaining a higher education and the importance of studying at reputable institutions. He encouraged kids to participate in extracurricular activities. He also discussed the impact of cybercrime and substance misuse on children's development, which fosters them as utterly irresponsible members of society. The programme was interactive, and the kids were paying attention. He congratulated everyone who was involved in the programme from start to finish. He lit the lamp and properly opened the occasion after the inaugural address.

Fr. Joye James published the magazine 'Kazhcha 2016' to commemorate the completion of the social work trainees' field work practicum. The field work experiences and images from the field work practise were included in the magazine.



Inaugural Ceremony & Publication of KAZCHA 2016

Ms. Lajeena K H, CDPO, Pothencode block, who is a Loyola College alumna, gave the eulogy and recalled her prior good experiences at the college. She complimented the entire staff on how

wonderfully the programmes are organised. Later, the gathering was facilitated by Fr. Saji S J, the Bursar and a Loyola College faculty member. He asked the youngsters to develop their grace and divinity. He also stressed the importance of honing all of their skills and abilities. He wished them all the best in their future endeavours. Later, Fr. Joye James S J handed a memento to Mr. A Hemachandran IPS as a gesture of gladness, and Dr Jose Boban K presented the memento to Ms. Lajeena, the CDPO. Ms Kajal, the student coordinator, expressed her deep gratitude to all of the dignitaries and attendees.



Fr. Joye handing over memento



Pic: The audience listening to speakers

SESSIONS FOR CHILDREN

From 11 a.m. to 12.45 p.m., three programmes for children were held at three different locations. According to their classrooms, the kids were divided into three groups. The first group consisted of children in grades seventh and twelfth and the session was held in the college auditorium. Mr. Vinayakumaran Nair N, Assistant Commandant of Police and Head of the Hi-Tech cell was the resource person. He spoke about the importance of the internet in today's world and its impact on youngsters. The workshop also went on internet ethics, internet addiction, how these affect family relationships, parental disengagement, and internet attachment in great depth. He discussed the factors that lead to children becoming addicted to the internet, as well as the void that exists in cyberspace communication. He could identify a number of examples of internet misuse, the most common of which were access to pornographic websites and personation. The workshop came to a close with an explanation of cyber laws and actions. Dr. Sonny Jose, the HOD Social Work presented a memento to Mr. Vinayakumaran Nair N as a symbol of appreciation. Mr Shine Augustine, on behalf of SALT, conveyed his heartfelt gratitude to the resource person.



Mr. Vinayakumaran's session on cyber laws



The children in the second group ranged in age from fourth to sixth grade. Mr. Jobi, the coordinator of the child line programme, called the meeting to order. A total of 53 children took part in the activity. The seminar was set up to be interactive. The kids began by introducing themselves. Later, Mr. Jobi spoke on the importance of the child line, its services, and children's rights, such as the right to life and education. He used role play to illustrate children's rights, incorporating the children themselves.



Mr. Jobi's session on Childline



The children in the third group ranged from 1st to 3rd standard. Ms. Krishendu and Ms. Sreeja Vasu were in charge of this session. The activity included a variety of games as well as other participatory components such as dancing and music.



Pic: Engaging children of 1-3rd standard

This was followed by lunch that was served in the open stadium of the college. The food committee was very prompt and systematic. They started with session 3 (1-3rd standard) children first. The items were Chicken Biriyani, and vegetable biriyani.

CULTURAL PROGRAM

At 1.30 p.m., the cultural feast began. It was attended by children from five of Pothencode Block's panchayats. Ms. Krishnapriya and Ms. Sreeja nailed it. The event's attractiveness was enhanced by group dances, semi-classical songs, oppana, kolkali, nadanpattu, nasic dhol, and other elements such as oppana, kolkali, nadanpattu, and nasic dhol. Under the capable supervision of MSW graduates, 24 initiatives were featured. By 4.30 p.m., the shows had come to a close.



Pic: Cultural Programme

VALEDICTORY FUNCTION

Fr. Sabu P Thomas S J, the vice principal of Loyola College and a faculty member, presided over the valedictory ceremony. He handed out certificates to the kids who participated in Spandanam 2016. Later, Mr. Jobi, the Trivandrum coordinator of Childline, presented presents to the children participating in the ICDS, which was a Childline project in partnership with SALT. The ICDS employees received these gifts. Mr. Antony T Sebastian, the student coordinator for Spandanam 2016, conveyed his appreciation and satisfaction to all the ICDS employees, parents, little stars, and well-wishers who encouraged and participated in Spandanam 2016 to make it a success.



COMMITTEE REPORTS

CULTURAL COMMITTEE

Mr. Shine Augustine, Mr. Akhilash, Ms. Cinupriya Joy, and Ms. Neethu Unnikrishnan made up the Cultural Committee, which was directed by Ms. Kripa Elizabeth. Mastering cultural activities and engaging in decoration were among the responsibilities of the cultural committee. There were 24 programmes that were completed without a lag in time. The stage decorations were created in a unique way, employing environmentally friendly and non-plastic items.



PROGRAM AND INVITATION COMMITTEE

Archana (chair), Sr. Navya, Ragin, Kiran, and Adil made up the programme committee. The committee was in charge of developing the invitation card and sending out the invitations to the closing ceremony. At three different locations, they organised for resource people to participate in the workshops. All of the session locations were assigned to students by the committee. The programme committee gathered toys from Fr. Joye James (Manager of Loyola Institutions) and organised them for distribution to all Angavadies on Spandanam 2016. The committee made all of the essential arrangements for the opening and closing ceremonies. For the occasion, the committee also created keepsakes, certificates, and banners in advance. The registration was organised by the programme committee, and the writing certificate was arranged. They chose the M.C.s for the formal function as well.



DOCUMENTATION COMMITTEE

Deepti, Nitheesh, Krishnapriya, and Sr. Shiny were part of the documentation committee, which was led by Ms Ancy B. Kairali. The committee's responsibilities included documenting the

Spandanam 2016 meetings, preparing a press release to be distributed to the media before and after the event, exhibiting the young buds' paintings and drawings, and putting together a magazine. The committee was capable of successfully completing the responsibilities allocated to it.



FOOD COMMITTEE

Members of the committee have been very busy in methodically arranging for the day's refreshment since the first meetings of the conclusion programme, Spandanam 2016. They had spoken with a number of hotels to ensure that the food was of high quality. As a result, they decided to provide biscuits and drinks when students arrived on campus, followed by vegetable biriyani for lunch, tea and snacks in the evening. When the menu was discussed, a few recommendations were made, such as purchasing half briyani to save money because so much food was wasted by the children last year, and providing banana puffs and drinks as students arrive on school because most of them may not have had a proper breakfast. Finally, 350 egg biriyani were decided upon, with 200 half packets and 150 whole packets being distributed. Mango squash was served to the crowd both morning and evening. The group was also in charge of getting mineral water to five different locations. They were also in charge of garbage management.





FINANCE AND TRANSPORTATION COMMITTEE

Antony, Kajal, Krishnendu, and Sreeja were members of the finance committee, which was led by Parvathy Chithran. They took over and formed other committees to develop and amend their budget. The finance committee set a collection amount of Rs 3000 for each individual. They produced and distributed vouchers to everyone, and they worked tirelessly to gather the funds for the programme.

The committee was responsible for arranging transportation for programme participants from various fields. They devised a route map for the three buses that would pick up participants in the morning and return them in the evening for this purpose. Each bus was also assigned to a trainee. Prior to the event, they had requested permission and booked buses. They began collecting students at 7:00 a.m. and dropped them all off at 5.30 p.m.





EVALUATION REPORT OF SPANDANAM 2016

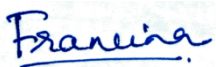
The Spandanam 2016 evaluation took place on July 25th, 2016. Fr Saji S J gave an introduction to the evaluation. The review included Dr Sonny Jose, HOD; Dr Sabu P Thomas, and Ms Francina P X, social work faculty members. The programme committee was invited to present their experiences working for Spandanam 2016 as part of the evaluation. Each member of the committee contributed their unique experiences, and they were all extremely glad to work as a team, which aided in their efficiency. The key recommendations for the respective committee were to plan ahead of time for the valedictory celebration and to keep track of the ICDS worker's credentials. The crew was praised for their collaborative efforts, as well as their preparation of the MC, souvenir, and certificate. Later on, the food committee was praised for bringing food and water on time, as well as for proper coordination, waste control, and the quality of the refreshment, among other things. The key recommendation to the food committee was to guarantee that the meal was of good quality on such occasions. The cultural committee was praised for its well-coordinated cultural programmes, eco-friendly and inventive decorations, teamwork, and timely programme administration. The committee suggested that the participants be given a number system and that the committee possess a sound system, curtain, and camera for future sessions. The Finance and Transportation committees were praised for their cooperation, effort, and resource mobilisation abilities.

The transportation committee's key proposal was to enhance while developing the route map and to consider the number of kids who will be transported in each bus. The event raised a total of Rs 74586. The finance committee estimated a total budget of Rs 59200 for the entire programme. Spandanam 2016 cost Rs. 36918 in total. Cash in hand (balance) is Rs 37,668/-.

Finally, the documentation committee discussed their experience with group work. The committee expressed their delight at the timely compilation and presentation of the magazine KAZHCHA 2016. The exhibition 'Nirakkoott' served as a platform for the small tots' skills to be expressed and displayed. The effort received excellent feedback from the committee. The programme received mostly excellent feedback. Many members remarked on how well the practise went, how well the event was managed afterward, and how well the time was managed. The program's general recommendation was to pay more attention to trash management and transportation.

The social work HOD Dr. Sonny Jose remarked on the entire group's teamwork, while Dr. Sabu provided input on the group's unity and strength, as well as the team effort, responsibility, and informal sharing that took place after the event. It was mentioned by Fr. Sabu as an aspect of group development. Ms Francina P X, a faculty member, afterwards commented on the group's teamwork and gave suggestions on the food management. One proposal was to use aluminium foil instead of paper plates so that reusable plates could be used. The visualisation of each committee was praised by Fr Saji S J, who stated that it felt more effective. After organising such a fantastic event, each member of the group could form a complete symphony, and all of the members developed various abilities; remarked Fr. Saji. He also wished that the group's motto, TEAM (Together Everyone Achieves More), be preserved at all times!

Report compiled by: Ms. Ancy B Kairali and documentation team.



Dr. Francina P. X
Faculty in-charge
Dept. of Social Work, LCSS



Participant list

1. ADIL S. HAKKIM
2. AKHILASH B.R.
3. ANCY B. KAIRALI
4. ANTONY T. SEBASTIAN
5. ANU JAYA MATHEW
6. ARCHANA U
7. CINUPRIYA JOY
8. DEEPTI K.K.
9. KAJAL S. RAHMAN
10. KANNAN G.S.
11. KIRAN C THENGAMAM
12. KRIPA ELIZABETH SUNNY
13. KRISHNAPRIYA.S
14. KRISHNENDU B.S.
15. LEEMA MARTIN
16. NAVIYA ANTONY K.
17. NEETHU UNNIKRIISHNAN
18. NITHEESH S
19. PARVATHY CHITRAN
20. PREETHA.K
21. RAGIN MARY TOMS
22. SHINE AUGUSTINE
23. SHINY CHACKO
24. SREEJA P V

Programme Name	Street play based on ‘need for health and hygiene’	Organizer	NSS Unit and Dept of social work
Date	18 th November 2016	Time	10-5pm
Venue	Multiple venues	Faculty in-charge	Dr. Francina P X

Programme Objectives	<ul style="list-style-type: none"> ● To organize flash mob on the theme ‘need for health and hygiene’ ● To create awareness on the significance of maintaining hygiene to prevent health issues ● To create awareness the need for safe waste disposal to prevent health issues
Participants	MSW 1 st year students
Programme Activities	The NSS Unit in collaboration with SALT conducted a street play based on ‘need for health and hygiene’ at various place in and around Trivandrum Corporation on 18 th November 2016. The play tried to make the public aware about the different types health issues like use and dumping of waste materials, plastics, how it is contributing to the environment problems and also in the health issues and diseases like Malaria, dengue etc. The street play is showcased at major city spots like Sreekariyam, Shangumugham etc
Programme Outcomes	Students were able to engage with the community in spreading awareness about significance of maintaining hygiene to prevent health issues through campaign and flash mob

List of participants

- | | | |
|-------------------|--------------------|--------------------|
| 1. Amala Joshy | 4. Ann Mary George | 7. Ekalavyan V.P |
| 2. Amritha Suresh | 5. Balalekshmi S.B | 8. Febina.S.Kumar. |
| 3. Anithamol Babu | 6. Devika B.S | 9. G S Narayani |

10. Gilda Mani

11. Jayalakshmi J

12. Jibin K Jose

13. Josukutty Kurian

14. Kavya Kumar K

15. Nisha.K.J

16. Nounith Noble

17. Sanumol Catherine

Scaria

18. Saumya John

19. Sree Jyotish H

20. Subhadra.P.S

21. Tintu N.S

22. Vandana Suresh

23. Vani V.R

24. Venishya Ivan

25. Vrinda Vijayan





PRAVASI MASDOOR SWASTHEY SHIVIR

(Free Health Awareness and Medical Camp for Migrant Labourers)

Migrant labourers form an important part of Kerala economic structure especially that of the construction sector. They form a significant part of the labour force in the state. Department of Sociology along with NSS Unit in collaboration with Indian Social Institute (ISI) Bangalore, and Loyola Old Boys Association (LOBA) organized a free health awareness and medical camp for the migrant labourers in the locality on 27th November 2016. It was an offshoot of the conclusions generated from the minor research project done by the students of the department of Sociology. With this in mind the Department of Sociology took up the initiative of organizing a free health awareness and medical camp for the migrant labourers.

The groundwork was started 2 weeks before the programme. The student coordinators of LASIE –KSS Loyola Unit and along with the students met contractors to gather information about the migrant workers. Later a group of both boys and girls had visited around 30 settlements of migrant workers in Sreekariyam and Cheruvaikal in Thiruvananthapuram. Students visited their settlement on Sundays and kept contact with them through mobile phone. Students also provided the notice in Hindi to all the main shops at Cheruvakal and Sreekariyam.

On 27th November 2016 as per the schedule, the programme commenced by registration at 8.15 AM. 8 doctors who are specialized in surgery, orthopedic, oral and multifacial surgery, personal hygiene and general medicine, came from government medical college Thiruvananthapuram and govt. Dental College and so on. Two eminent resource persons took classes on oral cancer and personal hygiene before the commencement of the check up. It started by 9.50am itself. The doctor discussed mainly on deleterious habits and oral cancer and also explained about what the causes which lead to oral cancer are and how we can prevent it. He used Hindi as the medium of communication. It was more or less an interactive session. By 10.48 am the second session was started. This session was on the personal hygiene. The session dealt with general health and personal hygiene. The migrant workers were aware about some of the diseases like malaria, dengue etc... But most of them

were unaware about transmitted diseases. Both sessions were in Hindi. After the refreshment, by 11.05 am the medical check-up was started. There were 5 counters and one general counter. There was a physician in the general counter here after first examination directed the labourers to counters. The labourers were led to each counter by calling their names by the doctors. There were two counters for lab service and blood test set by DDRC SRL. Translators were provided for doctors in their counters, the counters were occupied by doctors who were specialized in general medicine, orthopedic, and oral and multi facial surgery. There were special arrangements for body check-up.

Doctors referred some of the workers for further treatment to government medical college. Two health inspectors from Pangappara health department near Sreekariyam also visited this medical camp. 65 migrant workers had participated in this programme and a total of 25 students participated in the conduct of the same.



Participant list

- 1 AKHIL SURENDRAN
- 2 AKSHAYA KRISHNAN
- 3 ANJU T
- 4 ARCHANA K
- 5 ARUN KUMAR P.B.
- 6 AYYAR POOJA SHASHIKANT
- 7 CHINCHU K. BHAVANI
- 8 DHANYA RAJ
- 9 DIVYA A
- 10 GAYATHRI NAIR
- 11 JASNA. K.
- 12 JIJI S.S.
- 13 JINU BABU
- 14 KRISHNENDU J J
- 15 LAVANYA V
- 16 MALOOTTY L
- 17 MERLIN JOSE
- 18 PRIYA R. KUMAR
- 19 RESHMA HELAN
- 20 SHILPA MARIA.S
- 21 SHINE MICHAELINA JOSE

- 22 SNEHALATHA P
- 23 SREEJITH.S
- 24 Terese
- 25 Vishnu Prasad V P
- 26 VYSALI.M

Community service in Attapadi

The students of Department of Sociology have done an extension programme at Attapadi with the objective of knowing the tribal life in those areas and getting deep knowledge on the socio-economic and cultural life of tribes in the present context. It also aims to know and experience more about the tribal communities in Attapadi, beyond the writings the students of sociology namely Akhil Surendran, Jasna, Dhanya Raj, Shine Michelena Jose and Jinu K organized a 15 day camp from April 18 to May 3.



The students were divided into groups and covered the nearby areas kalkandiyoor, choriyanoor, vadakottathara and other 'ooru' which they could visit. They also conducted a one day camp in these 'ooru'. During the live in camp they also got a part to be a part of three day residential camp held at AADI (Attapadi Adivasi Development Initiatives). AADI is the eventual shape of the 16 year old Jesuit action with the People of Attapadi. Suitable schedules are planned and carried out by the people themselves. It aims at the inherent progress of the Tribals in Attappady. Besides encouraging education, employability and soft skill training it is decided to organize a center for Eco-education through the blooming of an Eco-Reserve for the future generation. AERA is set up in 24 acres of land at Mannathukadu next to Silent Valley National Park. It basically emphasizes the evaluation of socio-economic progress made in Attappady and thereby scrutinizes the refinement made

in the livelihood of the local group, specifically the tribal communities. Afforestation, biomass development, conservation of water resources and promotion of sustainable Income Generating Activities (IGA) are attempted through community based organizations. AADI-Tarumitra is a grid for students who are engaged in a movement to protect and promote a healthy environment on Earth. Tarumitra aims to spread ecological reactivity by instructing its members in handling local environmental issues. This helps in stimulating spirituality by organizing for the preservation of biodiversity. The students took class on personality development, leadership, career guidance and scholarships etc. The students also conducted a survey in the socio economic, educational and cultural problems of day scholars and hostellers in the tribal community.

Major observations and findings

Tribal life has changed a lot. Almost all tribals have their own house.

Importance of education has also increased among them. But they give less importance to boys education.

The impact of globalization and modernization can also be seen in some tribal areas.

There are some areas lacking basic infrastructure like portable water and transportation.

Tribal groups are more or less aware and conscious about health especially the health of the new born.







Participants

1. Akhil
2. Dhanya Raj
3. Jasna K
4. Jinu Babu
5. Shine M Jose

Community Service In Patna, Bihar

NSS Unit in collaboration with Department of Sociology organized outreach activities for the students during summer vacation. Students of the sociology department were divided into Different Groups and different NGO's were allocated for them to work with. First group consisted of one student Alosious Antony volunteered one month of community service and training in BIHAR WATER DEVELOPMENT SOCIETY (BWDS), a registered NGO in Patna, Bihar from 2nd May to 22nd May 2017. BWDS is functioning as the official relief and development agency of Patna Archdiocese, having its office at Sewa Kendra, Kurji Patna. During this time; he undertook extensive exposure to the rural development programs of the organization. Alosious visited and interacted with members of various women Self Help Groups, Community Vigilance Groups, Farmers Groups, Supplementary Education and Life Skill Development Centers. The training exposure, facilitated by the coordinators, improved their knowledge insight of the social stratification and marginalization of society thus adding their knowledge and elevating it from mere classroom or bookish inputs. Being under constant guidance of the coordinators and constant contact with the villagers helped him in situational analysis of poor, illiterate marginalized communities in Bihar with special reference to the Mushar community. The twenty day exposure ended on 22nd May.



Participant

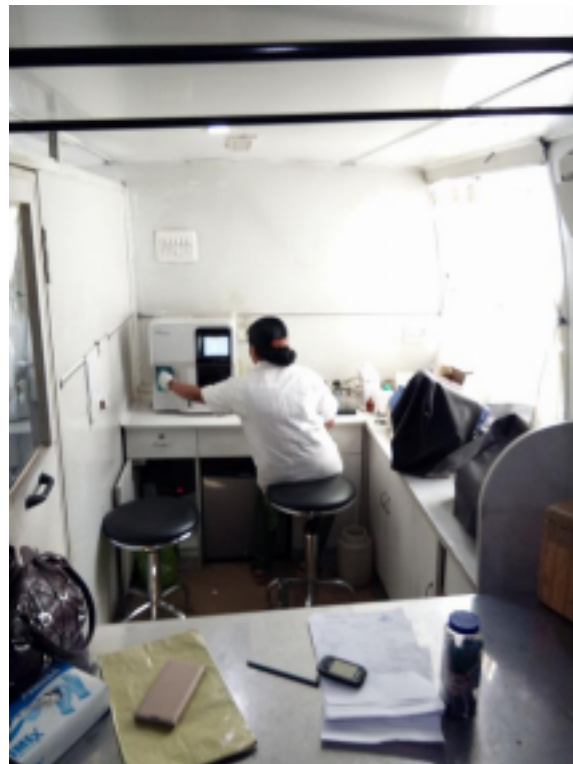
1. Alosious Antony

Event	Free Life-Style Disease Detection Camp
Program	Mobile Clinic in collaboration with Malabar Gold
Date	5/1/2017; 10.00am-3.00p.m.

NSS and SALT, student association of Social Work Department organised a Life-Style Disease Detection Camp at Rajaji Nagar. The program had good participation from the local community as the autodrivers and the families cooperated in ferrying people. Almost 234 individuals benefited from the instant diagnosis was done. Leadership was provide by Kannan GS and Sreeja P.V. assisted by trainees – Ragin MT. Krishnendu BS and Archana S. List not published for reasons of confidentiality.









MOBILE MEDICAL CLINIC
A Unit of MALABAR
OIL & FOODS LTD.

Medical Report

Name: Sony Jose Age: 58 Sex: M
Height: 5'7" Weight: 160 BP: 100/70 Temp: 98.6

Investigations:

Investigation	Report Value	Normal Range
Total Sugar		75 - 100 mg/dl
Hb A1C		5.7 - 6.4 %
BUN (mg/dl)		8 - 20 mg/dl
Cr (mg/dl)		0.6 - 1.2 mg/dl
Cholesterol		150 - 200 mg/dl
Cholesterol		150 - 200 mg/dl

Investigations:

Investigation	Report Value	Normal Range
Total WBC		4000 - 10000/mm ³
Differential WBC		
AS (mg/dl)		40 - 60 mg/dl
BS (mg/dl)		20 - 40 mg/dl
CS (mg/dl)		2 - 10 mg/dl
ESR (mm/hr)		10 - 20 mm/hr
Protein (mg/dl)		15 - 45 mg/dl

Remarks:

MOBILE MEDICAL CLINIC
A Unit of MALABAR
OIL & FOODS LTD.

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CS (mg/dl)		2 - 10 mg/dl
ESR (mm/hr)		10 - 20 mm/hr
Protein (mg/dl)		15 - 45 mg/dl

Remarks:

Sonny Jose Ph.D.
Head, Department of Social Work

Participants List

1. Adil S. Hakkim
2. Akhilash B.R.
3. Ancy B. Kairali
4. Antony T. Sebastian
5. Anu Jaya Mathew
6. Archana U
7. Cinupriya Joy
8. Deepti K.K.
9. Kajal S. Rahman
10. Kannan G.S.
11. Kiran C Thengamam
12. Kripa Elizabeth Sunny
13. Krishnapriya.S
14. Krishnendu B.S.
15. Leema Martin
16. Naviya Antony K.
17. Neethu Unnikrishnan
18. Nitheesh S
19. Parvathy Chitran
20. Preetha.K
21. Ragin Mary Toms
22. Shine Augustine
23. Shiny Chacko
24. Sreeja P V

MIGRANT LABOURERS SETTLEMENT VISIT

Over the years, migrant labourers have become an integral part of the labour force of Kerala. As per the study conducted by GIFT (Gulati Institute of Finance and Taxation 2013) it was assessed that migrant labour population in Kerala is to be around 25 lakh with 2.35 lakh new migrant arriving in the state every year. Despite the captious role they play in Kerala, life is becoming difficult for workers from different States of India. The Kerala High Court on 20 June 2016 observed that migrant labourers are isolated or treated like second class citizen in the state. Due to prolonged working hours and unhygienic living conditions they are more prone to work and life related health issues. In addition to this lack of awareness about their legal rights makes their life more vulnerable. Therefore to understand the various socio economic problems faced by the neighbouring migrant labourers the NSS unit in collaboration with Department of Sociology conducted an outreach cum exposure visit to the nearby migrant labourers settlements. The student volunteers (both boys and girls) were divided into three groups and areas were assigned (Poongamoodu, Sreekariyam and Cheruvaikyal). Groups were accompanied by Hindi speaking students. Student volunteers engaged in continuous field work from 24th of February 2017 to 04th March 2017. Initially the students covered Sreekariyam region. Through them ten new settlements were identified. In the following days Cherruvaikal, Aakullam, and Allathara were visited and new settlements were spotted.

During the visit it was observed that most of the workers are daily wage workers living in a group in a rented house. Each house has a *malik*, who is responsible for the house on whose name the house is rented. The rent of the house is shared among the occupants. The rent varies from Rs 250 to Rs 500 per person. Most of the respondents face difficulty in accessing medical care as language is a barrier. The conditions they are living in are very filthy and unhygienic making them more prone to diseases.

Even though the study was not an in-depth analysis the study was helpful in figuring out the major features of the migrant population in the region. It was also helpful in identifying some of the areas that need further follow-ups in future. It was indeed a very useful exercise giving the students an initial field work experience.



Participants

1. ACHSAH GEORGE
2. ALOYSIUS T. ANTONY
3. ANANTHAPADMANABHAN J
4. ANJANA U K
5. ARATHY S PRATHAP
6. ARAVINDLAL
7. ARYA A
8. ASWATHY A L
9. ASWATHY J M
10. ATHIRA K O
11. BLESSY ROSE MATHEW
12. CATHARINE JACOB
13. DEEPAK S
14. DURGA U S NAIR
15. GEORGIN V GEORGE
16. GIREESH KUMAR J
17. GOPI KRISHNAN M
18. JISHNU VINAYAN V S
19. KRISHNAJITH R G
20. MEHANAZ MUMTAZ

21. MINU HARIKUMAR
22. NEETHU SHARON S
23. NEETHU.L
24. RESHMA THOMAS
25. SANILA V S
26. SHEEBA R
27. SURJITH V
28. VISHNU B R

BLOOD DONATION CAMP

On Nov 1st 2016 Department of Personnel Management & NSS Unit in collaboration with Prathidwani, a social service association of employees in Technopark, had organised a blood donation camp at Tejaswini building in Technopark with technical support from Sree Chithra Thirunal Institute of Science and Technology, Thiruvananthapuram. 3 doctors and 3 nurses were present. More than 25 people donated blood voluntarily. The event created awareness' among the students about their social responsibilities





List of participants: Blood donation camp

1. Ananda Krishnan K M
2. Sain Mathew
3. Danish
4. Sneha
5. Thrishna
6. Rose
7. Athul Wilson
8. Fredy Fredinent
9. SujiMol
10. Michelle Ann Jaison
11. Ann Roy Kovoov
12. Praisy
13. Minnu Prakash
14. Sujithra
15. Akhil Jose

16. Charu Latha
17. Sonia Jain Jacob
18. Revathy Rajan
19. Kashyap Nair
20. Arjun
21. Athira
22. Shikha Pavithran
23. Sandeep Krishnan
24. Geo Micheal

CHILDREN'S DAY CELEBRATION

AT SREEKARIYAM SCHOOL

On November 14 2016, SPARSHAM (Student Association of Department of Counselling Psychology) along with the NSS Unit, Loyola College of Social Sciences celebrated the children's day along with the children of Sreekariyam Govt H.S.S. Dr. Susha Janardanan former coordinator of the department inaugurated the celebration along with Chachaji, Master Hafis. The students showcased several programs like puppet show, drama, group songs, and action songs to keep the little ones engaged and entertained.

SPARSHAM
Students' Association of Department of
Counselling Psychology
Children's Day Programmes

14th November 2016

Prayer Song:

Welcome Speech : Dyna Scaria

Poem : Abhijith V.S.

Inauguration

Message : Hafis (Chachaj)

Group Song : Shafna Shajeer & team

Oath taking :

Song(Duet) : Girinadh & Athira

Action song : Shisana A. & team

Felicitation : Dr. Susha Janardanan (H.O.D, Counselling
Psychology, Loyola College)

Felicitating 'small chachajis'

Group Song : Shivani R P & team

Skit : Sajin & team

Felicitation : Mr. Mohankumar K. R. (President,PTA)

Group Song : Varsha vargheese & team

Puppet show : Aswathy V.S. & team

Vote of thanks : Mrs. M Leena (Headmistress)

Sweets distribution

Street Play : Girinadh & team



Participant's list

1. Chippy
2. Vishu Priya
3. Shaheen
4. Asha
5. Arya
6. Bhadra Mohan
7. Girinath
8. Premlal
9. Omana
10. Anupama
11. Divya
12. Greeshma
13. Athira Sankar
- 14 Aswathy V S
- 15 Brightly P Bright
- 16 Dyna Scaria
- 17 Jude S

18 Neha Suresh

19 Remya Ramesh

20 Sony G Tharakan

21 Sruthy Suresh

22 Parvathy

Faculty Members

Dr.SushaJanardhanan

Mrs. Aroline K Tom

Dr. Pramod S K

CHRISTMAS CELEBRATION AT ELDERHOME, PULAYANARKOTTA

On December 15 2016, Sparsham along with the NSS Unit, Loyola College of Social Sciences organised a Christmas Outreach program with the inmates of Pulayanarakotta Old Age Home. To pay a fitting tribute to the lovely inmates, Sparsham staged several programs like bible visualization, musical games and Christmas carols too. The hallmark of the program was the active participation of the inmates.



Participant's list

1. Chippy
2. Vishu Priya
3. Shaheen
4. Asha
5. Arya
6. Bhadra Mohan
7. Girinath
8. Premlal

9. Omana
10. Anupama
11. Divya
12. Greeshma
13. Athira Sankar
- 14 Aswathy V S
- 15 Brightly P Bright
- 16 Dyna Scaria
- 17 Jude S
- 18 Neha Suresh
- 19 Remya Ramesh
- 20 Sony G Tharakan
- 21 Sruthy Suresh
- 22 Parvathy

Faculty Members

Dr. Sussha Janardhanan

Mrs. Aroline K Tom

Mrs. Sheryl Elizabeth Jose

Dr. Pramod S K

Fund Raising campaign - Kanivu

In association with the World mental health day Sparsham along with NSS Unit of Loyola College of Social Sciences celebrated mental health week from 10th to 14th October 2016. The activities were based on The WHO theme "Psychological First Aid". Interdepartmental competitions like short film competition and Psy Quiz 2016 were conducted. New initiatives – the happiness jar to spread happiness and **Kanivu**, a money gathering initiative for the poor- were introduced. A street play was performed within the campus and at Sreekariyam Junction as part of our outreach program

Participant's list

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria
4. Jude S
5. Neha Suresh
6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy

Faculty Members

1. Dr. Sushajanardhanan
2. Dr. Pramod SK
3. Mr. Aroline K Tom
4. Mrs. Sheryl Elizabeth Jose

Extension Activity at Women Empowerment and Human Development Centre of India WHO Thiruvananthapuram

Department of Sociology along with NSS Unit of Loyola College of Social Sciences organized an extension Activity at Women Empowerment and Human Development Centre of India WHO Thiruvananthapuram. A group of 8 students of the 2016-17 batch did a one month long Extension activity during the summer holidays with a U N funded organization in Kerala called Women Empowerment and Human Development Centre of India WHO Thiruvananthapuram. As part of this they participated in various community service programmes. The Major activities aimed throughout the programme are:

-) To take initiatives in women empowerment
-) To inculcate gender inclusive ideas
-) To understand the working in ngo structure
-) To know about ngo work spaces
-) To know about the ngo initiatives
-) To know about social issues related to women and children

They worked with one of the major projects of WHO called migrant suraksha project. This project involves awareness classes, group sections and health camps for the migrant labourers. Yearly target of this project include 40,000 migrants and the project target is to identify 10,000 HIV positive persons. In one year the organization have to conduct 240 health camps and 4000 group sections.

The processes happen only after identifying the high risk targets. So after the identification medical camps will happen and during these camps HIV test and tests for sexually transmitted diseases will be given. If it is identified as positive the organization will facilitate them with anti- viral treatment, and monthly dosage. Awareness programmes include giving out exhibitions which makes them understand how HIV spreads, how to care for the HIV patients etc. All these are conducted during the medical camp. They visited their camp sites and had various interactive sessions with the migrants.

They were also a part of the two anemia detection camps organized by WHO .The first camp was held in M G LPS Kaayikkara and the second camp was held in Mambally Trivandrum district. Both the venues of the camp come under the Anchuthengu Gramapanchayath where fishing is the major occupation of the population. Not many of the people among them are educated and are from low income families. So engaging in these programmes were really helpful in understanding issues faced by different communities and groups. Their one month long exposure ended on 31st may 2017.

Participant List

1. ATHIRA K O
2. BLESSY ROSE MATHEW
3. CATHARINE JACOB
4. MEHANAZ MUMTAZ
5. MINU HARIKUMAR
6. NEETHU SHARON S
7. NEETHU.L
8. RESHMA THOMAS